

Look into Wood Buffalo Community Wellbeing Survey:

A Profile of the Wellbeing of Wood Buffalo Region Residents

A preliminary report for

Social Prosperity Wood Buffalo and its Partners

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What is Wellbeing?

There are many definitions of wellbeing. *The Canadian Index of Wellbeing* has adopted the following as its working definition:

The presence of the highest possible quality of life in its full breadth of expression focused on but not necessarily exclusive to: good living standards, robust health, a sustainable environment, vital communities, an educated populace, balanced time use, high levels of democratic participation, and access to and participation in leisure and culture.

Introduction

The "Look into Wood Buffalo" Community Wellbeing Survey was launched in early May, 2014 when invitations to participate were mailed to randomly selected households in Wood Buffalo region. In Fort McMurray, 6,175 randomly selected households (approximately 25% of all households) received an invitation. Outside of Fort McMurray in the outlying region, eight smaller communities were oversampled to ensure representation of these smaller locales. In total, all 1,123 households were selected. One person in each household, aged 18 years or older, was invited to complete the questionnaire.

In Fort McMurray, households were invited to complete the survey online, and provided with the option of requesting a paper copy of the questionnaire. Among Fort McMurray households, 98.4% (n = 488) of the surveys were completed online and only 1.6% (n = 8) paper versions were completed. All of the households in the eight outlying communities received paper versions of the questionnaire to avoid potential issues of poor or unavailable internet connectivity. In total, 58 paper questionnaires were returned by individuals living in the outlying communities. The survey closed on June 20, 2014. Of the 555 questionnaires that were submitted, only one was deemed unusable. Therefore, the final, total number of usable questionnaires was 554, which represents a response rate of 7.59%.

This report consists largely of summary, descriptive statistics. It provides frequency distributions and measures of central tendency for all questions across the eight domains comprising the Canadian Index of Wellbeing (CIW) conceptual framework: *Community Vitality, Democratic Engagement, Education, Environment, Healthy Populations, Leisure and Culture, Living Standards*, and *Time Use*. A demographic profile of Wood Buffalo residents is presented first and measures of overall wellbeing are reported to conclude the main body of the report. The report ends with the unedited comments of survey participants. Taken together, the results presented here provide a snapshot of the overall wellbeing of Wood Buffalo Region residents.

Weighting of data

In order to ensure the results from the survey are representative of Wood Buffalo Region residents, the data were weighted by sex and age grouping, as well as by geographic location, to match the 2011 Canadian Census profile (N = 64,004). By weighting the data, the overall results presented in this report accurately reflect the responses of residents without over- or under-representing any groups based on sex, age, or where they live in the region.

The following tables provide a description of survey participants. Each table first presents the unweighted results for age, sex, and geographic location, and then presents the results for these three factors once survey weights were applied. Survey weights were based on the results taken

from 2011 Canadian Census data thereby adjusting the distributions of residents who responded to the survey to match the distributions of all residents in the region.

To weight the data, participants were assigned to one of the following 15 geographic locations based on postal code information (for Fort McMurray residents) or by name of community:

i	Abasand	i	Timberlea	i	Fort Chipewyan
i	Beacon Hill	i	Waterways	i	Fort McKay
i	Gregoire	i	Draper	i	Janvier
i	Lower Townsite/Downtown	i	Anzac	i	Saprae Creek
i	Thickwood	i	Conklin	i	Gregoire Lake Estates

Participants were then grouped into two larger geographic areas: Fort McMurray and the Outlying Communities. Weighted and unweighted data are presented in the following tables: sex (see Table 1), age group (see Table 2), geographic area (see Table 3), and core geographic area (see Table 4). As noted above, using weighted data ensures that the results from the survey are representative of the residents of Wood Buffalo Region.

Table 1
Distribution of Respondents by Sex^a

	Unweighted		Weighted	Sample
Sex	n	Pct.	n	Pct.
Female	314	56.8	22,307	45.0
Male	228	41.2	27,268	55.0

^a 11 individuals did not indicate their sex. One person identified as transgender.

