

# Course Schedule

**IMPORTANT: ALL TIMES EASTERN** - Please see the [University Policies](#)  
 ([/d2l/common/dialogs/quickLink/quickLink.d2l?](/d2l/common/dialogs/quickLink/quickLink.d2l?ou=864429&type=content&rcode=uWaterloo-2847945)

[ou=864429&type=content&rcode=uWaterloo-2847945](/d2l/common/dialogs/quickLink/quickLink.d2l?ou=864429&type=content&rcode=uWaterloo-2847945)) section of your Course Outline  
 for details

Week and Content Module	Readings	Activities and Assignments	Due Date	Weight (%)
<b><u>Week 1: Course Overview</u></b>	<ul style="list-style-type: none"> <li>• Wising up</li> <li>• The new science of wise psychological interventions</li> </ul>	<u>Weekly Icebreaker Discussion</u> (three short ones worth 0.5% total)	Sunday, January 15, 2023 at 11:55 PM	0.5% (3% total)
		Up to 2 <u>What I Learned From the Readings</u> reports (complete for any 14 out of the 19 readings)  Start signing up for SONA studies	Sunday, January 15, 2023 at 11:55 PM	1% each (14% total)  2% total

<p><b><u>Week 2:</u></b>  <b><u>Overview —</u></b>  <b><u>Social Problems</u></b></p>	<ul style="list-style-type: none"> <li>• Weight loss is not the answer: A well-being solution to the “obesity problem”</li> <li>• Social relationships and health</li> <li>• Stereotype threat</li> </ul>	<p><u>Weekly Icebreaker</u> Discussion</p>	<p>Sunday, January 22, 2023 at 11:55 PM</p>	<p>0.5% (3% total)</p>
		<p>Up to 3 <u>What I Learned From the Readings</u> reports (complete for any 14 out of the 19 readings)</p>	<p>Sunday, January 22, 2023 at 11:55 PM</p>	<p>1% each (14% total)</p>
		<p>Start thinking about social problems that might be appropriate for your independent projects — the <u>Presentation</u> and <u>Major Paper</u></p>		<p>Ungraded</p>
<p><b><u>Week 3:</u></b>  <b><u>Psychological Interventions —</u></b>  <b><u>The Basics</u></b></p>	<ul style="list-style-type: none"> <li>• Who gets to graduate?</li> <li>• The psychology of change: Self-affirmation and social psychological intervention</li> <li>• A cognitive approach to child abuse prevention</li> </ul>	<p><u>Weekly Icebreaker</u> Discussion</p>	<p>Sunday, January 29, 2023 at 11:55 PM</p>	<p>0.5% (3% total)</p>
		<p>Up to 3 <u>What I Learned From the Readings</u> reports (complete for any 14 out of the 19 readings)</p>	<p>Sunday, January 29, 2023 at 11:55 PM</p>	<p>1% each (14% total)</p>
		<p>Do some general reading about your chosen social problem for your <u>Presentation</u> and <u>Major Paper</u></p>		<p>Ungraded</p>

<p><b><u>Week 4:</u></b>  <b><u>Psychological Interventions — Broadening our Understanding</u></b></p>	<ul style="list-style-type: none"> <li>• The constructive, destructive, and reconstructive power of social norms</li> <li>• Recursive processes in self-affirmation: Intervening to close the minority achievement gap.</li> <li>• Mindsets that promote resilience: When students believe that personal characteristics can be developed</li> </ul>	<p><u>Weekly Icebreaker Discussion</u></p>	<p>Sunday, February 5, 2023 at 11:55 PM</p>	<p>0.5% (3% total)</p>
		<p>Up to 3 <u>What I Learned From the Readings</u> reports (complete for any 14 out of the 19 readings)</p>	<p>Sunday, February 5, 2023 at 11:55 PM</p>	<p>1% each (14% total)</p>
		<p><u>Narrow Down Your Social Problem Topic</u> to something you can study in-depth and talk about in-depth in your <u>Presentation</u> and <u>Major Paper</u></p>	<p>Early in the week</p>	<p>Ungraded</p>
		<p>Sign up for a <u>Virtual Meeting With your Instructor (Presentation)</u></p> <p><u>Sign up available at this link</u></p>	<p>Sign up form available Monday, January 30, 2023</p>	<p>Ungraded</p>

