**University of Waterloo Department of Psychology**

**CULTURE & PSYCHOLOGY - PSYCH 352 Fall 2020**

## Instructor and T.A. Information

**Instructor**: Dr. Igor Grossmann

Office Hours: by appointment.

Email: [igrossma@uwaterloo.ca](mailto:igrossma@uwaterloo.ca)

**T.A.**: Emily Britton

Office Hours: by appointment.

Email: [e2britto@uwaterloo.ca](mailto:e2britto@uwaterloo.ca)

**Course Description**

Over the course of the COVID-19 pandemic, we have heard that “we are all in this together.” Yet, who are “we” and how are we “together” in a global context? Why do some cultures do better in the context of the pandemic than others? How and why do cultures change? As the global health crisis has led to fundamental changes in work and school practices, as well as broad re-evaluation of societal norms around the world, questions about similarity and differences between societies, cultural change and the impact of culture on psychology are the heart of COVID-19 discourse. Our course will dive into these questions.

We will explore how culture influences behavior, thought, and emotions. To what extent are our identities and ways of thinking and behaving products of our cultural environments? How do conceptions of morality and gender and proper forms of social relations differ across cultures? How do cultures change and evolve? Are the world’s cultures fated to become more similar or more different? How can we best study culture and the ways we are socialized to become one kind of person or another? The course will deal with some traditional ethnographies of various cultures, but primarily it deals with laboratory, survey and archival evidence. Our course will put an emphasis on exploring how aspects of culture (e.g., social class, religion, political group affiliation) influence our cognitive and emotional processes and how they change in the face global challenges.

**Course Aims**

By the end of this course, you should be able to:

(1) be competent consumers of cultural psychological research, able to critically evaluate empirical articles as well as media messages about research findings;

(2) identify how human thoughts, feelings, motivations, and behaviours may vary across cultures.

**Required Text**

Heine, S. (2019). *Cultural Psychology*. (4th edition). New York: W. W. Norton.

Additional articles will be distributed via links or PDF files ON LEARN.

**Course Website**

It is your responsibility to check the course site on *LEARN* regularly. Important announcements, journal articles, and lecture slides will be posted there.

**Course Requirements and Assessment**

Please note: Lectures will draw from, but go beyond, material that is presented in the textbook and required readings. Reviewing course modules on LEARN, including the carefully curated video components will help understand key concepts of the course.

| **Assessment** | **Date of evaluation** | **Weighting** |
| --- | --- | --- |
| Chapter 1 Quiz | Sept 11-14 | 3% |
| Chapters 2-3 Quiz | Sept 18-21 | 4% |
| **Culture Chest Assignment** | **Sept 21** | **10%** |
| Chapter 4-5 Quiz | Sept 25-28 | 4% |
| **Forum Talk of Culture Chests** | **Sept 23-Dec 7 (end of class)** | **2%** |
| Chapter 6-7 Quiz | Oct 02-05 | 4% |
| **One Day assignment** | **Oct 07** | **10%** |
| **One Day exchange comments** | **Oct 19** | **3%** |
| Chapter 8 Quiz | Oct 9-11 | 3% |
| **One Day reflection** | **Oct 26** | **5%** |
| Chapters 9-10 Quiz | Oct 23-26 | 4% |
| Chapter 11 Quiz | Oct 30-Nov 2 | 3% |
| **Ethnographic Interview Paper** | **Nov 7** | **10%** |
| **Dollar Street Assignment** | **Nov 14** | **7%** |
| Chapter 12 Quiz | Nov 13-16 | 3% |
| Chapter 13 Quiz | Nov 20-23 | 3% |
| Chapter 14 Quiz | Nov 27-30 | 3% |
| Chapter 15 Quiz | Dec 04-07 | 3% |
| **Academic paper** | **Dec 12** | **16%** |
| Experiential Learning: Research Experience | throughout the term, see SONA schedule | Up to 4% bonus |
| Total |  | 100% |

Official version of the course outline

## If there is a discrepancy between your version of the outline and the outline on LEARN, the latter will be deemed the official version. Outlines on LEARN may change as instructors develop a course, though all deadlines and assignments will be final as of first day of class.

**COMPLETING & SUBMITTING ASSIGNMENTS**

-Upload written assignments as .doc, .docx, or .rtf files. Use 12pt Times New Roman font, with all margins set at 1 inch (2.54 cm). Page/word limits *do not* include titles or title pages, abstracts, figures, tables, or reference sections.