Table 2
Distribution of Respondents by Age Group^a

	Unweighted		Weighted	Sample
Age Group	n	Pct.	n	Pct.
18 to 34 years	89	16.5	21,855	44.0
35 to 44 years	118	21.9	10,580	21.5
45 to 54 years	174	32.2	10,630	21.6
55 years and older	159	29.4	6,114	12.4

^a 14 respondents did not provide information about their age.

¹ Based on available 2011 Census data for age and sex, all residents of Fort McMurray, including Draper, were weighted together. Outlying communities were weighted individually.

Table 3
Distribution of Respondents by Geographic Area^a

	Unweighted		Weighted	Sample
Geographic Area	n	Pct.	n	Pct.
Abasand	39	7.0	4,463	9.0
Beacon Hill	26	4.7	2,219	4.5
Gregoire	20	3.6	1,959	3.9
Lower Townsite/Downtown	50	9.0	4,034	8.1
Thickwood	132	23.8	12,386	24.9
Timberlea	218	39.4	21,675	43.6
Waterways	9	1.6	1,124	2.3
Draper	2	0.4	590	1.2
Anzac	14	2.5	395	0.8
Conklin	1	0.2	25	0.1
Fort Chipewyan	1	0.2	95	0.2
Gregoire Lake Estates	6	1.1	80	0.2
Saprae Creek	36	6.5	629	1.3

Tables 1 to 3 compare the sample to the actual distribution of the total population separately for sex, age, and geographic location. The final weighting of the sample incorporated all three factors concurrently to generate the weighted sample, which reflects the overall population distribution (see Table 4).

Table 4
Distribution of Respondents by Core Geographic Area^a

	Unweighted		Weighted	Sample
Geographic Area	n	Pct.	n	Pct.
Fort McMurray (Abasand, Beacon Hill, Gregoire, Thickwood, Draper, Timberlea, Lower Townsite/ Downtown, Waterways)	496	89.5	48,450	97.5
Outlying communities ² (Anzac, Conklin, Fort Chipewyan, Fort McKay, Janvier, Gregoire Lake Estates, Saprae Creek)	58	10.5	1,224	2.5

^a Geographic information was missing for one respondent.

² No questionnaires were received from Janvier or Fort McKay.

Reading the report

As noted, the results presented in the tables comprising the rest of this report are weighted to reflect estimates for the population of Wood Buffalo Region. In some tables, the total number of responses does not equal the total population due to missing responses. Non-response typically only represents a handful of people, so the totals are not substantially below the total population (18 years of age and older) for the region. In other cases, greater numbers of people might simply have chosen not to answer certain questions for a variety of reasons (e.g., felt the question was not relevant to them, did not recall the requested information). For example, many people often decline to answer a question concerning income; in this survey, approximately 5% of the respondents chose not to report their incomes. For a few of the questions, response categories of "does not apply" or "don't know" were offered to respondents, and these answers are not reported in the tables. Finally, total percentages in some tables may not always add up to precisely 100% due to rounding.

Table numbers linked to titles correspond with survey question numbers (e.g., Table J2 for age of respondent refers to question J2 on the questionnaire). For tables listing several items that respondents have reported participation or have rated on scales such as level of agreement or perceptions (e.g., Table A11 concerning perceptions of sense of community as a place to live), the items have been organised from highest to lowest overall mean scores; in other words, they do not adhere to the order they appear in the questionnaire. By reorganising the items in this way, a ranking of the items is provided. Finally, not all response categories are reported in the table for some open-ended demographic questions, particularly when the number of responses is very low. In these instances, explanatory text follows the table.

