Sample Discovery Questions:

Below are lists of questions used during ‘Discovery’ from one of our Culture Change Coalitions. It is important that the Culture Change Coalition creates their own *Appreciative* questions that are related to established group expectations. Note also that while the types of questions asked to each group below are quite similar, they are phrased differently to account for each group’s particular position, needs.

Use the questions below as a template for framing questions positively during Discovery.

# **Questions For Residents/Persons with Dementia**

1. Describe a positive helping/caring experience you have been a part of.
2. What do you enjoy most about your day? What makes you happy?
3. What do you like best about (name of long-term care home or service provider)?
4. How can we make life better for you?
5. If you could suggest ways to improve the care and support you are receiving, what would you suggest?
6. What do you do to take care of yourself (make yourself feel good)?

# **Questions for Family Members**

1. What do you like best about (name of long-term care home, or service provider)?
2. Describe a positive helping/caring experience you have been a part of, what made it positive?
3. Describe a situation when you received help/support to care for your relative with dementia.
4. What would an ideal care experience look like for you?
5. If you could suggest ways to improve the care and support you are receiving, what would you suggest?
6. What do you do to take care of yourself (make yourself feel good)?

# **Questions for Staff Members**

1. What do you like best about your work at <organization name>?

2. Describe a positive caring experience you have been a part of. What made it a positive

 experience?

3. What do you do to create a positive caring experience with persons with dementia and

 their family members?

4. What resources do you use to build positive caring experiences with persons with

 dementia and their families?

5. What would an ideal care experience look like for you?

6. What do you do to take care of yourself (make yourself feel good)?

7. Describe a time when you felt most supported (or most valued). What was happening?