

PSYCHOLOGY 101

Spring Semester 2008

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Welcome to Introductory Psychology

The purpose of this course is to acquaint you with the many areas of psychology, how they interact and where Psychologists do “psychology”.

For many of you this might be your only contact with a university level psychology course, for others it may be the beginning of a career. Most of you will be somewhere between these choices. This course is designed to meet the needs and interests of everyone. It is also intended to provide you with practical knowledge and skills that may help you in many areas of your personal and academic life.

TEXT: PSYCHOLOGY: Themes and Variations (Canadian Edition), Weiten, W. & McCann, D. This text comes packaged with a Concept Chart

LEARNING OBJECTIVES

At the completion of this course students will:

1. Be prepared to take further courses in Psychology
2. Think critically about the interactive variables that determine their own and others' behaviours, emotions and thoughts
3. Be aware of how the study of Psychology impinges on daily life
4. Be able to apply some principles to their health, academic skills, social interactions and inner life
5. Be able to decrease test anxiety (this is hope not a promise)

EVALUATION

All tests will be multiple choice

1. Test =	30%	June 3
2. Test =	36%	July 8
3. Final exam	30%	TBA
4. REG or alternative	2%	June 10
5. REG or alternative	2%	July 25

There will be no comprehensive tests including the final exam

MAKE-UPS

Please note that, except under extreme circumstances, there are no make-up exams in this course. If you miss an exam without **PRIOR** authorization from Dr. Greenaway, you will receive 0 points for that particular exam. Please also note that simply not showing up for an exam, and then contacting the instructor and/or the TA afterwards with an excuse (however justified), is not acceptable. You should make every effort to attend all exams, and/or otherwise contact the instructor or TA ahead of time if an **emergency** arises.

REG CREDITS + BONUS MARKS

4% of students' grades will come from credit for participating in research conducted by graduate students at UW. These are known as REG credits.

A presentation on accessing this research experience will be included in the first class on May 6. A website and contact will be provided.

For those unable or wanting an alternative to participating in the REG programme you may do so. **The guidelines for both REG participation and alternatives are provided in a separate document posted on the course website.**

The first REG credits or two articles are to be completed by June 10 and the second two by July 25. THERE WILL BE NO EXTENSION BEYOND THESE TWO DEADLINES.

All inquiries regarding these credits must be directed to the TA who is responsible for the REG credit or alternatives.

All students may receive 2 BONUS marks by participating in two additional REG activities or alternatives [as described above] and these credits will be added to your final grade.

SPECIAL NEEDS

Any students with special needs that may require individual accommodation for this course should present the instructor with the required documentation within the first two weeks of classes.

Academic Offenses:

"All students registered in courses at the University of Waterloo and its Federated University and Affiliated Colleges are expected to know what constitutes academic integrity, to avoid committing academic offenses, and to take responsibility for their actions. Students who are unsure whether an action constitutes an offense, or who need help in learning how to avoid offenses (e.g., plagiarism, cheating), or about 'rules' for group work / collaboration should seek guidance from the course professor, TA, academic advisor, the appropriate St. Jerome's departmental Chair, or ultimately the Appeals Officer (currently the Associate Dean) for St. Jerome's University. For information on categories of offenses and types of penalties, students should refer to Policy #71, *Student Academic Discipline*,

<<http://www.adm.uwaterloo.ca/infosec/Policies/policy71.htm>>. Students who believe that they have been wrongfully or unjustly penalized have the right to grieve in accord with Policy #70, *Student Grievance*, <<http://www.adm.uwaterloo.ca/infosec/Policies/policy70.htm>>".

COURSE OUTLINE (13 Week Semester)

LECTURE SCHEDULE

NOTE: The lectures, while using text material as background, will NOT be a summary of the text. Most lectures will be based on text material but will be expanded further to what is in the text. Some lectures will be from original material without a written resource available. Evaluation will cover lecture, media AND text material.

May 6

Course overview
REG credits
DVD - Cultural Psychology
The story of Zoya – a live performance

May 13

Motivation and Emotion
“Why We Love” [most everything you've wanted to know]

May 20

DVD – Cognitive Neuropsychology
Historical Roots of Psychology
Bio/Neurological Basis of Behaviour

May 27

Perception and Consciousness
Thought and Language

June 3

TEST #1
DVD TBA

June 10

Attention & Memory
Learning
Testing

June 17

Human Development
The CLARISTERY model

June 24

The CLARISTERY model [cont'd]
Personality/Abnormal
Treatment Issues

July 1

HAPPY BIRTHDAY CANADA – no class

July 8

TEST #2
DVD – Understanding Prejudice

July 15

Stress and Health Psychology
DVD

July 22 and July 29

Social Psychology
Cultural Psychology
The Story of Zoya revisited
Summing up

August ??

FINAL EXAM

Except for the first class on May 6, PP slides will be posted the day after the lecture

ANY CONCERNS OR QUESTIONS? PLEASE CONTACT YOUR TA FIRST