



N O V A S C O T I A
QUALITY OF LIFE

Measuring what matters

What am I reading?



- You are reading a **Supplementary Analysis** prepared by the [Canadian Index of Wellbeing](#) (CIW), using the Nova Scotia Quality of Life Survey results.
- These slides share information you'd find in a report – but in a slide format – so, the notes below each slide are detailed.
- This work is an example of what can be explored beyond the eight domains when further analysis is undertaken.
- In March 2020 Engage Nova Scotia released [Summary Results](#) for all 230 questions - for ten regions across the province and the province overall.

Engage Nova Scotia and the NS Quality of Life Initiative



- [Engage Nova Scotia](#) is a non-profit whose focus is a vibrant, inclusive and resilient province. We have been driving the Nova Scotia Quality of Life Initiative since 2017.
- Our primary research partner in the Nova Scotia Quality of Life Initiative is the [Canadian Index of Wellbeing \(CIW\) at the University of Waterloo](#).
- The NS Quality of Life Survey was undertaken in Spring 2019, and so, prior to the COVID-19 pandemic. It asked 230 questions across [eight domains of wellbeing](#). Almost 13,000 Nova Scotians responded.

What will I learn?



- These graphs show:
 - high-level information about **demographic groups** that caught the attention of the CIW;
 - insights about the **eight domains**;
 - new analysis related to **six areas of focus**:
 - Social isolation; Sense of community; Feelings of trust; Experiences of discrimination; Poverty; and, Health.
- To access raw data, ask for further analysis, or explore the intersectional variables available, visit our [Research and Analysis](#) page online.
- You can read about the survey methods, including sample size, sampling strategy, weighting, and the demographic profile of respondents [in the full summary results](#).



A Closer Look: The Nova Scotia Quality of Life Survey based on the CIW Community Wellbeing Survey



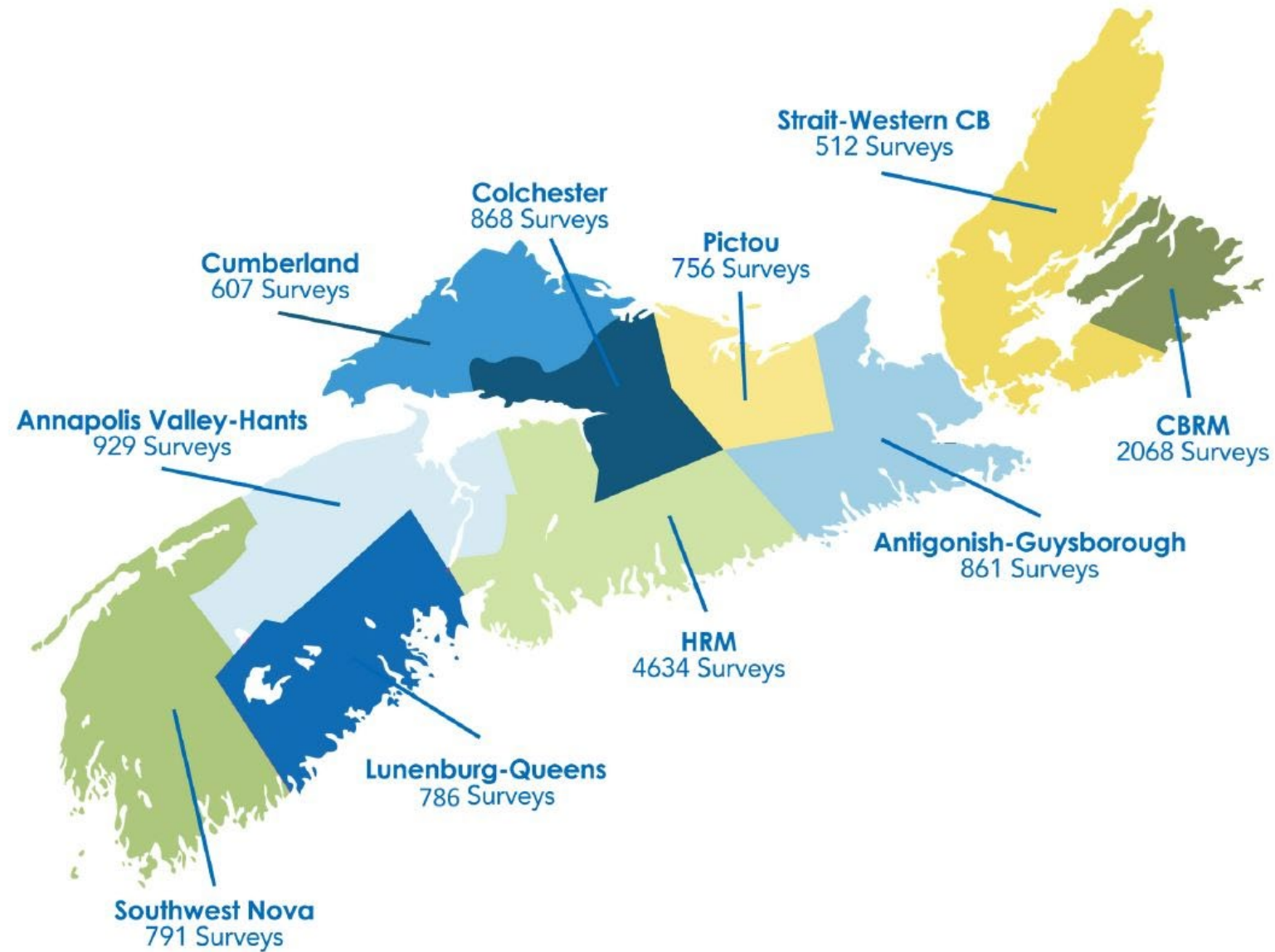
A Report of the Canadian Index of Wellbeing

Prepared for:
Engage Nova Scotia
Fall 2020 (Updated)



2019 Nova Scotia Quality of Life Survey

Geographic distribution of Nova Scotia sample





Demographics and Quality of Life



Older adults and quality of life

Older adults: Residents aged 65 to 74 years and those 75 years and older

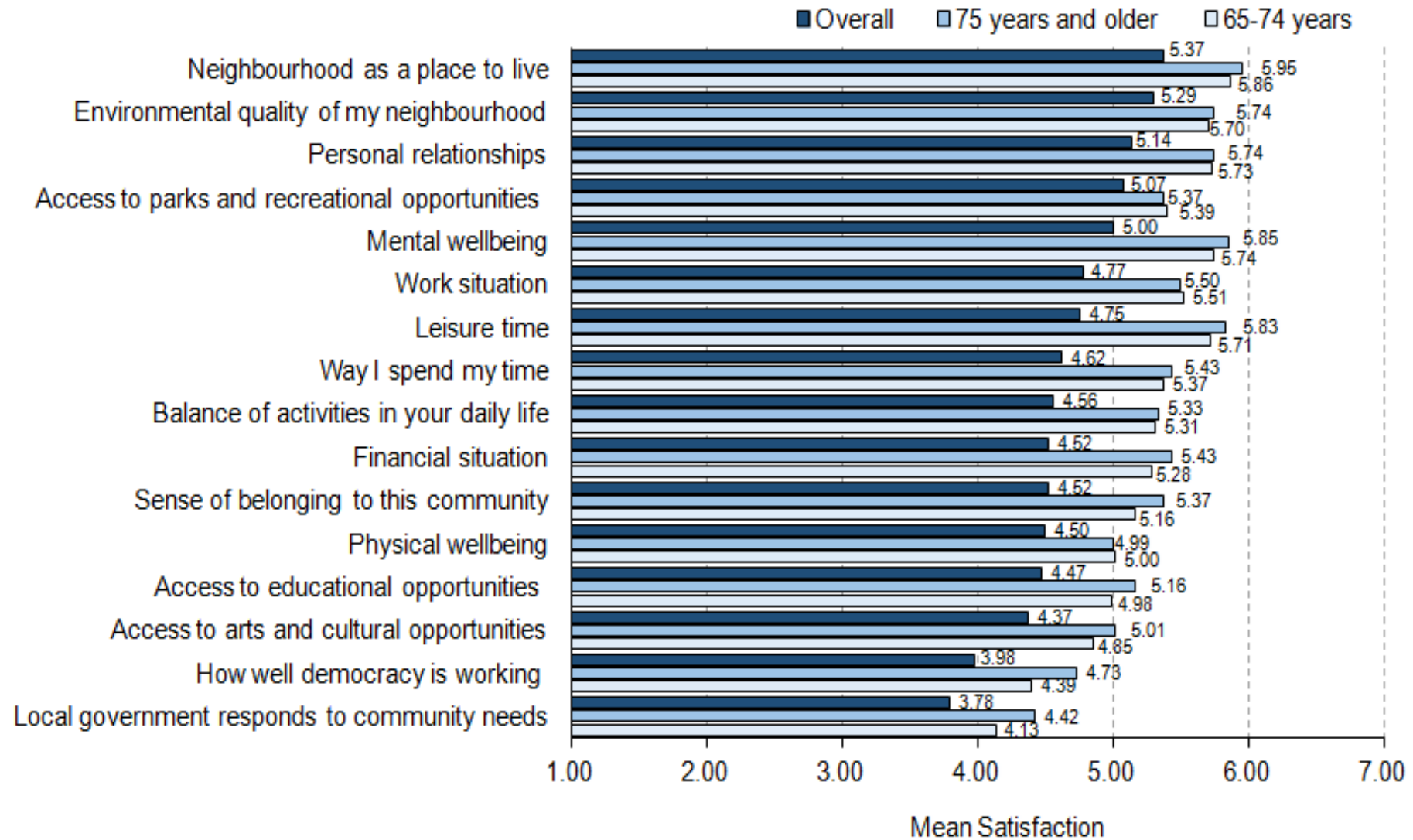
Table J4a
Profile of Respondents in Nova Scotia:
Age Groupings

Age Group	Pct. in NS	Percentage in Region									
		HRM	CBRM	AV-H	Ant-Guy	Colc.	Cumb.	Lun.-Q	Pictou	SWN	SA-WCB
14 to 19 years	3.0	3.8	2.0	2.1	2.0	4.7	3.4	2.0	2.3	2.7	1.0
20 to 29 years	9.8	10.4	9.1	12.8	9.8	9.0	8.0	5.7	9.6	8.0	8.2
30 to 39 years	20.5	25.3	17.5	15.7	17.6	17.5	15.1	17.2	17.1	16.2	17.0
40 to 49 years	15.1	15.9	13.6	15.2	13.8	15.1	14.1	14.2	14.8	14.8	13.5
50 to 59 years	19.3	18.5	19.8	20.3	19.2	19.5	19.4	20.4	19.5	20.4	19.6
60 to 64 years	8.9	7.6	10.4	9.2	10.0	9.0	10.3	10.4	10.1	9.7	10.6
65 to 74 years	13.8	11.1	15.8	14.5	16.6	14.6	16.9	17.7	15.9	16.4	18.3
75 years and older	9.5	7.4	11.7	10.2	11.0	10.7	12.7	12.4	10.7	11.7	11.8
Total	785,403	348,068	79,843	104,661	22,627	42,744	25,389	50,095	36,391	47,377	28,208

ª Residents had to be at least 16 years of age to participate in the survey.

Note: Older adults represent 23.3% of Nova Scotia residents

Older adults and quality of life



Lower income residents and quality of life

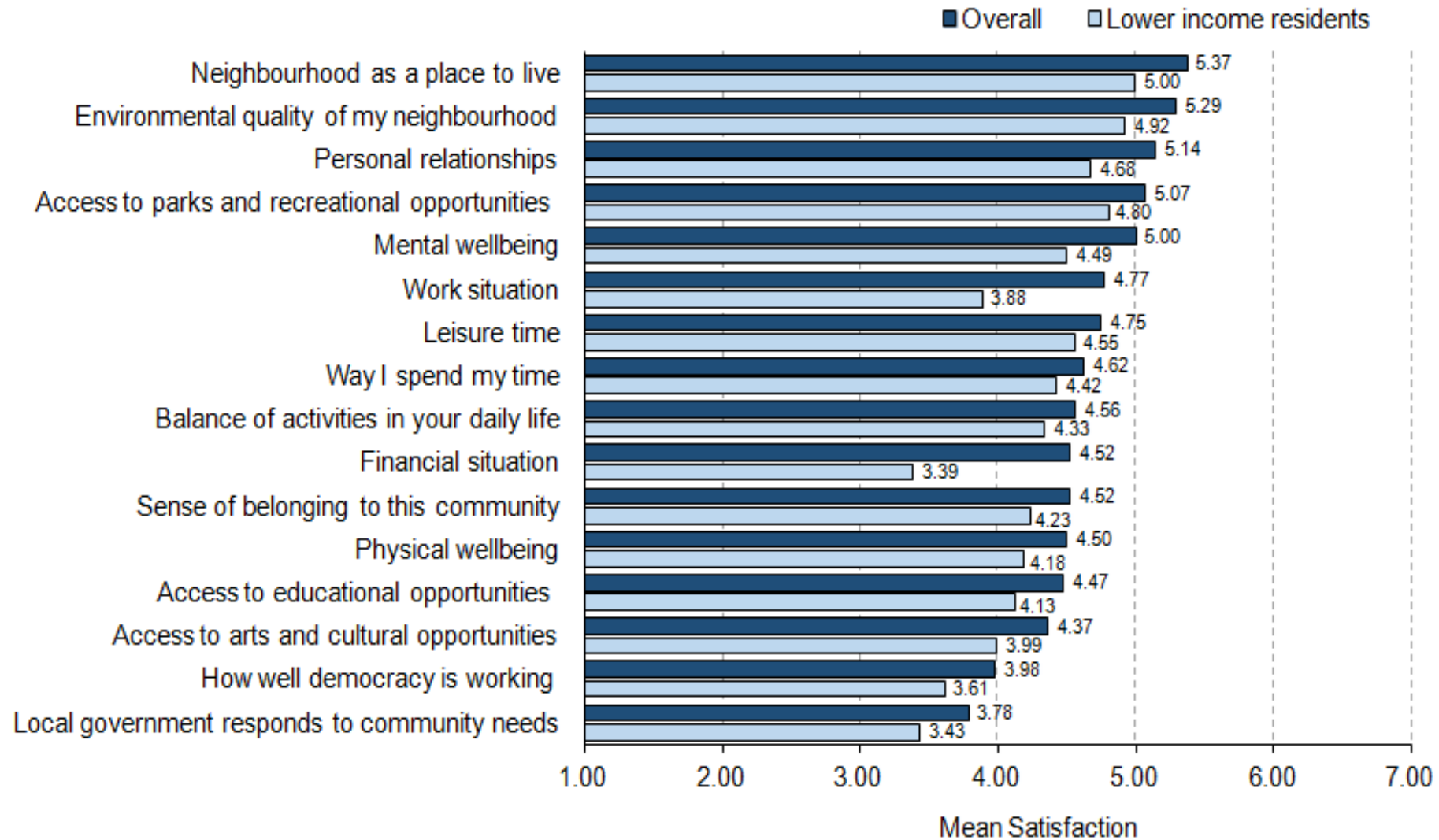
Lower income: Total annual household income before taxes from all sources was \$30,000 or less

Table J8
Profile of Respondents in Nova Scotia:
Annual Household Income from All Sources

Household Income	Pct. in NS	Percentage in Region									
		HRM	CBRM	AV-H	Ant-Guy	Colc.	Cumb.	Lun.-Q	Pictou	SWN	SA-WCB
Under \$10,000	5.2	5.2	5.2	5.0	5.3	3.2	6.6	3.2	8.0	6.9	5.2
\$10,000 to \$19,999	4.3	3.8	6.2	3.1	3.8	3.4	4.5	7.2	4.3	5.6	5.6
\$20,000 to \$29,999	7.5	4.8	9.9	9.0	7.3	8.7	9.7	8.7	11.3	12.5	11.2
\$30,000 to \$39,999	7.9	4.8	10.8	9.2	8.2	9.6	12.1	9.9	7.6	14.7	12.4
\$40,000 to \$59,999	15.7	13.4	18.7	16.0	13.7	18.4	19.8	19.0	18.7	16.7	18.8
\$60,000 to \$79,999	14.6	13.6	13.8	18.0	15.1	14.5	11.9	15.7	14.7	14.9	16.4
\$80,000 to \$99,999	12.5	12.3	10.8	13.1	13.9	12.3	13.0	15.2	13.0	12.8	8.8
\$100,000 to \$119,999	10.5	13.1	7.6	8.9	10.8	10.6	7.7	8.0	8.1	5.6	9.2
\$120,000 to \$149,999	9.7	11.7	8.7	11.4	8.6	8.8	7.0	4.9	5.4	5.8	6.7
\$150,000 and over	12.0	17.4	8.2	6.4	13.3	10.6	7.6	8.2	8.8	4.7	5.6
Total	727,631	323,545	72,861	97,479	21,272	39,794	23,546	45,784	32,688	44,309	26,353

Note: Residents living with lower incomes represent 17.0% of Nova Scotians

Lower income residents and quality of life



Single residents living alone and quality of life

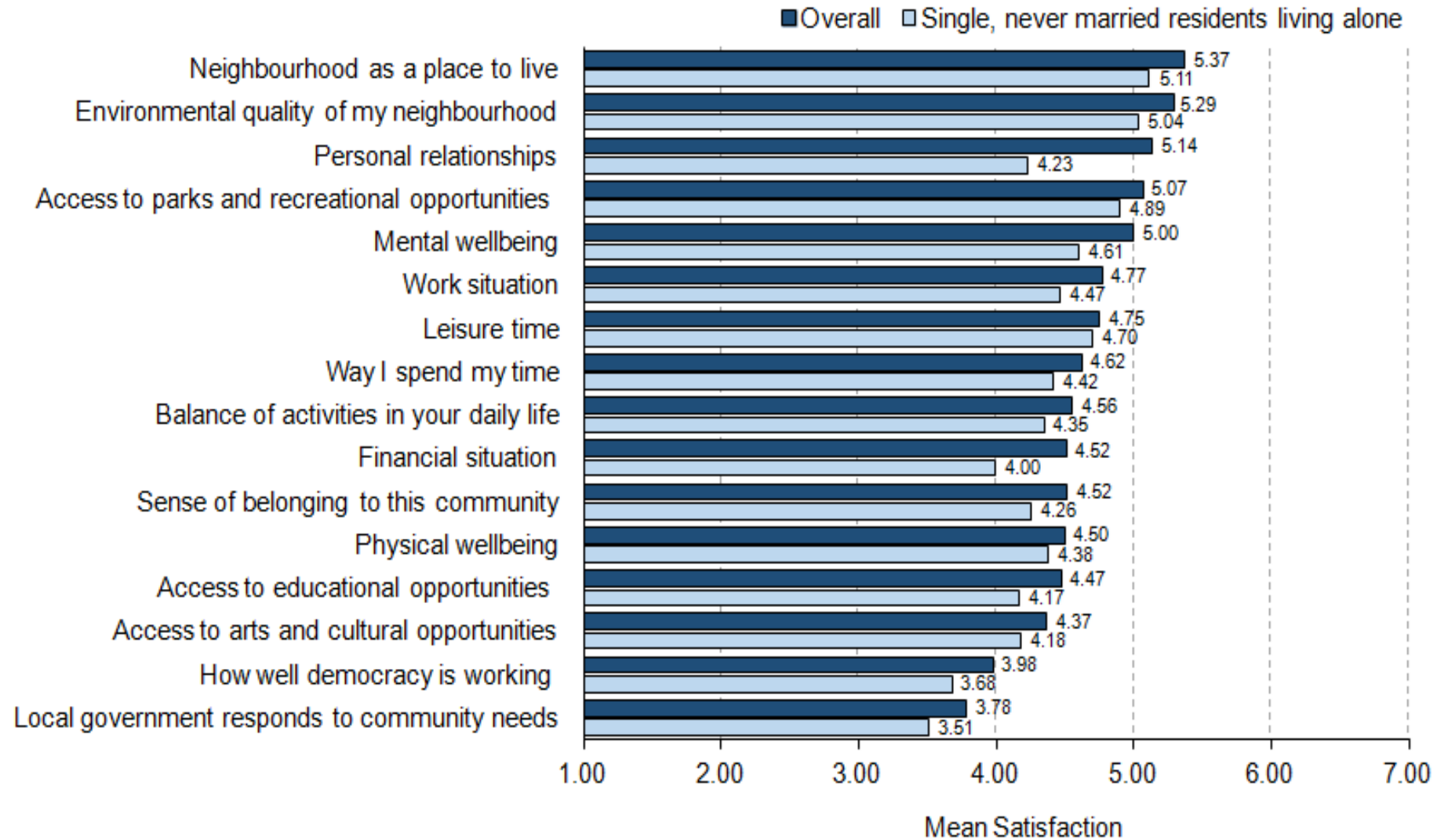
Single, never married residents living alone: Residents who are single, never married that living alone

Percentage of Nova Scotians who are single, never married, and living alone

Living status	Pct. in NS	Percentage in Region									
		HRM	CBRM	AV-H	Ant-Guy	Colc.	Cumb.	Lun.-Q	Pictou	SWN	SA-WCB
Single, living alone	5.3	5.1	6.7	5.2	5.5	5.5	3.4	3.4	5.1	6.5	6.8

Note: Residents who are single, never married, and living alone represent 5.3% of Nova Scotians

Single, never married residents and quality of life



Single parents and quality of life

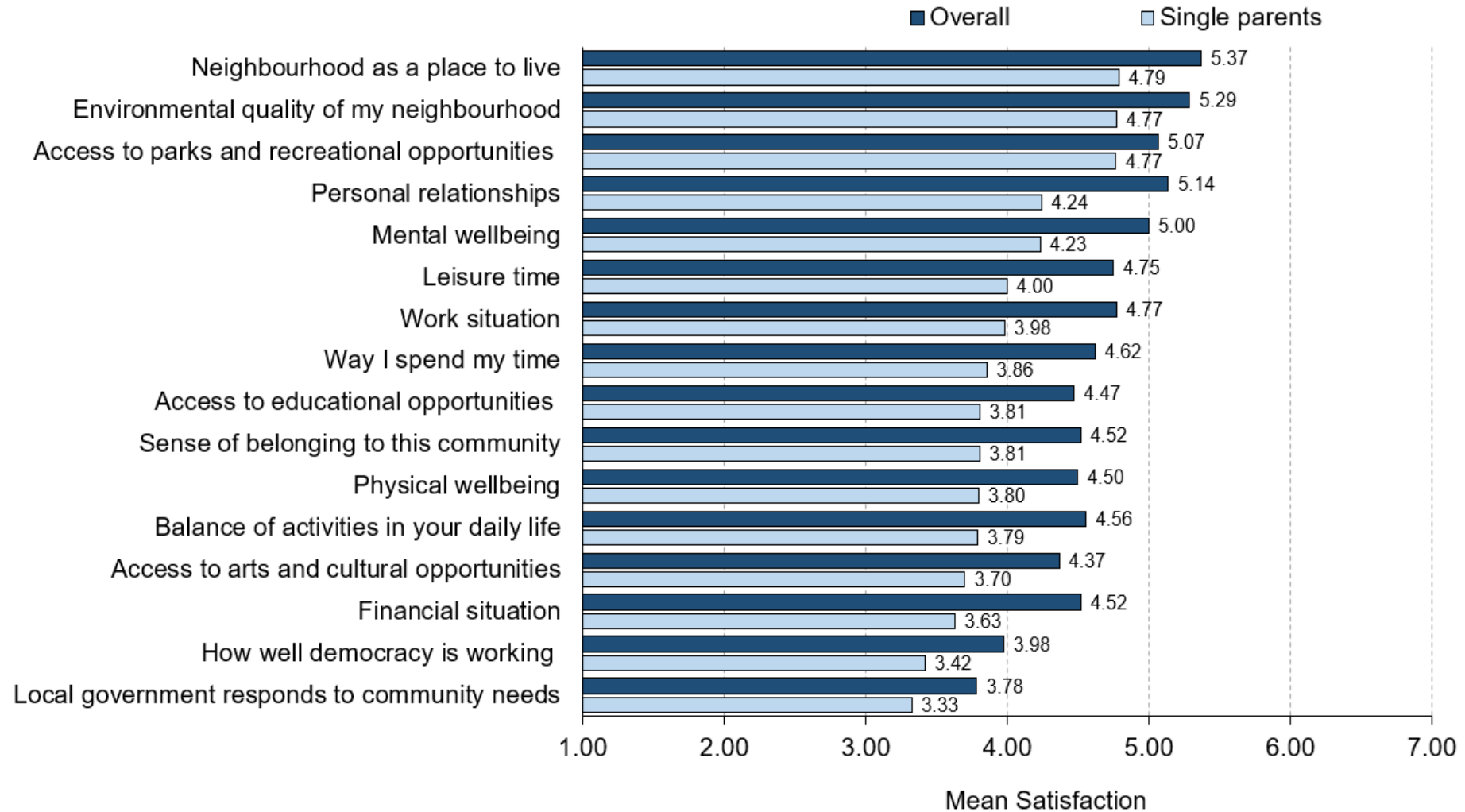
Single parents: Residents who are in households of one adult living with children at home

Table J21a
Profile of Respondents in Nova Scotia:
Household Type

Household Type	Pct. in NS	Percentage in Region									
		HRM	CBRM	AV-H	Ant-Guy	Colc.	Cumb.	Lun.-Q	Pictou	SWN	SA-WCB
Couple with children living at home	30.8	35.7	26.2	27.7	29.2	28.5	26.6	27.6	27.8	27.6	18.3
Couple with no children at home	26.4	20.9	28.9	29.6	29.5	30.6	34.5	32.6	31.2	32.3	31.8
Adult living alone	13.9	12.3	16.1	14.5	15.1	14.1	15.3	15.2	15.1	16.2	16.6
Couple with no children	13.3	14.4	10.4	16.3	11.5	10.8	10.5	13.2	10.4	9.9	14.6
Adult sharing accommodation	6.2	7.2	7.4	5.1	5.5	5.4	4.2	4.4	6.3	3.7	5.8
Adult with children living at home	5.1	5.1	6.4	4.0	5.6	5.0	5.3	3.9	5.5	6.8	3.9
Other ^a	4.2	4.4	4.6	2.9	3.6	5.7	3.4	3.0	3.7	3.5	8.9
Total	775,799	344,102	78,993	103,699	22,331	42,363	24,977	49,829	35,349	46,281	27,875

Note: ^a Among the very respondents who indicated an *other* household type (i.e., less than 0.2%), most of the responses indicated living with parents or other family members and living in multigenerational households. Specifically, frequently reported examples included living arrangements such as adult children living at home, grandchildren living with grandparents, or elderly parents living with adult children.

Single parents and quality of life



Disability/chronic illness and quality of life

Living with a disability or chronic illness:

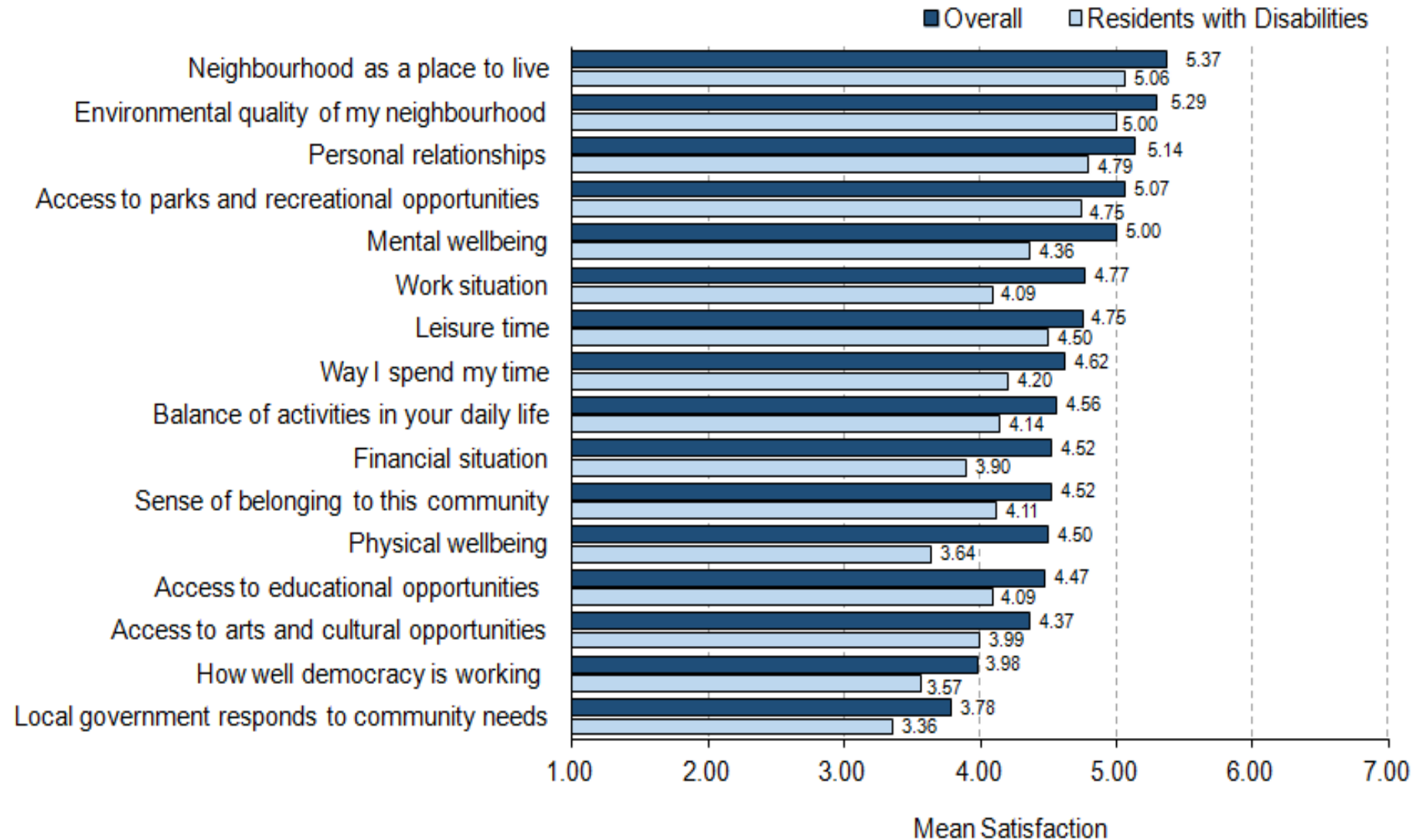
Residents who are living with a physical or mental disability or a chronic illness that limits their activity

Table J14a
Profile of Respondents in Nova Scotia:
Respondents Living with a Disability (physical or mental) or a Chronic Illness

Living with a Disability	Pct. in NS	Percentage in Region									
		HRM	CBRM	AV-H	Ant-Guy	Colc.	Cumb.	Lun.-Q	Pictou	SWN	SA-WCB
Yes	26.0	22.9	29.5	27.9	22.7	27.4	36.0	27.1	29.1	31.0	25.9
Total	777,169	345,534	78,922	103,184	22,218	42,259	25,226	49,634	35,491	46,972	27,729

Note: Residents who are living with a disability or chronic illness represent 26.0% of Nova Scotians

Disability/chronic illness and quality of life



New residents and quality of life

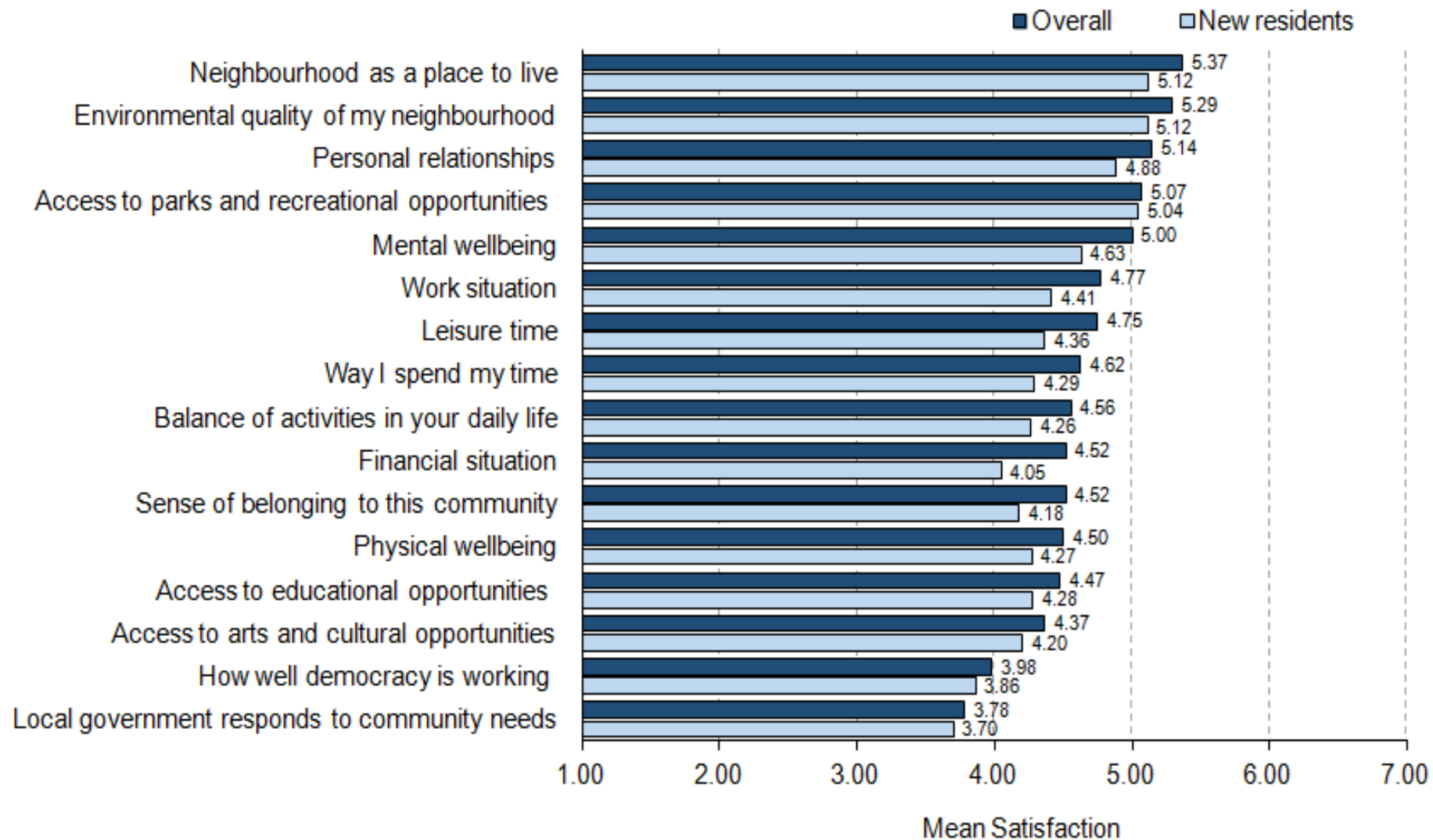
New residents: Residents who have lived in their current community for 5 years or less

Residents who have lived in their current community for 5 years or less

Length of Residency	Pct. in NS	Percentage in Region									
		HRM	CBRM	AV-H	Ant-Guy	Colc.	Cumb.	Lun.-Q	Pictou	SWN	SA-WCB
Up to 2 years	9.9	11.9	6.4	8.9	11.1	8.5	10.3	10.6	8.3	6.8	5.6
Over 2 up to 5 years	15.6	16.2	13.3	16.1	18.2	17.6	11.4	12.4	17.3	17.3	11.4
5 years or less	25.5	28.1	29.7	25.0	29.3	26.1	21.7	23.0	25.6	24.1	17.0

Note: People who have lived in their current community for 5 years or less represent 25.5% of residents

New residents and quality of life





Selected Characteristics within CIW Domains of Quality of Life

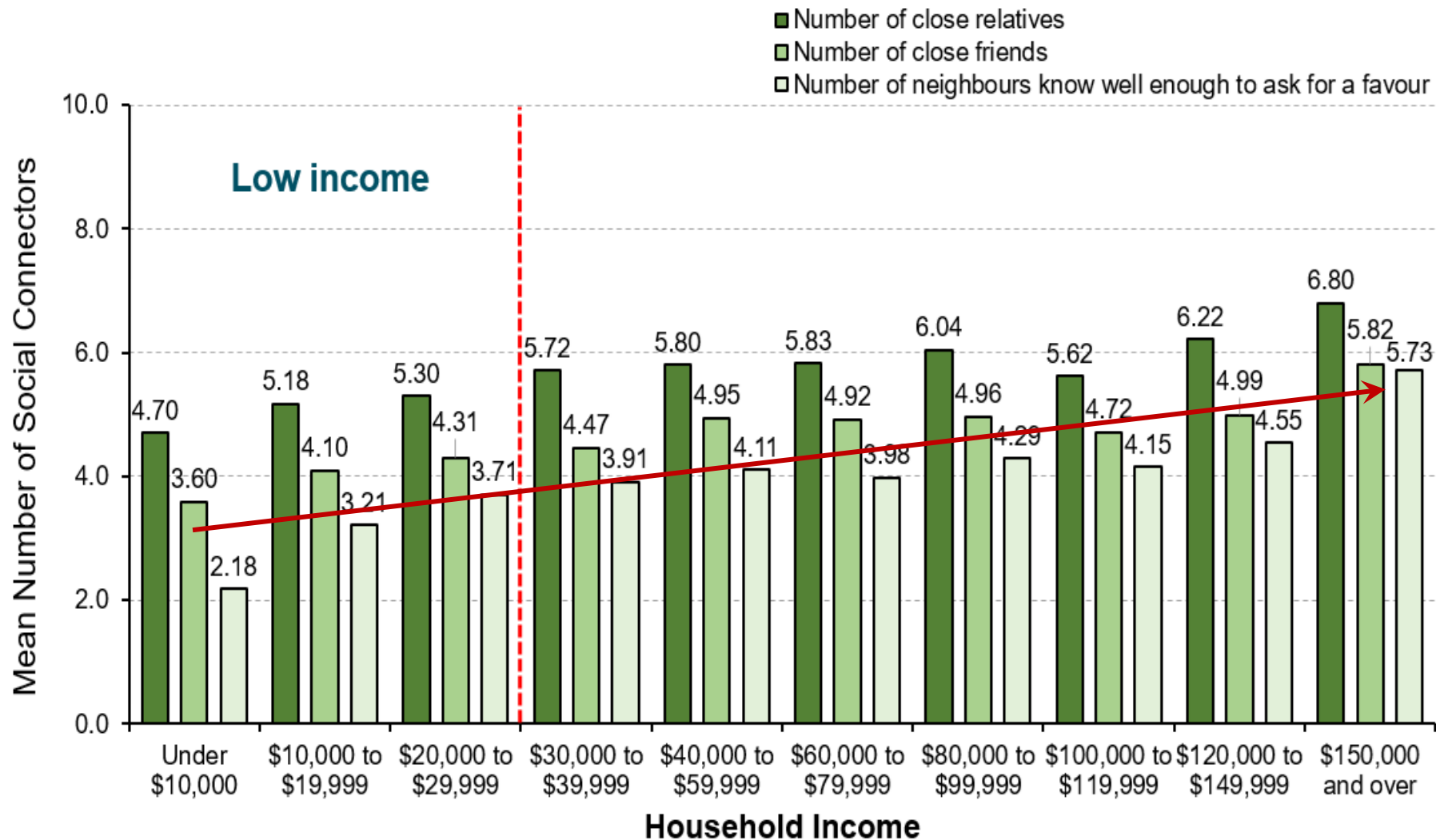
A thick green arrow pointing to the right, positioned below the text box.



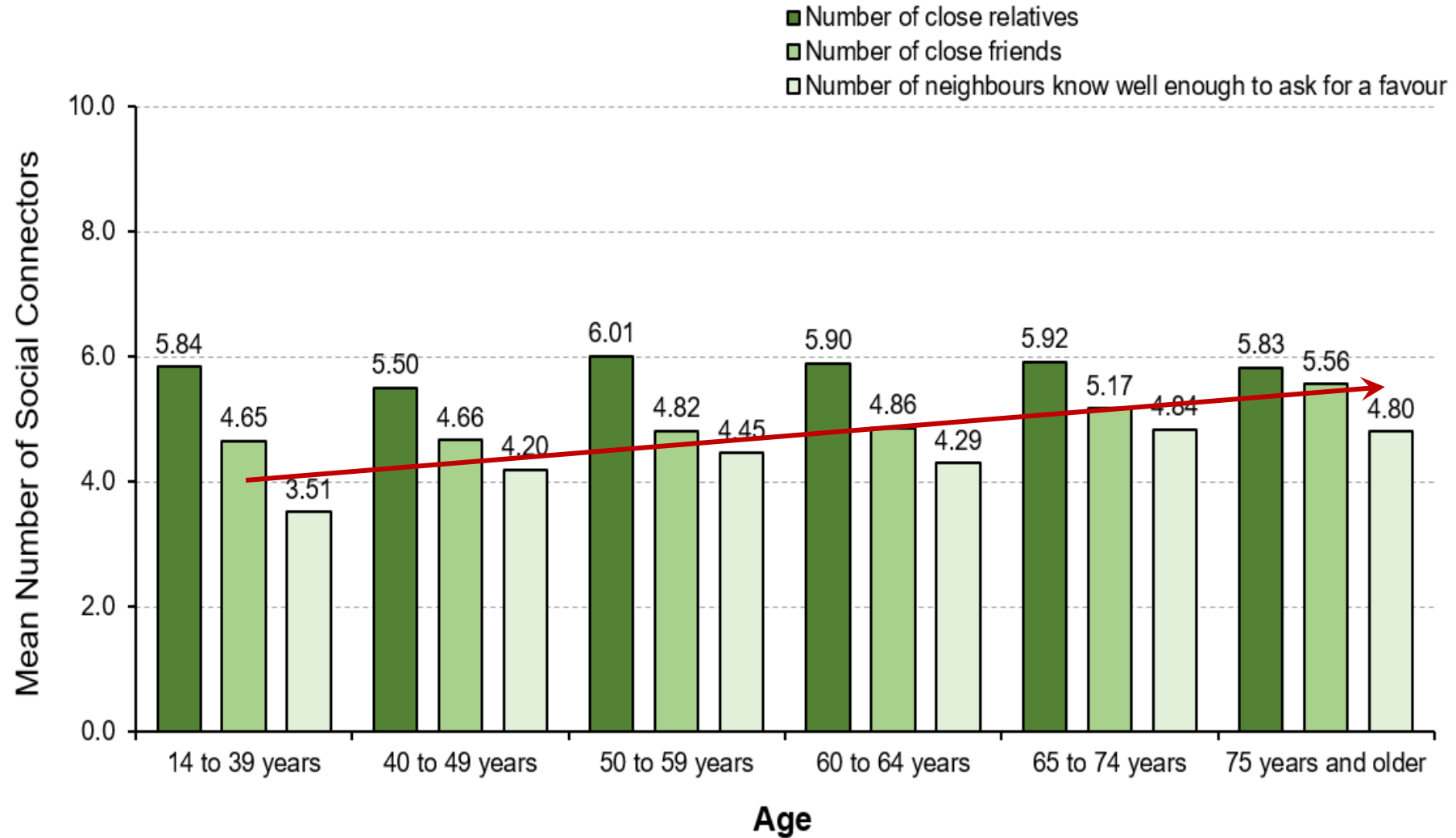
Community Vitality



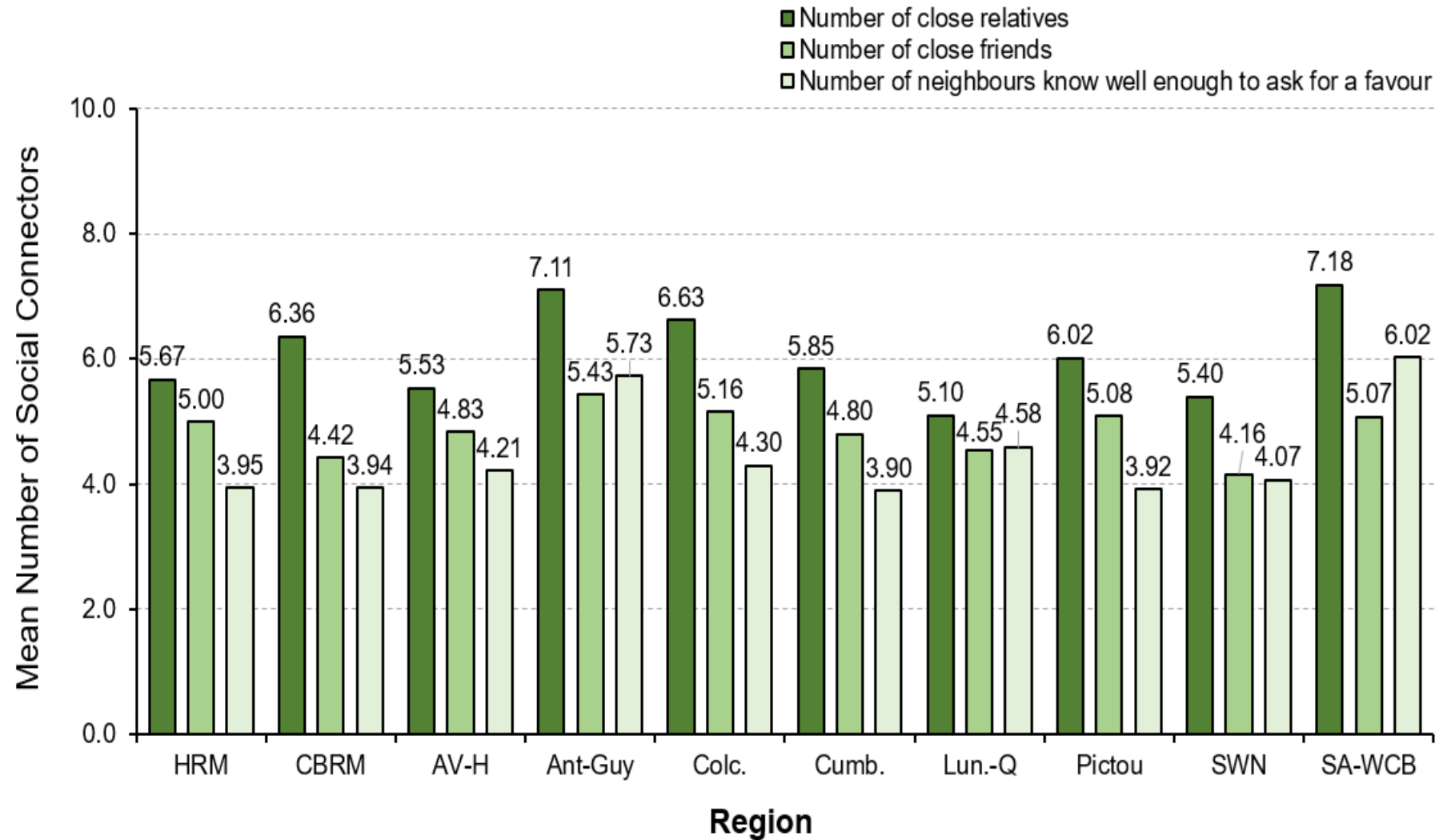
Numbers of social connections by *income*



Numbers of social connections by age



Number of social connections by region



Number of social connections by *living arrangement*

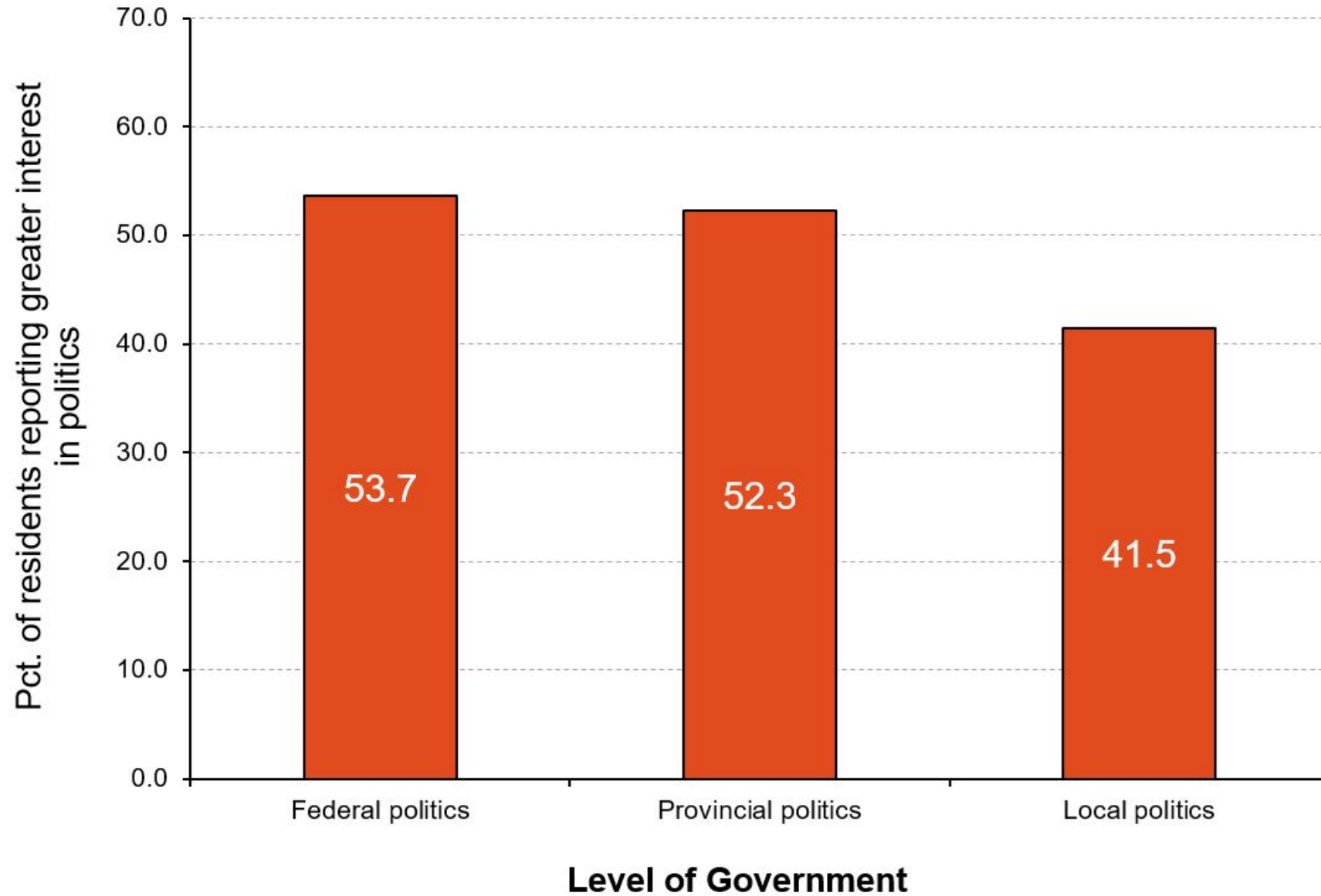




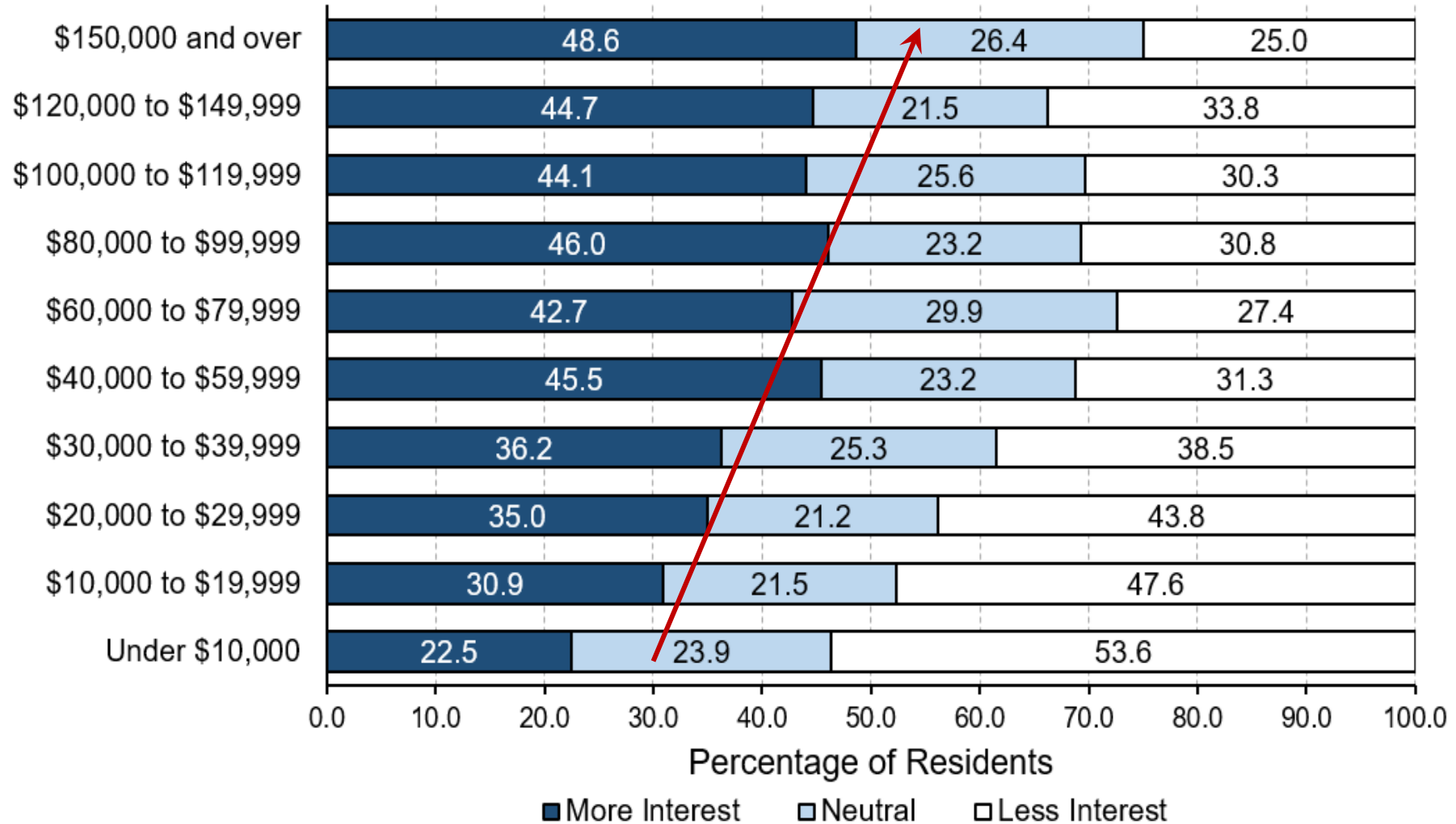
Democratic Engagement



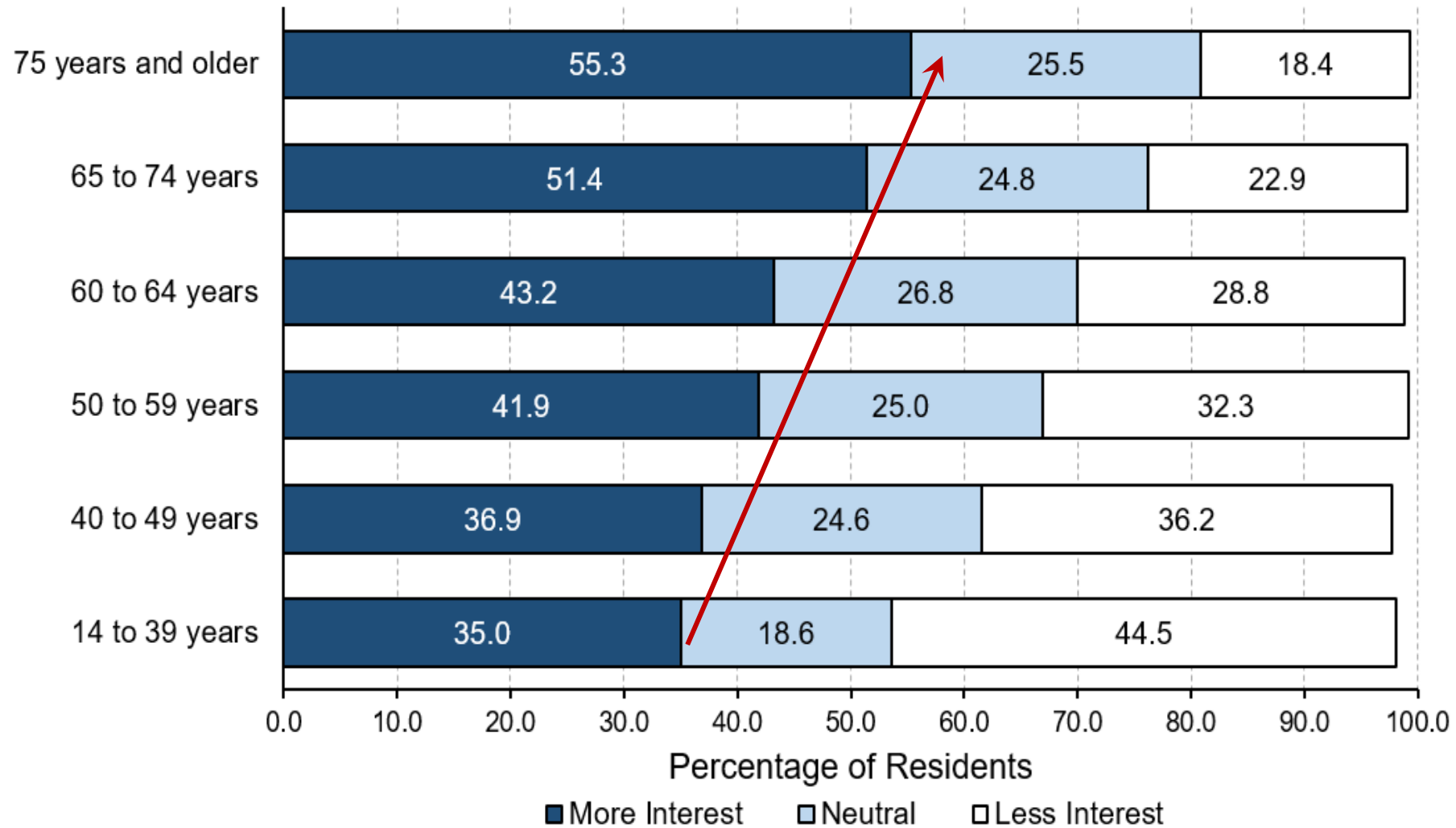
Overall interest in politics



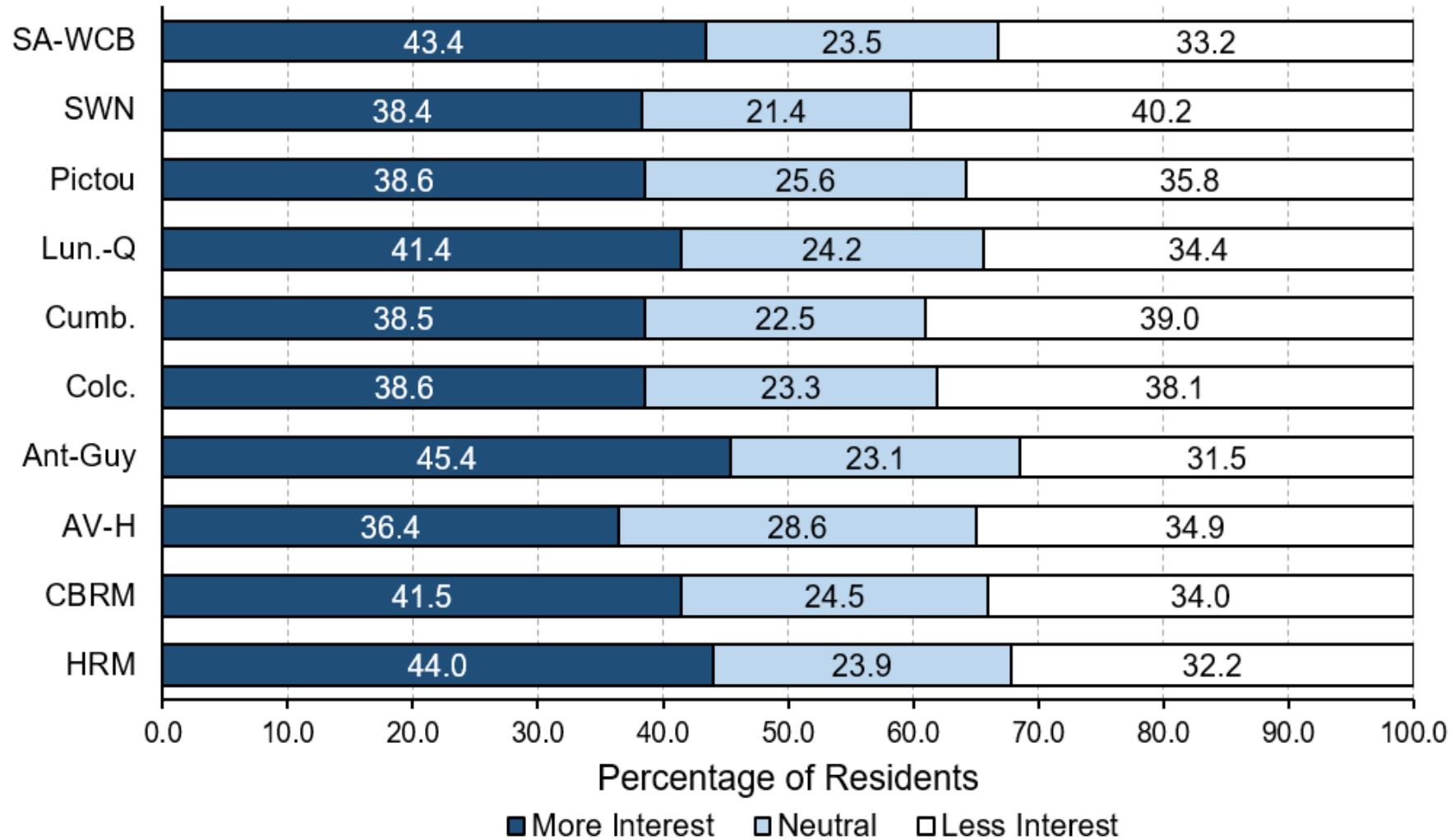
Interest in *local* politics by *income*



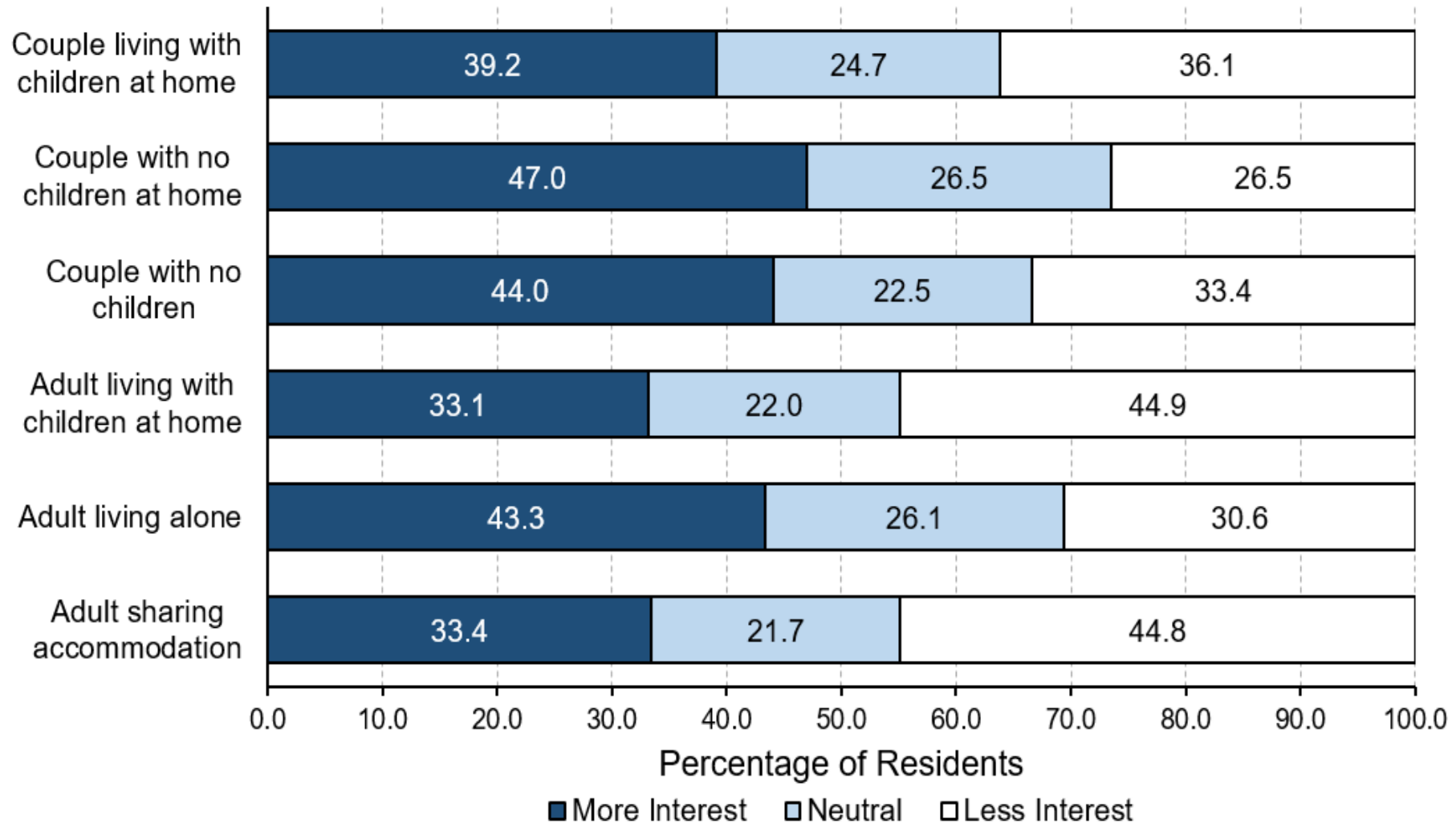
Interest in *local* politics by age



Interest in *local* politics by region



Interest in *local* politics by living arrangement

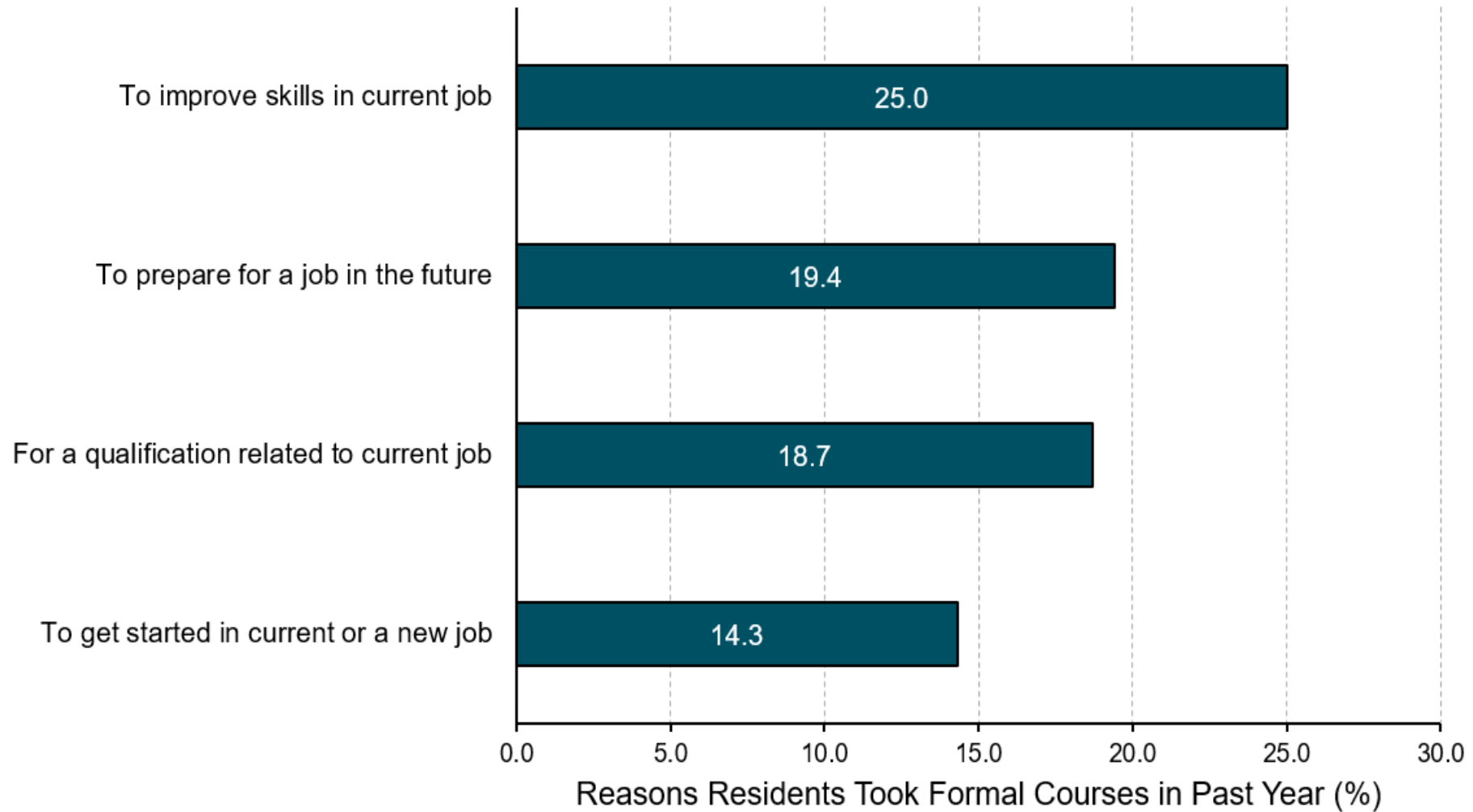




Education

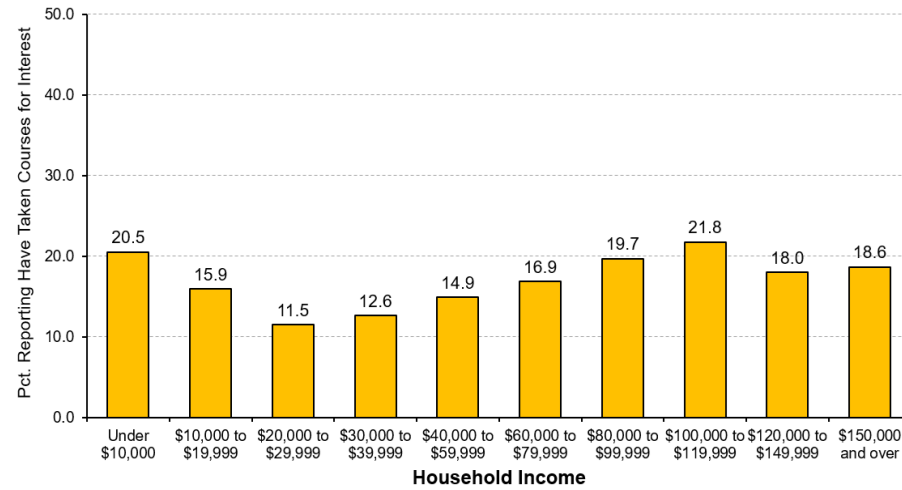


Reasons for taking formal educational courses

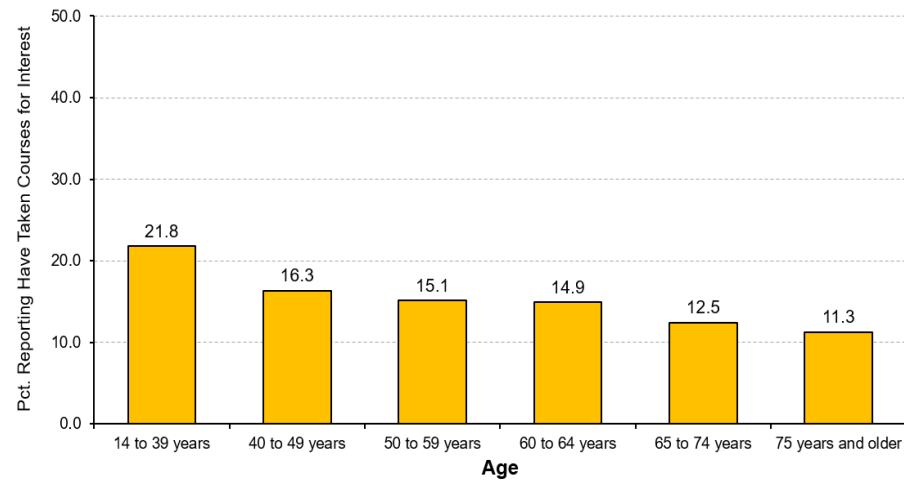


Taking courses for interest

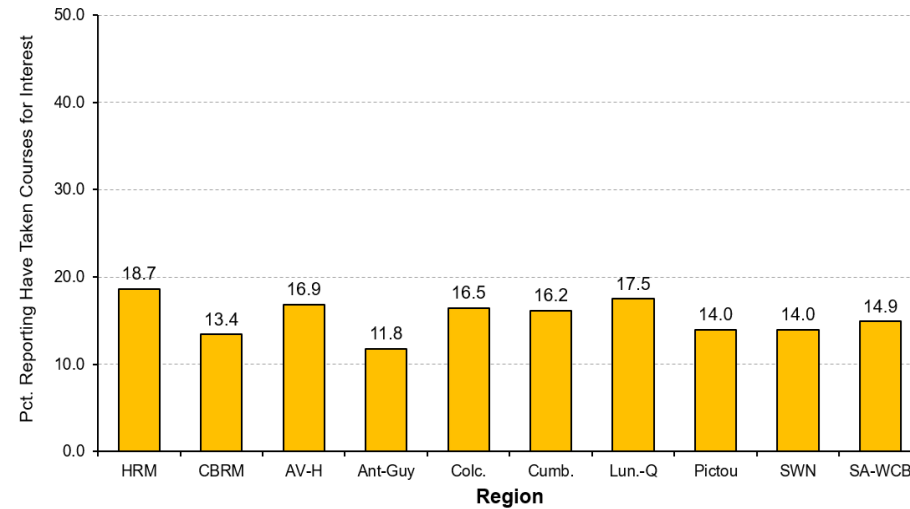
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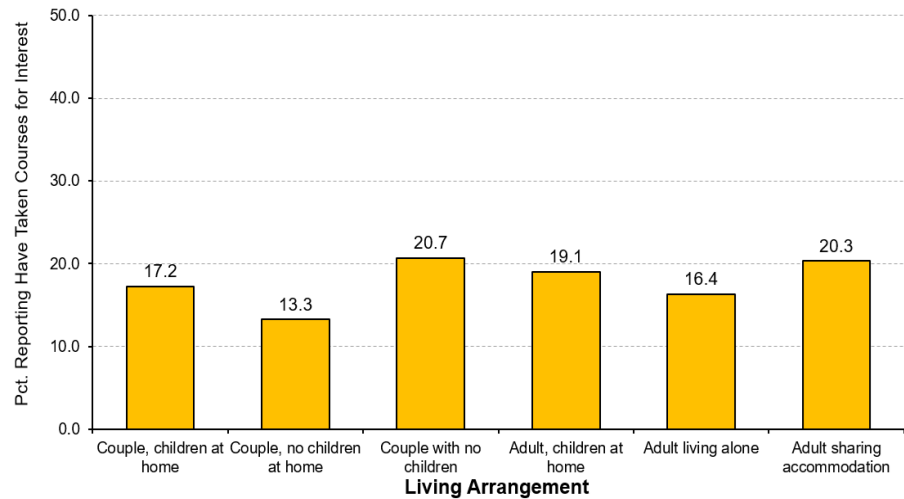
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REGION

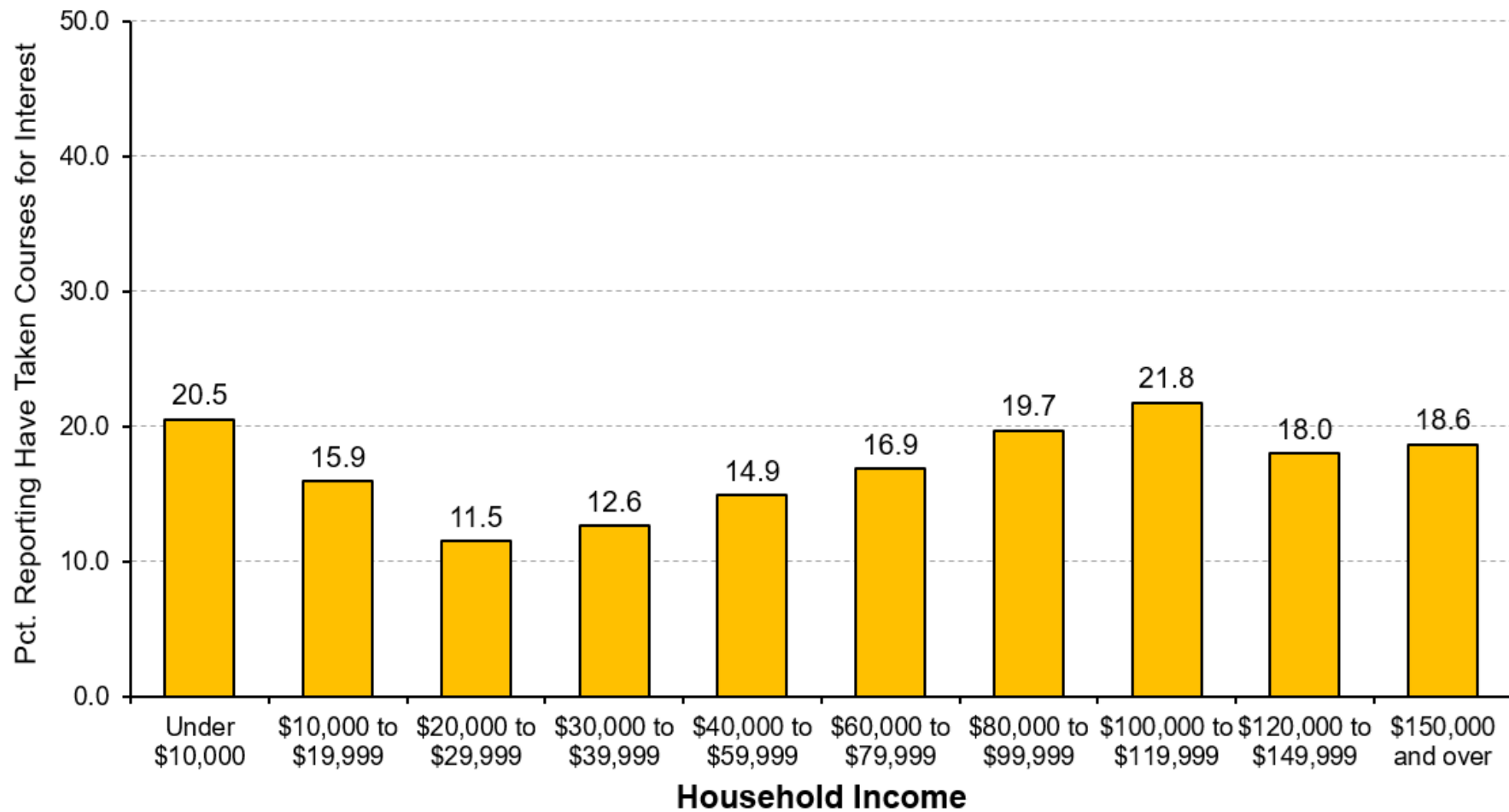


LIVING ARRANGEMENT



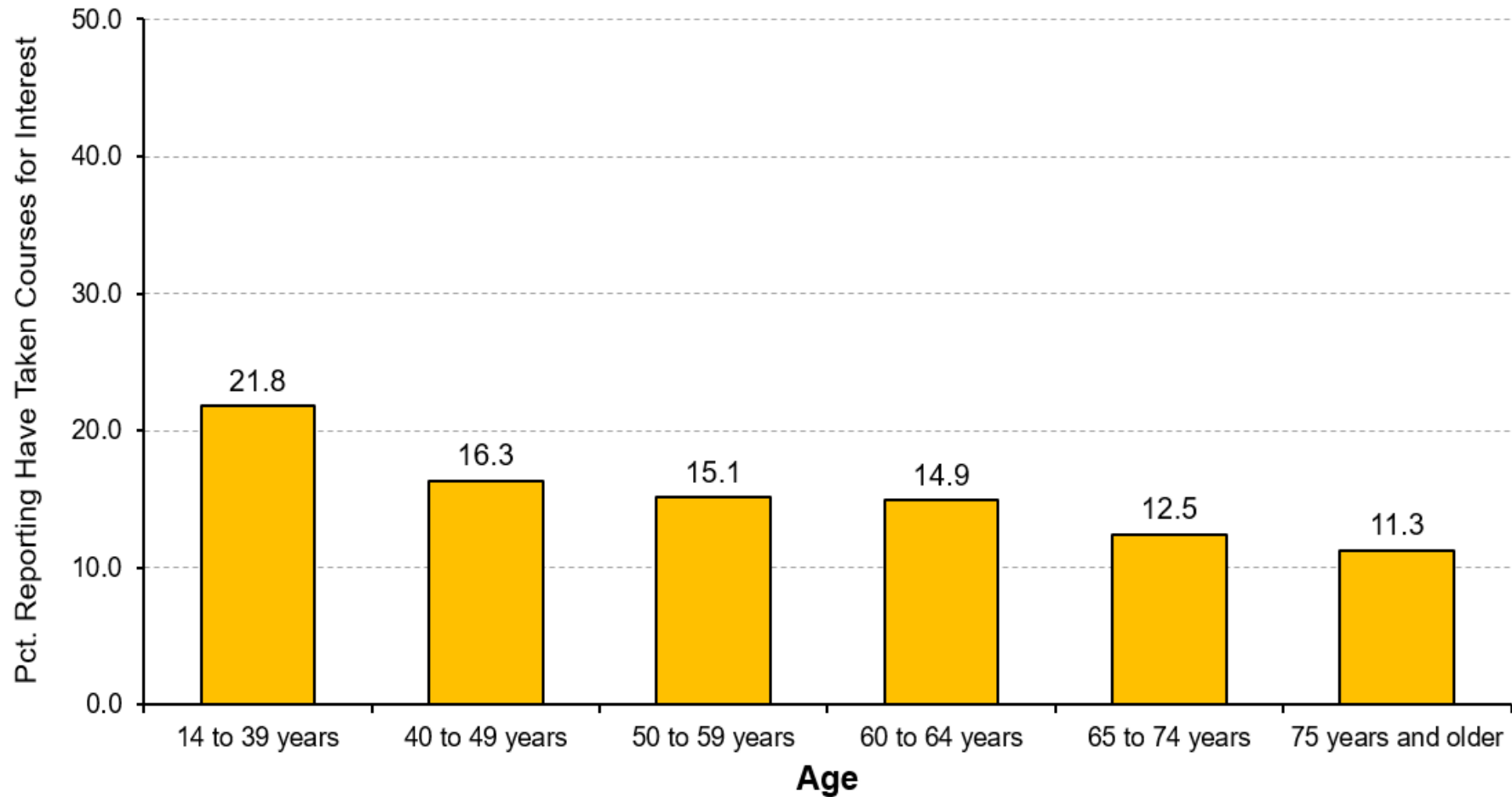
Taking courses for interest

INCOME

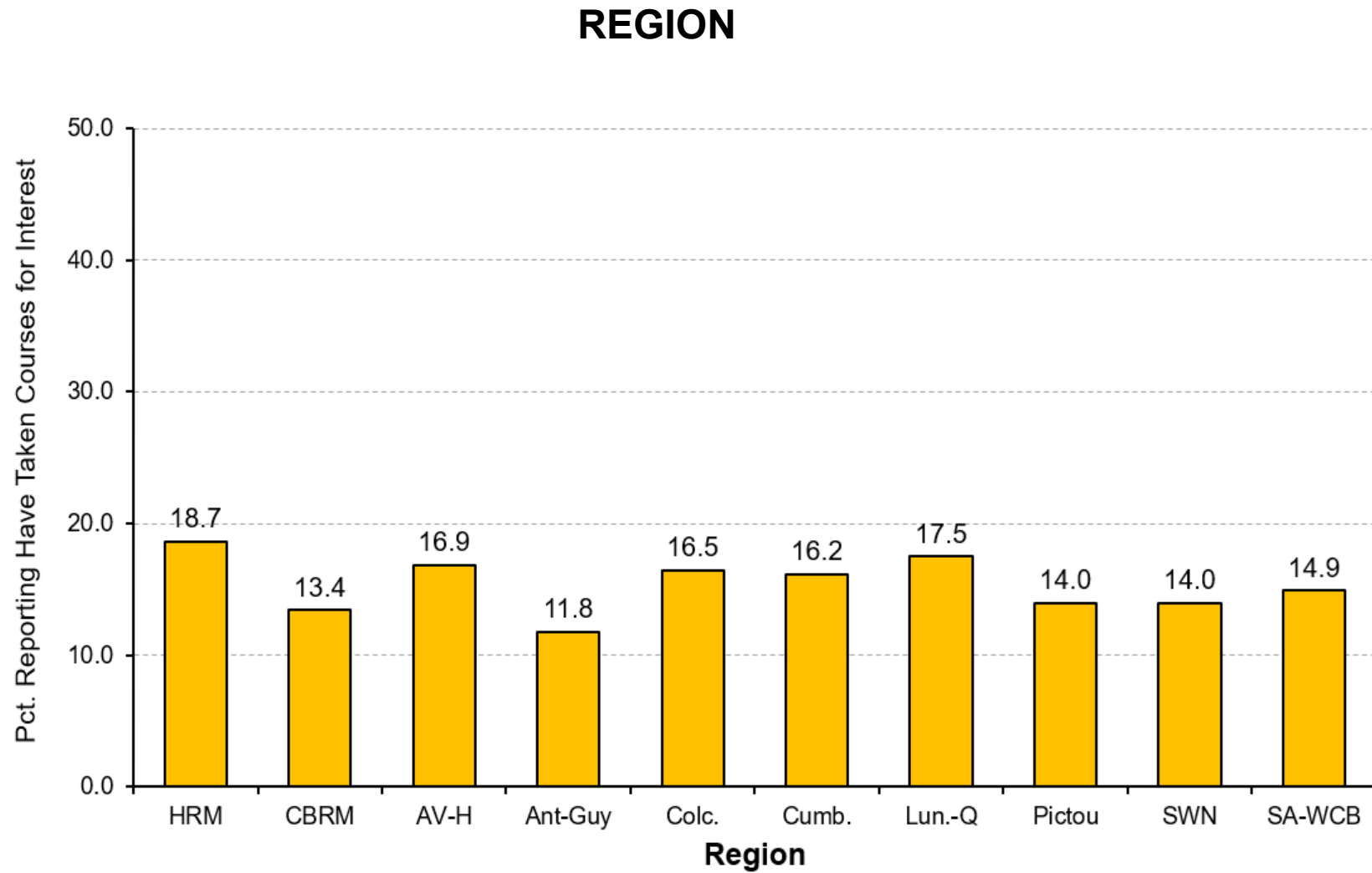


Taking courses for interest

AGE

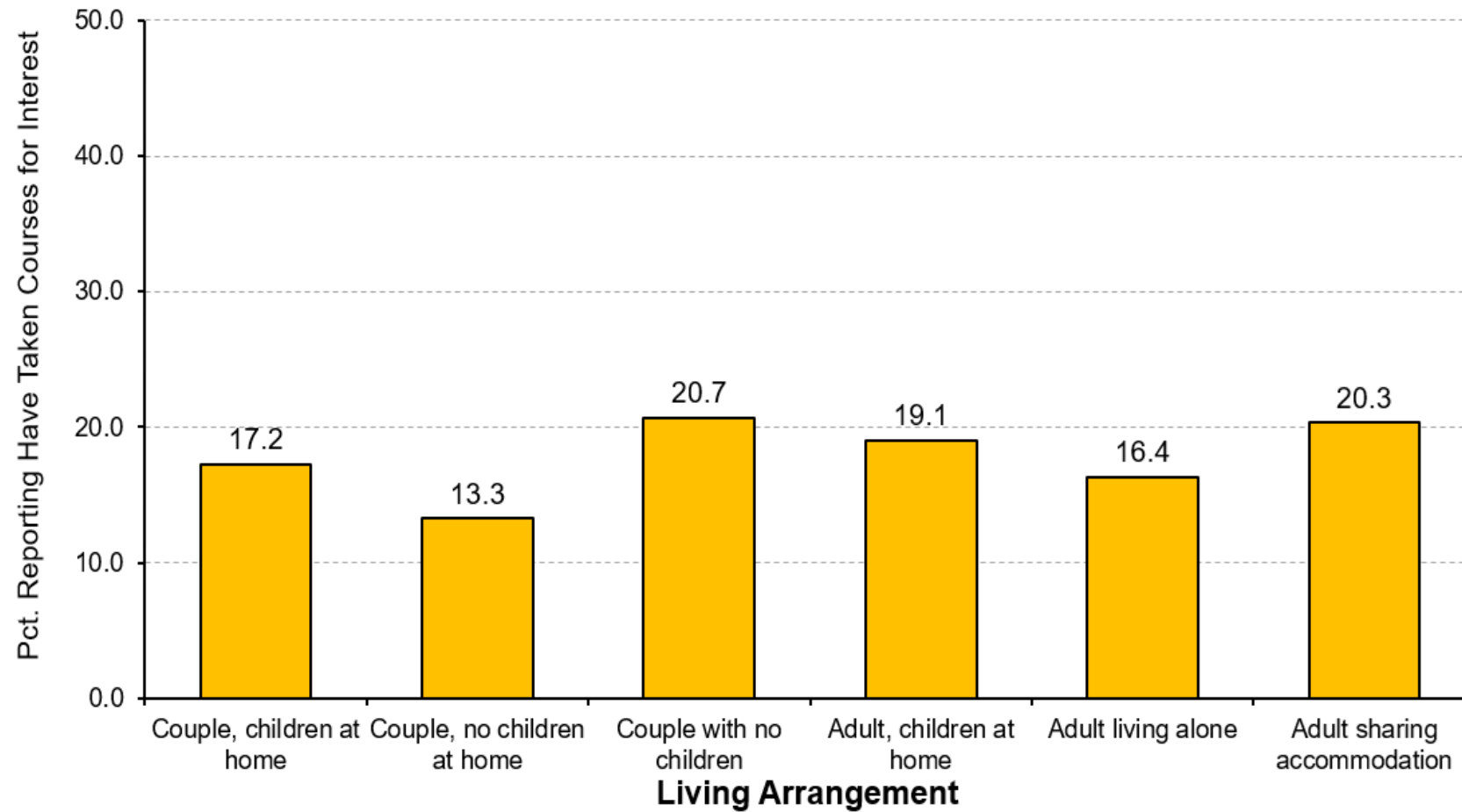


Taking courses for interest



Taking courses for interest

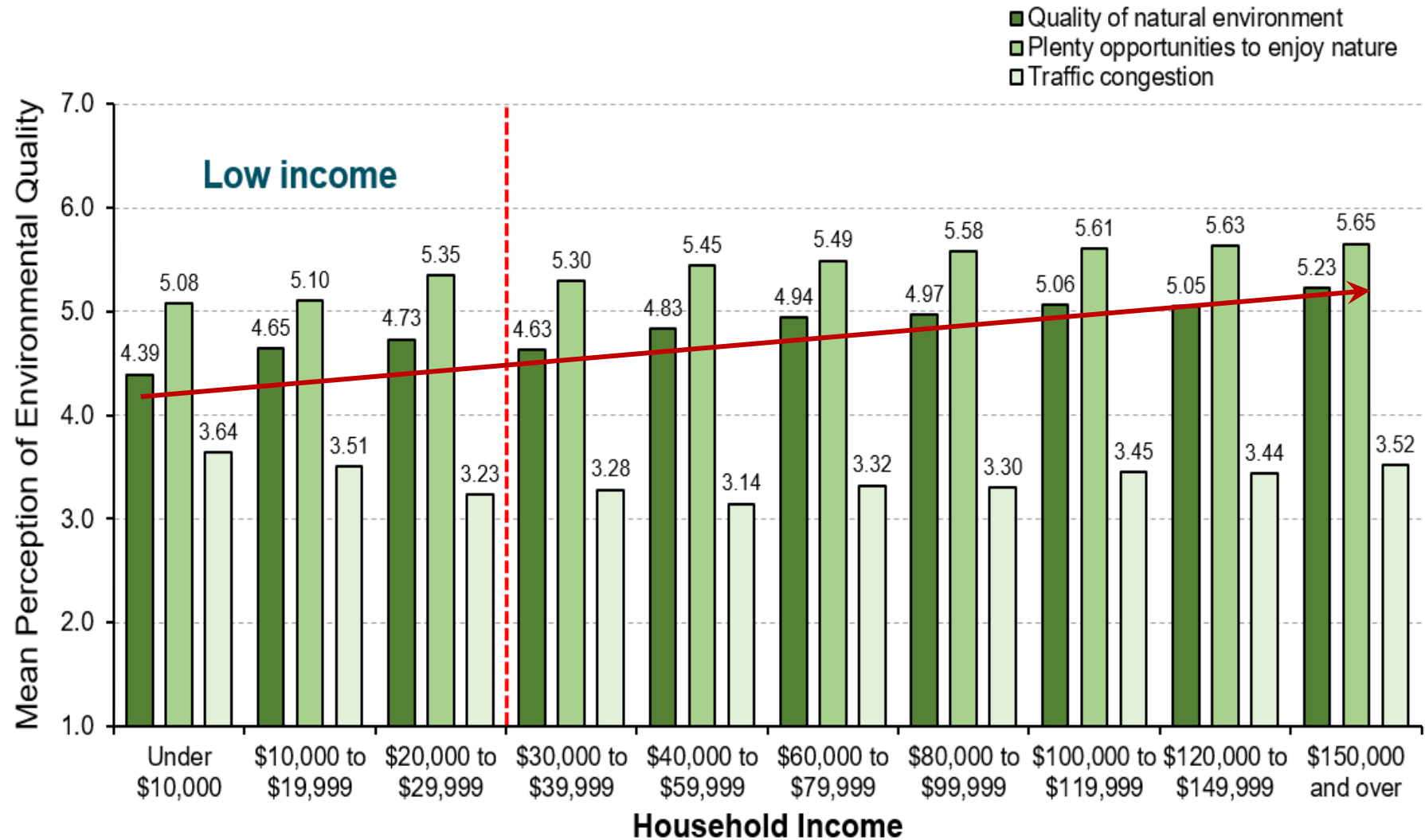
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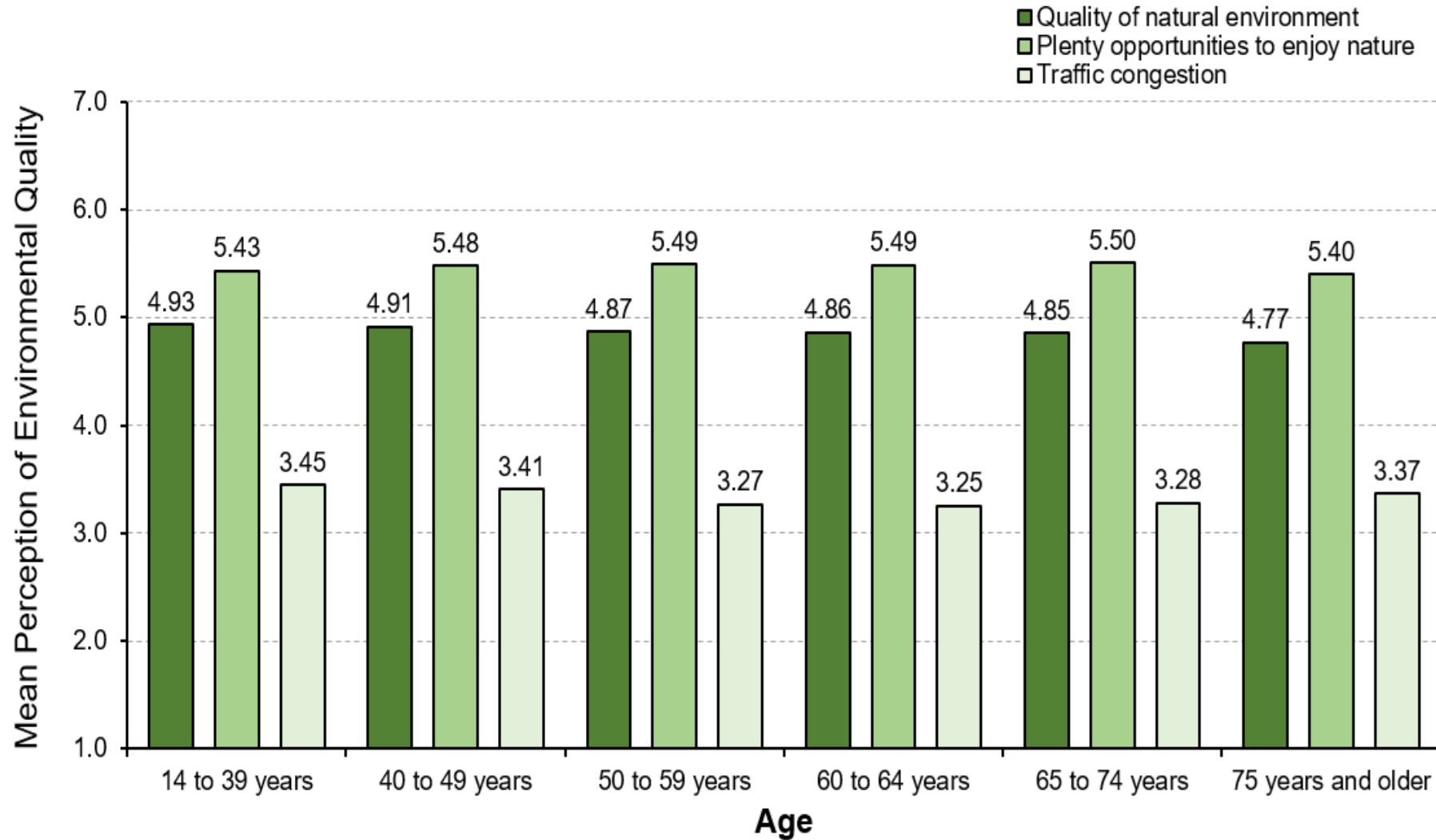


