

FALL READING WEEK

UNDERGRAD

By providing a break in the fall term schedule, Fall Reading Week helps support **undergraduate students** in ensuring a successful term. Whether you are heading home or staying around campus, planning to get some work done or anticipating lots of downtime, there are resources available for you to make the most of your time off.

STAYING AROUND CAMPUS?

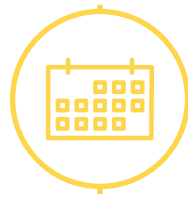
YOU COULD...

GOING AWAY FROM CAMPUS?

YOU COULD...

PLAN FOR YOUR FUTURE

Attend a drop-in, book a co-op consult or career planning appointment with the **Centre for Career Action**.



Visit **CareerHub** for online career planning resources or get out and network to learn about potential careers.

CATCH UP OR GET AHEAD

Book library study space or find an open classroom on **Portal** to find a quiet spot to get some work done.



Use the **Student Success Office's** online resources for study and time management tips.

BUILD YOUR SKILLS

Attend a drop-in session at the **Library** for support from the Centre for Career Action, Student Success Office, Writing and Communication Center, and Library staff!



Connect virtually with the **Writing and Communication Centre** or **Library** or check out their online resources.

RELAX, HAVE SOME FUN

Read a title from the Library's **Waterloo Reads** collection.



Check out an **eBook** from the Library.

Borrow a board game from the Library, your residence front desk or the **Turnkey desk**.



Catch up with family and friends at home.

Play some ping pong, visit the piano room, or borrow some sports equipment from **Housing and Residences**.



Visit your favorite places. Explore your surroundings.

Explore the city and region with your GRT UPass. Maybe check out **KW Oktoberfest!**



Get outside.

TAKE GOOD CARE OF YOURSELF!

Health Services and Counselling Services are open and Residence Dons are available if you need them.



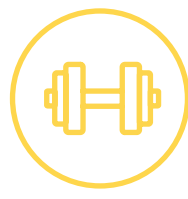
Discover online workshops and seminars available through **Campus Wellness**.

Book quiet prayer, reflection, or meditation space in the Dana Porter Library. Take naps!



Lots of rest will help you to recharge. Get plenty of sleep and downtime!

Use the **Athletics** fitness centres, gyms or pools.



Visit a local gym or head outside for some fresh air and exercise.

HAVE QUESTIONS?

Ask your instructor or academic advisor about expectations around Fall Reading Week.

UNIVERSITY OF WATERLOO