List of abbreviations and terms

n Number of respondents
Pct. Percentage of respondents

Mean Arithmetic average

Std. Dev. Standard deviation (average amount the scores deviate from the mean)

Min. Minimum score reported Max. Maximum score reported

Demographic Profile

Table J1 Profile of Respondents to Wood Buffalo Region Community Wellbeing Survey: Sex

Gender	n	Pct.
Female	22,307	45.0
Male	27,268	55.0

Table J2 Profile of Respondents to Wood Buffalo Region Community Wellbeing Survey: Age^a

Age	n	Pct.
34 years and under	21,855	44.0
35 to 44 years	10,580	21.5
45 to 54 years	10,630	21.6
55 years and older	6,114	12.4

^a Residents had to be at least 18 years of age to participate in the survey.

Table J3 Profile of Respondents to Wood Buffalo Region Community Wellbeing Survey: $Marital\ Status$

Marital Status	n	Pct.
Married	34,279	69.0
Single, never married	5,998	12.1
Living common-law	7,585	15.3
Separated	533	1.1
Divorced	1,038	2.1
Widowed	226	0.5

Table J4 Profile of Respondents to Wood Buffalo Region Community Wellbeing Survey: Highest Level of Education Completed

Education	n	Pct.
Elementary school	57	0.1
High school	9,427	19.0
Post-secondary certificate, trade or apprenticeship	15,621	31.5
College diploma	9,259	18.7
University degree (e.g., B.A., B.Sc.)	11,476	23.2
Graduate degree (e.g., M.A., M.Sc., Ph.D.)	3,696	7.5

Table J5 Profile of Respondents to Wood Buffalo Region Community Wellbeing Survey: Main Activity

Main Activity	n	Pct.
Working full-time	36,772	74.6
Working part-time	2,173	4.4
Non-standard employment ^a	2,211	4.5
Temporary foreign worker	637	1.3
Unemployed/looking for work	1,245	2.5
Retired	654	1.3
Going to school	4,407	8.9
Household work/caring for children	1078	2.2
On leave from work (e.g., illness, parental leave)	145	0.3

^a Includes self-employed, contract, seasonal, temporary, and multiple jobs.

Table J6 Profile of Respondents to Wood Buffalo Region Community Wellbeing Survey: Work Schedule

Work Schedule	n	Pct.
Regular daytime, Monday to Friday	21,945	52.2
Non-standard shift schedule ^a	14,440	34.3
Irregular shift schedule ^b	5,653	13.4

^a Includes evenings, nights, and or rotating shifts throughout the week.

^b Includes irregular shifts, on call, compressed work weeks.

Table J7
Profile of Respondents to Wood Buffalo Region Community Wellbeing Survey:

Type of Industry, Business, or Service Respondent Works For

Type of Work	n	Pct.
Oil, gas, and mining	24,366	51.4
Health care and social assistance	3,064	6.5
Educational services	3,045	6.4
Construction	2,143	4.5
Management, administrative, other support	2,108	4.4
Finance, insurance, real estate, and leasing	2,083	4.4
Trade (retail and wholesale)	1,434	3.0
Transportation and warehousing	1,135	2.4
Information, culture, and recreation	570	1.2
Professional, scientific, and technical services	547	1.2
Accommodation and food services	351	0.7
Utilities	164	0.3
Forestry, fishing	122	0.3
Agriculture	78	0.2
Other services	4,306	9.1

Table J8
Profile of Respondents to Wood Buffalo Region Community Wellbeing Survey:

Annual Household Income from All Sources

Annual Household Income	n	Pct.
Under \$60,000	2,260	4.7
\$60,000 to \$99,999	3,346	7.0
\$100,000 to \$149,999	8,587	17.9
\$150,000 to \$199,999	9,560	20.0
\$200,000 to \$299,999	17,838	37.2
\$300,000 and over	6,301	13.2

Table J9a
Profile of Respondents to Wood Buffalo Region Community Wellbeing Survey:

Born in Canada

Born in Canada	n	Pct.
Yes	41,873	84.9
No	7,435	15.1

Table J9b Country of Birth of Respondents Other than Canada

Note: Due to low response rates, percentages cannot be accurately reported. Among those who did report place of birth, the countries other than Canada include: UK, Malaysia, Trinidad, Pakistan, India, Germany, USA, Saudi Arabia, China, Guyana, Sierra Leone, Brazil, Bosnia, Philippines, South Africa, Fiji, Nepal, Zambia, Korea, Sri Lanka, Venezuela, Slovenia, Netherlands, Brunei, Poland, France, Israel, and Mexico.