Environment

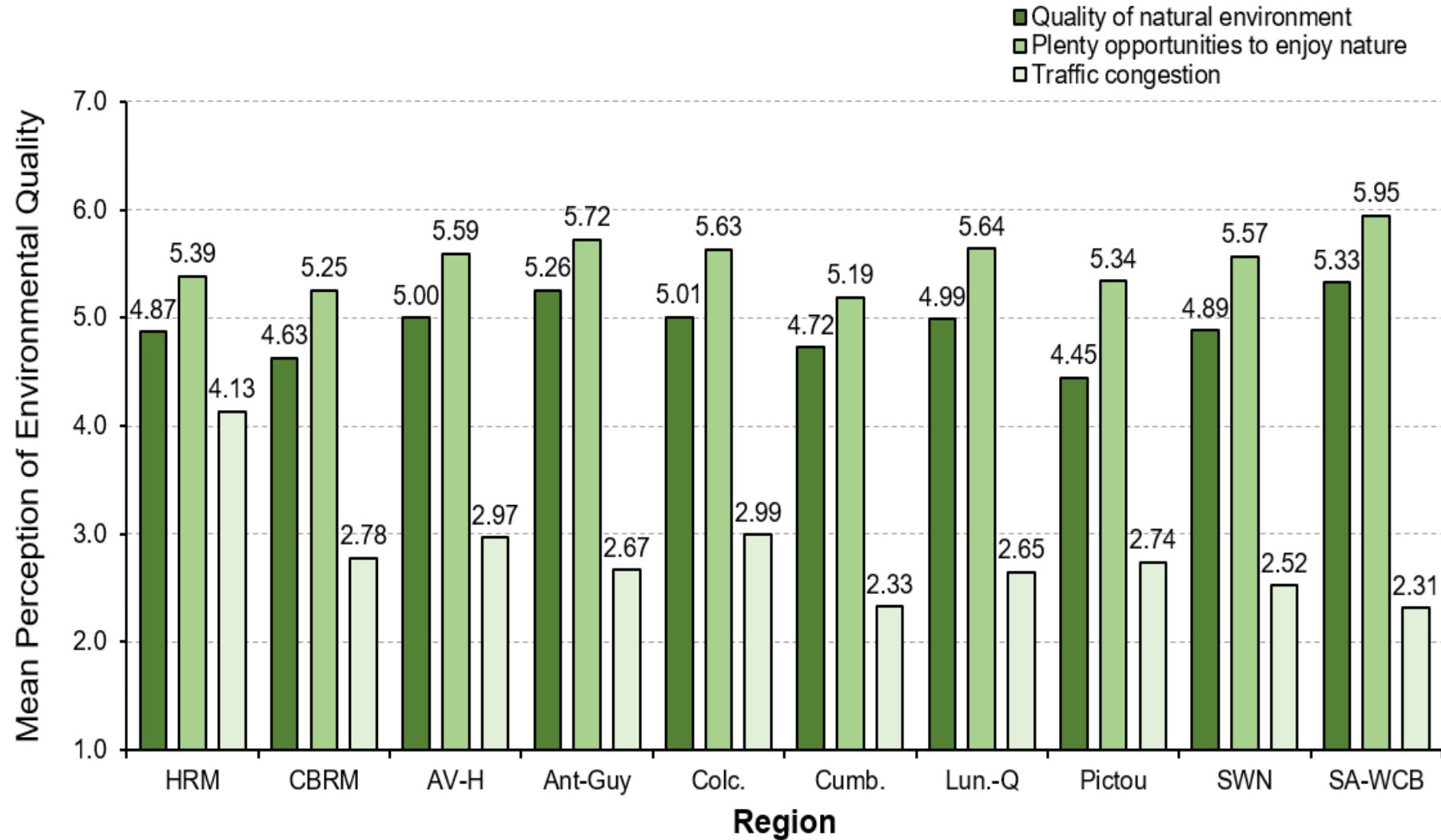
Perceived environmental quality by *income*



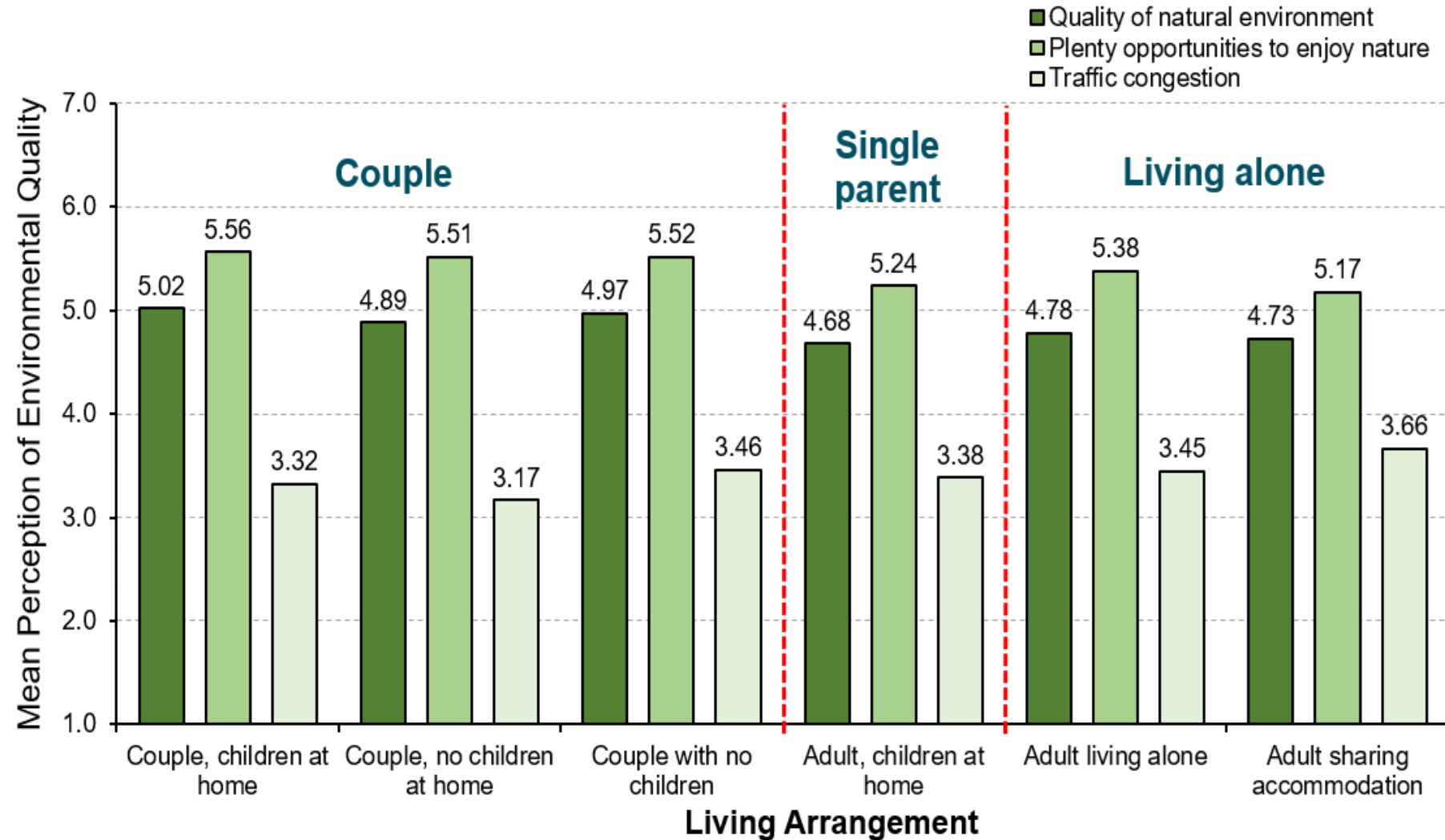
Perceived environmental quality by age



Perceived environmental quality by region



Perceived environmental quality by *living arrangement*



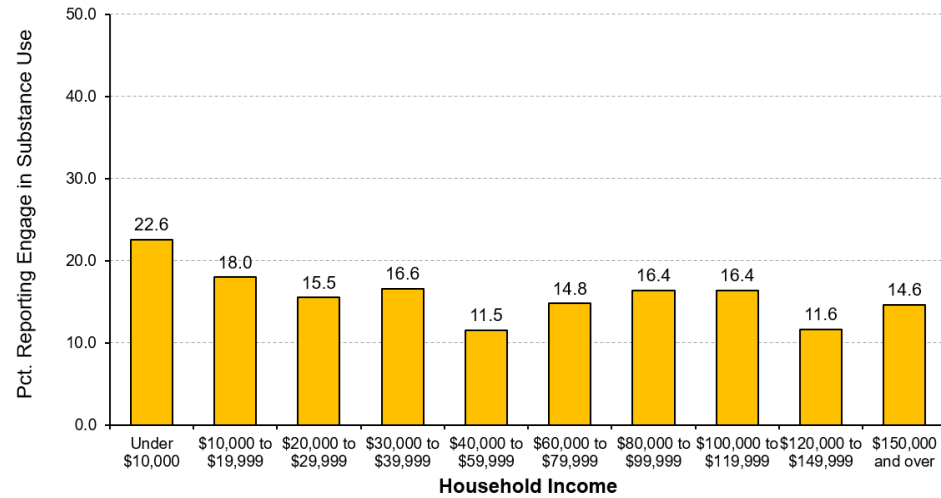


Healthy Populations

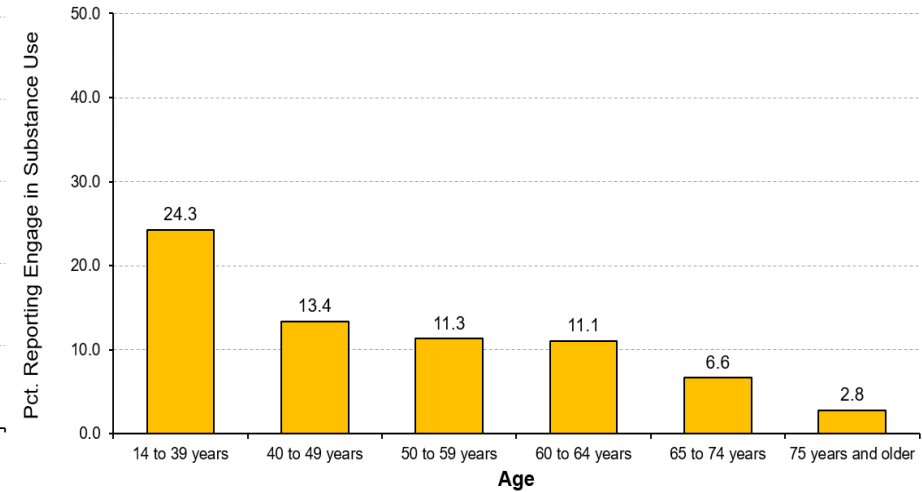


Engage in substance use

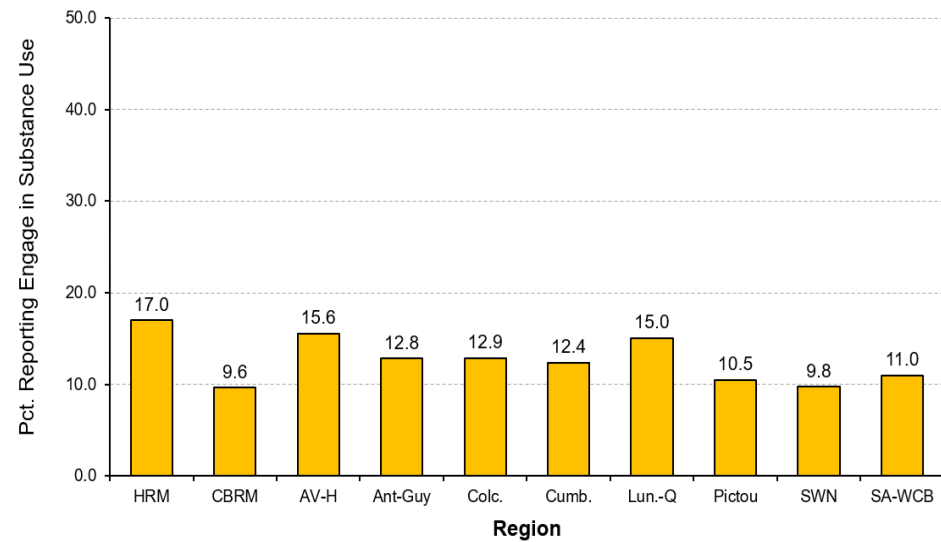
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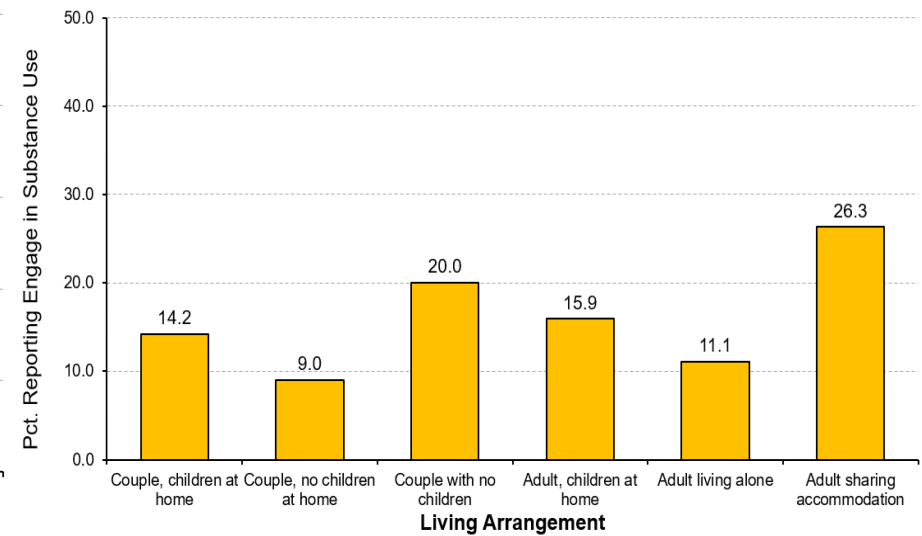
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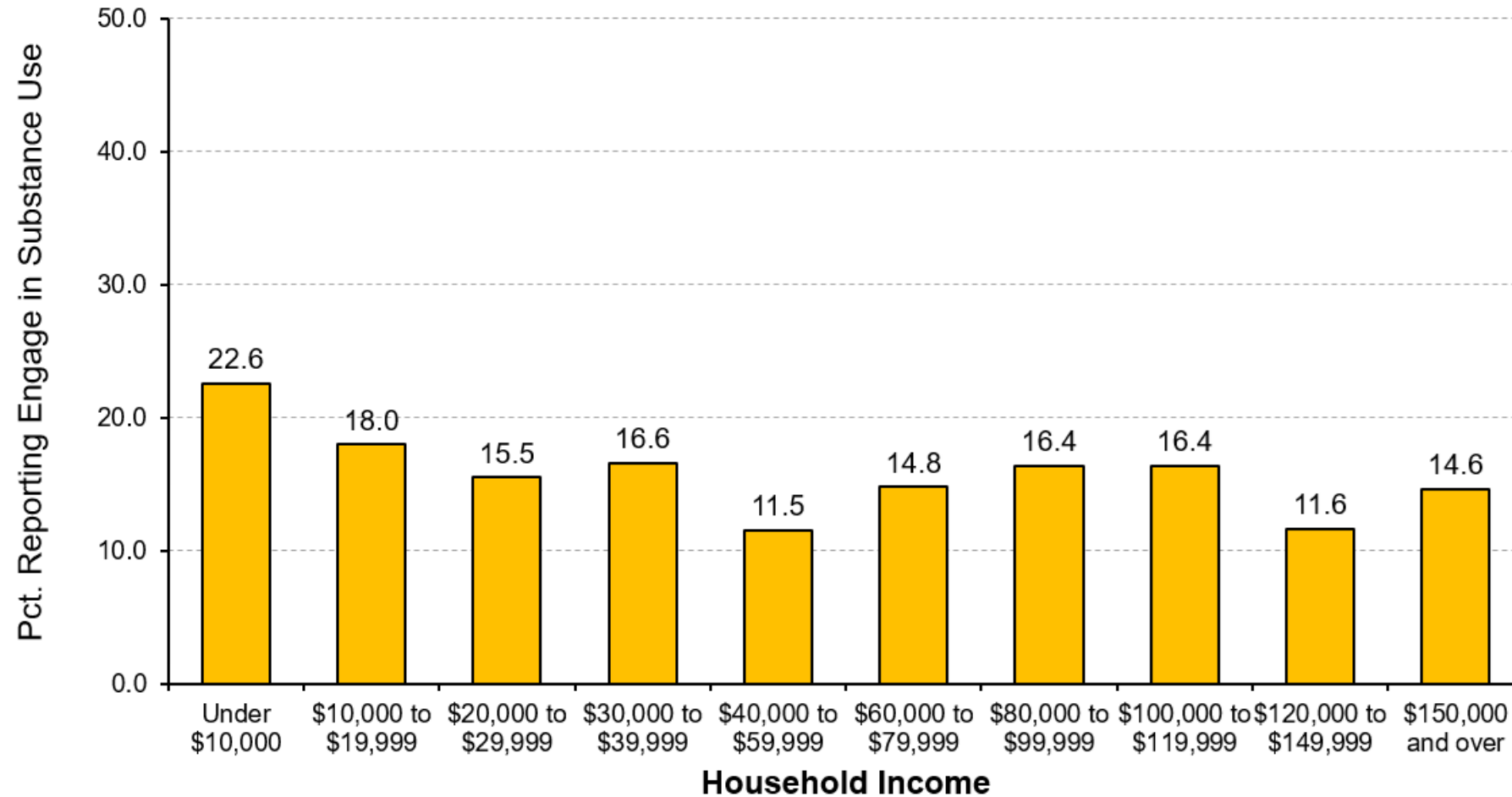


LIVING ARRANGEMENT

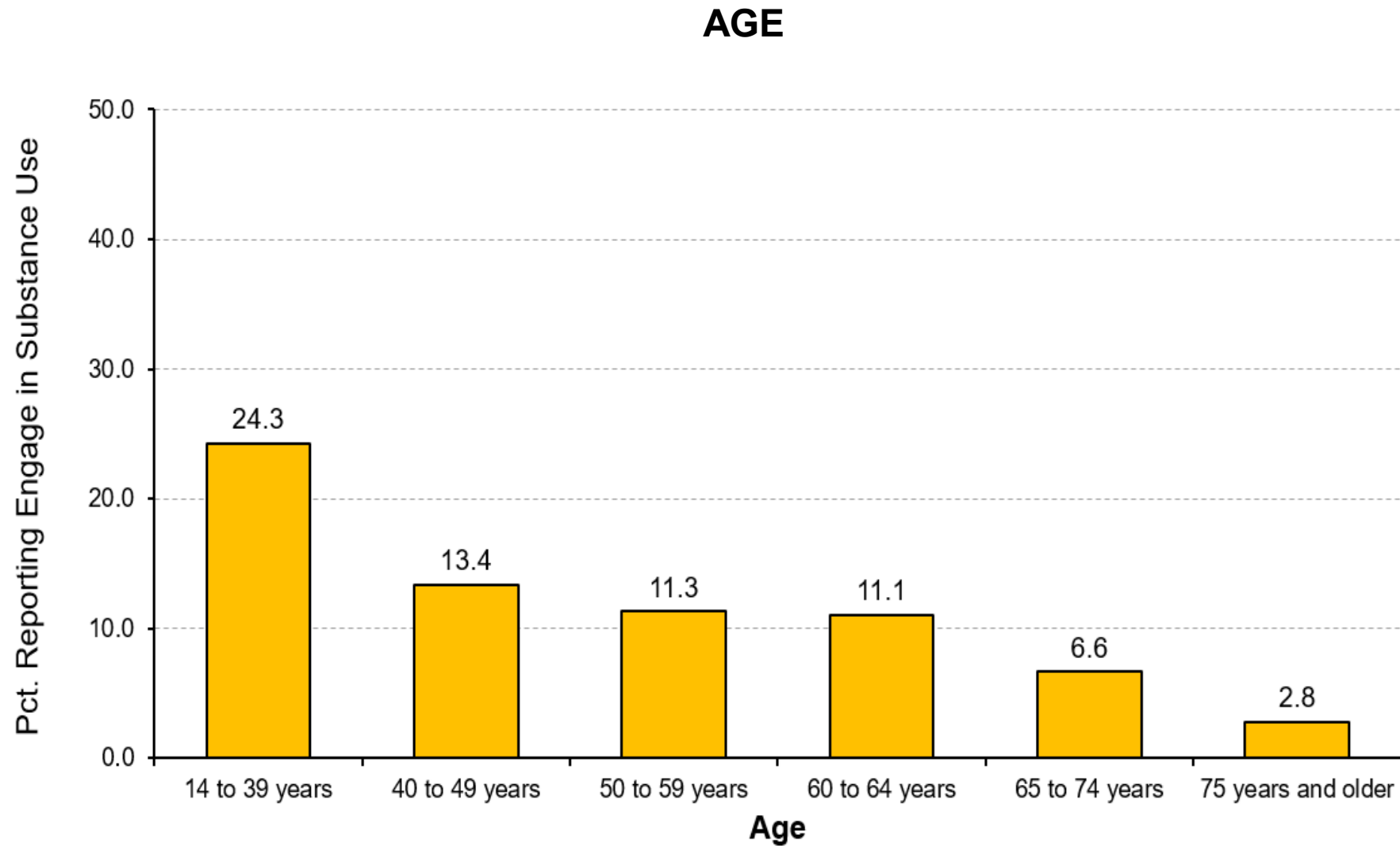


Engage in substance use

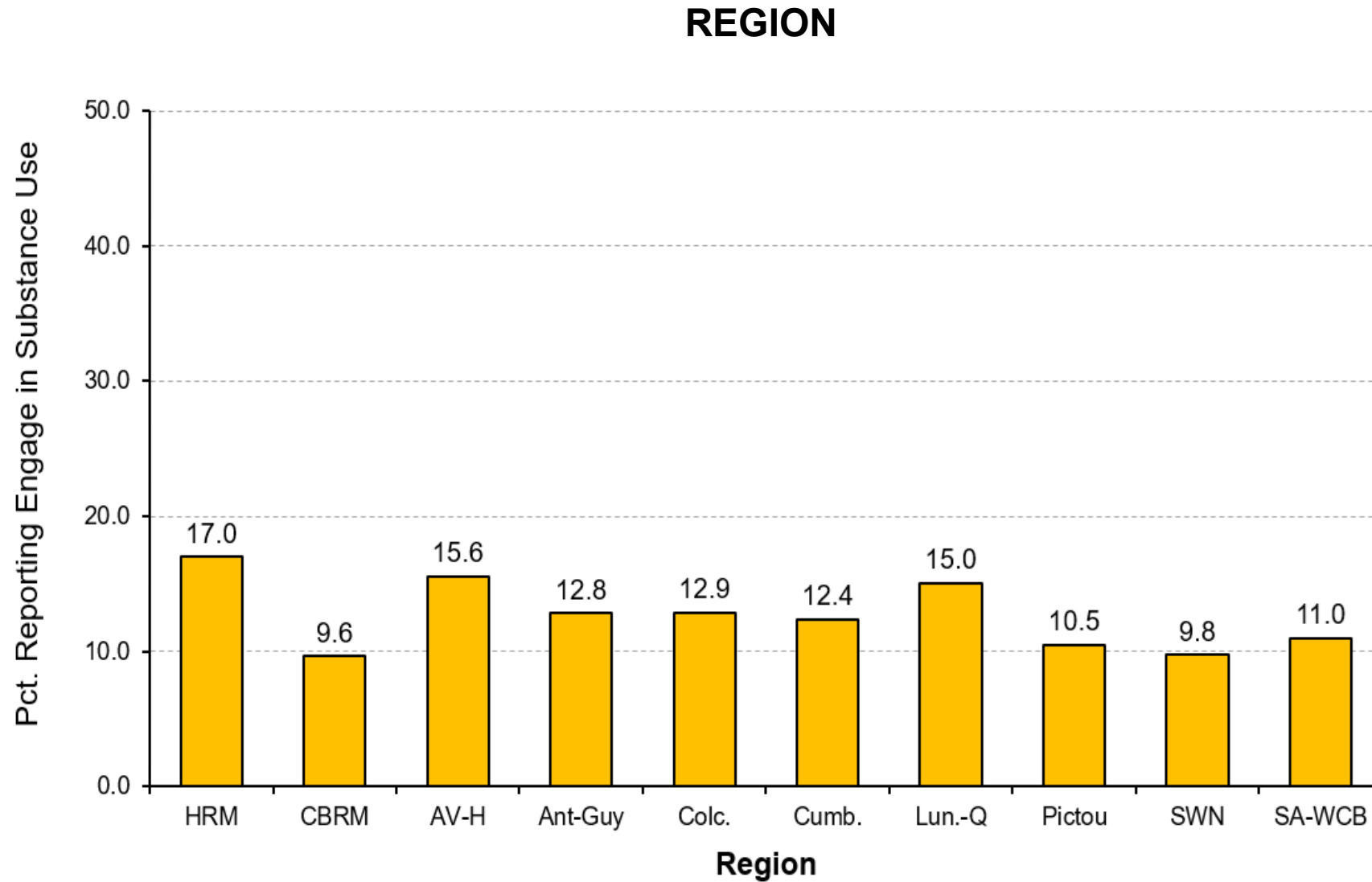
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Engage in substance use

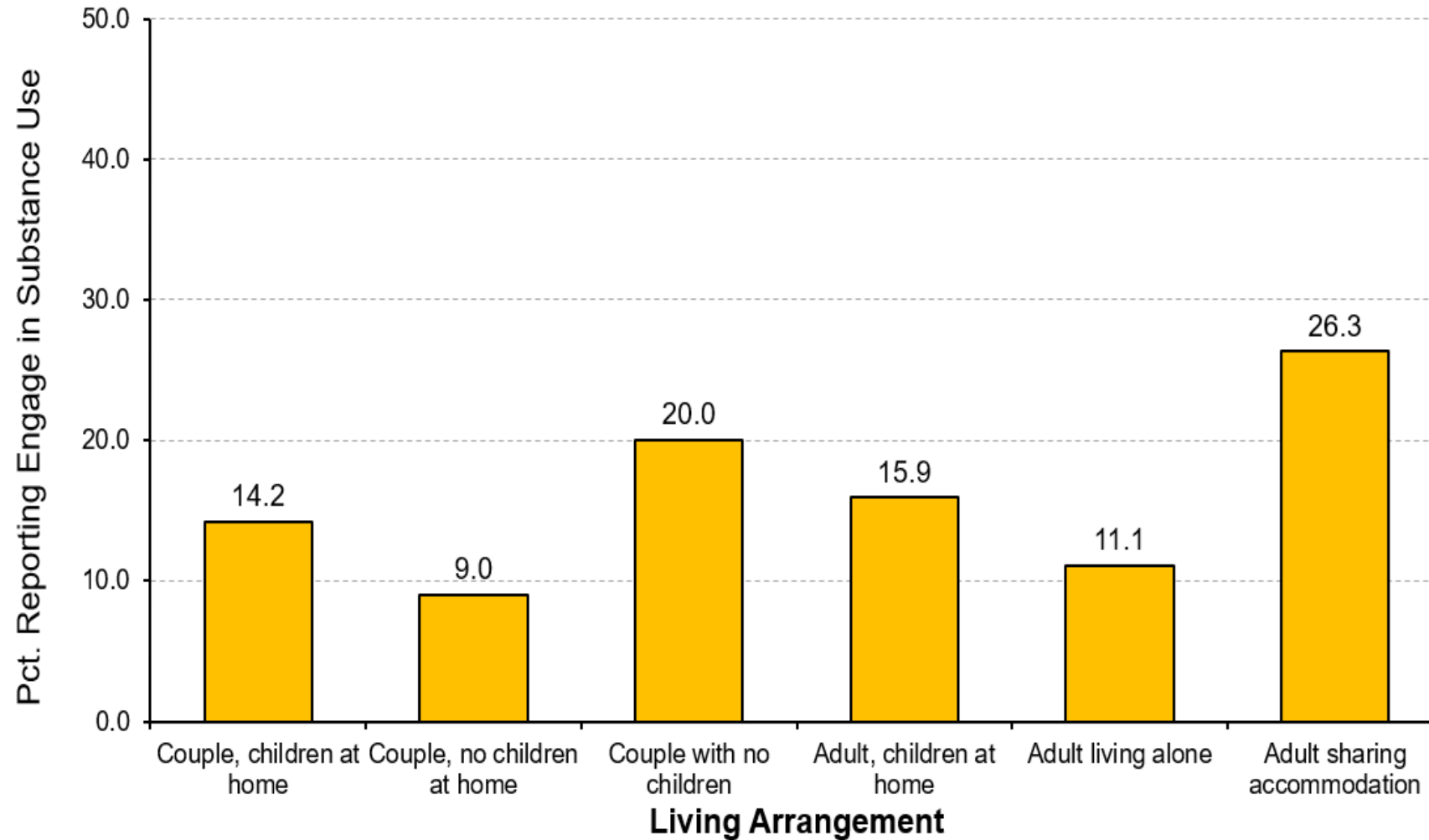


Engage in substance use



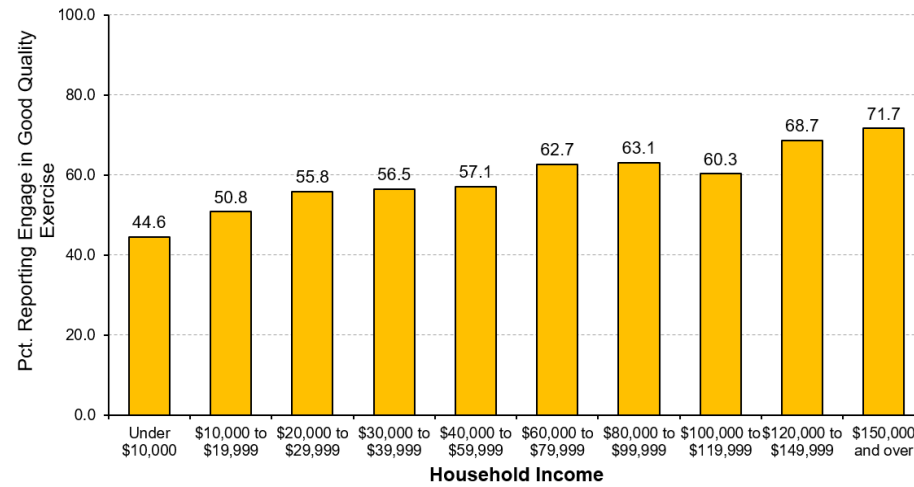
Engage in substance use

LIVING ARRANGEMENT

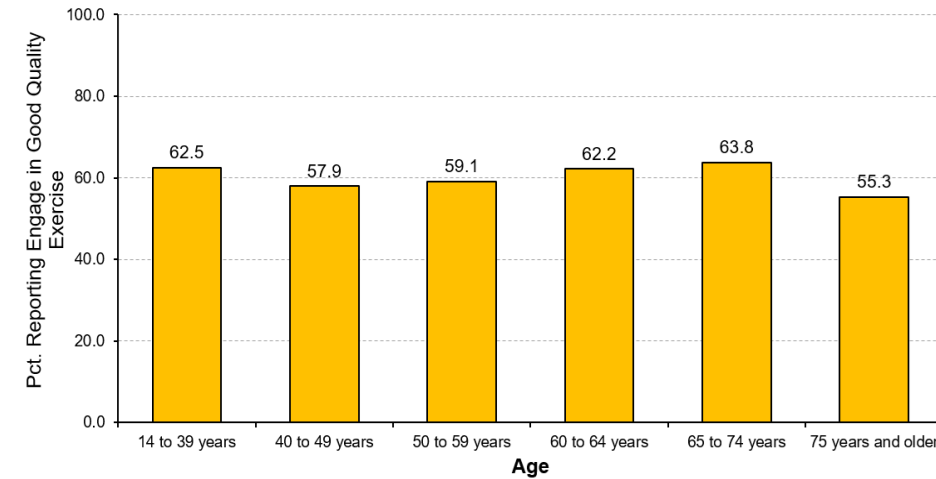


Engage in good quality exercise

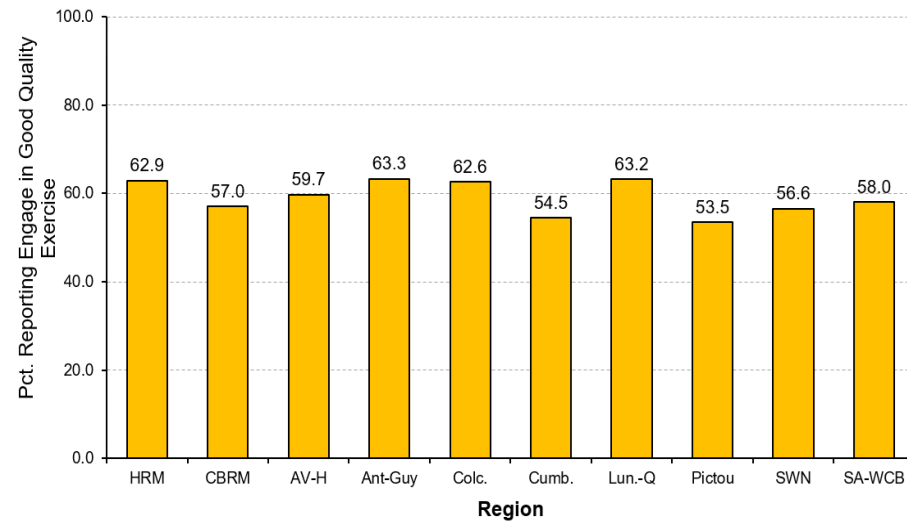
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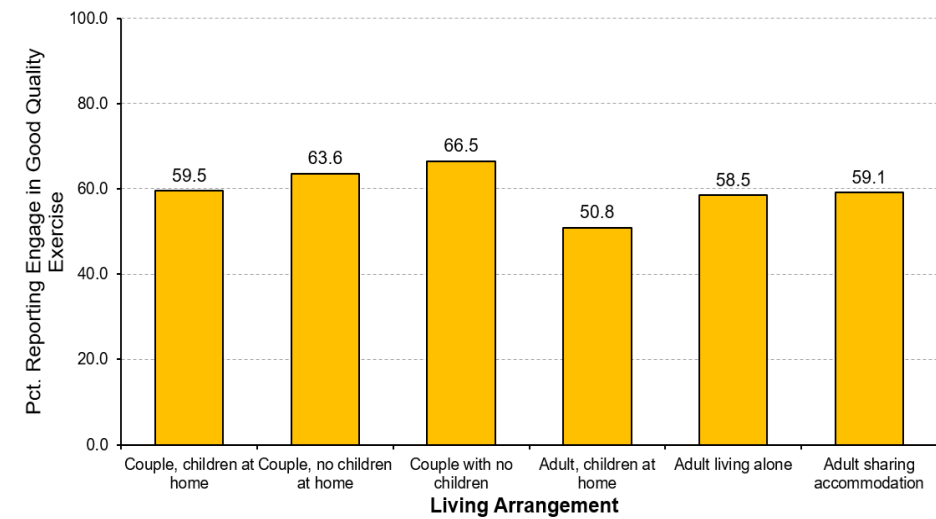
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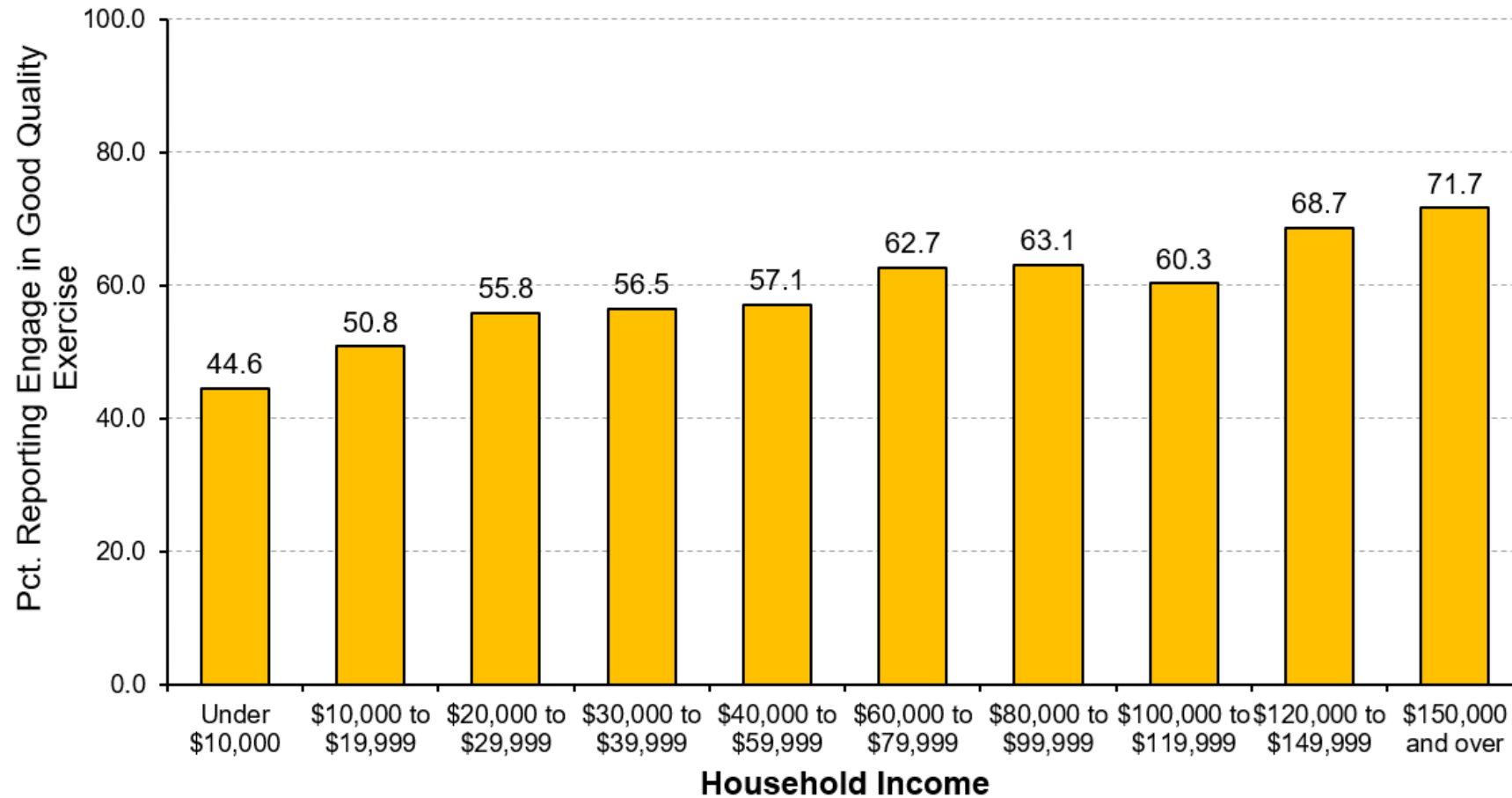


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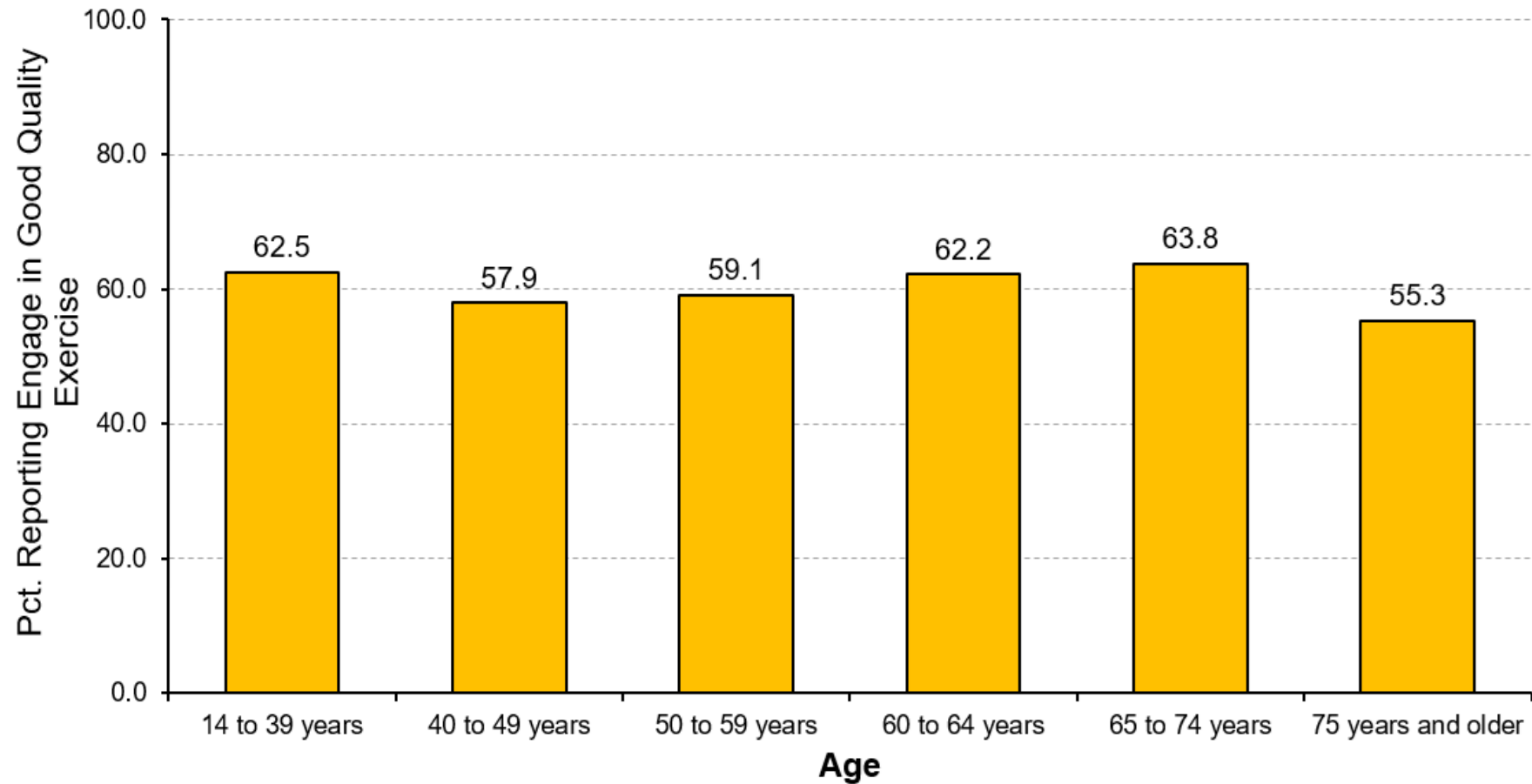
Engage in good quality exercise

INCOME

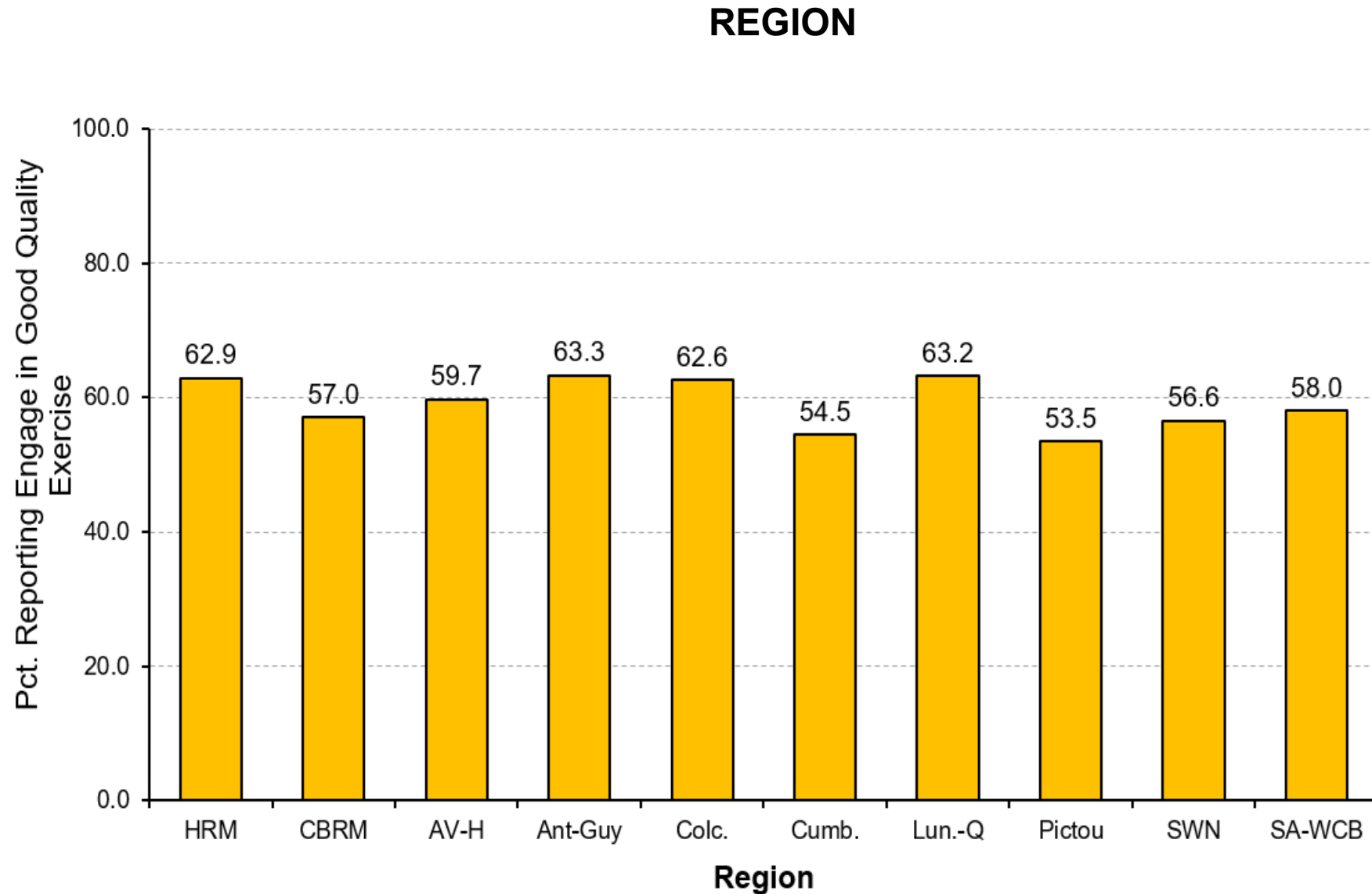


Engage in good quality exercise

AGE

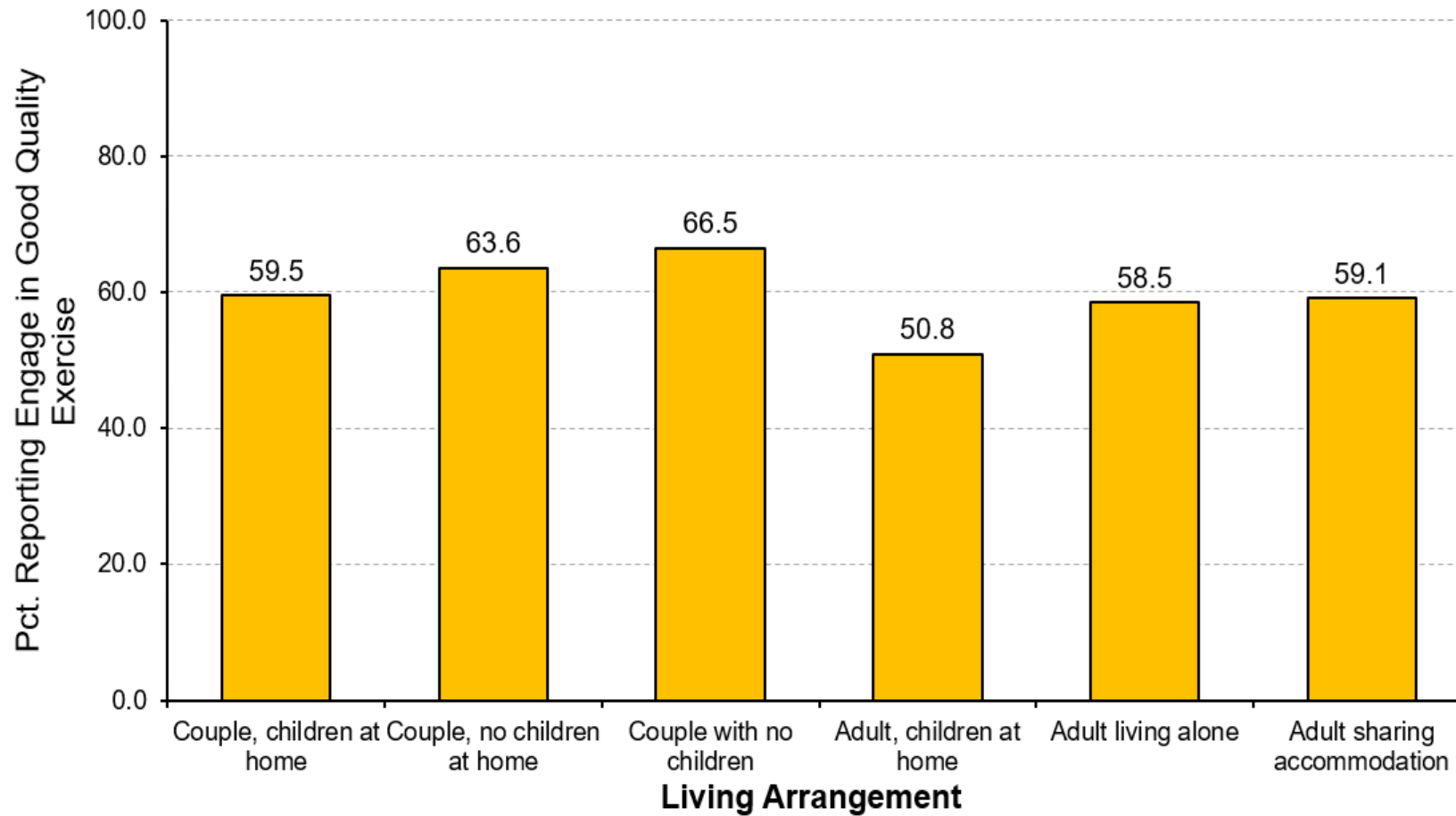


Engage in good quality exercise



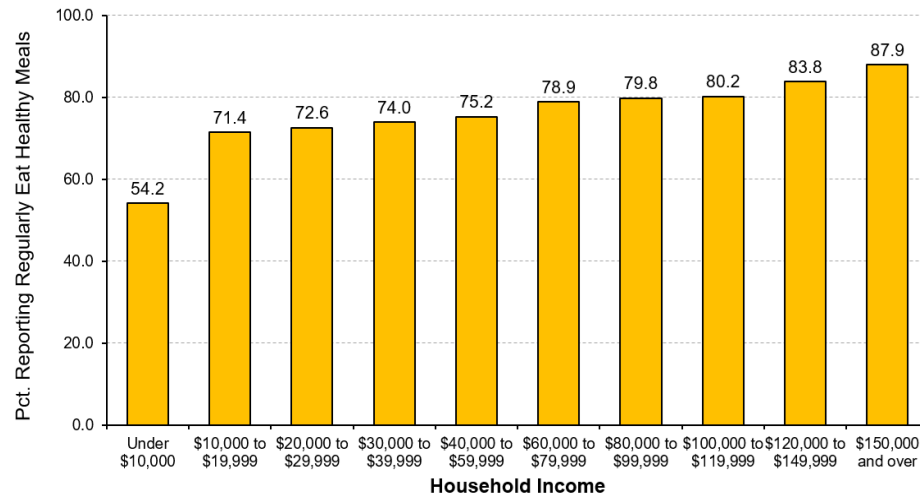
Engage in good quality exercise

LIVING ARRANGEMENT

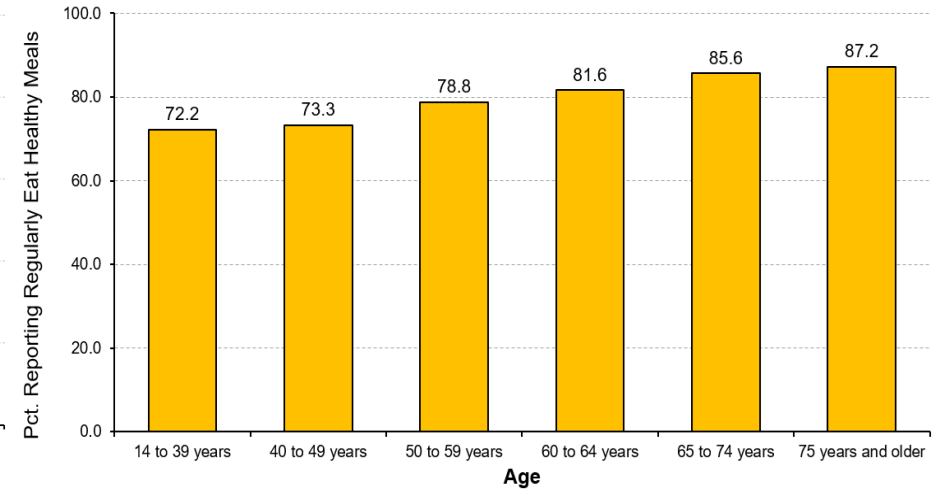


Ate healthy meals

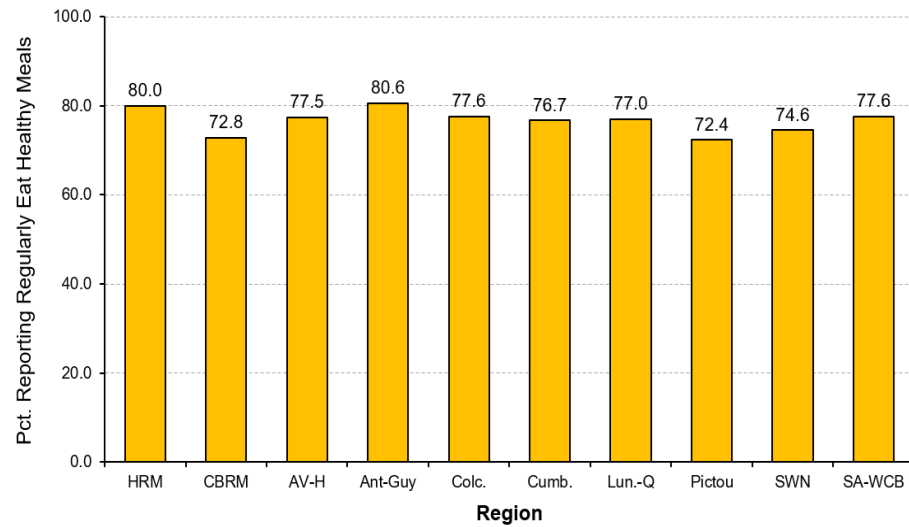
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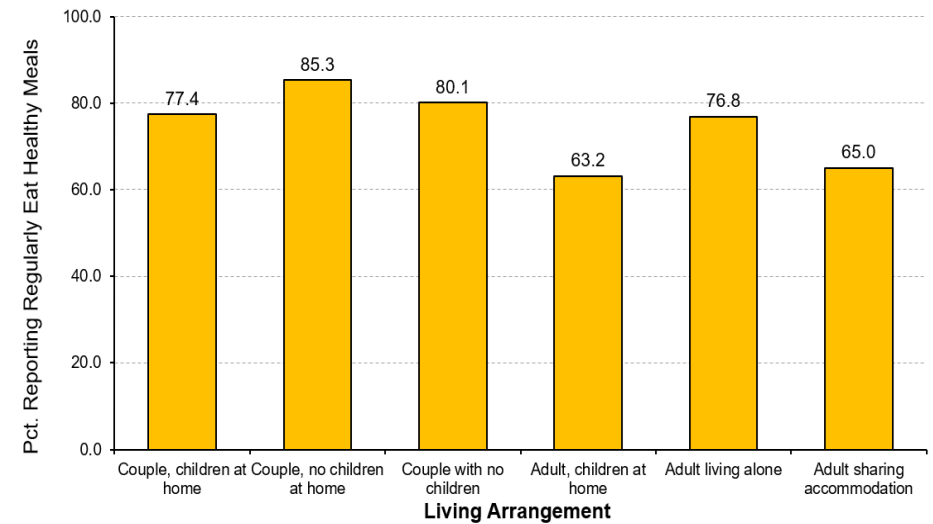
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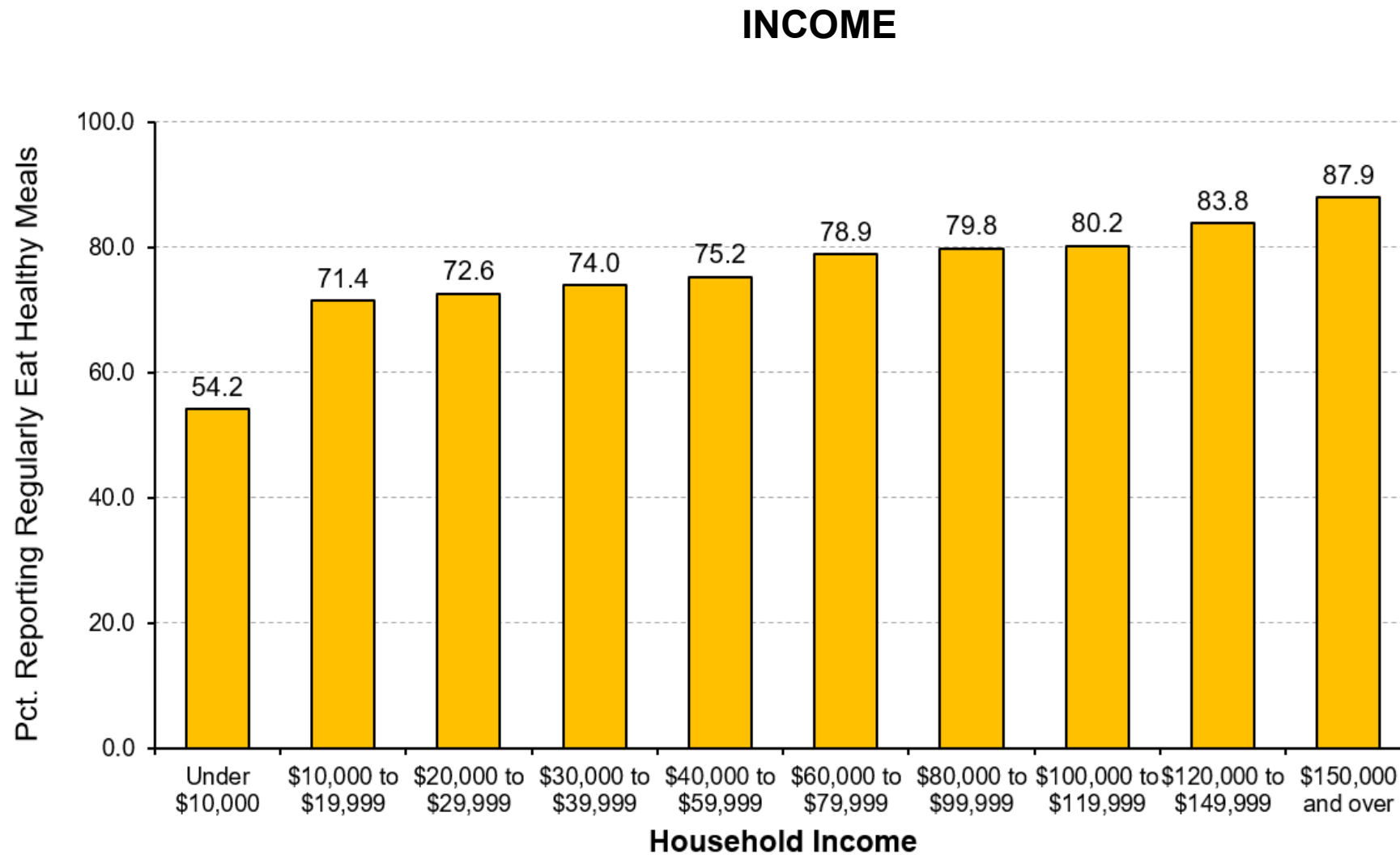
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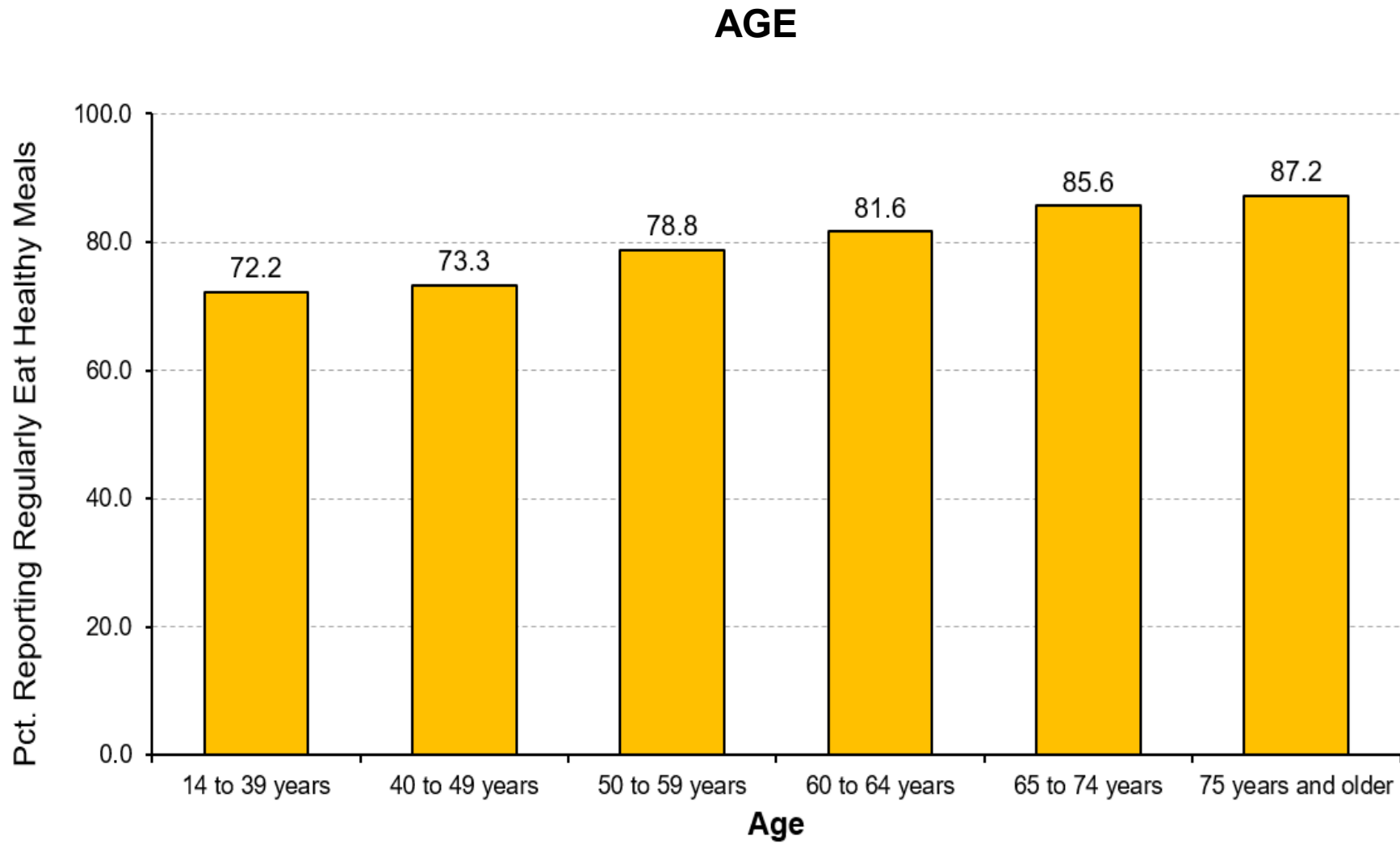
LIVING ARRANGEMENT



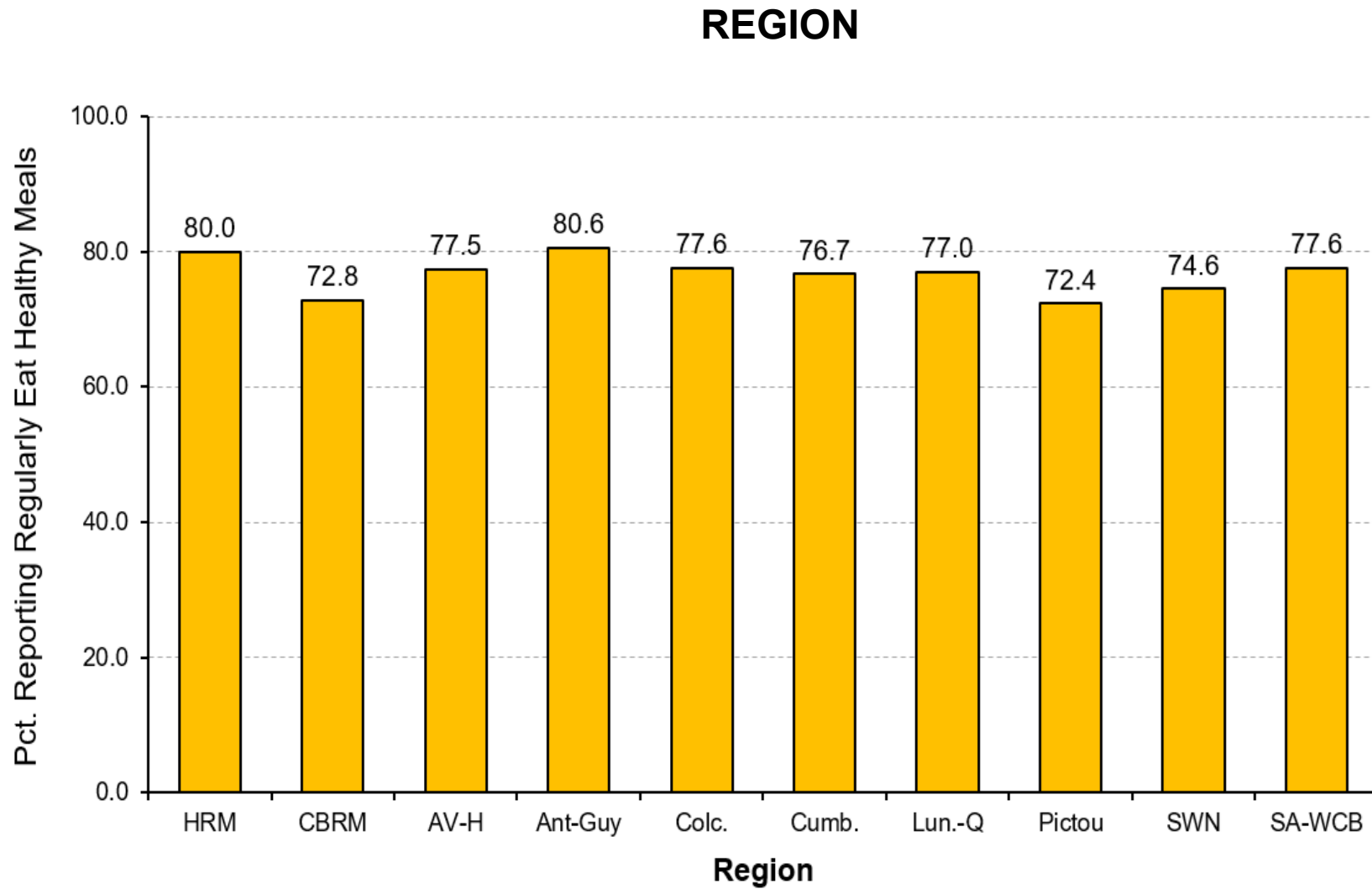
Ate healthy meals



Ate healthy meals

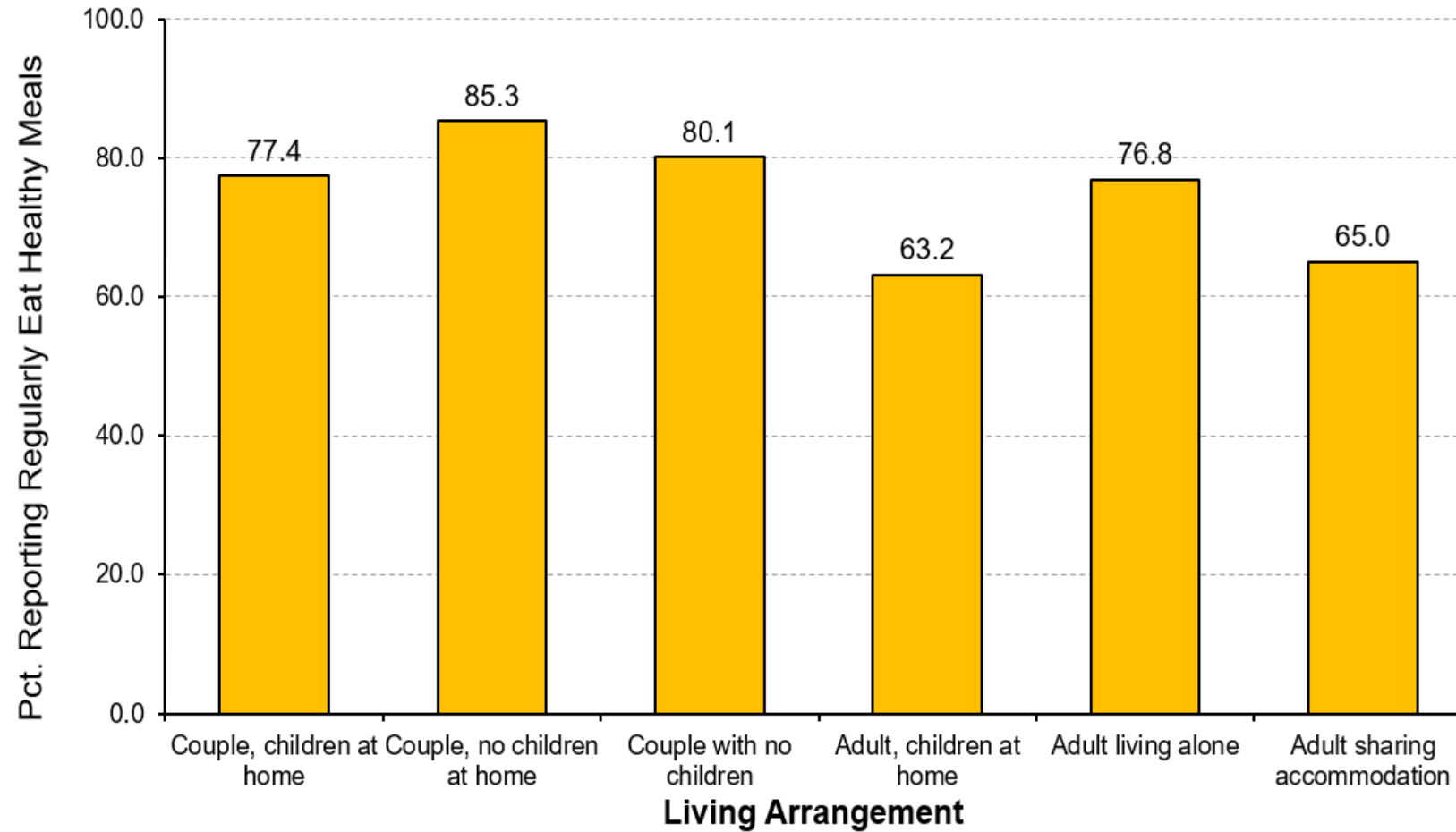


Ate healthy meals



Ate healthy meals

LIVING ARRANGEMENT



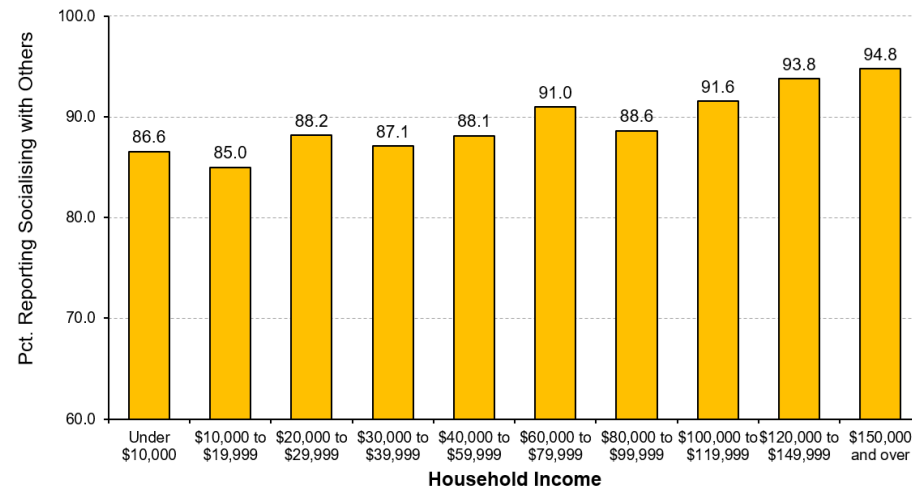


Leisure and Culture

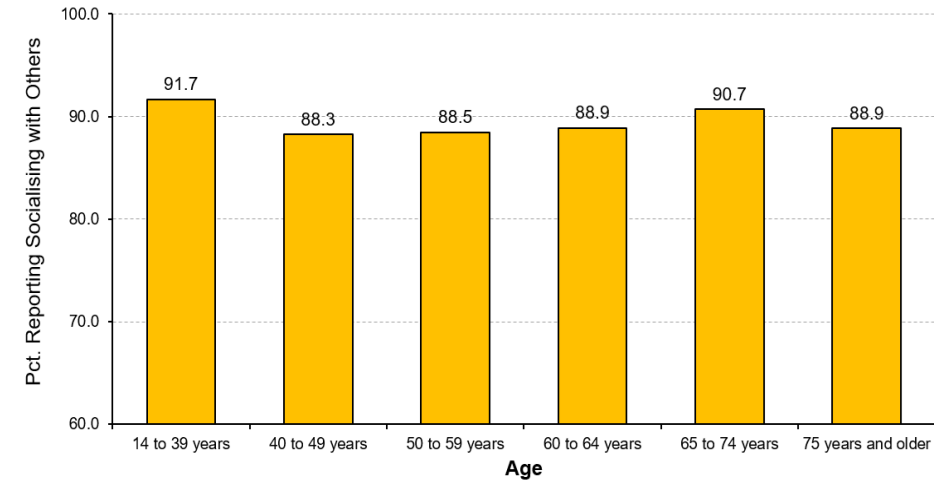


Socialising with friends

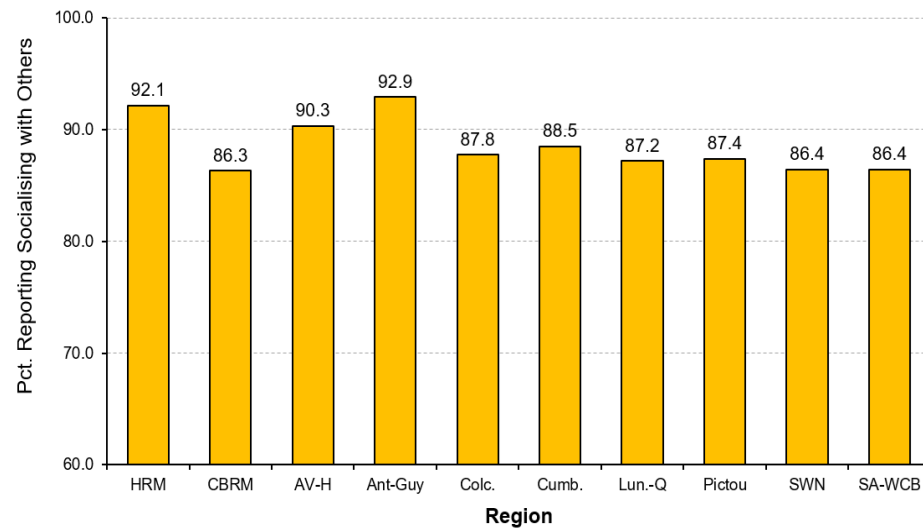
INCOME



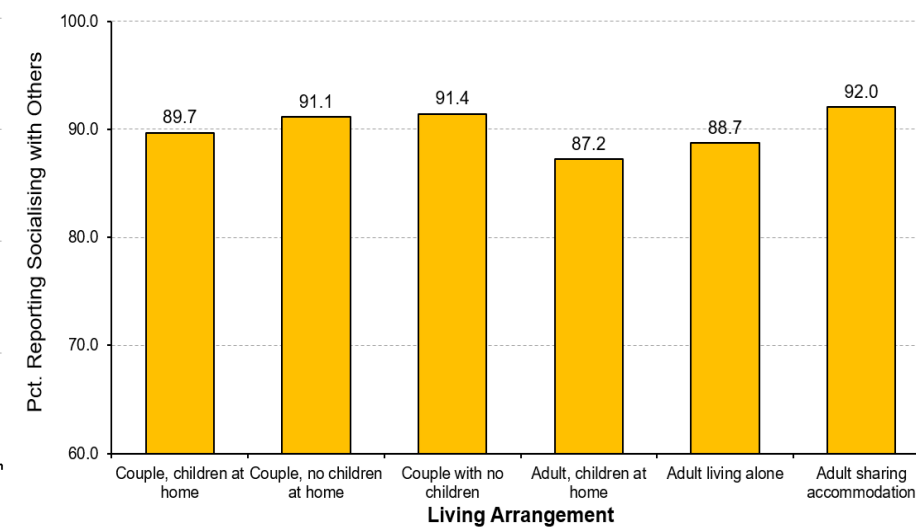
AGE



REGION

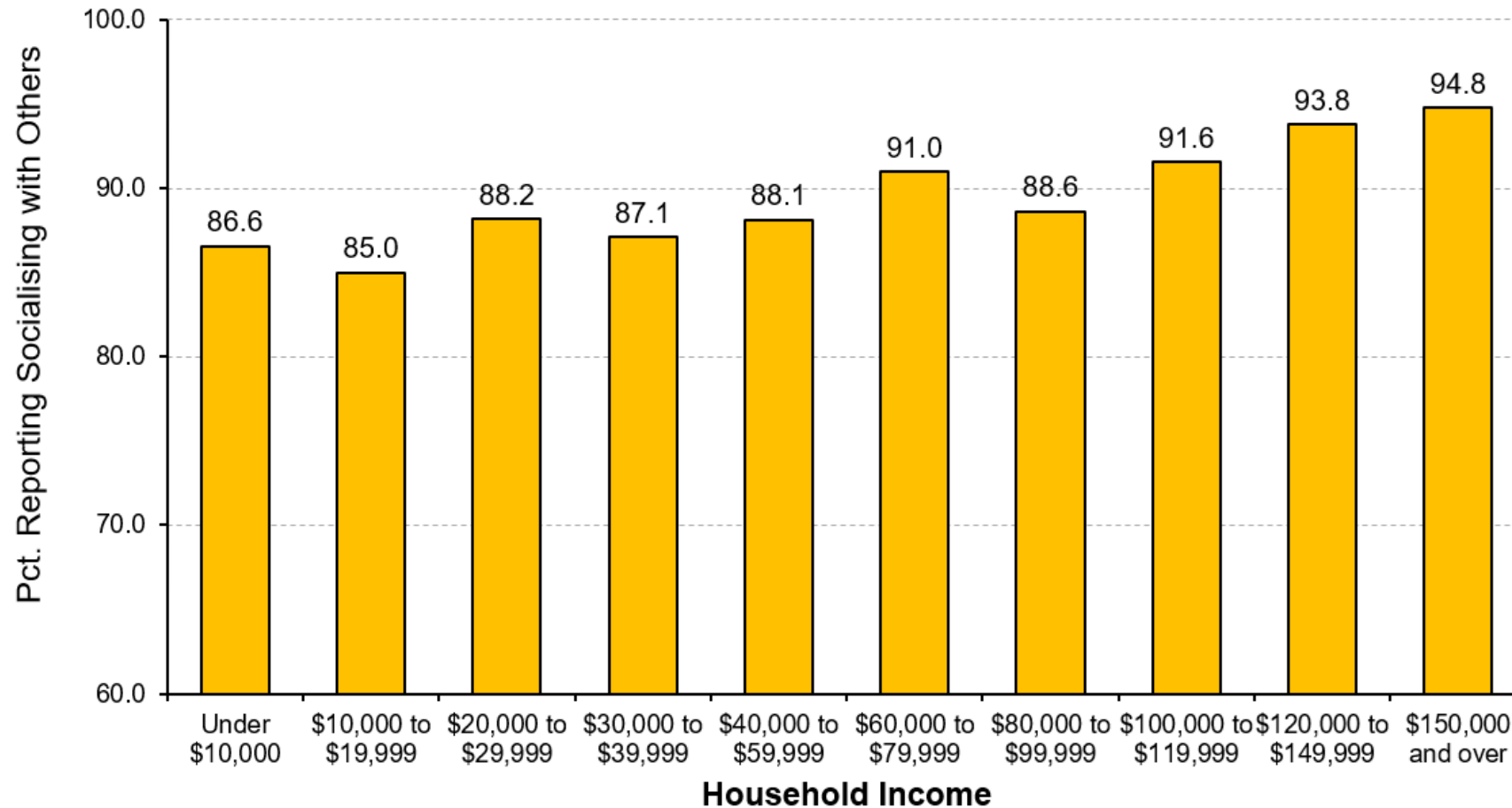


LIVING ARRANGEMENT

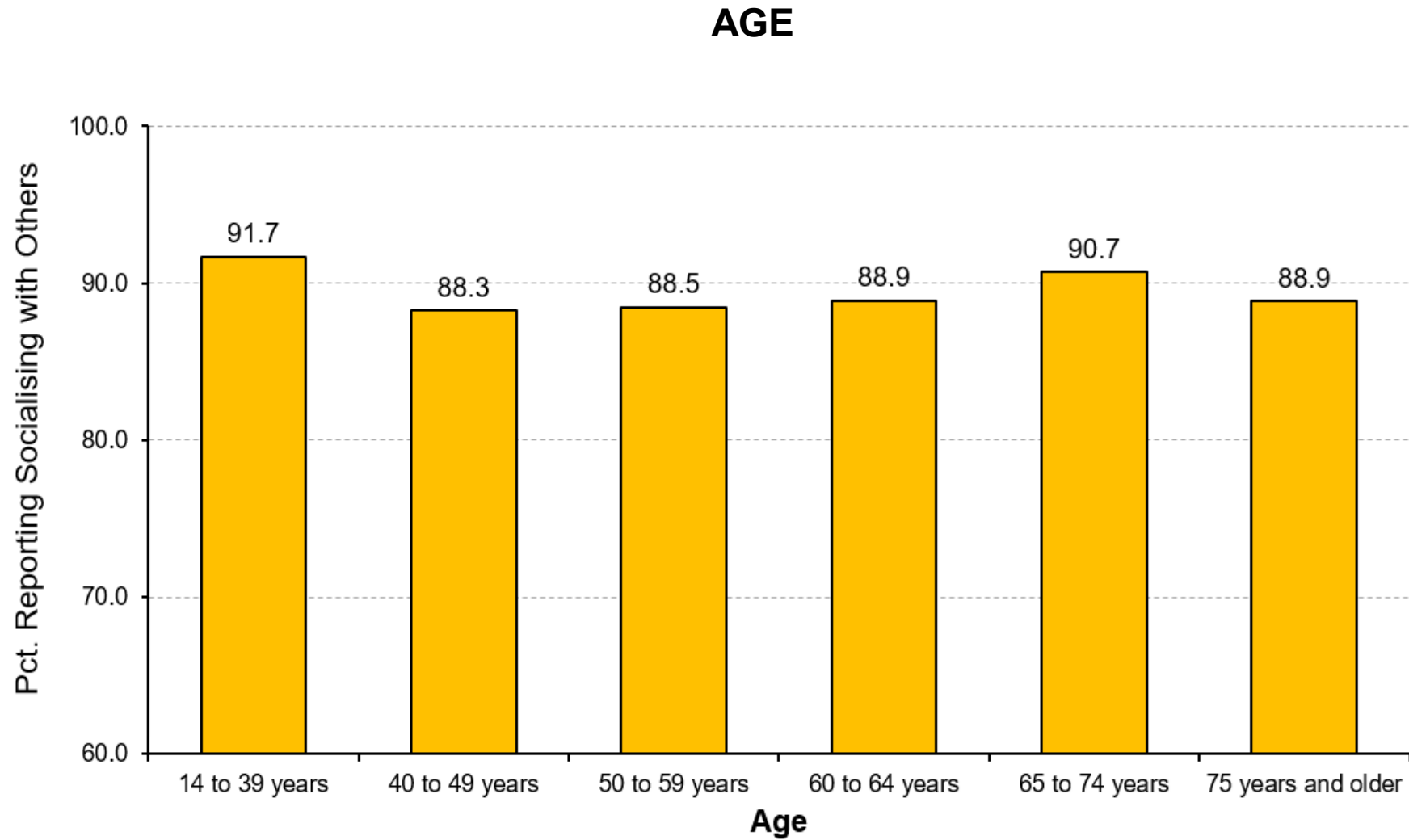


Socialising with friends

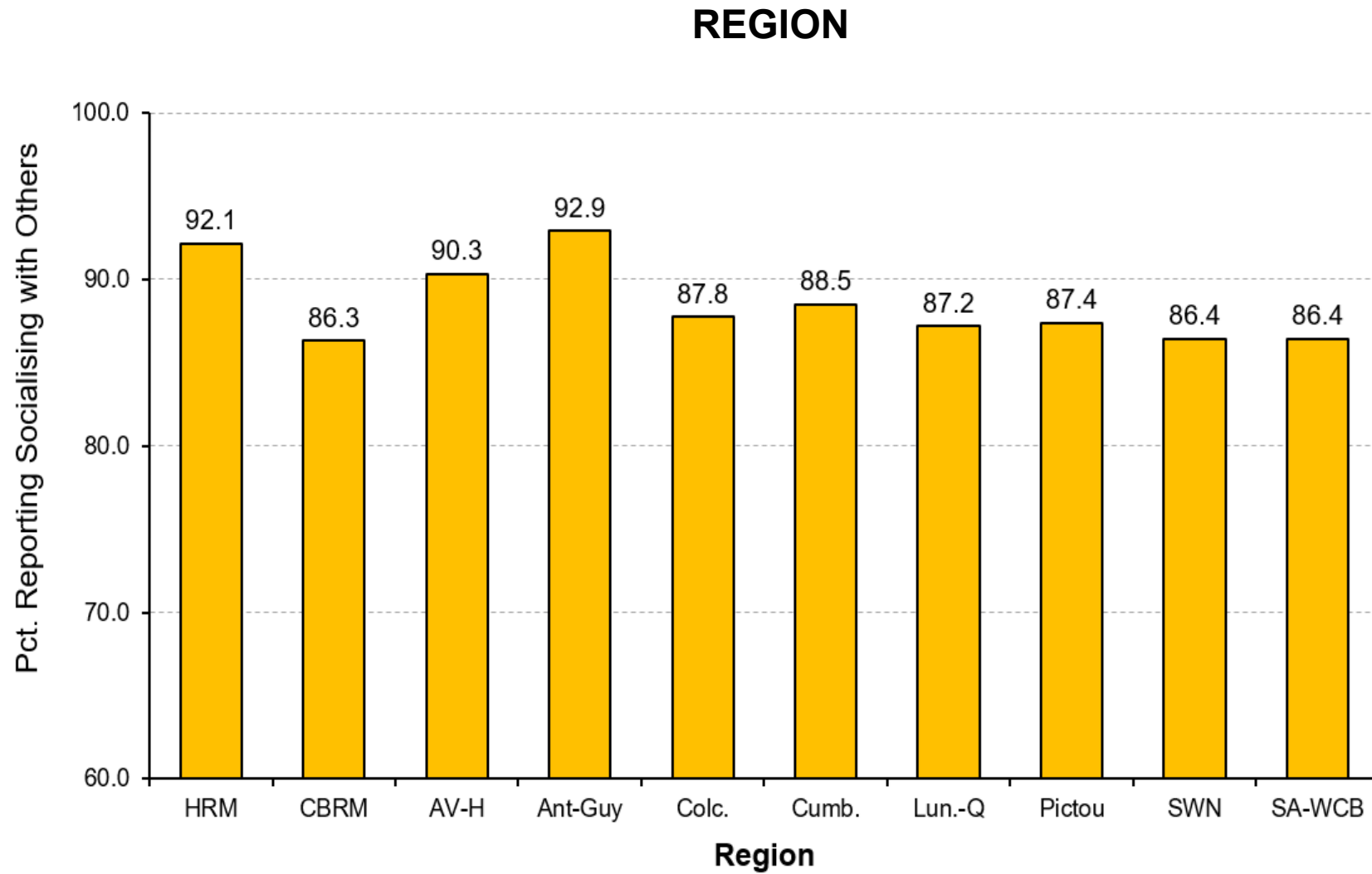
INCOME



Socialising with friends

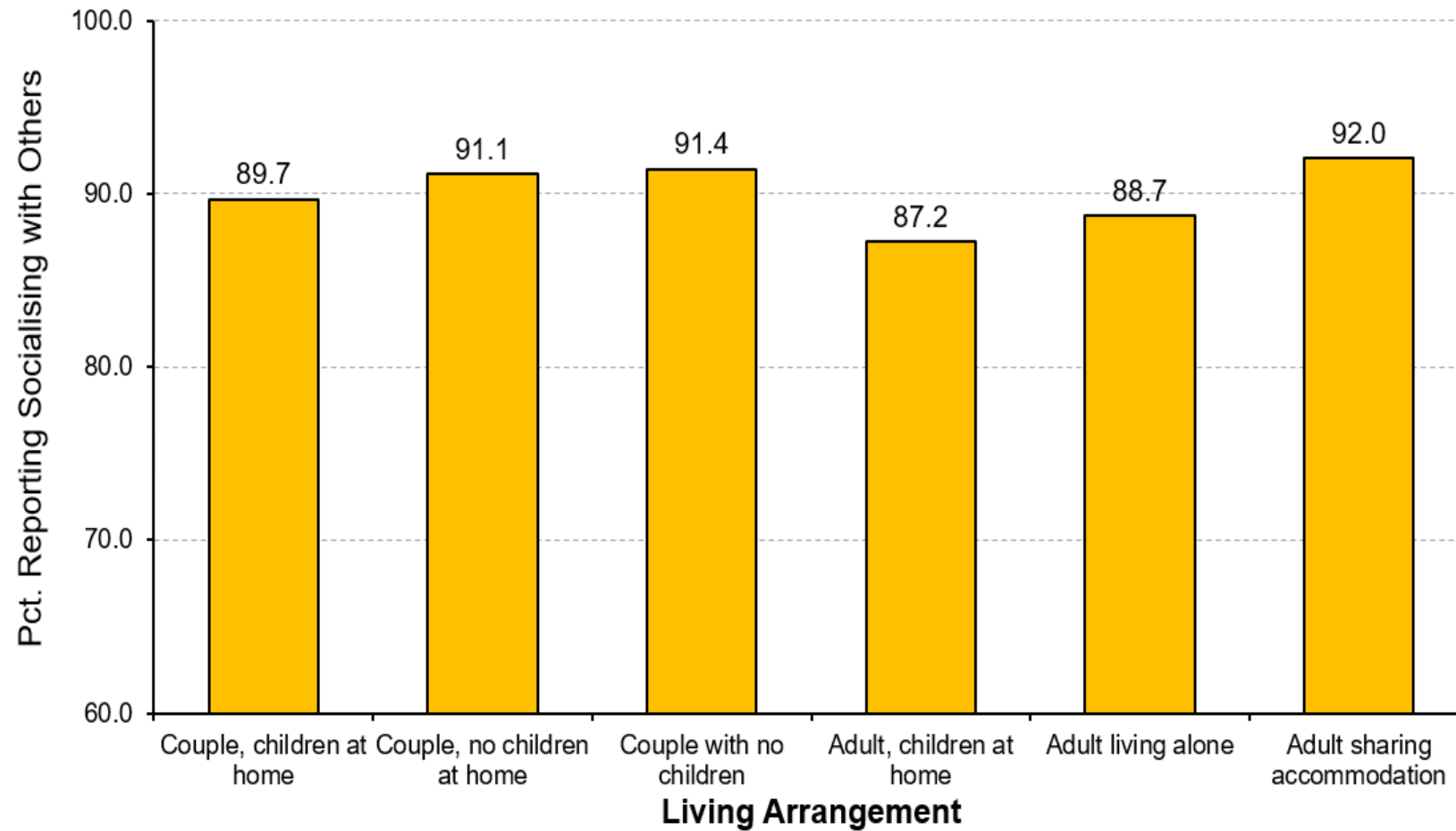


Socialising with friends



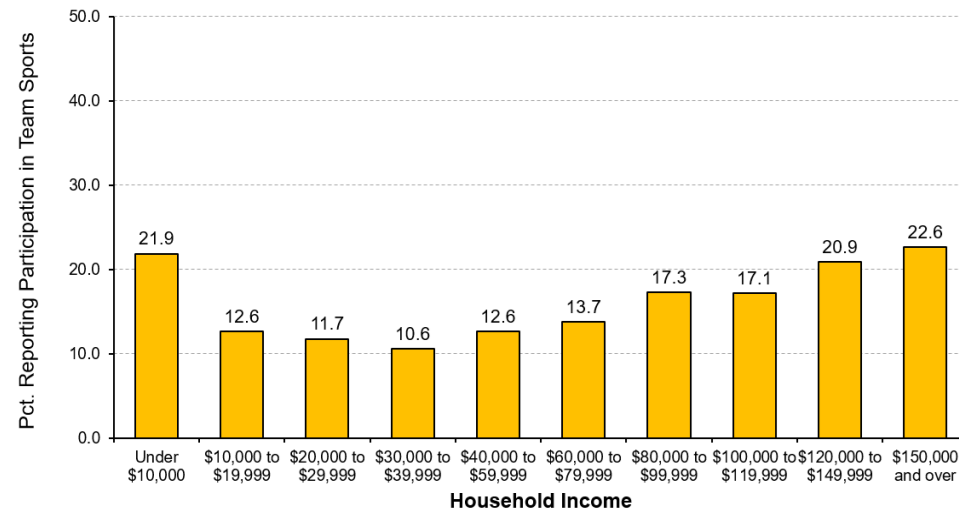
Socialising with friends

LIVING ARRANGEMENT

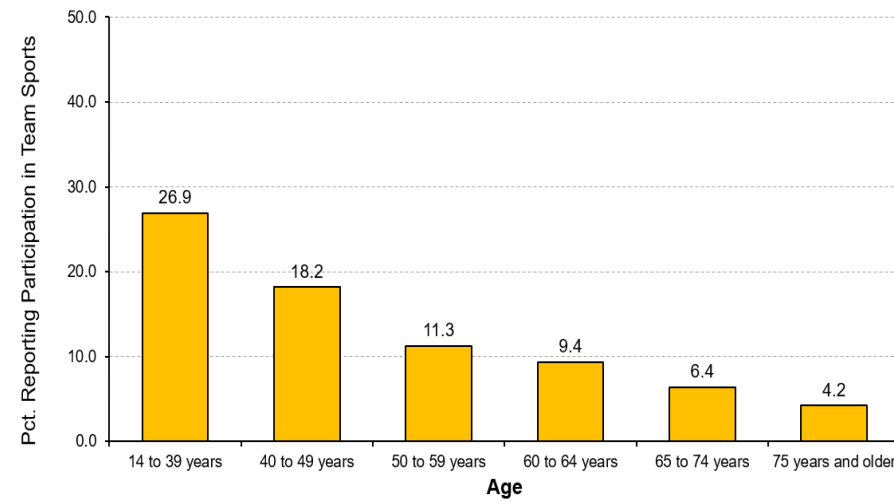


Participation in team sports

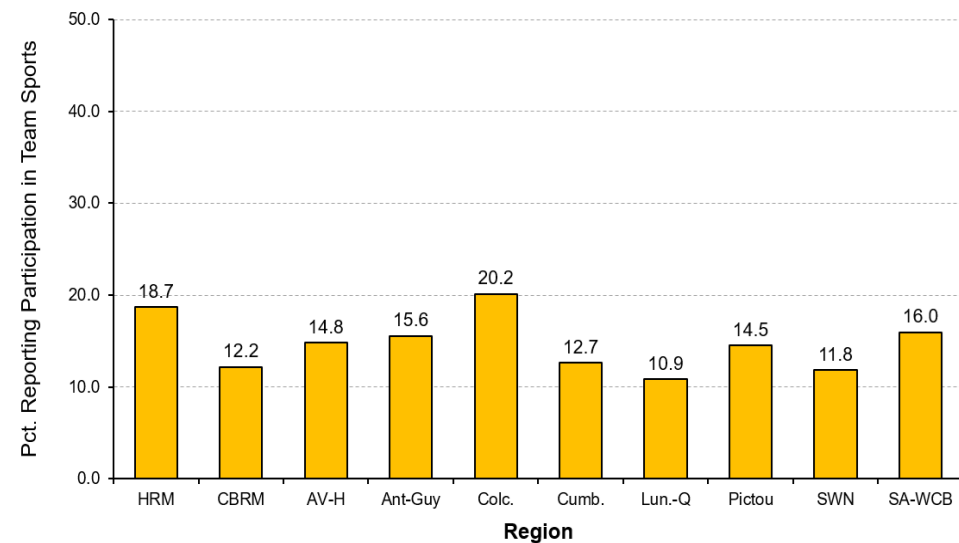
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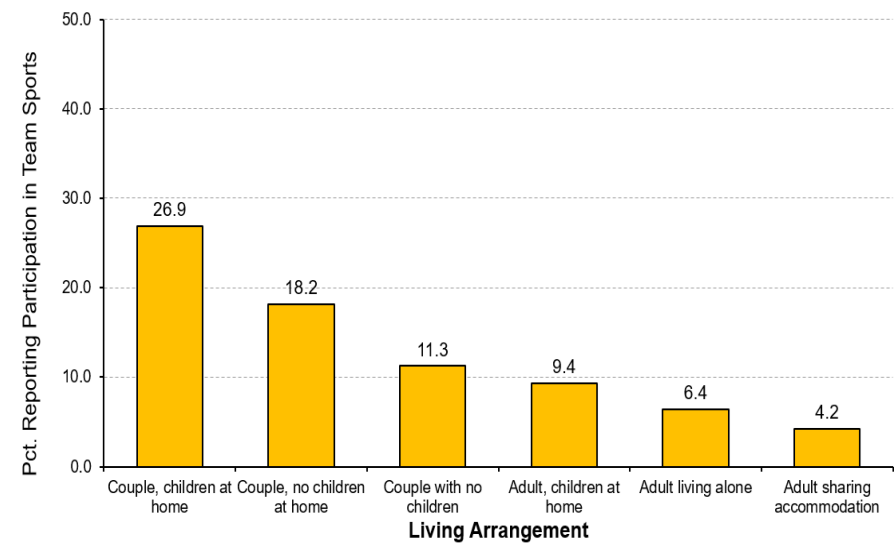
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REGION