-Unless otherwise specified, files should be uploaded to LEARN on the date due. Please double-check that your file is uploaded correctly!

-Many assignments require you to use APA (American Psychological Association) format as described in the 7th edition of the APA Publication Manual (2019). See [Purdue Online Writing Lab](https://owl.purdue.edu/owl/research_and_citation/apa_style/apa_formatting_and_style_guide/general_format.html) for details and tips how to write in APA format!

-Save your work often, e-mail it to yourself as an attachment as a backup, and please don't leave it until the night before or the due date. Broken harddrives/computers, computer crashes are not valid excuses.

-Unless you have an appropriate doctor’s note, a documented death in your family (or equally severe situation), extensions for late assignments will not be given.

**Term Schedule**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Date | Wk | Topic | Readings | Assignments |
|  |  |  |  |  |
| **Sept 8** | 1 | **Course Overview**  Culture in the time of the pandemic  What is Culture? | Heine (2019) Chapter 1 | Chapter 1 Quiz (Sept 11-14) |
| **Sept 14** | **2** | **Culture and human nature**  **Cultural evolution, stability & change** | Heine (2019) Chapters 2-3  352 (2017)  Twenge (2019) | Chapters 2-3 Quiz (Sept 18-21)  Culture Chest assignment (Sept 21) |
| **Sept 21** | 3 | **Research Methods**  **Development and socialization** | Heine (2019) Chapters 4-5 | Chapters 4-5 Quiz (Sept 25-28)  Forum Talk of Culture Chests (Sept 23-Dec 7) |
| **Sept 28** | 4 | **Self & Personality**  **Living in a Multicultural world** | Heine (2019) Chapters 6-7 | Chapters 6-7 Quiz (Oct 2-5) |
| **Oct 5** | 5 | **Motivation** | Heine (2019) Chapters 8 | OneDay assignment (Oct 7)  Chapter 8 Quiz (Oct 9-11) |
| **Oct 12** |  | **READING WEEK** | **READING WEEK** |  |
| **Oct 19** | 6 | **Cognition & Perception**  **Emotions** | Heine (2019) Chapters 9-10 | OneDay exchange comments (Oct 19)  Chapters 9-10 Quiz (Oct 23-26) |
| **Oct 26** | 7 | **Interpersonal and Close Relations** | Heine (2019) Chapters 11 | OneDay reflection (Oct 26)  Chapter 11 Quiz (Oct 30-Nov 2) |
| **Nov 2** | 8 | **Within-cultural variations** | Cohen (2009)  Kraus, Piff, & Keltner (2011)  Brienza & Grossmann (2017) | Ethnographic Interview (Nov 7) |
| **Nov 9** | 9 | **Morality and religion** | Heine (2019) Chapter 12 | Dollar Street Assignment (Nov 14)  Chapter 12 Quiz (Nov 13-16) |
| **Nov 16** | 10 | **Physical Health** | Heine (2019) Chapter 13 | Chapter 13 Quiz (Nov 20-23) |
| **Nov 23** | 11 | **Mental Health** | Heine (2019) Chapter 14 | Chapter 14 Quiz (Nov 27-30) |
| **Nov 30** | 12 | **Organizations, Leadership and Justice** | Heine (2019) Chapter 15 | Chapter 14 Quiz (Dec 04-07)  Academic paper (Dec 12) |

**Late assignments are accepted only within the week they are due. All late assignments will be docked 5% per day.**

**Sona Participation and Research Experience Marks Information and Guidelines**

Experiential learning is considered an integral part of the undergraduate program in Psychology. Research participation is one example of this, article review is another. A number of undergraduate courses have been expanded to include opportunities for Psychology students to earn grades while gaining research experience.

Since experiential learning is highly valued in the Department of Psychology, students may earn a **"bonus" grade of up to 4%** in this course through research experience. Course work will make up 100% of the final mark and a "bonus" of up to 4% may be earned and will be added to the final grade if/as needed to bring your final grade up to 100%.

The two options for earning research experience grades; participation in research through online and remotely operated (replacing in-lab) studies, and article review; are described below. Students may complete any combination of these options to earn research experience grades.