Table J10
Profile of Respondents to Wood Buffalo Region Community Wellbeing Survey:

*Years Lived in Canada (if not born in Canada)

Years lived in Canada	n	Pct.
5 years or fewer	950	12.8
6 to 10 years	1,070	14.5
11 to 15 years	2,006	27.1
16 to 20 years	1,184	16.0
21 to 30 years	832	11.2
31 to 50 years	1,162	15.7
51 years or more	195	2.6

Note: For those respondents who were not born in Canada (n = 7,435, or 15.1%), the average length of time they have lived in Canada is 19 years (M = 18.66 SD = 12.68).

Table J11
Profile of Respondents to Wood Buffalo Region Community Wellbeing Survey:

Cultural, Ethnic, or National Background

Cultural, ethnic, or national background	n	Pct.
Canadian	21,814	49.8
UK / Anglo	5,366	12.2
Eastern European	2,538	5.6

Notes: Percentages of less than 5.0% are not reported in the table.

Backgrounds *not* reported in the table include First Nations/Metis/Inuit, French Canadian, Mixed European, African, Canadian+ UK/Anglo, Asian/East Asian, Arab, Western European, Canadian+ Middle Eastern, South/Southeast Asian, Canadian+ European, West Indian, Northern European/Scandinavian, South/Central American, and multicultural.

Table J12a
Profile of Respondents to Wood Buffalo Region Community Wellbeing Survey:
First Language

First language	n	Pct.
English	42,696	86.6
French	1,137	2.3
Other	5,494	11.1

Table J12b
First Language of Respondents Other than English or French

Note: Due to low response rates, percentages cannot be accurately reported. First languages that were reported, other than English or French, were: Chinese (including Mandarin and Cantonese), Afrikaans, Bengali, Bosnian, Dutch, German, Hindi/Urdu, Korean, Polish, Portuguese, Punjabi, Rotuman, Slovenian, Spanish, Tagalog, Ukrainian, and Tamil.

Table J13
Profile of Respondents to Wood Buffalo Region Community Wellbeing Survey:

First Nations, Metis, or Inuit

First Nations status	n	Pct.
No	43,564	91.1
Yes	4,269	8.9

Table J14
Profile of Respondents to Wood Buffalo Region Community Wellbeing Survey:

Disability Status

Living with disability	n	Pct.
No	45,210	92.2
Yes	3,822	7.8

Table J15
Profile of Respondents to Wood Buffalo Region Community Wellbeing Survey:

Years Resident of Wood Buffalo Region

	n	Mean	Std. Dev.
Years resident of Region	48,945	14.00	11.51

Table J16
Profile of Respondents to Wood Buffalo Region Community Wellbeing Survey:

Years Lived in Current Location

	n	Mean	Std. Dev.
Years living in current location	47,980	7.45	7.38

Table J17
Profile of Respondents to Wood Buffalo Region Community Wellbeing Survey:

Own or Rent Place in Which Living

Own or rent	n	Pct.
Own	43,003	87.0
Rent	6,402	13.0

Table J18
Profile of Respondents to Wood Buffalo Region Community Wellbeing Survey:

Sexual Orientation

Sexual orientation	n	Pct.
Heterosexual or straight	47,307	96.2
Gay or Lesbian	451	0.9
Bisexual	228	0.5
I would prefer not to say	1,017	2.1
Other	164	0.3

Table J19 Profile of Respondents to Wood Buffalo Region Community Wellbeing Survey: In a Relationship