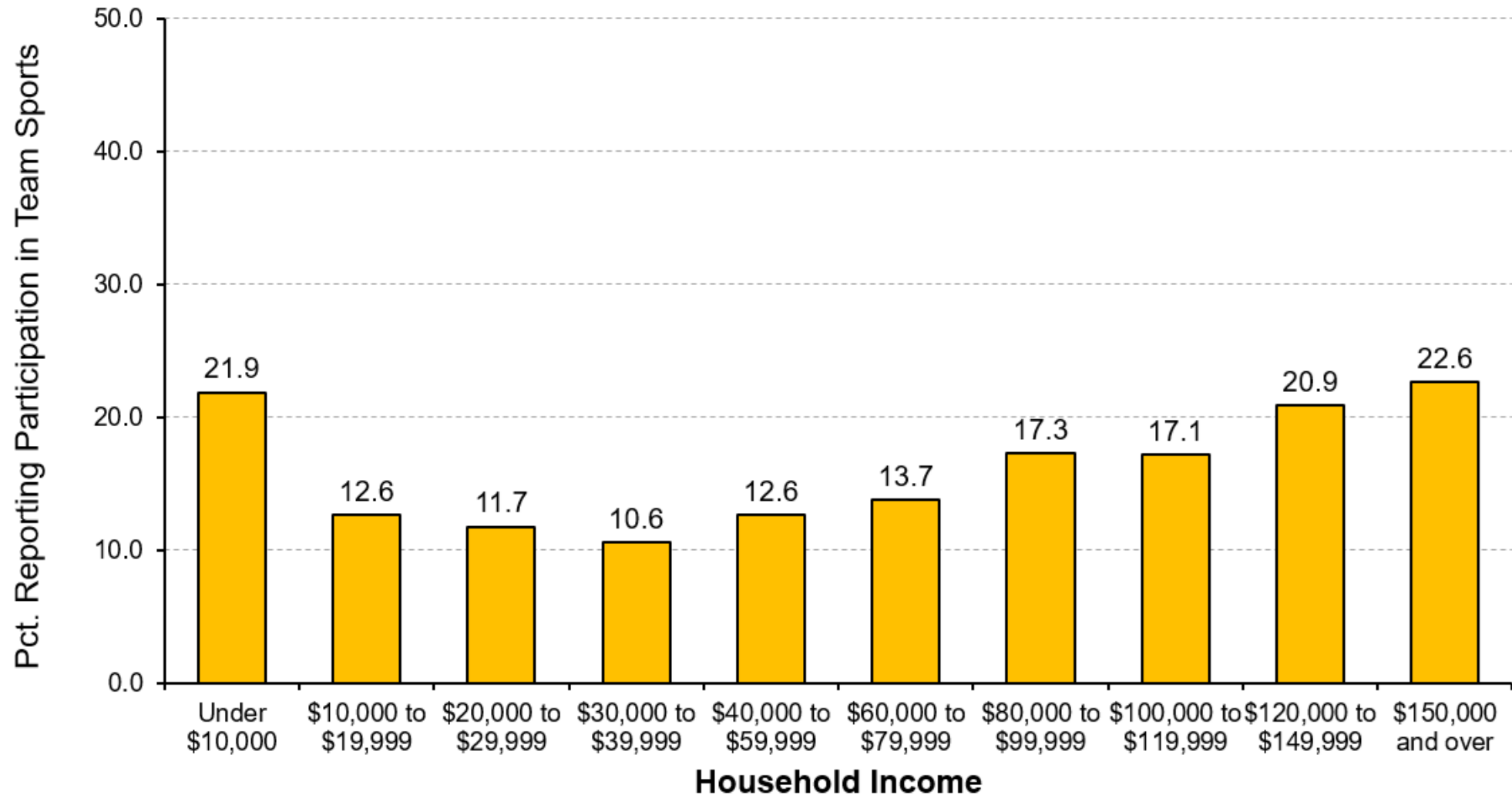


LIVING ARRANGEMENT



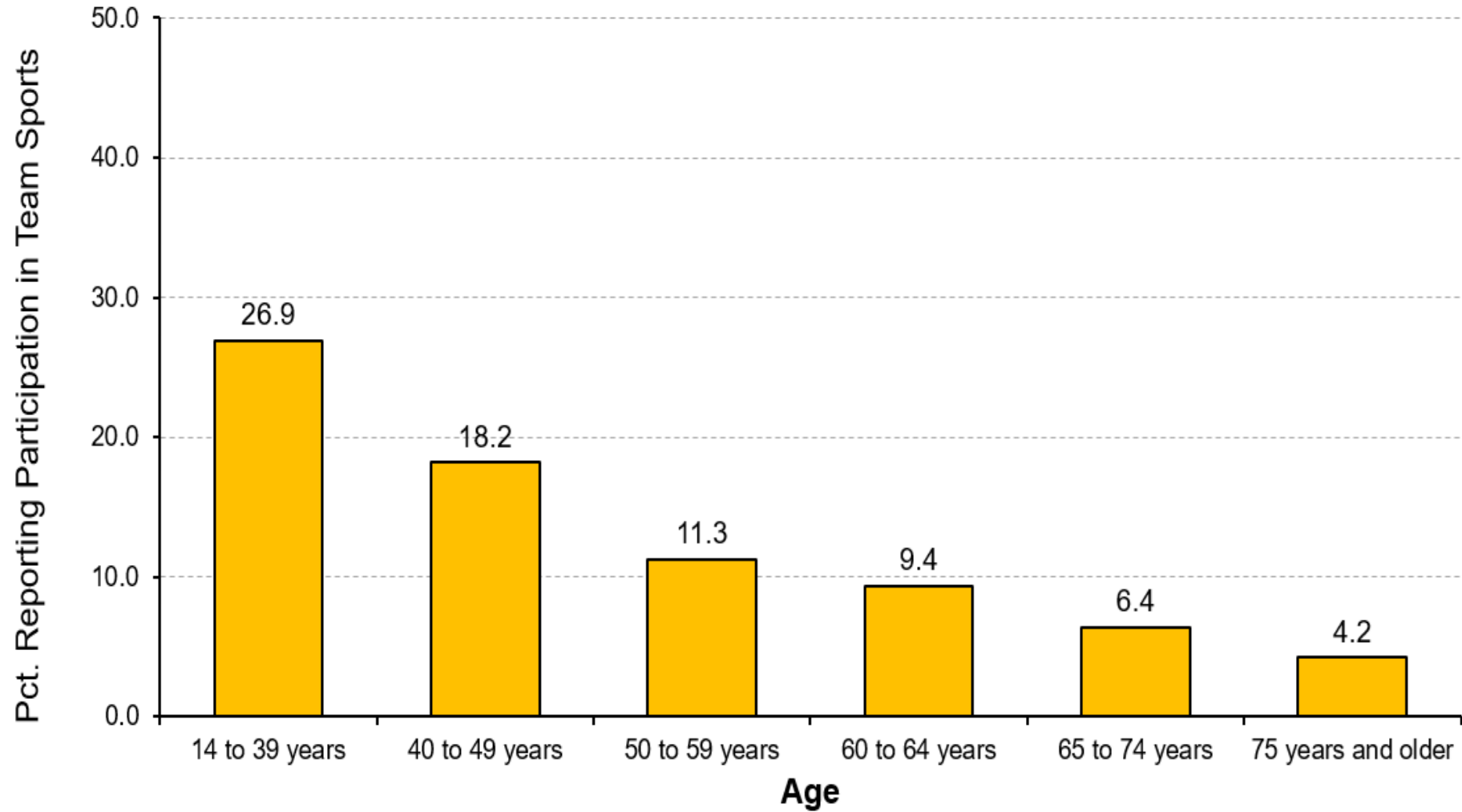
Participation in team sports

INCOME

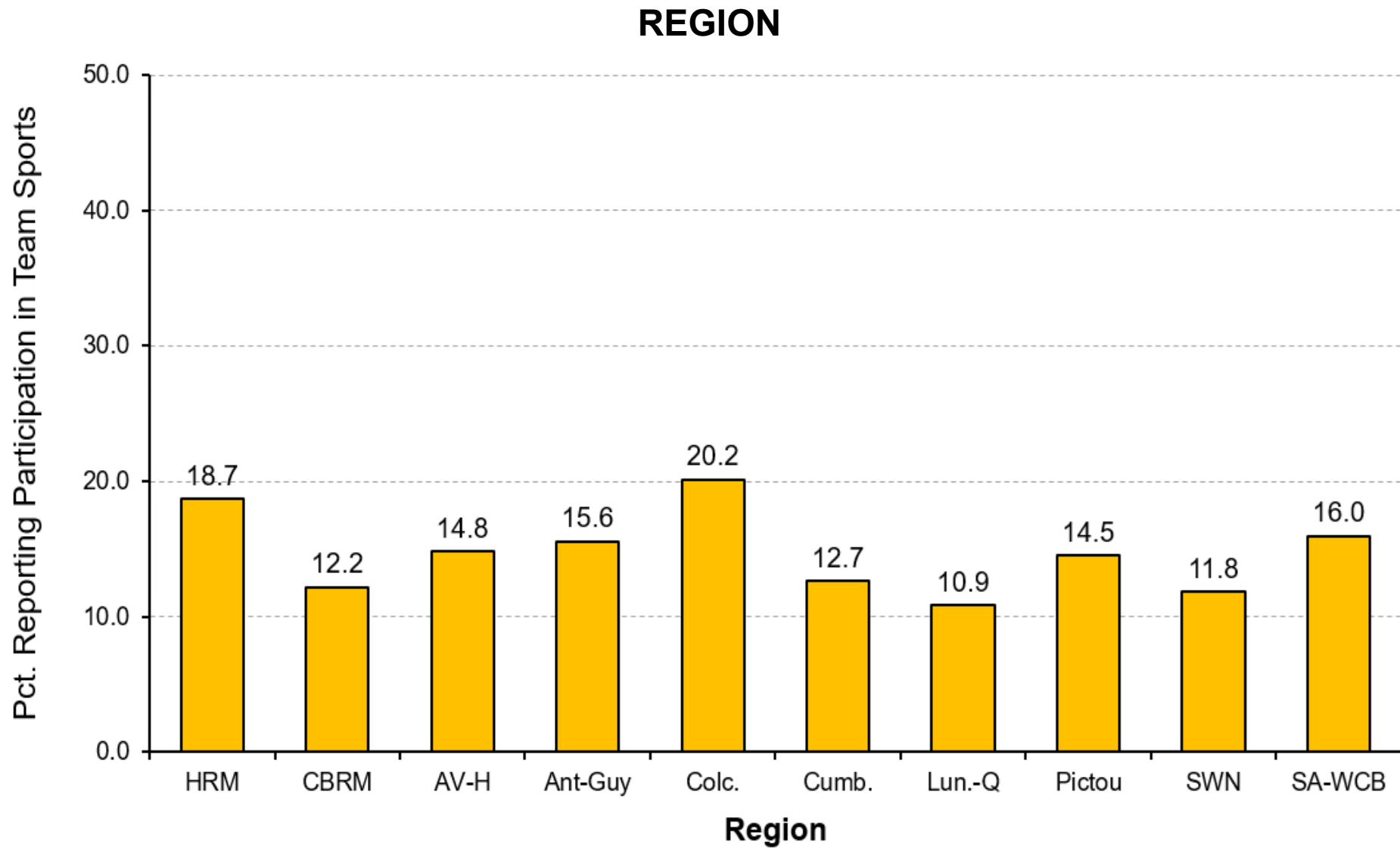


Participation in team sports

AGE

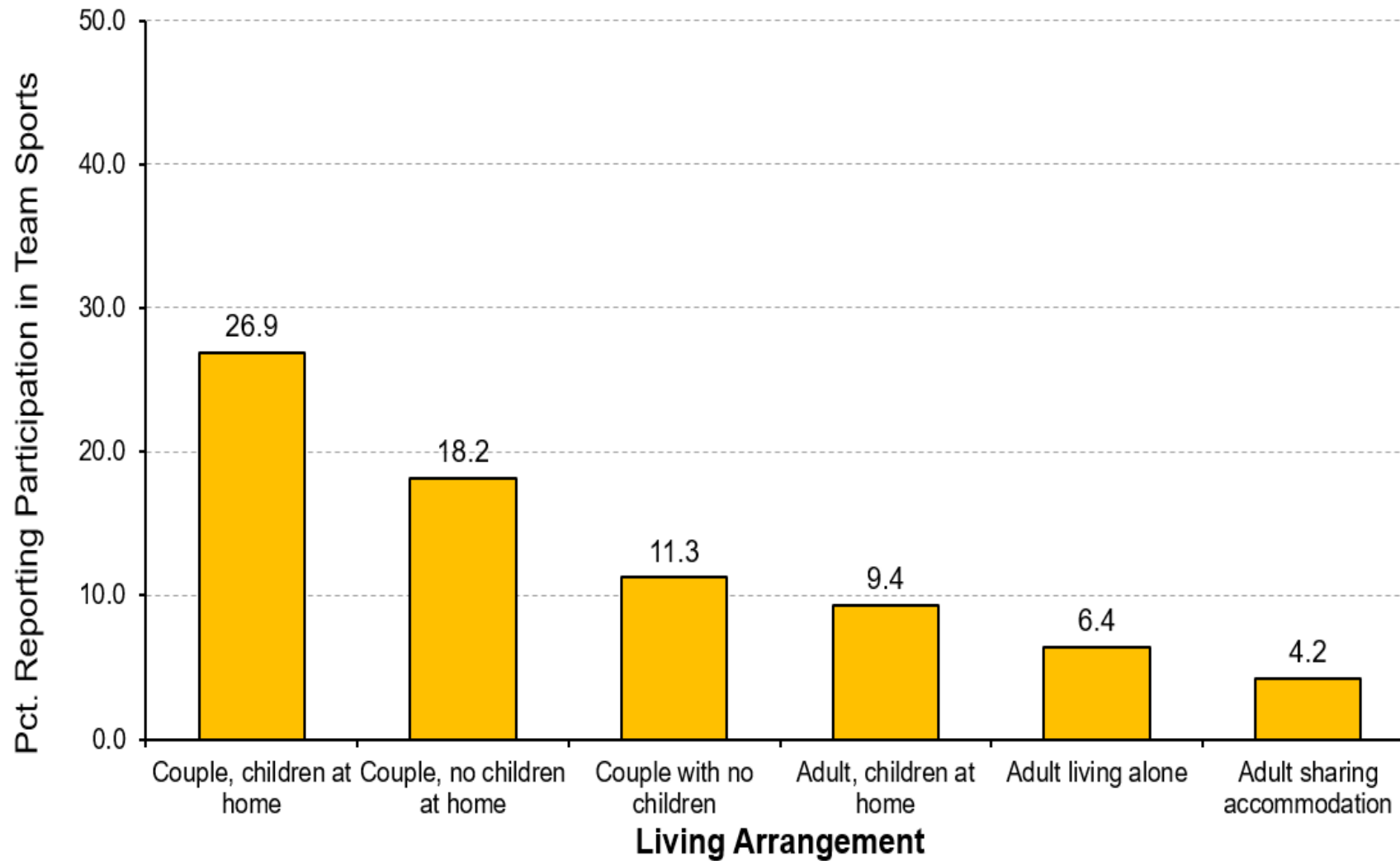


Participation in team sports



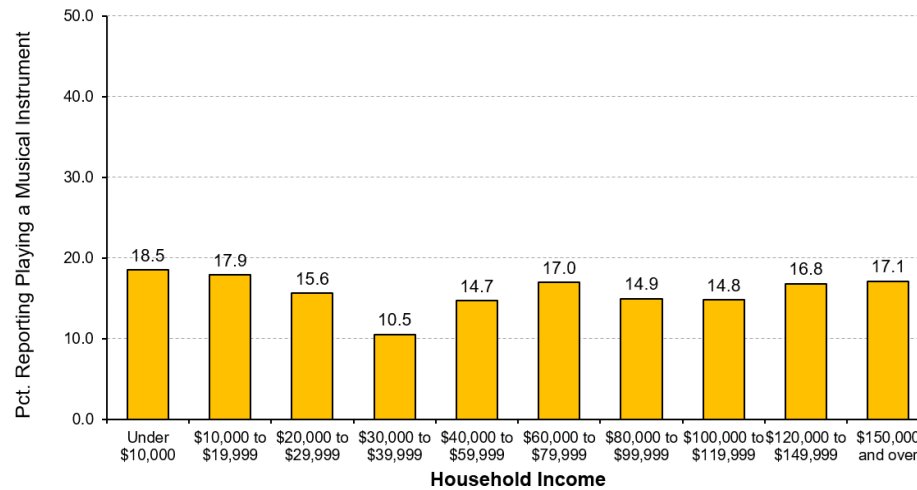
Participation in team sports

LIVING ARRANGEMENT

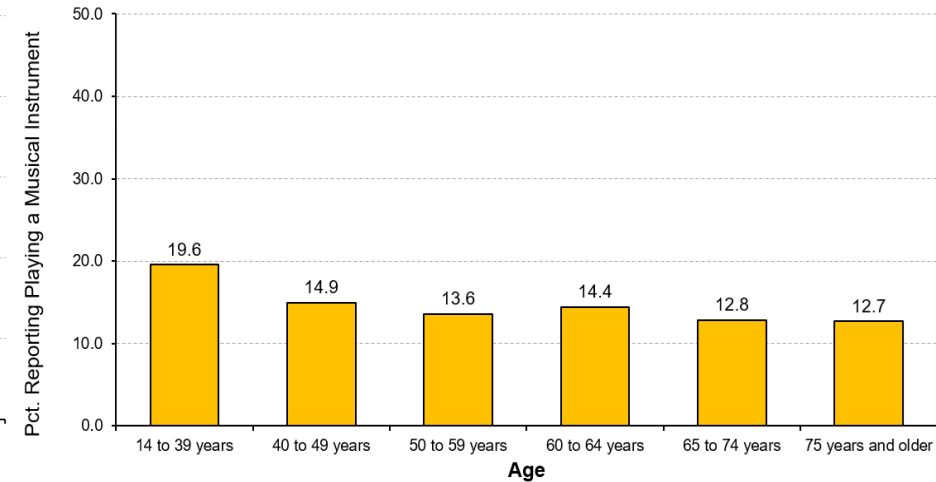


Playing a musical instrument

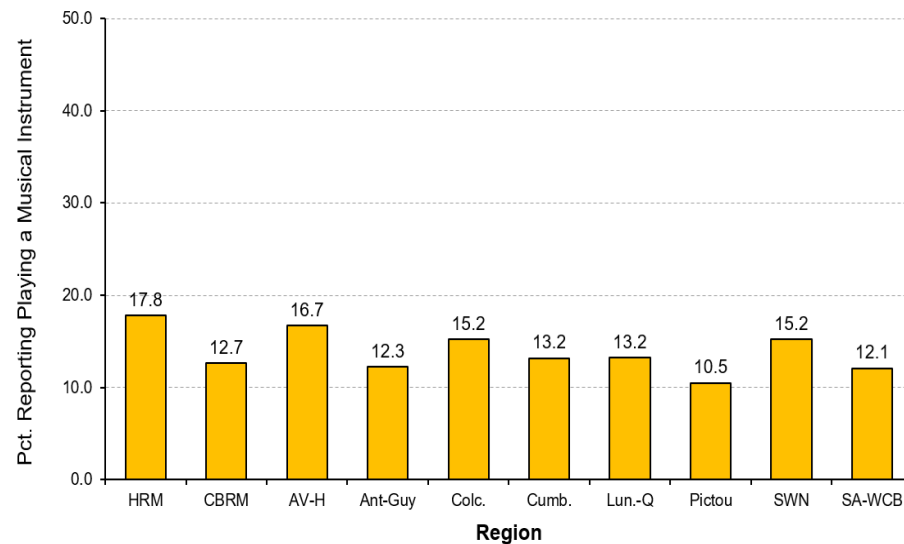
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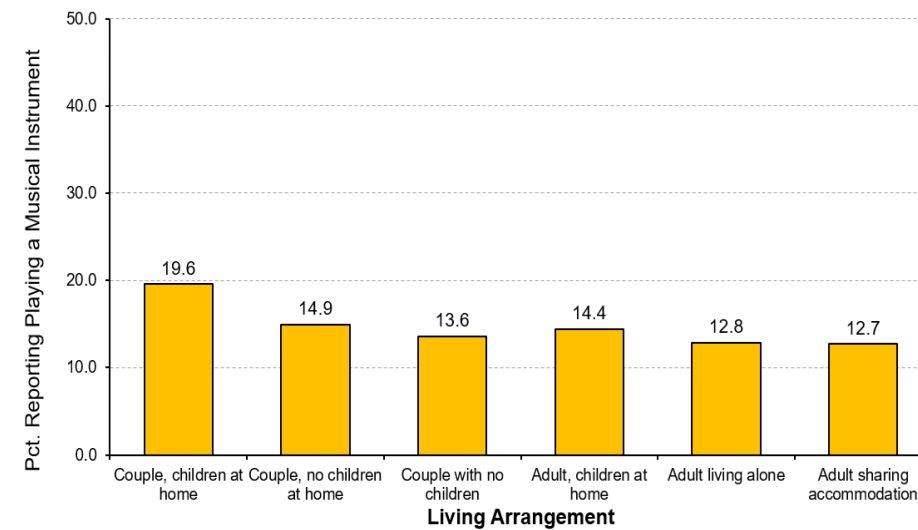
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REGION

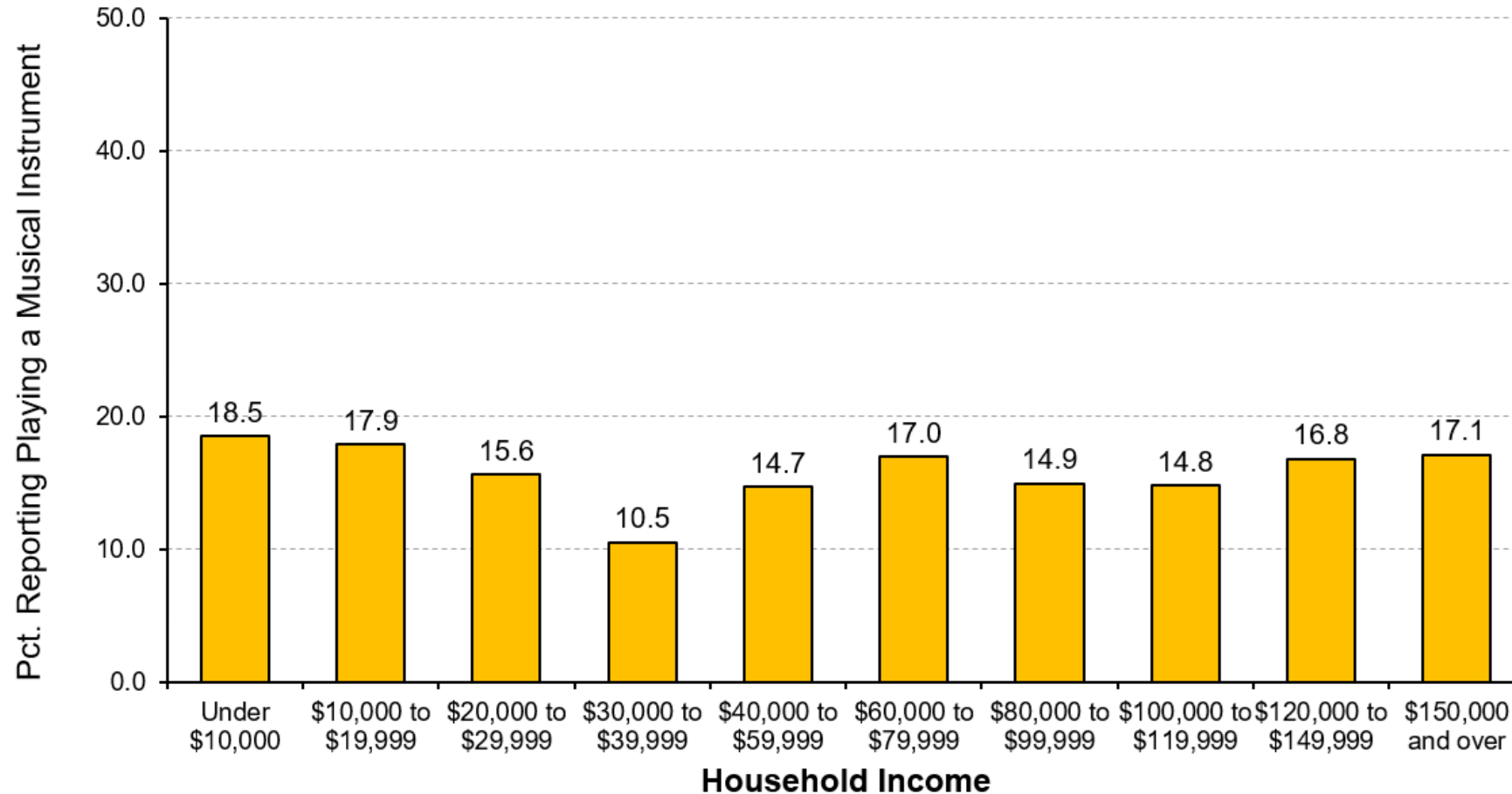


LIVING ARRANGEMENT



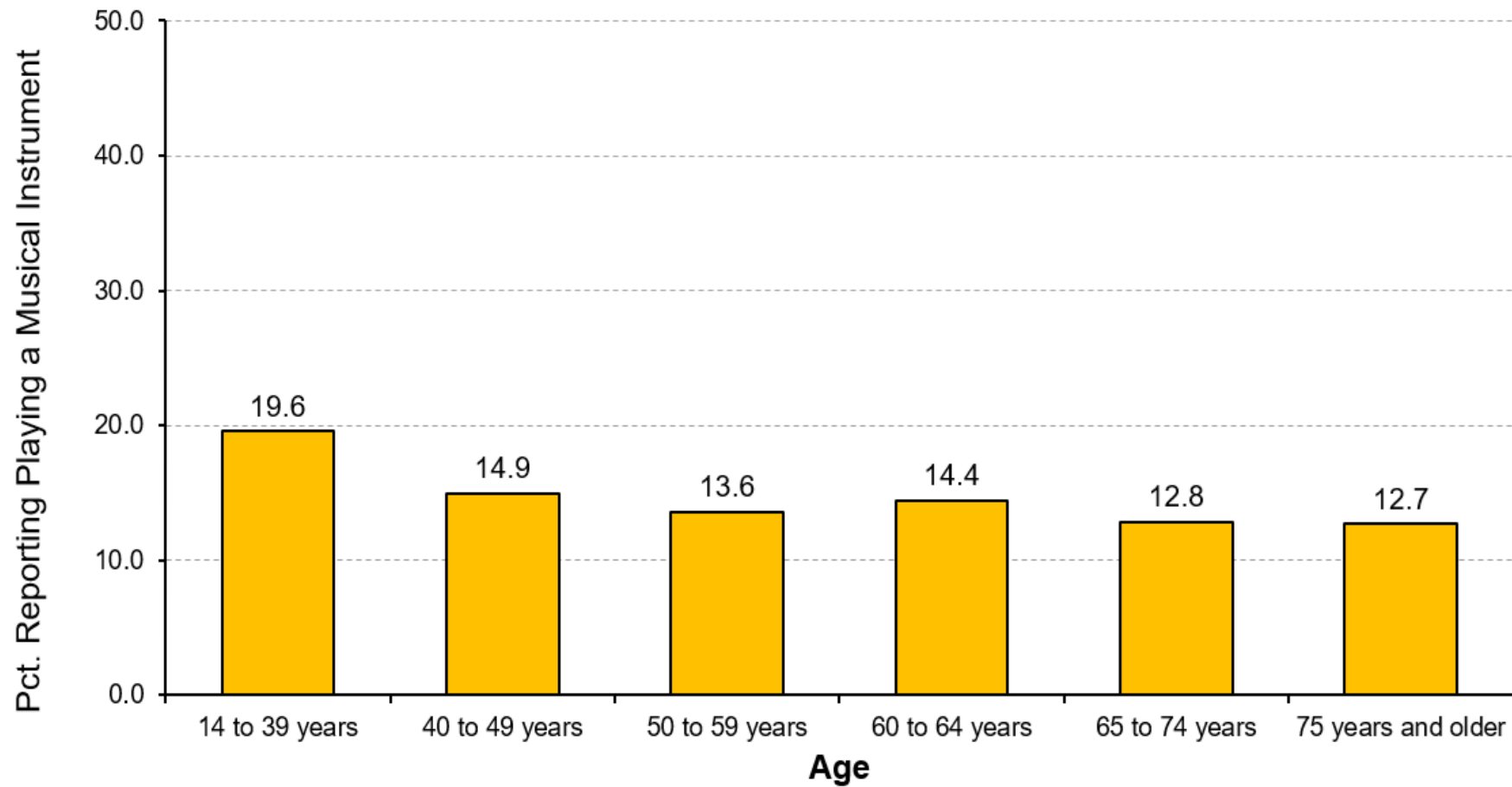
Playing a musical instrument

INCOME

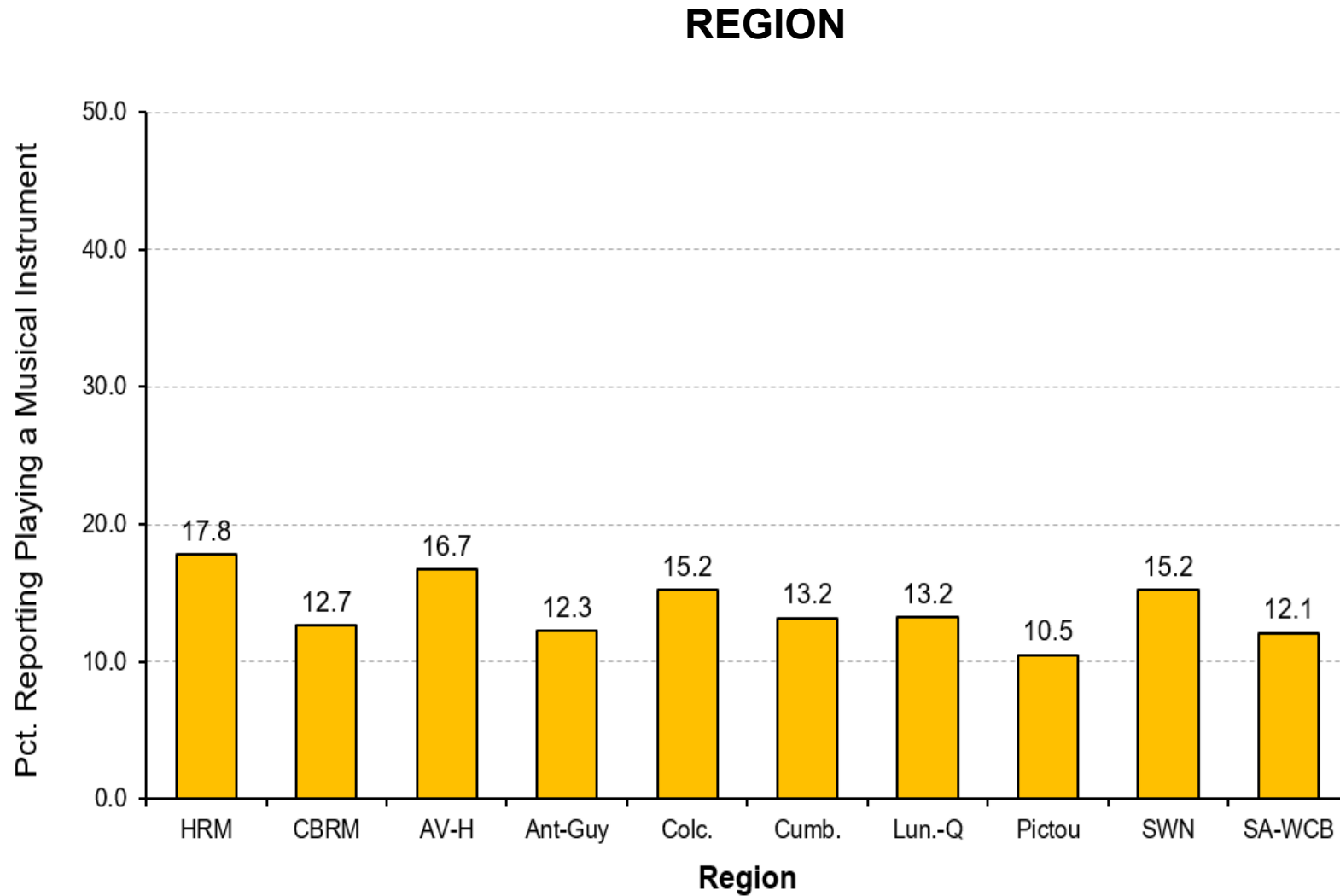


Playing a musical instrument

AGE

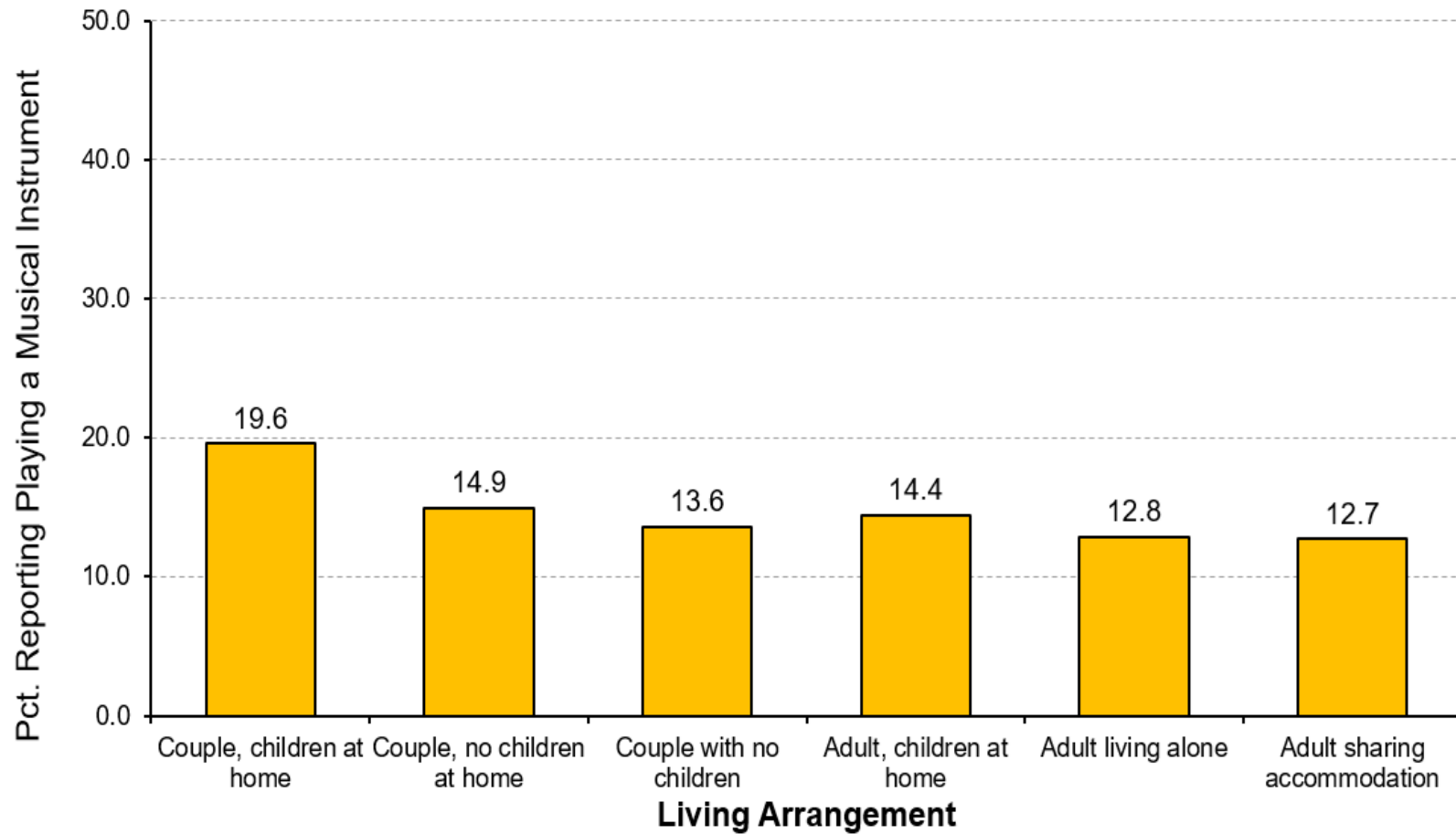


Playing a musical instrument



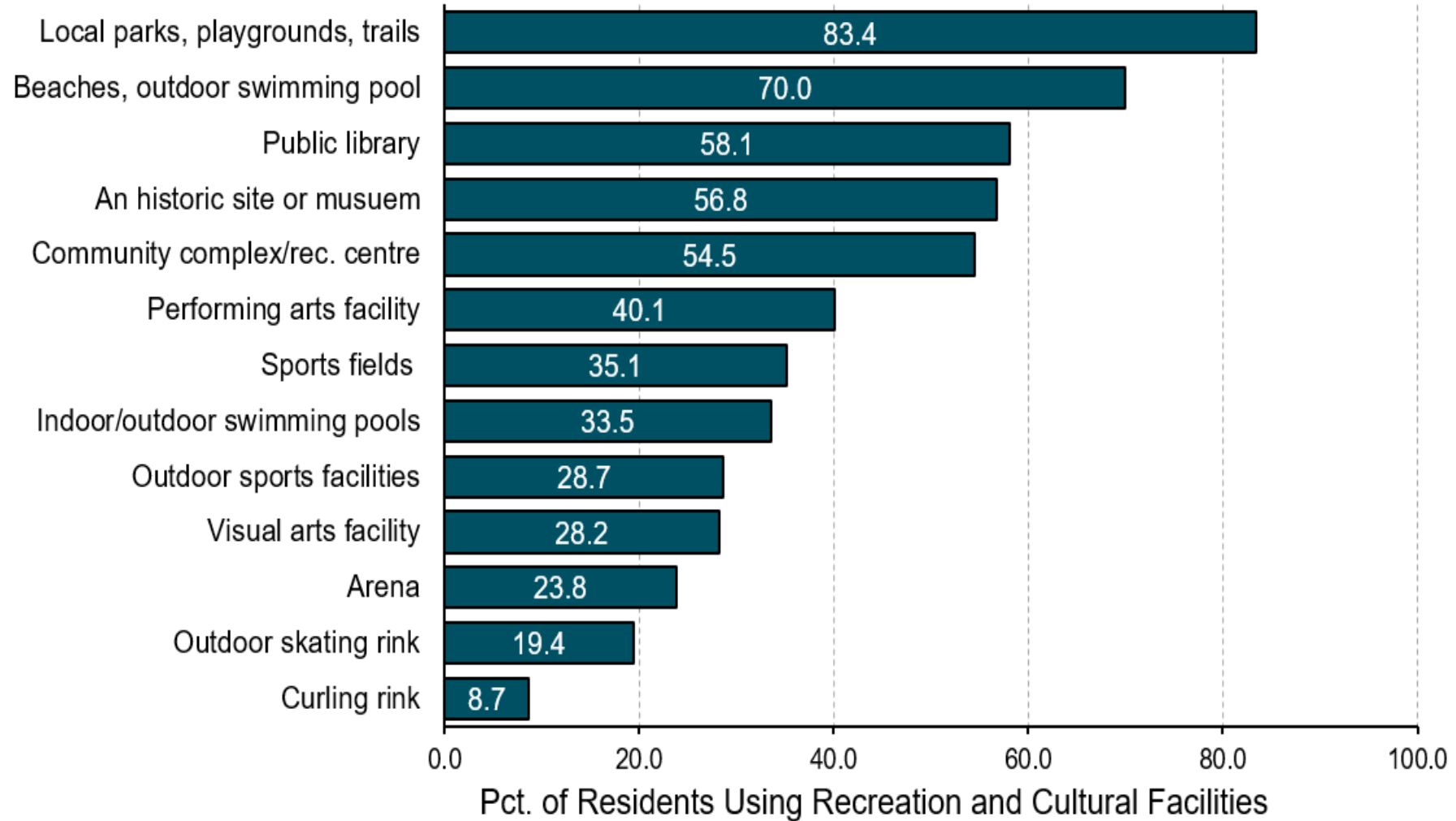
Playing a musical instrument

LIVING ARRANGEMENT

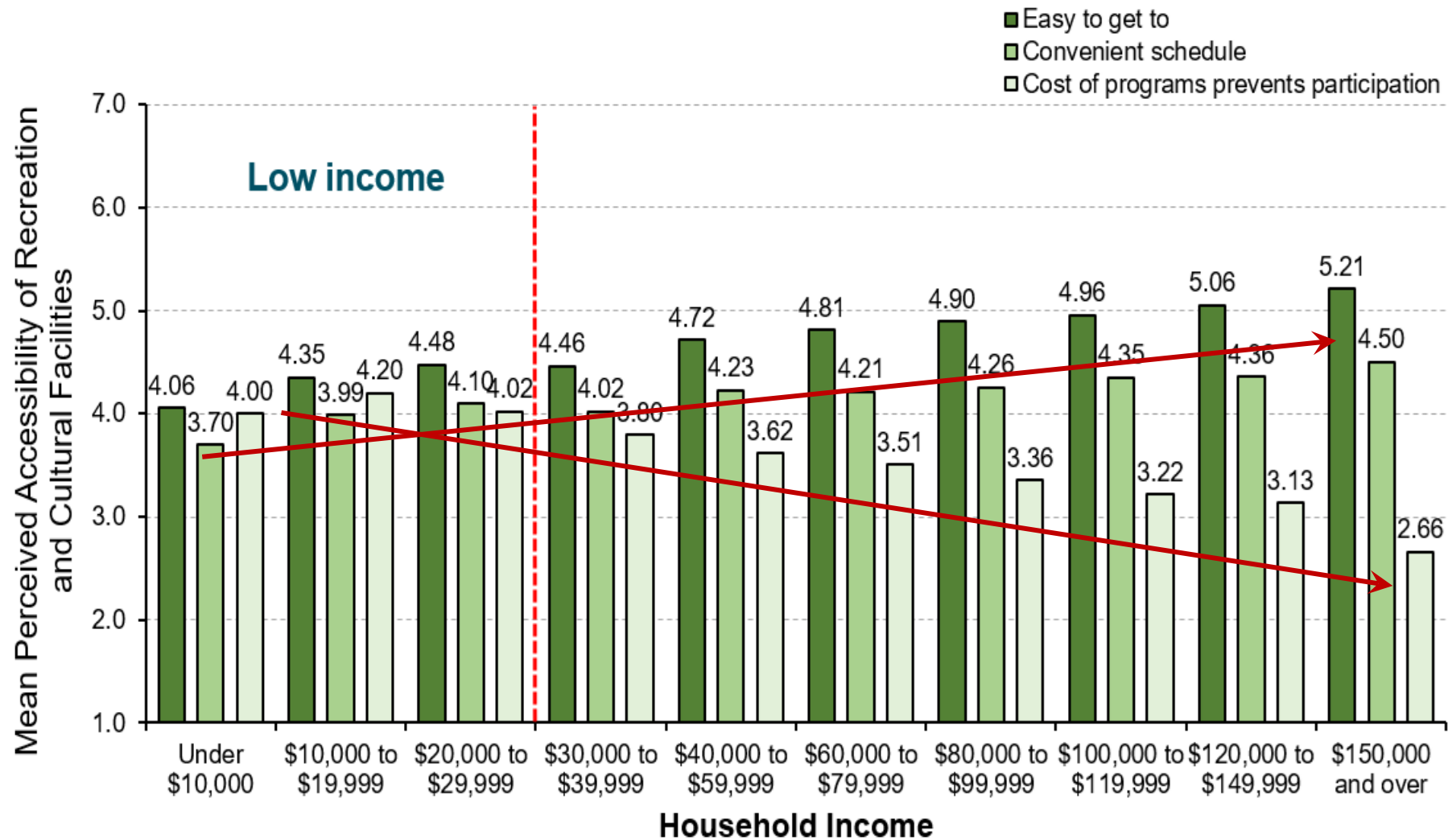


Facility use in Nova Scotia

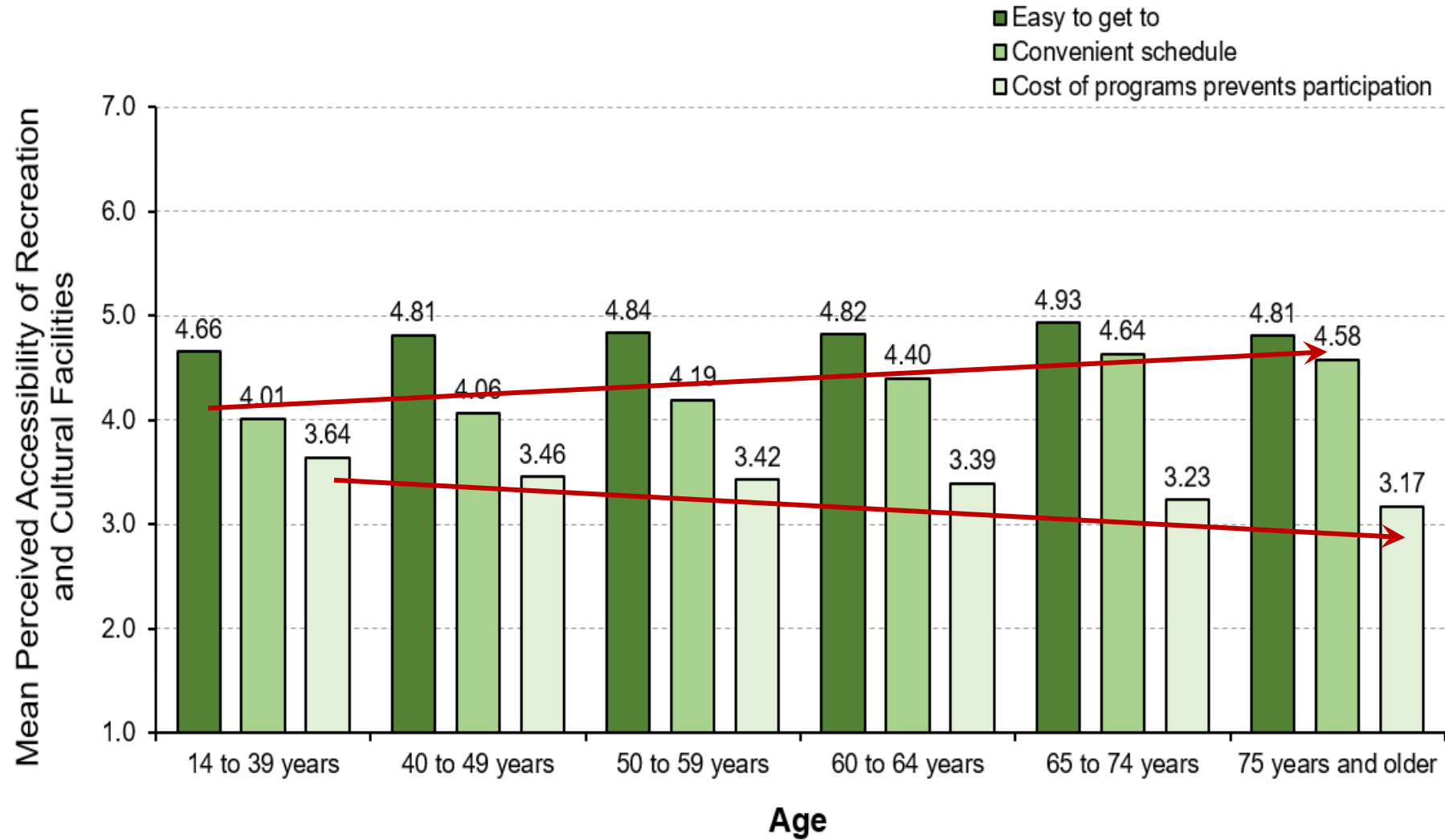
Use of Recreation and Cultural Facilities



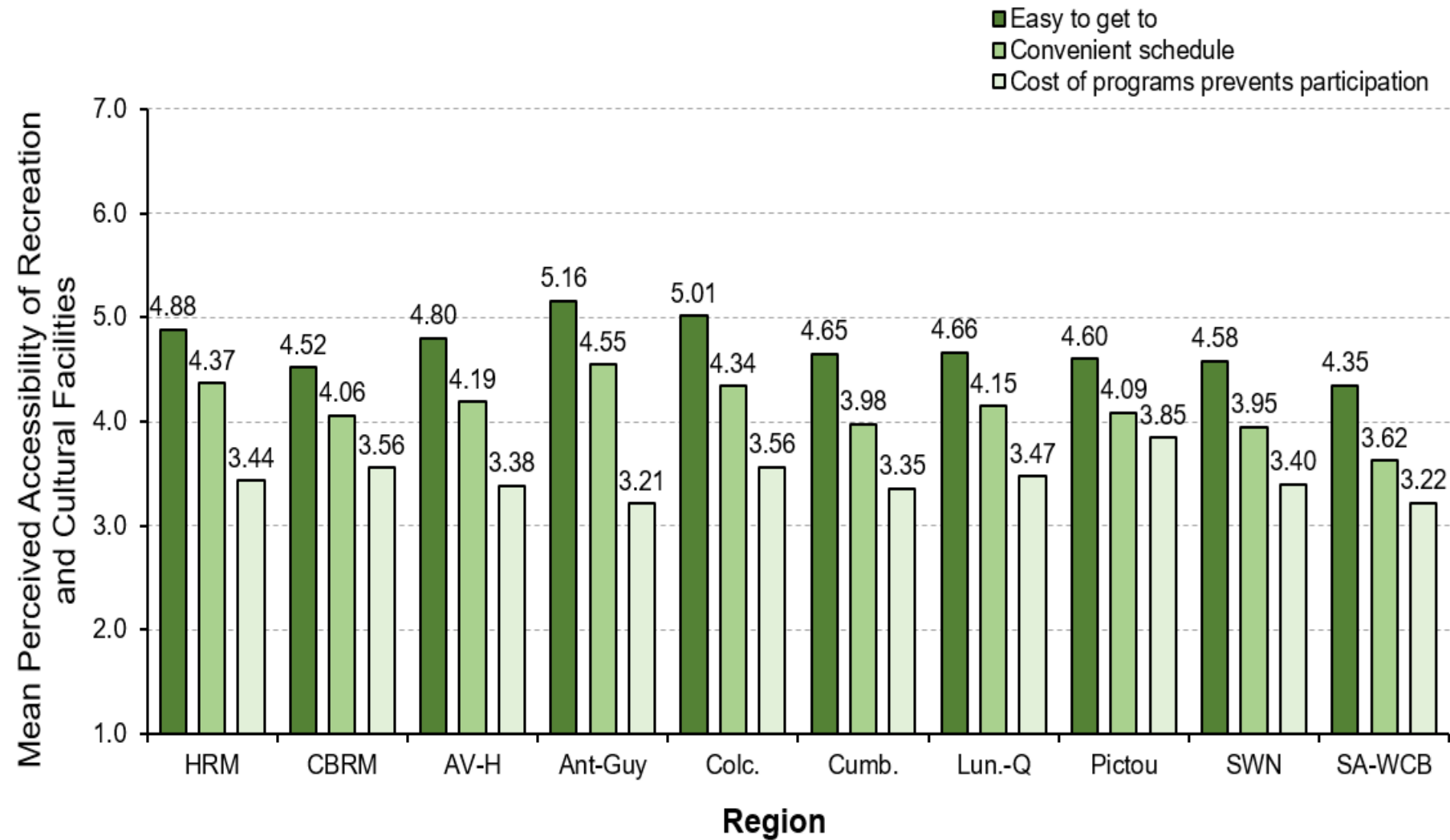
Perceived accessibility of facilities by *income*



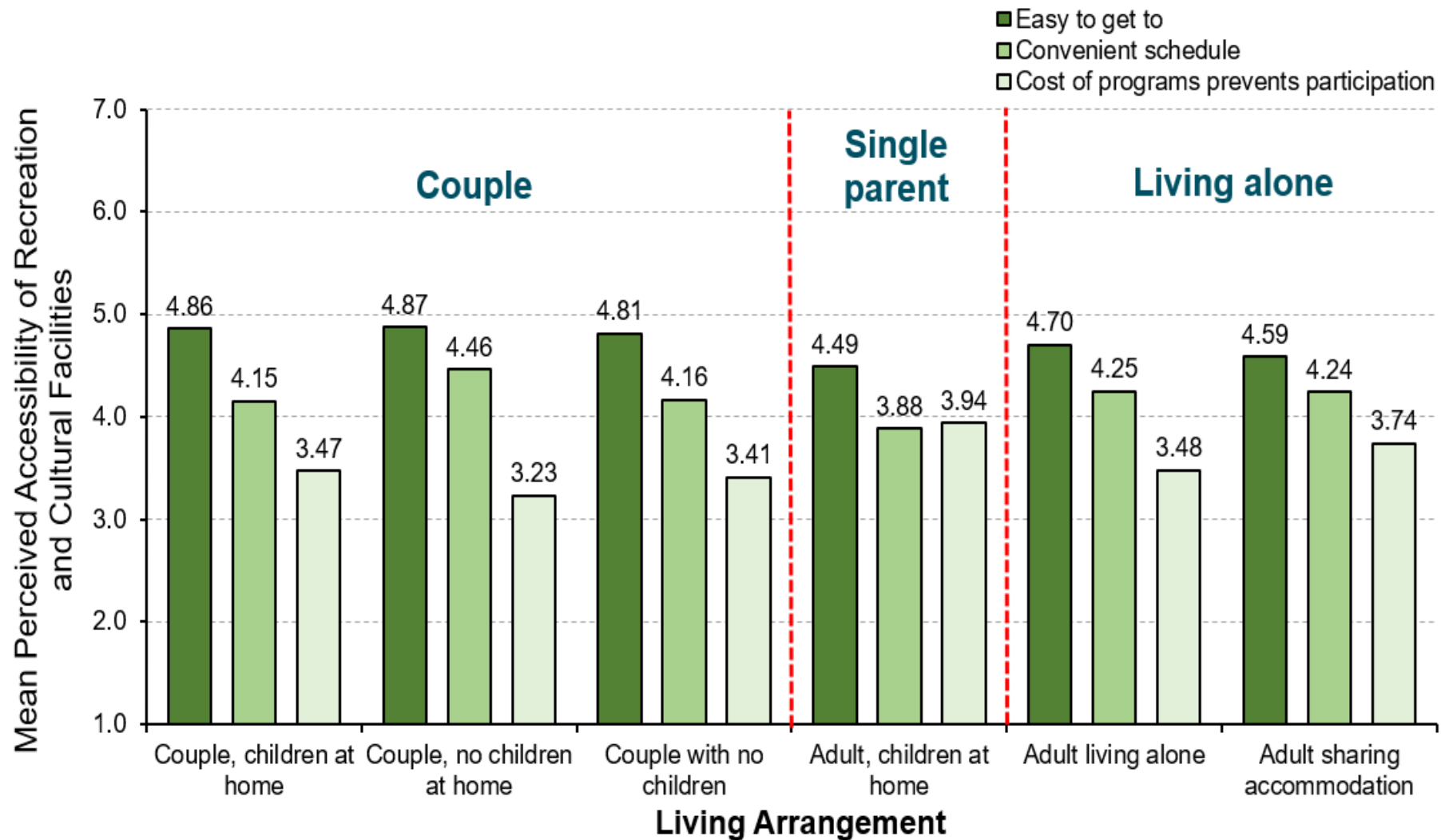
Perceived accessibility of facilities by age



Perceived accessibility of facilities by region



Perceived accessibility by *living arrangement*



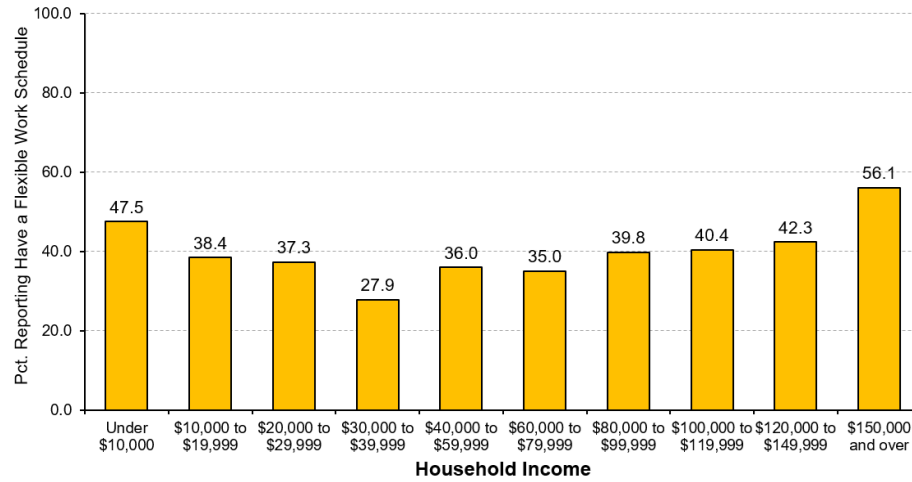


Living Standards

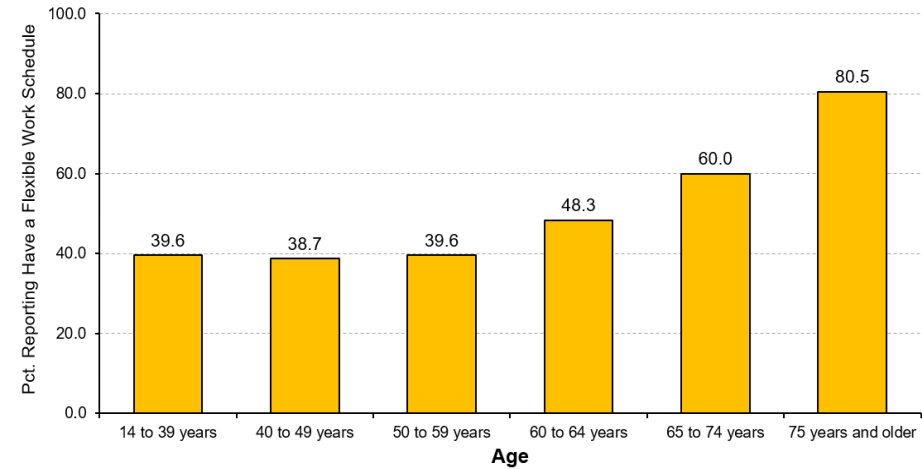


Work flexibility

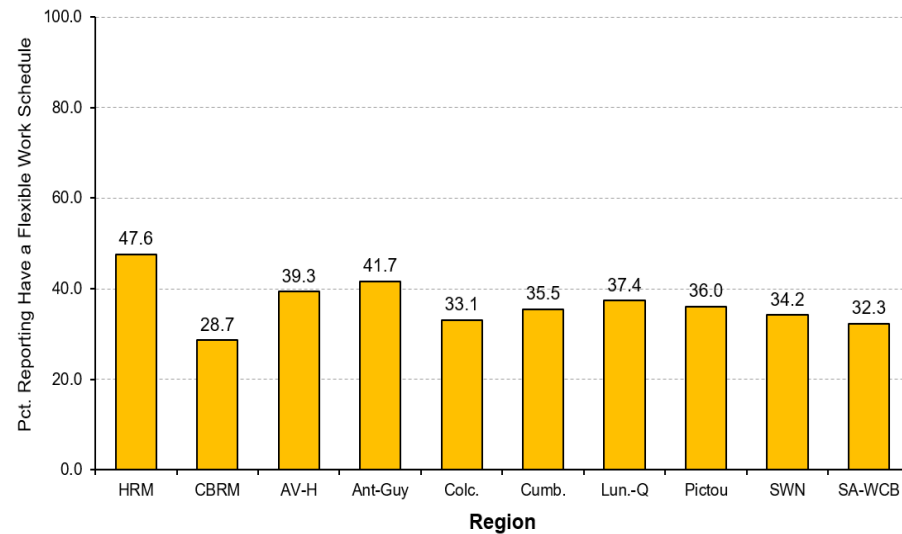
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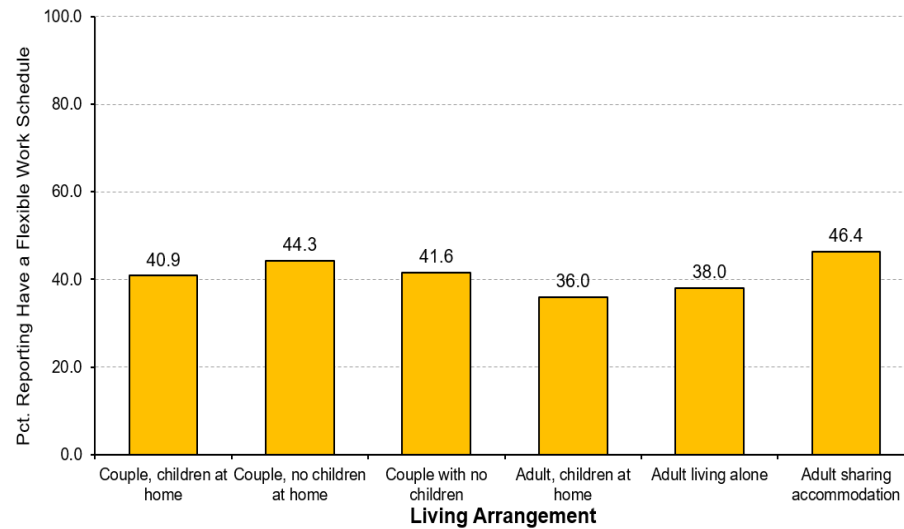
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REGION

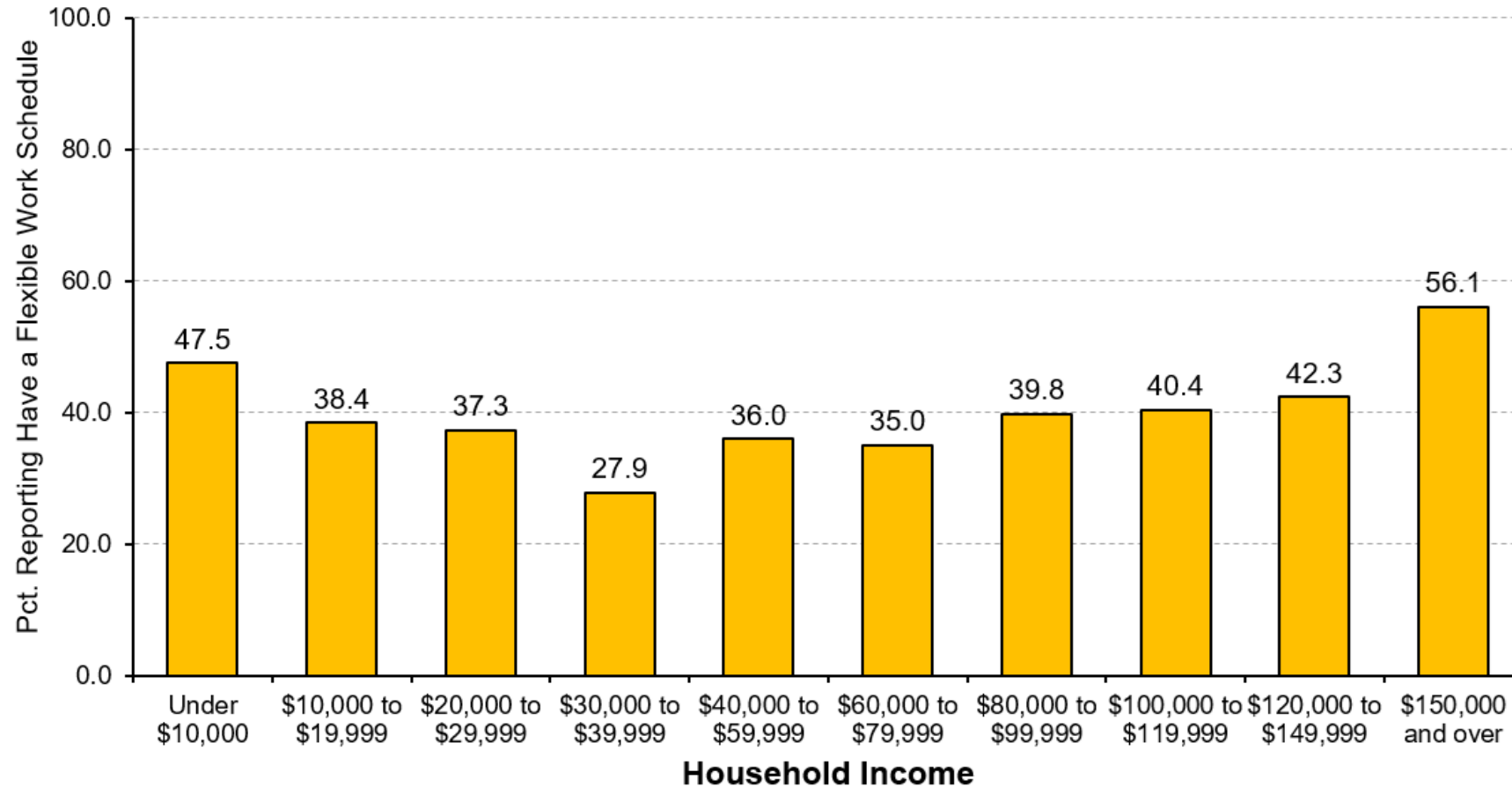


LIVING ARRANGEMENT



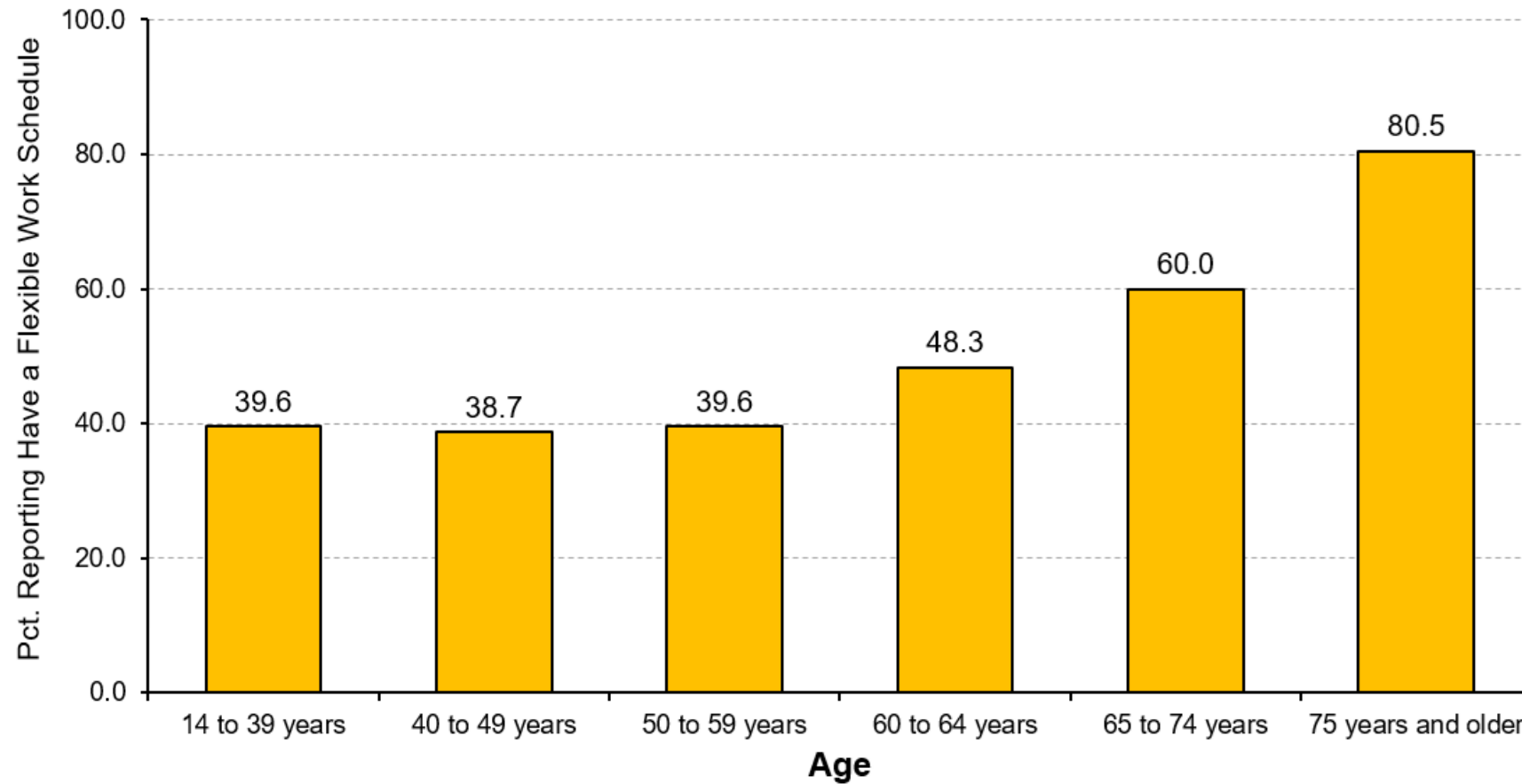
Work flexibility

INCOME



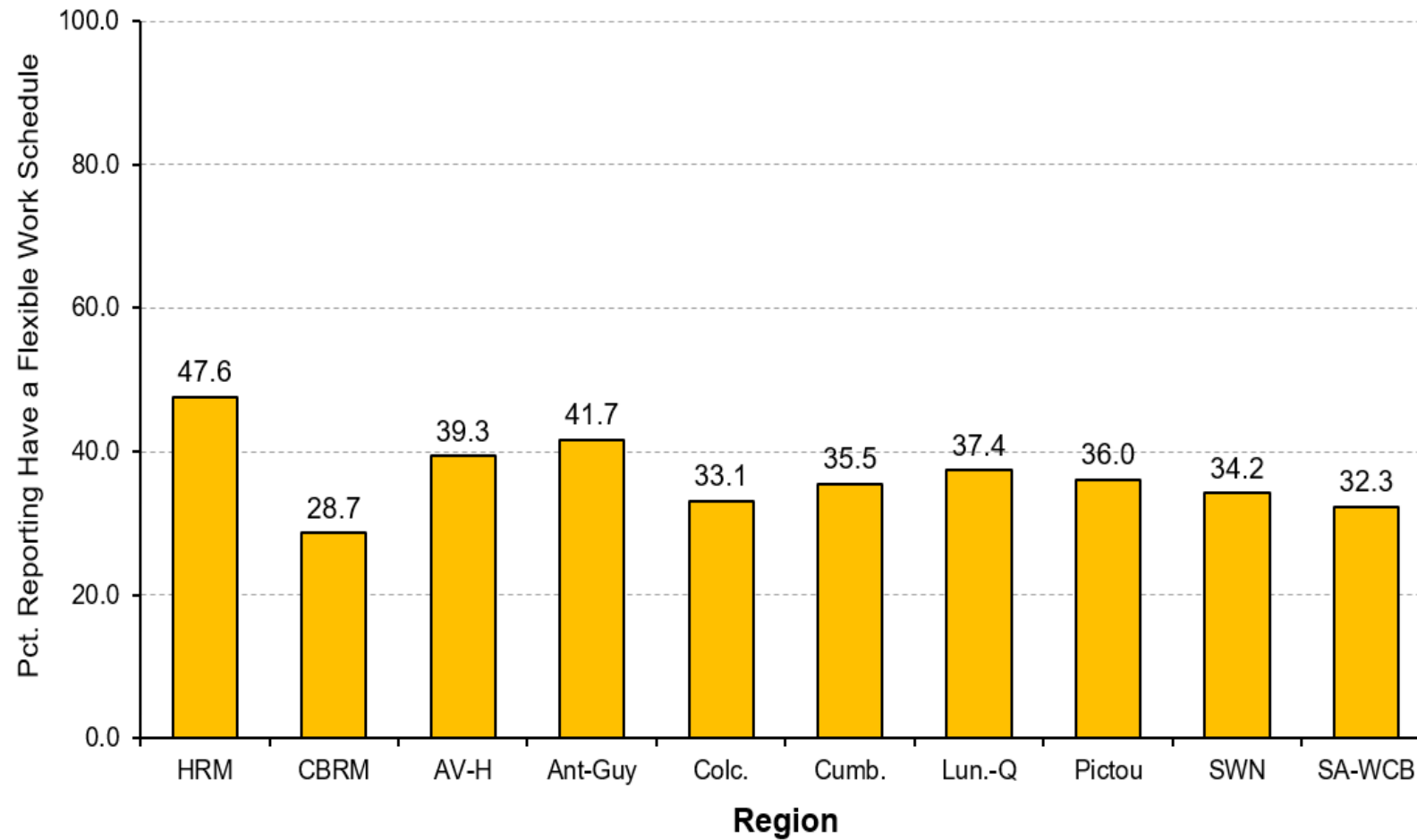
Work flexibility

AGE



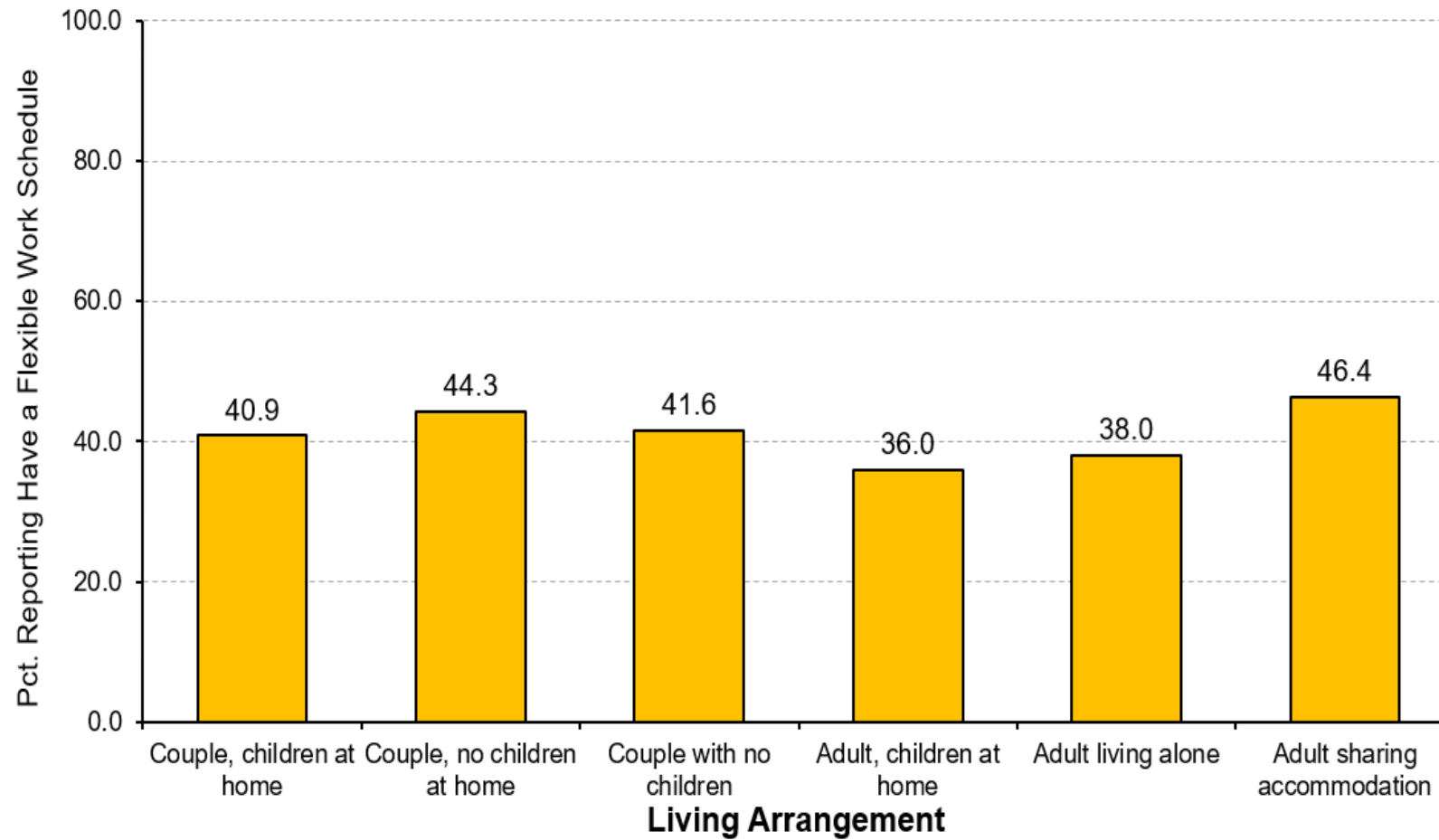
Work flexibility

REGION



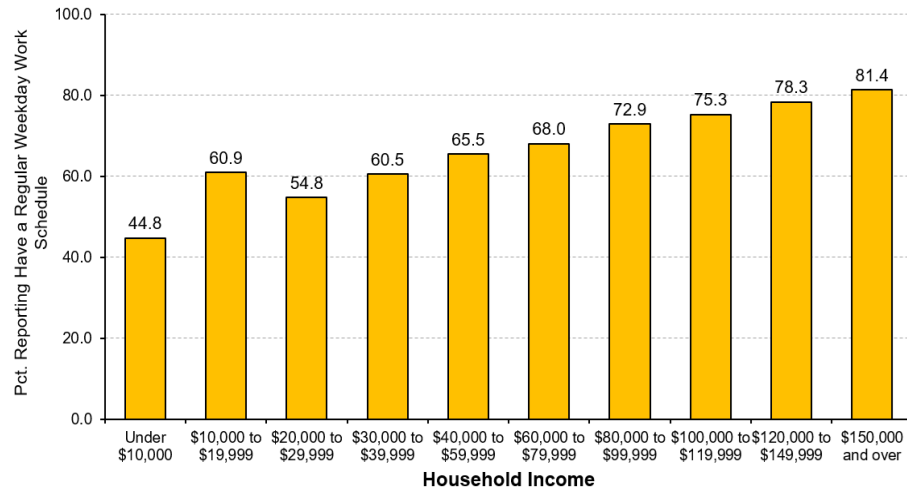
Work flexibility

LIVING ARRANGEMENT

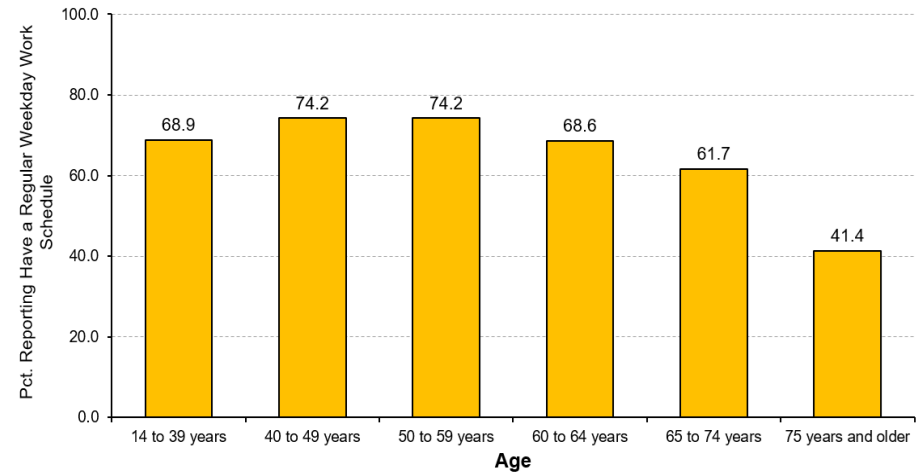


Regular weekday work schedule

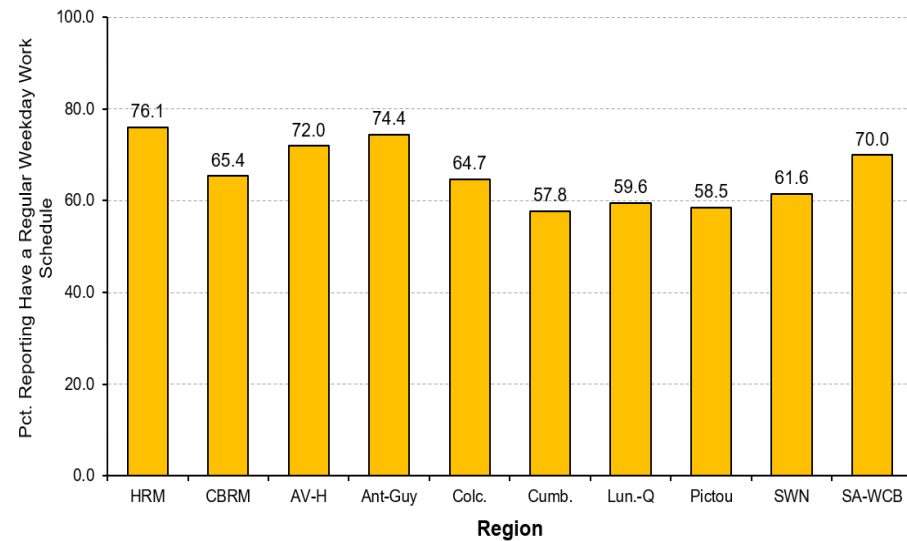
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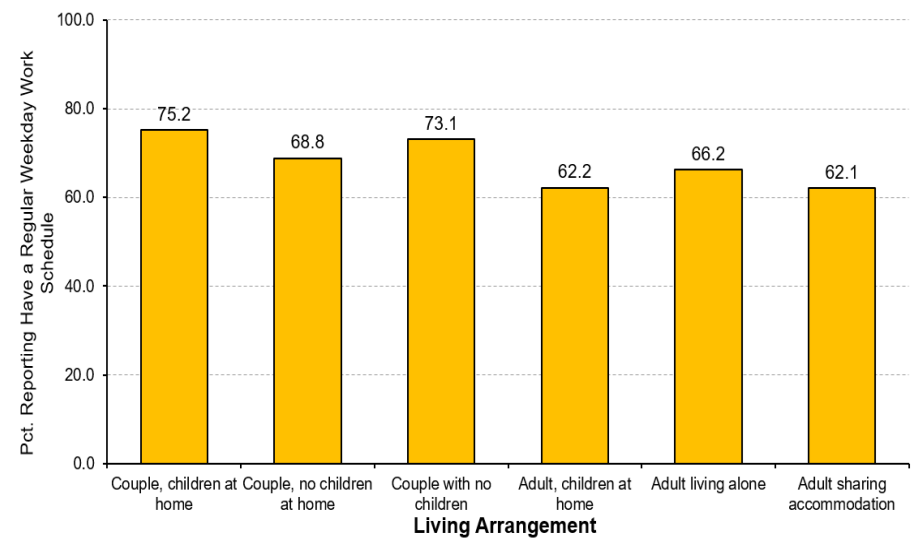
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REGION