<p>Do in-depth reading about your chosen social problem for your <u>Presentation</u> and <u>Major Paper</u></p> <p>Don't forget to be doing SONA studies!</p>		<p>Ungraded 2% total</p>
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<p><b><u>Week 5:</u></b>  <b><u>Innovative</u></b>  <b><u>Psychological</u></b>  <b><u>Interventions</u></b></p>	<ul style="list-style-type: none"> <li>• The role of the self in physical health: Testing the effect of a values-affirmation intervention on weight loss</li> <li>• Increasing portion sizes of fruits and vegetables in an elementary school lunch program can increase fruit and vegetable consumption</li> <li>• Teaching a lay theory before college narrows achievement gaps at scale</li> <li>• Reducing intergroup prejudice and conflict using the media: A field experiment in Rwanda</li> </ul>	<p><u>Weekly Icebreaker</u></p>	<p>Sunday, February 12, 2023 at 11:55 PM</p>	<p>0.5% (3% total)</p>
		<p>Up to 4 <u>What I Learned From the Readings</u> reports (complete for any 14 out of the 19 readings)</p>	<p>Sunday, February 12, 2023 at 11:55 PM</p>	<p>1% each (14% total)</p>
		<p>Review the "How to Prepare for the Conversation" section in <u>Virtual Meeting With your Instructor (Presentation)</u></p>	<p>Before the date of your meeting</p>	<p>Ungraded</p>
		<p>Virtual Meeting with your Instructor at previously scheduled time</p> <p><u>Sign up sheet still available at this link</u> but email Dr. Logel to let her know you signed up this week</p>	<p>Date of Your Meeting - I'm really looking forward to chatting with you to support your learning in the course!</p>	<p>Ungraded</p>
		<p>Continue to research your chosen social problem for your <u>Presentation</u> and <u>Major Paper</u></p>		<p>Ungraded</p>

<p><b><u>Week 6:</u></b>  <b><u>Misconceptions,</u></b>  <b><u>Controversies,</u></b>  <b><u>and Research</u></b>  <b><u>Methods</u></b></p>	<ul style="list-style-type: none"> <li>• The high cost of not doing experiments</li> <li>• The perils of “Growth Mindset” education: Why we’re trying to fix our kids when we should be fixing the system</li> <li>• Stop trying to save the world</li> <li>• Social-psychological interventions in education: They’re not magic</li> </ul>	<p><u>Weekly Icebreaker</u> Discussion</p>	<p><b>Friday, February 17, because the Sunday, which has our usual deadline, is during reading week and we cannot have due dates during that time.</b></p>	<p>0.5% (3% total)</p>
		<p>Up to 4 <u>What I Learned From the Readings</u> reports (complete for any 14 out of the 19 readings)</p>	<p><b>Friday, February 17, because the Sunday, which has our usual deadline, is during reading week and we cannot have due dates during that time. BUT if you want to wait until after reading week, we will not take off late marks for papers that are submitted by Monday, February 27, 2023 at 11:55 PM</b></p>	<p>1% each (14% total)</p>

		Continue to research your chosen social problem for your <u>Presentation</u> and <u>Major Paper</u>		Ungraded
		Do the activity "How to Do Good Presentations" in <u>Week 7</u>		Ungraded
<b>Reading Week (Saturday, February 18, 2023 to Sunday, February 26, 2023)</b>				
	<b><u>Week 7:</u> <u>Independent</u> <u>Work on</u> <u>Presentations</u></b>	Finish the activity "How to Do Good Presentations"	Before finishing presentation draft	Ungraded
	<b><u>Week 8: Peer</u> <u>Reviewing</u> <u>Presentations</u></b>	Submit <u>Presentation Draft</u> for Peer Review	Friday, March 3, 2023 at 11:55 PM	6%
		Review "Tips for Peer-Reviewing Your Presentations"	Before you do peer reviews	Ungraded
		Submit <u>Peer Reviews of Presentations</u>	Sunday, March 12, 2023 at 11:55 PM	3% each (9% total)

<p><b><u>Week 9:</u></b>  <b><u>Independent</u></b>  <b><u>Work on</u></b>  <b><u>Presentations</u></b>  <b><u>and Papers</u></b></p>		Incorporate peer feedback and finish presentations		Ungraded
		Submit Final <u>Presentation</u>	Friday, March 17, 2023 at 11:55 PM	27%
		Sign up for a <u>Virtual Meeting With Your Instructor (Major Paper)</u>  <u>Sign up at this link</u>	Sign up sheet is available starting Thursday, March 16	Ungraded
<p><b><u>Week 10:</u></b>  <b><u>Independent</u></b>  <b><u>Work on Papers</u></b></p>		Review the "How to Prepare for the Conversation" section in <u>Virtual Meeting With Your Instructor (Major Paper)</u>	Before the date of your meeting	Ungraded
		Meeting with your Instructor at previously scheduled time	Date of Your Meeting - It will be great to talk to you again!	Ungraded
		Do the activity "An Exploration of How to Write Well"		Ungraded 2% total
<p><b><u>Week 11:</u></b>  <b><u>Independent</u></b>  <b><u>Work on Papers</u></b></p>		Submit <u>Major Paper Draft</u> for Peer Review	Sunday, April 2, 2023 at 11:55 PM	5%



<p><b><u>Week 12: Peer Reviewing Papers</u></b></p>		<p>Submit <u>Peer Reviews of Major Paper Drafts</u></p> <p>Last chance to do SONA studies or hand in article reviews instead</p>	<p>Sunday, April 9, 2023 at 11:55 PM</p>	<p>3% each (6% total) 2% total</p>
<p><b>Exam Period: Complete Major Papers</b></p>		<p>Incorporate peer feedback and work on final papers</p>		<p>Ungraded</p>
		<p>Submit Final <u>Major Paper</u></p>	<p>Monday, April 17, 2023 at 11:55 PM</p>	<p>28%</p>

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**There is no final examination for this course**

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