In a relationship	n	Pct.
Yes	43,412	88.6
No	5,578	11.4

 ${\it Table~J20} \\ {\it Profile~of~Respondents~to~Wood~Buffalo~Region~Community~Wellbeing~Survey:} \\ {\it Living~with~Partner} \\$

Living with partner	n	Pct.
Yes	41,628	95.2
No	2,100	4.8

Table J21 Profile of Respondents to Wood Buffalo Region Community Wellbeing Survey: $Sex\ of\ Partner$

Sex of partner	n	Pct.
Female	23,723	54.3
Male	20,004	45.7

Household type	n	Pct.
Couple living with children at home	25,644	52.1
Couple with no children	8,646	17.6
Couple with children elsewhere (e.g., "empty nester")	6,848	13.9
Adult sharing accommodation	1,995	4.0
Adult with children living at home	1,920	3.9
Adult living alone	1,907	3.9
Adult living alone with no children at home (i.e., "empty nest")	1,119	2.3
Other ^a	1,183	2.4

^a Among respondents who indicated "other", 93.4% live in multigenerational households, which include living arrangements such as: adult children living at home, grandchildren living with grandparents, or elderly parents living with adult children.

Table J22b
Profile of Respondents to Wood Buffalo Region Community Wellbeing Survey:

Age of Youngest Child for Participants Living with Children

Age of youngest child	n	Pct.
Less than 6 years old	11,016	39.2
6 to 11 years old	4,379	15.6
12 to 19 years old	4,429	15.8
20 to 24 years old	3,356	12.0
25 to 29 years old	2,819	10.0
30 years or older	2,076	7.4

Community Vitality

Table A1
Respondents who Volunteered During the Past 12 Months

Volunteered	n	Pct.
Volunteered in past 12 months	27,540	55.7

Table A2
Respondents who were a Member of or Participant in an Organisation
During the Past 12 Months

Organisation type	n	Pct.
Sports or recreational organisation (e.g., hockey league, health club, golf club)	23,121	47.2
Union or professional association	20,733	42.2
Cultural, educational or hobby organisation (e.g., theatre group, book club, bridge club)	9,334	19.2
Religious affiliated group (e.g., church youth group, choir)	7,844	16.1
School group, neighbourhood, civic, or community association (e.g., PTA, alumni, block parents, neighbourhood watch)	7,851	16.0
Public interest group (e.g., focused on the environment, animal welfare, food security, homelessness)	5,576	11.5
Service club or fraternal organisation (e.g., Kiwanis, Knights of Columbus, the Legion)	3,725	7.7
Political party or group	3,403	7.0
Other organised group or activity	8,905	18.4

Table A3
Respondents Who Provided Unpaid Help to Others in the Past 12 Months

Type of Unpaid Help	n	Pct.
Work at their home such as cooking, cleaning, gardening, maintenance, painting, shovelling snow, or car repairs	26,328	53.8
Doing any shopping, driving someone to the store, or to any other appointments	25,454	52.0
Health-related or personal care, such as emotional support, counselling, providing advice, visiting the elderly, unpaid babysitting	21,521	44.0
Paperwork tasks such as writing letters, doing taxes, filling out forms, banking, paying bills, or finding information	17,248	35.1
Unpaid teaching, coaching, tutoring, or assisting with reading	12,022	24.5

Table A4
Numbers of Social Contacts Reported by Respondents: *Relatives*

Relatives	n	Min.	Max.	Mean	Std. Dev.
Number of relatives	49,639	0	100	5.98	7.74

Table A5
Numbers of Social Contacts Reported by Respondents:

Close Friends

Close friends	n	Min.	Max.	Mean	Std. Dev.
Number of close friends	49,561	0	100	5.40	8.33

Table A6
Numbers of Social Contacts Reported by Respondents:
Neighbours

Neighbours	n	Min.	Max.	Mean	Std. Dev.
Number of neighbours	49,561	0	100	3.16	6.26

Table A7
Perceptions of Safety and Belonging:
How Safe Walking in Neighbourhood at Night

			P		Summary Statistics					
		Very						Very		Std.
Safety and Belonging	n	unsafe	2	3	4	5	6	safe	Mean ^a	Dev.
Feel safe walking alone in your	49,639	4.6	6.2	7.3	10.6	17.5	23.1	30.8	5.23	1.76
neighbourhood after dark	17,037	(2,260)	(3,082)	(3,600)	(5,285)	(8,673)	(11,464)	(15,275)	3.23	1.70

^a Based on a 7-point scale where higher scores reflect higher feelings of safety.