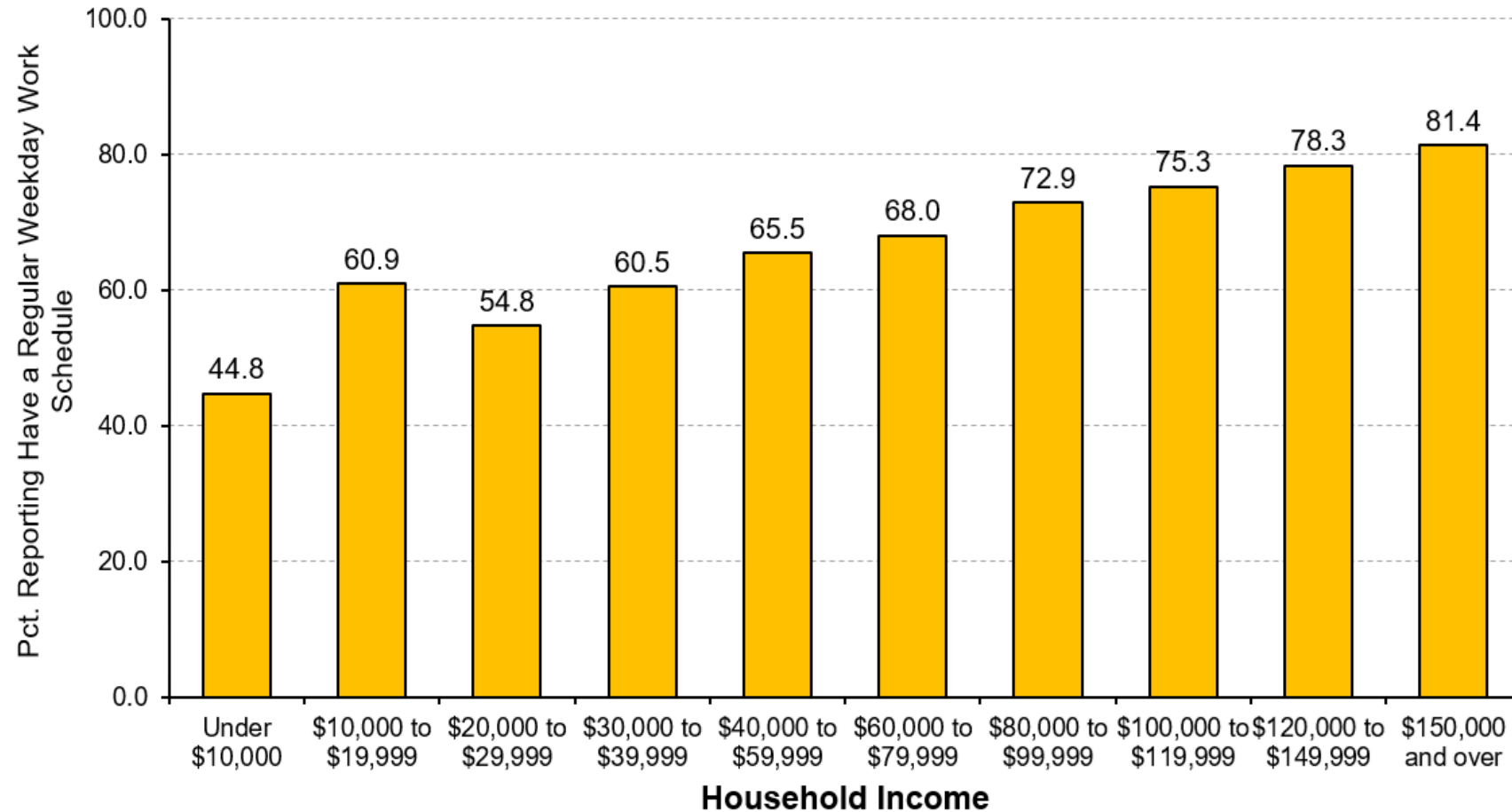


LIVING ARRANGEMENT

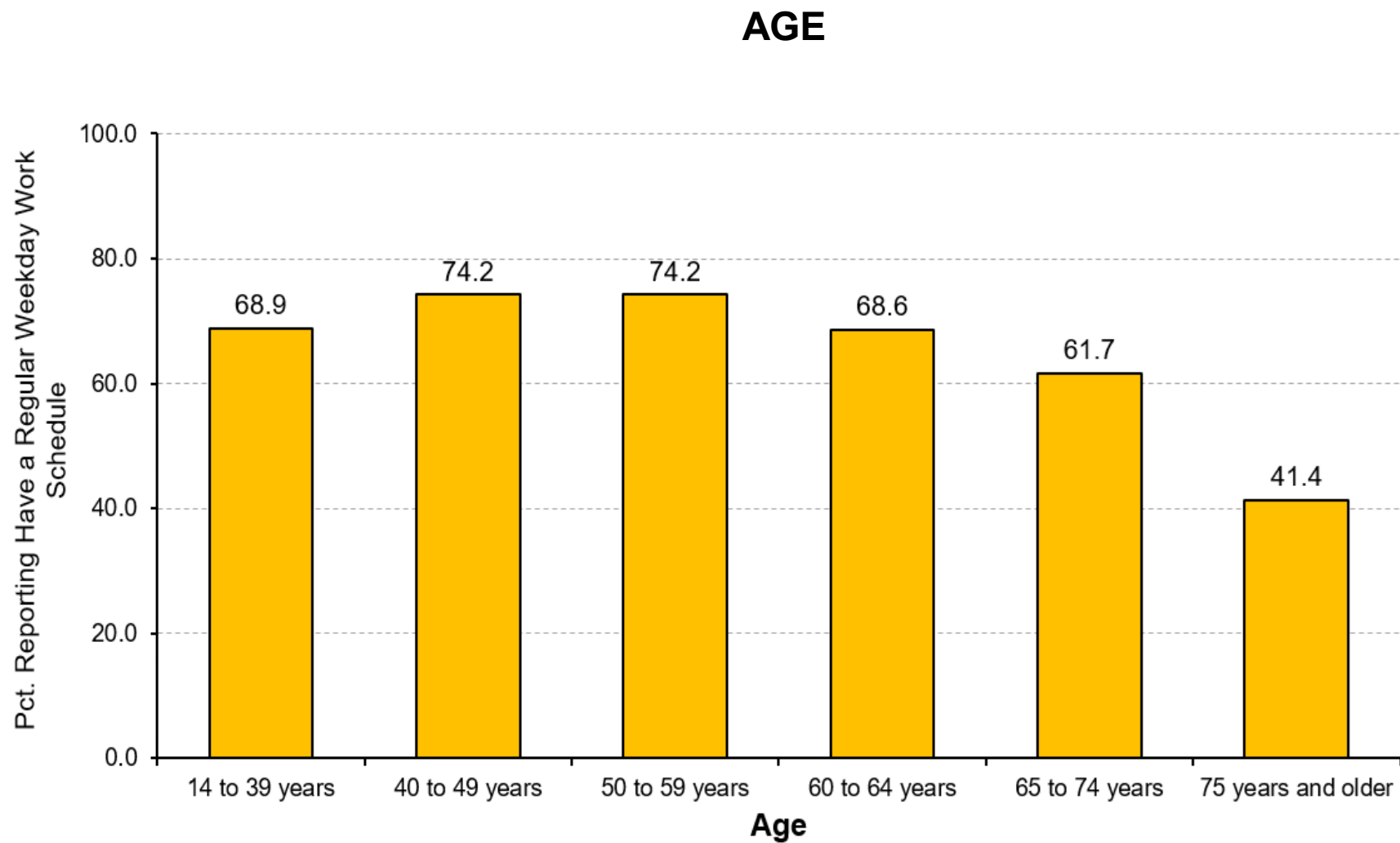


Regular weekday work schedule

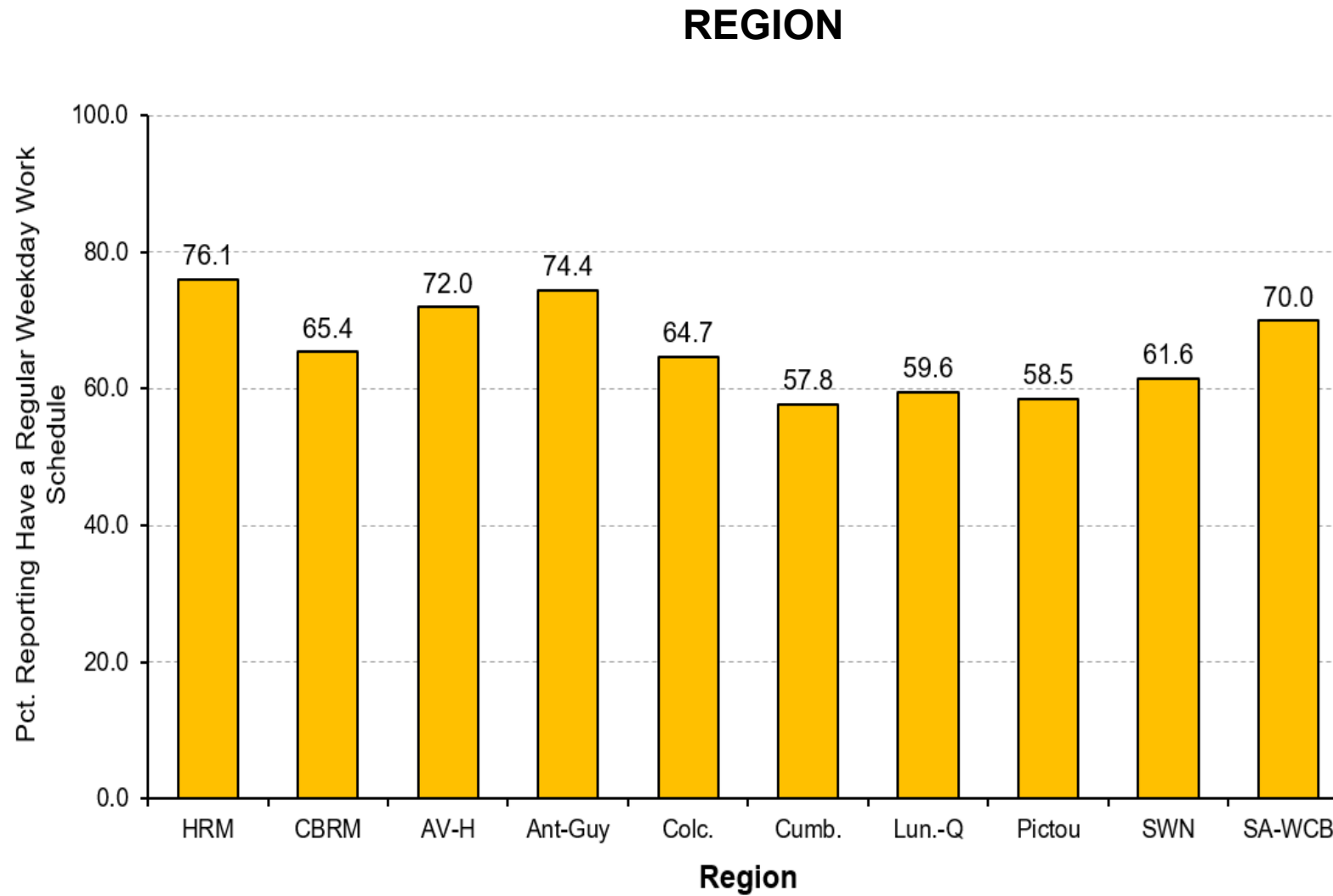
INCOME



Regular weekday work schedule

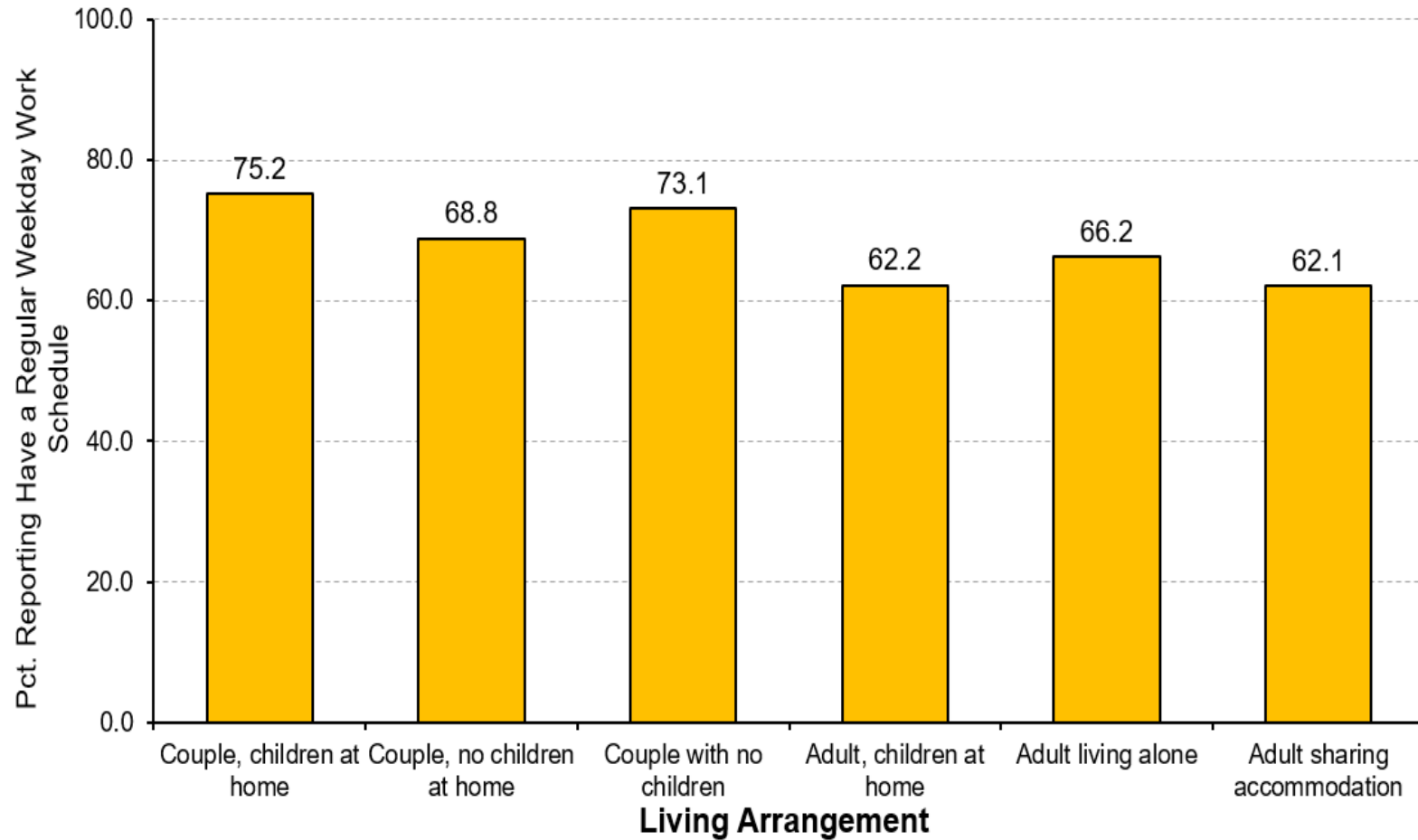


Regular weekday work schedule



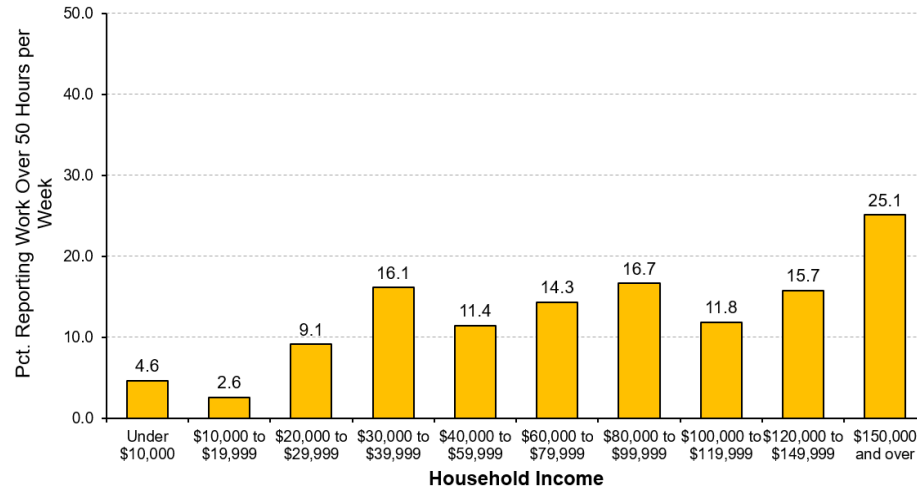
Regular weekday work schedule

LIVING ARRANGEMENT

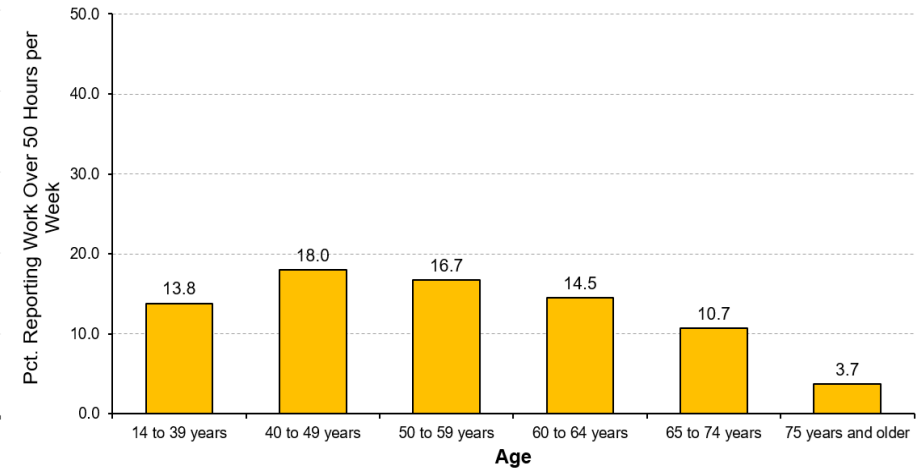


Work over 50 hours per week

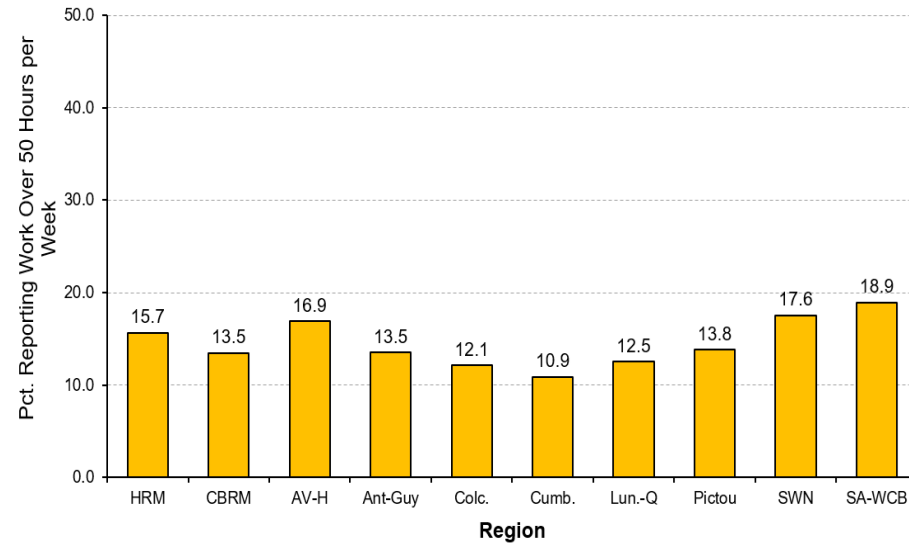
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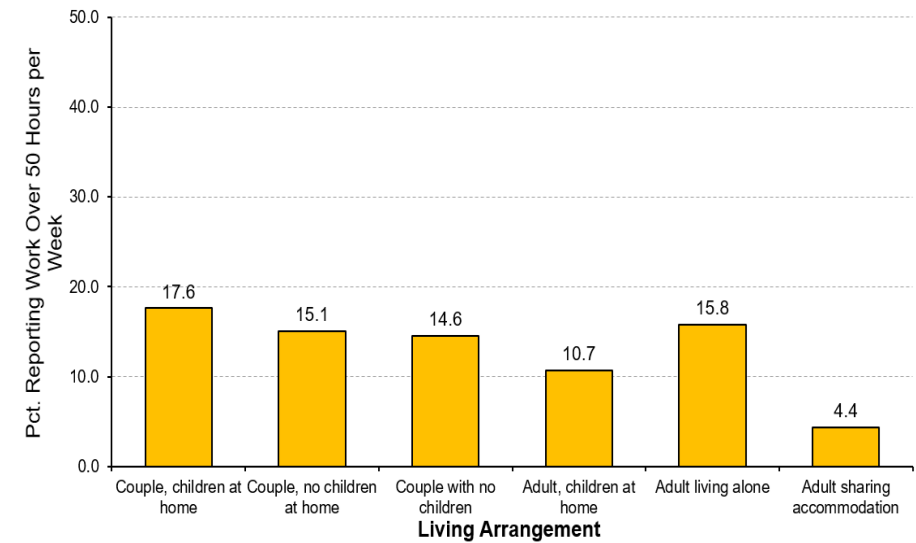
AGE



