

Do you have **ANXIETY?**



UW ANXIETY STUDIES RESEARCHERS ARE LOOKING FOR RESEARCH PARTICIPANTS

Contact us if you are 18+ years of age and experience any of the following:

- Bothersome thoughts**, images, or doubts
- Needing to do things repeatedly**, like washing, checking, or counting
- Extreme shyness, fear, or embarrassment** in social situations

But also if you experience or have:

- Excessive worry**
- Panic attacks**

Contact Us

519-888-4567, x45920

(confidential voicemail)

anxiety@uwaterloo.ca

(confidential email)

<http://anxietystudies.uwaterloo.ca>

Eligible participants (as determined by a 15-min confidential phone interview) complete:

- An online **meeting** with a researcher about your symptoms
- **Questionnaires** about thoughts, mood, and social experiences

Participation will take approximately 2-3 hours and you will receive a \$40.00 Amazon gift certificate in appreciation of your time.