Speedbumps and Ramps to Opportunity for Knowledge Translation in a Participatory Action Research Project Using Appreciative Inquiry

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Presentation Plan

* Overview of project objectives and Integrated Knowledge Translation Platform

* Appreciative Inquiry (AI) and Participatory Action Research (PAR) as Knowledge Translation (KT) methodology

* Speedbumps and Ramps - how AI and PAR principles inform evolving KT work.

PiDC Alliance Objectives

1. Implement and evaluate the process of culture change within four dementia care settings
2. Support the development of empowering partnerships that foster meaningful involvement for all key stakeholders
3. Identify factors necessary to enable and support culture change in dementia care
4. Identify potential outcomes of culture change
5. Translate the knowledge from the project broadly

Integrating Frameworks which inform the PAR Process

* Alzheimer's Disease and Related Dementias (ADRD) Planning Framework

* Authentic Partnership Approach

* Appreciative Inquiry

* Participatory Action Knowledge Translation (PAKT) model

PiDC
Partnerships
in Dementia Care

Enhancing Dementia Care for Everyone

About our Research Sites: Culture Change Coalitions

1) Bloomington Cove— "Partnering Together for Change"

2) Yee Hong Culture Change Coalition

3) Village of Wentworth Heights— "Reaching for New Heights"
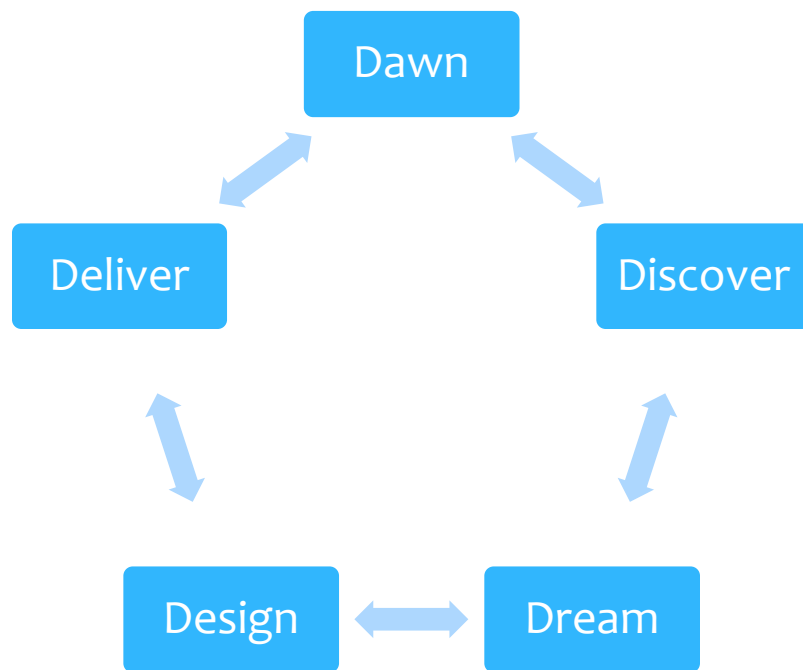
4) Huron County Culture Change Coalition

Integrated Knowledge Translation Targets:

Integrated Knowledge Translation Platform

* Participatory Culture Change Coalition (CCC) meetings
* CCC information boards/ third party web presence
* PiDC Alliance website/blog/other social media
* Development of online Culture Change living toolkit
* Training tools, educational modules and curricula
* Tri-Annual *PiDC Alliance Connections* Newsletter
* Webinars and Fireside Chats
* Arts-based approaches (research based dramas)
* First Canadian Culture Change conference

PiDC Alliance's 5 Stage Culture Change Process Uses Appreciative Inquiry

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                    ┌──────────┐
                    │   Dawn   │
                    └──────────┘
                   ↙            ↘
        ┌──────────┐            ┌──────────┐
        │  Deliver │            │ Discover │
        └──────────┘            └──────────┘
             ↕                        ↕
        ┌──────────┐  ↔  ┌──────────┐
        │  Design  │     │  Dream   │
        └──────────┘     └──────────┘
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* Originally a 4 stage process.
* Emerged from Organizational Psychology work at Case Western University.
* David Cooperrider- 'creator'
* PiDC Alliance has created a 5th stage-Dawning.

Speedbumps and Ramps to Opportunity

Speedbumps - situations, issues, or experiences that remind us to slow down and critically reflect on the process

Ramps to opportunity - experiences, supports, and occasions that nurture relationships and open up new possibilities

Examples of Knowledge Translation Speedbumps

* Low confidence/ inexperience in AI among research participants.

* Traditional hierarchical decision making/ communications processes.

* Stigma about abilities of persons with dementia.

* Need for engaging and creative communication of results between stakeholders and externally.

* Ensuring participants are comfortable and feel 'heard' in the PAR process.

Examples of Knowledge Translation Ramps to Opportunity

* Creation of first 'Dawn' phase.
* Use of story-telling, case study—traveling KT.
* Openness and flexibility –adopting innovative methods
* Encouraging creativity/arts-based approaches.
* Focus on plain language and translators
* Reaching out using less traditional media/communication outlets
* Appreciative Inquiry retreat day.
* Process interviews with participants throughout the project.

Encouraging creativity and working with humour to get results!

Strengths of AI and PAR for Creating and Translating Knowledge in Action

* Speedbumps and Ramps metaphor allows for positive interpretation of multiple viewpoints while avoiding 'traditional' problem solving traps including blame and exclusion.
* Our experience shows AI and PAR strengthens decisions about translation, storytelling and communications
* 'Dawn' is absolutely necessary to build relationships which <u>reinforce</u> the importance of multiple voices at the research table
* Strengths-based approach opens ups spaces for honest critical reflection and feedback.
* Process provides opportunities to envision new collaborative possibilities and builds capacity for research partners to act as change agents.

Questions or Comments?

For more information about the PiDC Alliance, please visit:
www.uwaterloo.ca/pidc

We tweet: @pidcalliance

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PiDC
Partnerships in Dementia Care
Enhancing Dementia Care for Everyone

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