REGION

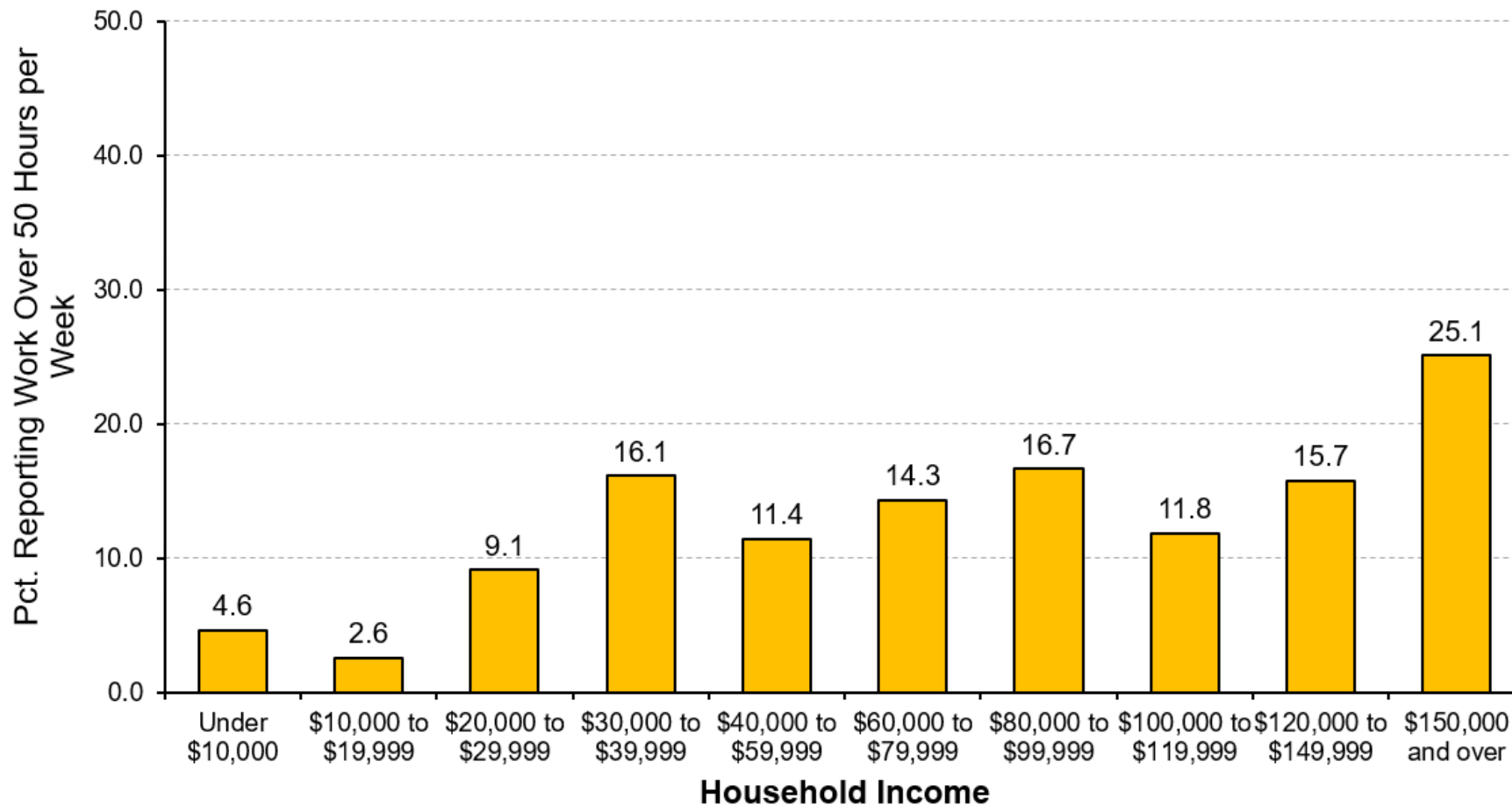


LIVING ARRANGEMENT



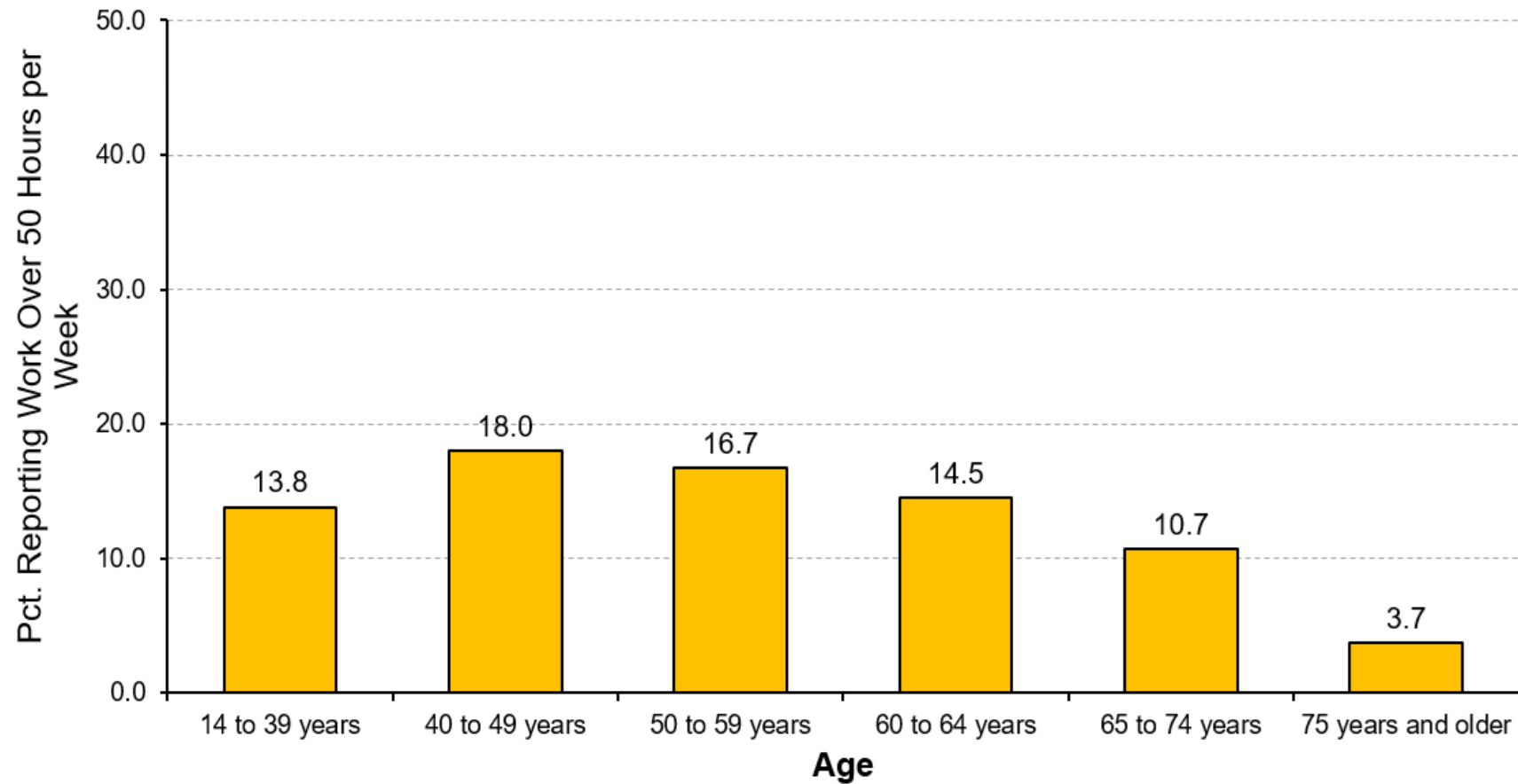
Work over 50 hours per week

INCOME

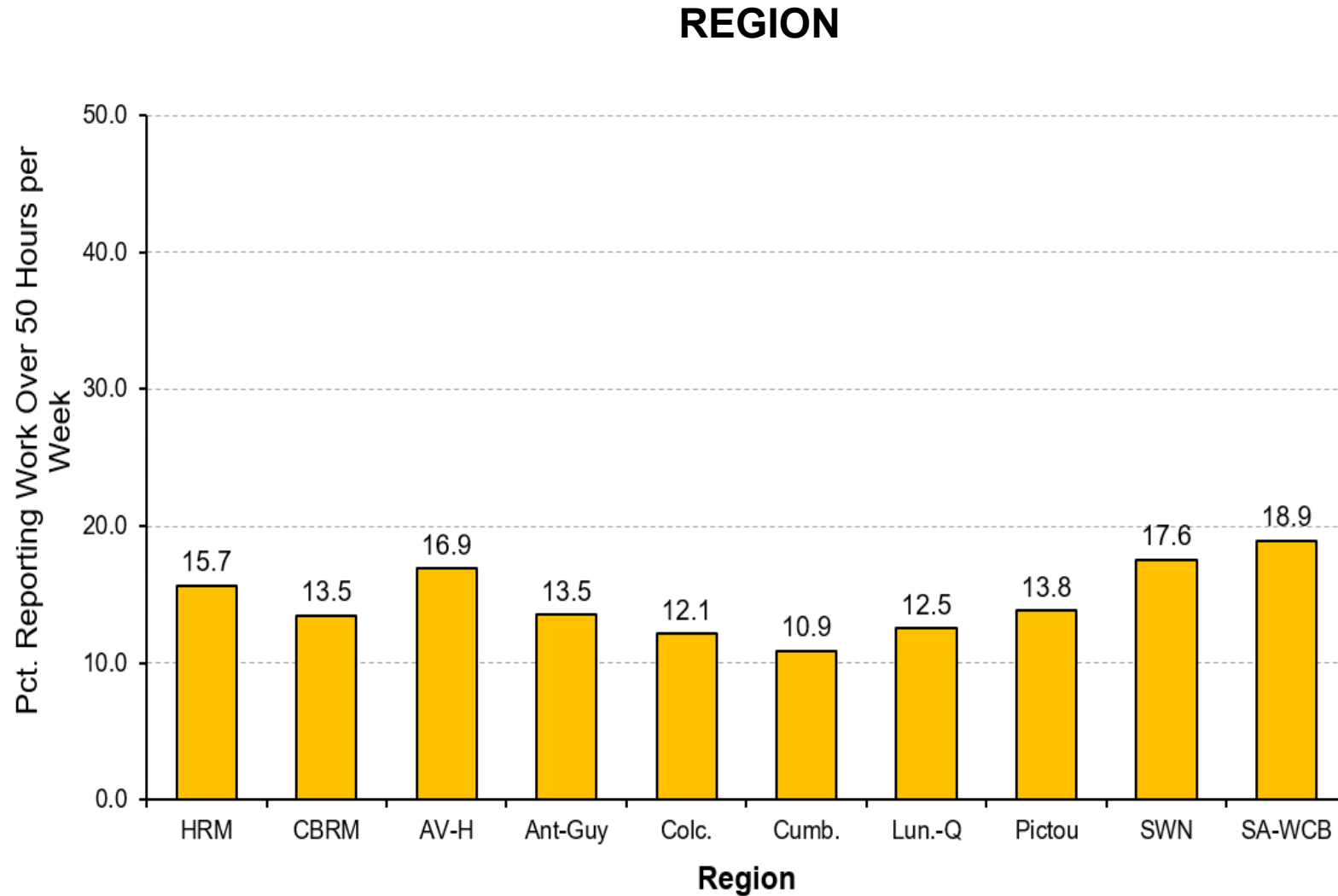


Work over 50 hours per week

AGE

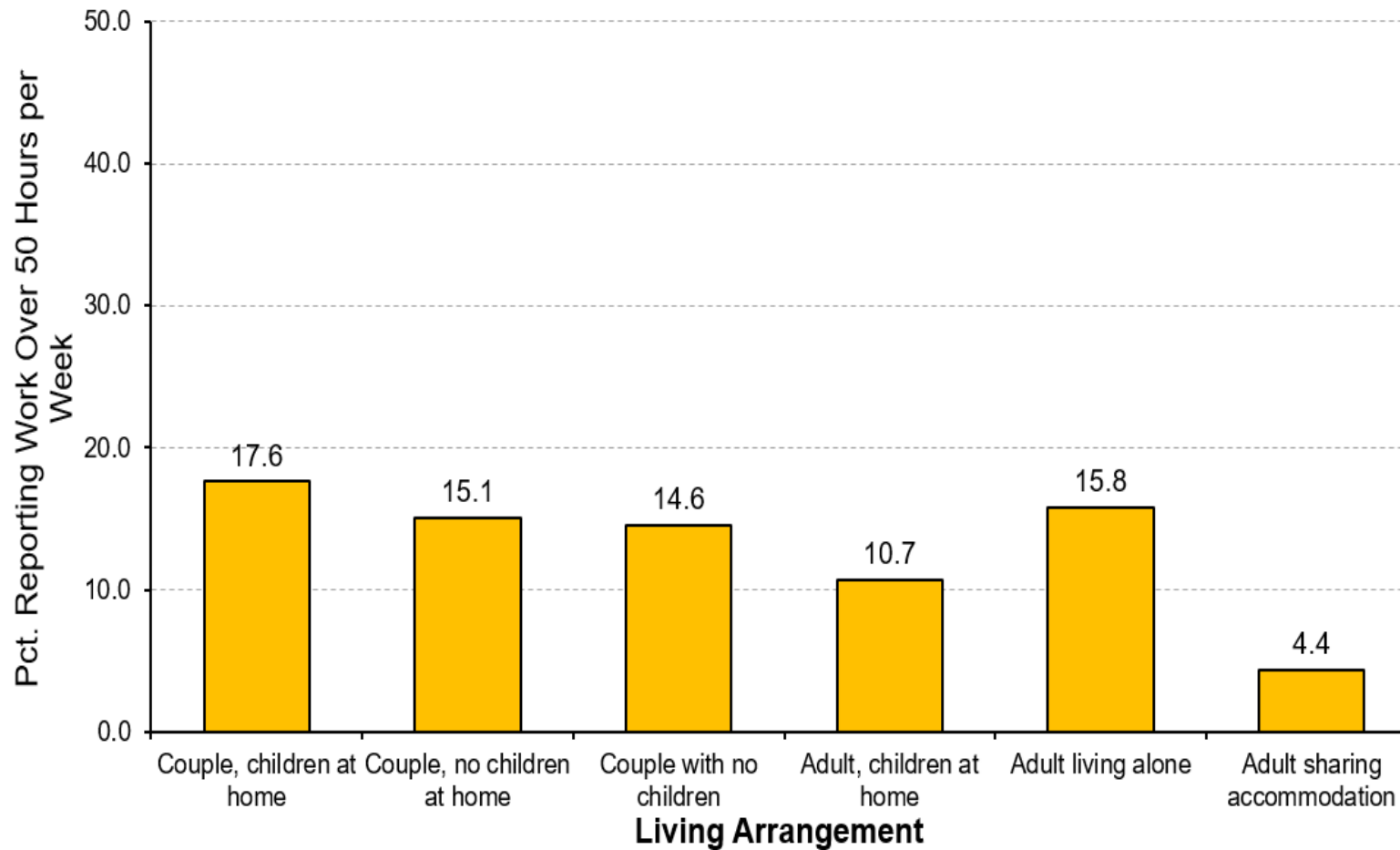


Work over 50 hours per week

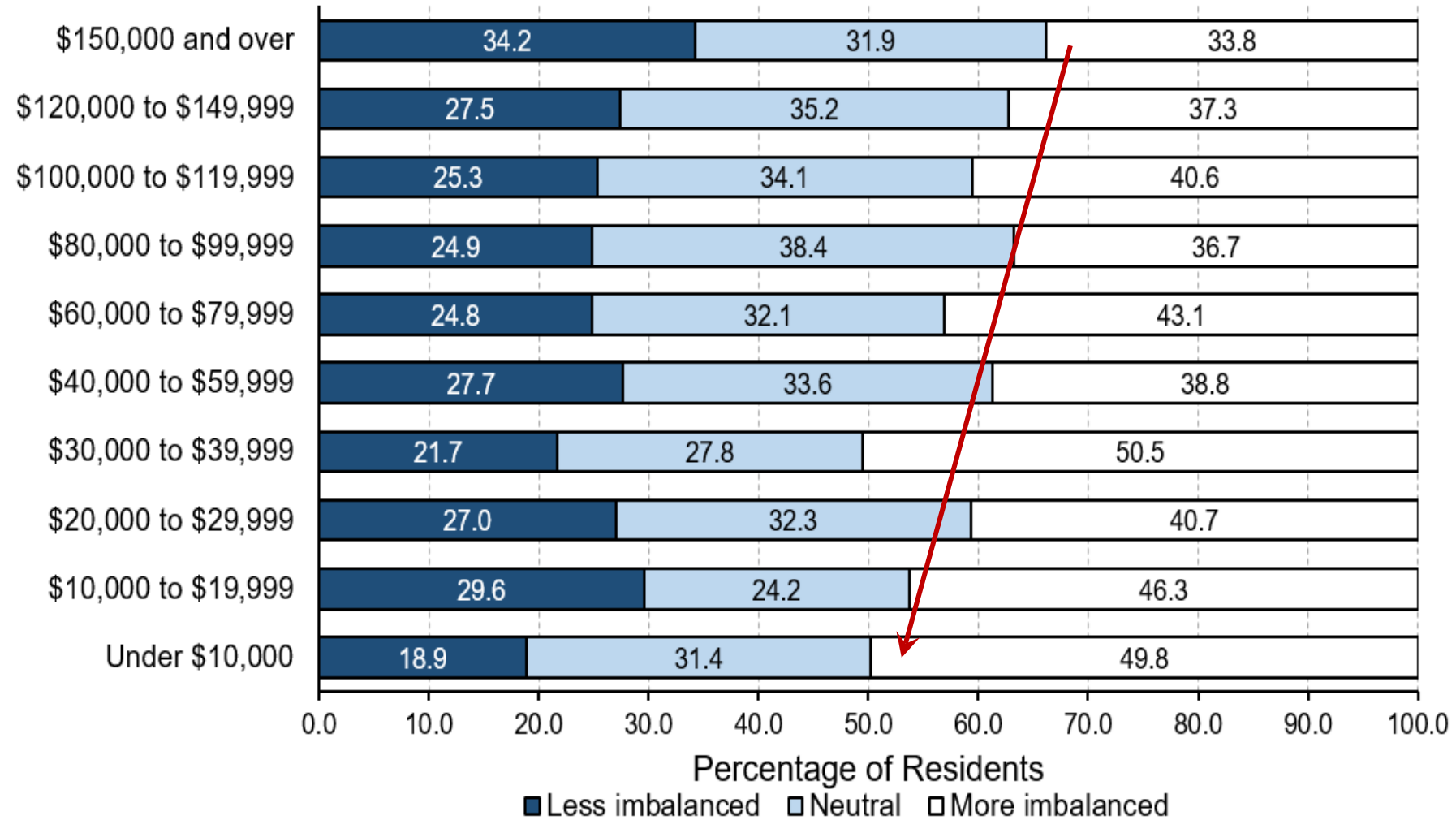


Work over 50 hours per week

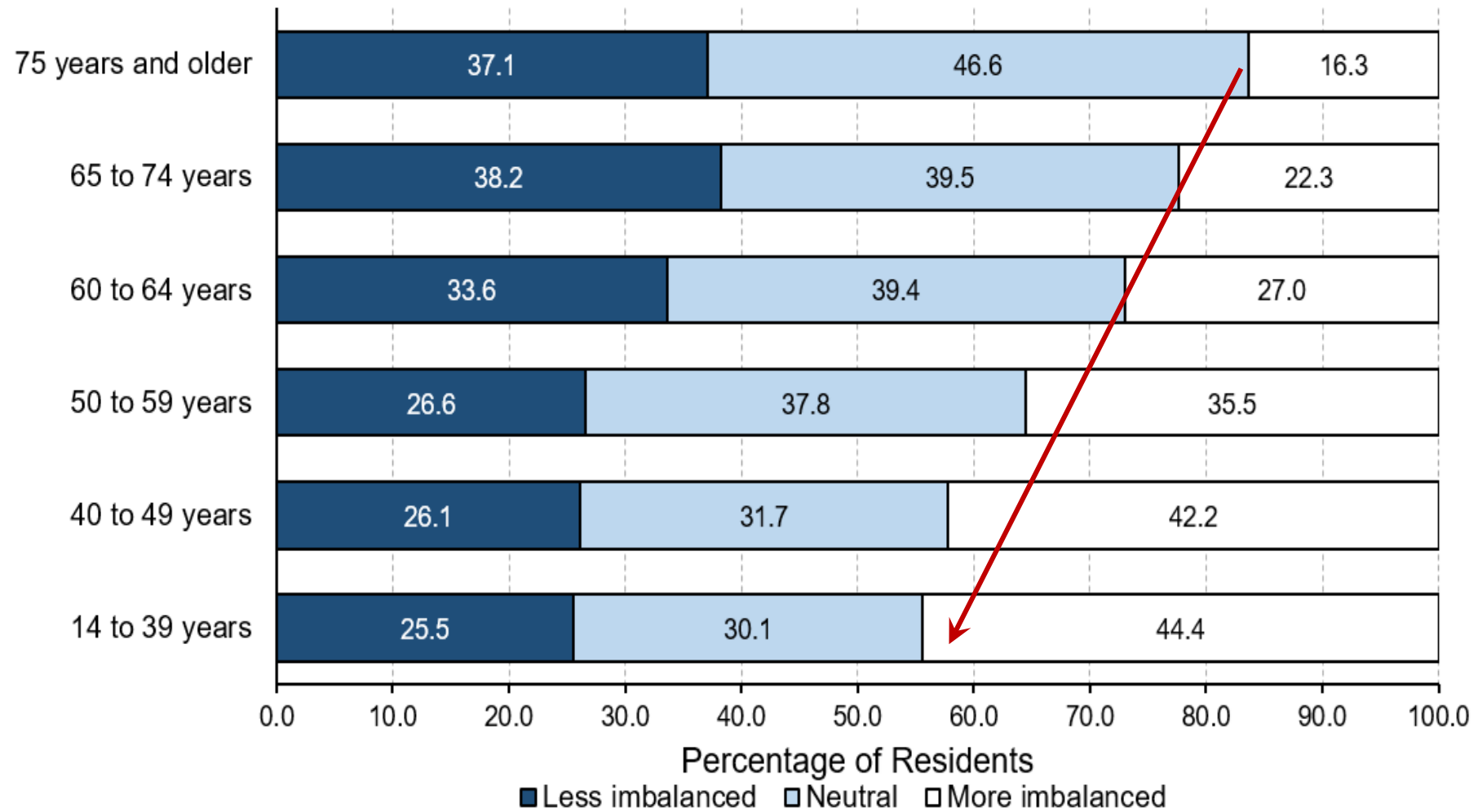
LIVING ARRANGEMENT



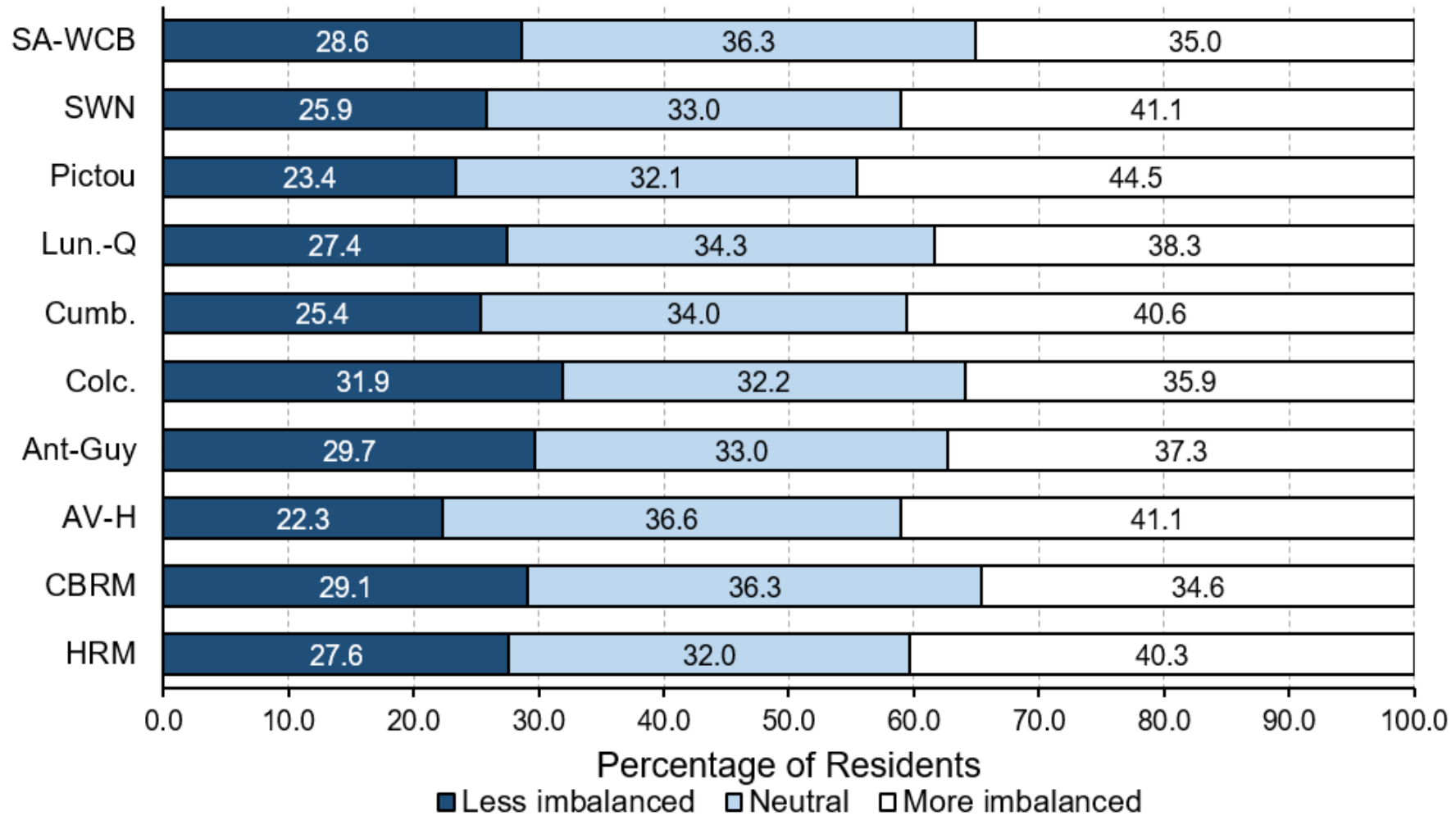
Work-life imbalance and *income*



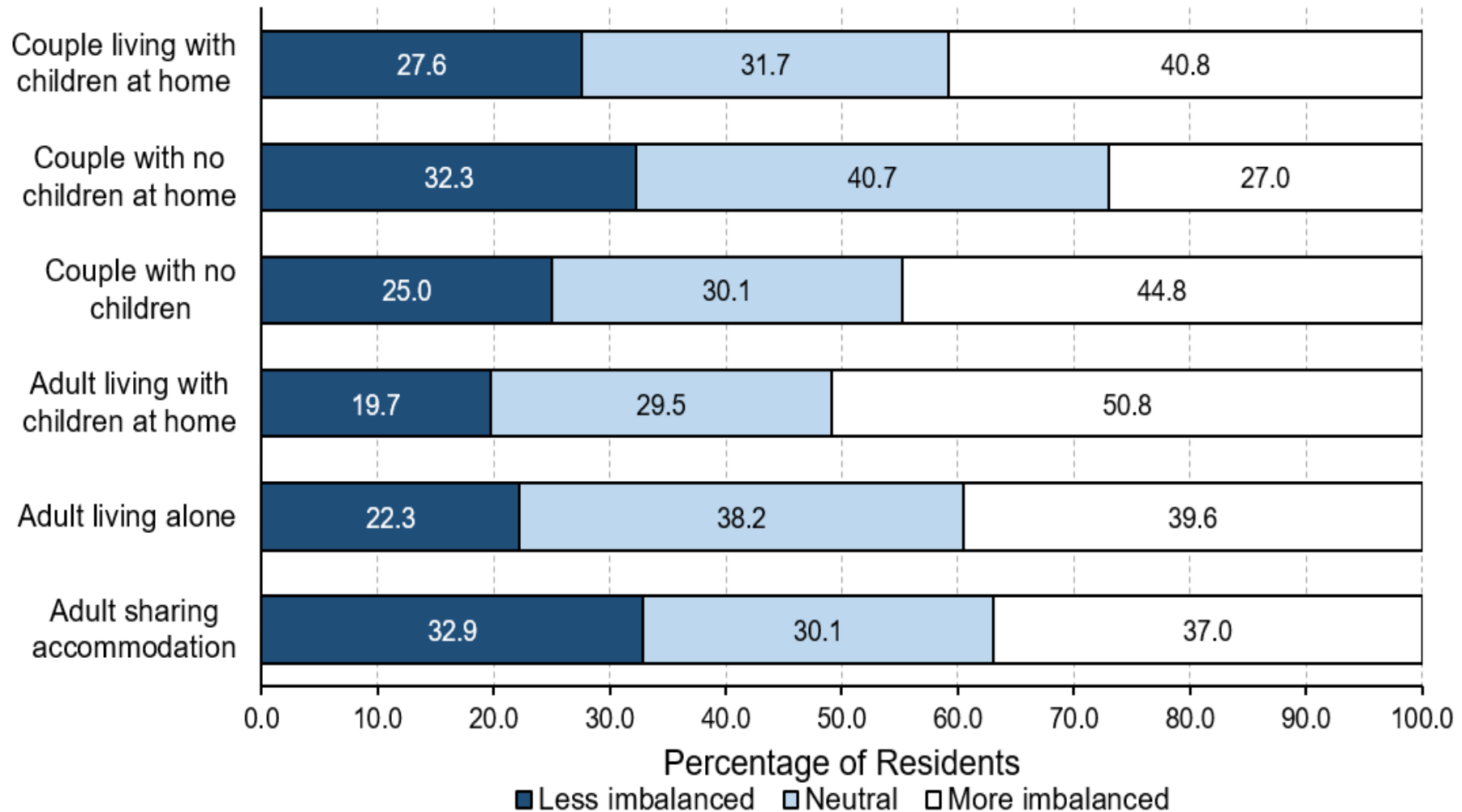
Work-life imbalance and age



Work-life imbalance and *region*



Work-life imbalance and *living arrangement*



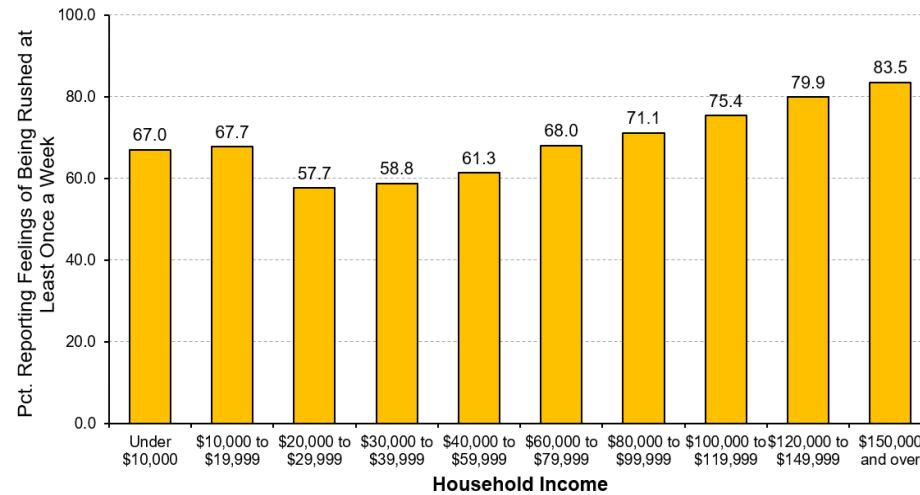


Time Use

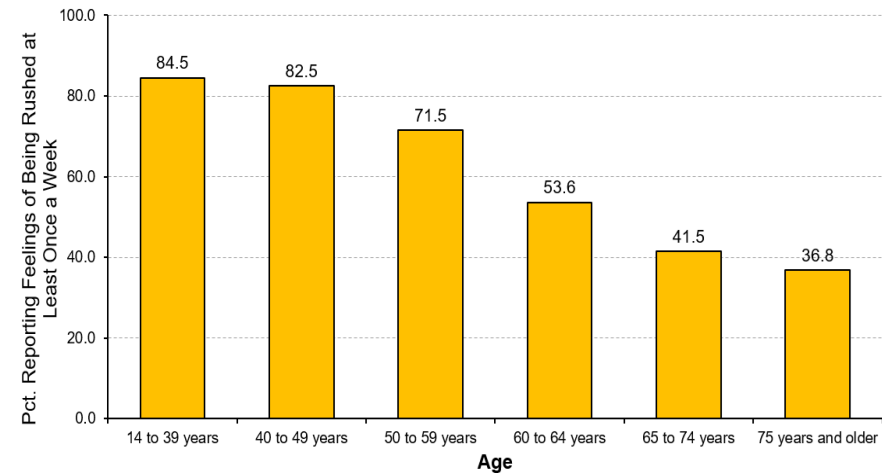


Feelings of being rushed

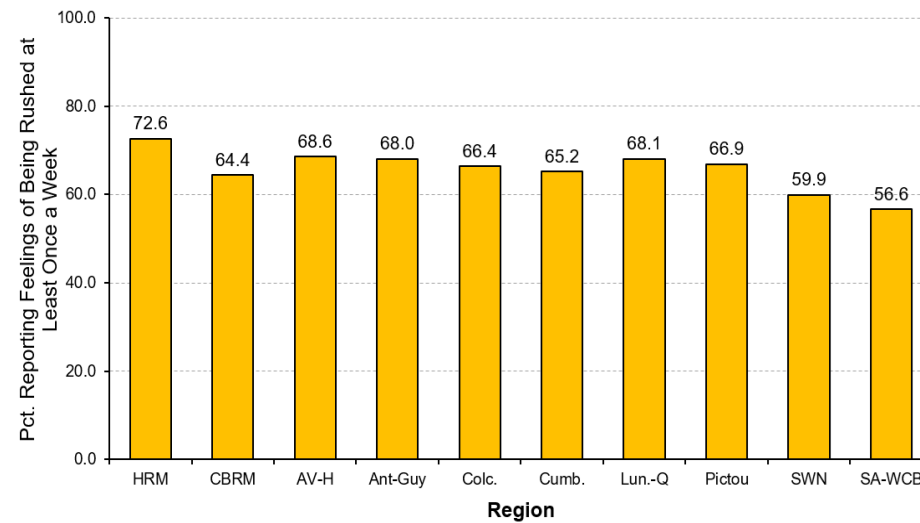
INCOME



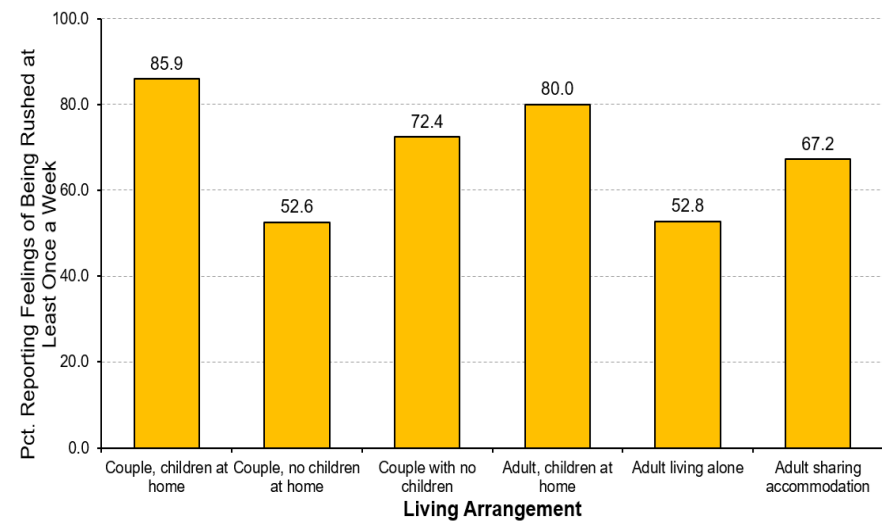
AGE



REGION

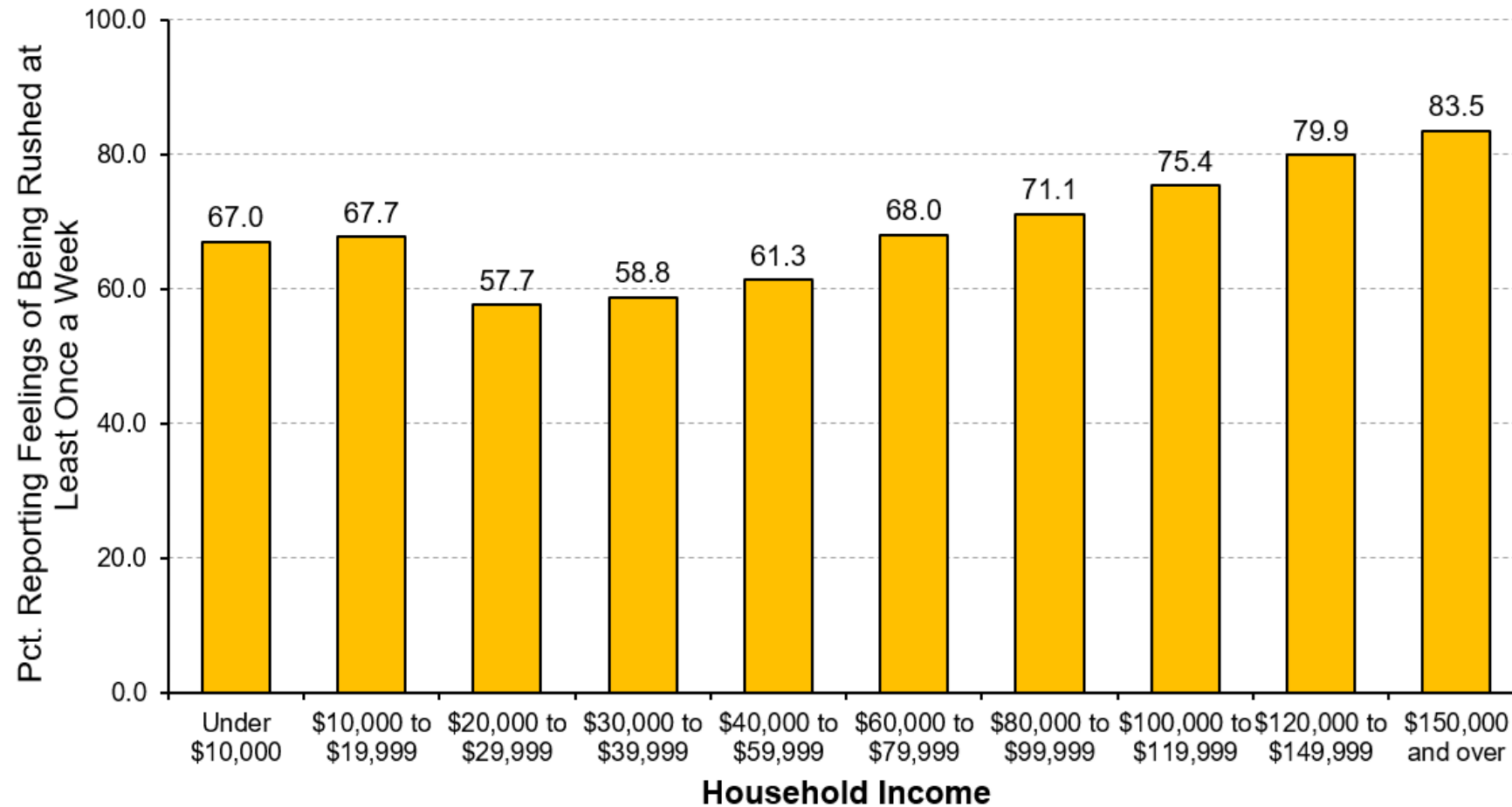


LIVING ARRANGEMENT



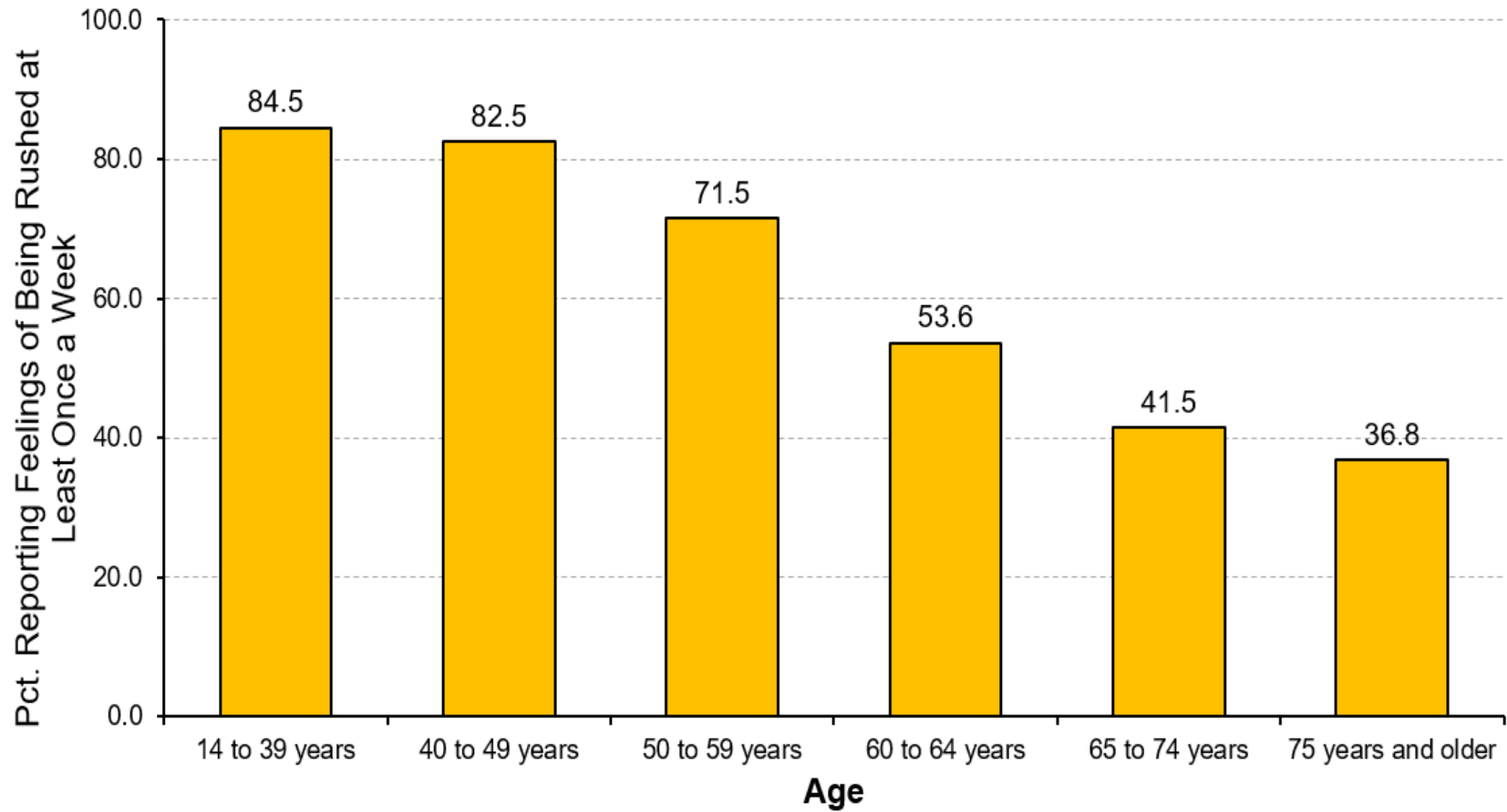
Feelings of being rushed

INCOME

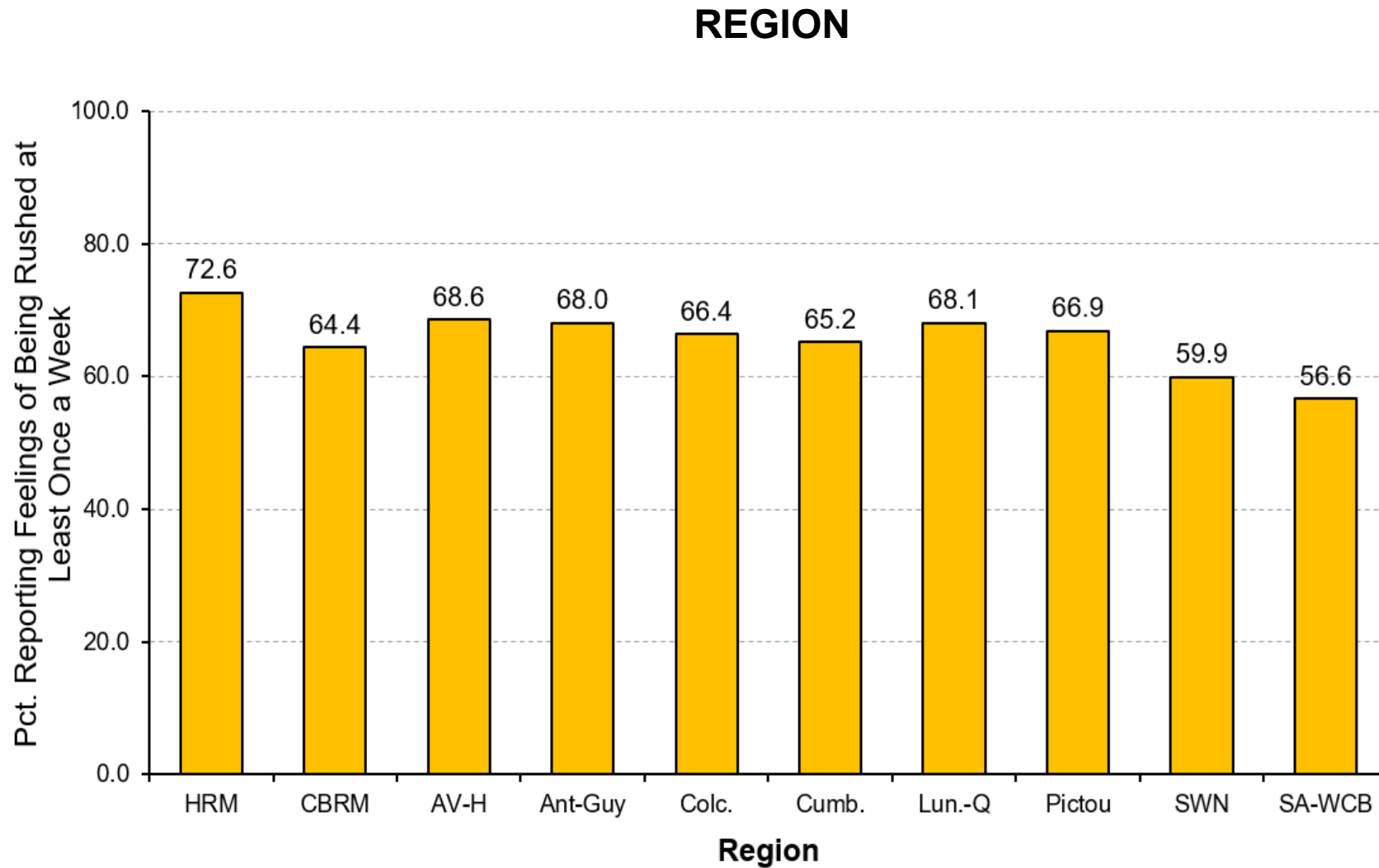


Feelings of being rushed

AGE

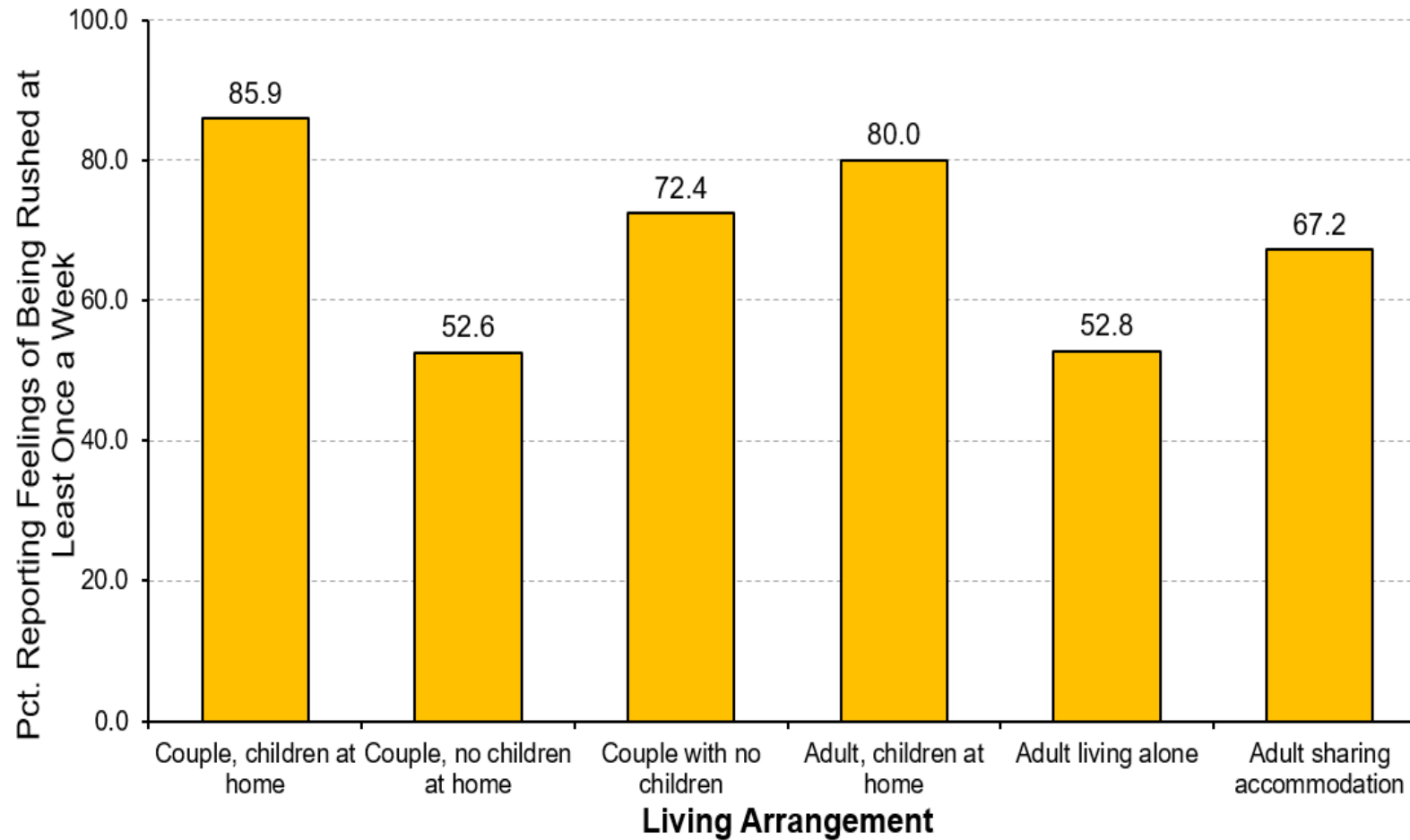


Feelings of being rushed

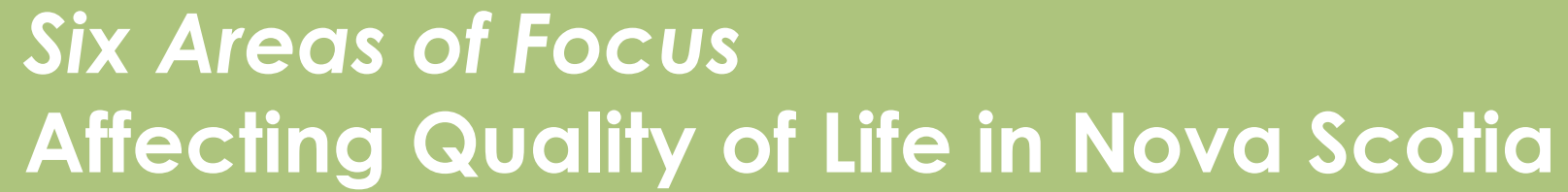


Feelings of being rushed

LIVING ARRANGEMENT

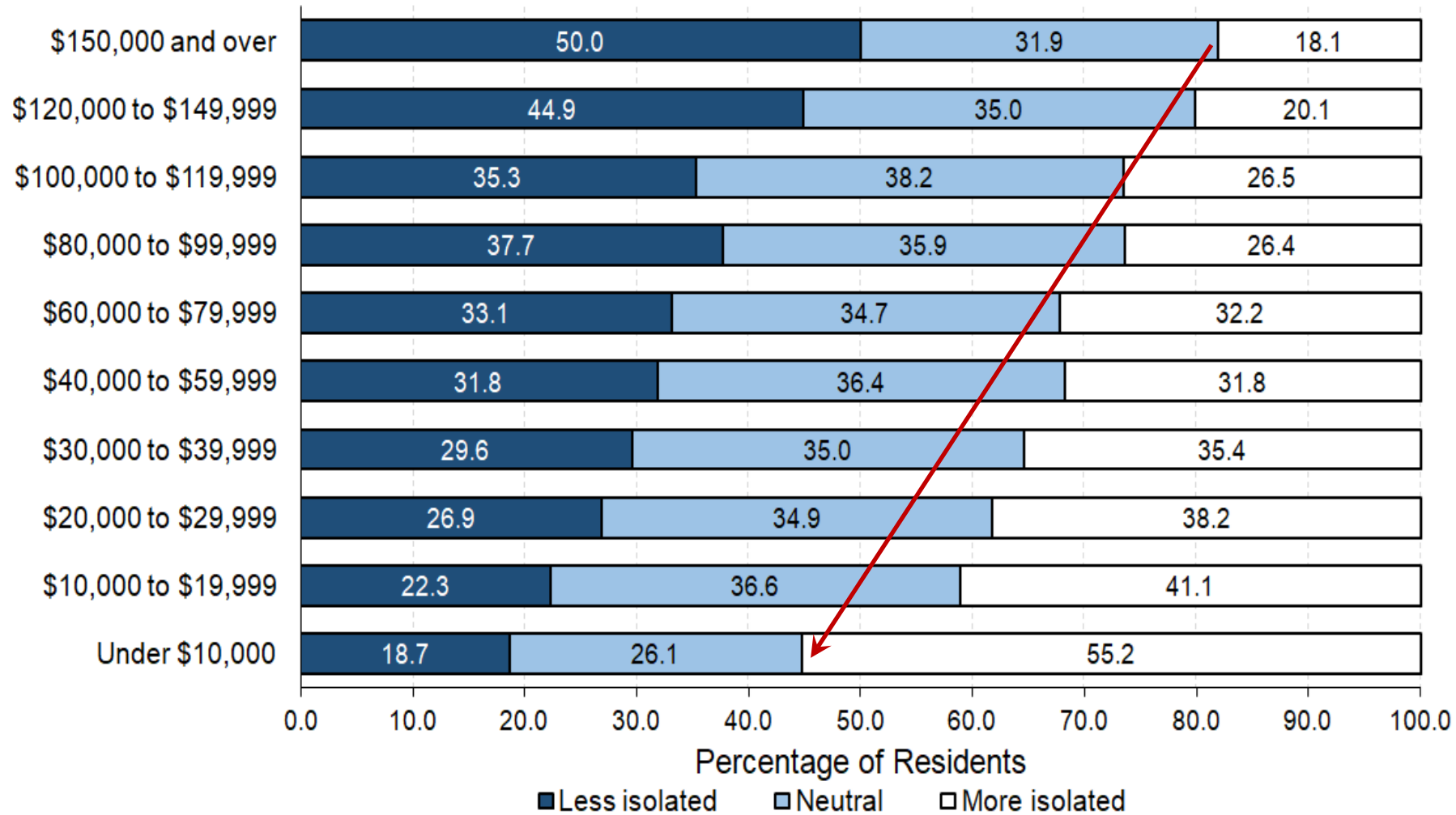


Six Areas of Focus
Affecting Quality of Life in Nova Scotia

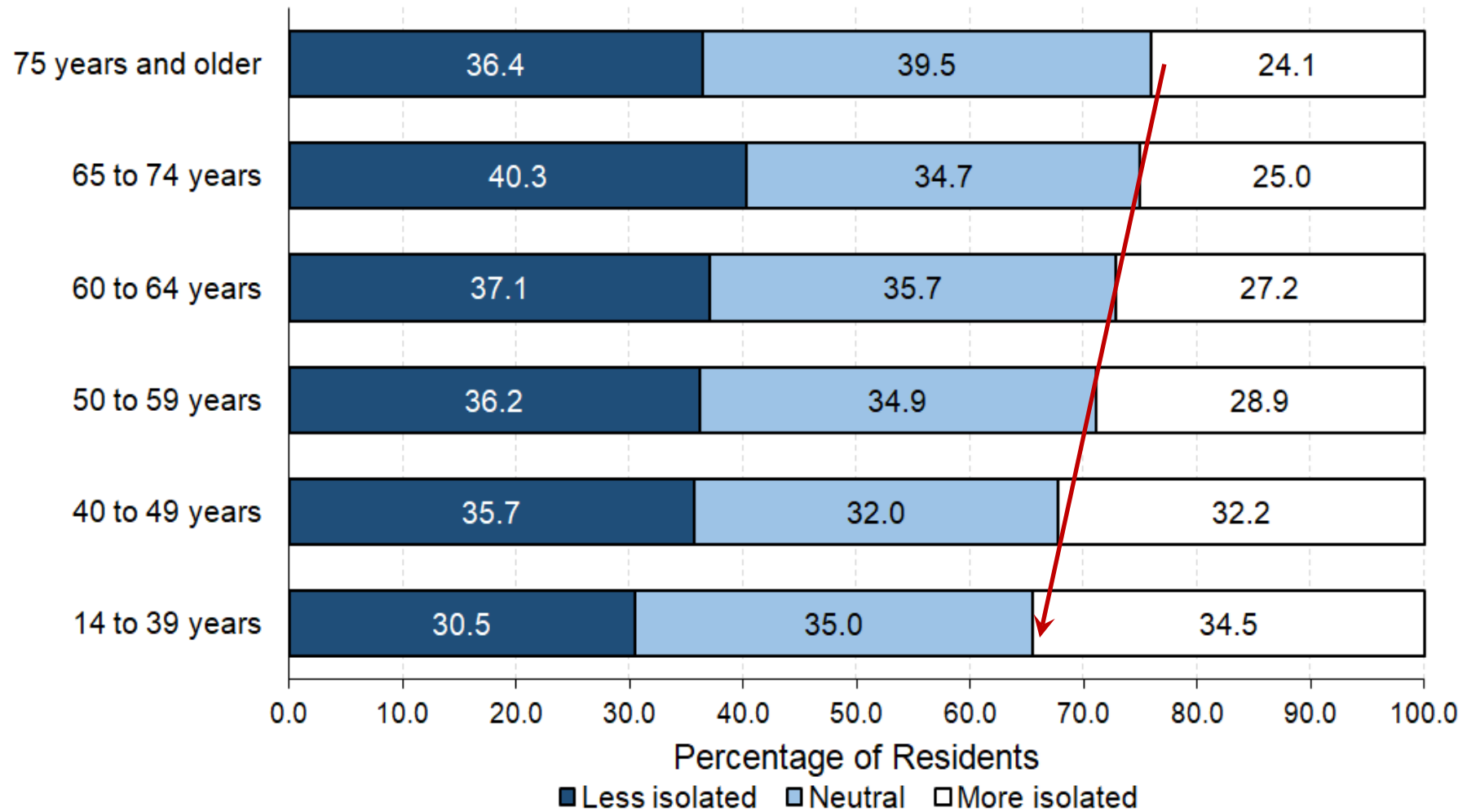




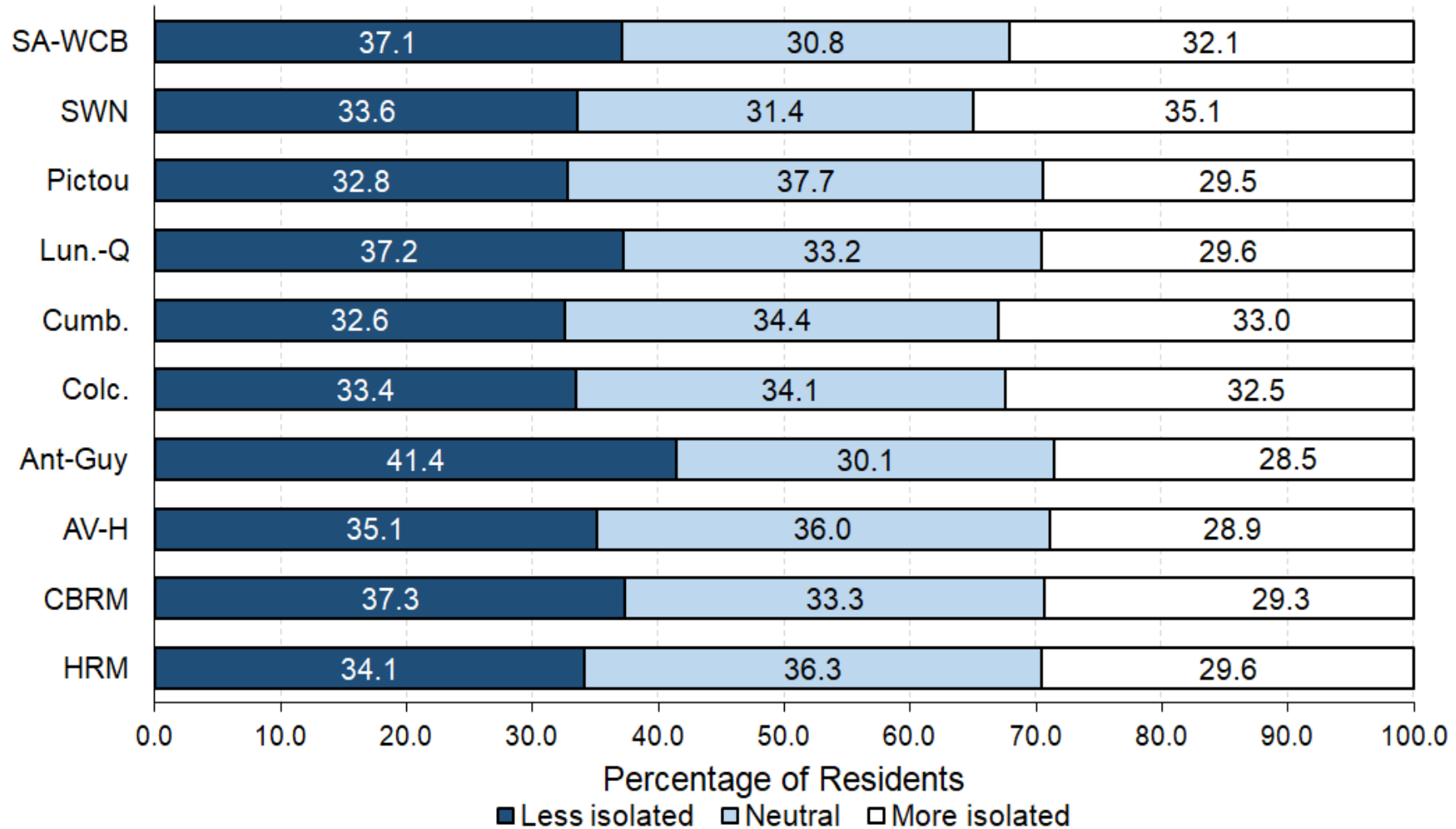
Social isolation by income



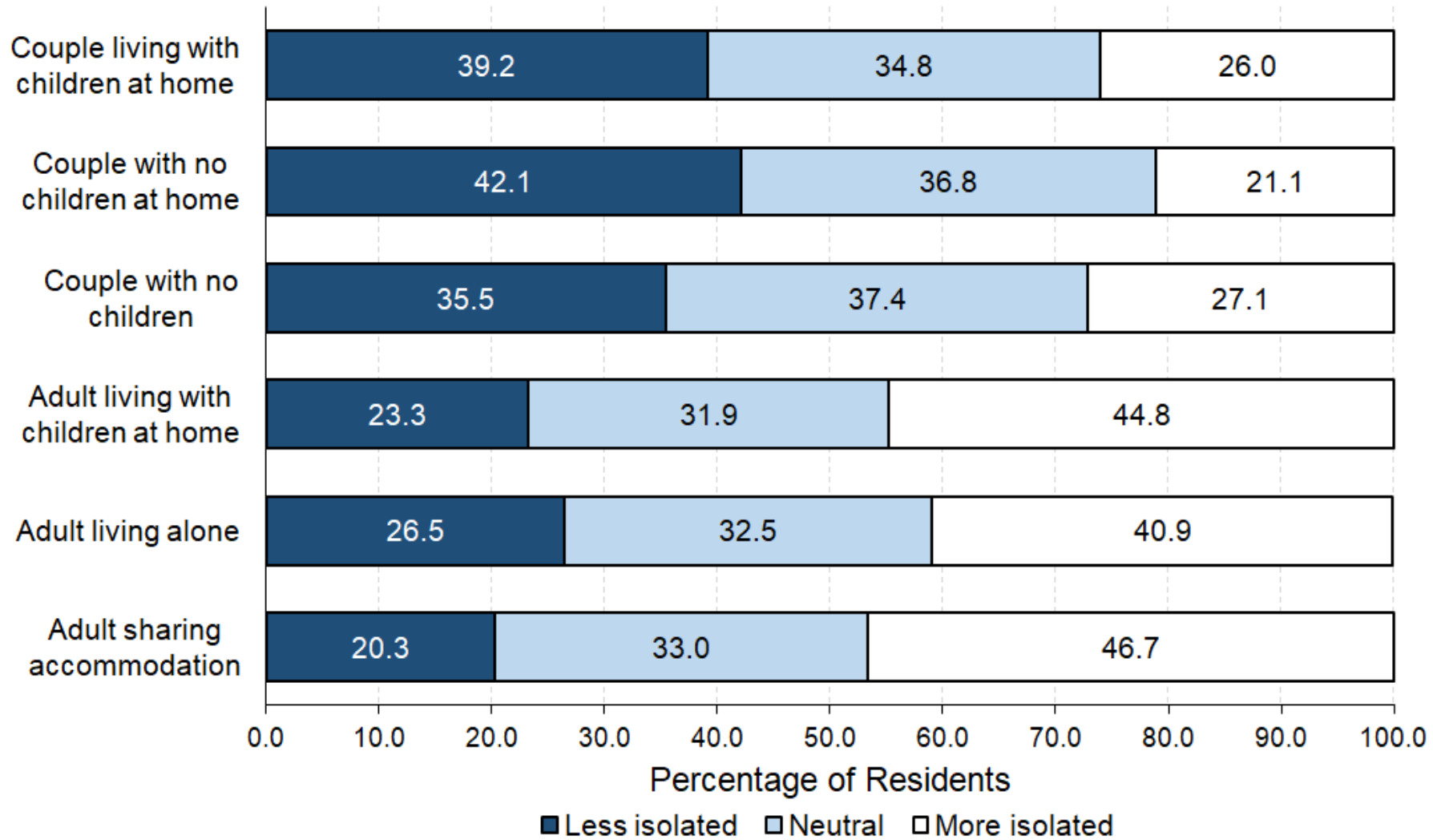
Social isolation by age



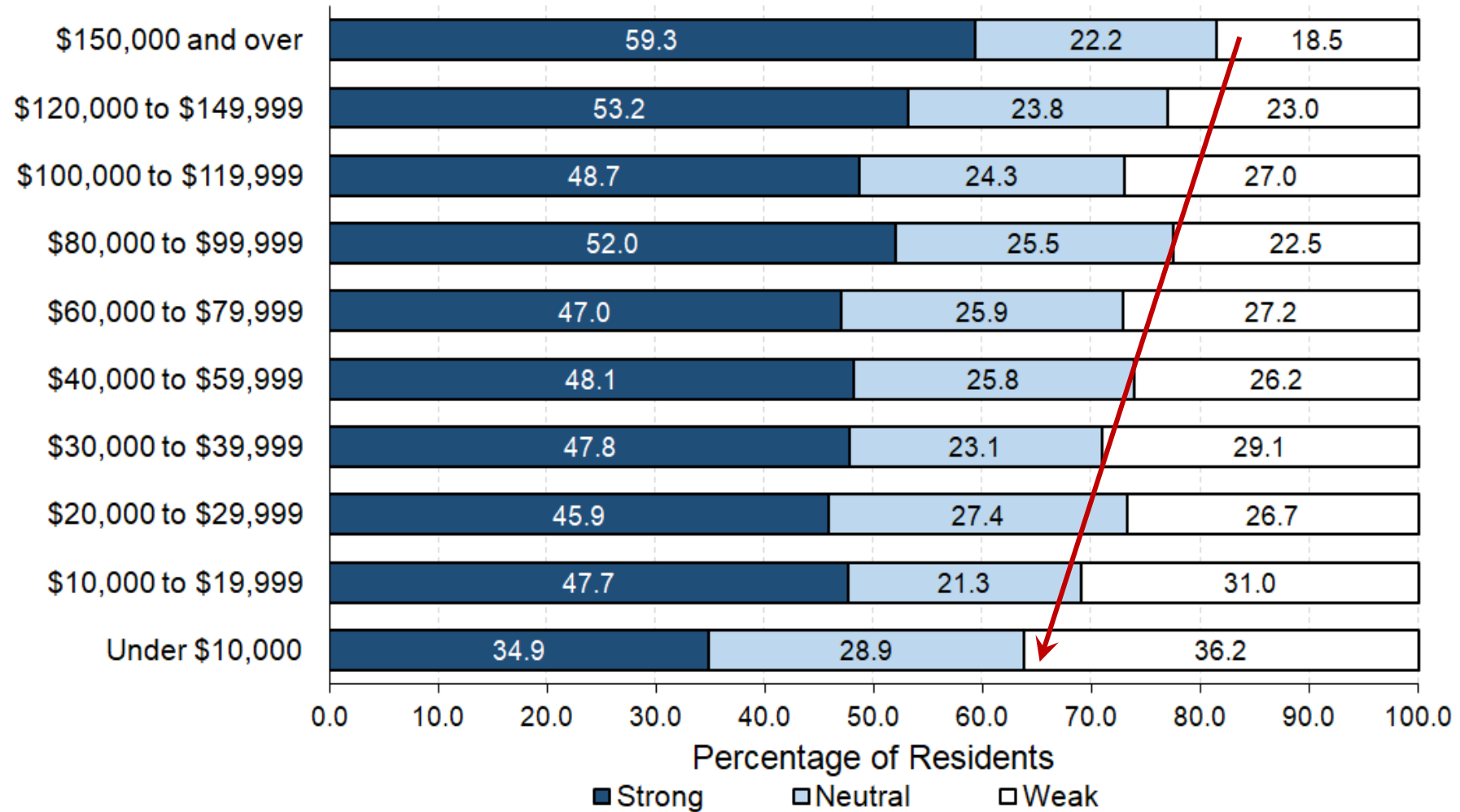
Social isolation by region



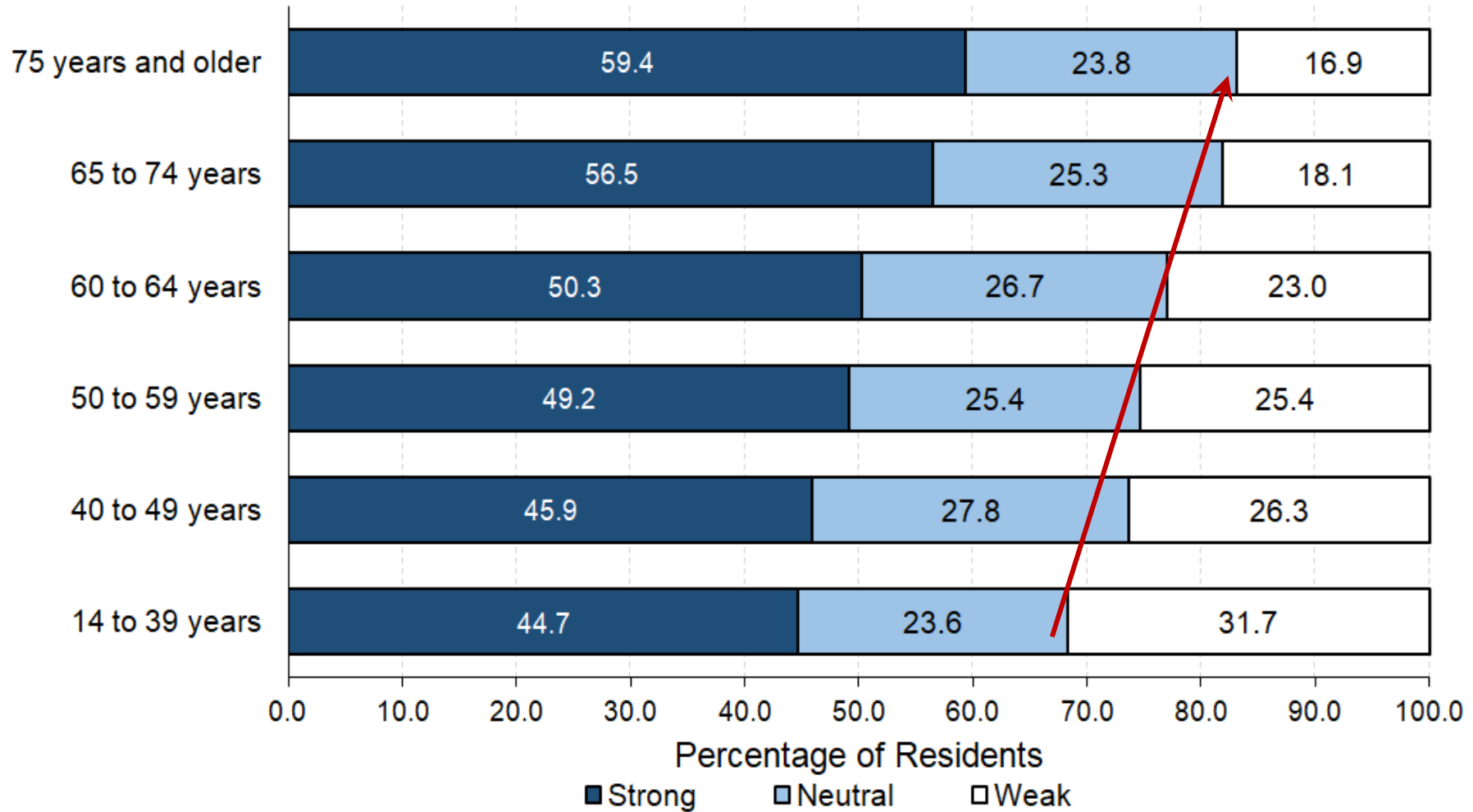
Social isolation by living arrangement



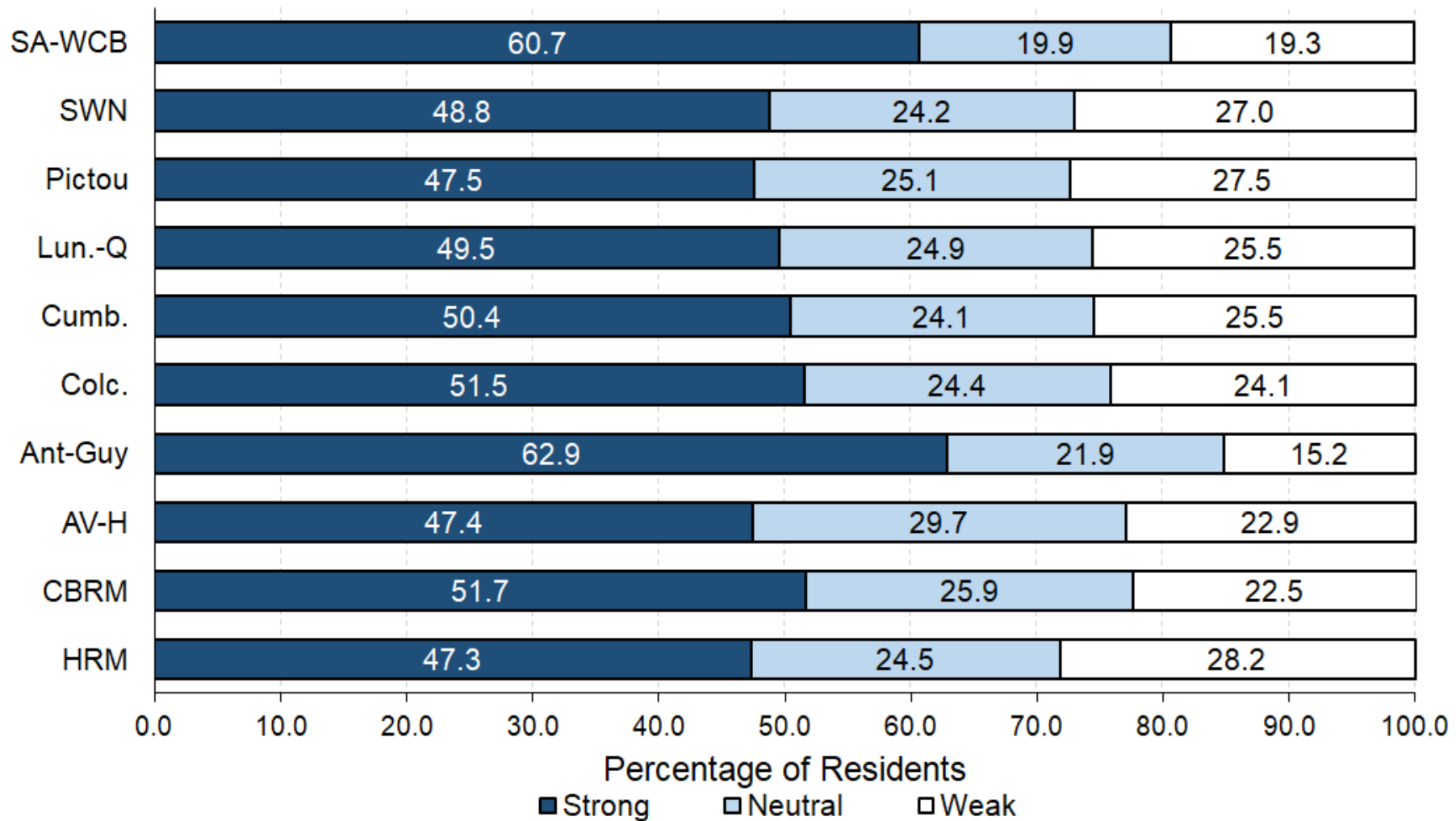
Sense of belonging by income



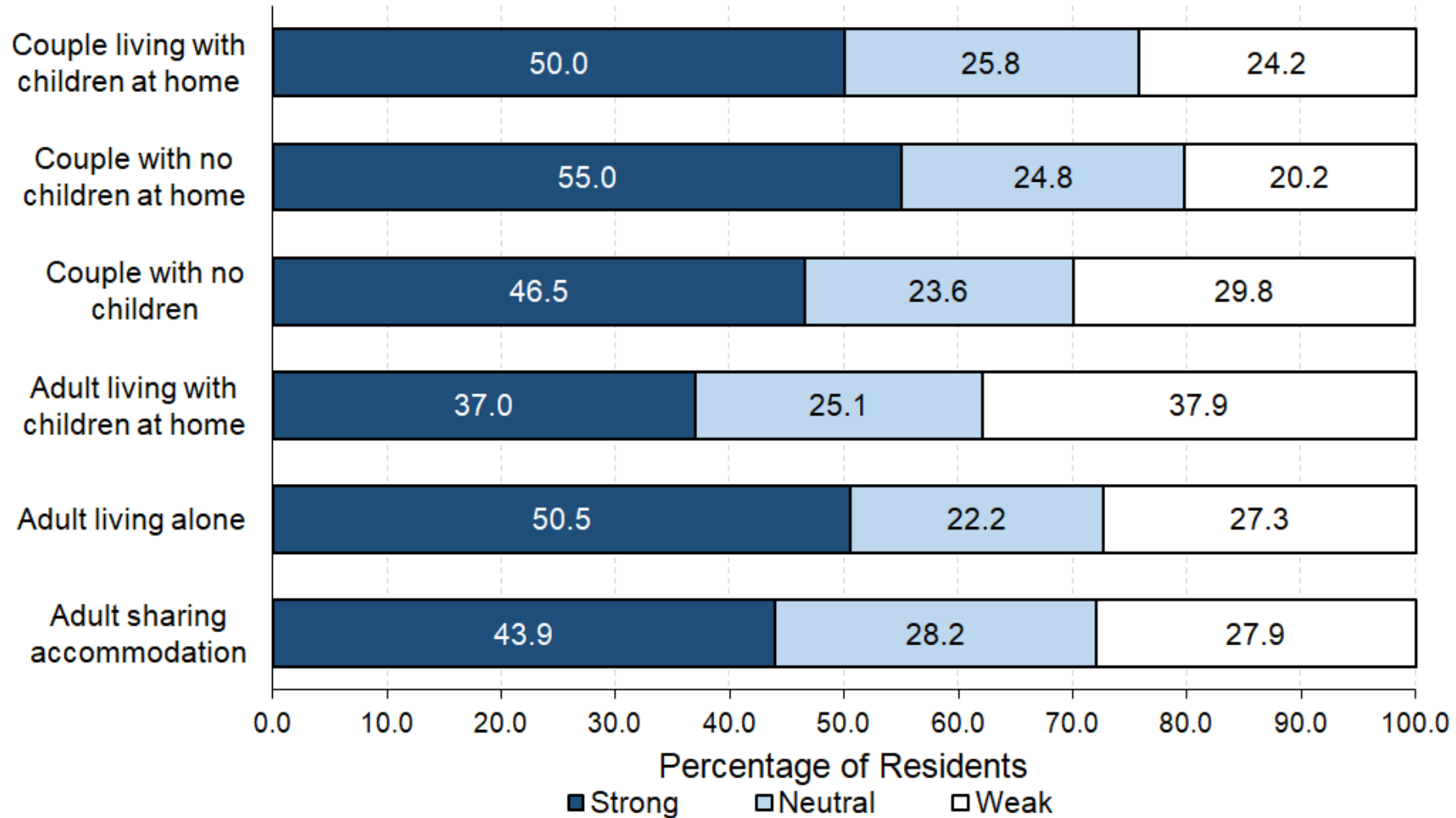
Sense of belonging by age



Sense of belonging by region



Sense of belonging by *living arrangement*





SOCIAL ISOLATION

SENSE of COMMUNITY

HEALTH

Six Areas of Focus

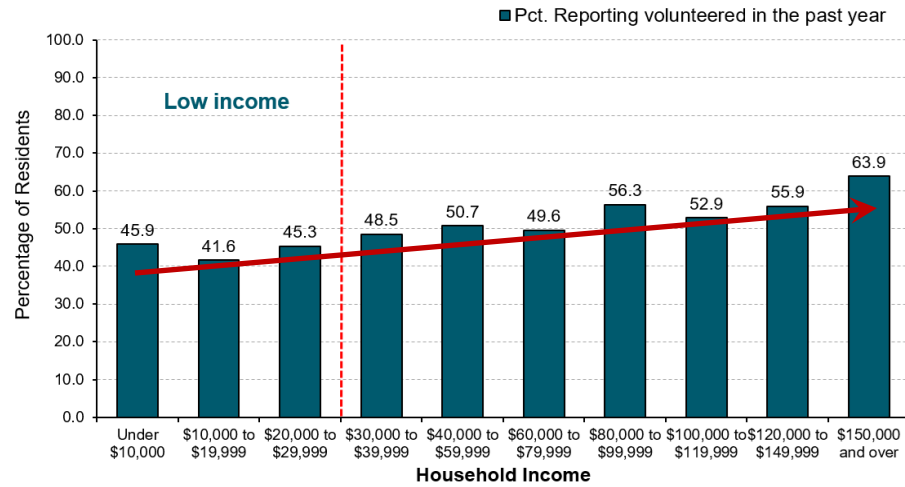
FEELINGS of TRUST

POVERTY

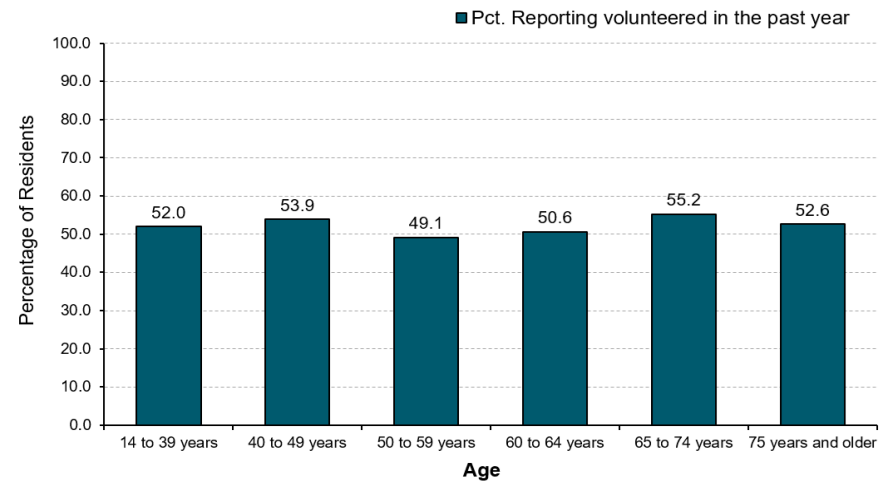
EXPERIENCE of DISCRIMINATION

Volunteering in Nova Scotia

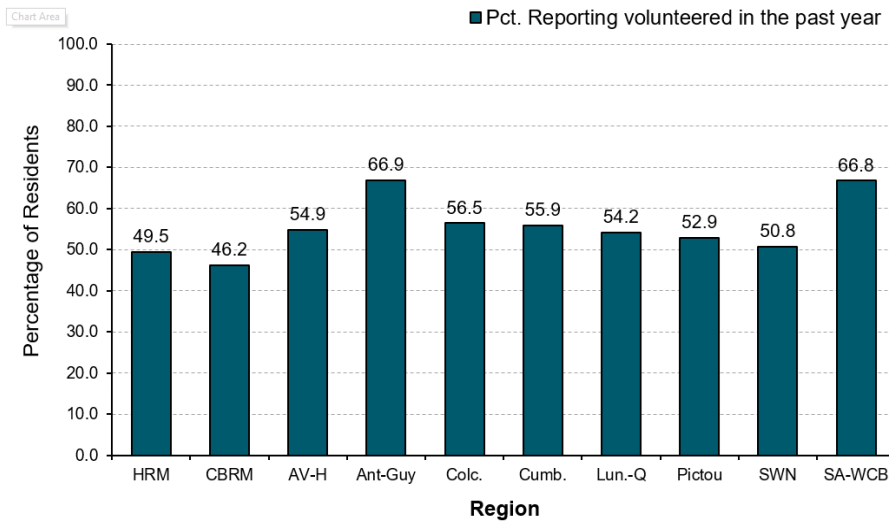
INCOME



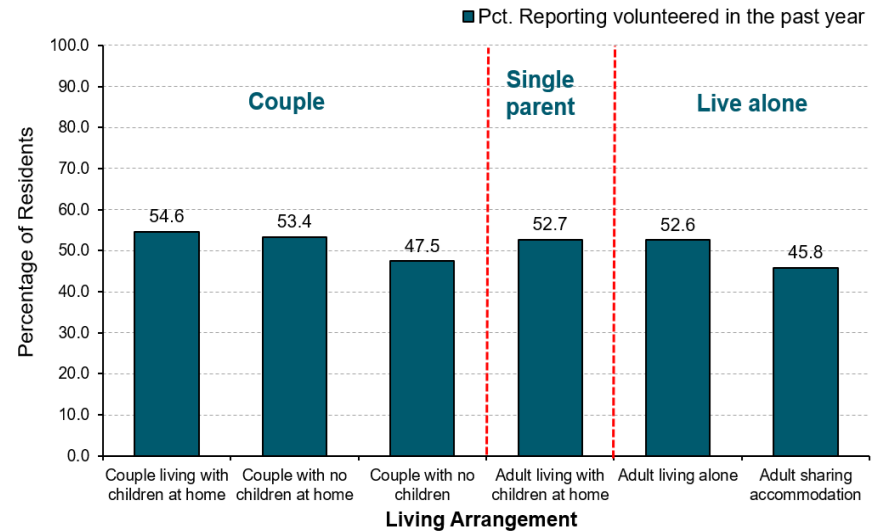
AGE



REGION

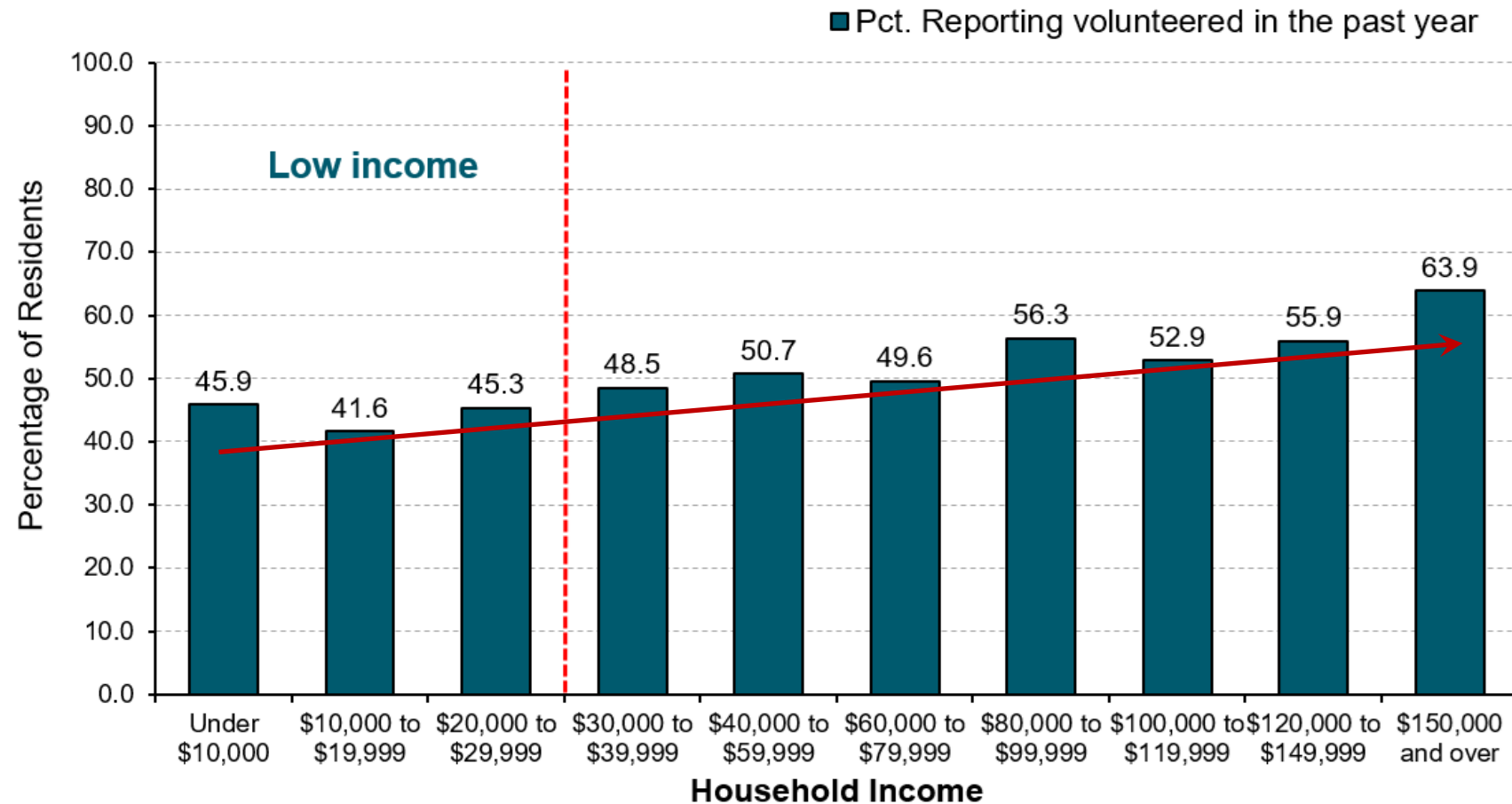


LIVING ARRANGEMENT



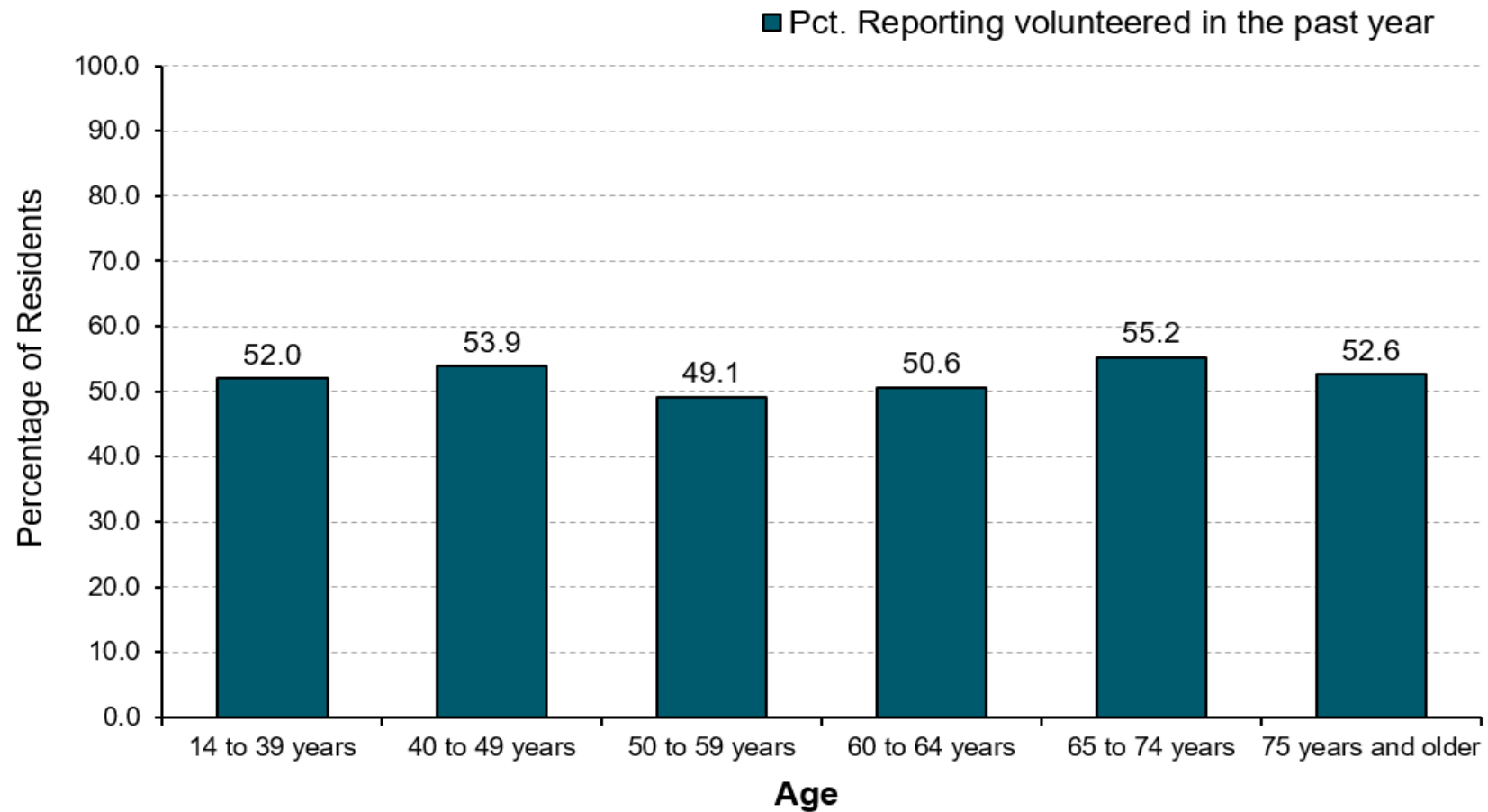
Volunteering in Nova Scotia

INCOME



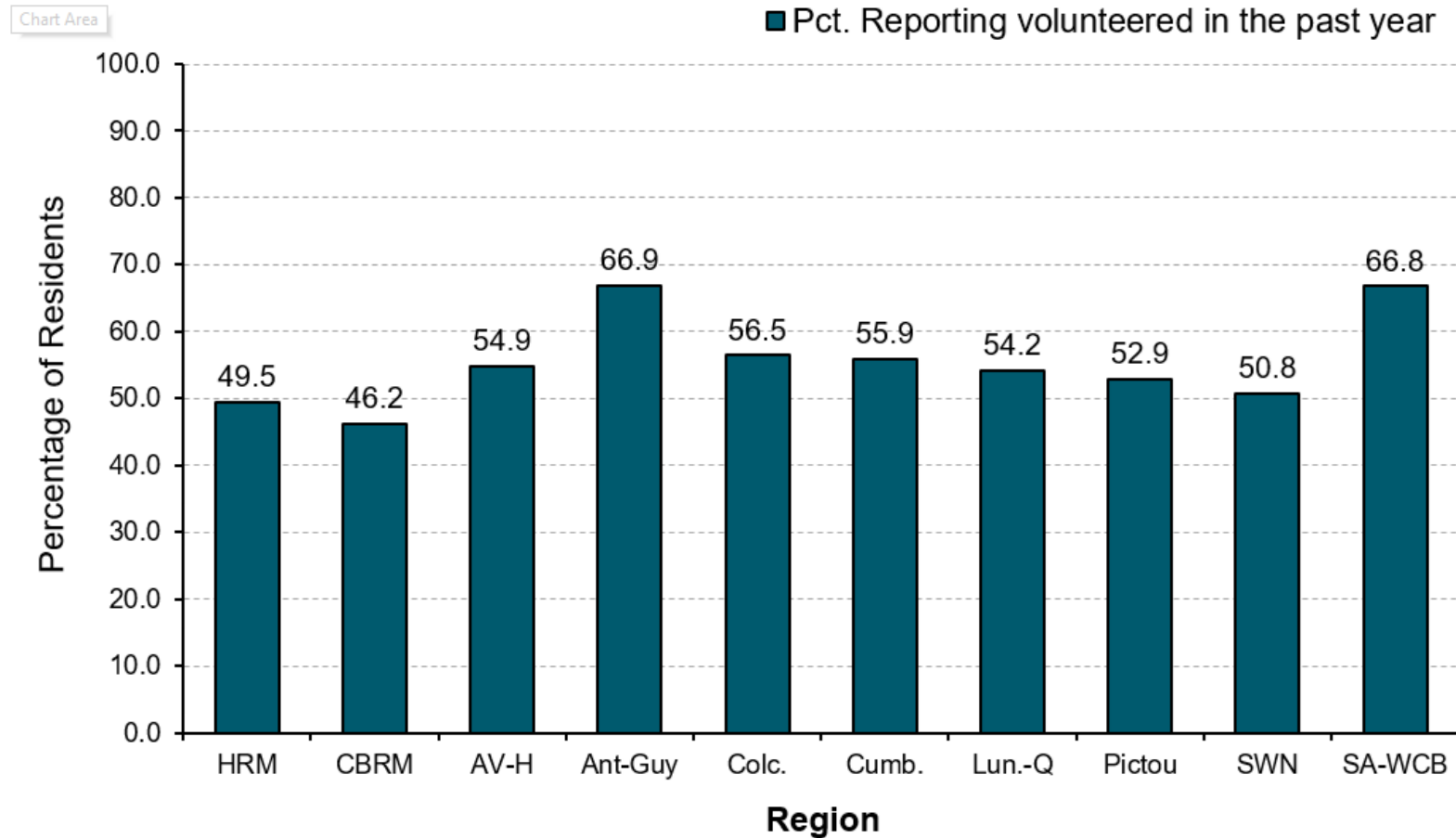
Volunteering in Nova Scotia

AGE



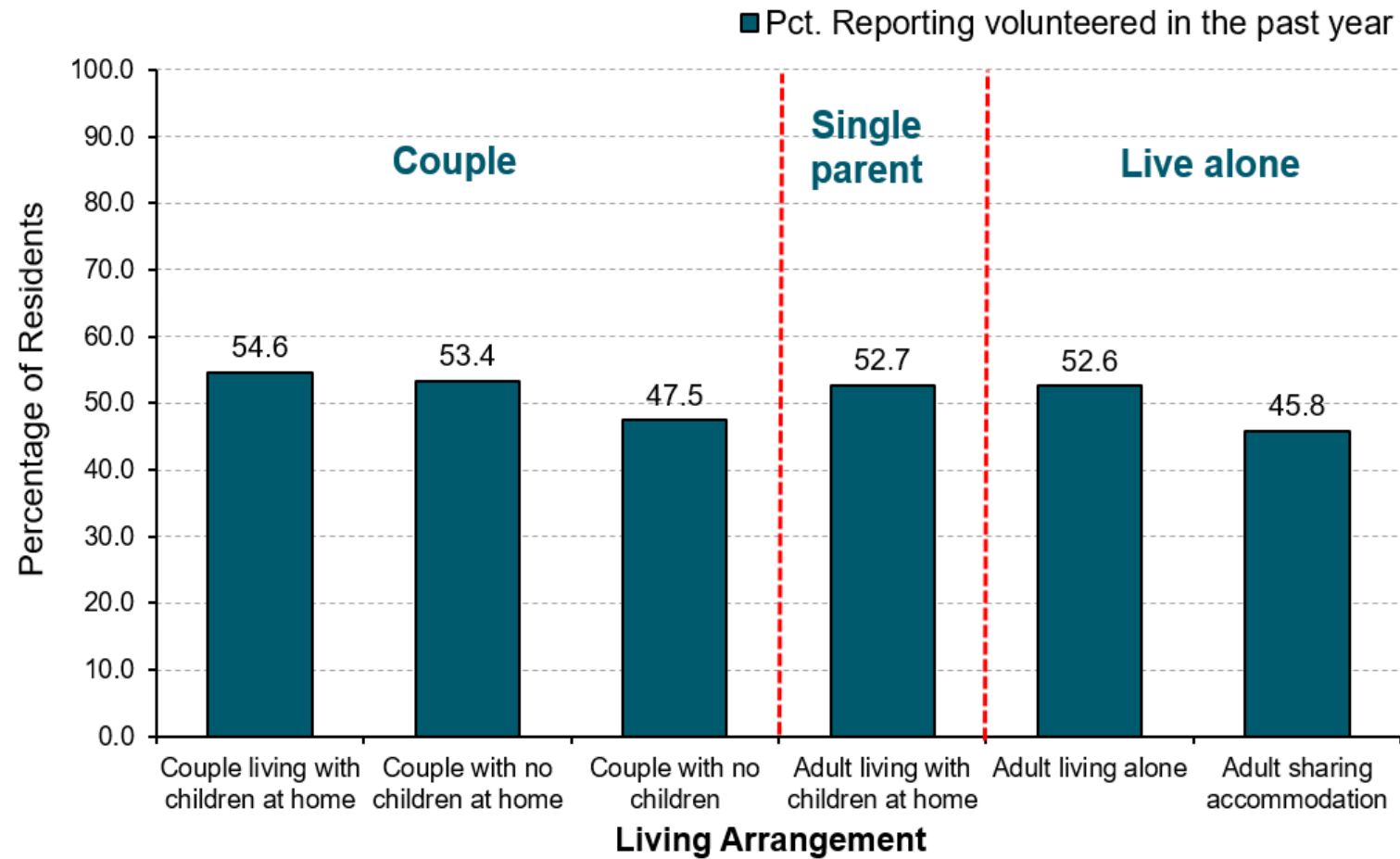
Volunteering in Nova Scotia

REGION

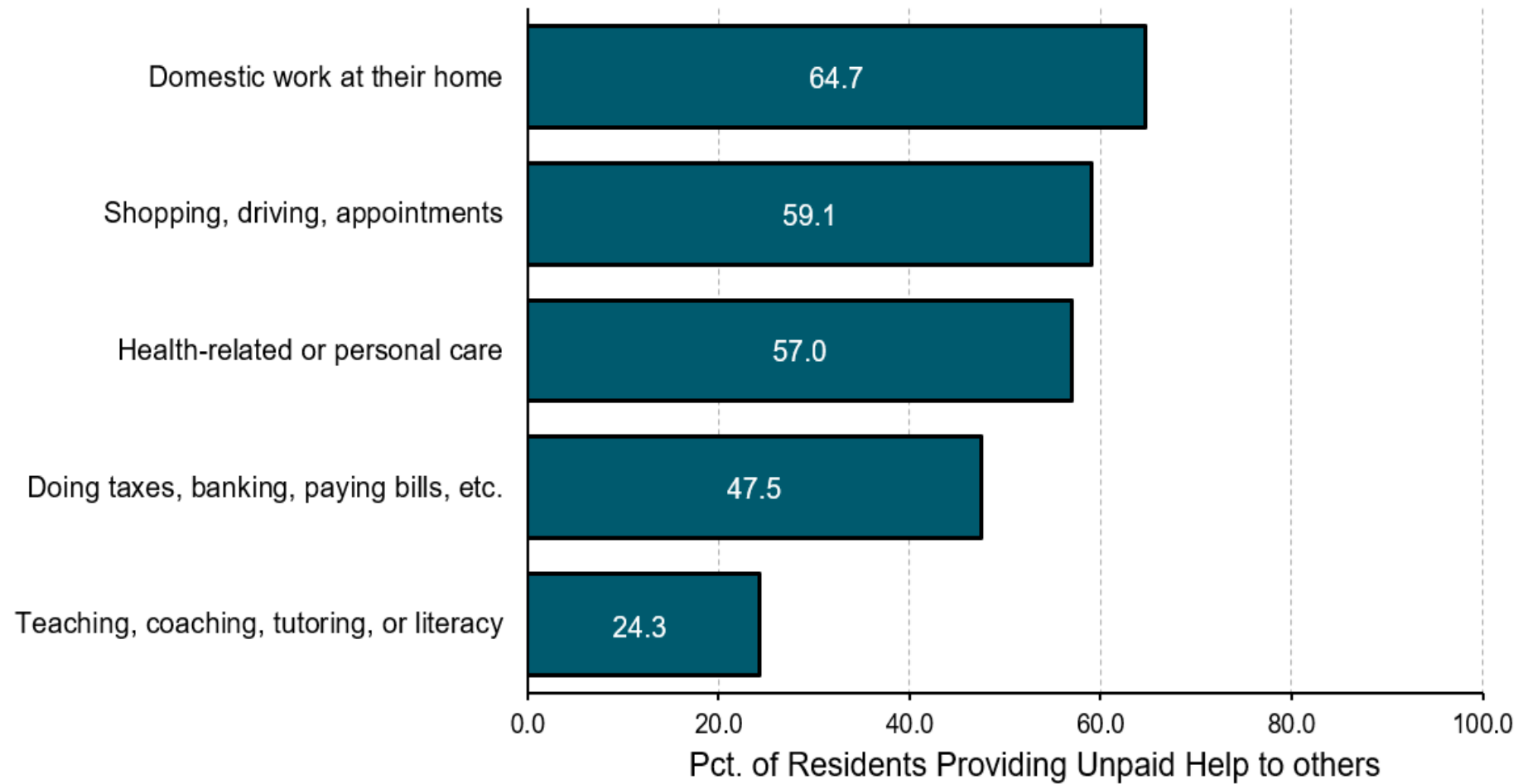


Volunteering in Nova Scotia

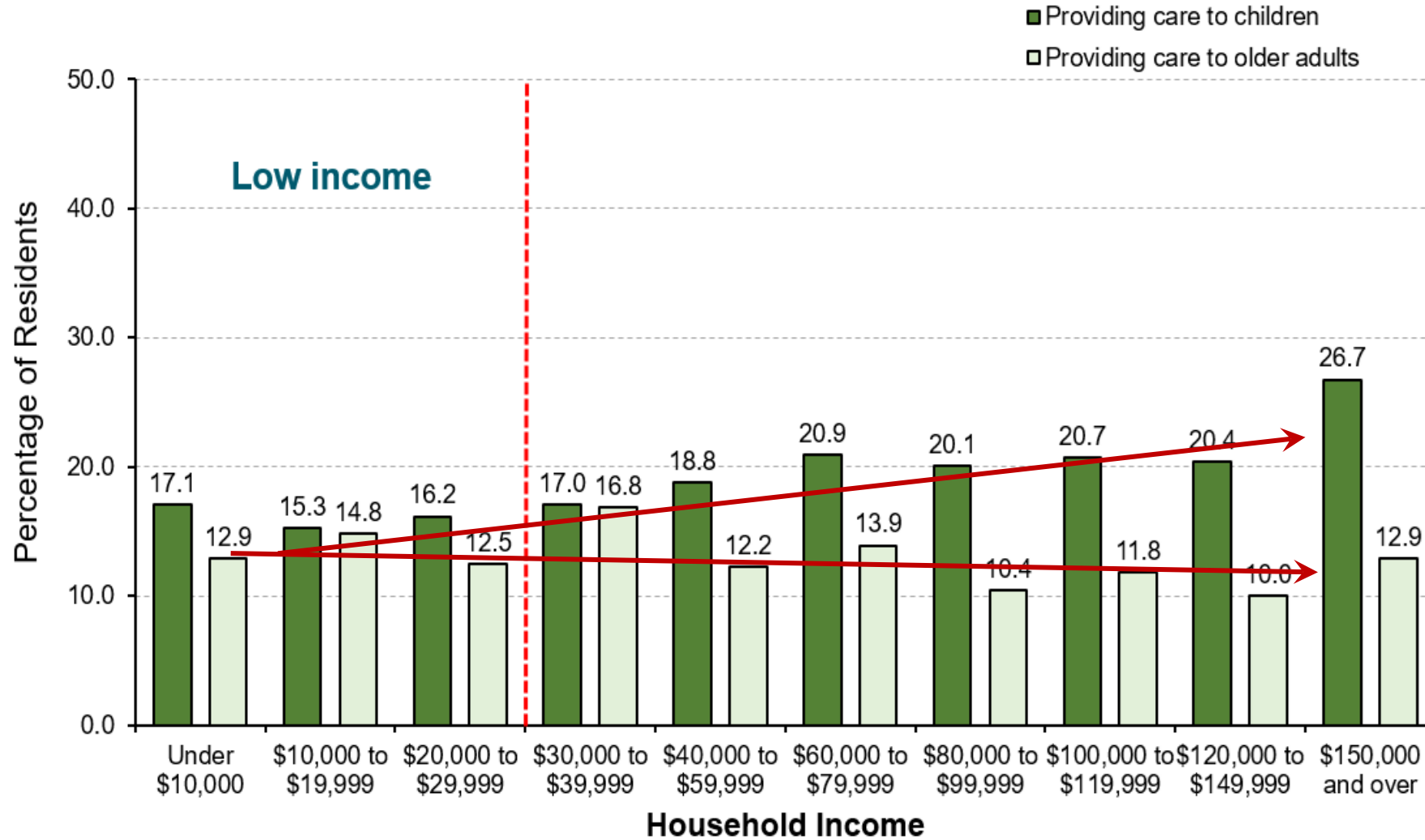
LIVING ARRANGEMENT



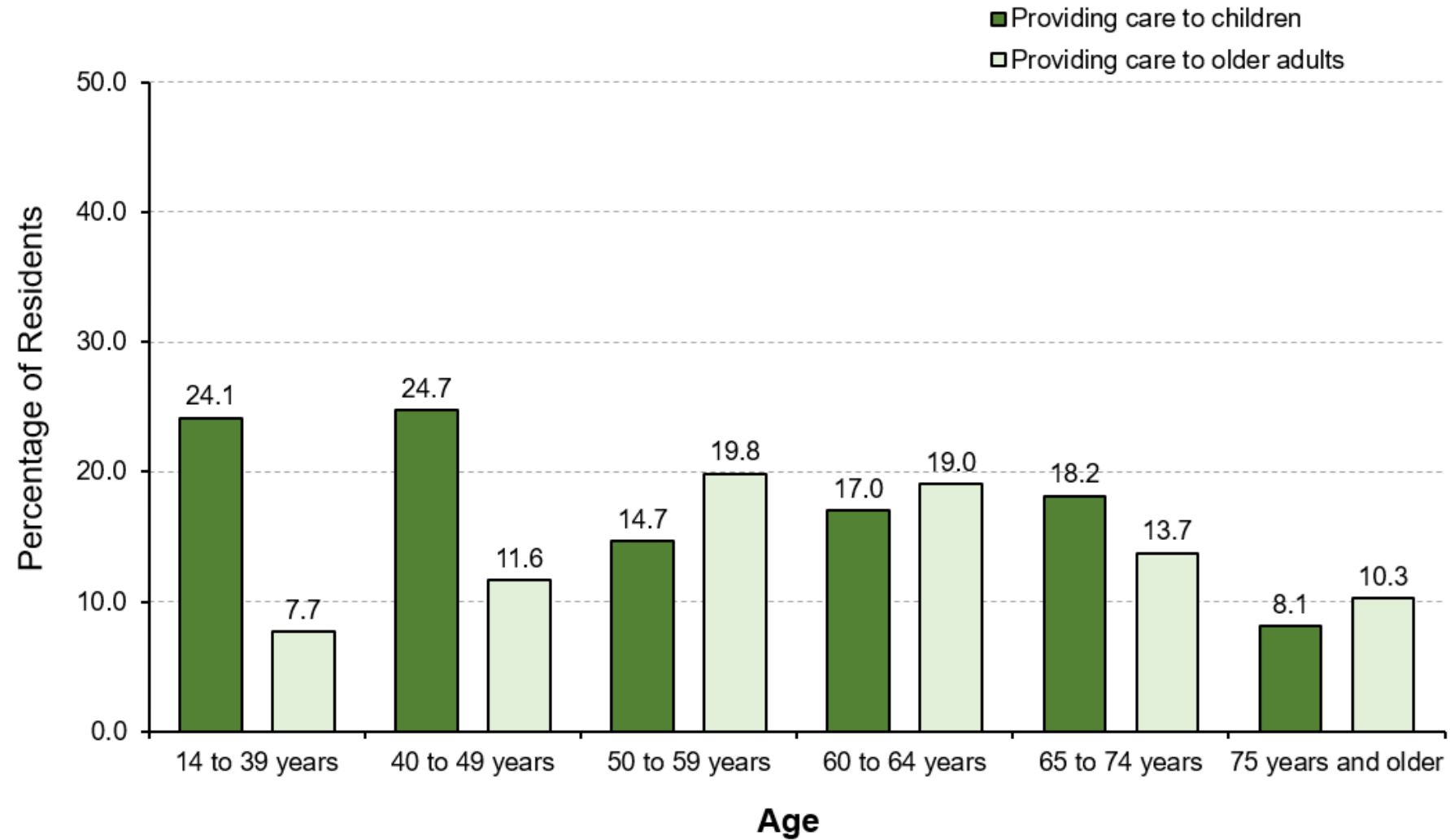
Providing unpaid help to others



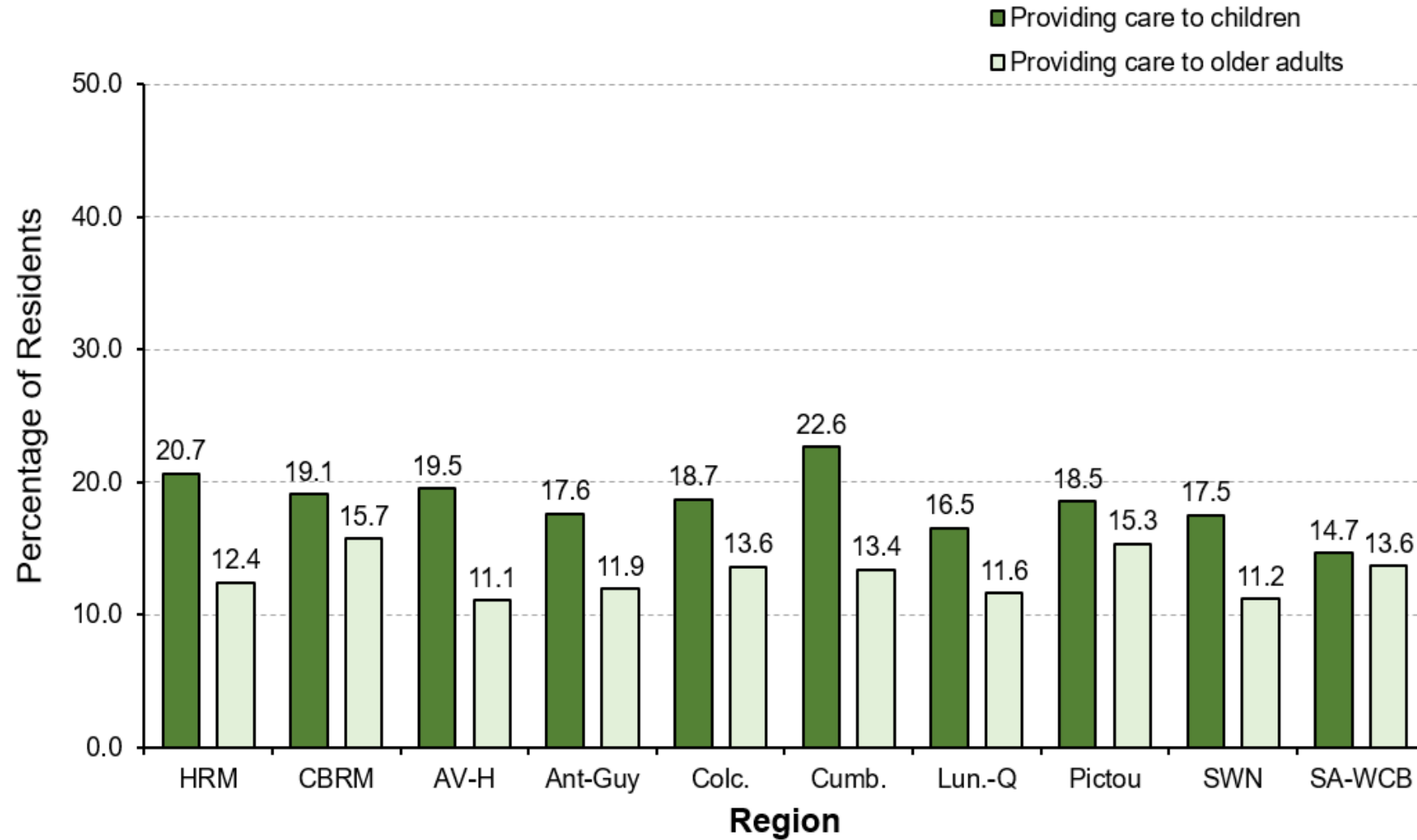
Providing care to others by *income*



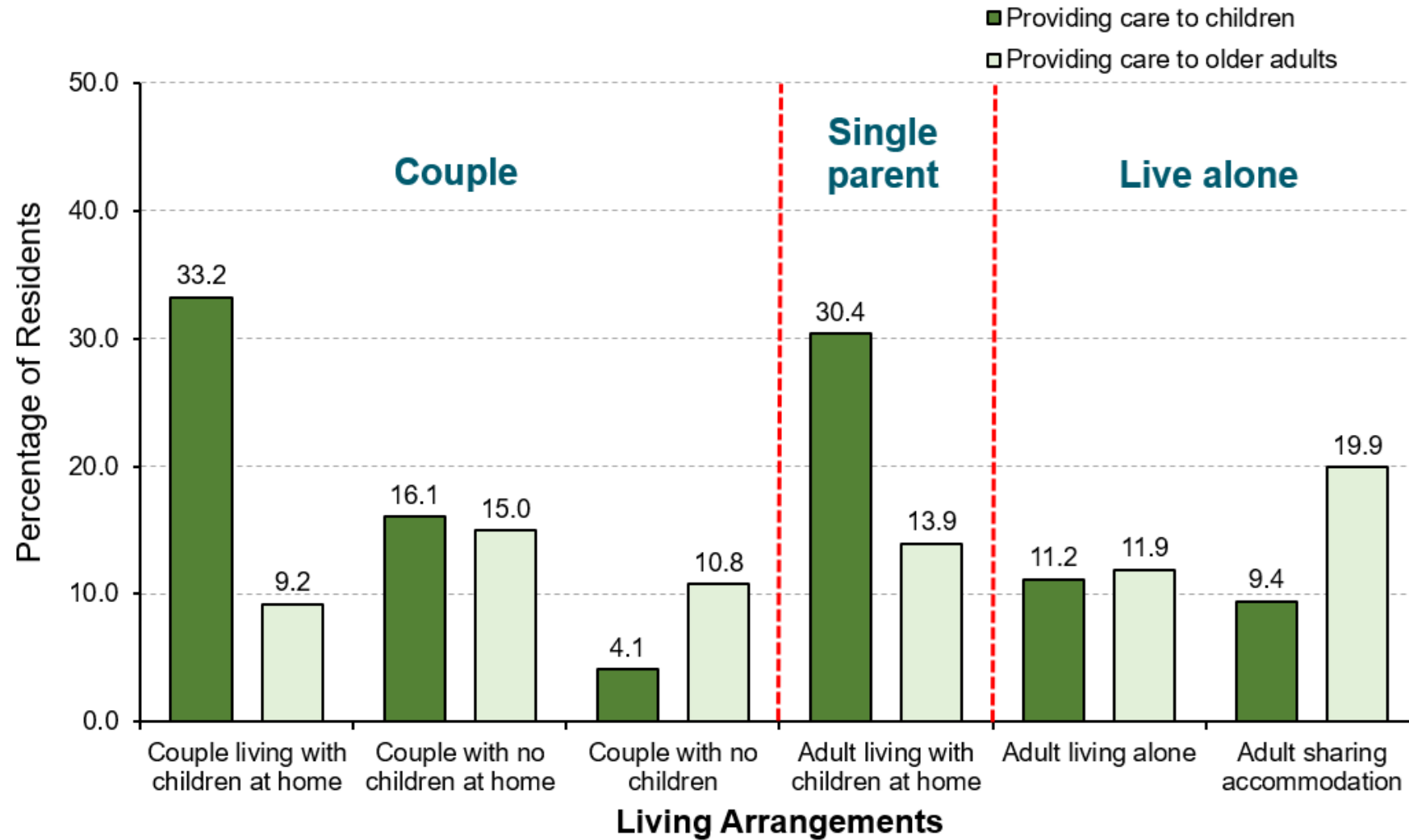
Providing care to others by age



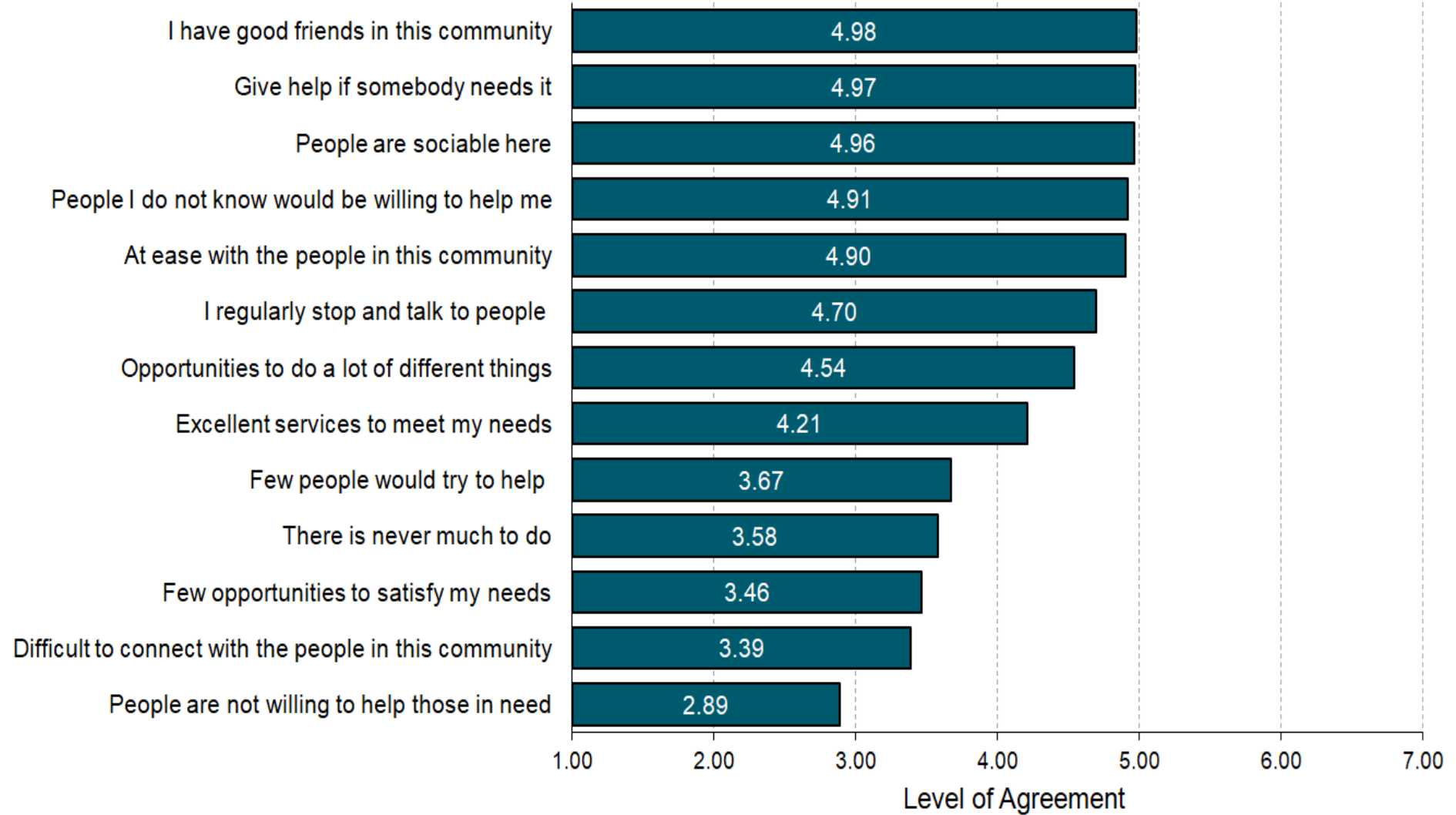
Providing care to others by region



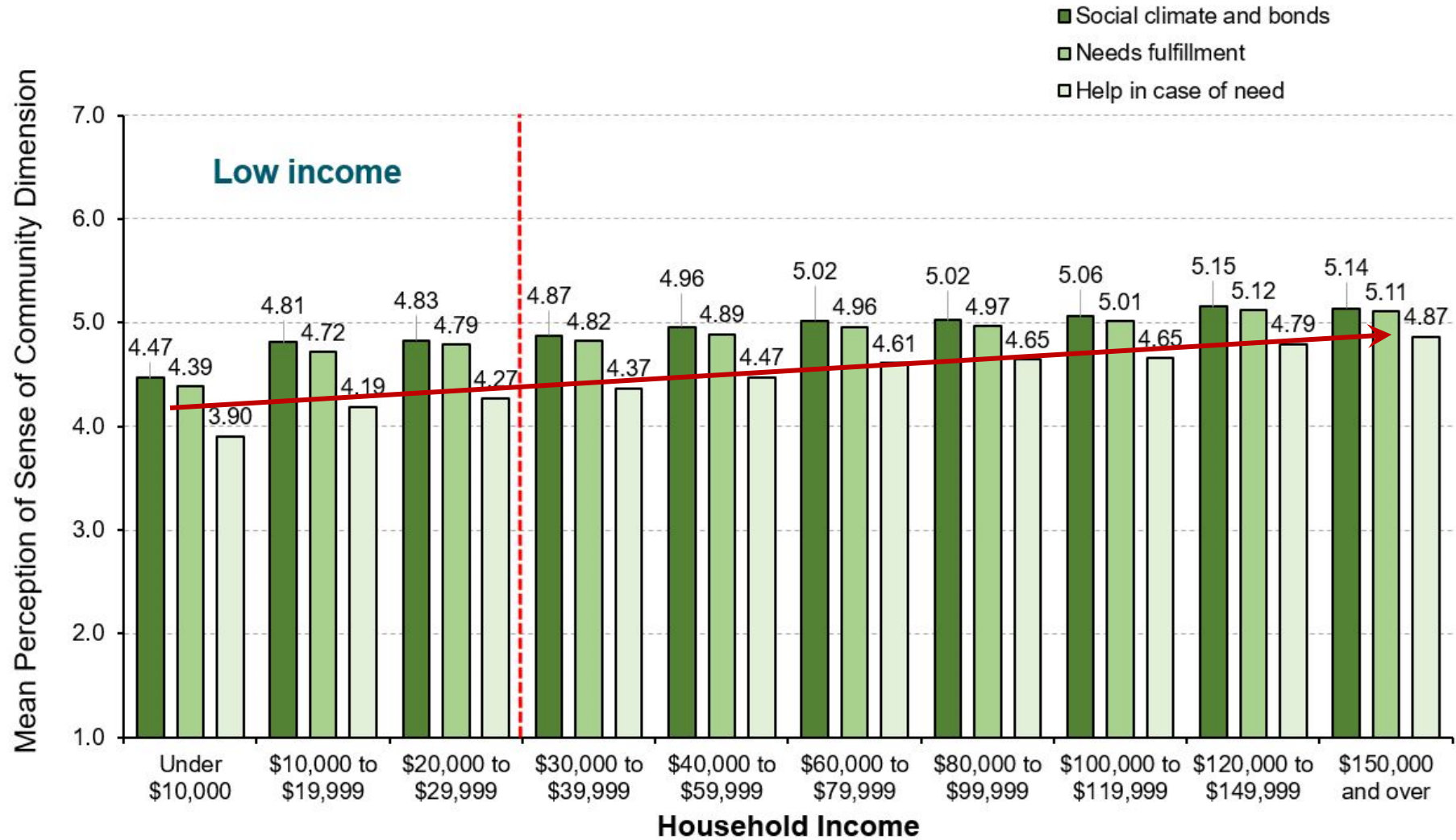
Providing care to others by *living arrangement*



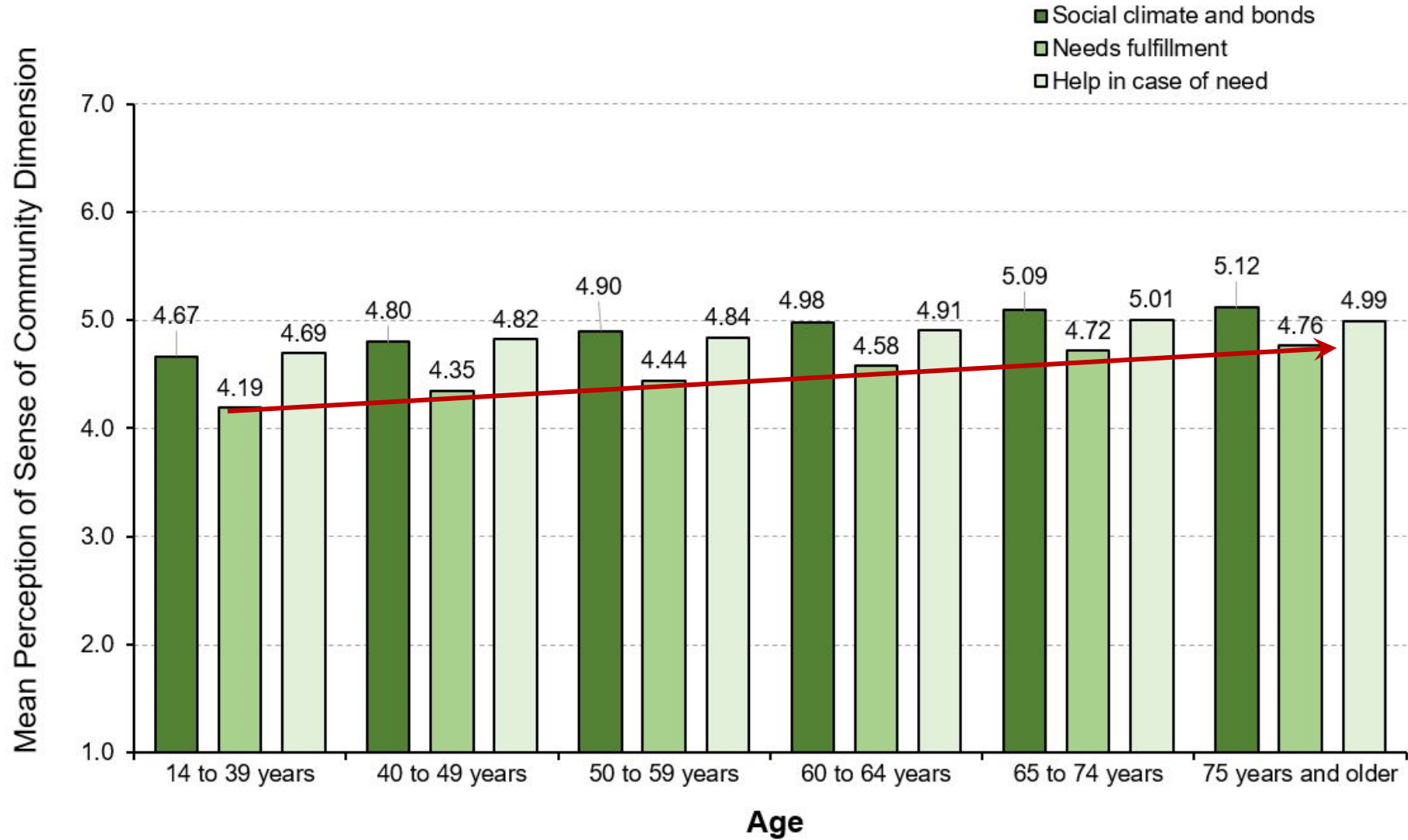
Sense of community



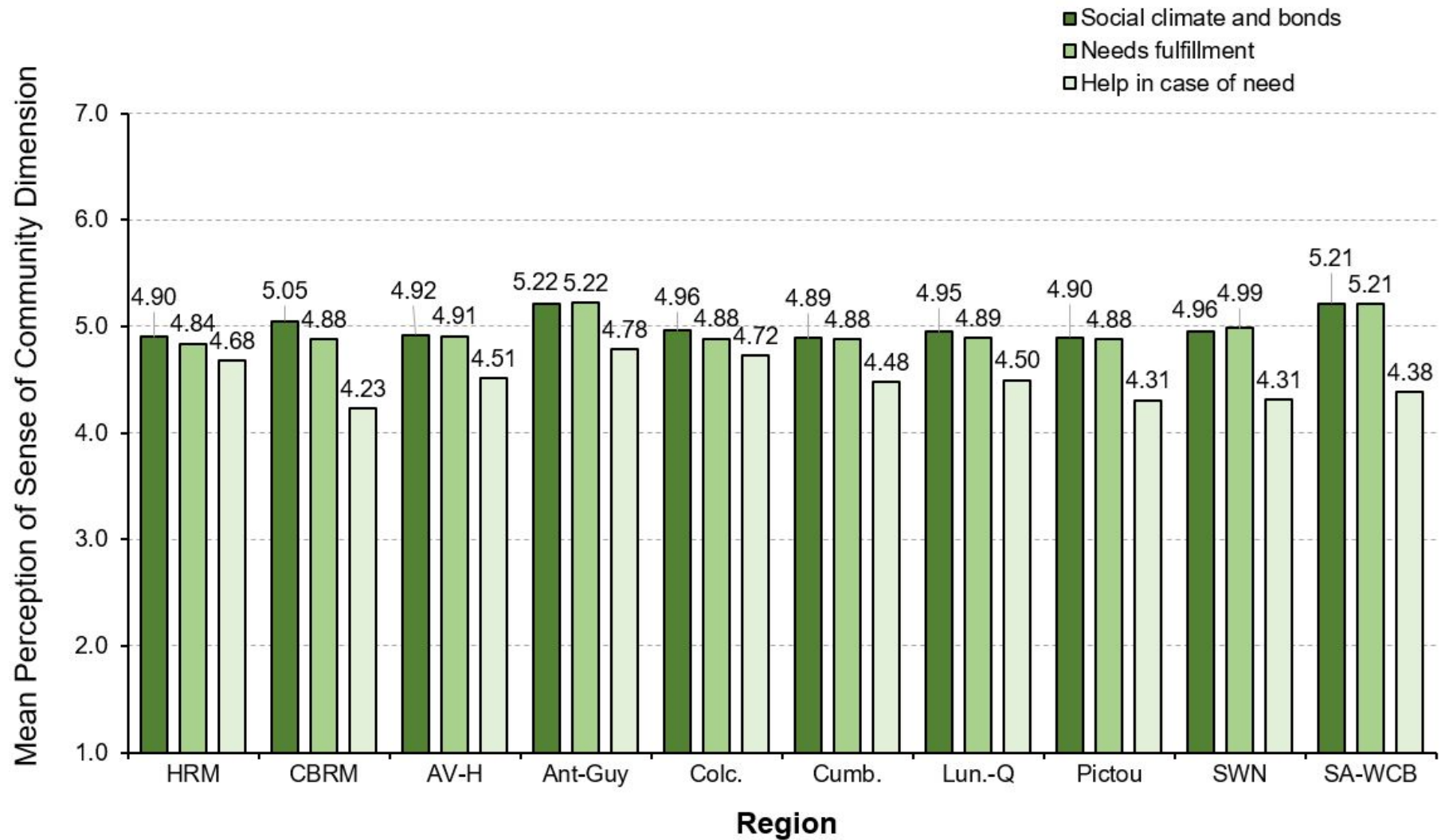
Sense of community by *income*



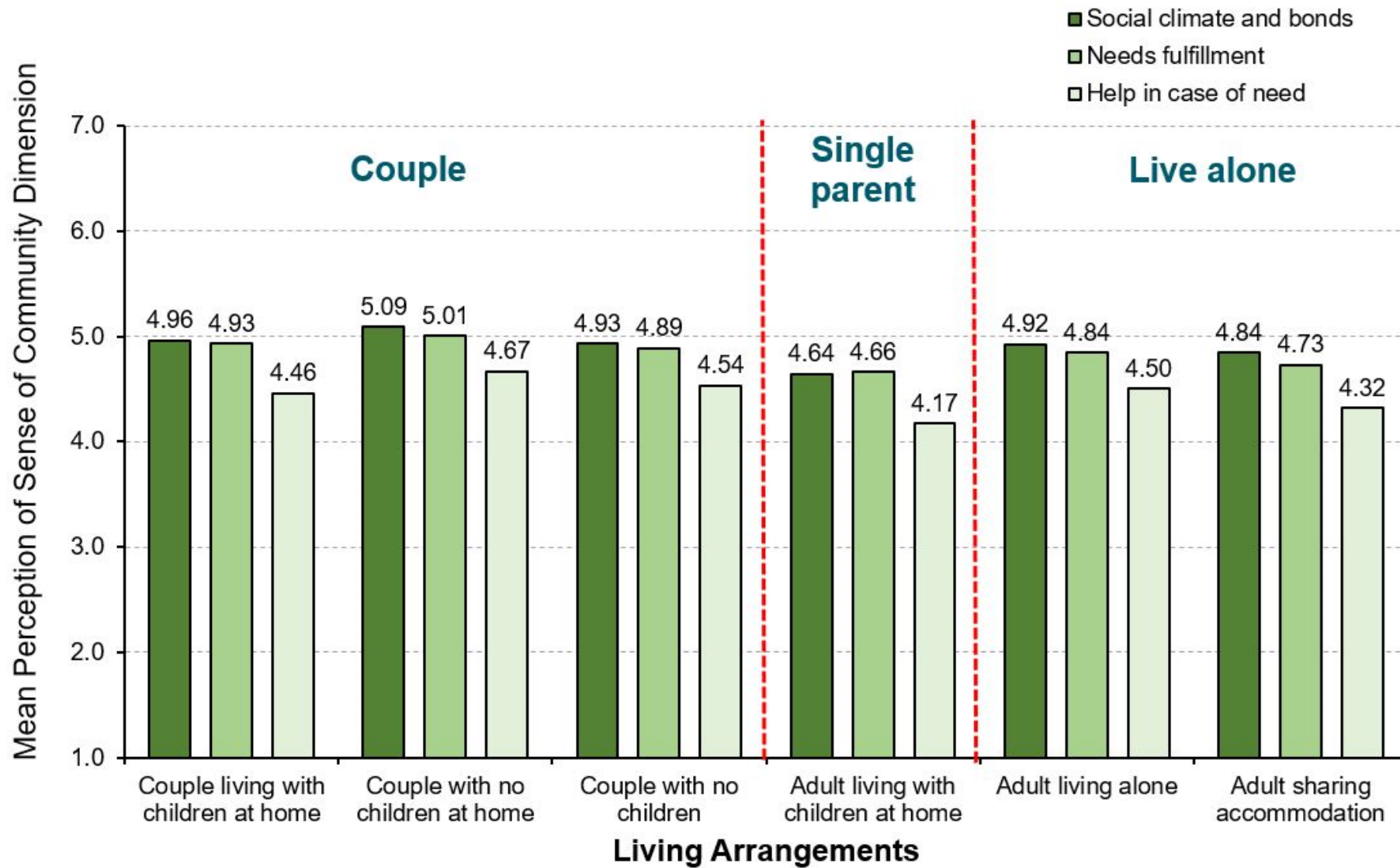
Sense of community by age



Sense of community by region



Sense of community by living arrangement





SOCIAL
ISOLATION

SENSE of
COMMUNITY

HEALTH

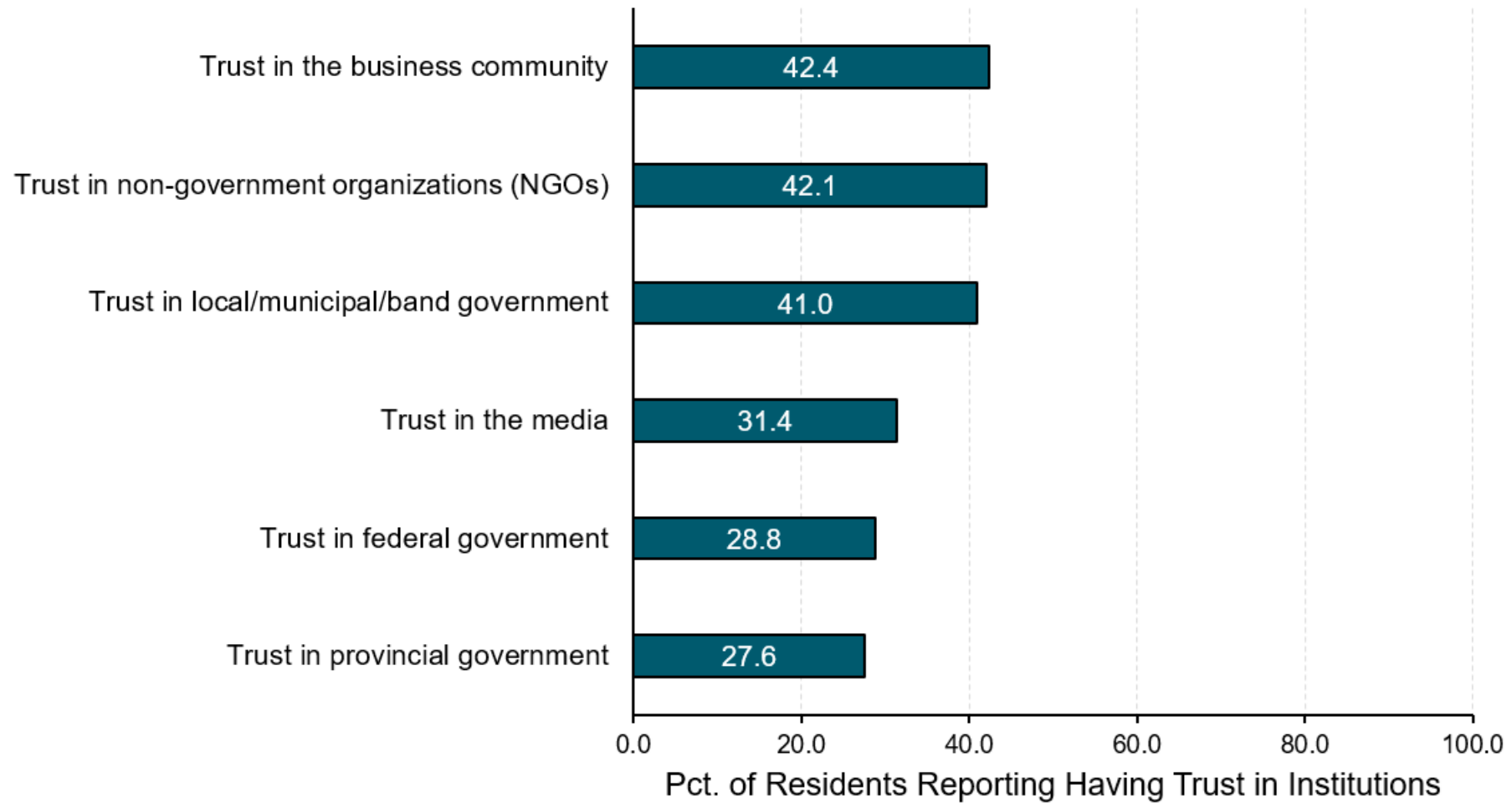
Six Areas of
Focus

FEELINGS
of TRUST

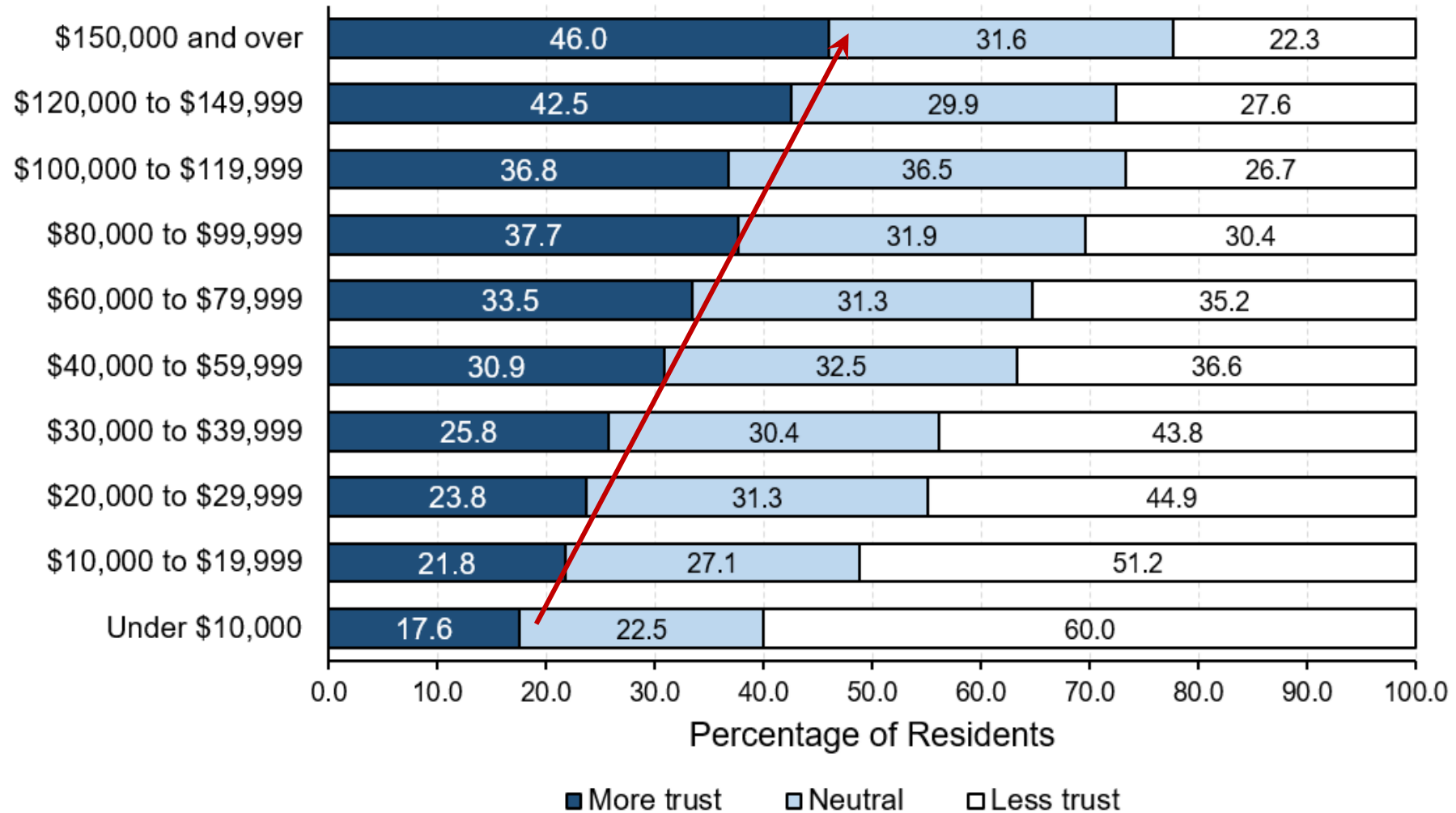
POVERTY

EXPERIENCE of
DISCRIMINATION

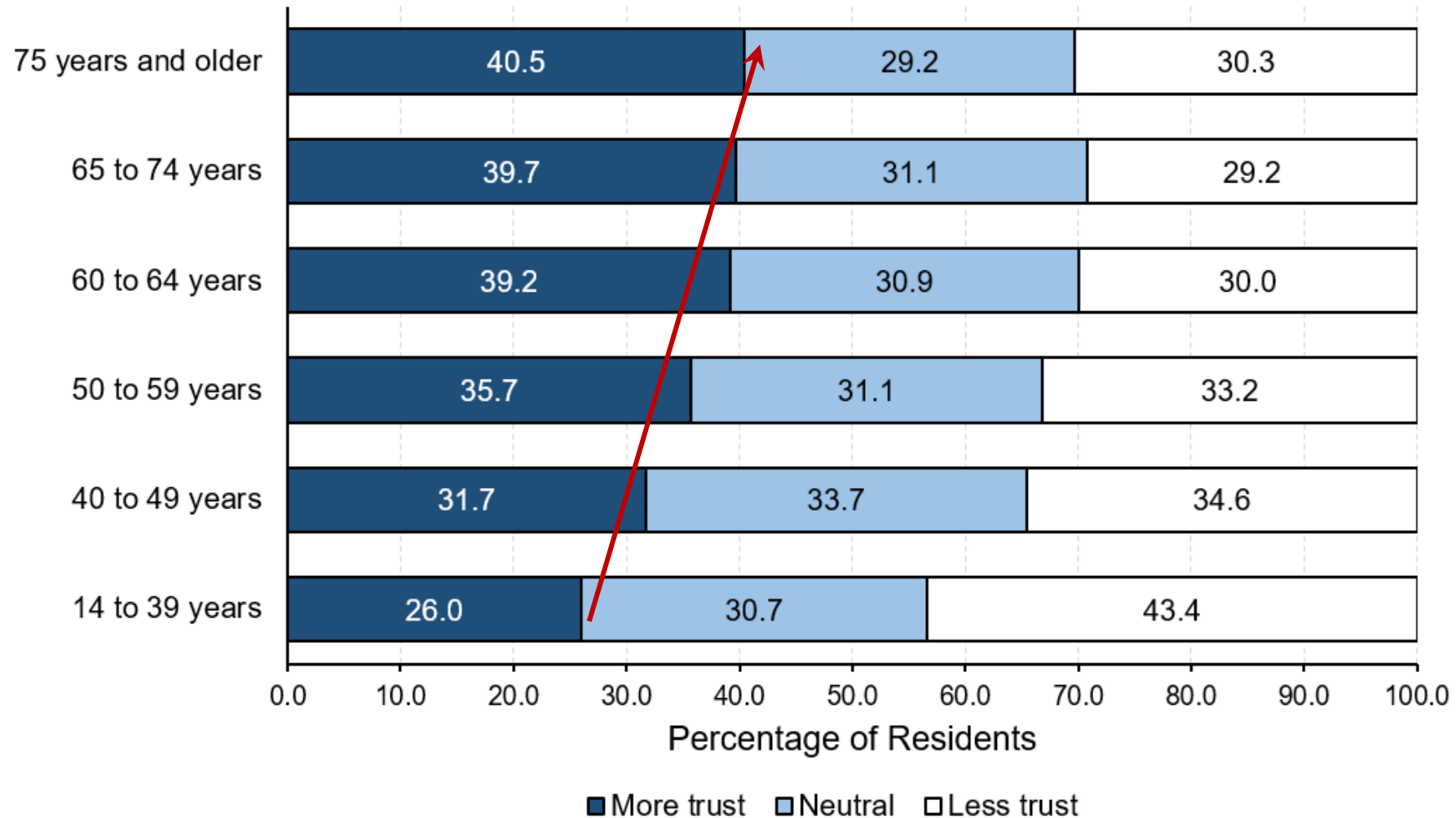
Trust in institutions



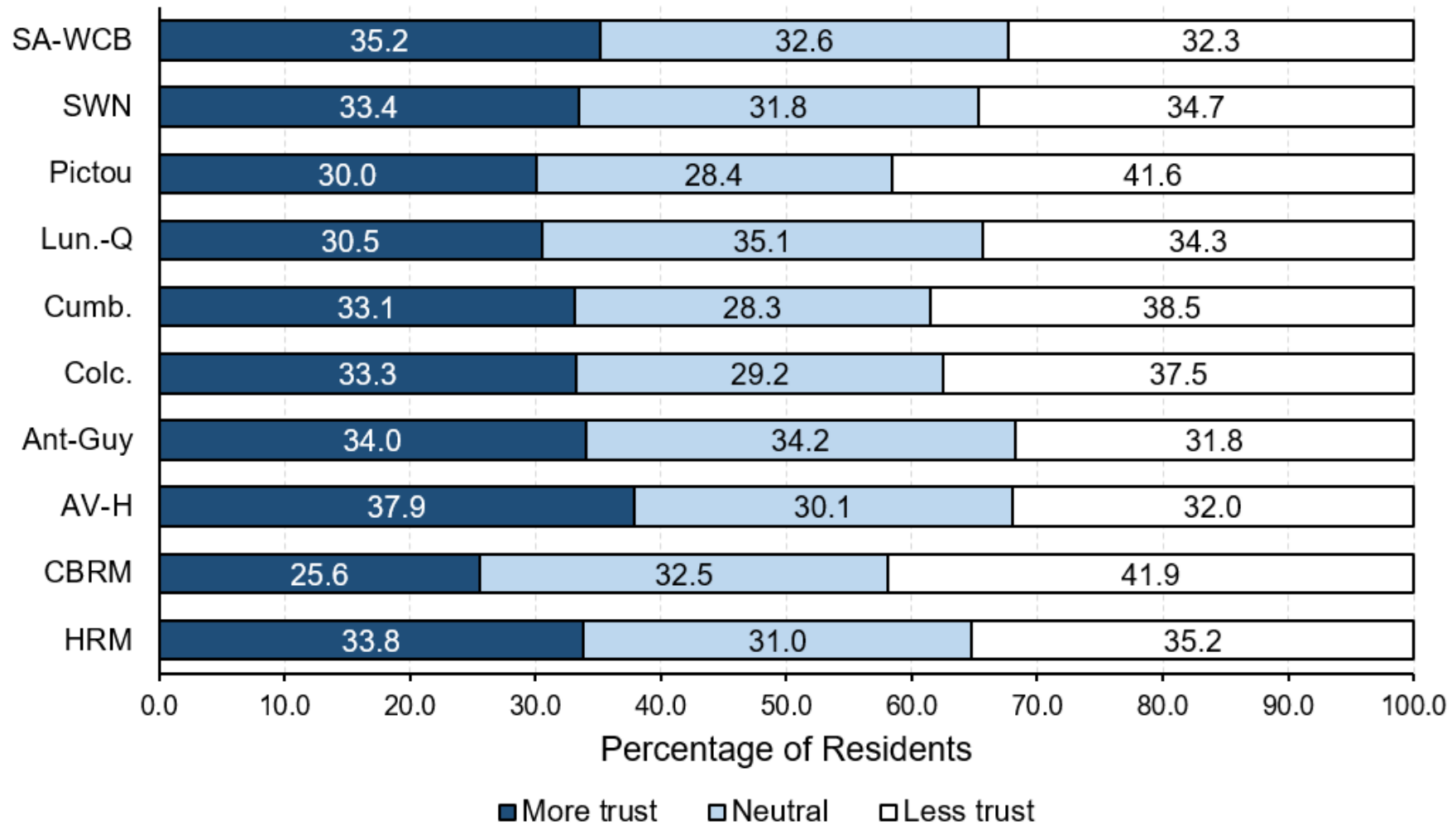
Trust in institutions *by income*



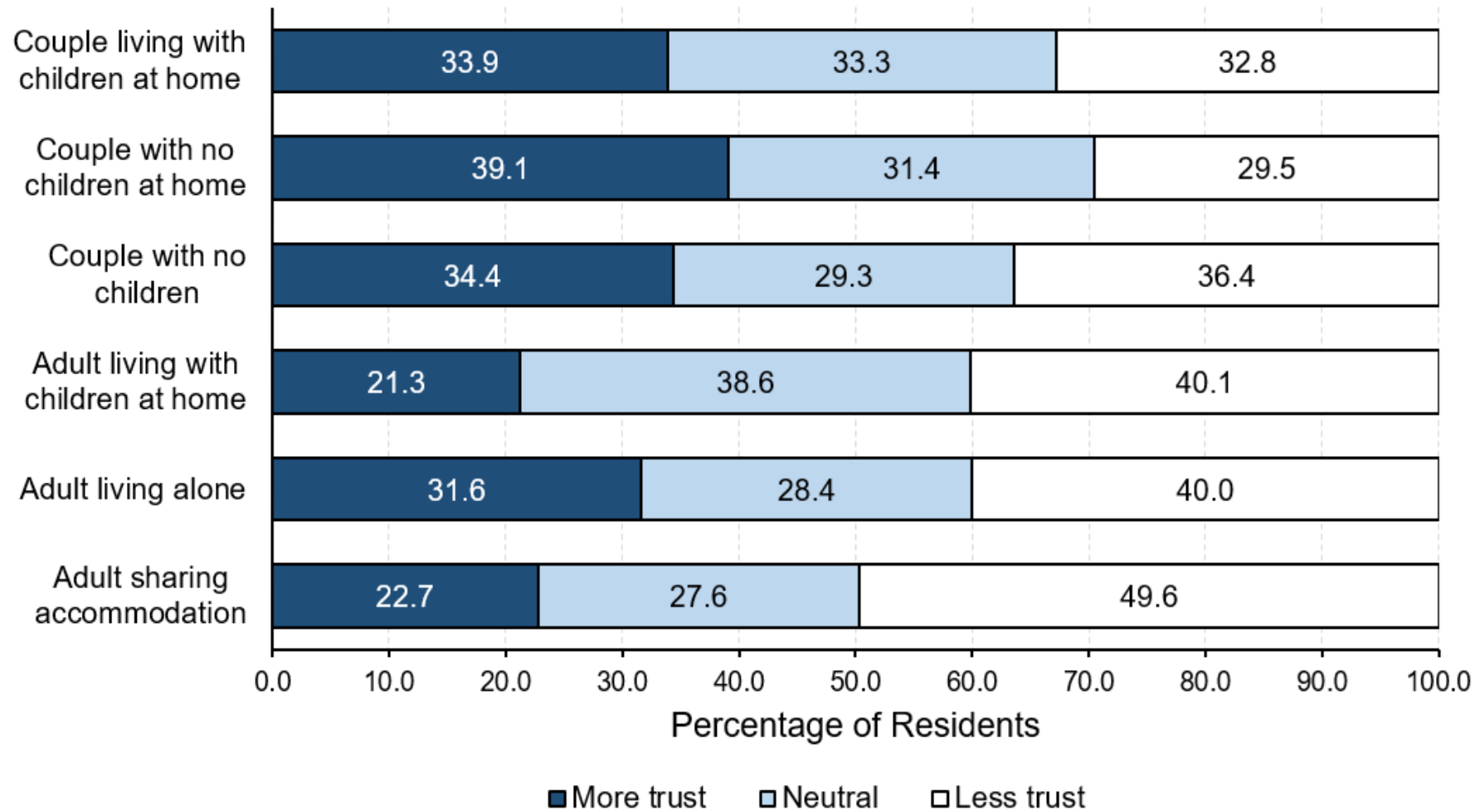
Trust in institutions *by age*



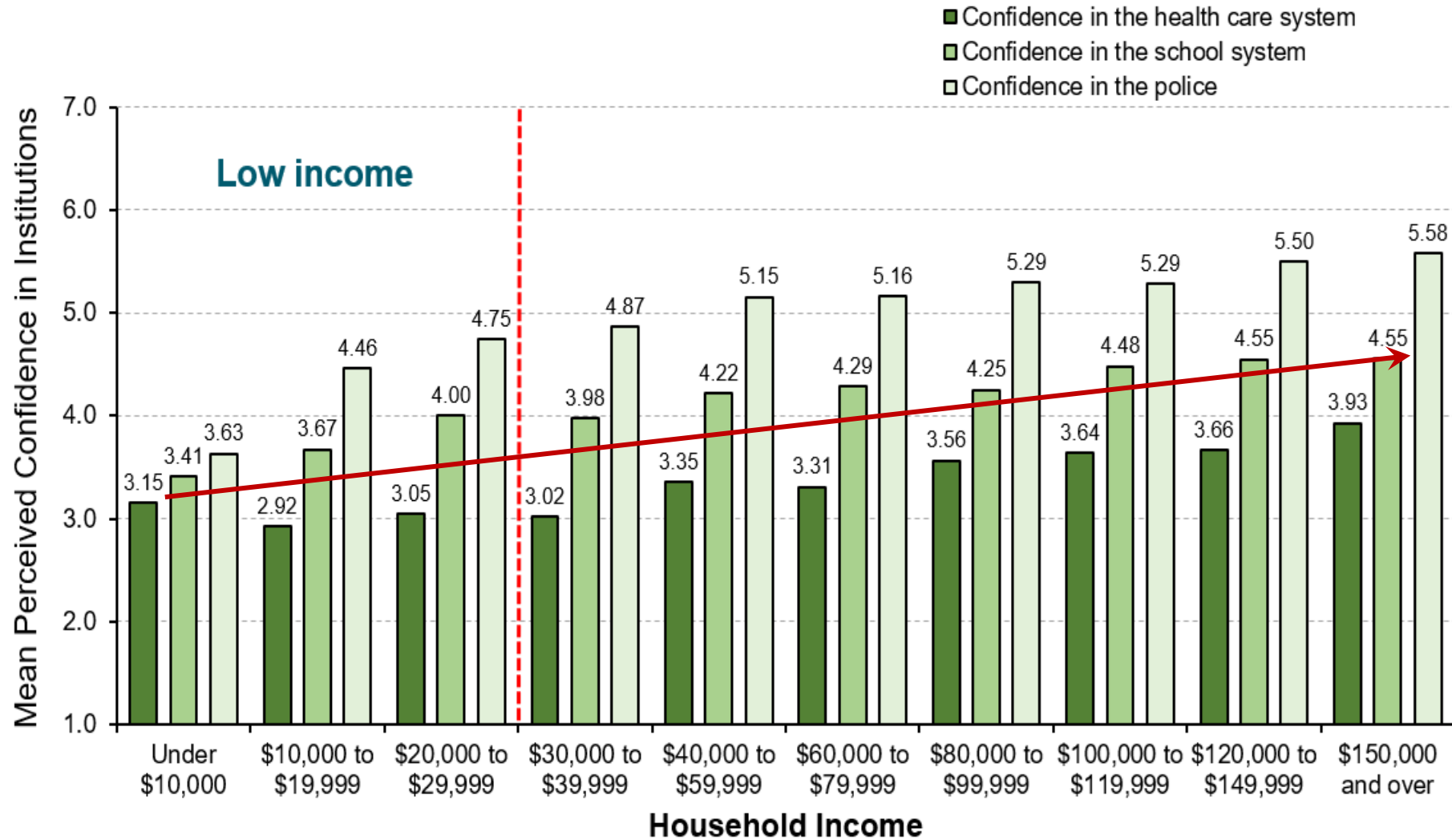
Trust in institutions *by region*



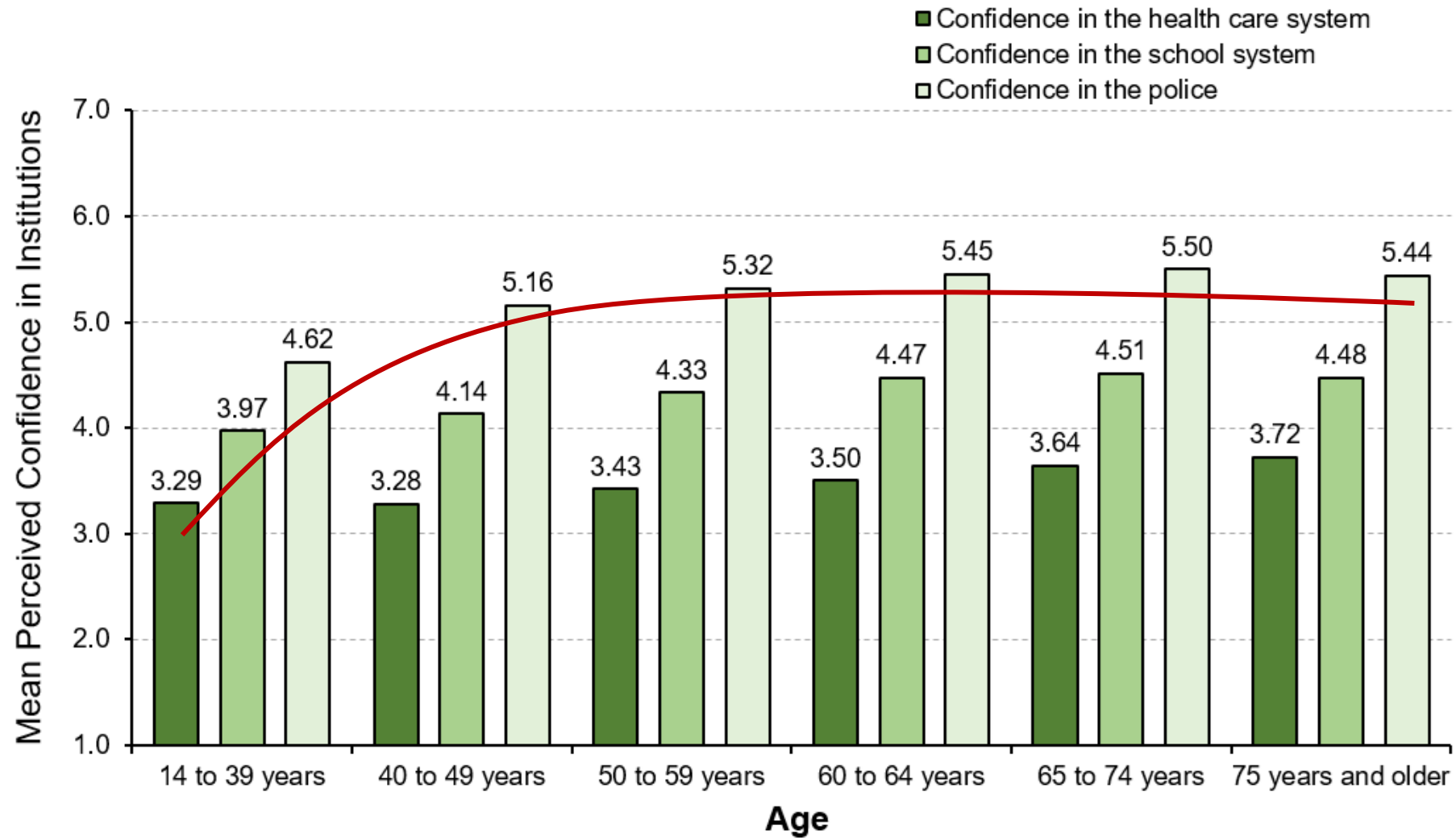
Trust in institutions *by living arrangement*



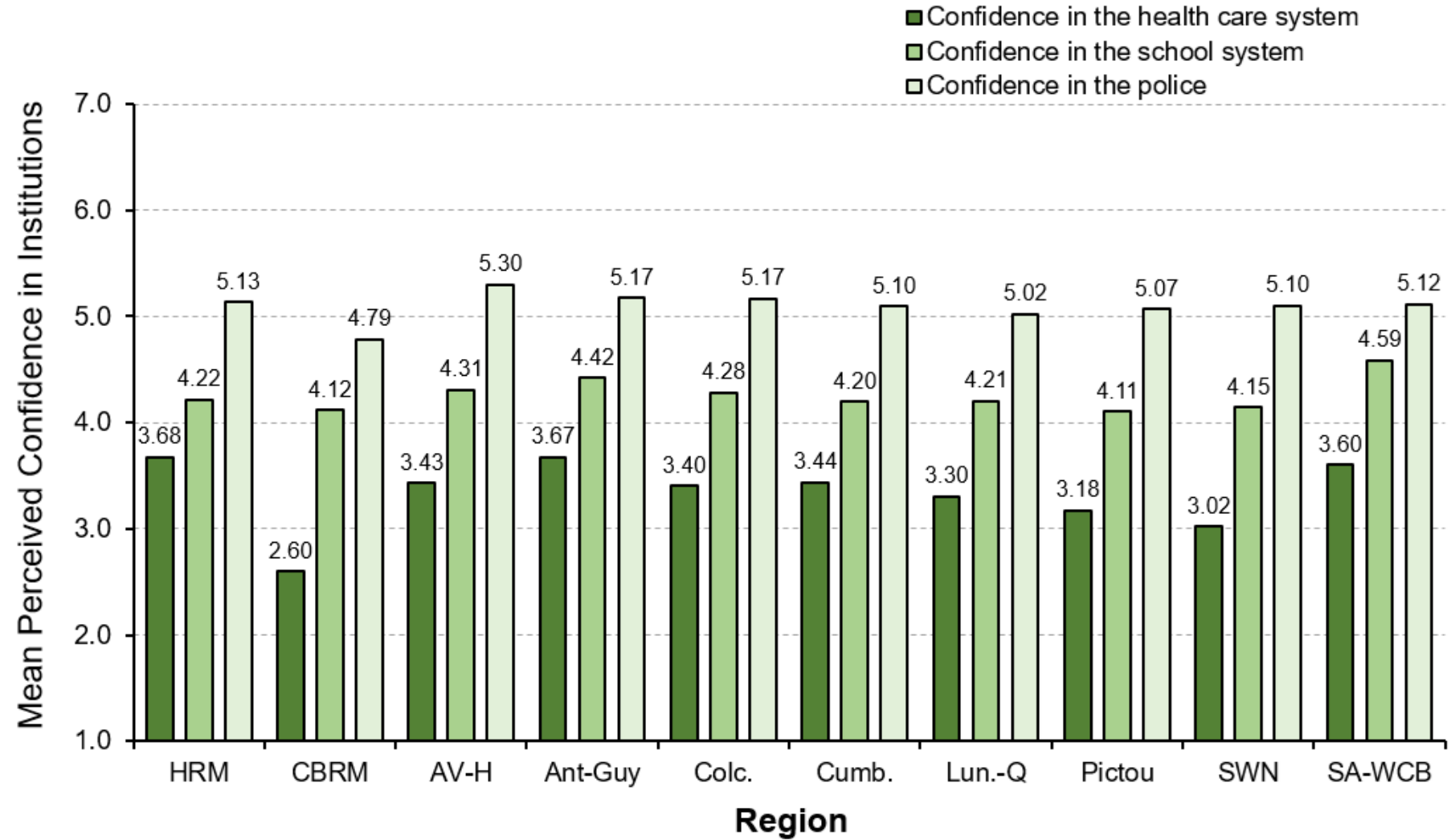
Confidence in institutions by income



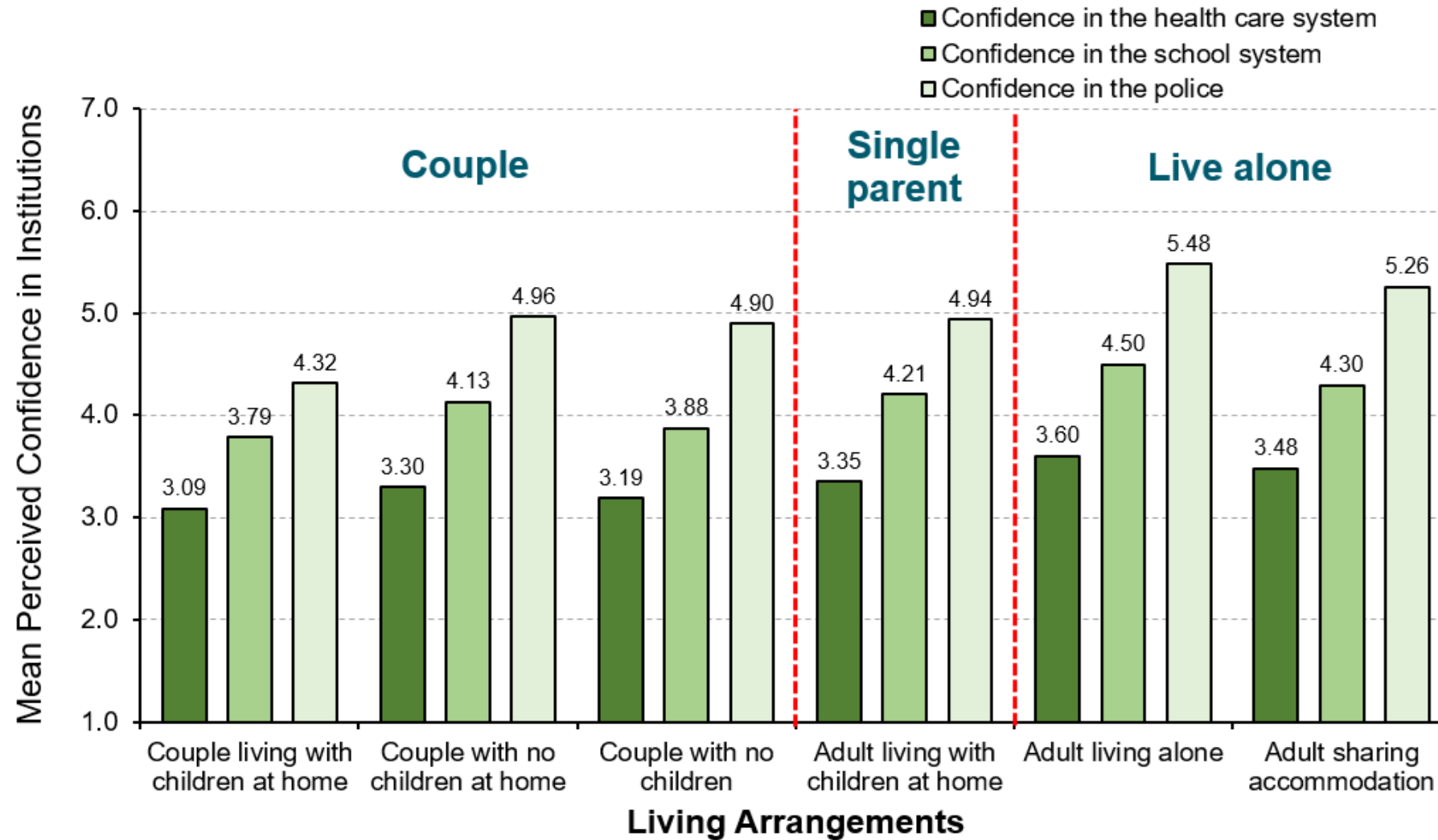
Confidence in institutions by age



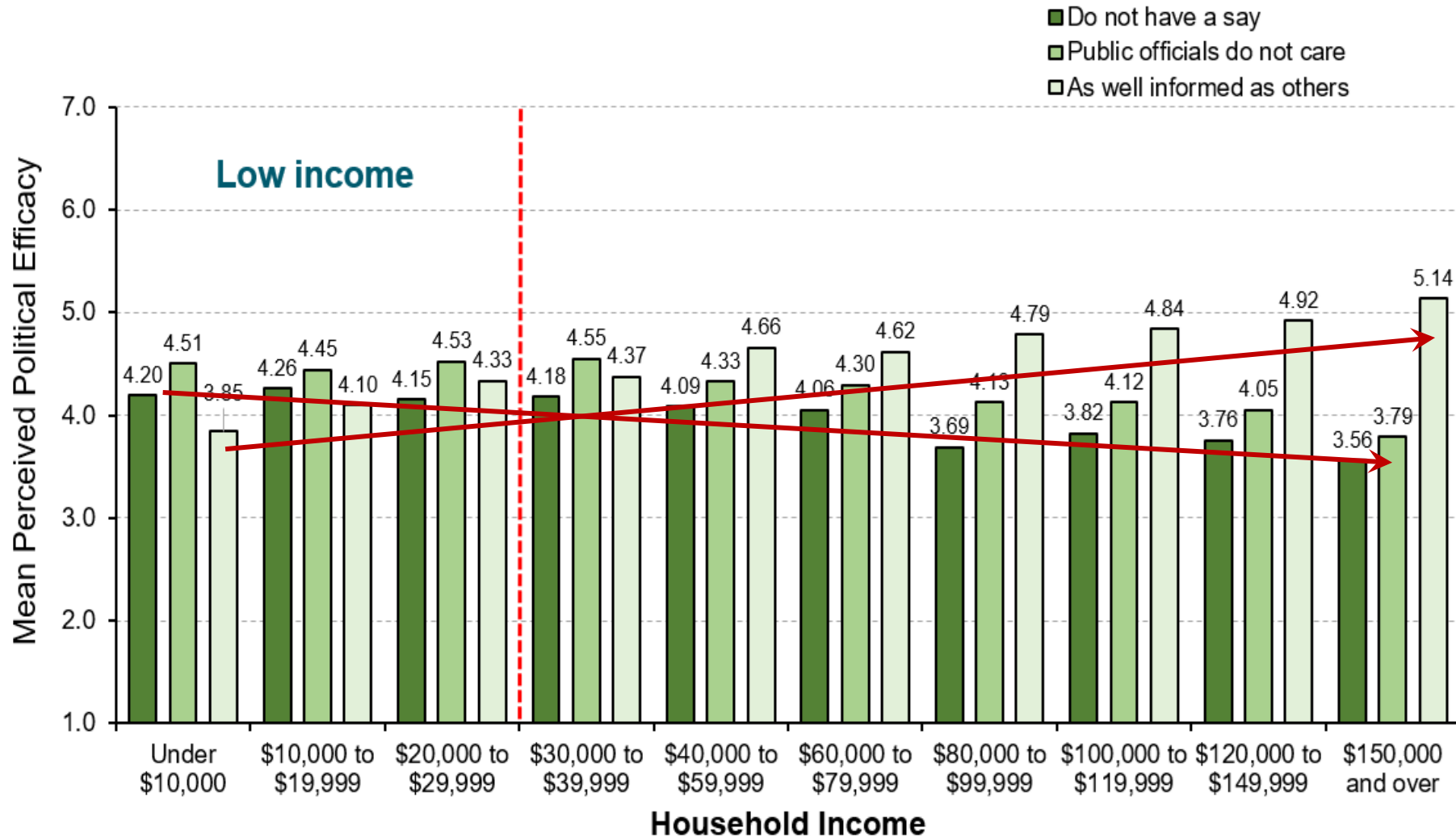
Confidence in institutions *by region*



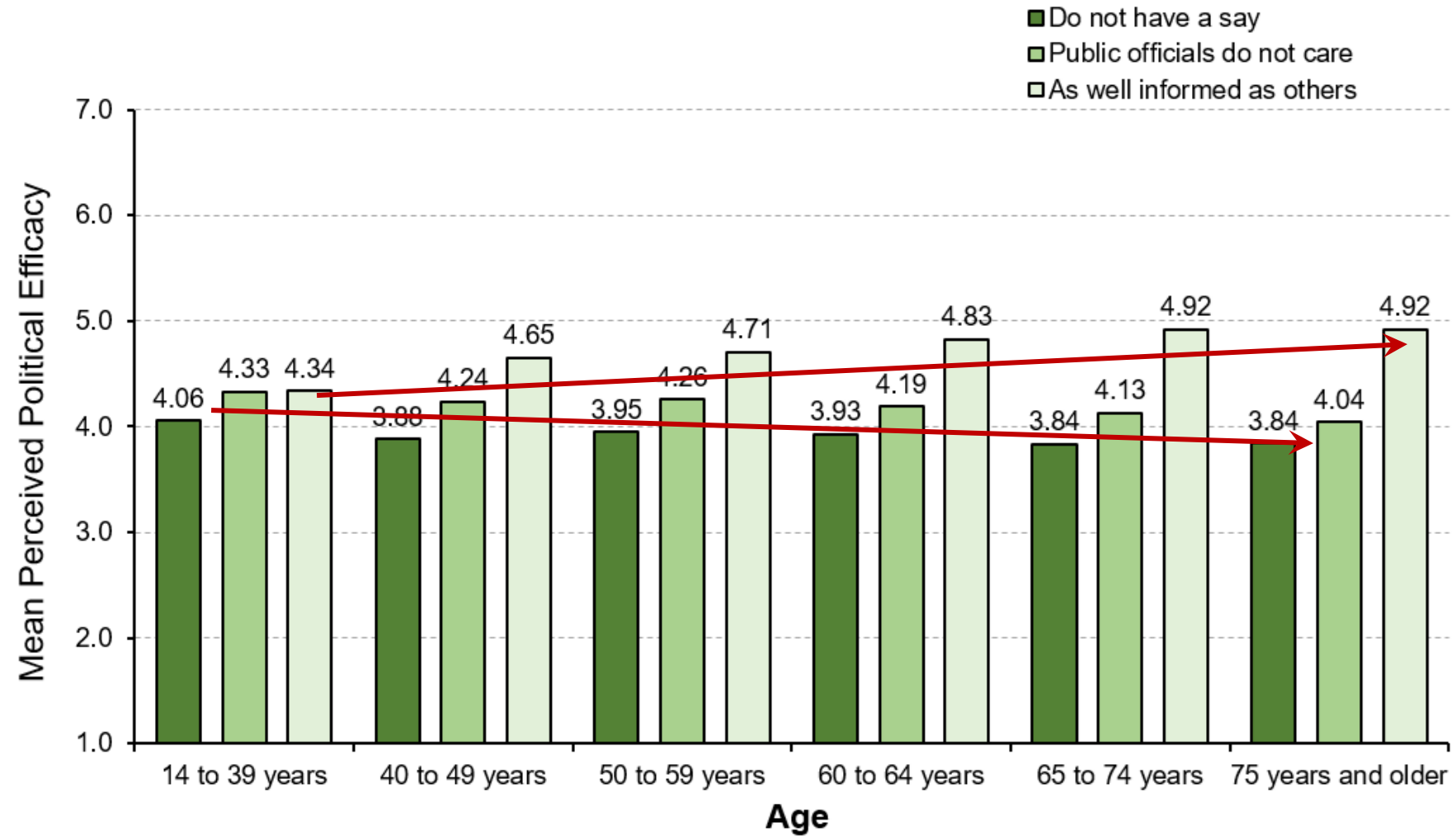
Confidence in institutions *by living arrangement*