Table A8
Perceptions of Safety and Belonging:
Uncomfortable/Out of Place Because of Ethnicity, Culture, Race, Skin Colour

			P		Summary Statistics					
								All of		Std.
Safety and Belonging	n	Never	2	3	4	5	6	the time	Mean ^a	Dev.
Feel uncomfortable or out of place in your neighbourhood because of your ethnicity, culture, race, or skin colour	49,049	62.3 (30,540)	18.4 (9,017)	3.0 (1,460)	5.9 (2,892)	5.3 (2,593)	2.8 (1,366)	2.4 (1,184)	1.92	1.55

^a Based on a 7-point scale where higher scores reflect higher frequency of feelings of discomfort.

Table A9
Perceptions of Safety and Belonging: *How Often Feel Discriminated Against*

					Summary Statistics					
Feel discriminated against because of	n	Never	2	3	4	5	6	All of the time	Meana	Std. Dev.
Ethnicity, race, or skin colour	49,252	72.7 (35,795)	12.2 (6,013)	4.2 (2,054)	4.5 (2,236)	3.5 (1,725)	2.3 (1,129)	0.6 (300)	1.63	1.28
Sexual orientation	48,855	88.7 (43,323)	4.6 (2,229)	2,1 (1,046)	3.4 (1,677)	0.8 (399)	0.4 (180)	0.0 (0)	1.24	0.78

^a Based on a 7-point scale where higher scores reflect higher frequency of feelings of discomfort.

Table A10
Perceptions of Safety and Belonging: Sense of Belonging in Local Community

			P	Summary Statistics						
		Very						Very		Std.
Safety and Belonging	n	weak	2	3	4	5	6	strong	Mean ^a	Dev.
Your sense of belonging to your local community	49,639	2.6 (1,270)	4.9 (2,433)	11.1 (5,524)	26.5 (13,177)	23.5 (11,656)	15.4 (7,657)	16.0 (7,921)	4.74	1.51

^a Based on a 7-point scale where higher scores reflect a stronger sense of belonging.