**Option 1: Participation in Psychology Research**

Research participation is coordinated by the Research Experiences Group (REG). Psychology students may volunteer as research participants in remotely operated (replaces in-lab) and/or online (web-based) studies conducted by students and faculty in the Department of Psychology. Participation enables students to learn first-hand about psychology research and related concepts. Many students report that participation in research is both an educational and interesting experience. Please be assured that all Psychology studies have been reviewed and received ethics clearance through a University of Waterloo Research Ethics Committee.

***How to earn extra marks for your Psychology course(s) this term by participating in studies ...***

* You will earn "credits" which will be converted to "marks" (1 credit = 1%)
* You can schedule your remotely operated (replacing in-lab) and ONLINE studies using the "Sona" website.
* **FOR THE FALL 2020 TERM ALL OF YOUR CREDITS** can be earned through ONLINE AND REMOTELY/ ONLINE OPERATED (replacing in-lab) studies.

***Educational focus of participation in research***

To maximize the educational benefits of participating in research, students will receive feedback information following their participation in each study detailing the following elements:

* Purpose or objectives of the study
* Dependent and independent variables
* Expected results
* References for at least two related research articles
* Provisions to ensure confidentiality of data
* Contact information of the researcher should the student have further questions about the study
* Contact information for the Director of the Office of Research Ethics should the student wish to learn more about the general ethical issues surrounding research with human participants, or specific questions or concerns about the study in which s/he participated.

Participation in remotely operated (replaces in-lab) studies has increment values of 0.5 participation credits (grade percentage points) for each 30-minutes of participation. Participation in ONLINE studies is worth .25 credits for each 15-minutes of participation. Researchers will record student’s participation and at the end of the term the REG Coordinator will provide the course instructor with a credit report of the total credits earned by each student.

***How to participate?***

**Study scheduling, participation and grade assignment is managed using the SONA online system. All students enrolled in this course have been set up with a SONA account.  You must get started early in the term.**

**For instructions on how to log in to your SONA account and for a list of important dates and deadlines please, as soon as possible, go to:**

[Participating/SONA information: How to log in to Sona and sign up for studies](https://uwaterloo.ca/research-experiences-group/welcome-research-experiences-group-and-sona/sona-information)

*\*\*\* Please do not ask the Course Instructor or REG Coordinator for information unless you have first thoroughly read the information provided on this website.\*\*\**

More information about the REG program in general is available at:   
[Sona Information on the REG Participants website](https://uwaterloo.ca/research-experiences-group/welcome-research-experiences-group-and-sona/sona-information) or you can check the [Sona FAQ on the REG website homepage](https://uwaterloo.ca/research-experiences-group/sites/ca.research-experiences-group/files/uploads/files/sona_faq_for_fall_2019.pdf) for additional information.

**Option 2: Article Review as an alternative to participation in research**

Students are not required to participate in research, and not all students wish to do so. As an alternative, students may opt to gain research experience by writing short reviews (1½ to 2 pages) of research articles relevant to the course. The course instructor will specify a suitable source of articles for this course (i.e., scientific journals, newspapers, magazines, other printed media). *You must contact your TA to get approval for the article you have chosen before writing the review.* Each review article counts as one percentage point. To receive credit, you must follow specific guidelines. The article review must:

* **Be submitted before the** [last day of lectures](http://www.quest.uwaterloo.ca/undergraduate/dates.html)**. Late submissions will NOT be accepted under ANY circumstances.**
* Be typed
* Fully identify the title, author(s), source and date of the article. A copy of the article must be attached.
* Identify the psychological concepts in the article and indicate the pages in the textbook that are applicable. Critically evaluate the application or treatment of those concepts in the article. If inappropriate or incorrect, identify the error and its implications for the validity of the article. You may find, for example, misleading headings, faulty research procedures, alternative explanations that are ignored, failures to distinguish factual findings from opinions, faulty statements of cause-effect relations, errors in reasoning, etc. Provide examples whenever possible.
* Clearly evaluate the application or treatment of those concepts in the article.
* Keep a copy of your review in the unlikely event we misplace the original.

## Academic Integrity

In order to maintain a culture of academic integrity, members of the University of Waterloo are expected to promote honesty, trust, fairness, respect and responsibility. Check the [Office of Academic Integrity webpage](https://uwaterloo.ca/academic-integrity/) for more information.