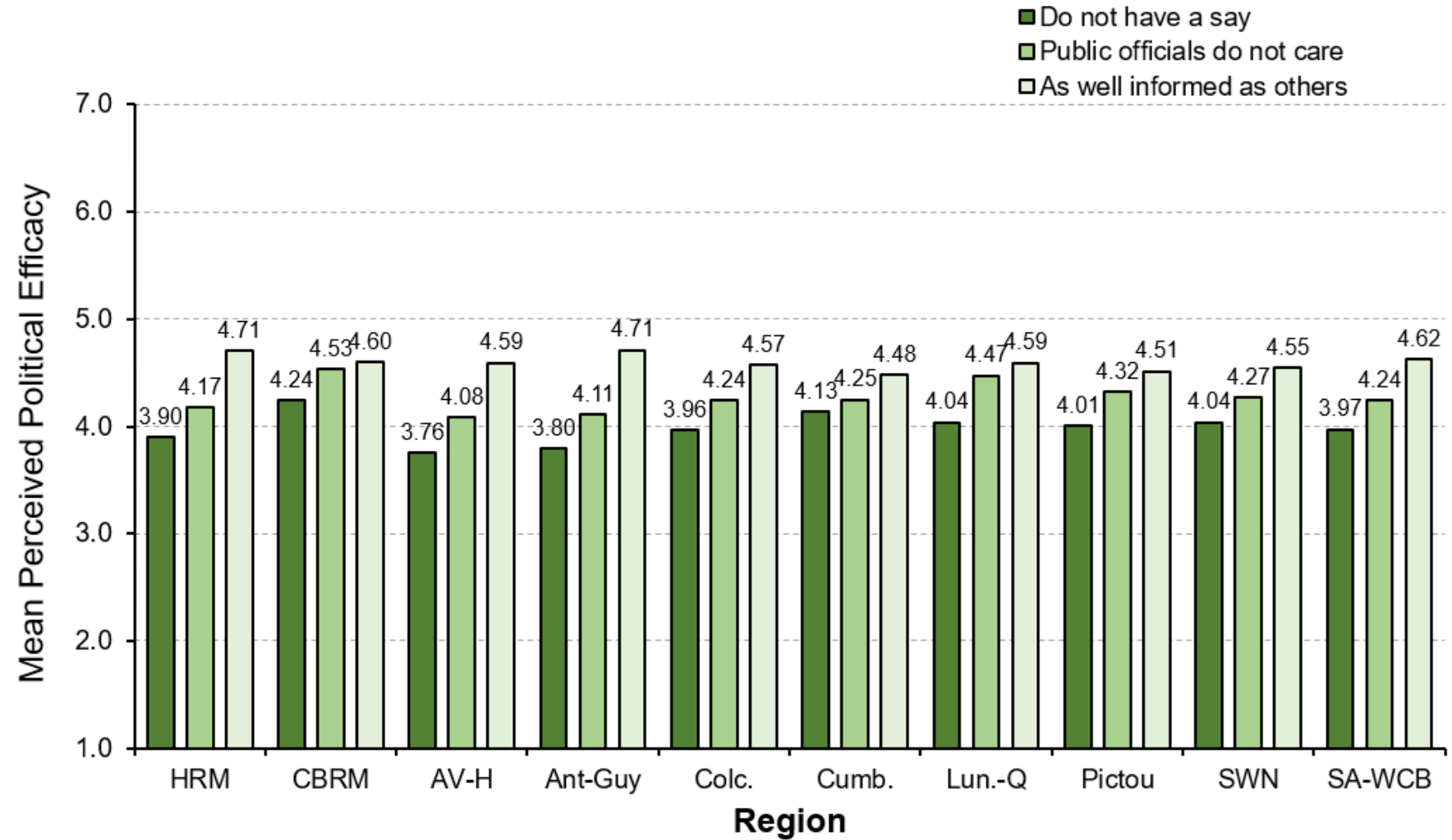
Political efficacy by income



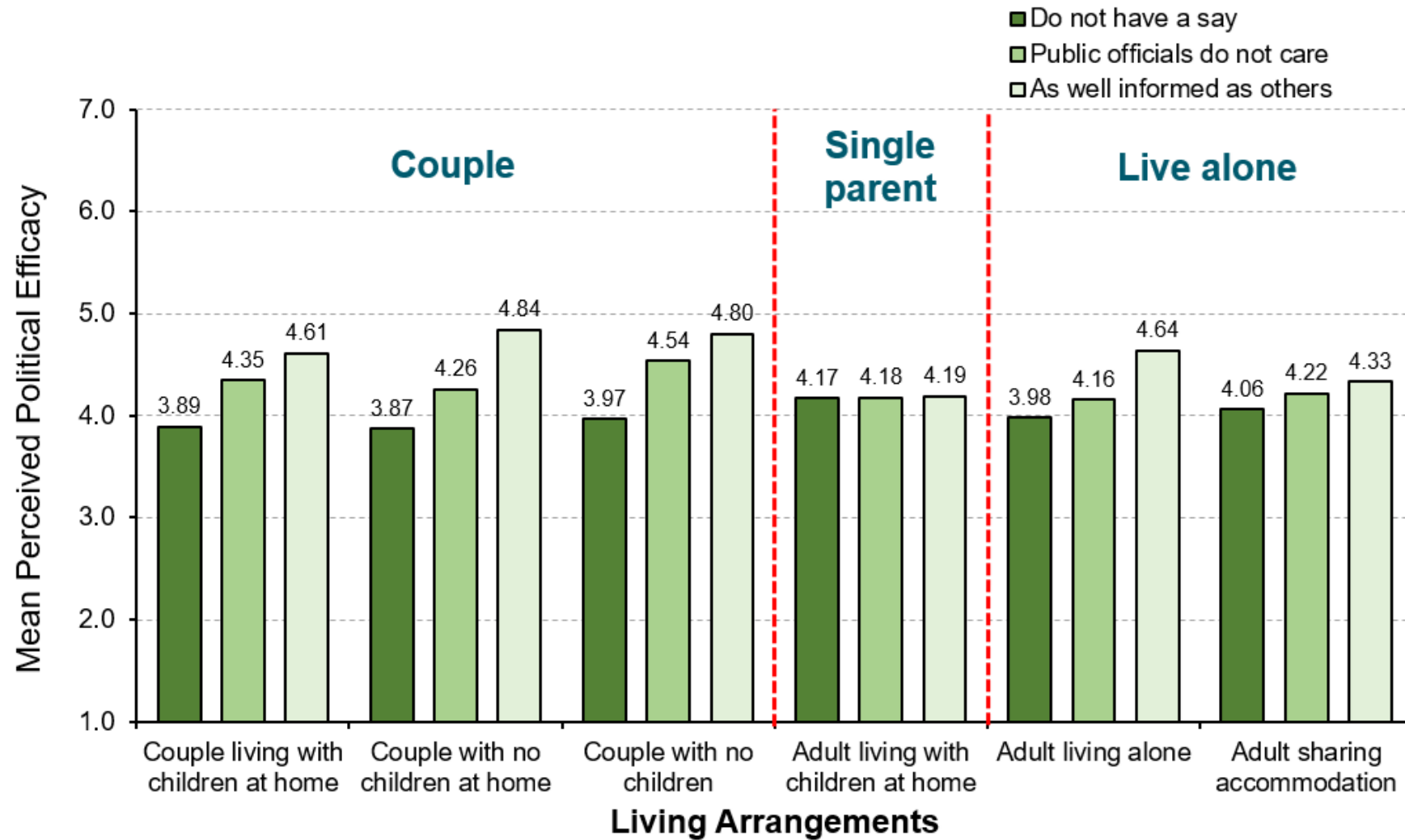
Political efficacy by age



Political efficacy by region

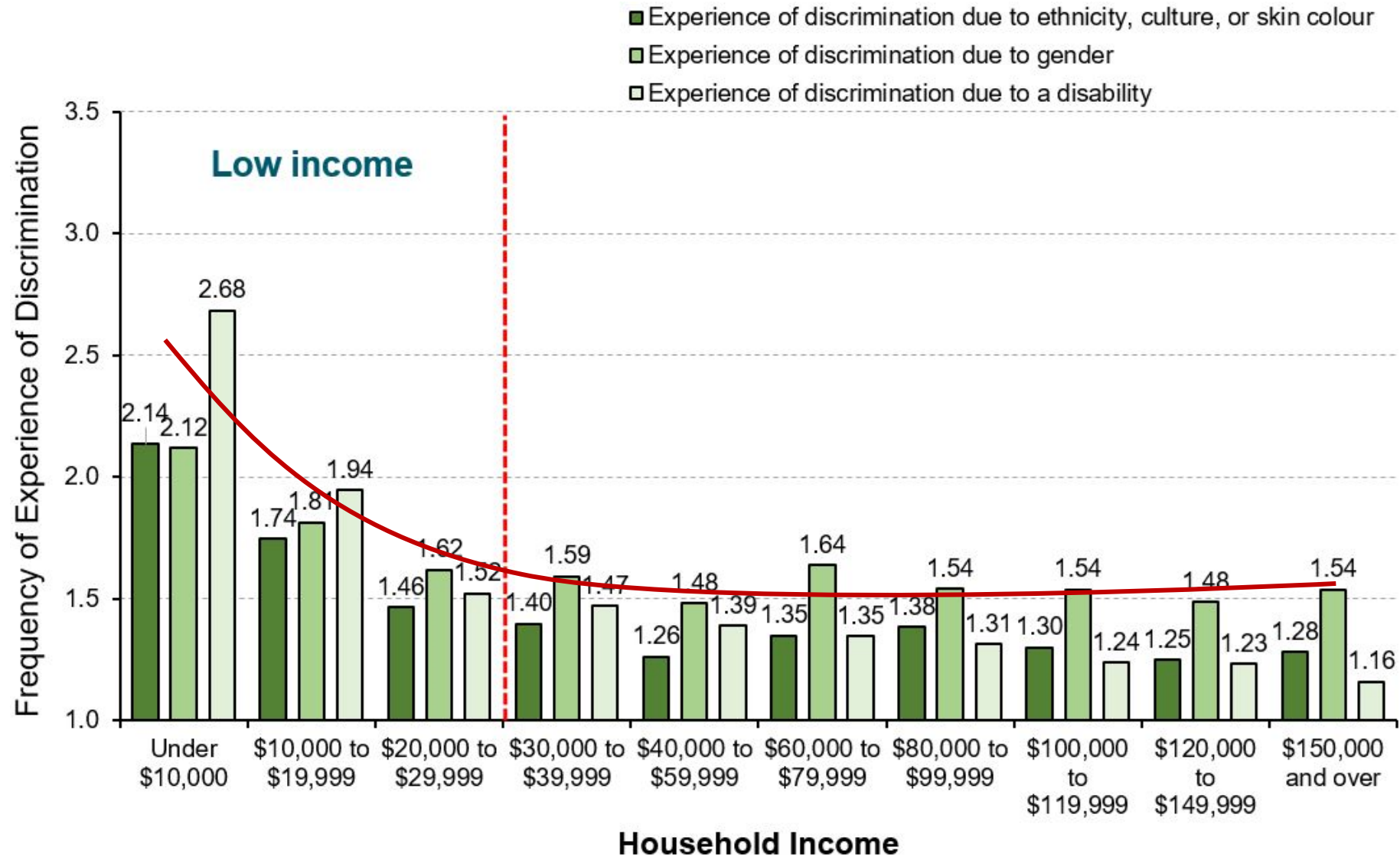


Political efficacy by living arrangement

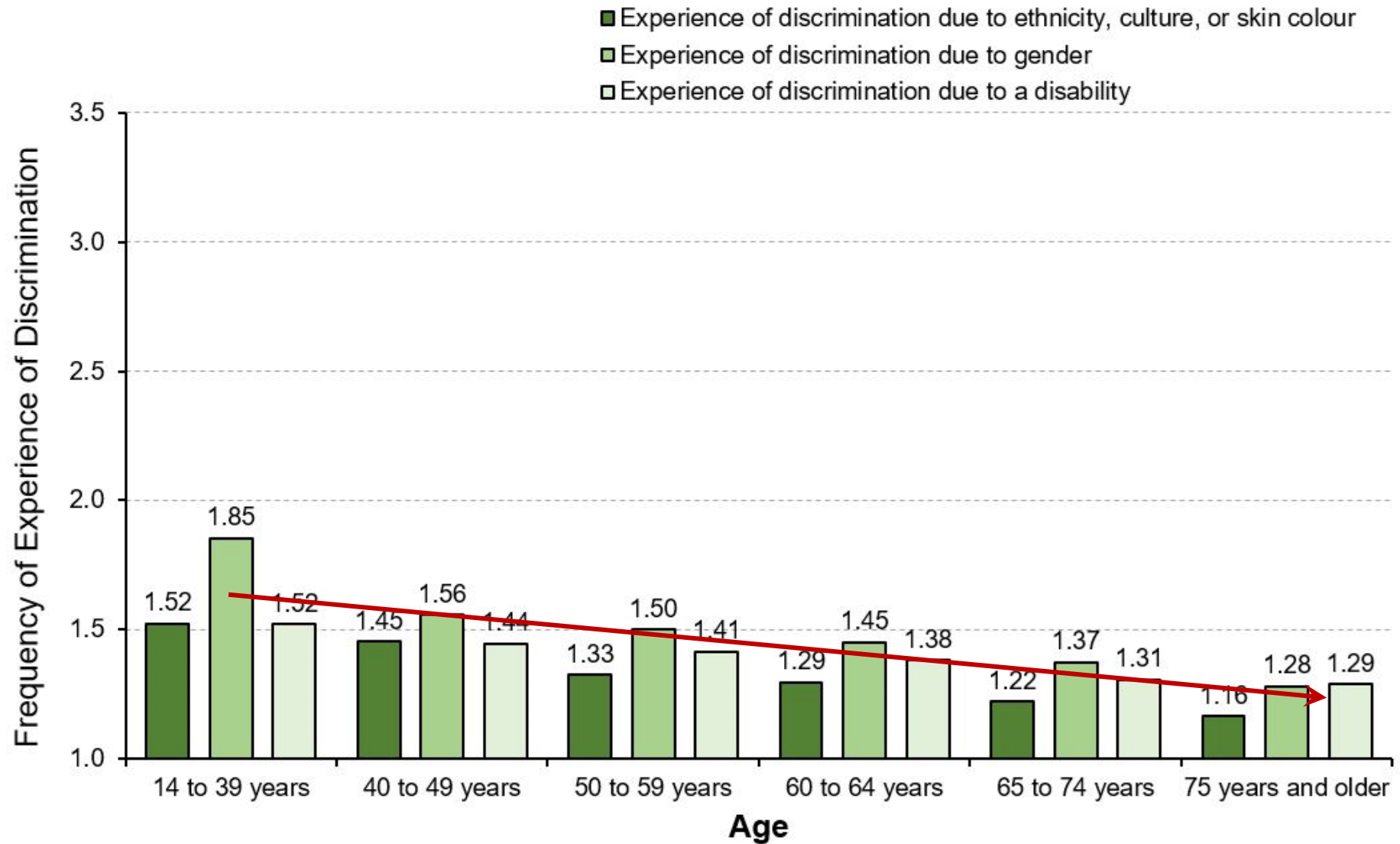




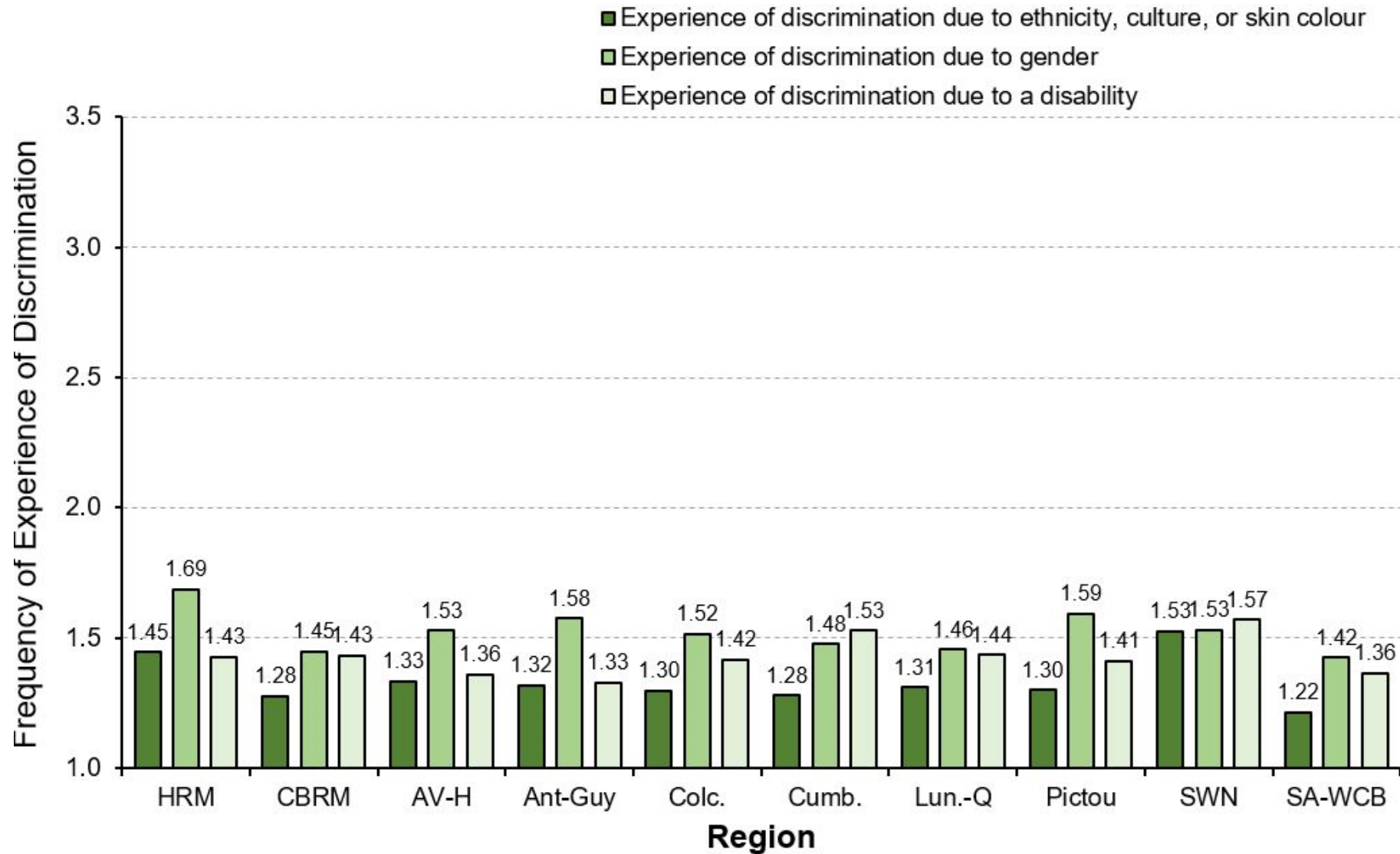
Experience of discrimination *by income*



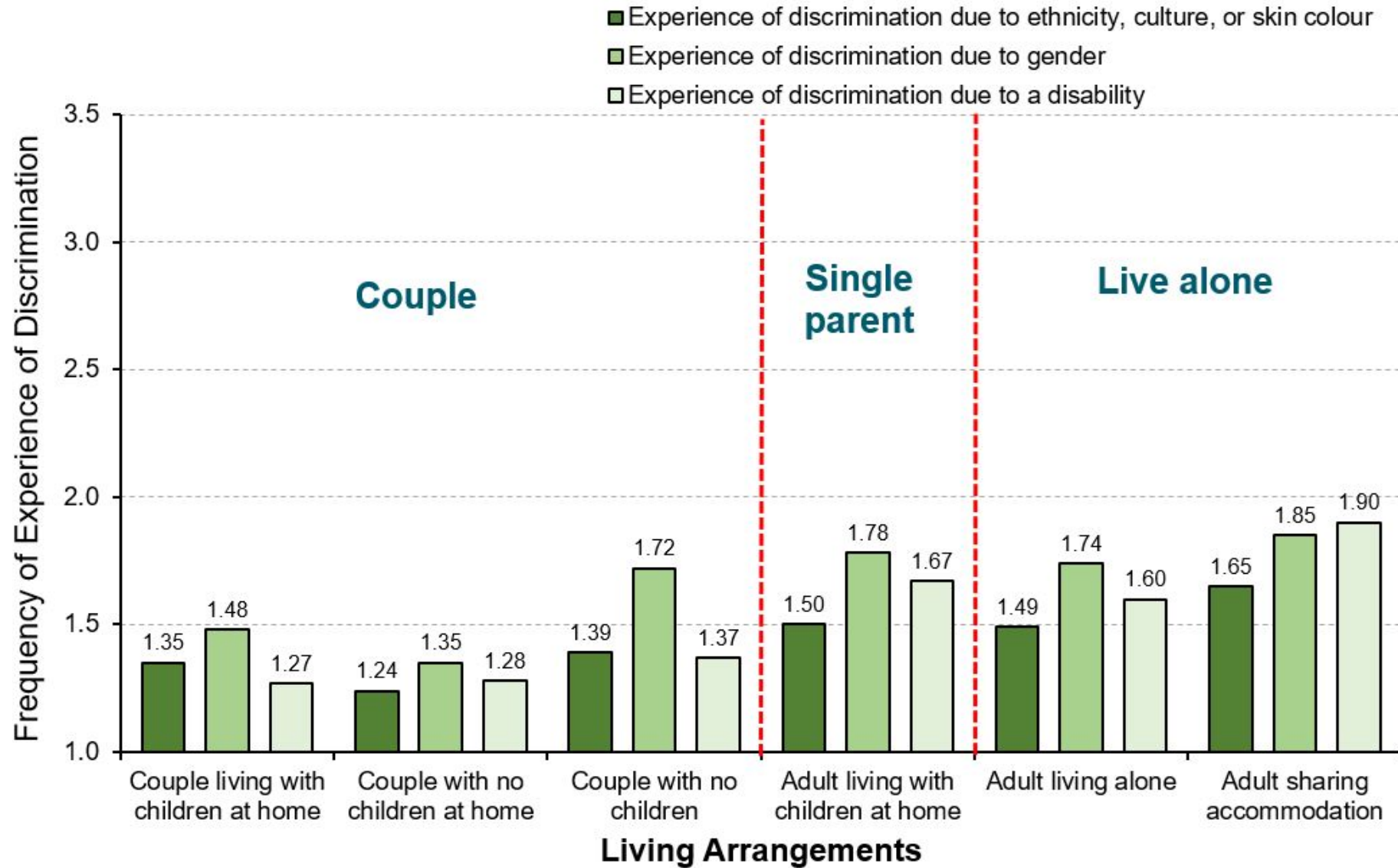
Experience of discrimination *by age*



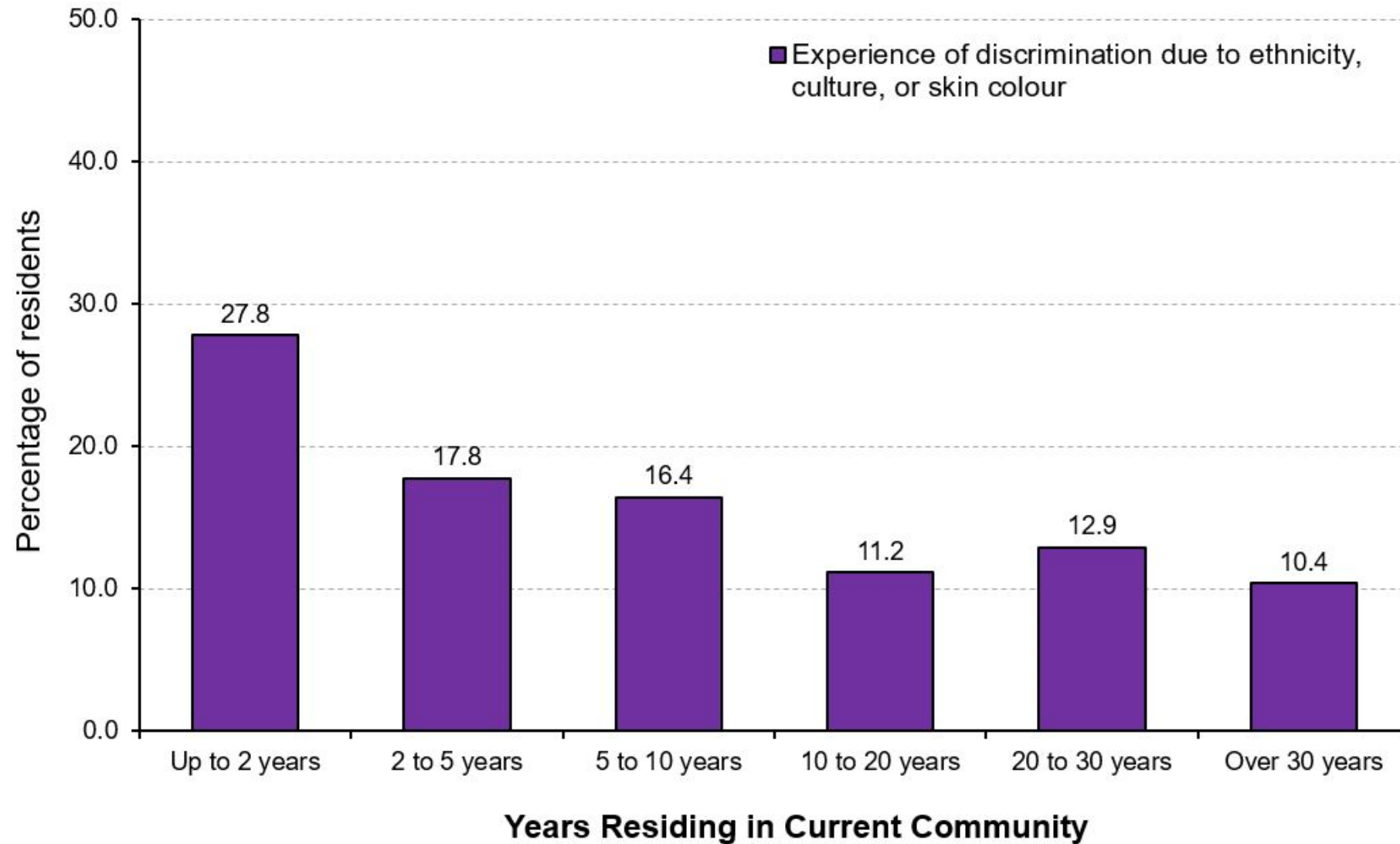
Experience of discrimination *by region*



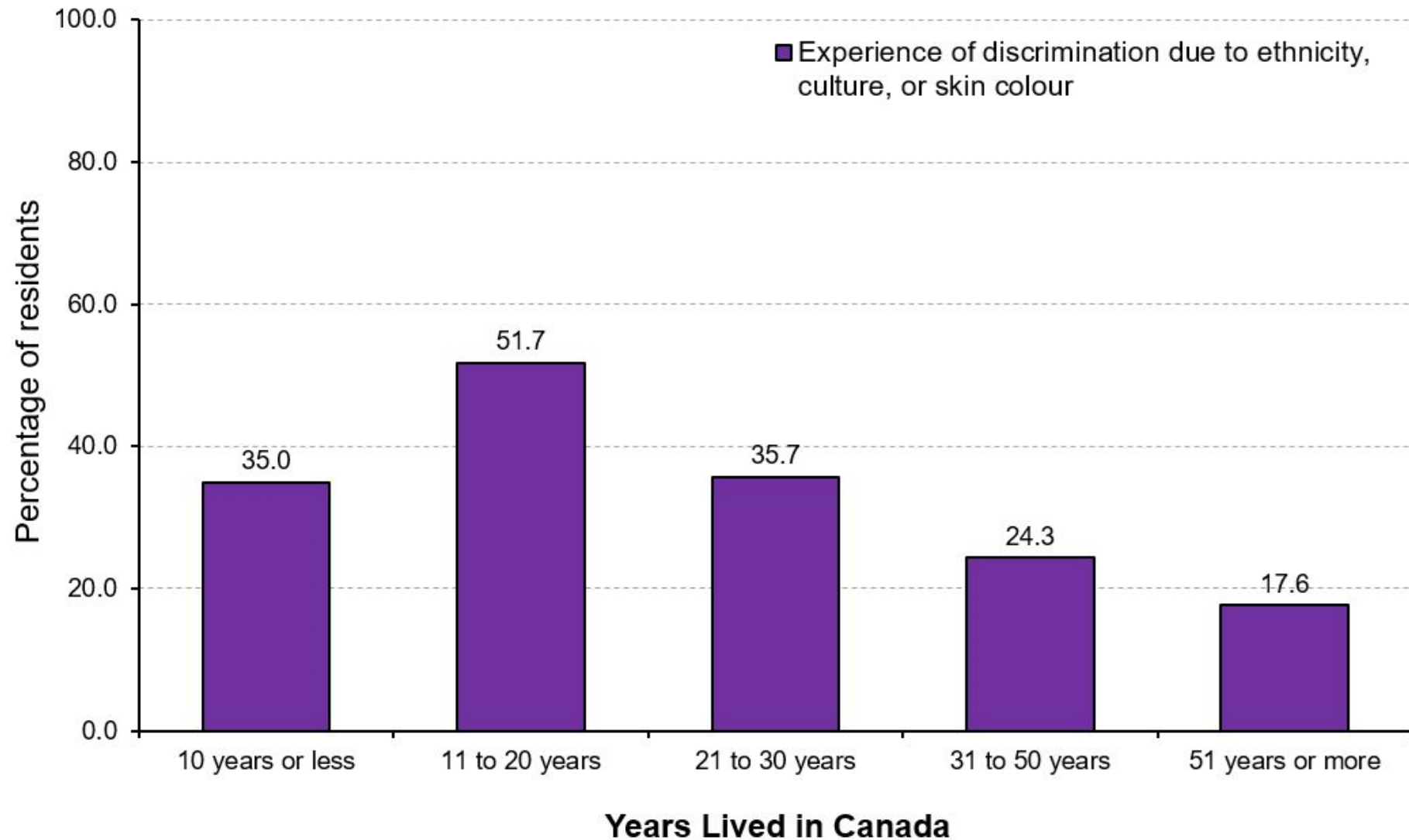
Experience of discrimination by living arrangement



Experience of discrimination and *new residents*

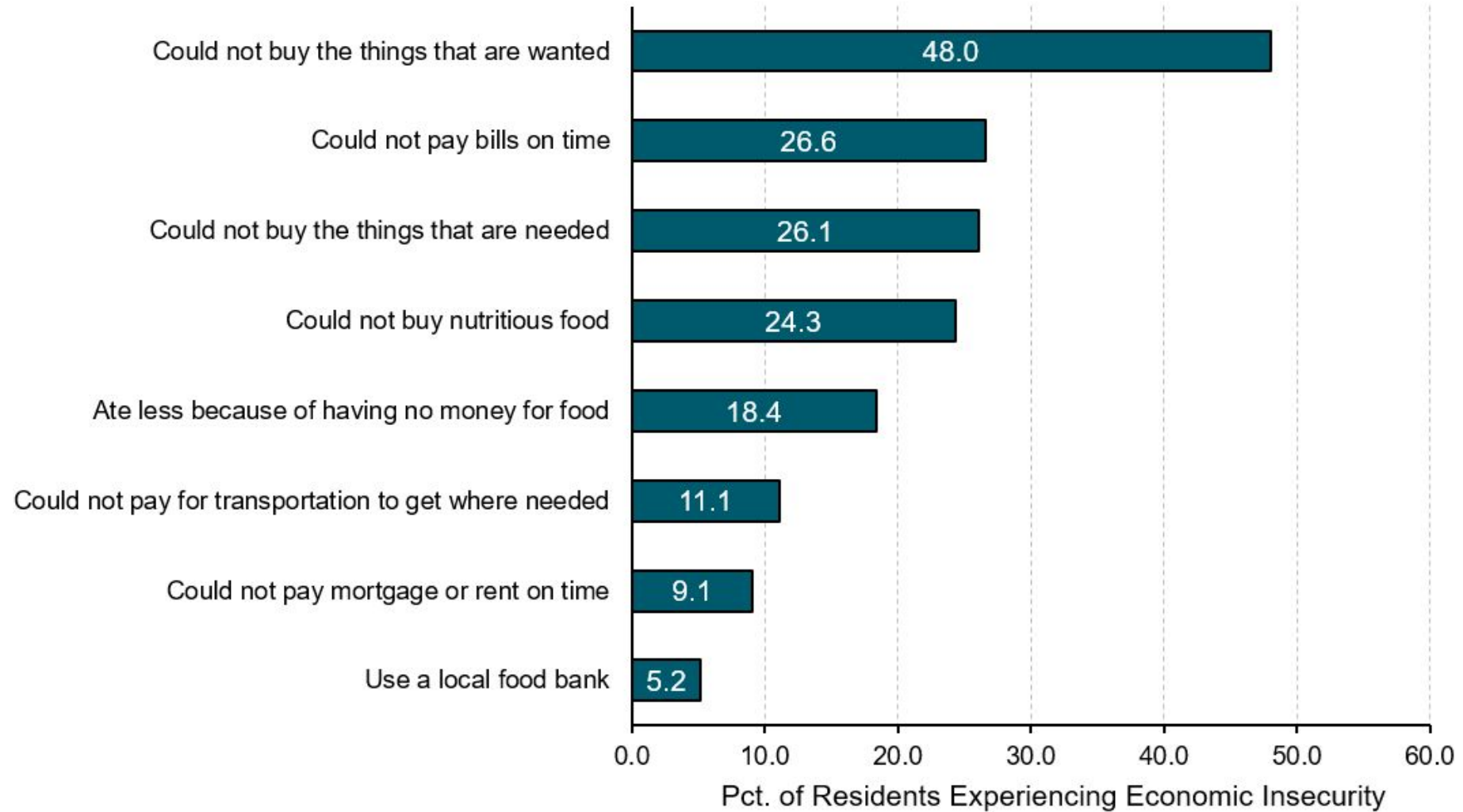


Experience of discrimination and *new Canadians*



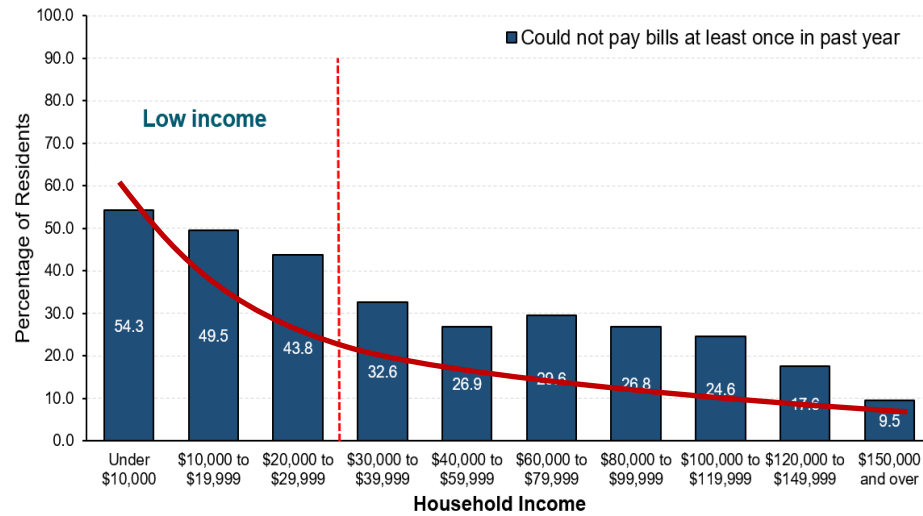


Overall economic insecurity

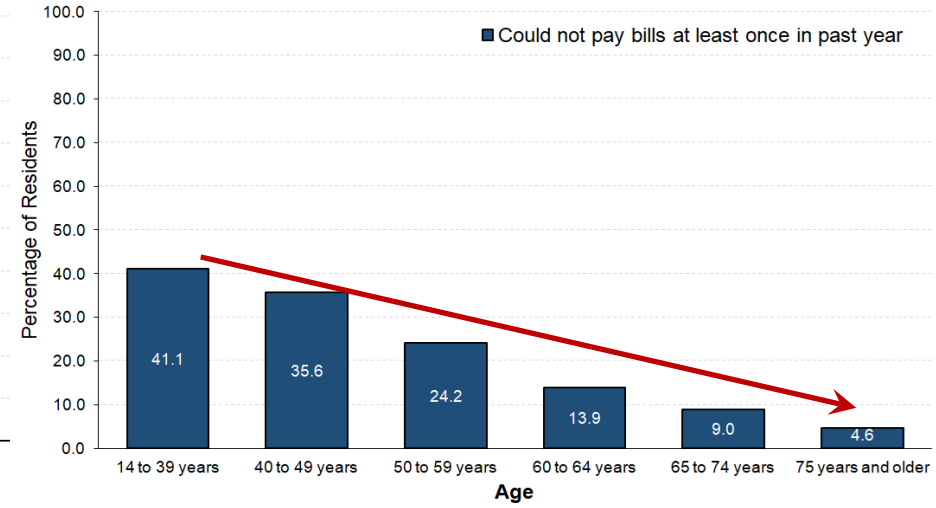


Financial insecurity: Inability to pay bills on time

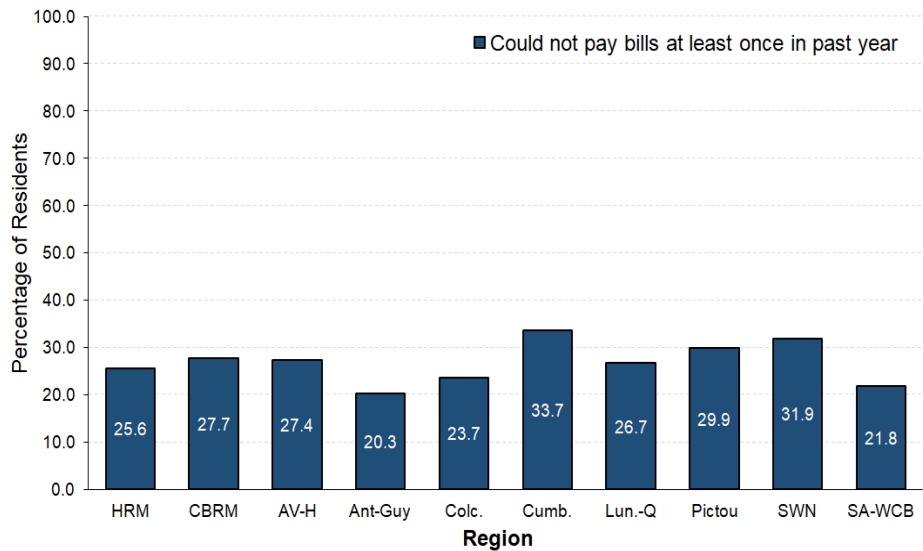
INCOME



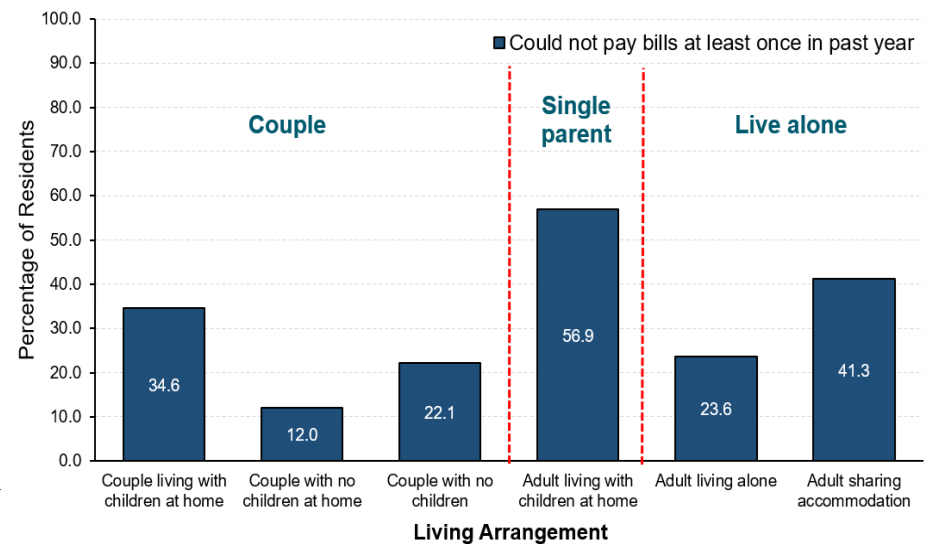
AGE



REGION

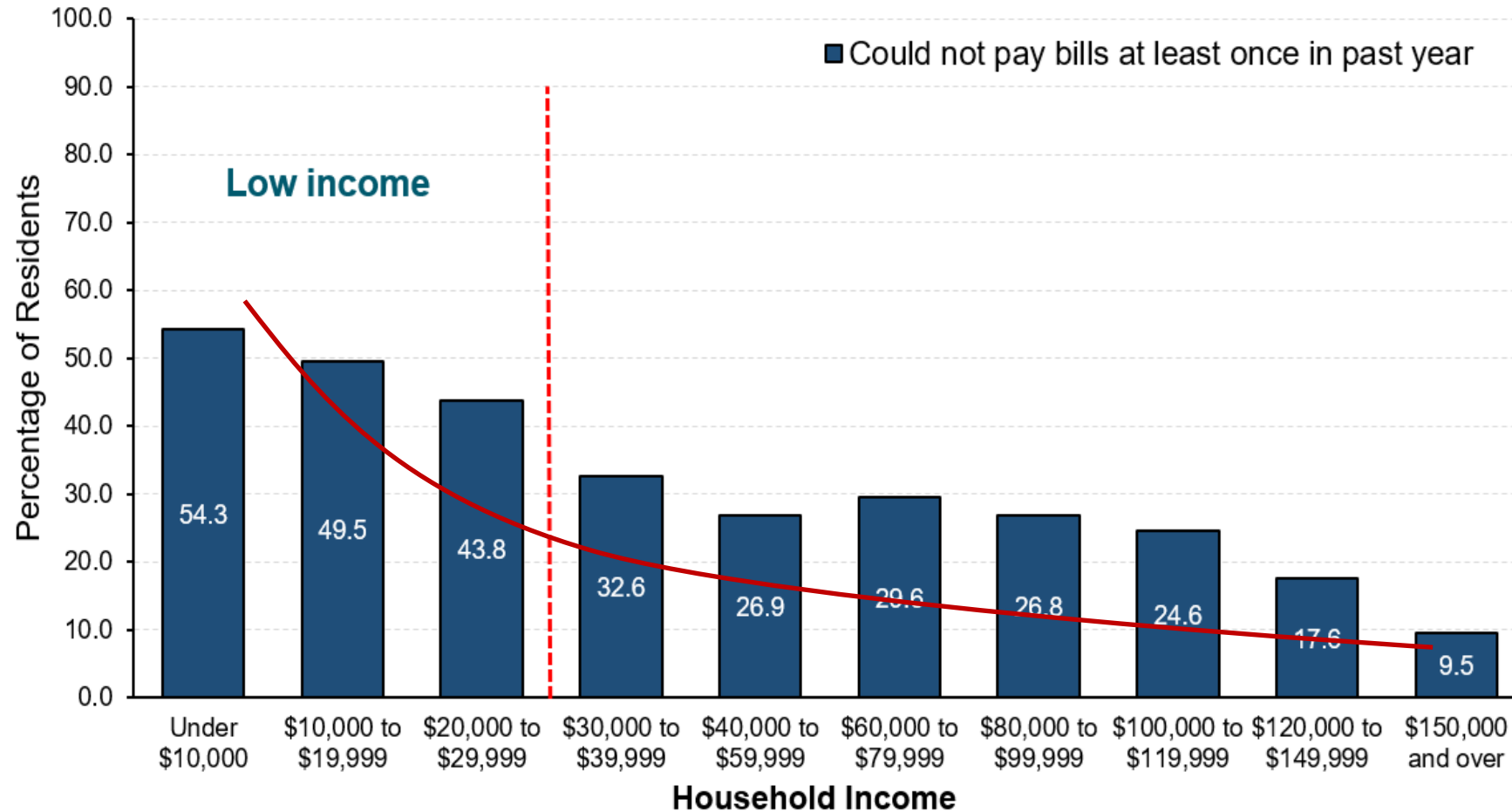


LIVING ARRANGEMENT

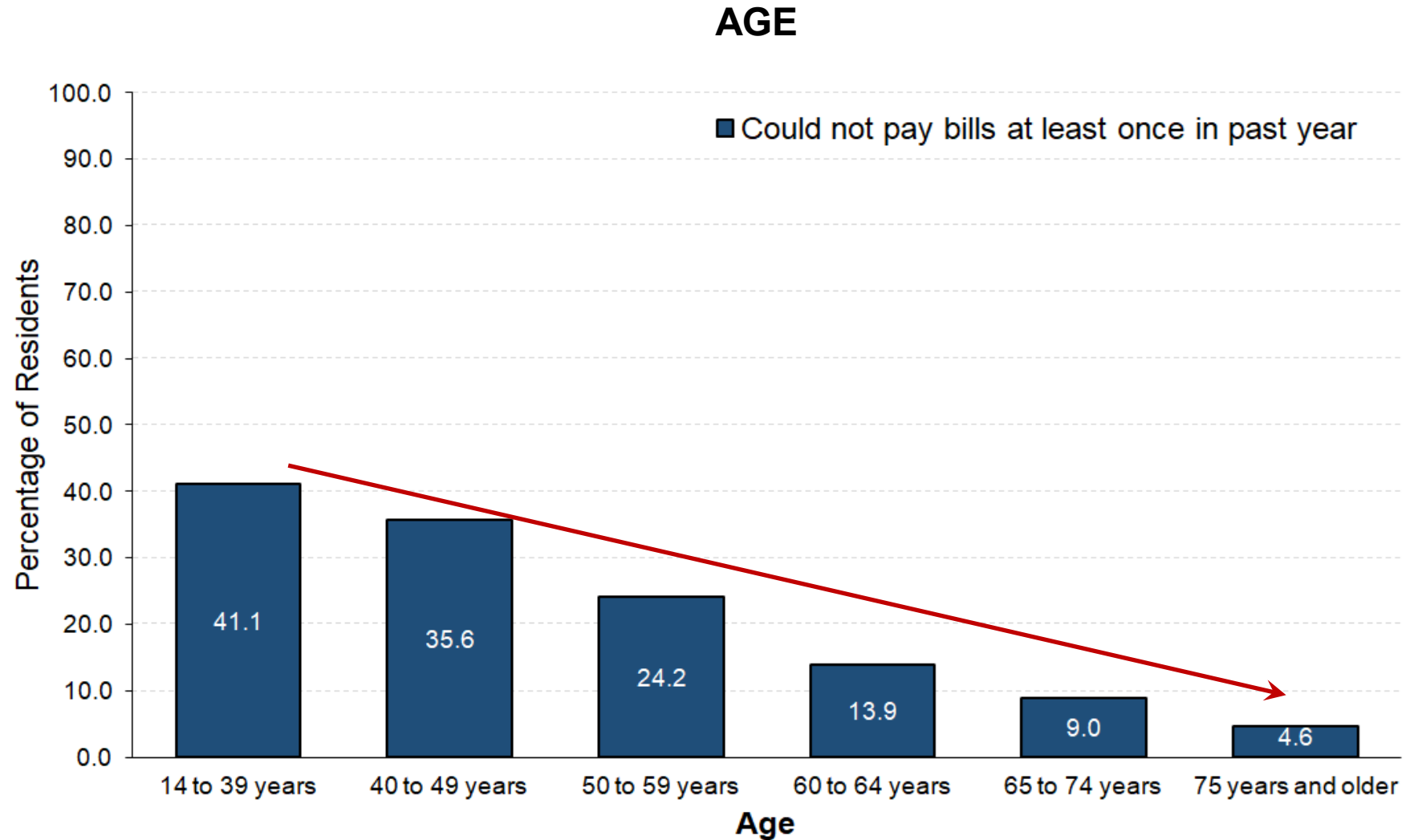


Financial insecurity: Inability to pay bills on time

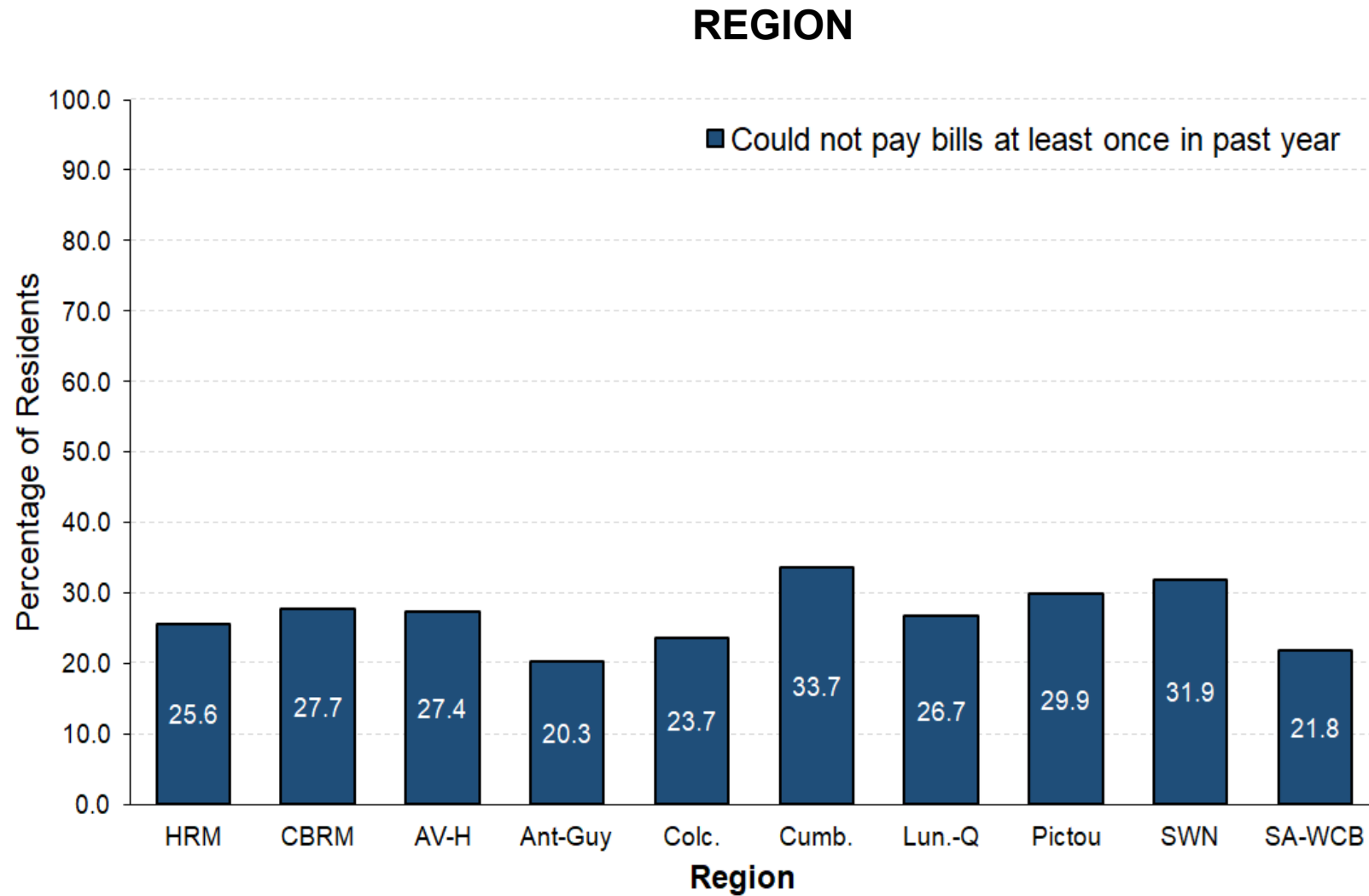
INCOME



Financial insecurity: Inability to pay bills on time

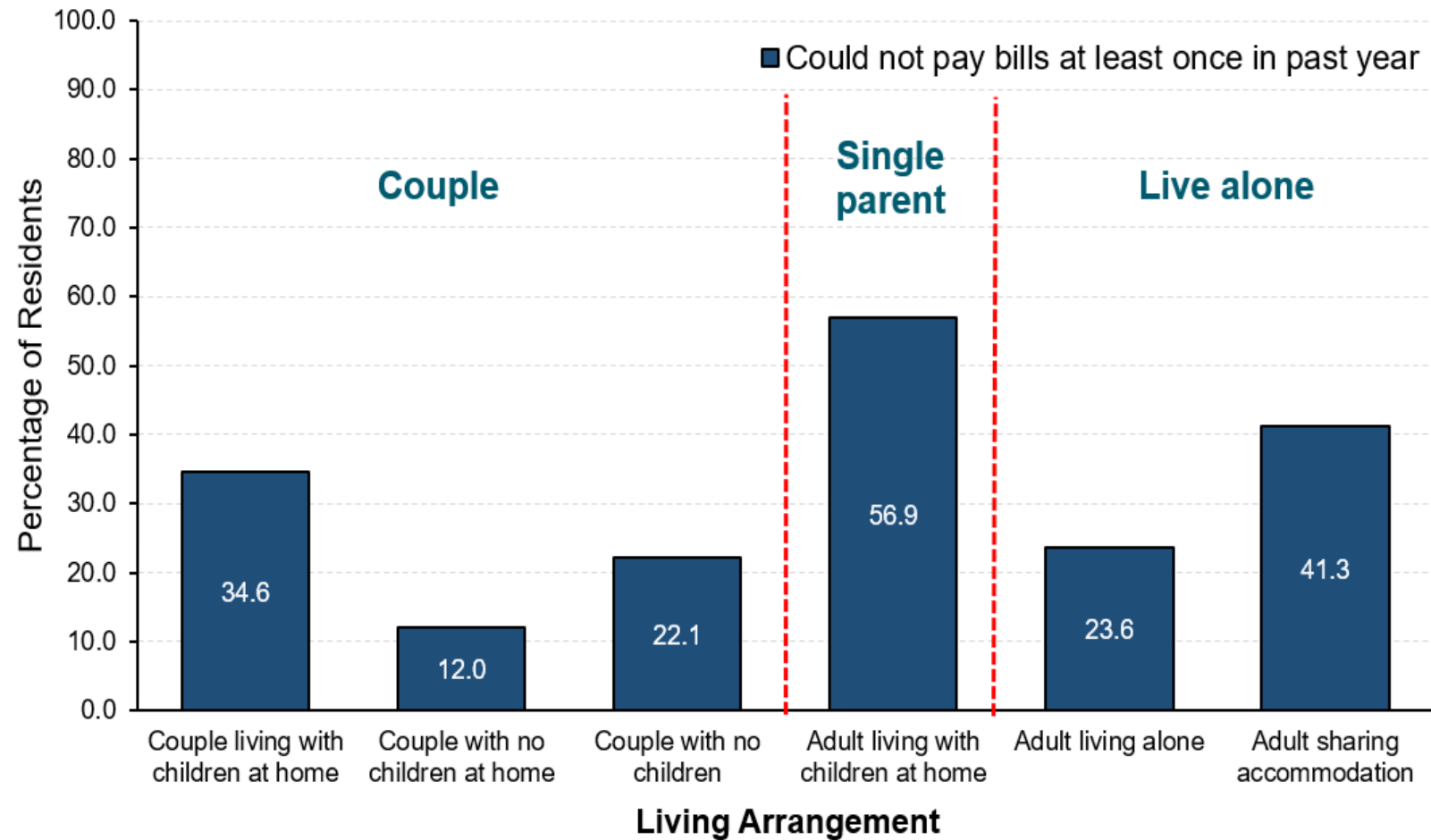


Financial insecurity: Inability to pay bills on time



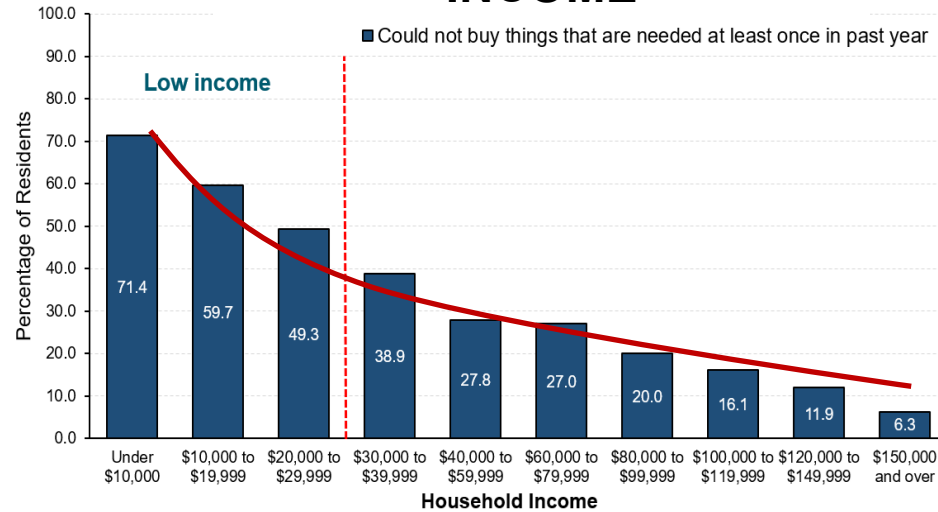
Financial insecurity: Inability to pay bills on time

LIVING ARRANGEMENT

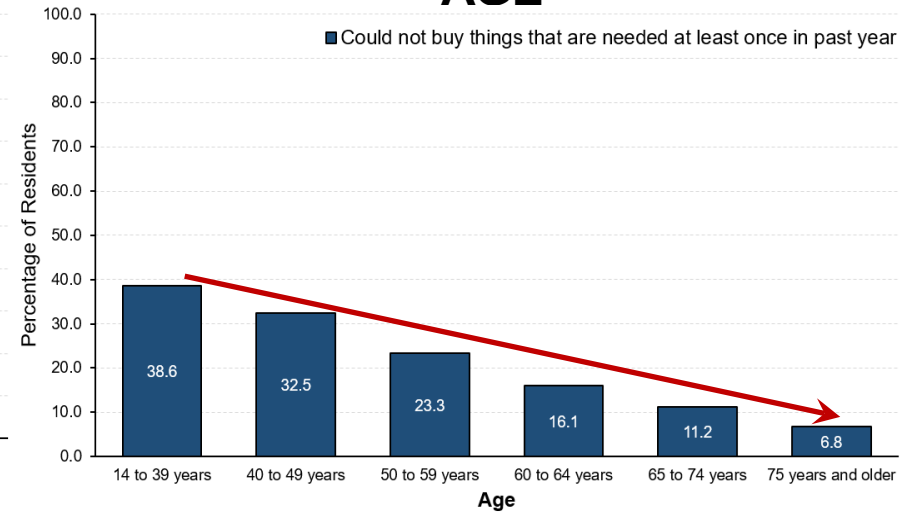


Financial insecurity: Could not buy needed things

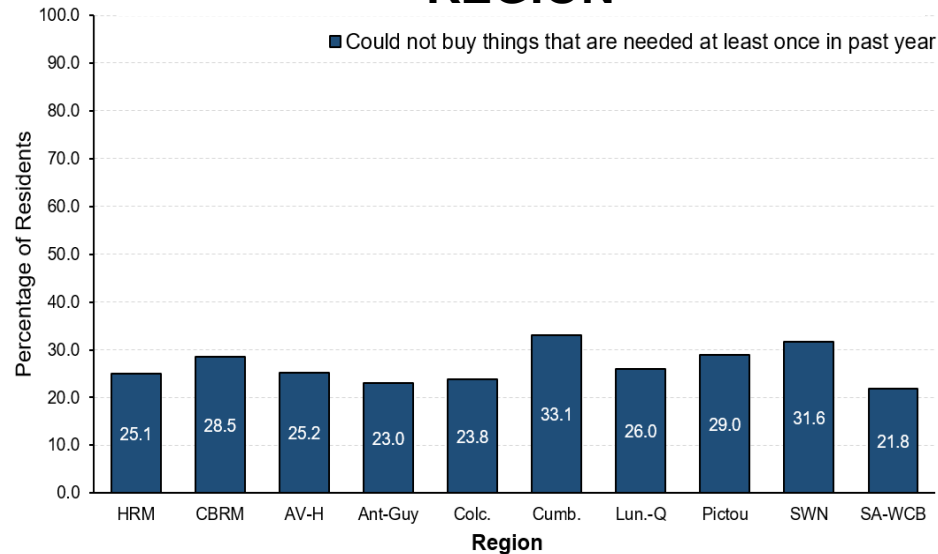
INCOME



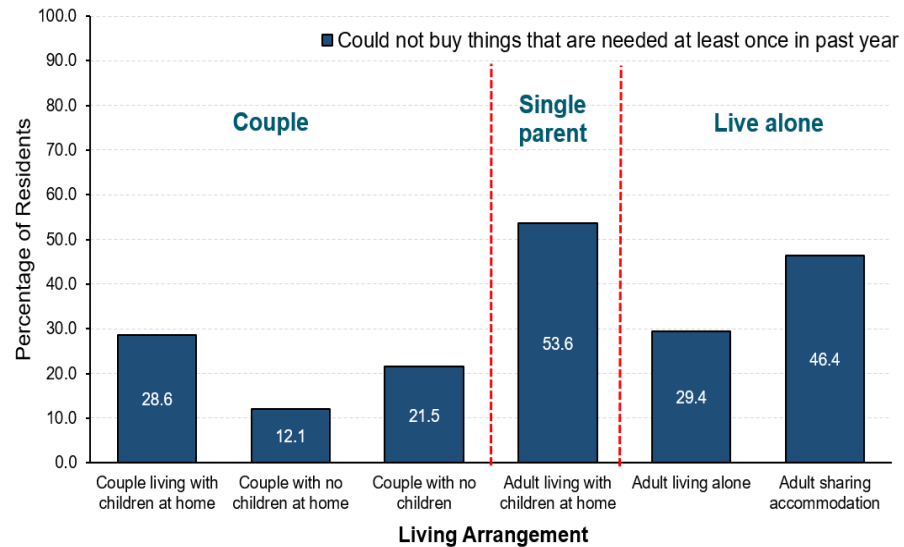
AGE



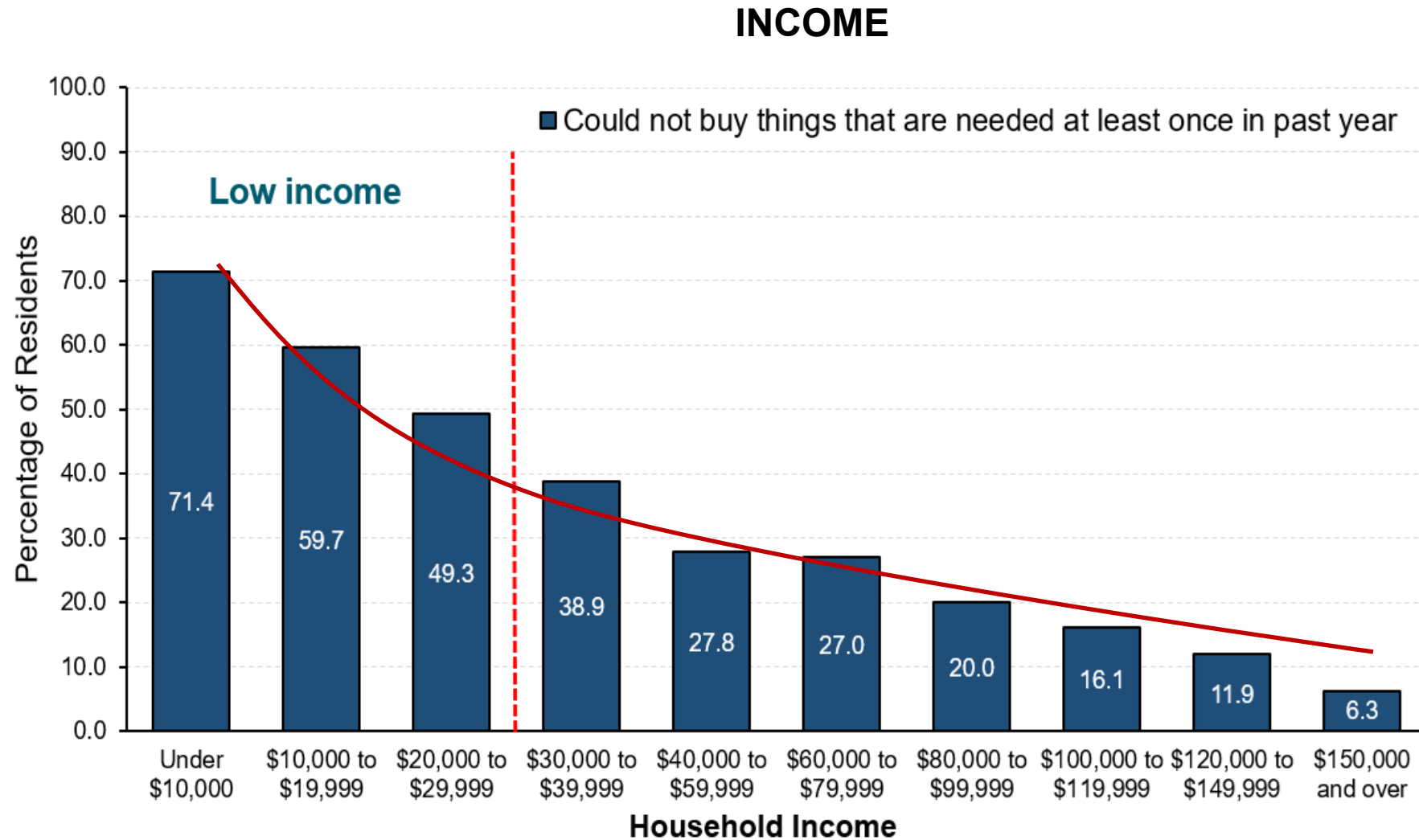
REGION



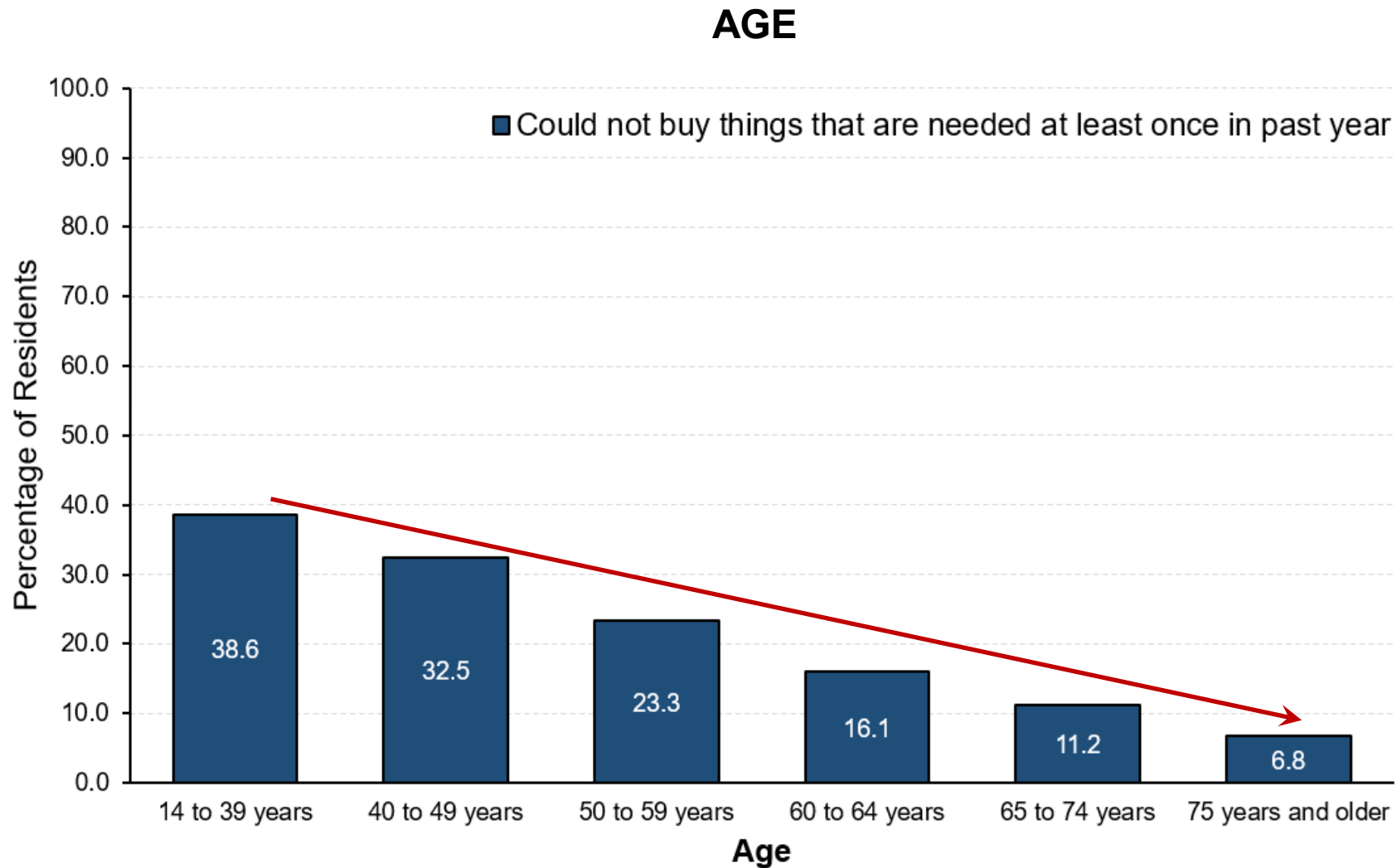
LIVING ARRANGEMENT



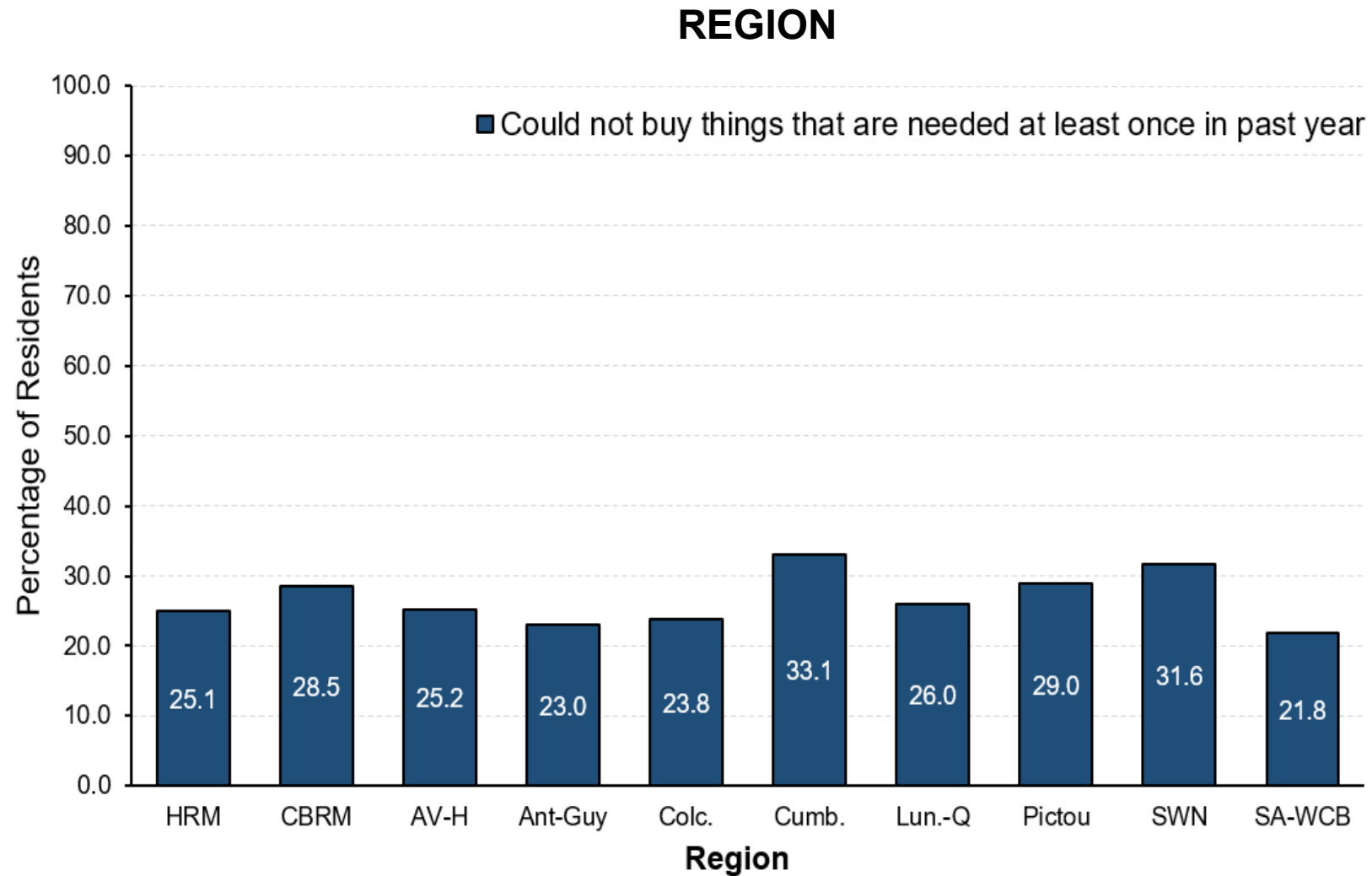
Financial insecurity: Could not buy needed things



Financial insecurity: Could not buy *needed* things

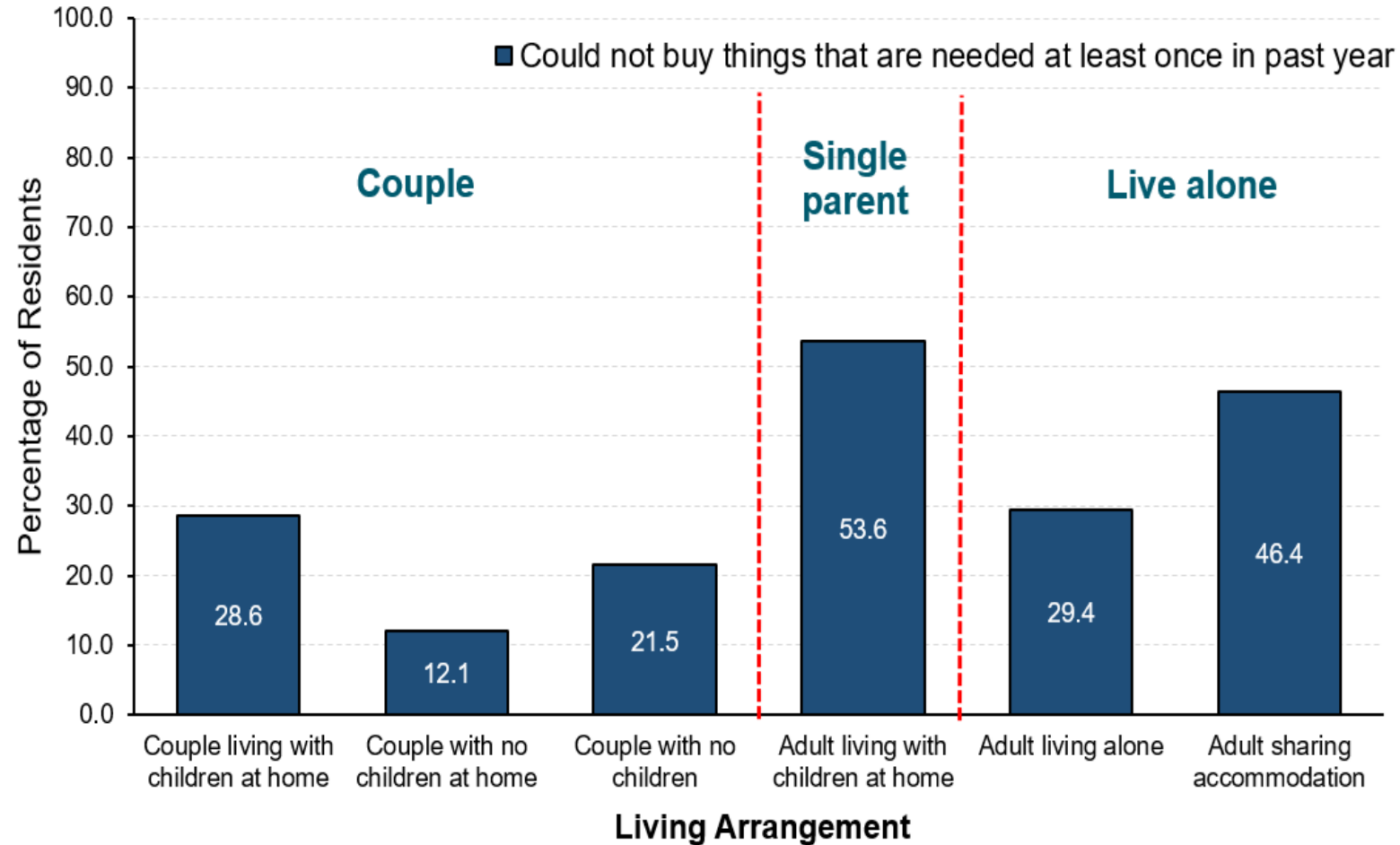


Financial insecurity: Could not buy *needed* things



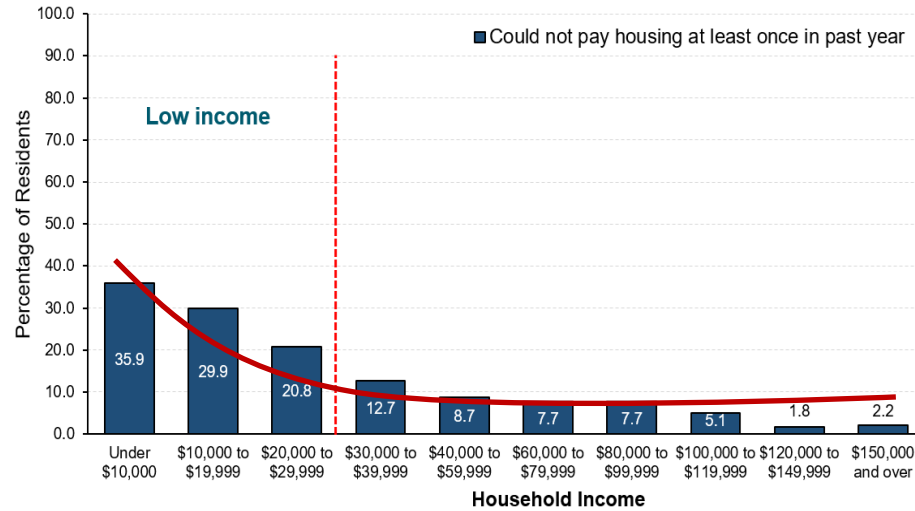
Financial insecurity: Could not buy needed things

LIVING ARRANGEMENT

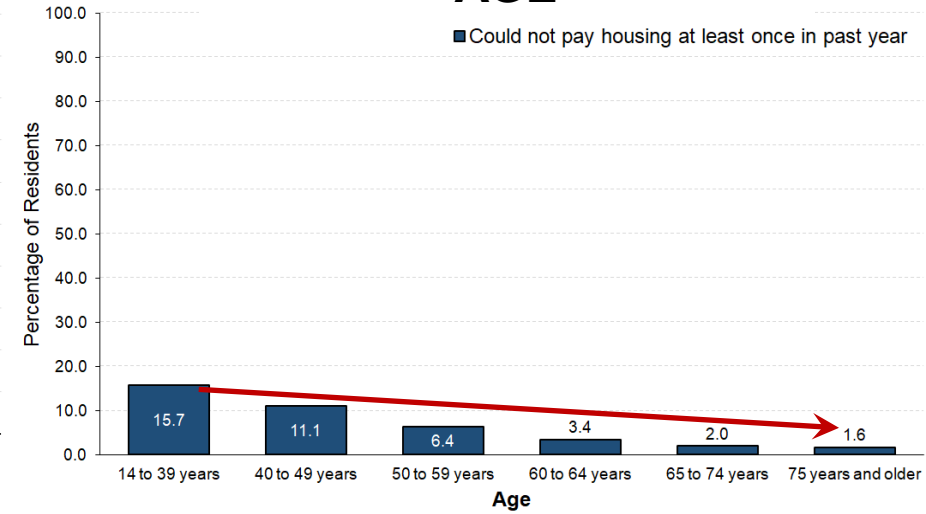


Housing insecurity: Inability to pay mortgage/rent

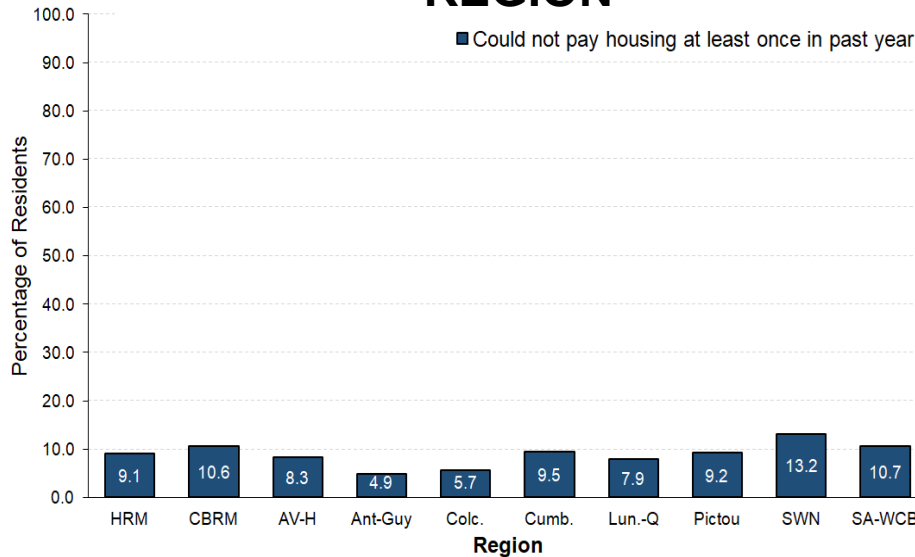
INCOME



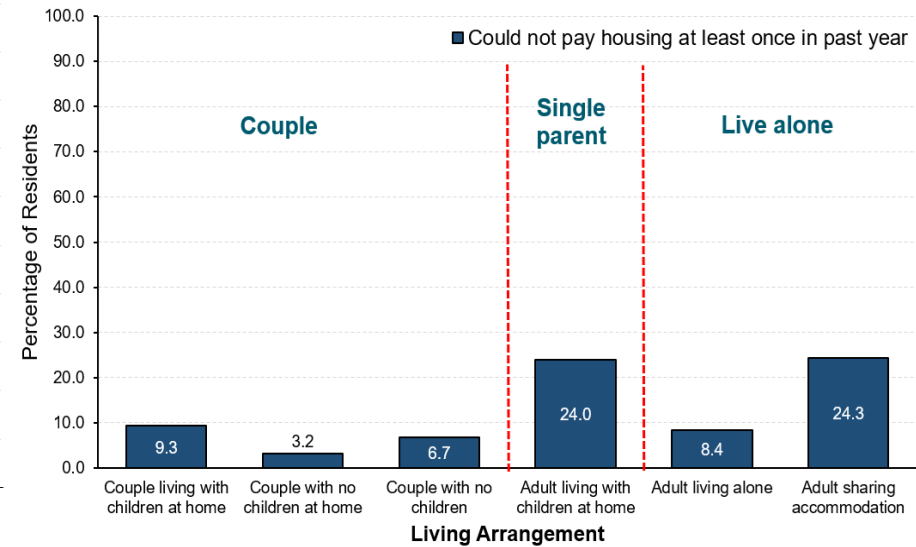
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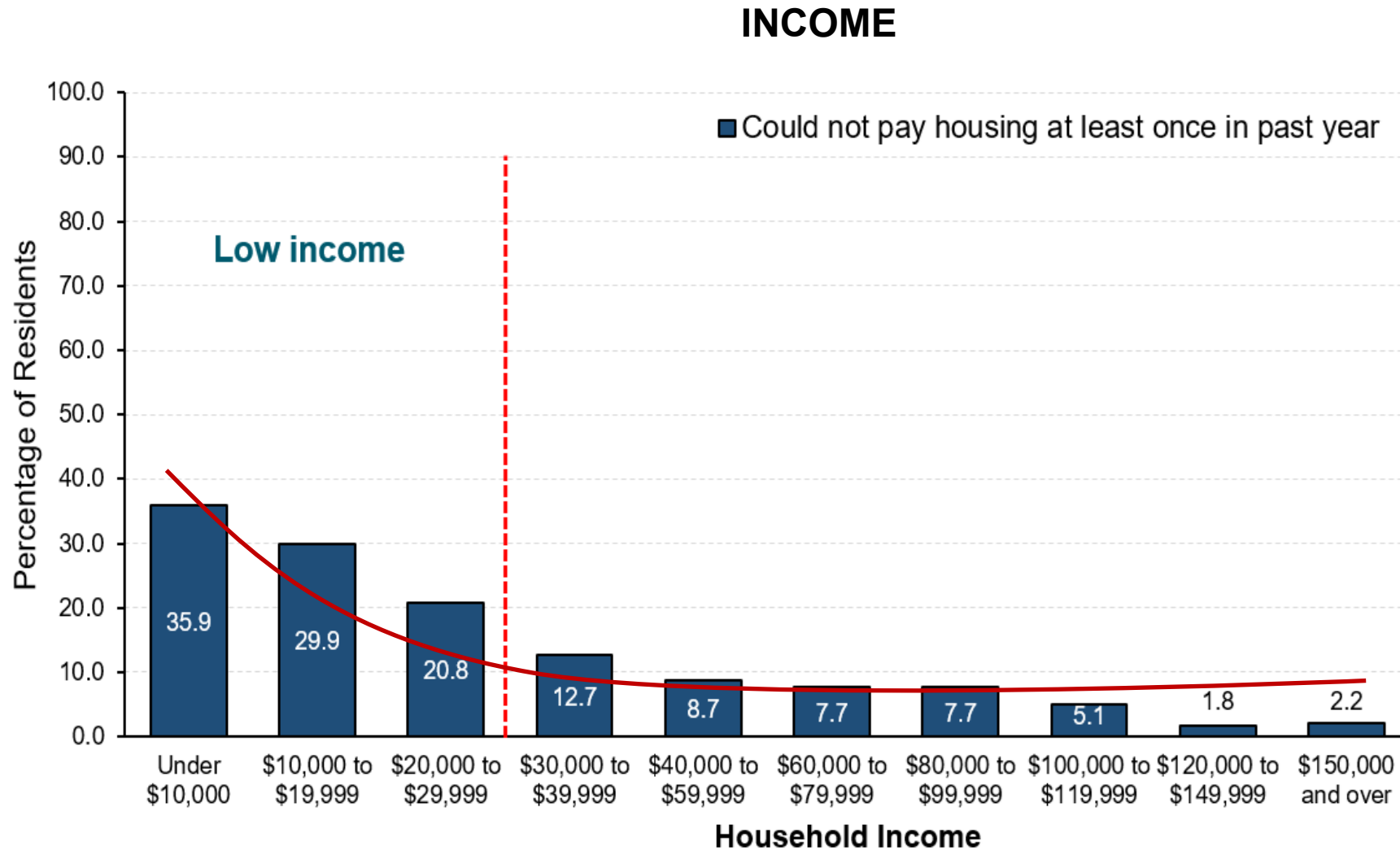
REGION