Table A11: Respondents' Perceptions of Sense of Community as a Place to Live

			P	ercentage	e of Resp	ondents (n)		Summary	Statistics
Community as a place to live	n		Strongly disagree	Disagree	Neutral	Agree	Strongly agree	Very strongly agree	Meana	Std. Dev.
I have good friends in this community	49,639	1.5 (737)	2.1 (1,066)	3.7 (1,848)	8.6 (4,259)	31.1 (15,445)	29.3 (14,547)	23.6 (11,737)	5.48	1.29
This community provides opportunities for me to do a lot of different things	49,481	2.2 (1,075)	4.2 (2,055)	8.1 (4,019)	12.2 (6,044)	26.0 (12,855)	27.6 (13,635)	19.8 (9,798)	5.18	1.49
I am proud of this community	49,462	3.2 (1,568)	1.1 (562)	4.2 (2,071)	16.4 (8,123)	33.2 (16,398)	27.7 (13,712)	14.2 (7,028)	5.15	1.33
Many people in this community are available to give help if somebody needs it	48,633	0.6 (283)	1.6 (758)	4.9 (2,400)	15.5 (7,539)	43.0 (20,920)	22.9 (11,125)	11.5 (5,607)	5.14	1.12
I would recommend this community to others as a great place to live	49,517	4.3 (2,126)	3.6 (1,803)	6.4 (3,181)	17.6 (8,730)	28.9 (14,303)	23.9 (11,812)	15.3 (7,562)	4.96	1.52
I feel at ease with the people in this community	49,043	0.5 (233)	1.2 (606)	9.7 (4,735)	18.3 (8,985)	40.0 (19,595)	23.4 (11,467)	7.0 (3,421)	4.94	1.13
People are sociable here	49,284	1.2 (578)	3.4 (1,652)	10.5 (5,164)	20.1 (9,923)	42.2 (20,821)	16.5 (8,148)	6.1 (2,996)	4.73	1.20
If I had an emergency, even people I do not know would be willing to help me	49,447	1.8 (881)	2.9 (1,446)	8.0 (3,970)	26.0 (12,865)	42.4 (20,948)	12.0 (5,932)	6.9 (3,404)	4.68	1.19
There are places in this community that inspire me	49,429	2.7 (1,324)	4.6 (2,272)	8.1 (4,006)	26.3 (13,022)	33.5 (16,535)	18.5 (9,145)	6.3 (3,124)	4.64	1.32
If I need help, this community has many excellent services to meet my needs	49,392	2.2 (1,107)	3.9 (1,948)	11.4 (5,615)	24.8 (12,261)	35.7 (17,652)	16.5 (8,138)	5.4 (2,673)	4.59	1.28
If I had problem, few people in this community would try to help me	49,514	7.0 (3,471)	13.9 (6,865)	31.1 (15,415)	20.3 (10,071)	20.1 (9,943)	6.5 (3,242)	1.0 (507)	3.56	1.36
In this community, I have few opportunities to satisfy my needs	49,367	7.5 (3,718)	17.5 (8,644)	33.0 (16,294)	16.5 (8,140)	16.4 (8,090)	7.7 (3,808)	1.4 (673)	3.45	1.42
It is difficult for me to connect with the people in this community	49,533	6.1 (3,037)	13.8 (6,826)	37.0 (18,309)	25.1 (12,449)	13.0 (6,424)	2.8 (1,402)	2.2 (1,087)	3.42	1.26
In this community, there is never much to do	48,783	10.4 (5,055)	22.0 (10,725)	30.6 (14,950)	12.1 (5,913)	9.6 (4,707)	10.9 (5,335)	4.3 (2,099)	3.39	1.63
In this community, people are not willing to help those in need	49,517	15.3 (7,598)	24.7 (12,233)	34.7 (17,180)	14.3 (7,091)	8.1 (4,012)	1.5 (750)	1.3 (653)	2.85	1.29

^a Based on a 7-point scale where higher scores reflect higher levels of agreement.

Table A11b

Dimensions of Sense of Community

Sense of Community ^a	n	Mean ^b	Std. Dev.
Social climate and bonds	49,561	4.93	0.92
Help in case of need	49,561	4.84	0.94
Needs fulfilment	49,508	4.74	1.13

- Social climate and bonds is an average of responses to statements assessing friendships, sociability, and ability to connect with people in the city.
 Help in case of need includes responses to statements about the number and willingness of people to provide help in an emergency or situation of need.
 Needs fulfillment refers to perceptions of the range and accessibility of opportunities to satisfy activity needs.
- Based on a 7-point scale where higher scores reflect greater satisfaction with dimension of sense of community.

Healthy Populations

Table B1 Respondents Self-Assessed *Physical Health*

			Percentag	Summary	Statistics			
					Very			Std.
Self-Reported Physical Health	n	Poor	Fair	Good	good	Excellent	Mean ^a	Dev.
In general, would you say your <i>physical</i> health is	49,494	2.2	11.5	38.9	36.8	10.6	3.42	0.91
in general, would you say your physical health is	42,424	(1,105)	(5,692)	(19,244)	(18,212)	(5,241)	3.42	0.91

^a Based on a 5-point scale where higher scores reflect higher perceived levels of physical health.