### Discipline

A student is expected to know what constitutes academic integrity, to avoid committing academic offences, and to take responsibility for their actions. Check [the Office of Academic Integrity](https://uwaterloo.ca/academic-integrity/) for more information. A student who is unsure whether an action constitutes an offence, or who needs help in learning how to avoid offences (e.g., plagiarism, cheating) or about “rules” for group work/collaboration should seek guidance from the course professor, academic advisor, or the Undergraduate Associate Dean. When misconduct has been found to have occurred, disciplinary penalties will be imposed under Policy 71 – Student Discipline. For information on categories of offenses and types of penalties, students should refer to [Policy 71 - Student Discipline](https://uwaterloo.ca/secretariat/policies-procedures-guidelines/policy-71). For typical penalties check [Guidelines for the Assessment of Penalties](https://uwaterloo.ca/secretariat/policies-procedures-guidelines/guidelines/guidelines-assessment-penalties).

### Concerns about a Course Policy or Decision

Informal Stage. We in the Psychology Department take great pride in the high quality of our program and our instructors. Though infrequent, we know that students occasionally find themselves in situations of conflict with their instructors over course policies or grade assessments. If such a conflict arises, the Associate Chair for Undergraduate Affairs (Richard Eibach) is available for consultation and to mediate a resolution between the student and instructor: Email: reibach@uwaterloo.ca; Ph 519-888-4567 ext. 38790

### Grievance

A student who believes that a decision affecting some aspect of his/her university life has been unfair or unreasonable may have grounds for initiating a grievance. Read [Policy 70 - Student Petitions and Grievances](https://uwaterloo.ca/secretariat-general-counsel/policies-procedures-guidelines/policy-70), Section 4. When in doubt, please be certain to contact Richard Eibach, the Associate Chair for Undergraduate Affairs who will provide further assistance; reibach@uwaterloo.ca.

### Appeals

A decision made or penalty imposed under Policy 70 - Student Petitions and Grievances (other than a petition) or Policy 71 - Student Discipline may be appealed if there is a ground. A student who believes they have a ground for an appeal should refer to [Policy 72 - Student Appeals](https://uwaterloo.ca/secretariat-general-counsel/policies-procedures-guidelines/policy-72).

### Note for Students with Disabilities

The [AccessAbility Services](https://uwaterloo.ca/disability-services/) office, located on the first floor of the Needles Hall extension (NH 1401), collaborates with all academic departments to arrange appropriate accommodations for students with disabilities without compromising the academic integrity of the curriculum. If you require academic accommodations to lessen the impact of your disability, please register with the AS office at the beginning of each academic term.

**Turnitin.com:** Text matching software (Turnitin®) may be used to screen assignments in this course. Turnitin® is used to verify that all materials and sources in assignments are documented. Students' submissions are stored on a U.S. server, therefore students must be given an alternative (e.g., scaffolded assignment or annotated bibliography), if they are concerned about their privacy and/or security. Students will be given due notice, in the first week of the term and/or at the time assignment details are provided, about arrangements and alternatives for the use of Turnitin in this course.

It is the responsibility of the student to notify the instructor if they, in the first week of term or at the time assignment details are provided, wish to submit alternate assignment.

### Cross-listed Course (if applicable)

Please note that a cross-listed course will count in all respective averages no matter under which rubric it has been taken. For example, a PHIL/PSCI cross-list will count in a Philosophy major average, even if the course was taken under the Political Science rubric.

### Accommodation for course requirements for Psychology courses.

*Policies of the Psychology department pertaining to course requirements are available on the* [*department website*](https://uwaterloo.ca/psychology/current-psychology-undergraduate-students/policies)*.*

# Chosen/Preferred First Name

Do you want professors and interviewers to call you by a different first name? Take a minute now to verify or tell us your chosen/preferred first name by logging into [WatIAM](https://idm.uwaterloo.ca/watiam/).

Why? Starting in winter 2020, your chosen/preferred first name listed in WatIAM will be used broadly across campus (e.g., LEARN, Quest, WaterlooWorks, WatCard, etc). Note: Your legal first name will always be used on certain official documents. For more details, visit [Updating Personal Information](https://uwaterloo.ca/the-centre/updating-personal-information).

**Important notes**

* If you included a preferred name on your OUAC application, it will be used as your chosen/preferred name unless you make a change now.
* If you don’t provide a chosen/preferred name, your legal first name will continue to be used.