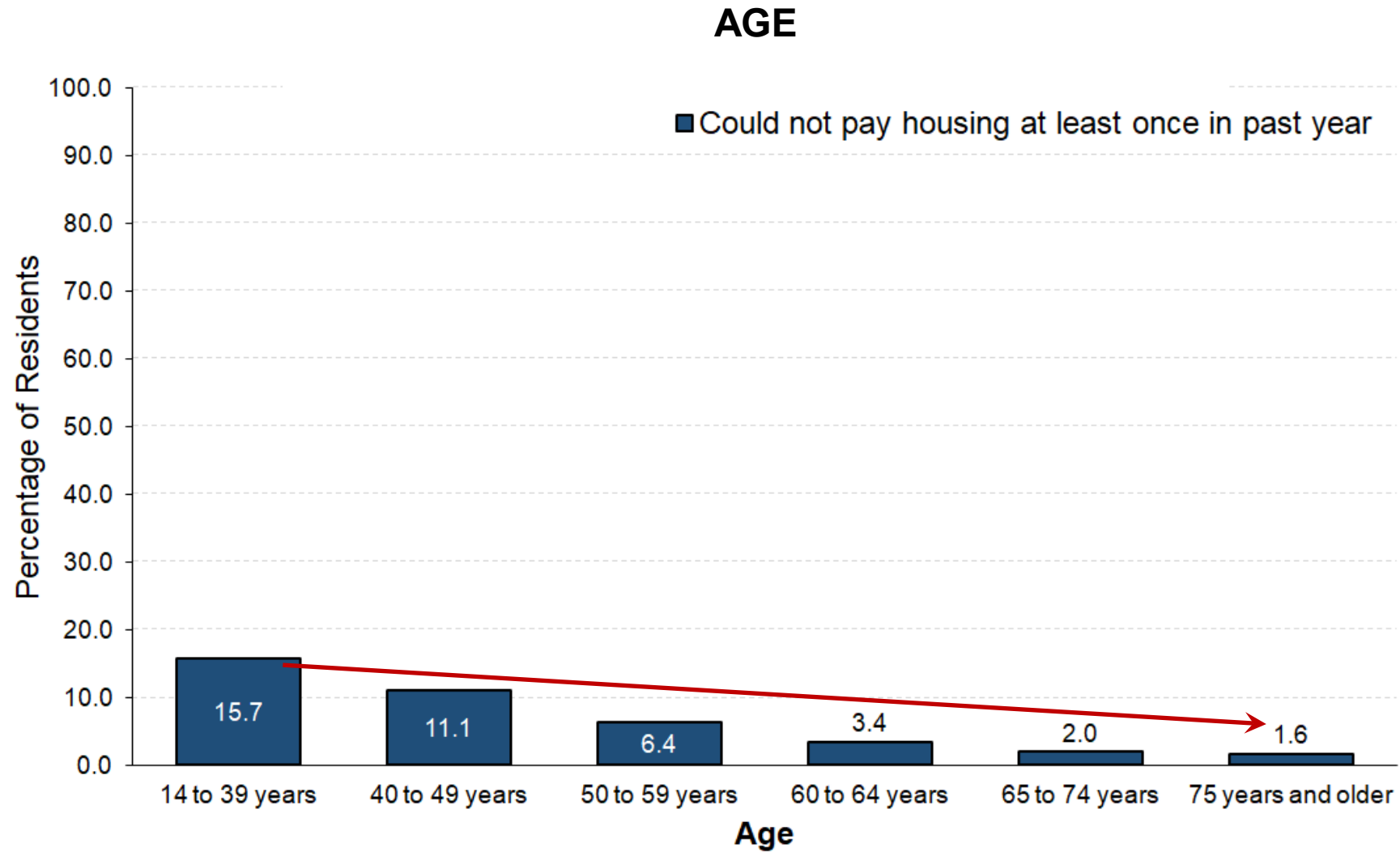
LIVING ARRANGEMENT



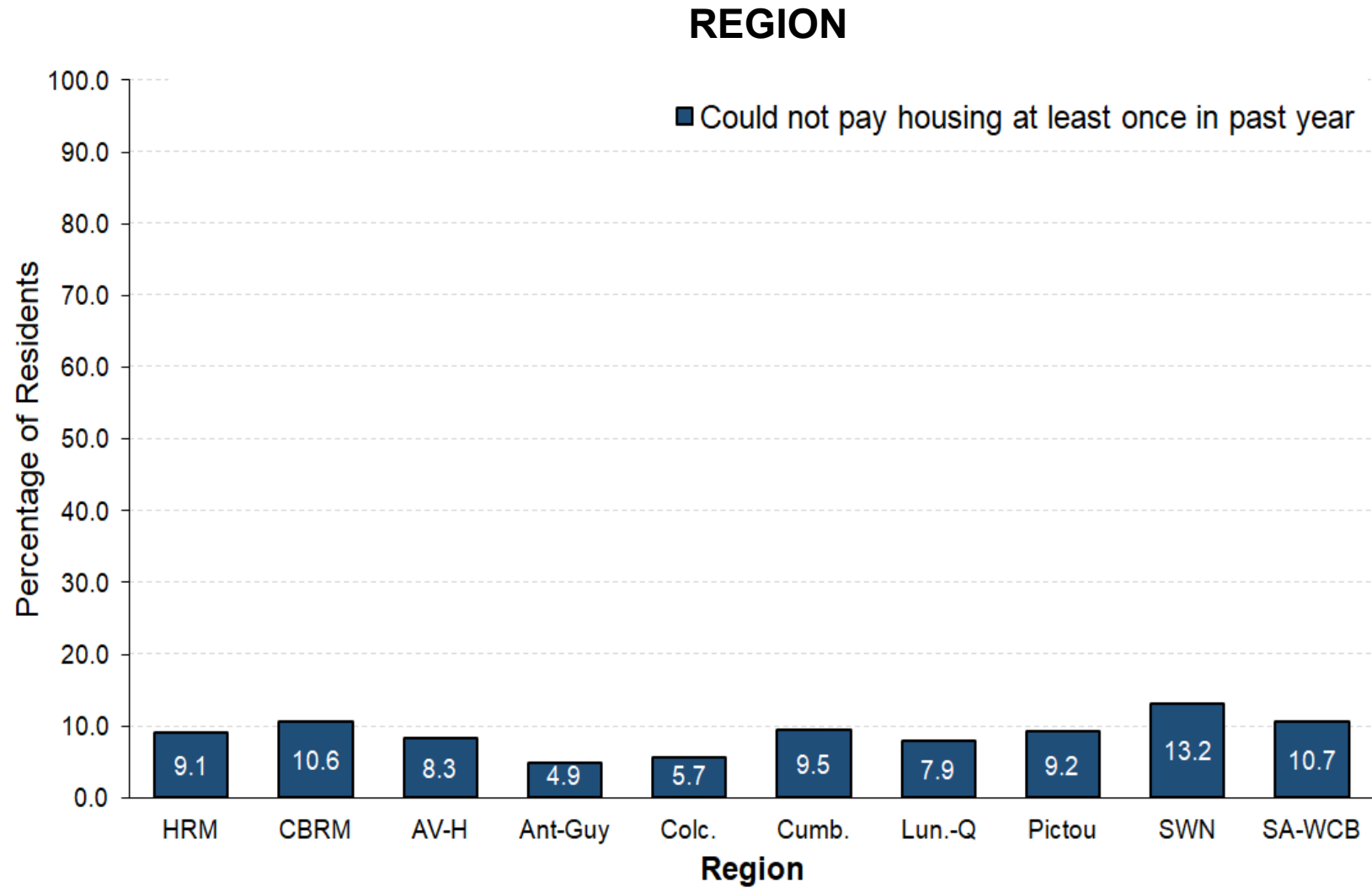
Housing insecurity: Inability to pay mortgage/rent



Housing insecurity: Inability to pay mortgage/rent

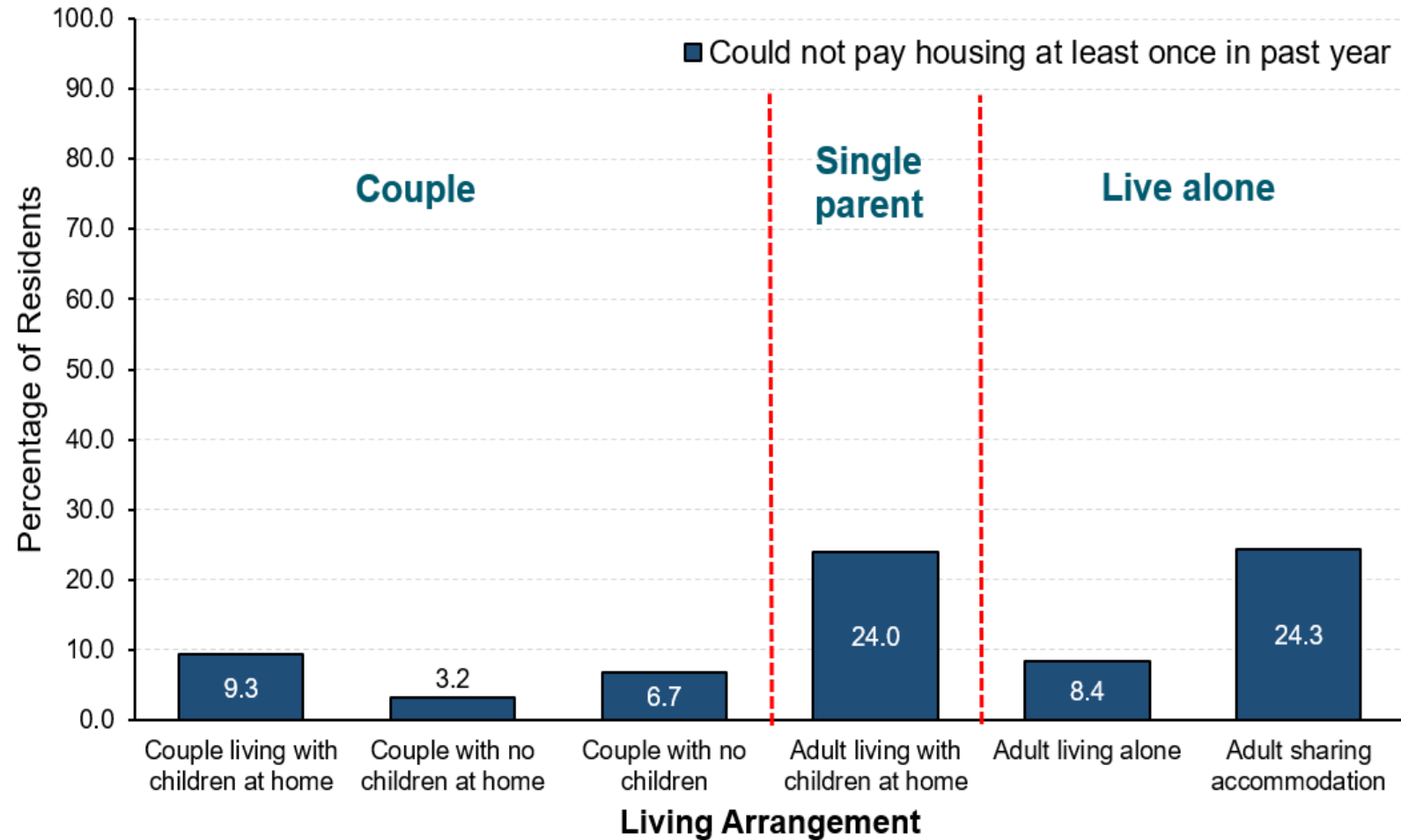


Housing insecurity: Inability to pay mortgage/rent



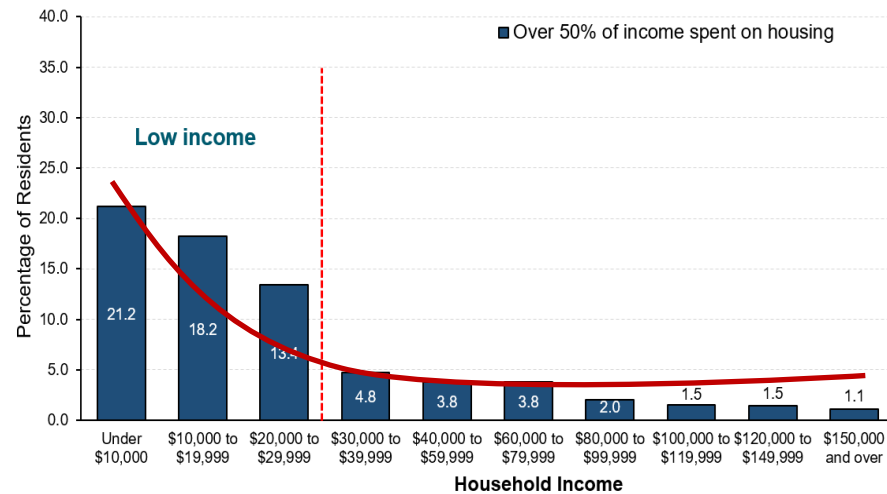
Housing insecurity: Inability to pay mortgage/rent

LIVING ARRANGEMENT

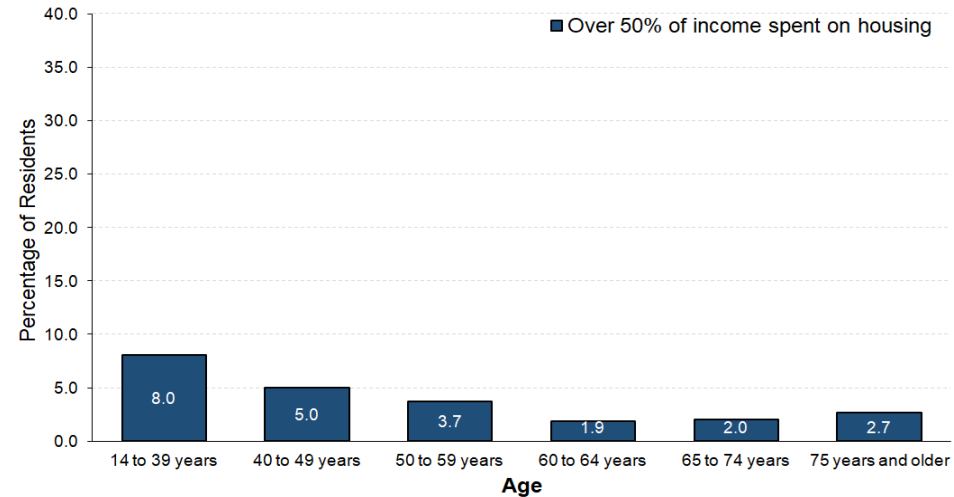


Housing insecurity: Over 50% spent on housing

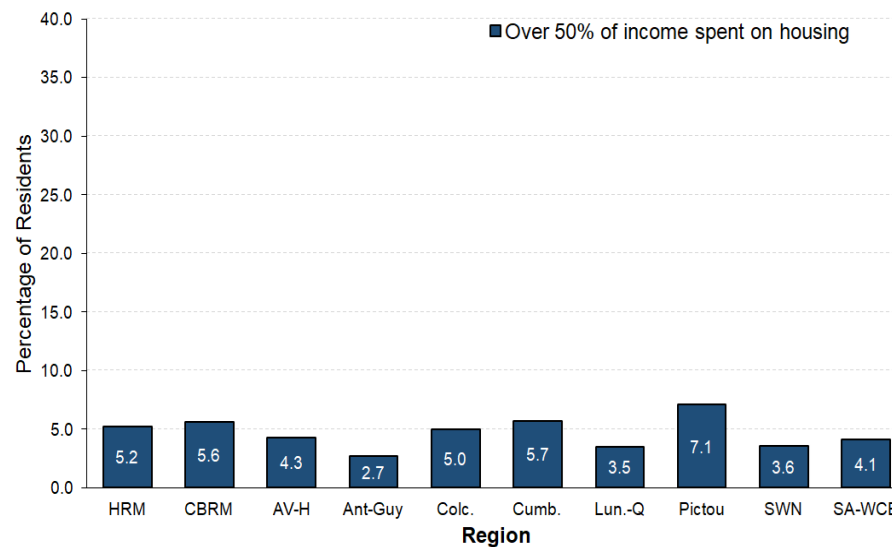
INCOME



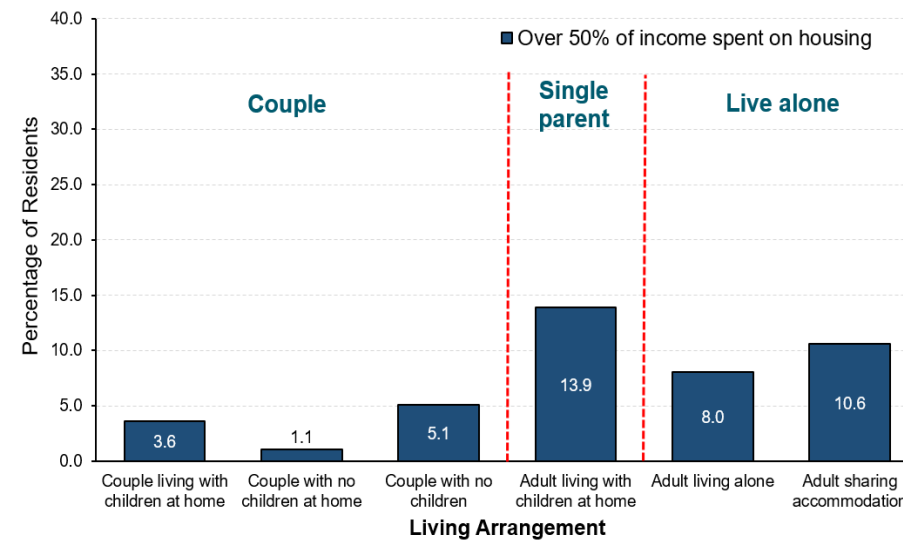
AGE



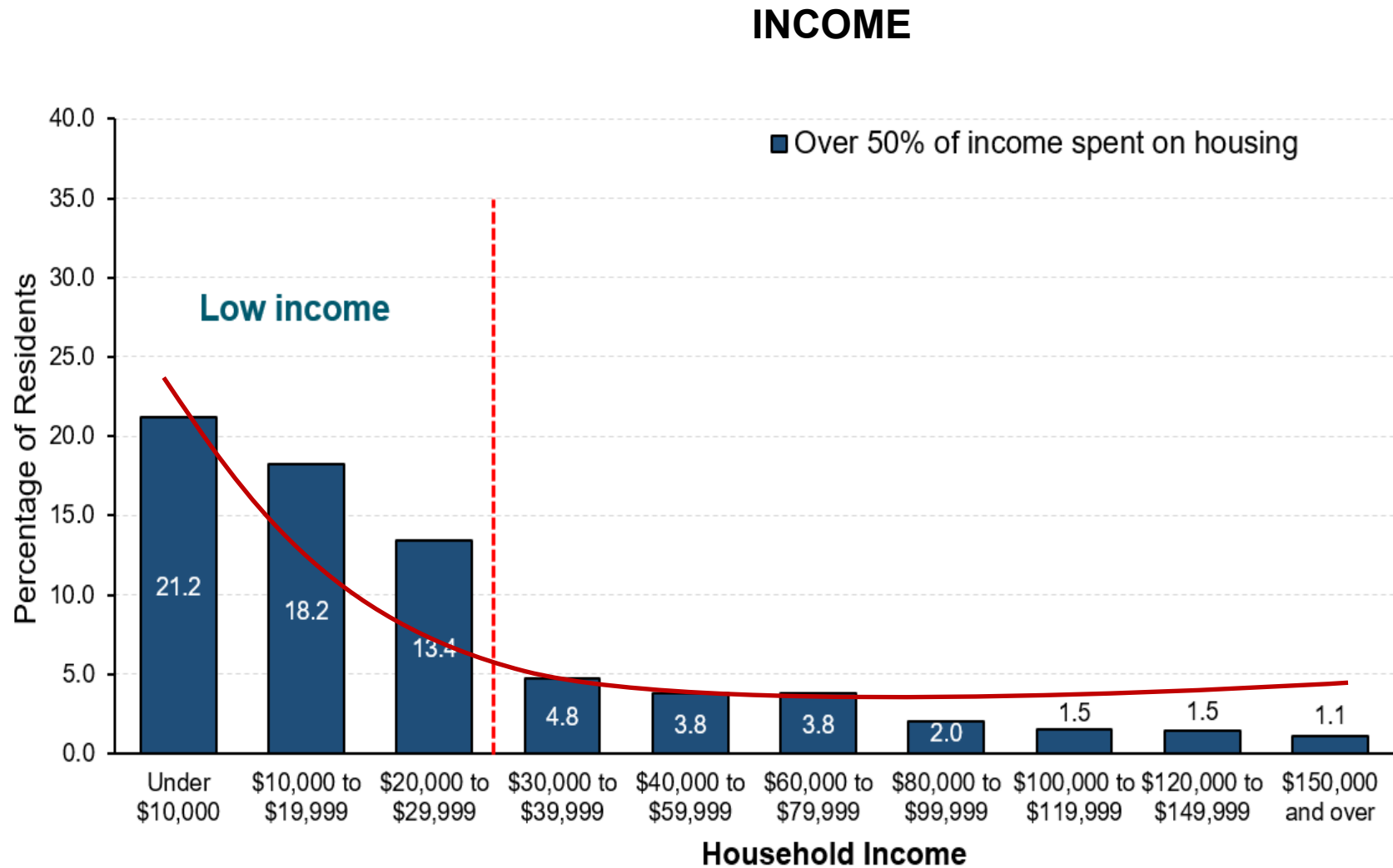
REGION



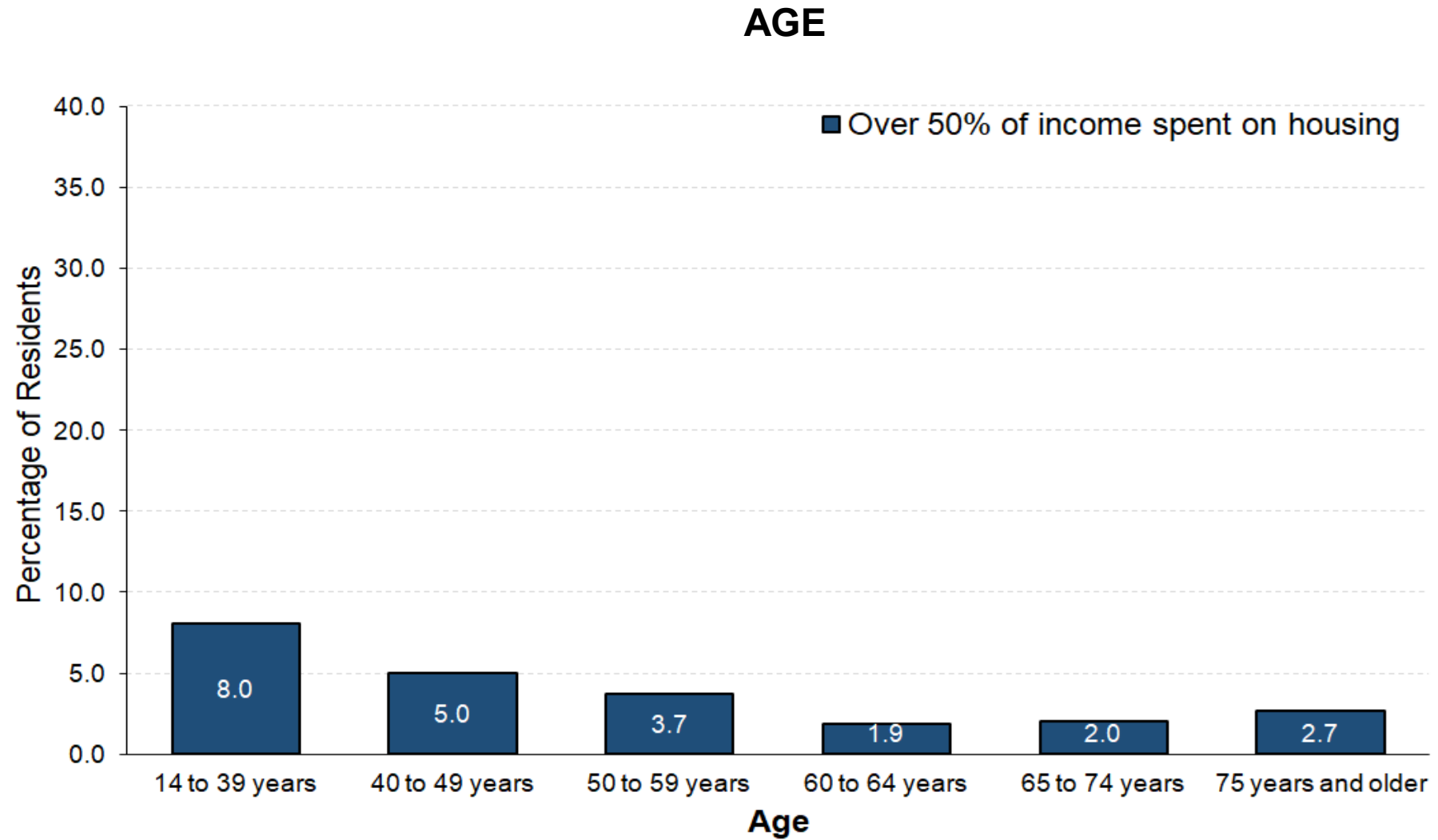
LIVING ARRANGEMENT



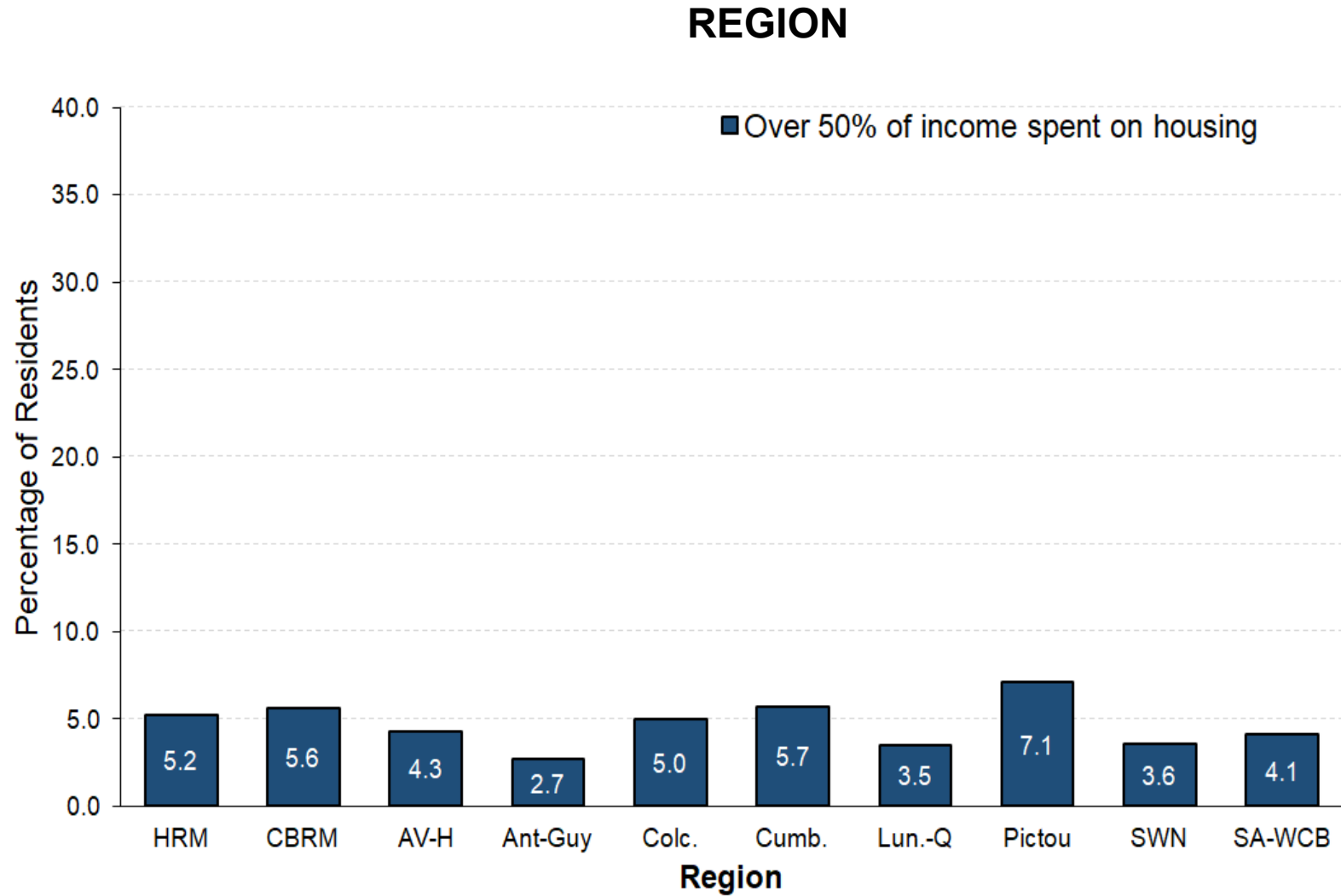
Housing insecurity: Over 50% spent on housing



Housing insecurity: Over 50% spent on housing

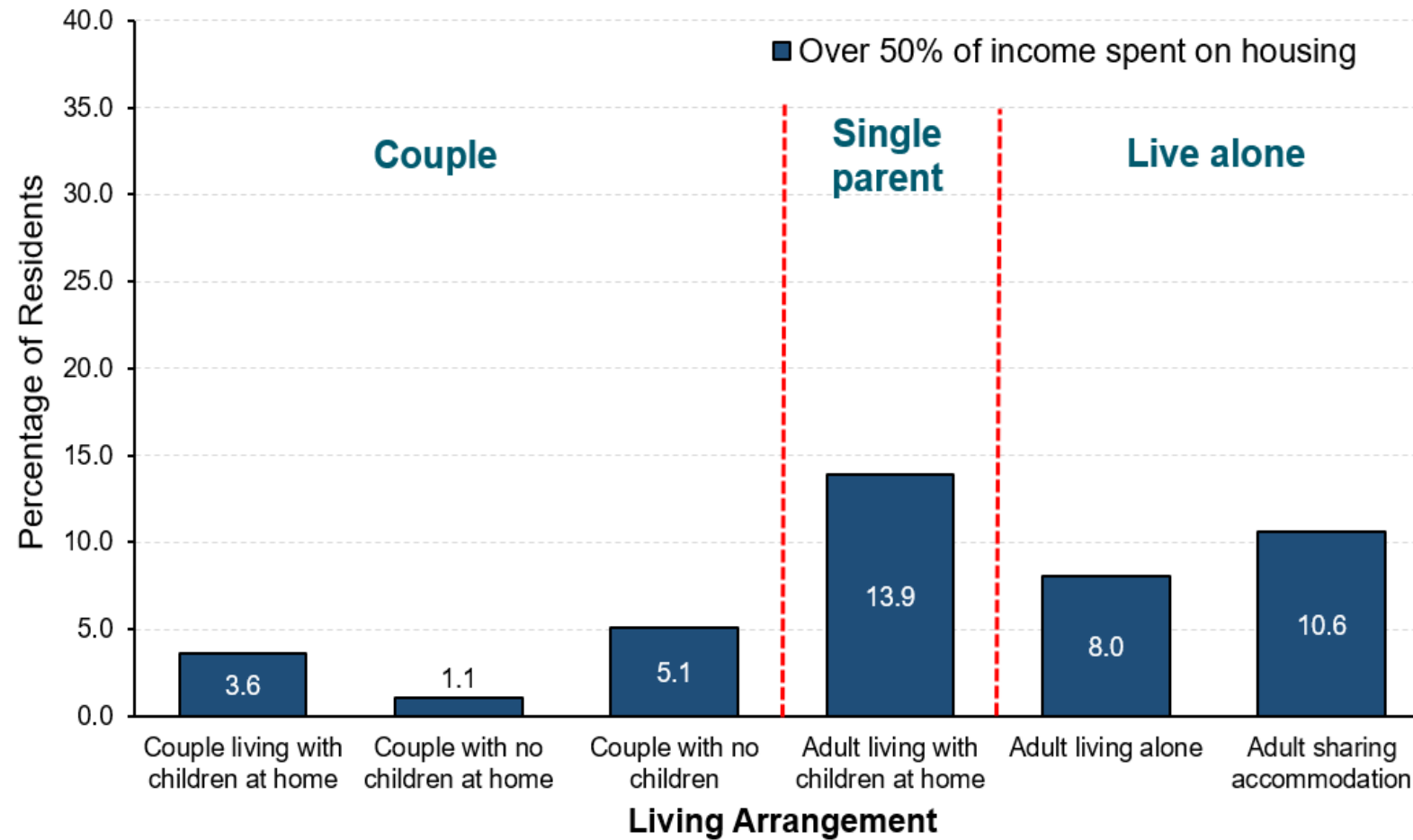


Housing insecurity: Over 50% spent on housing



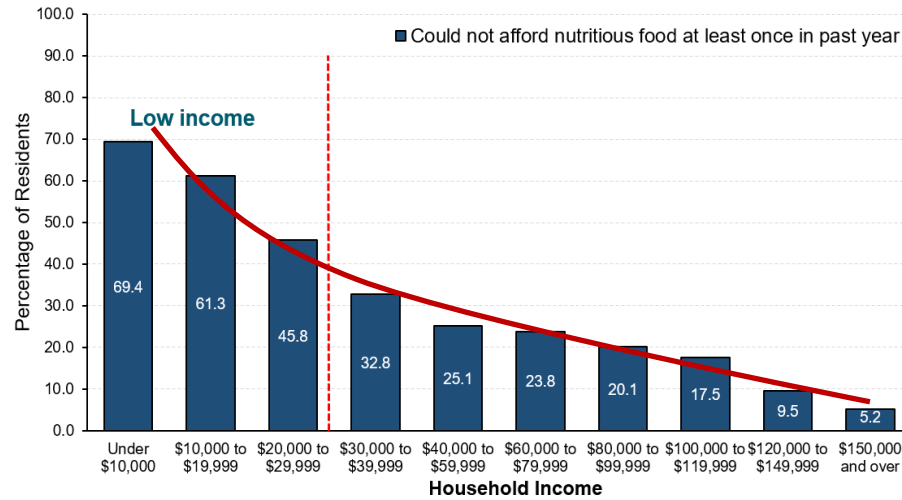
Housing insecurity: Over 50% spent on housing

LIVING ARRANGEMENT

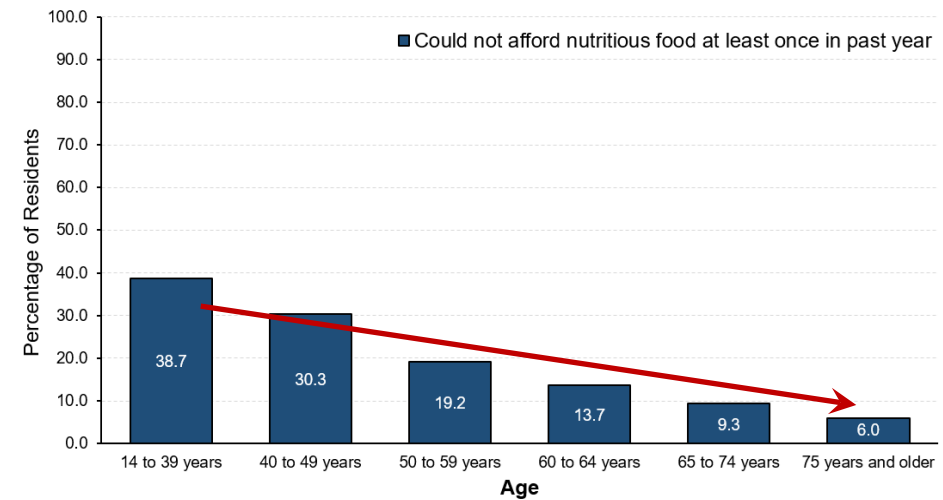


Food insecurity: Could not afford nutritious food

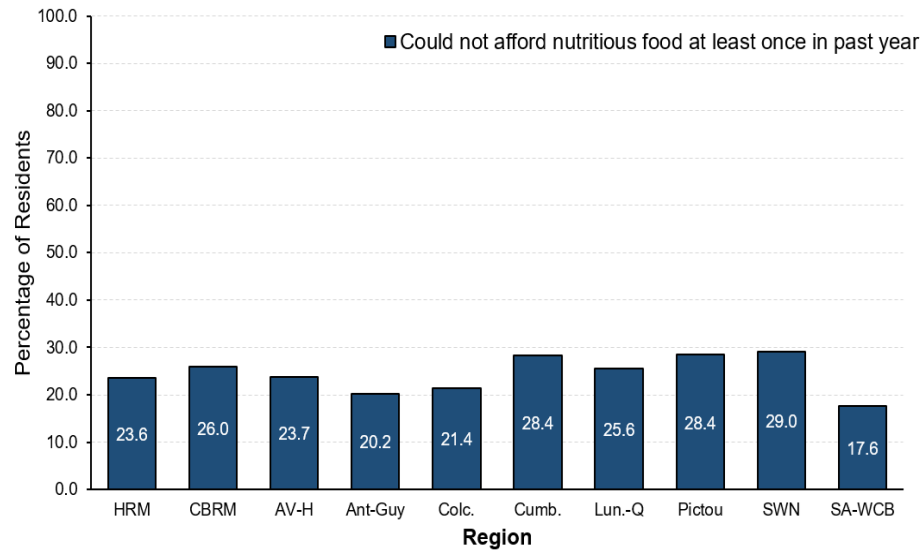
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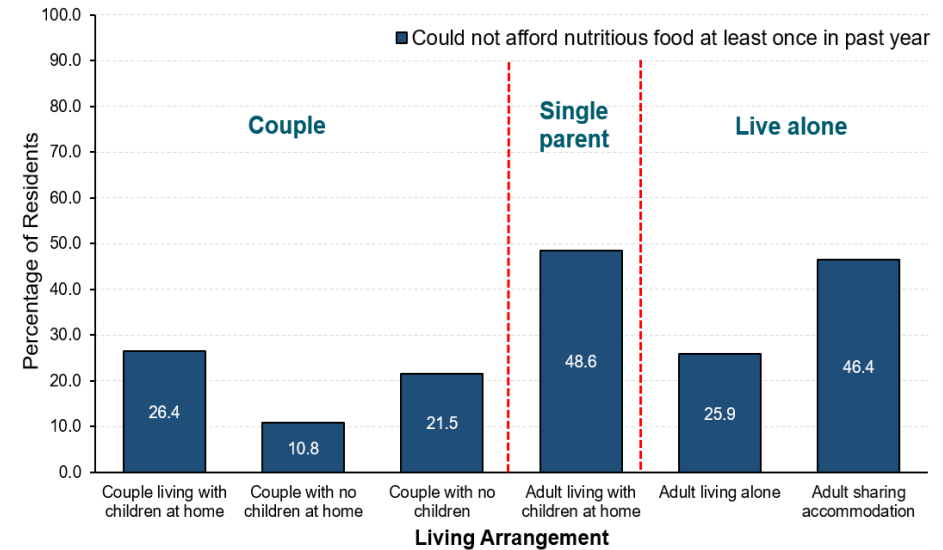
AGE



REGION

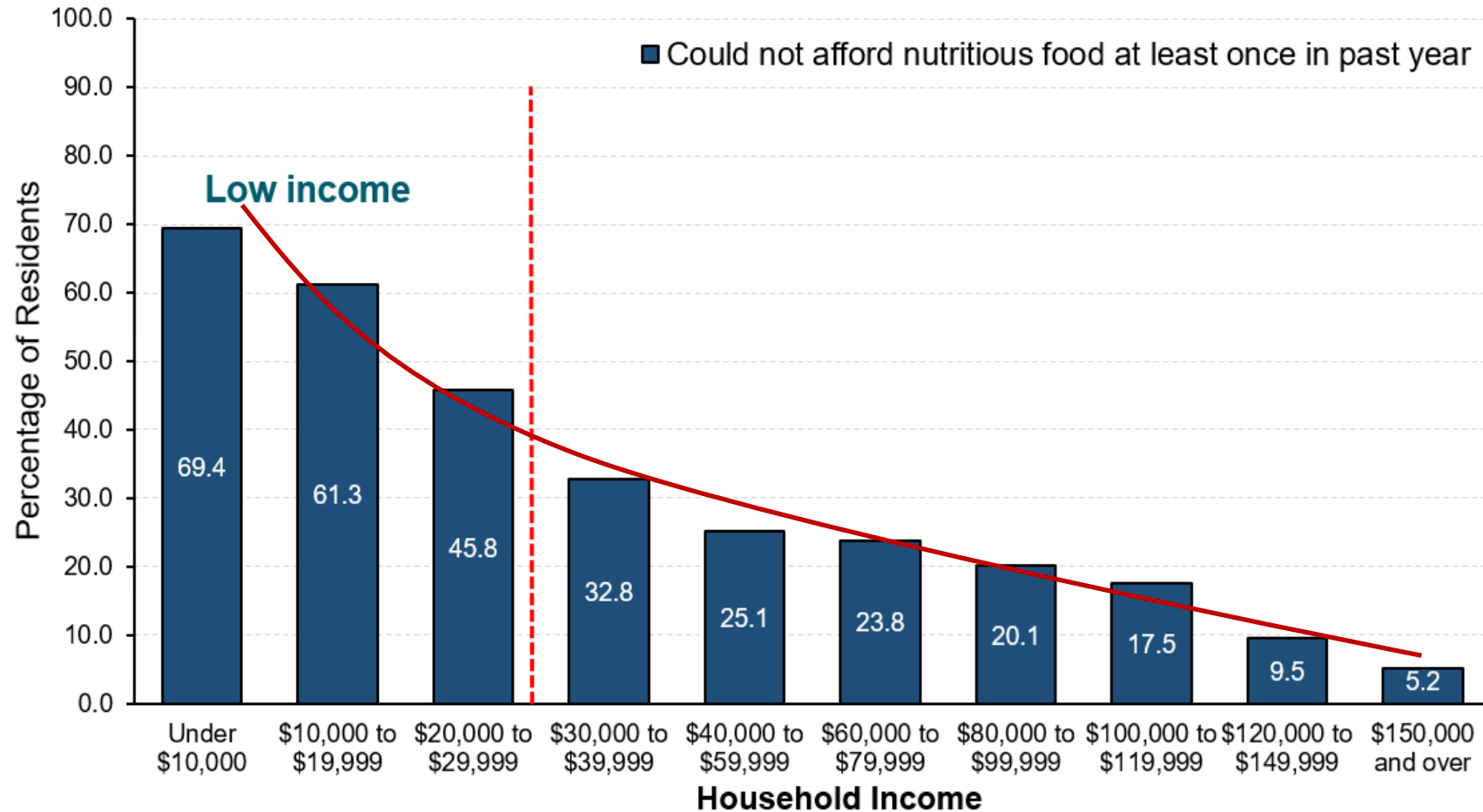


LIVING ARRANGEMENT



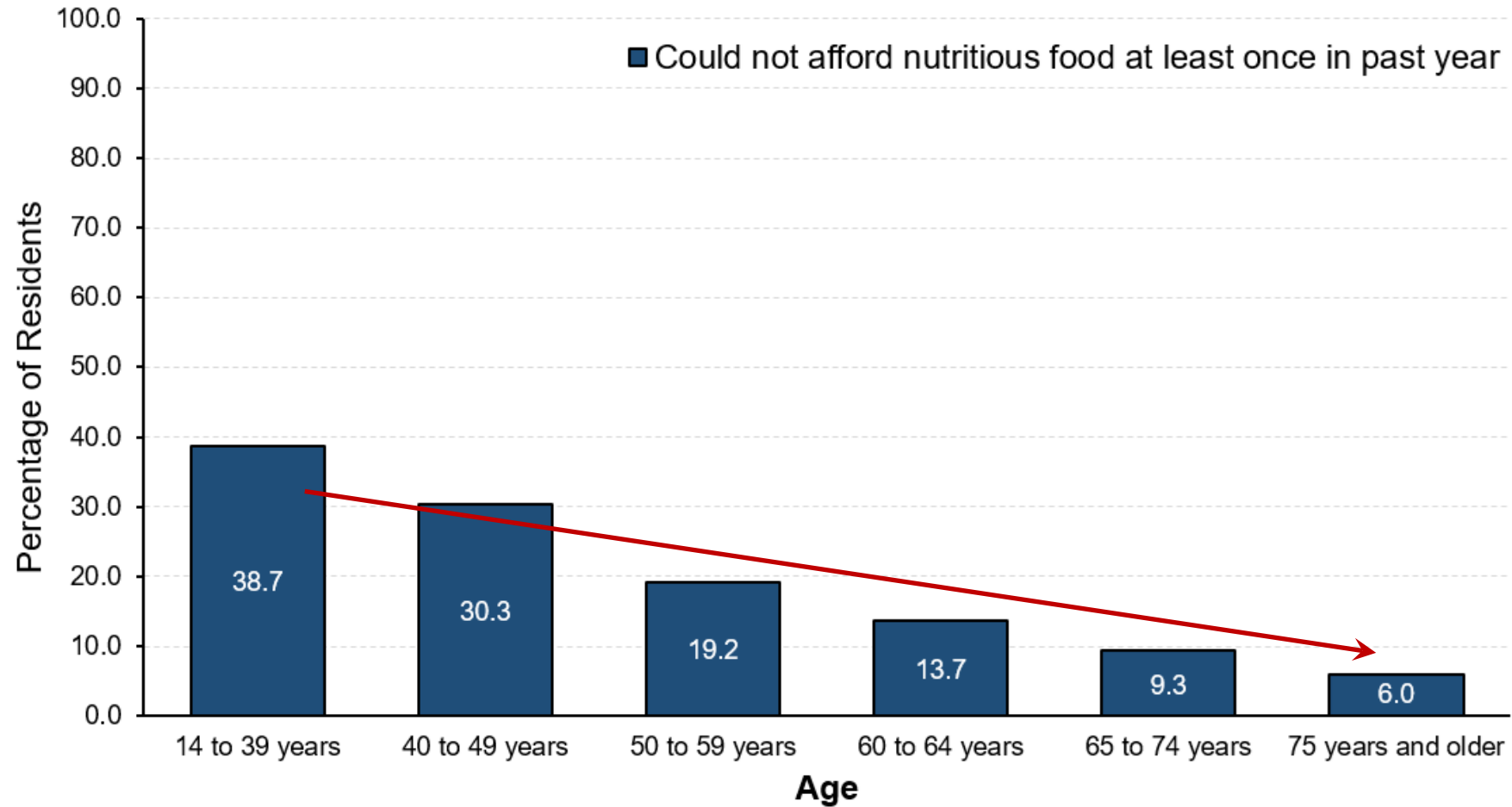
Food insecurity: Could not afford nutritious food

INCOME

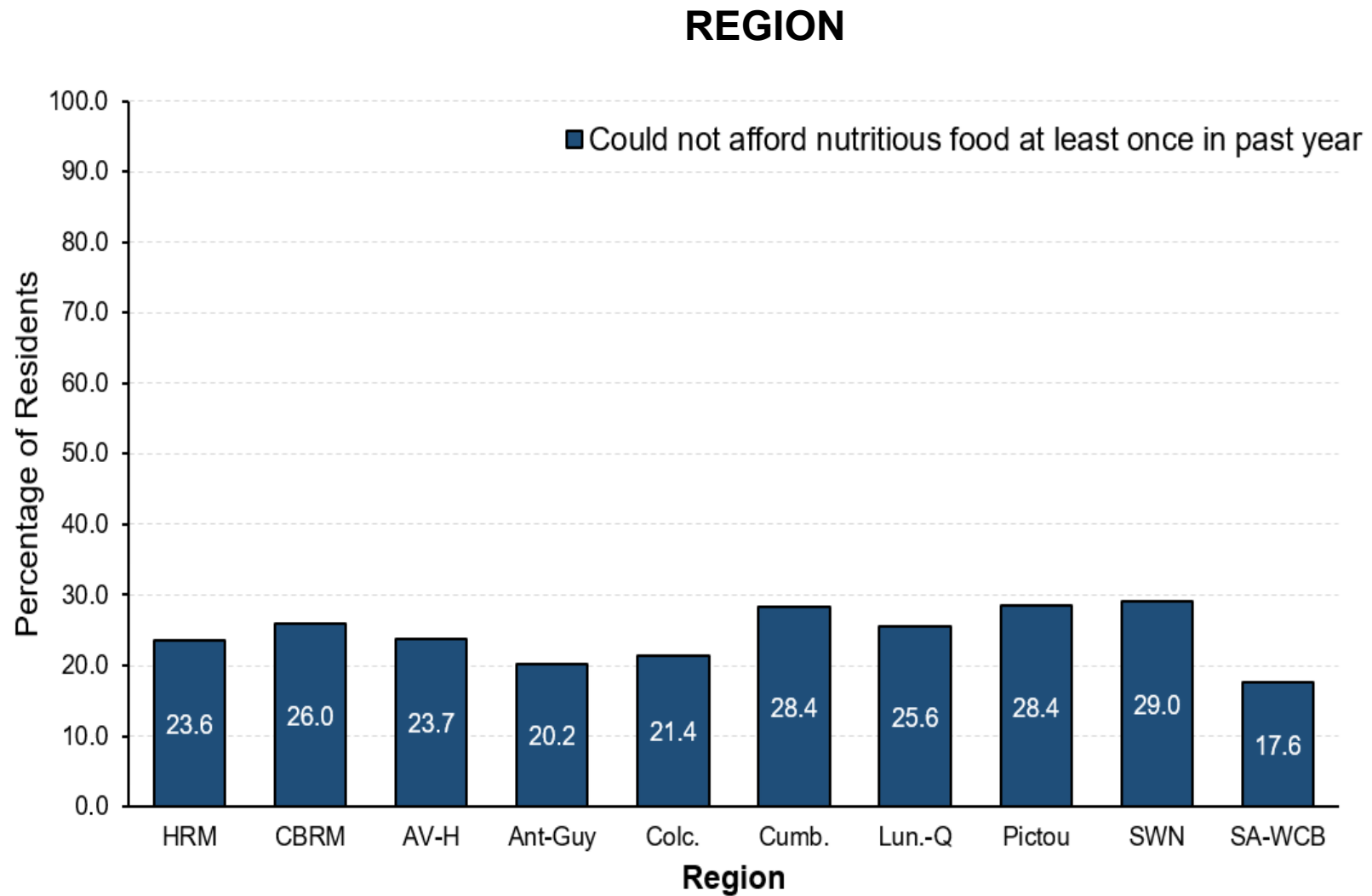


Food insecurity: Could not afford nutritious food

AGE

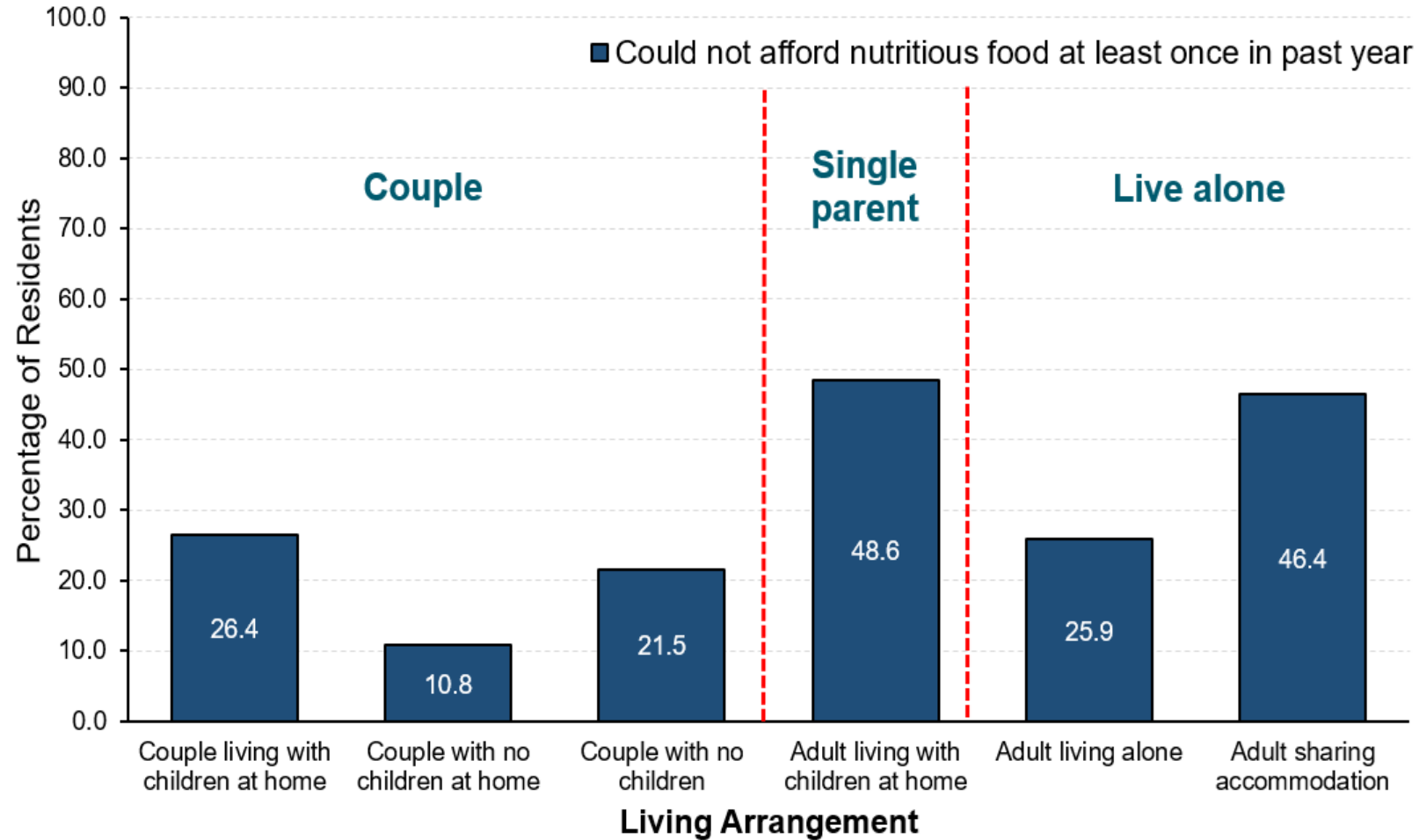


Food insecurity: Could not afford nutritious food



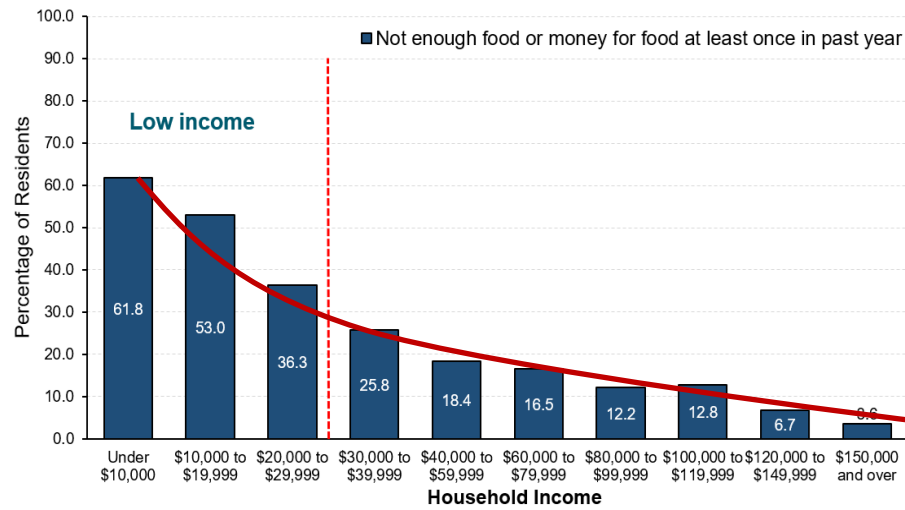
Food insecurity: Could not afford nutritious food

LIVING ARRANGEMENT

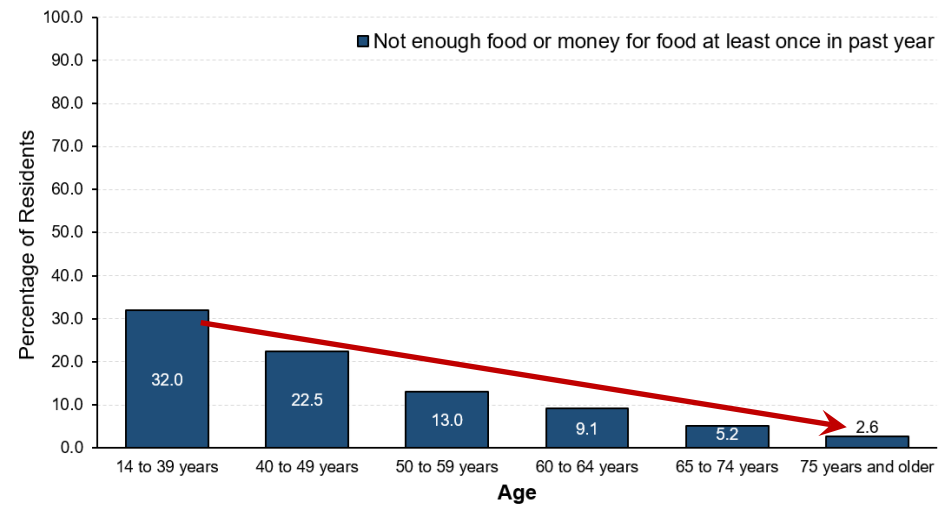


Food insecurity: Ate less (lack of food/money)

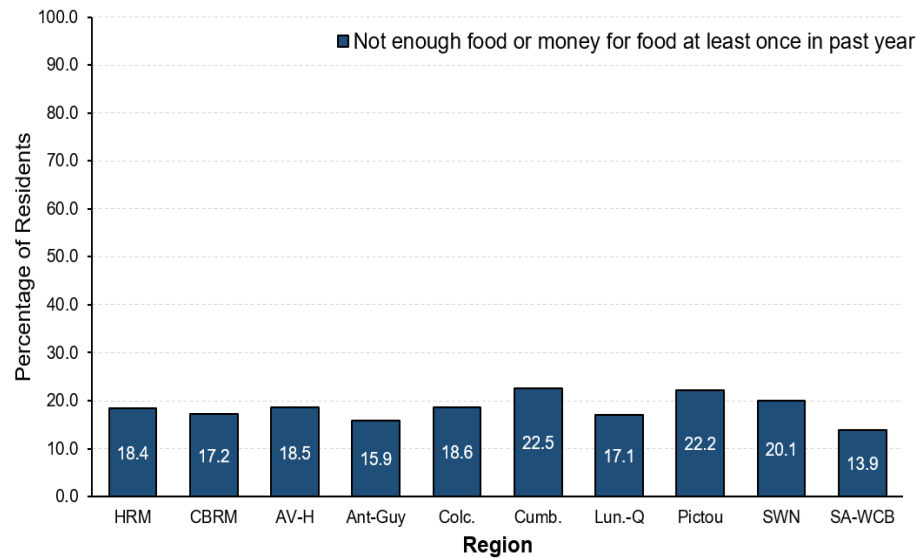
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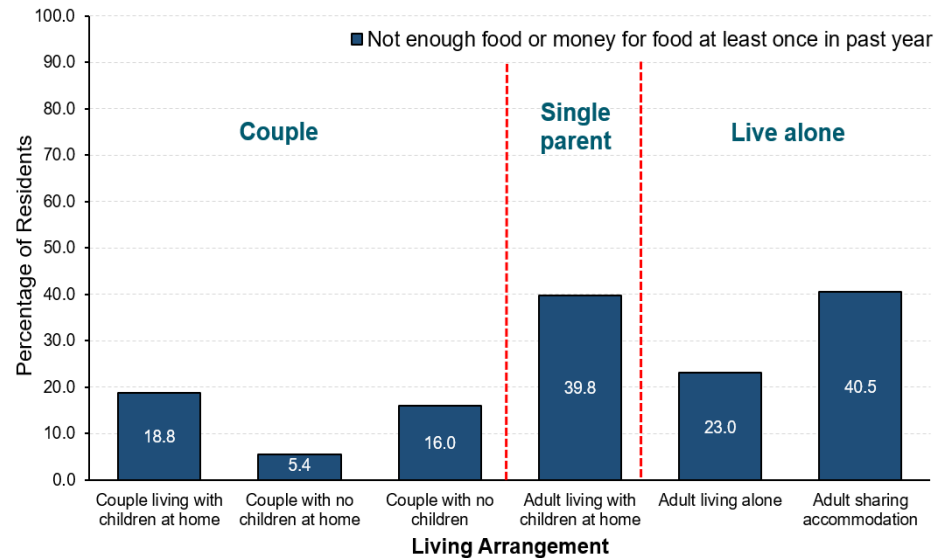
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REGION

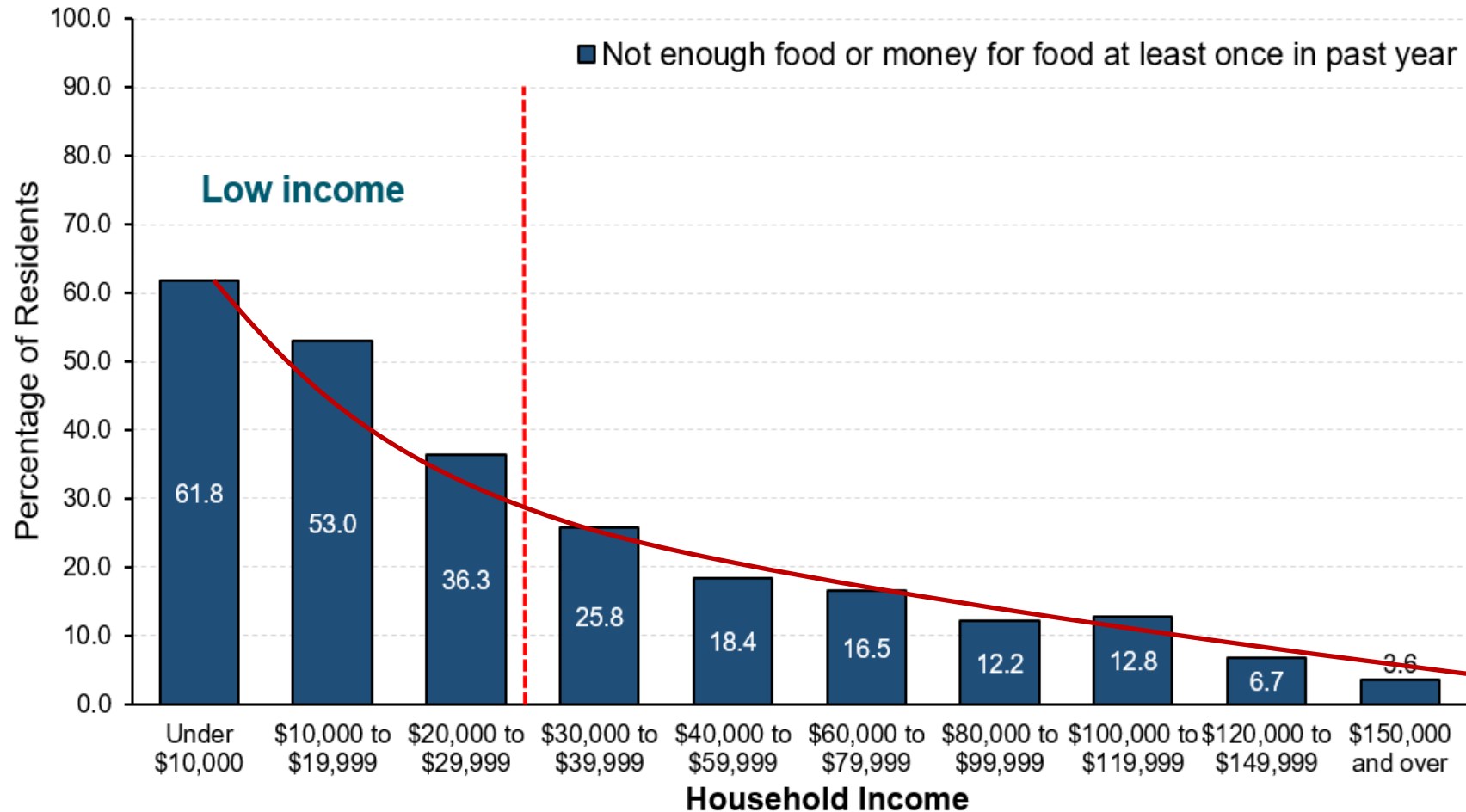


LIVING ARRANGEMENT

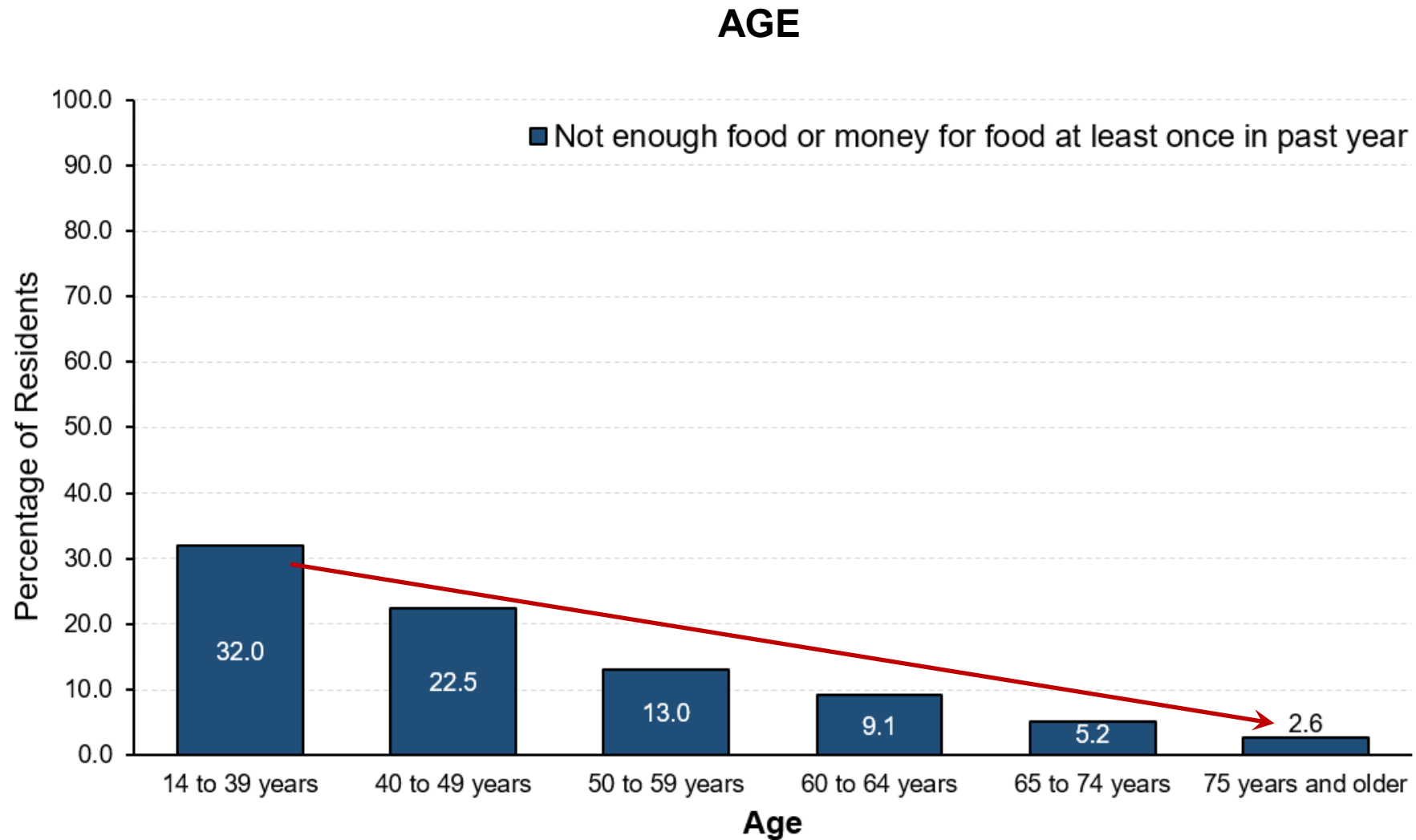


Food insecurity: Ate less (lack of food/money)

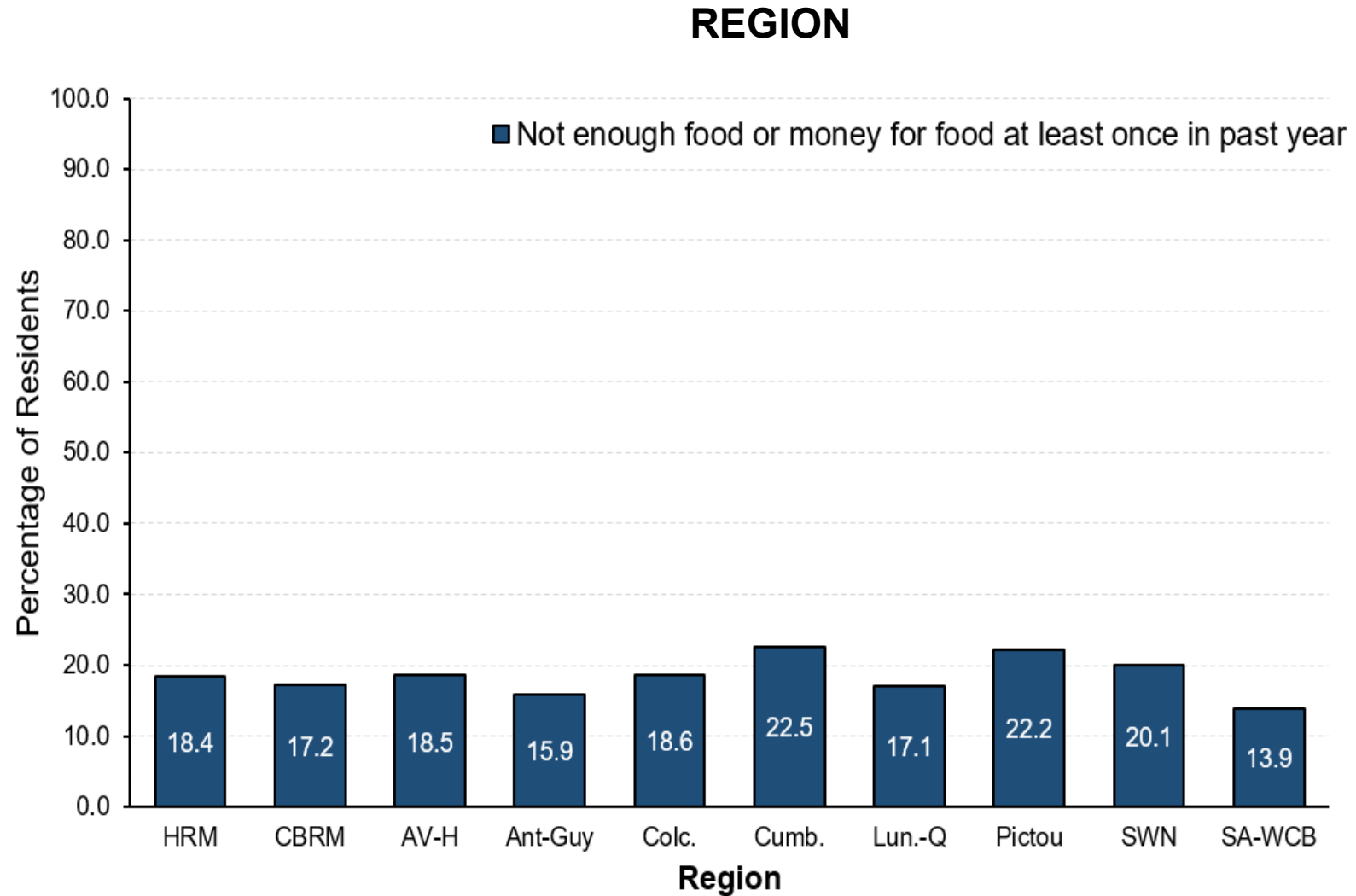
INCOME



Food insecurity: Ate less (lack of food/money)

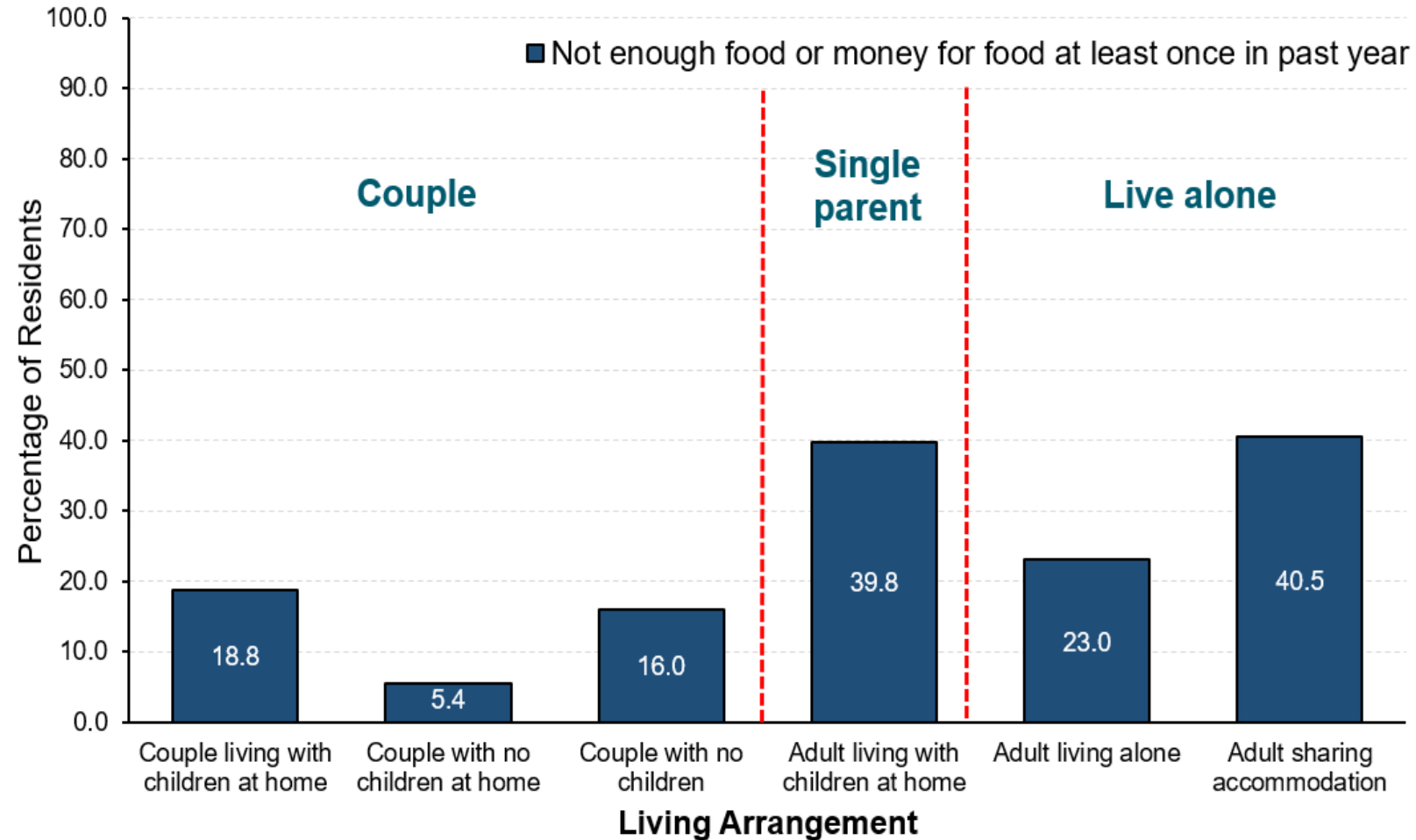


Food insecurity: Ate less (lack of food/money)



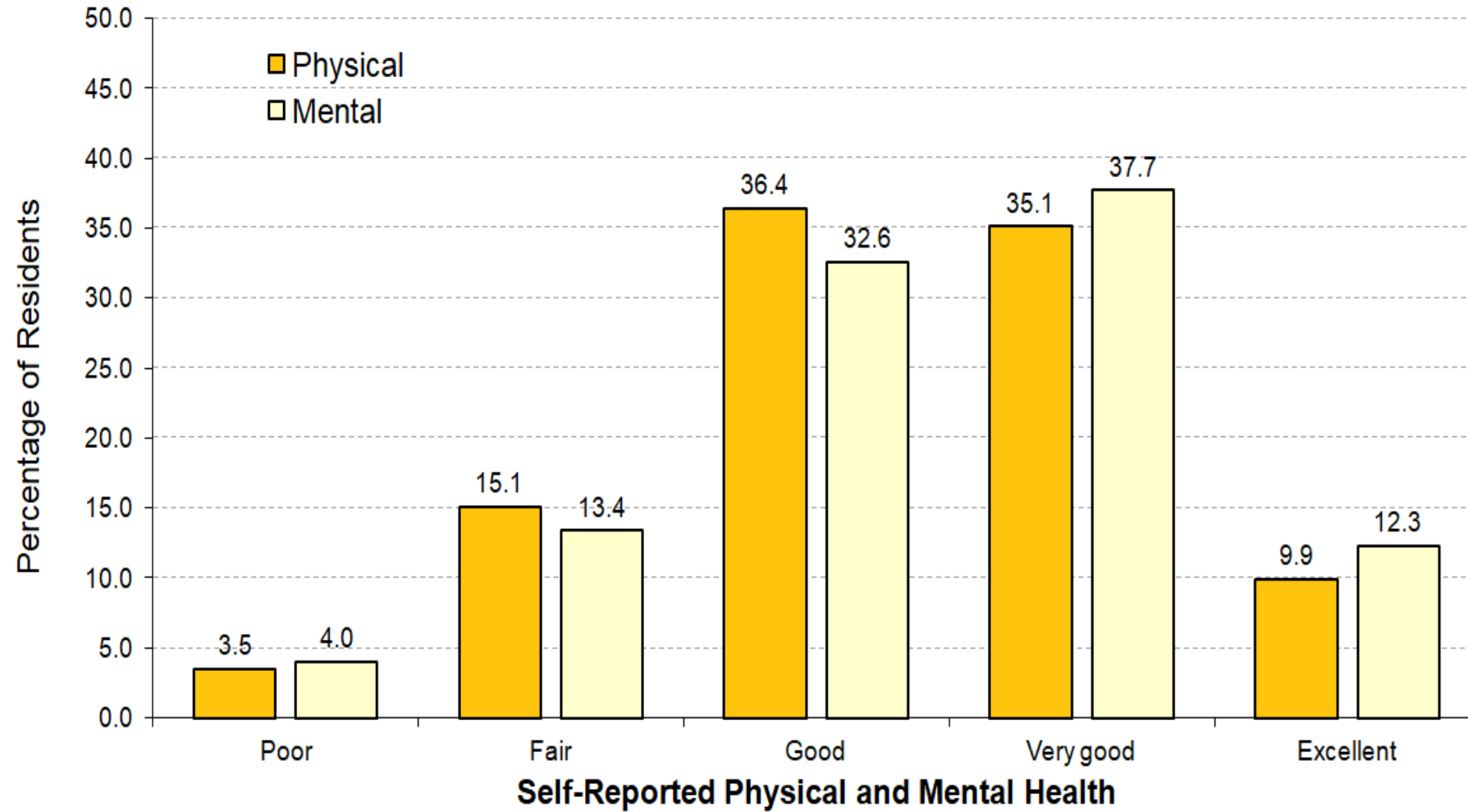
Food insecurity: Ate less (lack of food/money)

LIVING ARRANGEMENT



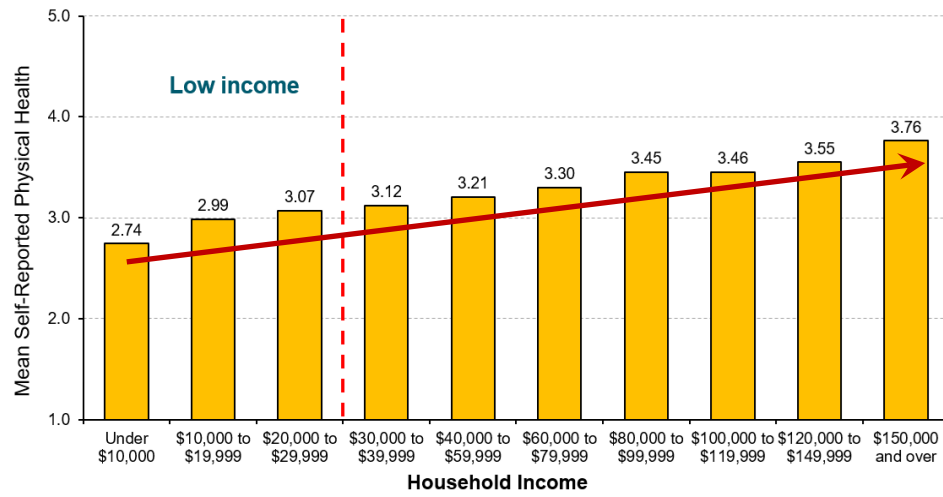


Physical and mental health in Nova Scotia

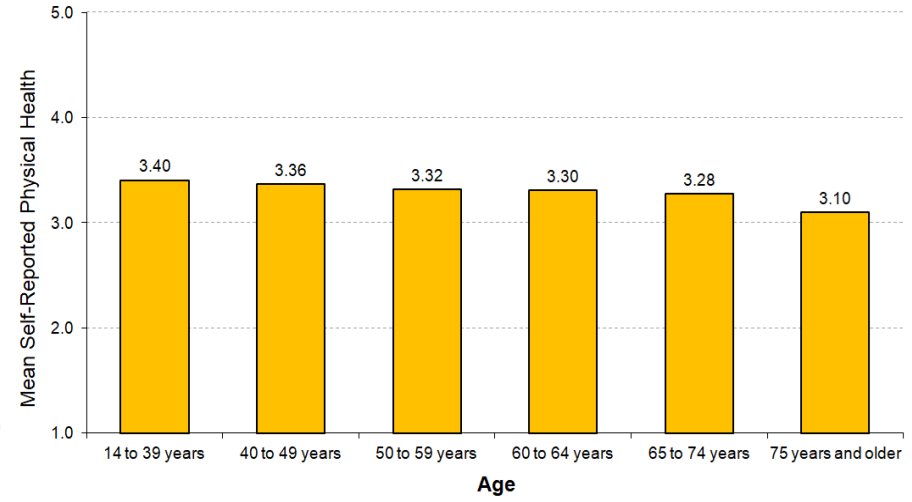


Physical health in Nova Scotia

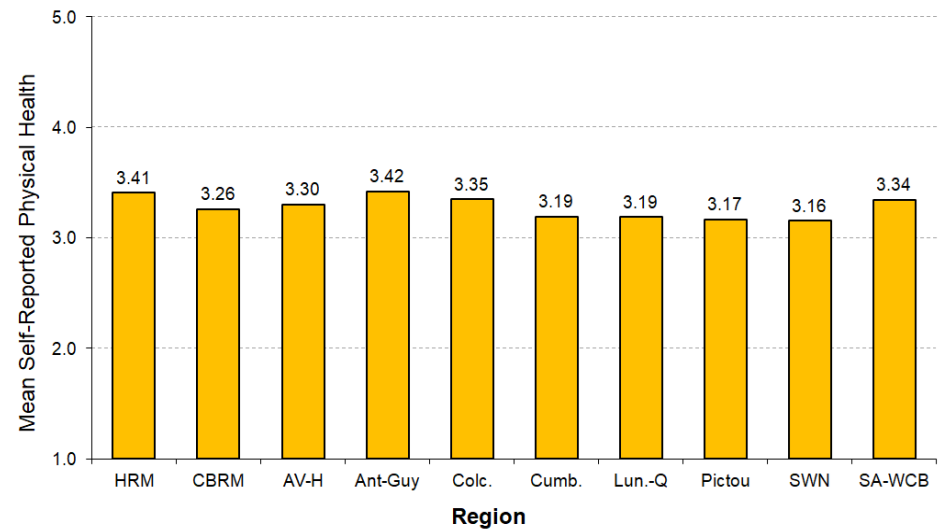
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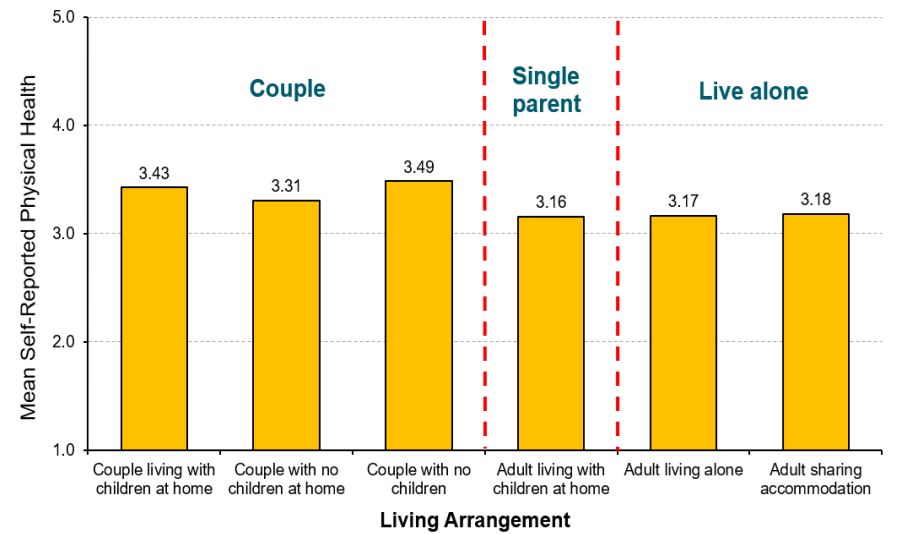
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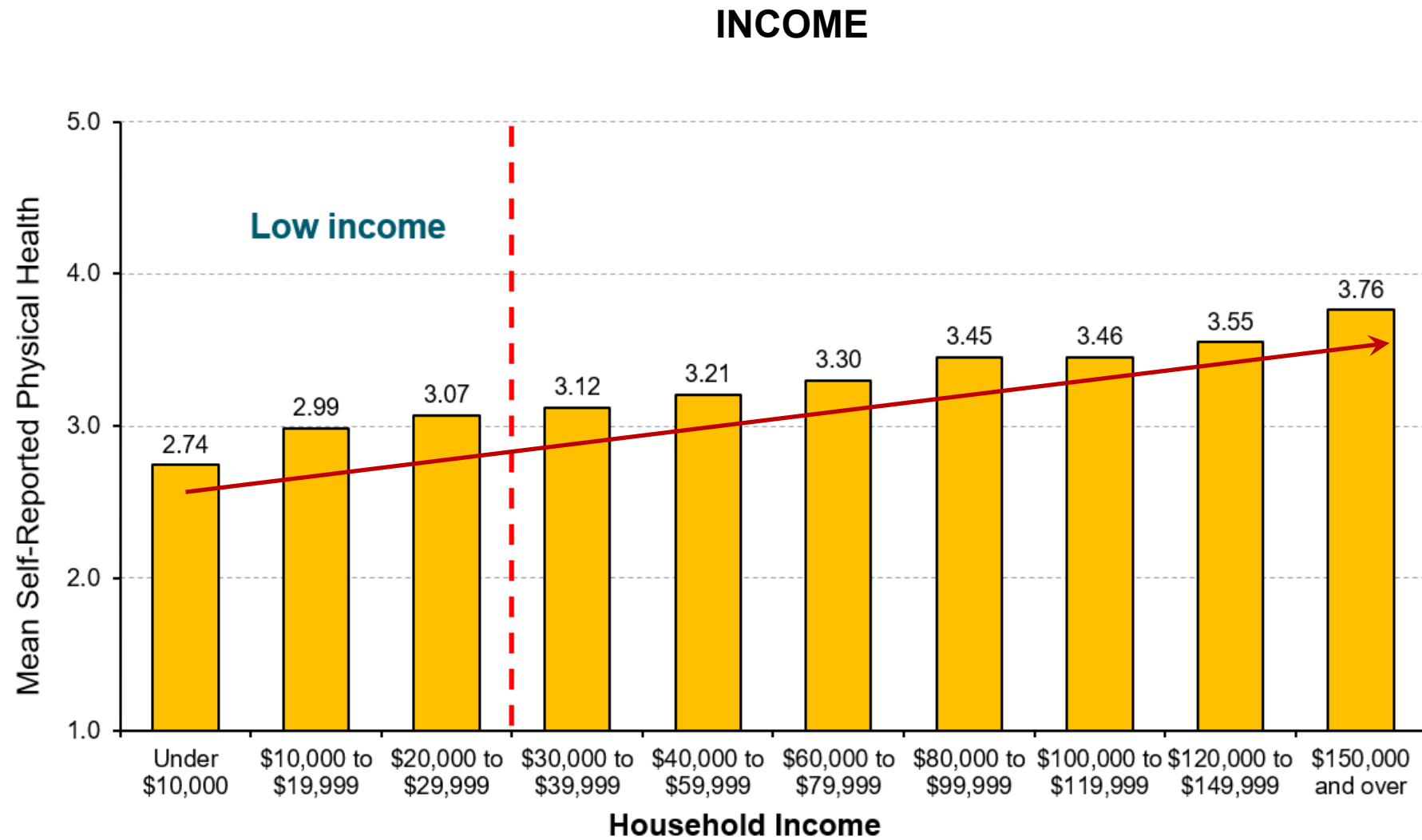
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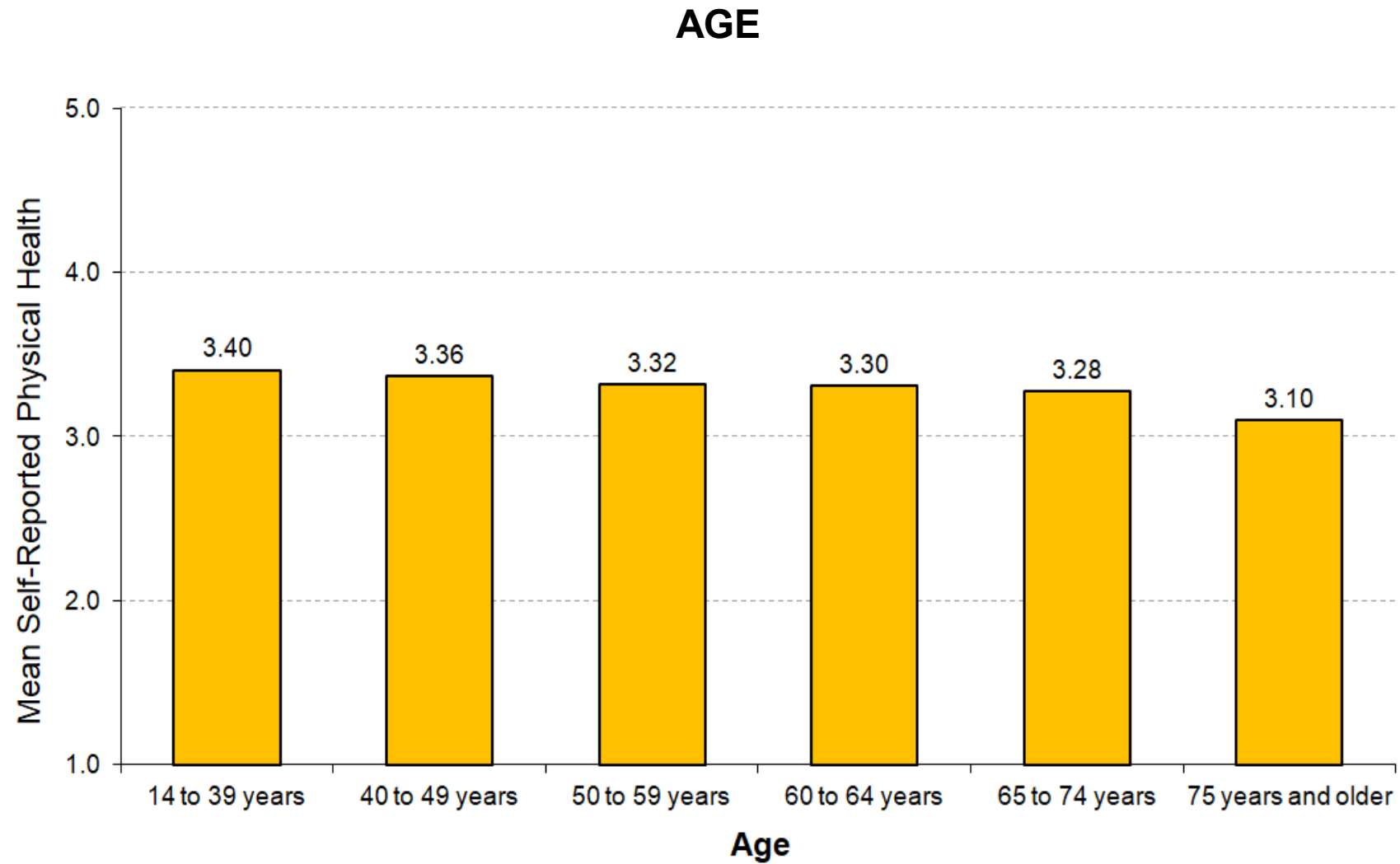
LIVING ARRANGEMENT



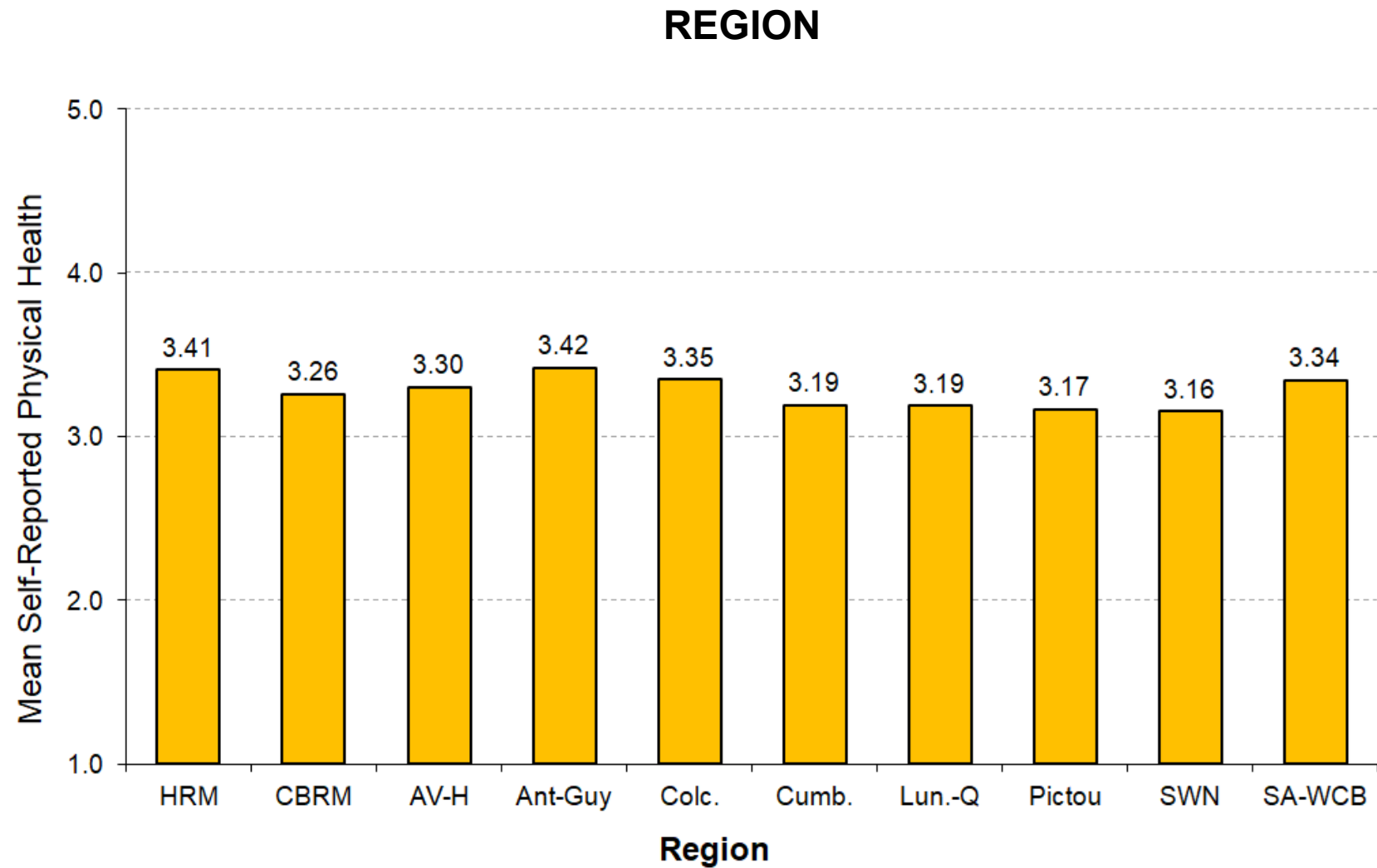
Physical health in Nova Scotia



Physical health in Nova Scotia

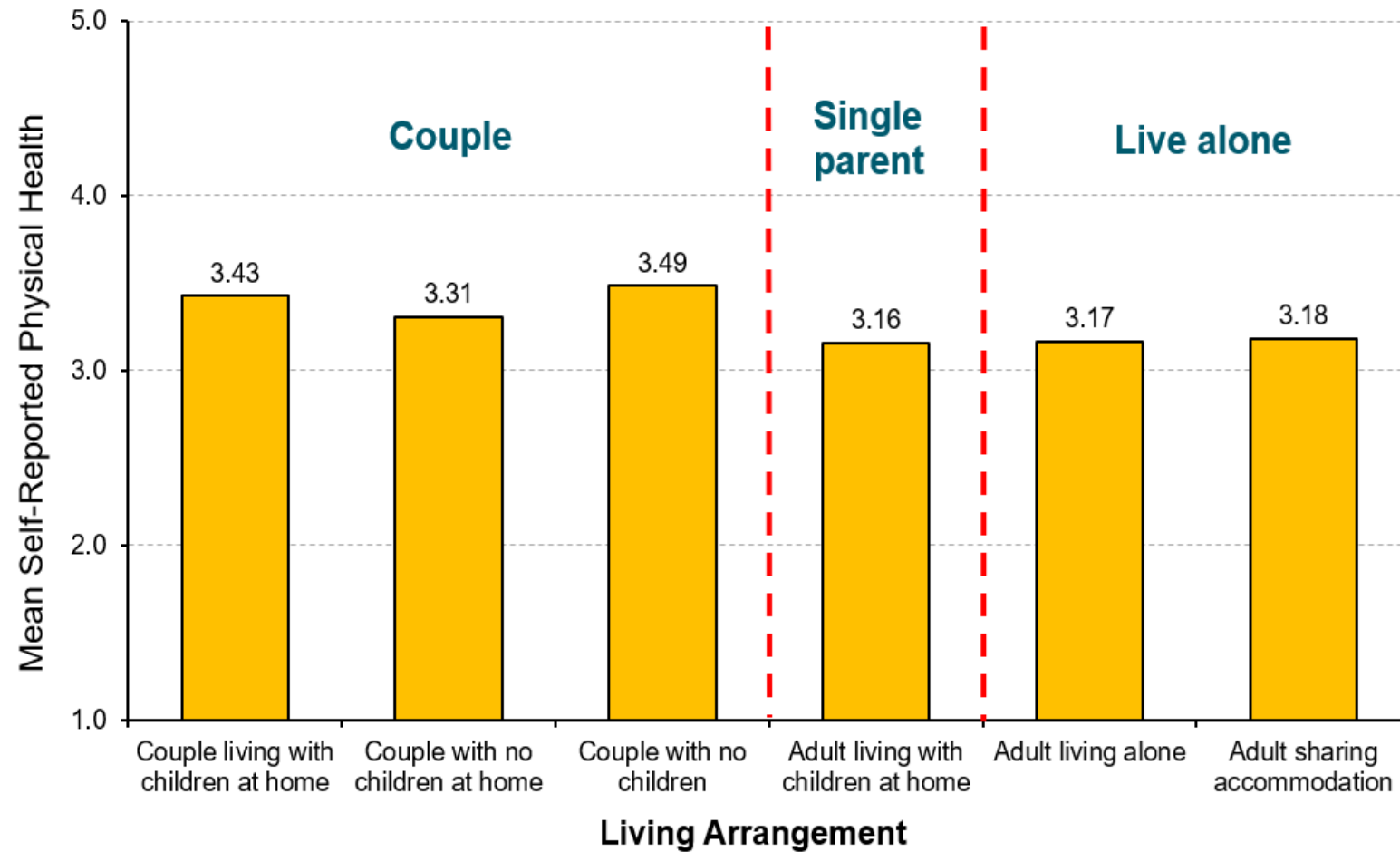


Physical health in Nova Scotia



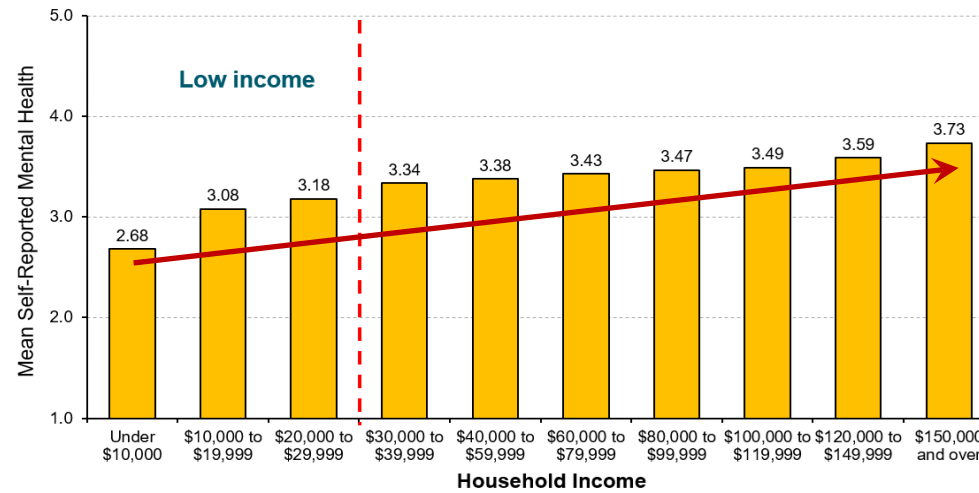
Physical health in Nova Scotia

LIVING ARRANGEMENT

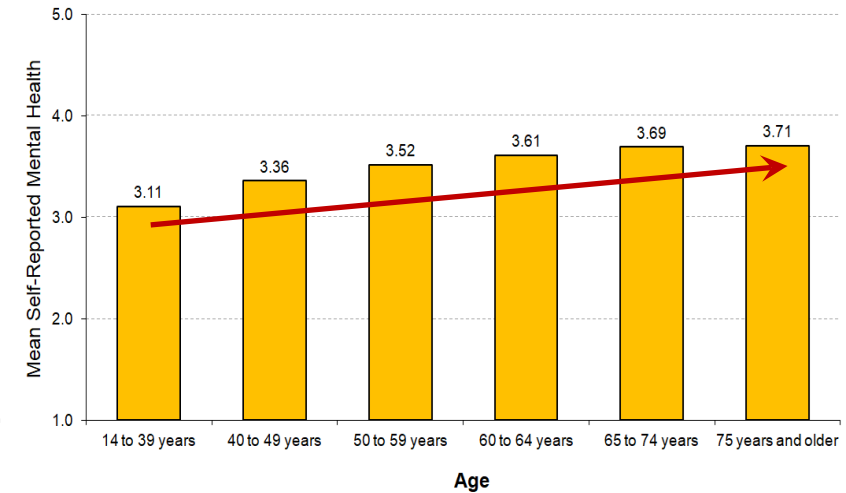


Mental health in Nova Scotia

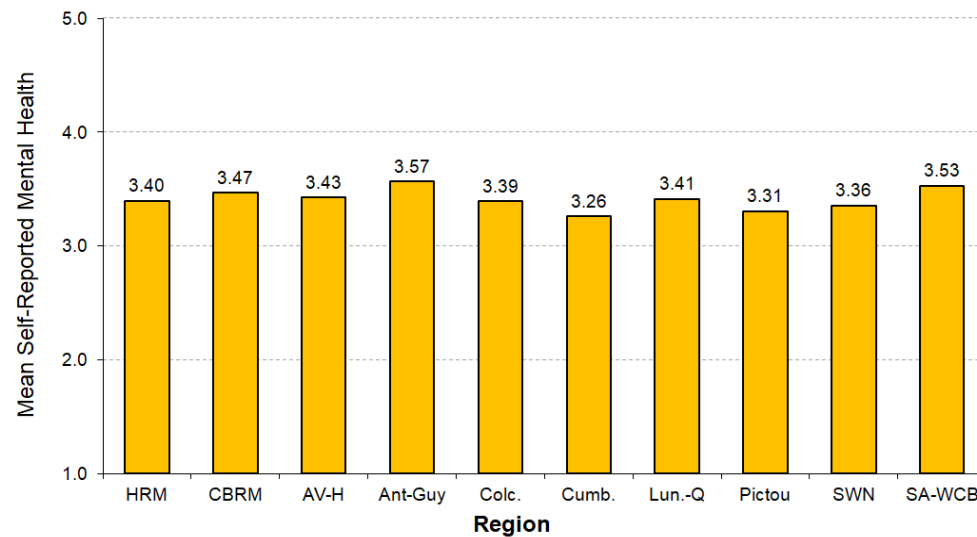
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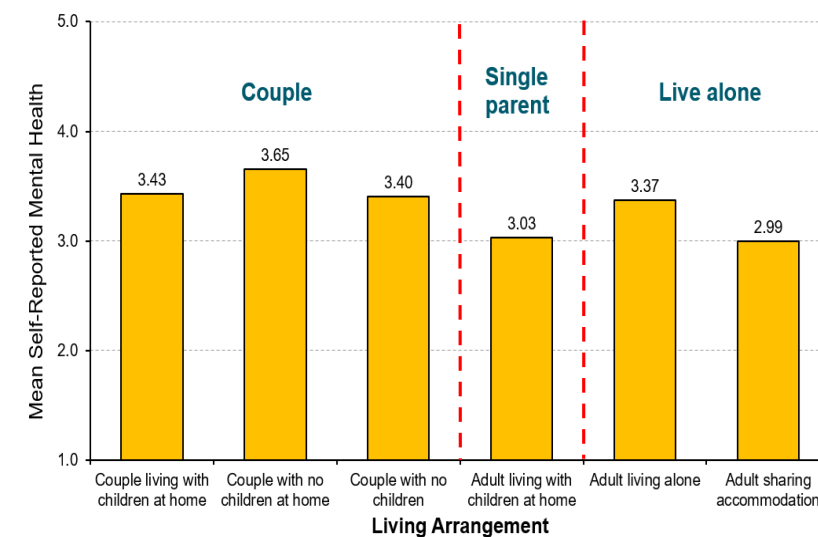
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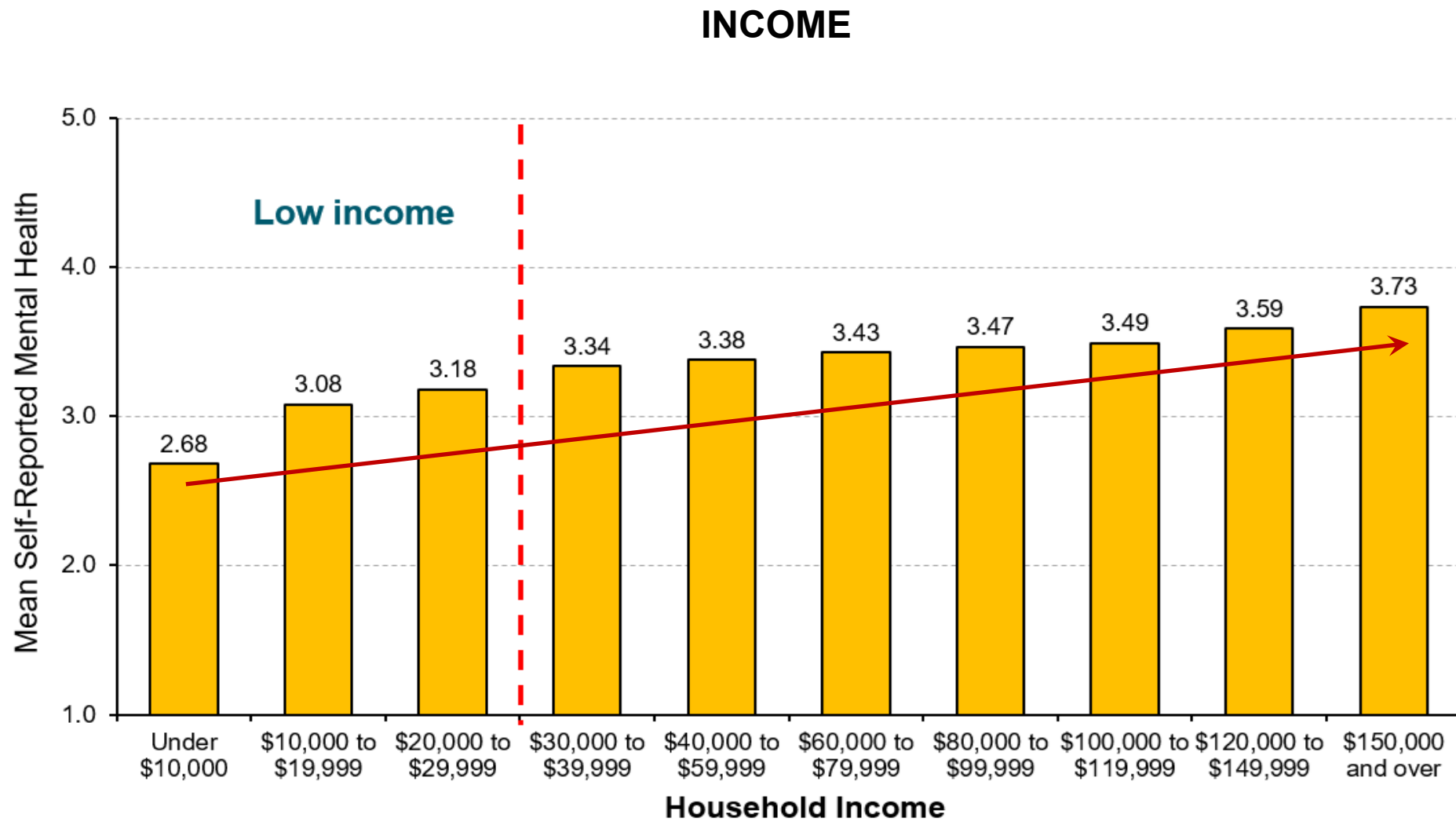
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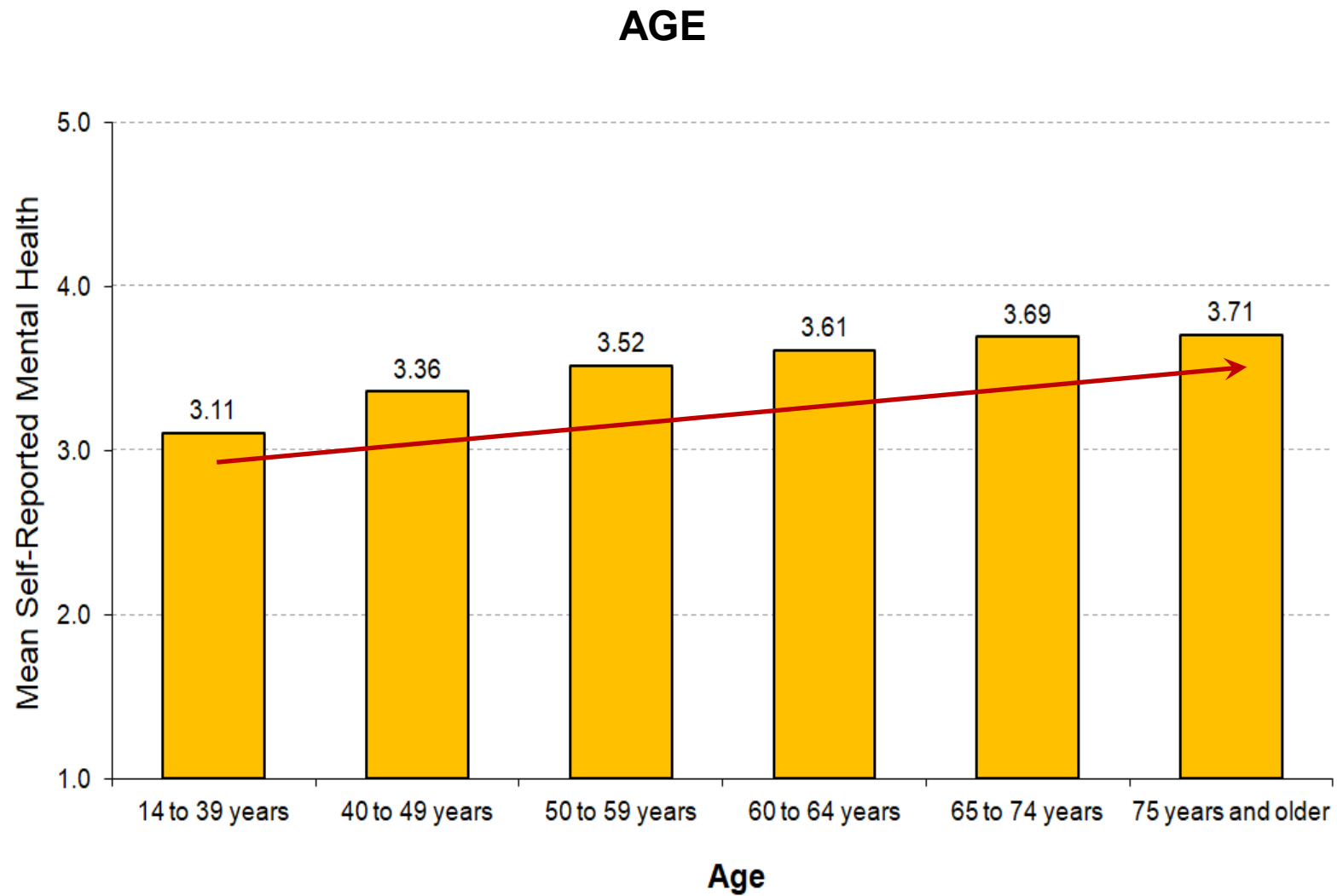
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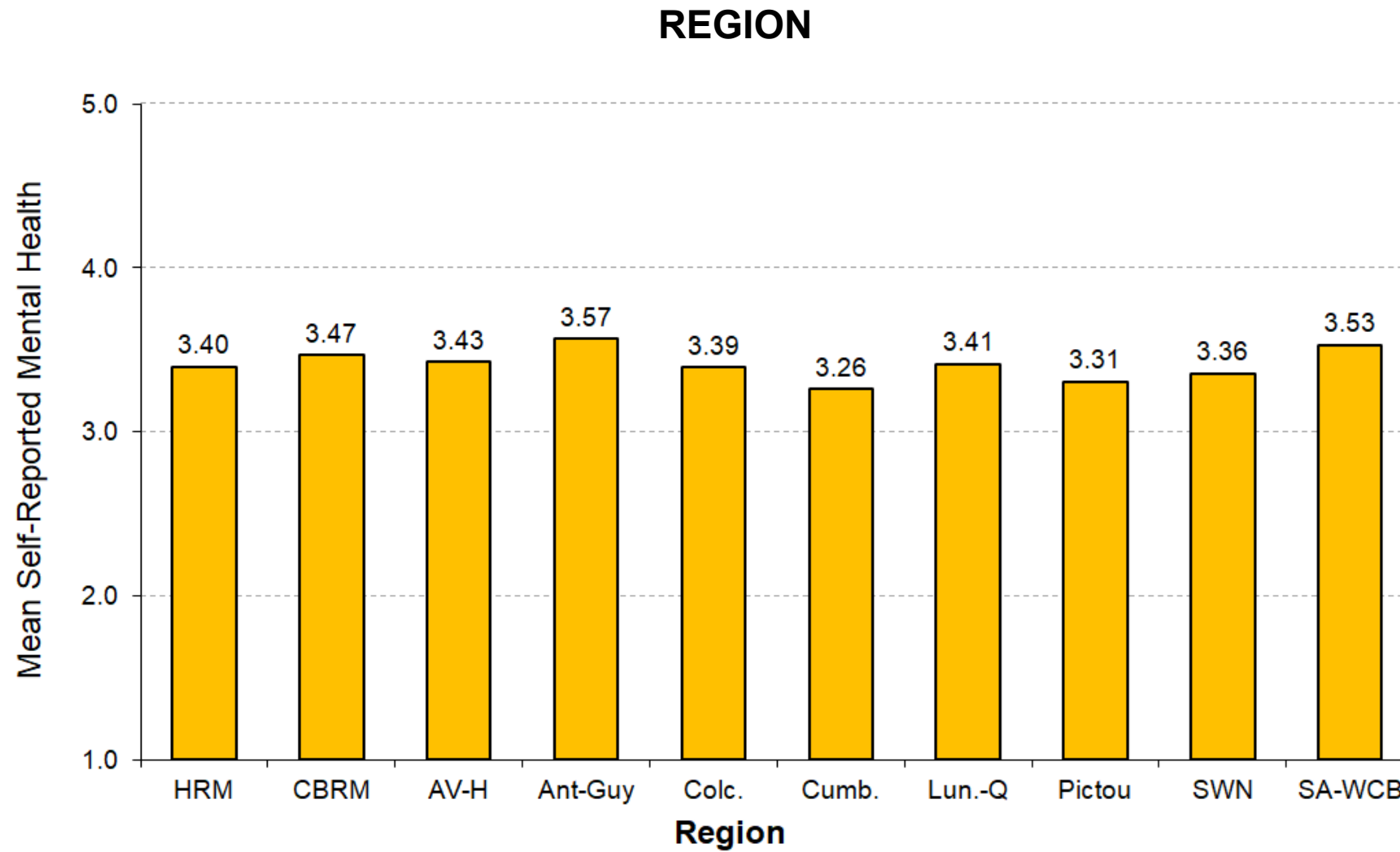
Mental health in Nova Scotia



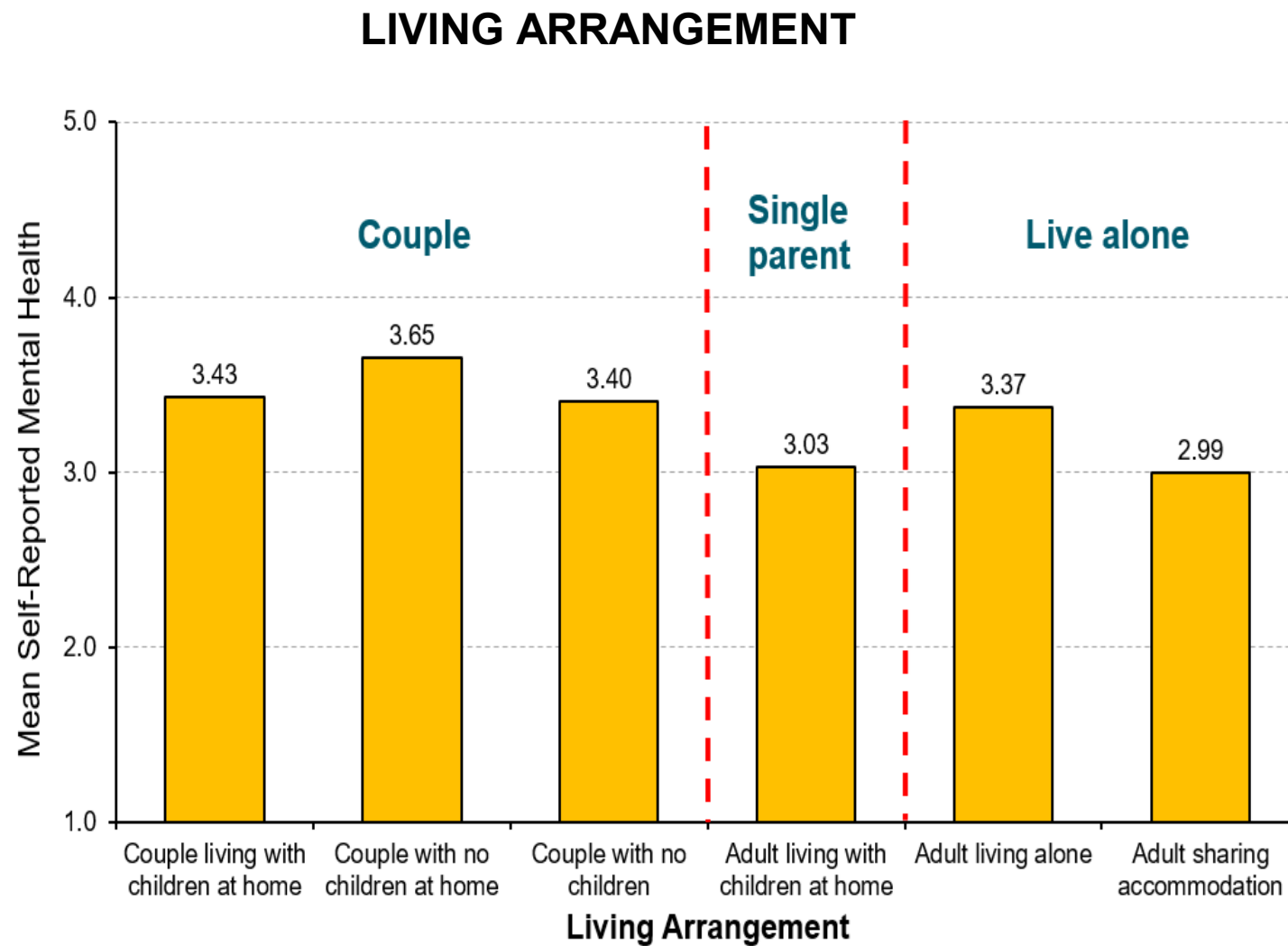
Mental health in Nova Scotia



Mental health in Nova Scotia

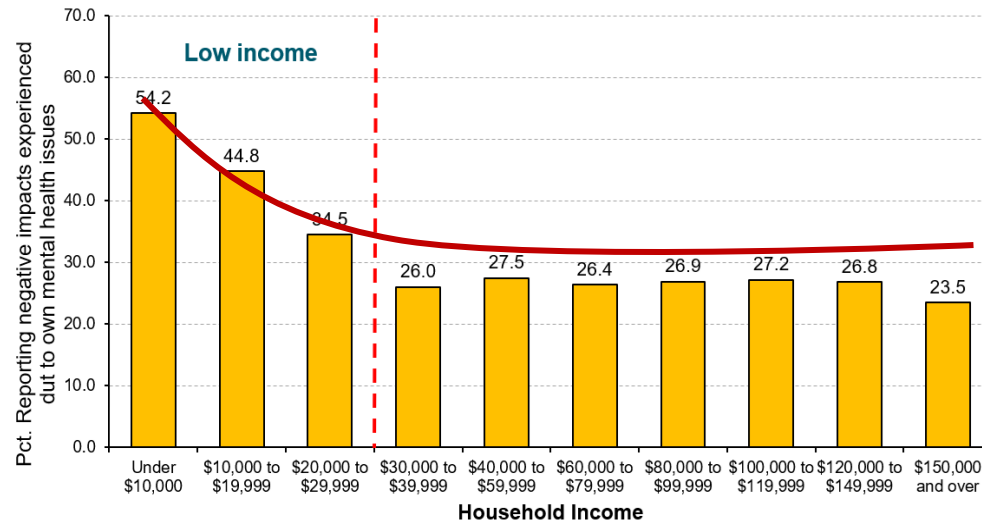


Mental health in Nova Scotia

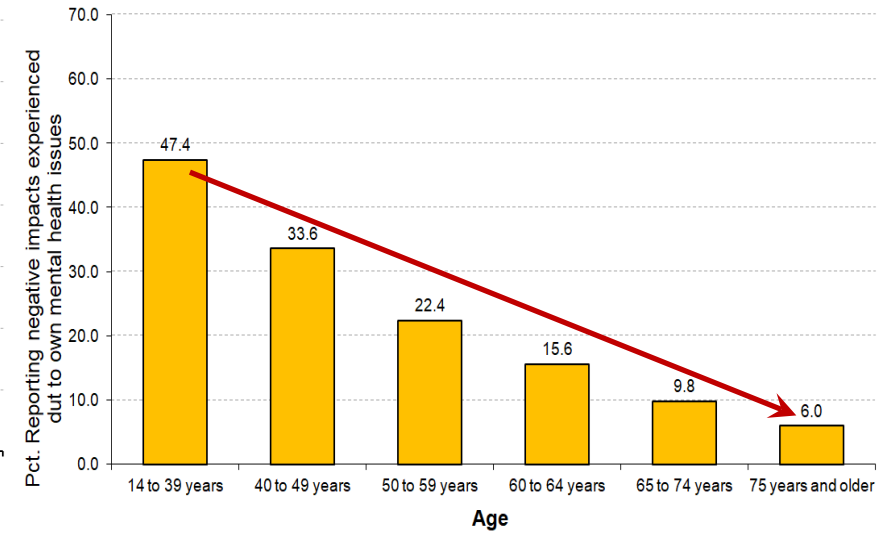


Impact due to mental health issues in Nova Scotia

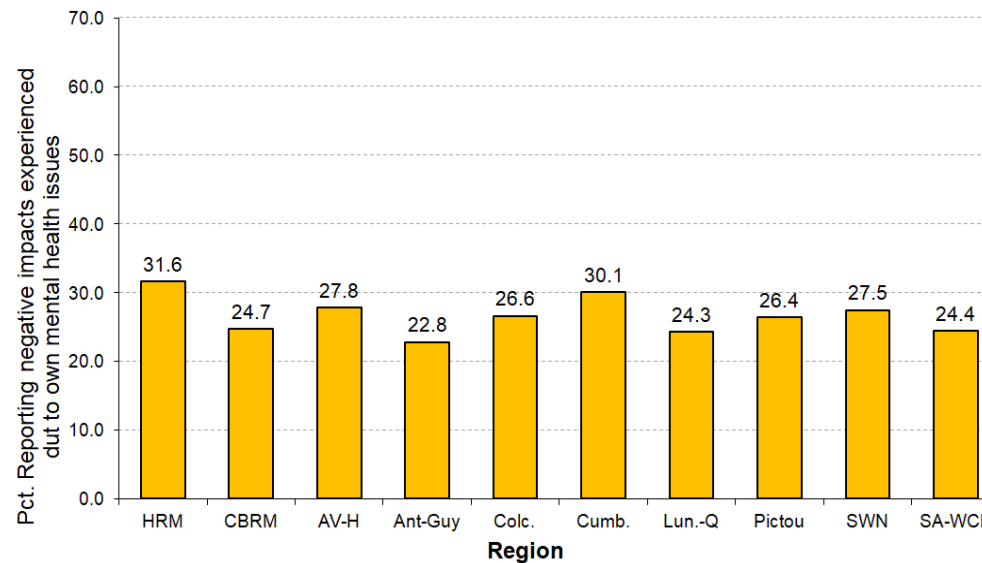
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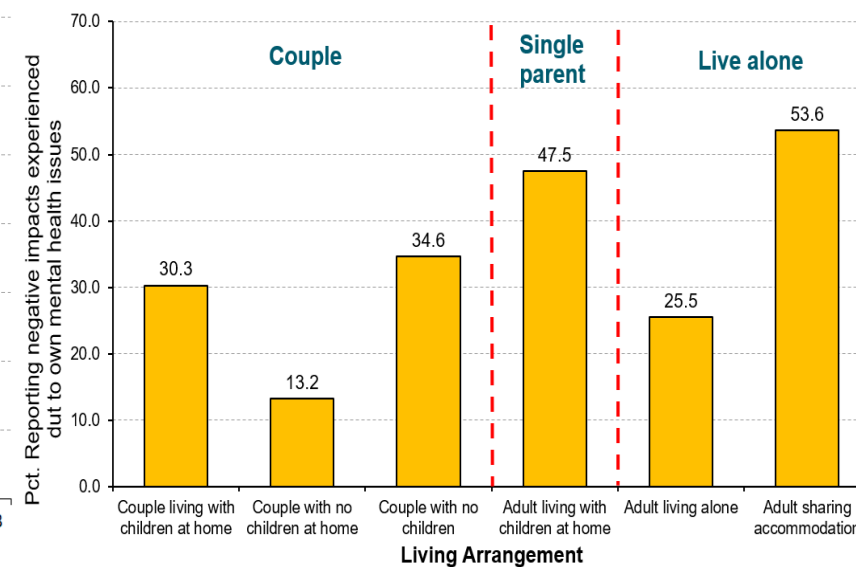
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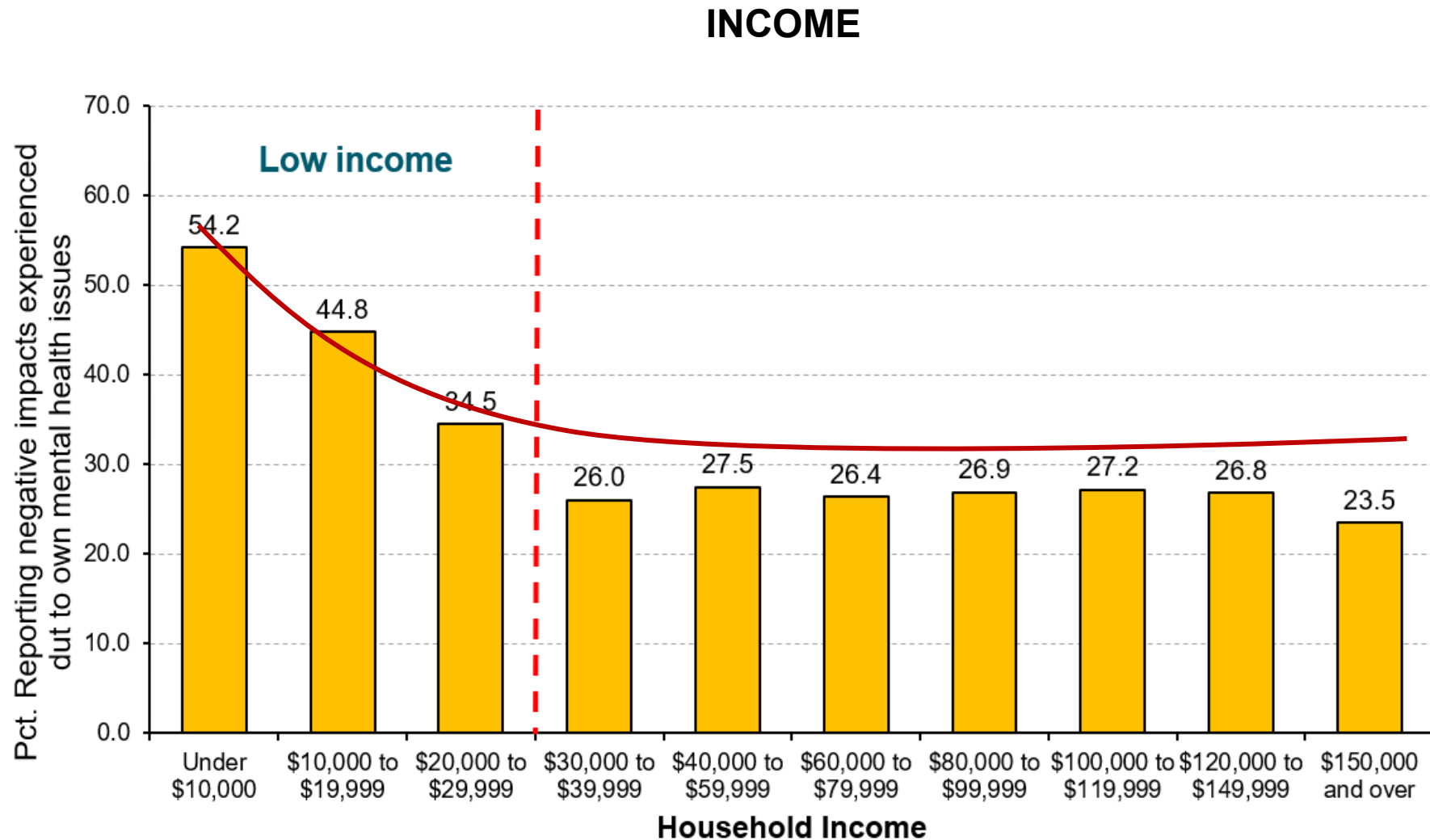
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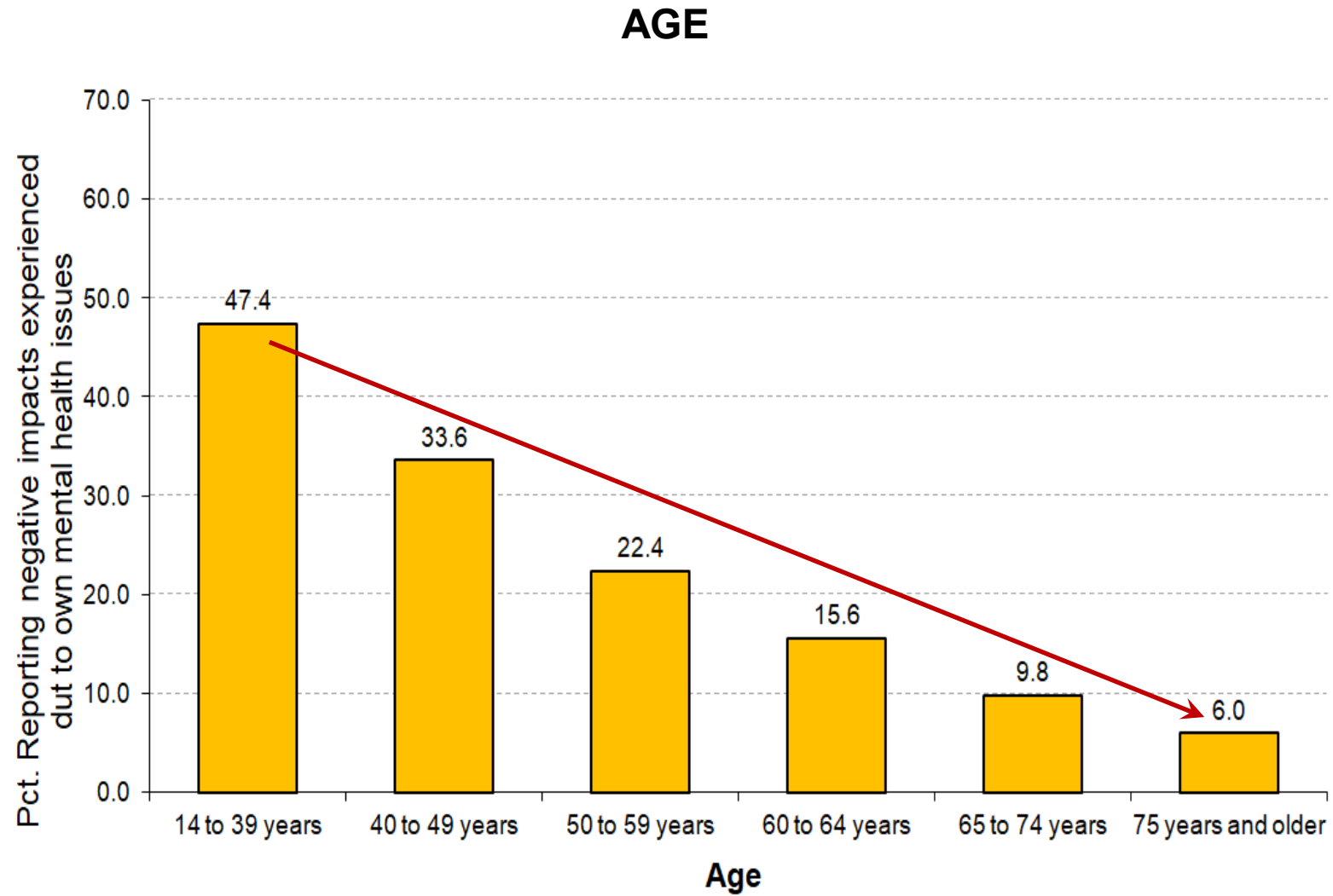
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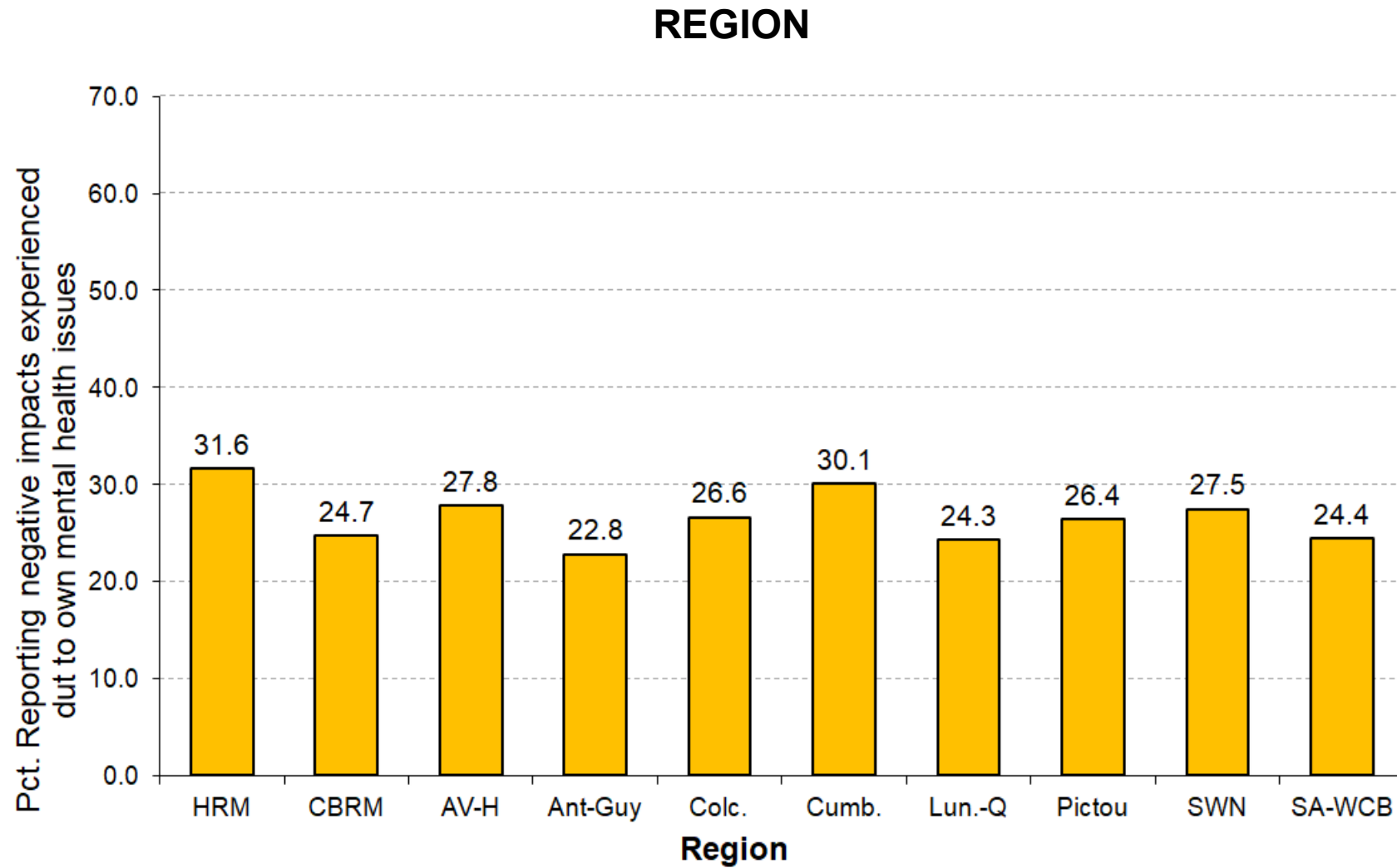
Impact due to mental health issues in Nova Scotia



Impact due to mental health issues in Nova Scotia

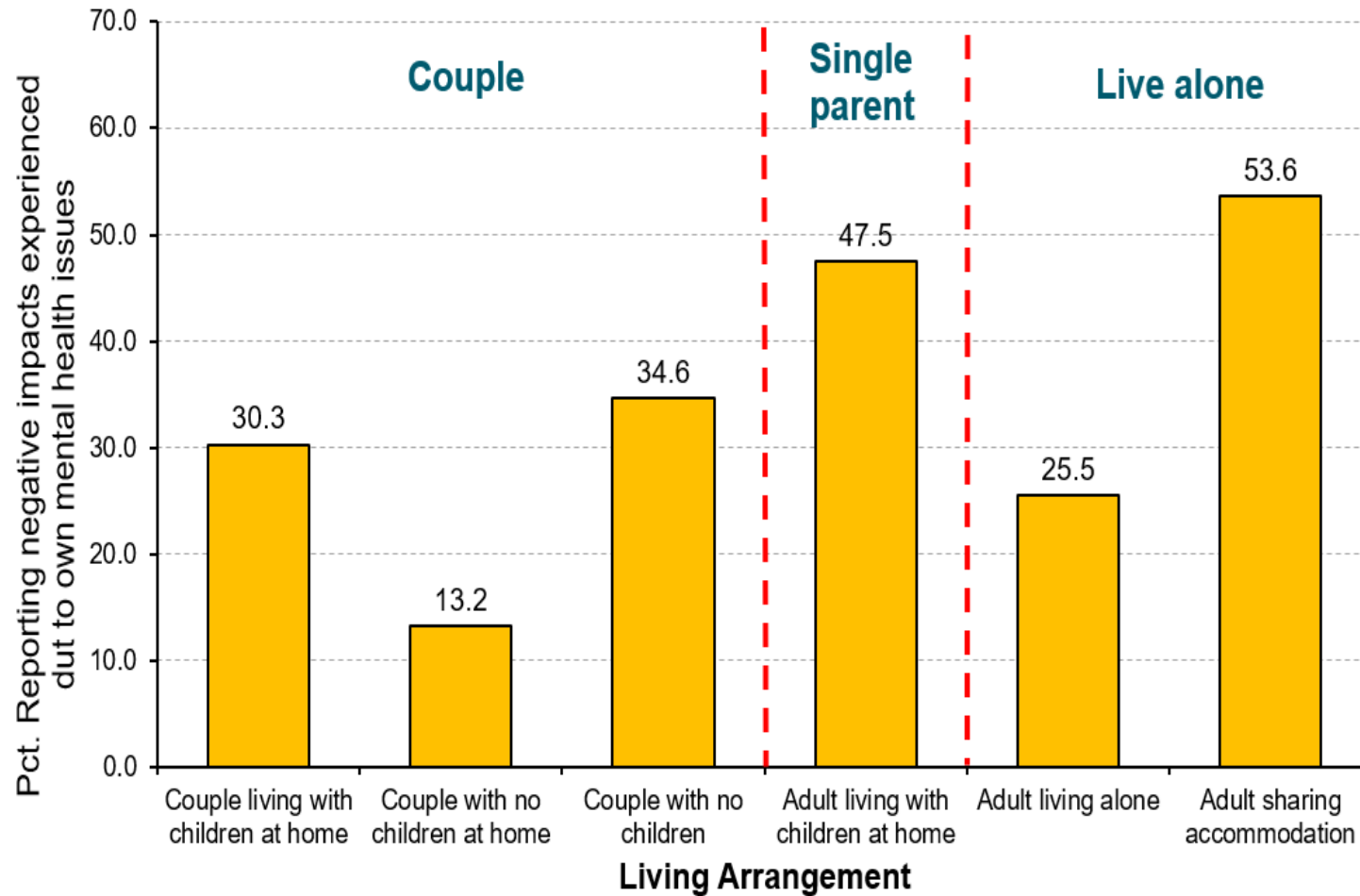


Impact due to mental health issues in Nova Scotia

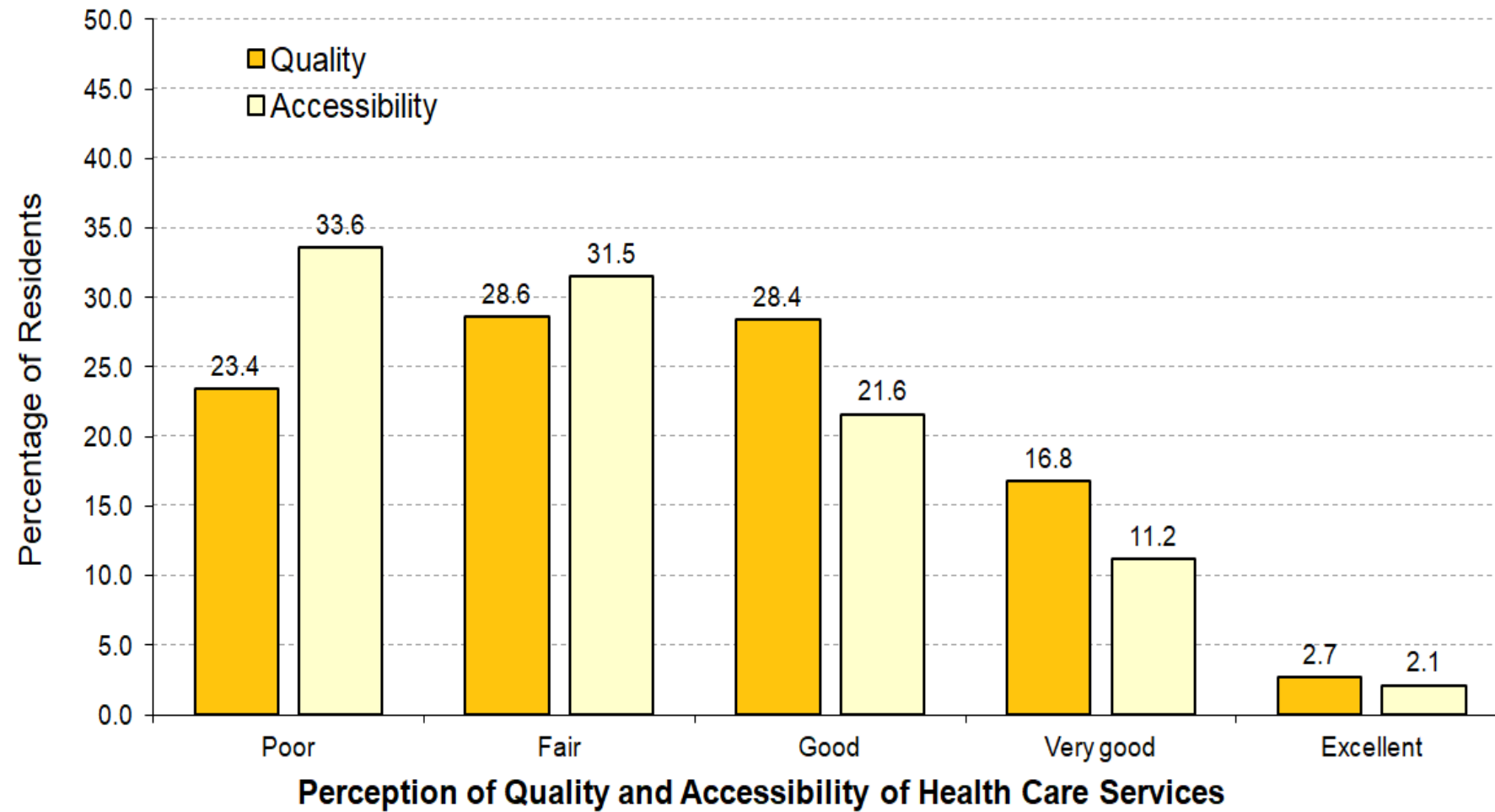


Impact due to mental health issues in Nova Scotia

LIVING ARRANGEMENT

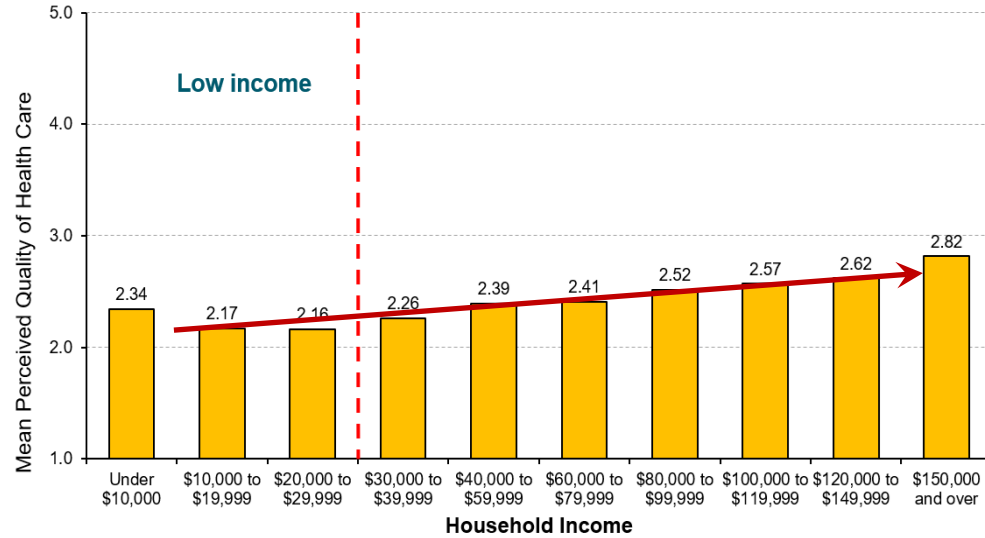


Health care services in Nova Scotia

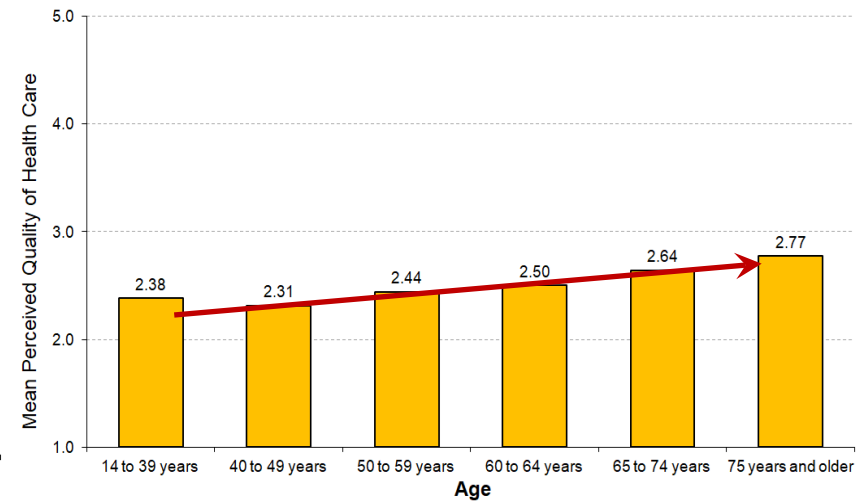


Perceived quality of health care services

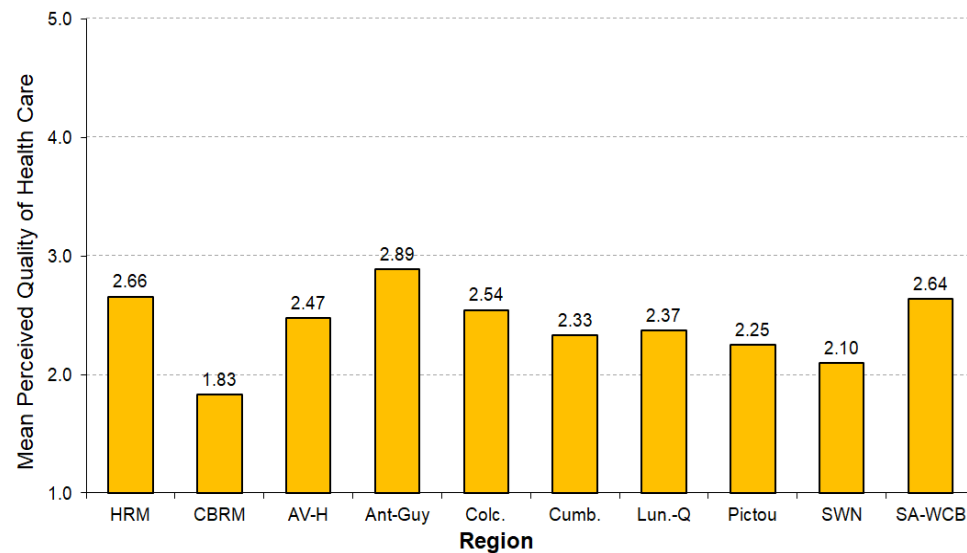
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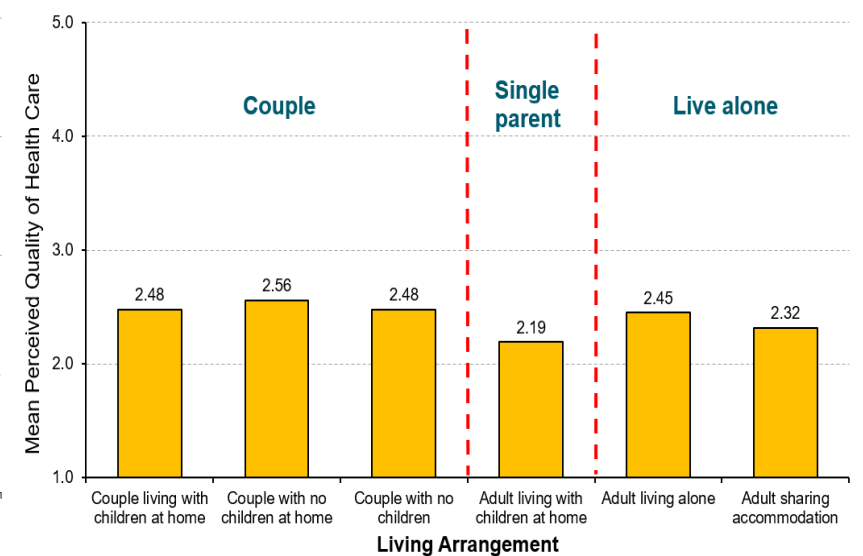
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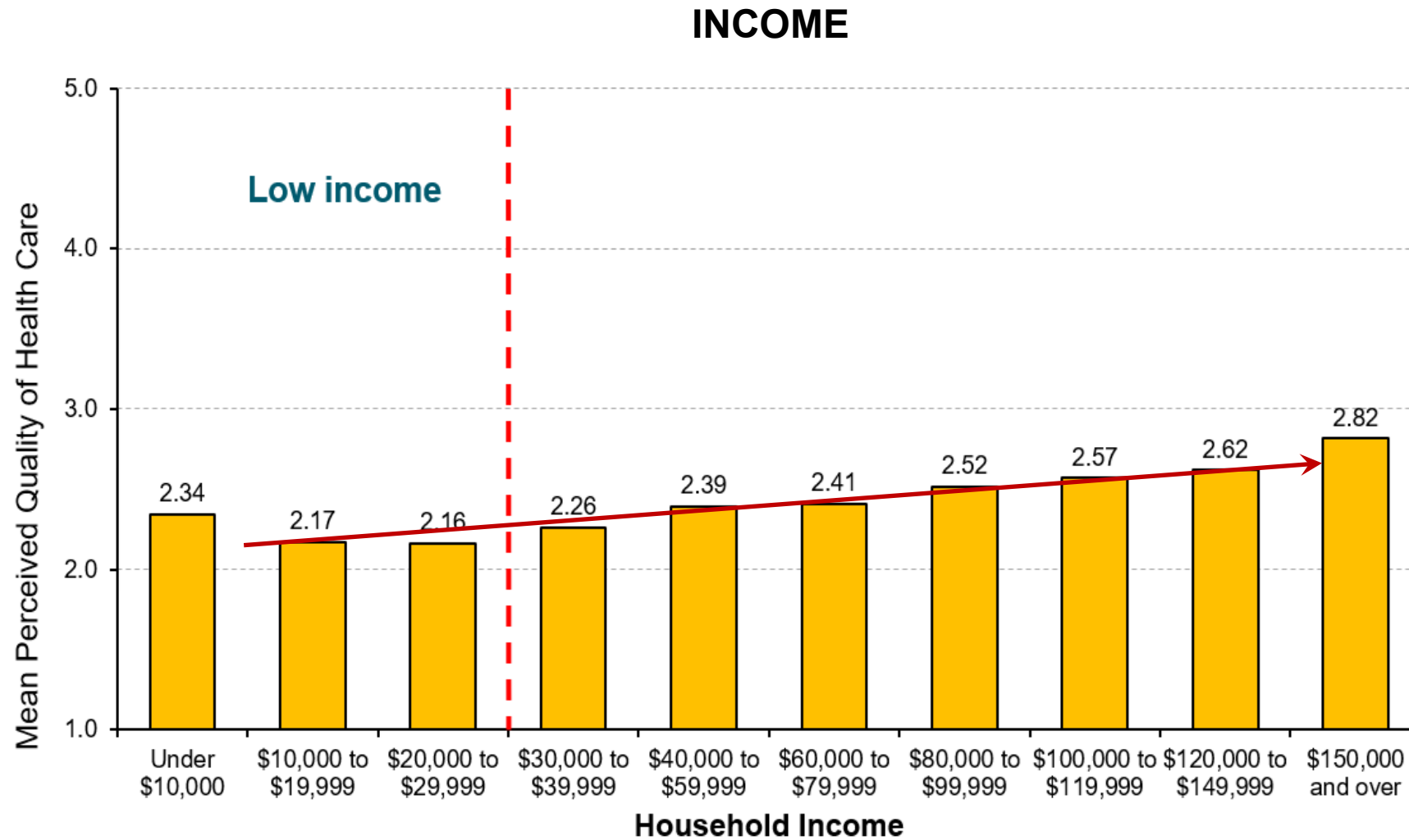
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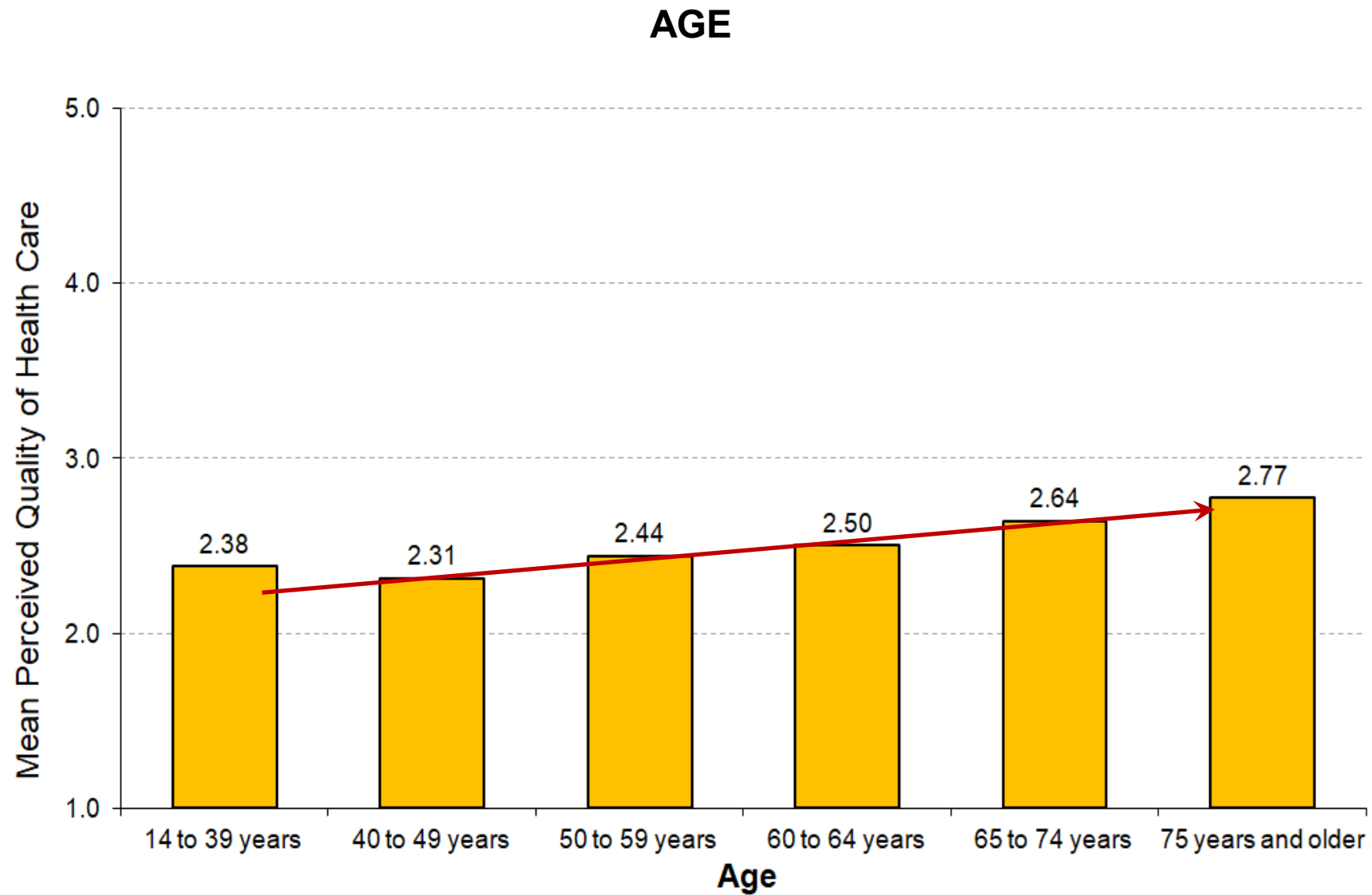
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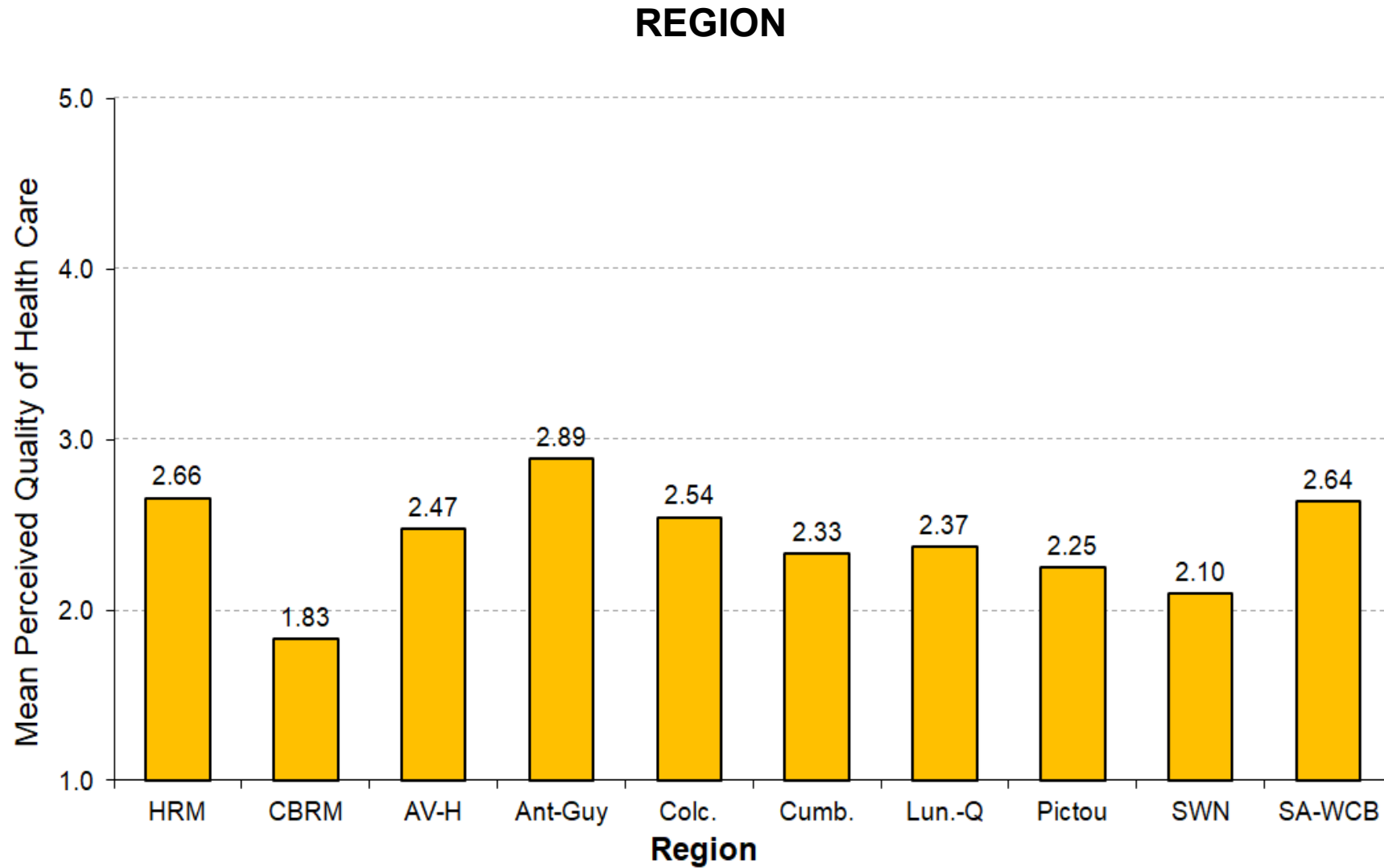
Perceived quality of health care services



Perceived *quality* of health care services

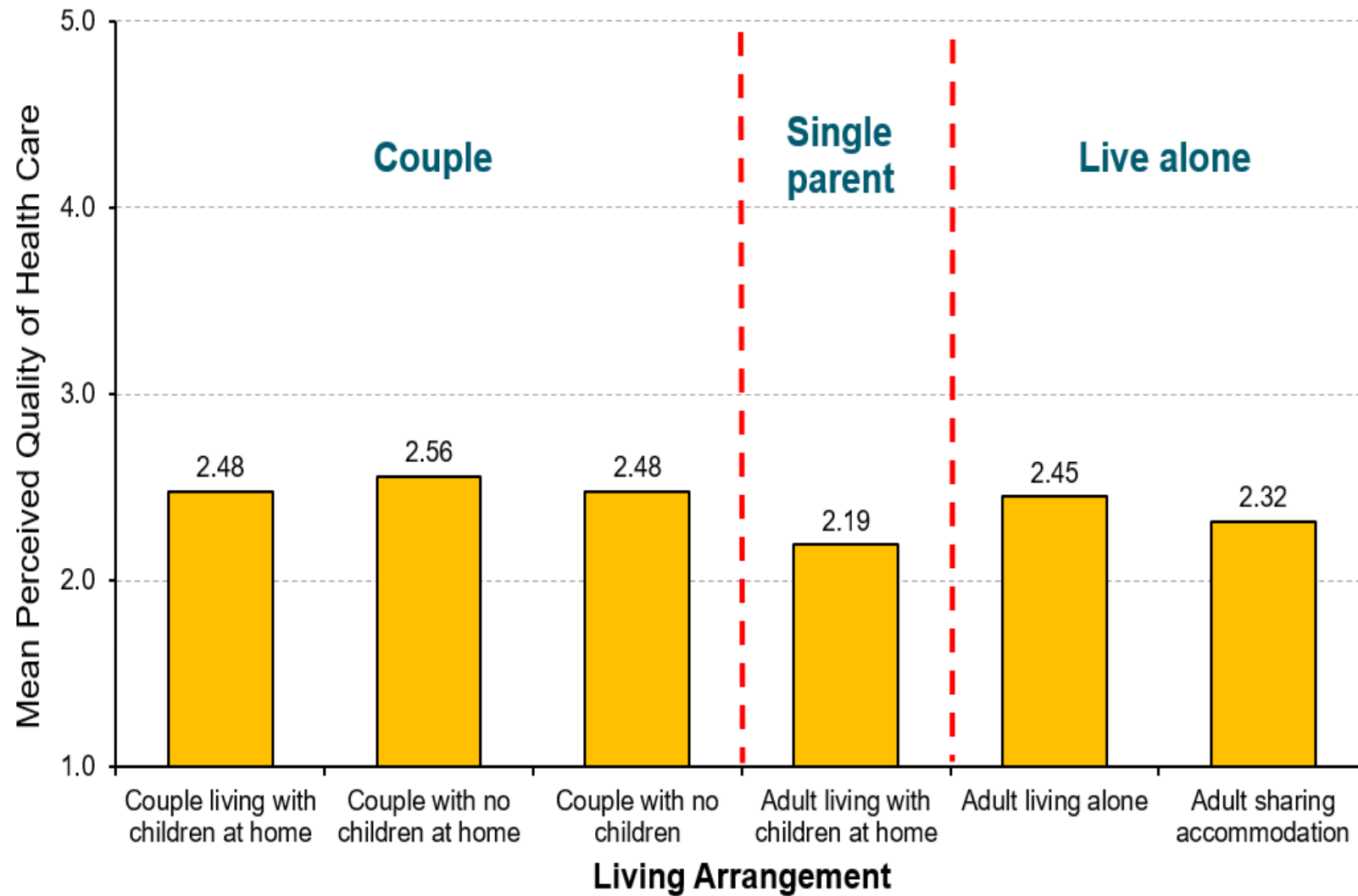


Perceived *quality* of health care services



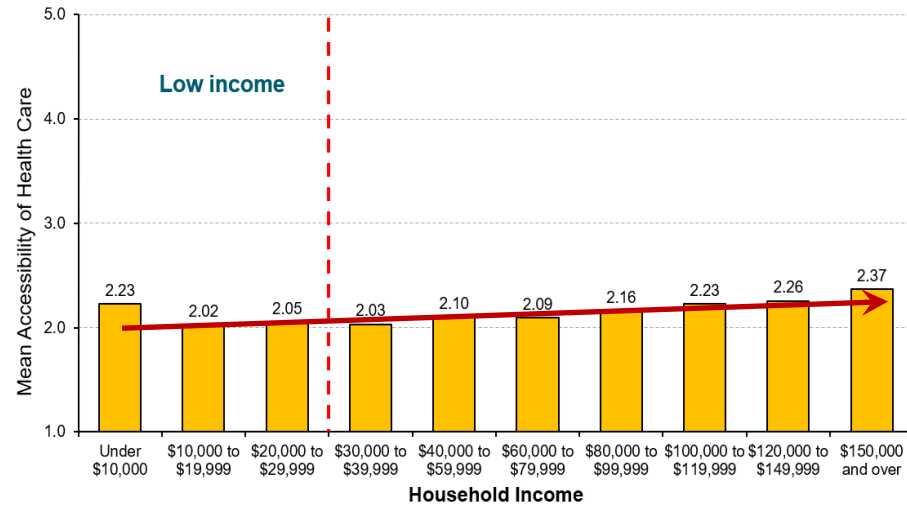
Perceived quality of health care services

LIVING ARRANGEMENT

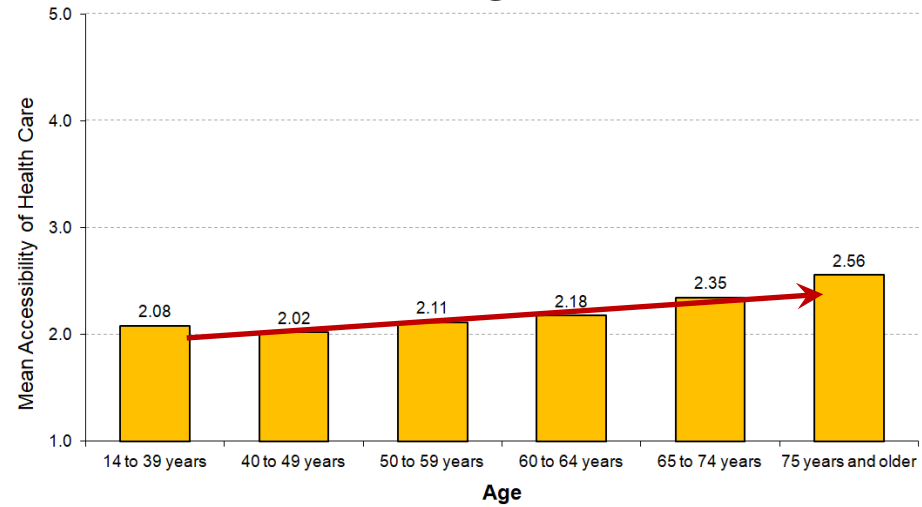


Perceived accessibility of health care services

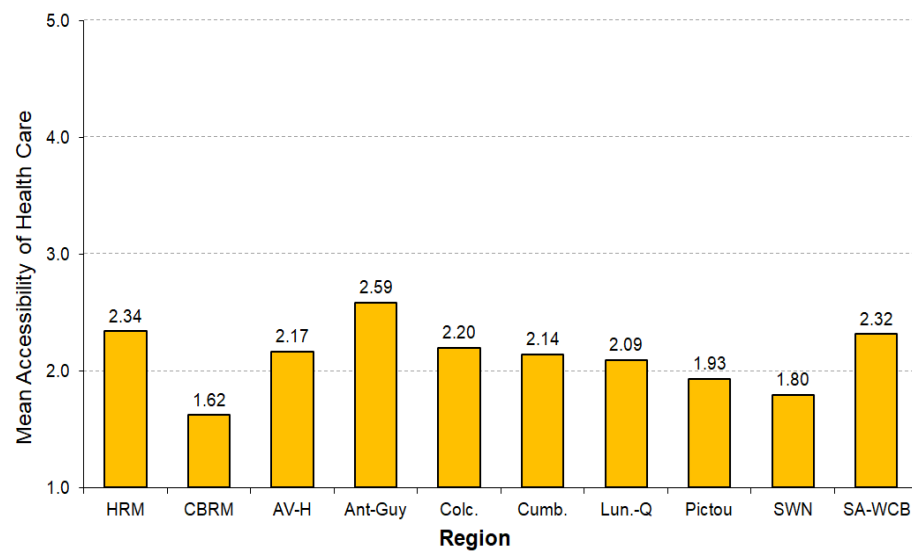
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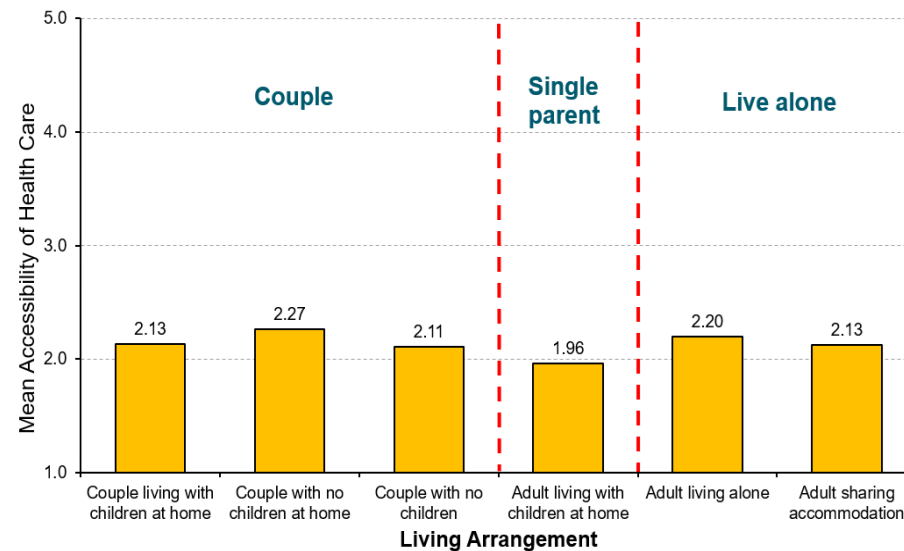
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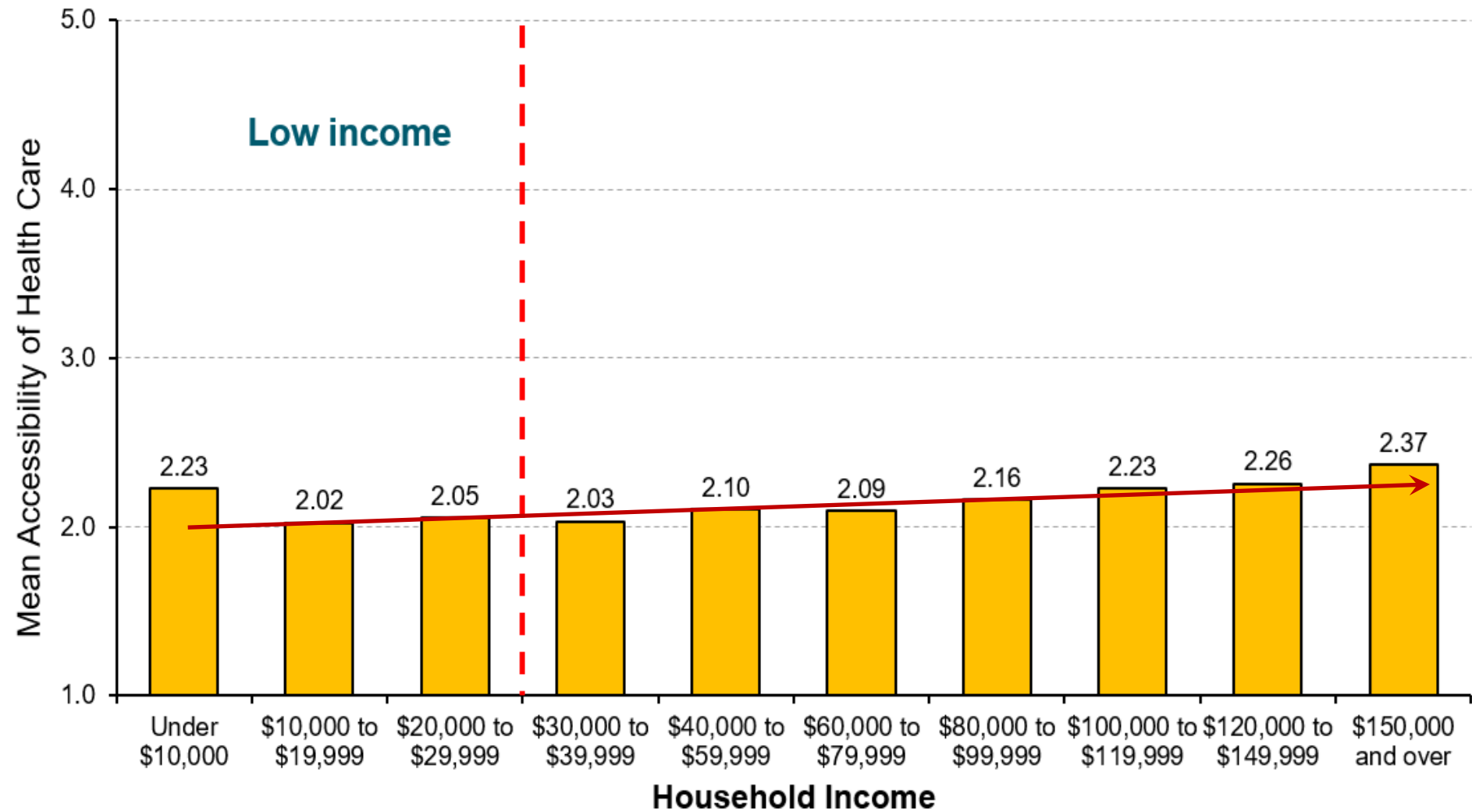


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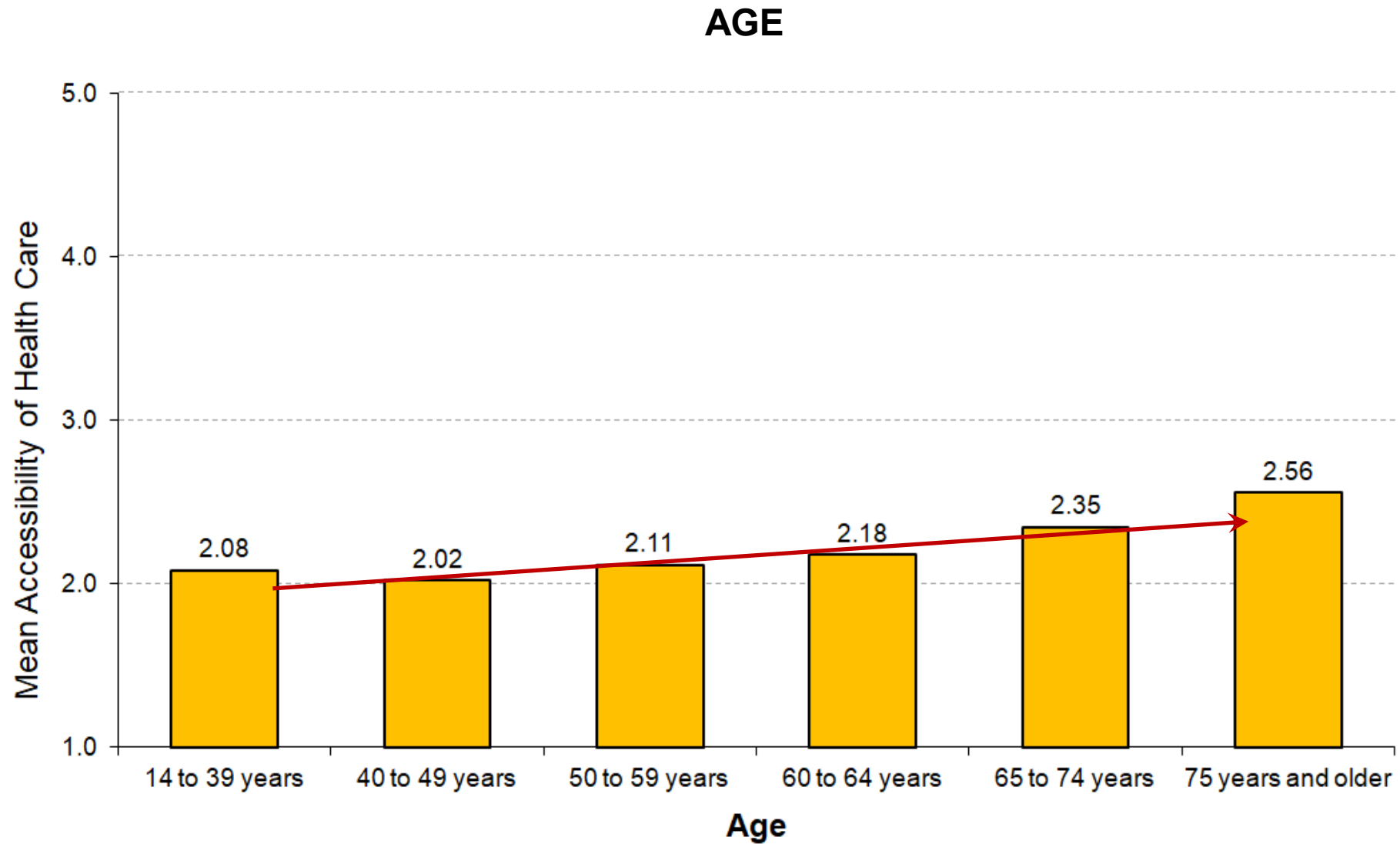


Perceived accessibility of health care services

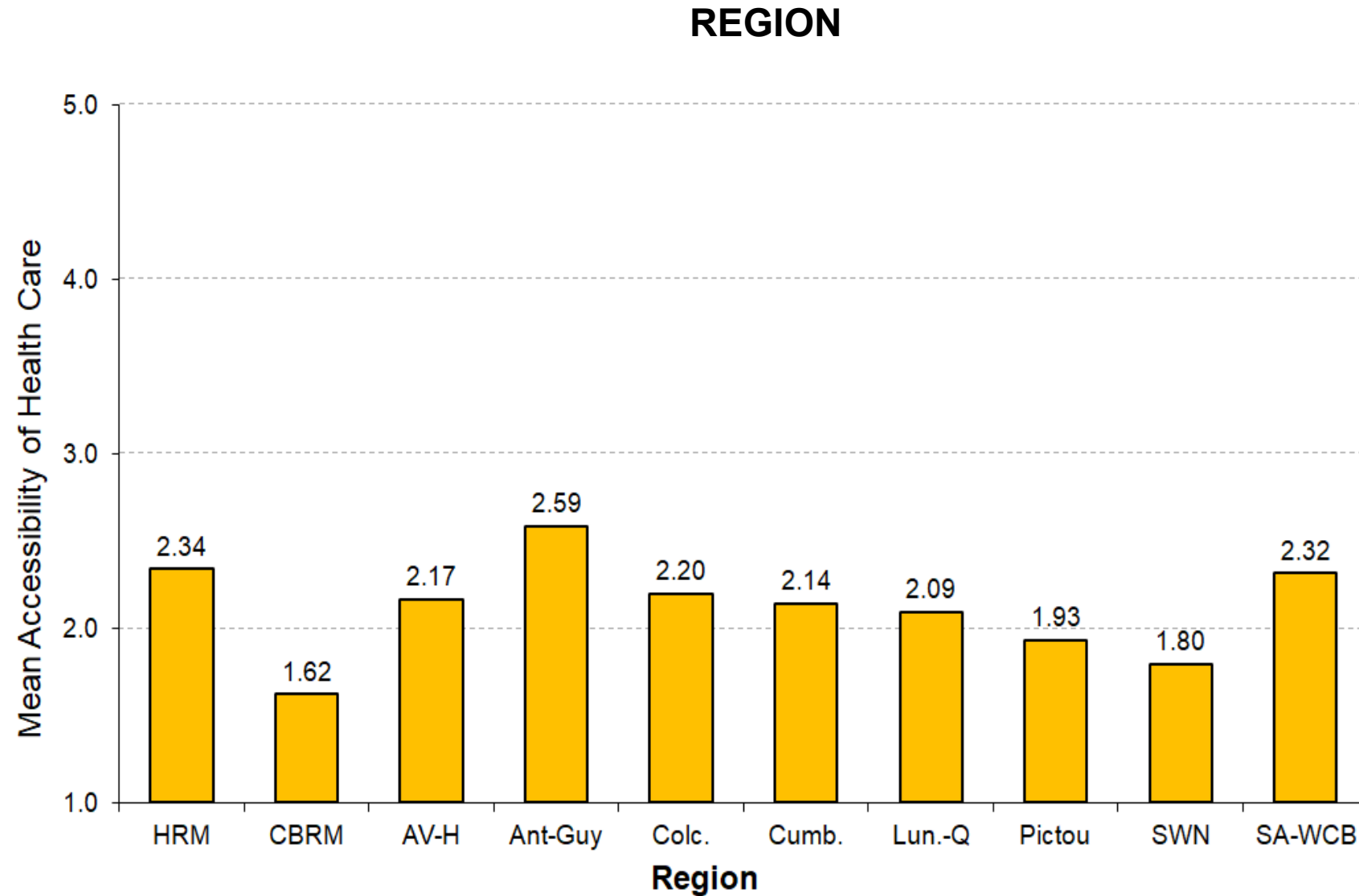
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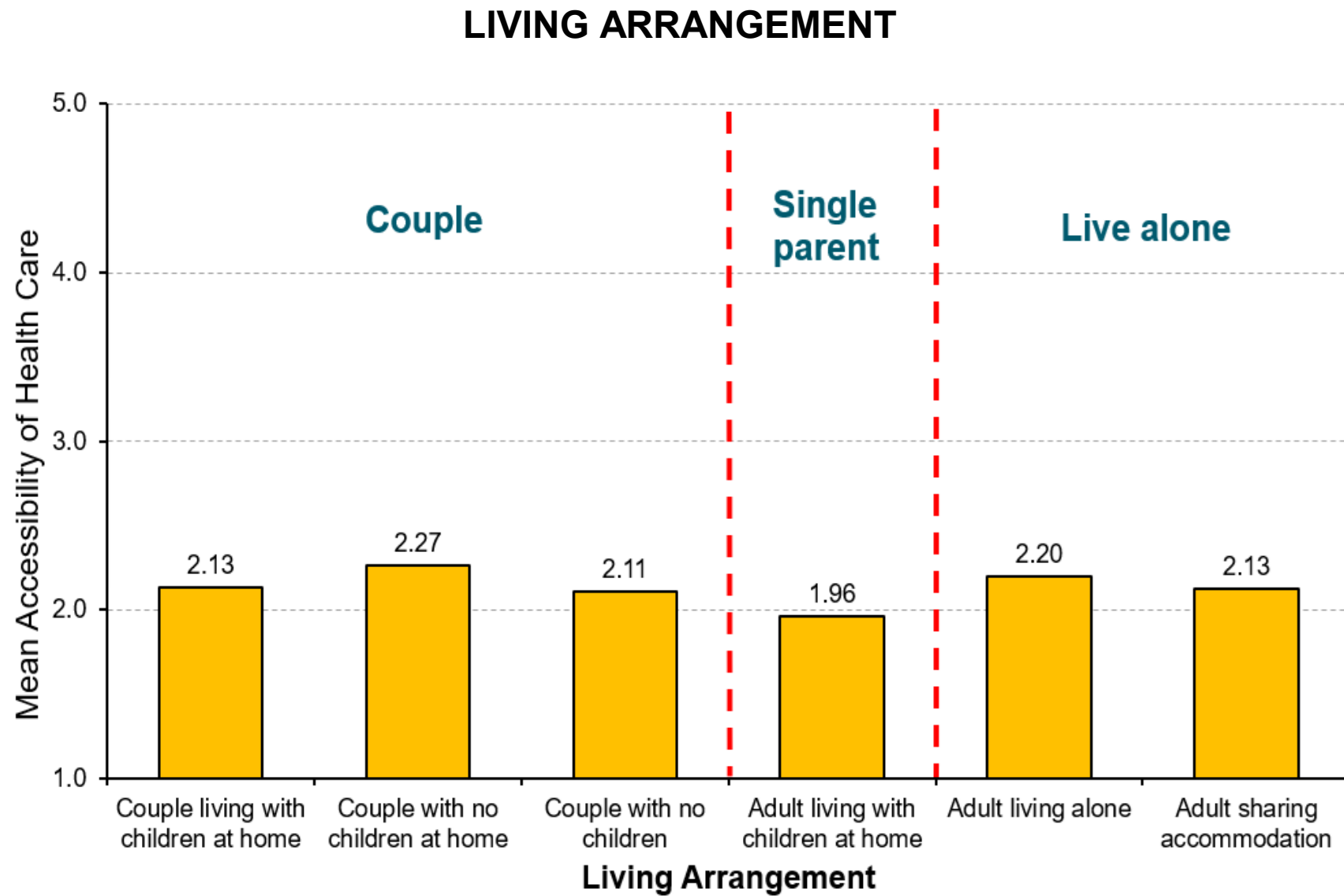
Perceived accessibility of health care services



Perceived accessibility of health care services



Perceived accessibility of health care services





Interconnections among Areas of Focus Linked to Quality of Life



Areas of focus for selected groups

What characterizes residents with these experiences?

Social isolation	Sense of community	Feelings of trust	Experience of discrimination	Poverty	Health
Women	Men	Men	Men	Women	Women
Single	Single	Single	Single	Single	Single
Younger	Younger	Younger	Younger	Younger	Younger
Low income	Low income	Low income	Low income	Low income	Low income
Living with a disability or chronic illness	Living with a disability or chronic illness	Living with a disability or chronic illness	Living with a disability or chronic illness		Living with a disability or chronic illness
Single parents	Single parents			Single parents	Single parents
Adults sharing accommodation	Adults sharing accommodation	Adults sharing accommodation	Adults sharing accommodation		
Adults living alone		Adults living alone	Adults living alone		
				Couples with children	

Now what?

- You've finished reviewing the slides. Now you can:
 - Talk about these results further with us and what they mean to you: research@engagenovascotia.ca
 - [Explore further research and analysis opportunities with us](#) that will help support your own work and communities
 - Find out [what's happening now](#) and [what's happening next](#) with the NS Quality of Life Initiative
 - Read the [complete summary results](#) (if you haven't already)
 - [Sign up for Engage Nova Scotia's newsletter](#)
 - Learn more about the [eight domains of wellbeing](#)