# Mental Health Support

All of us need a support system. The faculty and staff in Arts encourage students to seek out mental health support if they are needed.

**On Campus**

***Due to COVID-19 and campus closures, services are available only online or by phone.***

* Counselling Services:  [counselling.services@uwaterloo.ca](mailto:counselling.services@uwaterloo.ca) / 519-888-4567 ext. 32655
* [MATES](https://wusa.ca/services/uw-mates):  one-to-one peer support program offered by the Waterloo Undergraduate Student Association (WUSA) and Counselling Services

**Off campus, 24/7**

* [Good2Talk](https://good2talk.ca/):  Free confidential help line for post-secondary students. Phone: 1-866-925-5454
* Grand River Hospital: Emergency care for mental health crisis. Phone: 519-749-4300 ext. 6880
* [Here 24/7](https://here247.ca/): Mental Health and Crisis Service Team. Phone: 1-844-437-3247
* [OK2BME](https://ok2bme.ca/): set of support services for lesbian, gay, bisexual, transgender or questioning teens in Waterloo.  Phone: 519-884-0000 extension 213

Full details can be found online on the Faculty of Arts [website](https://uwaterloo.ca/arts/get-mental-health-support-when-you-need-it)

Download [UWaterloo and regional mental health resources (PDF)](https://uwaterloo.ca/arts/sites/ca.arts/files/uploads/files/counselling_services_overview_002.pdf)

Download the [WatSafe app](https://uwaterloo.ca/watsafe/) to your phone to quickly access mental health support information.

# Territorial Acknowledgement

We acknowledge that we are living and working on the traditional territory of the Attawandaron (also known as Neutral), Anishinaabe and Haudenosaunee peoples. The University of Waterloo is situated on the Haldimand Tract, the land promised to the Six Nations that includes ten kilometres on each side of the Grand River.

# Academic freedom at the University of Waterloo

[Policy 33, Ethical Behaviour](https://uwaterloo.ca/secretariat/policies-procedures-guidelines/policy-33) states, as one of its general principles (Section 1), “The University supports academic freedom for all members of the University community. Academic freedom carries with it the duty to use that freedom in a manner consistent with the scholarly obligation to base teaching and research on an honest and ethical quest for knowledge. In the context of this policy, 'academic freedom' refers to academic activities, including teaching and scholarship, as is articulated in the principles set out in the Memorandum of Agreement between the FAUW and the University of Waterloo, 1998 (Article 6). The academic environment which fosters free debate may from time to time include the presentation or discussion of unpopular opinions or controversial material. Such material shall be dealt with as openly, respectfully and sensitively as possible.” This definition is repeated in Policies 70 and 71, and in the Memorandum of Agreement, Section 6

## Mental Health Support

All of us need a support system. The faculty and staff in Arts encourage students to seek out mental health support if they are needed.

**Mental Health Services**

Mental Health Services aim is to provide holistic programming and services to help you lead a healthy and balanced life. We strive to provide a secure, supportive environment for students of all orientations and backgrounds.

Students suffering from problems with anxiety, depression, problems with sleep, attention, obsessions or compulsions, relationship difficulties, severe winter blues, etc., may make an appointment by phone or in person. Appointments are usually available within two days of initial contact with one of our medical doctors. All contacts are completely confidential.

Contact Health Services

Health Services Building

Call 519-888-4096 to schedule an appointment

Call 1-866-797-0000 for free 24/7 advice from a health professional

Contact Counselling Services

Needles Hall Addition, NH 2401

Call 519-888-4567 x 32655 to schedule an appointment

counserv@uwaterloo.ca

**Other On Campus Resources**

* Counselling Services: [counselling.services@uwaterloo.ca](mailto:counselling.services@uwaterloo.ca) / 519-888-4567 ext. 32655
* [MATES](https://feds.ca/feds-services/uw-mates): one-to-one peer support program offered by Federation of Students (FEDS) and Counselling Services
* Health Services Emergency service: located across the creek form Student Life Centre

**Off campus, 24/7**

* [Good2Talk](http://www.good2talk.ca/): Free confidential help line for post-secondary students. Phone: 1-866-925-5454
* Grand River Hospital: Emergency care for mental health crisis. Phone: 519-749-4300 ext. 6880
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