Table B2
Respondents Self-Assessed *Mental Health*

			Percentag		Summary Statistics			
					Very			Std.
Self-Reported Mental Health	n	Poor	Fair	Good	good	Excellent	Mean ^a	Dev.
In general, would you say your mental health is	49,450	2.6 (1,294)	5.3 (2,600)	29.7 (14 , 694)	42.2 (20,865)	20.2 (9,997)	3.72	0.93

^a Based on a 5-point scale where higher scores reflect higher perceived levels of mental health.

Table B3
Assessment of Health Care Services in Community:

Overall Quality

			Percentag	Summary Statistic				
					Very			Std.
Health Care Services	n	Poor	Fair	Good	good	Excellent	Mean ^a	Dev.
Overall quality of health care services in your community	49,416	20.8 (10,268)	32.9 (16,240)	26.8 (13,242)	17.7 (8.723)	1.9 (943)	2.47	1.06

^a Based on a 5-point scale where higher scores reflect higher ratings of perceived quality.

Table B4
Assessment of Health Care Services in Community:

Overall Accessibility

			Percentag		Summary Statistics			
					Very			Std.
Health Care Services	n	Poor	Fair	Good	good	Excellent	Mean ^a	Dev.
Overall accessibility of the health care services in your community	49,494	28.9 (14,295)	34.4 (17,027)	22.2 (11,003)	12.4 (6,135)	2.1 (1,033)	2.24	1.07

^a Based on a 5-point scale where higher scores reflect higher ratings of perceived accessibility.

Table B5
Respondents' Perceptions of Health Behaviours During the Past Week

				Percentag	e of Respo	ndents (n)			Summary	Statistics
Health Behaviour	n	Very strongly disagree	Strongly disagree	Disagree	Neutral	Agree	Strongly agree	Very strongly agree	Meana	Std. Dev.
I was able to perform all my daily living activities (e.g., household chores)	49,432	0.2 (77)	0.7 (343)	6.7 (3,307)	9.9 (4,896)	42.7 (21,089)	22.7 (11,123)	17.2 (8,496)	5.31	1.13
I regularly ate healthy meals	49,561	0.8 (380)	1.8 (905)	8.6 (4,259)	12.6 (6,240)	49.2 (24,370)	19.1 (9,484)	7.9 (3,923)	4.97	1.12
I had a lot of energy	49,639	0.8 (397)	3.8 (1,904)	18.3 (9,065)	17.5 (8,706)	35.7 (17,737)	17.9 (8,902)	5.9 (2,929)	4.61	1.28
I got good quality exercise	49,596	4.5 (2,238)	4.3 (2,120)	19.1 (9,491)	18.0 (8,907)	38.3 (18,981)	9.1 (4,512)	6.7 (3,330)	4.37	1.59
I could not get going	49,639	12.8 (6,287)	19.8 (9,756)	37.5 (18,450)	13.6 (6,700)	13.9 (6,815)	1.7 (854)	0.6 (302)	3.04	1.23
Physical pain prevented me from doing what needed to	49,163	32.7 (16,245)	22.1 (10,974)	25.6 (12,683)	6.2 (3,066)	11.0 (5,449)	1.3 (667)	1.1 (554)	2.49	1.44

^a Based on a 7-point scale where higher scores reflect higher levels of agreement.

Democratic Engagement

Table C1
Respondents Participating in Democratic Activity During the Past 12 Months

Activity	n	Pct.
I joined a Facebook page on a local issue	17,475	35.9
I participated in local event to support charitable organisation (e.g., 5km run for breast cancer)	17,521	35.8
I participated in a local event in support of community (e.g., "pick up litter days," earth day)	17,229	35.5
I attended a local planning meeting or open house	9,521	19.3
I wrote a letter or email to or spoke with a municipal official about a local issue	5,226	10.5
I attended a neighbourhood meeting	4,548	9.2
I attended a municipal council meeting	3,347	6.8
I participated in a public demonstration or protest	2,295	4.6
I wrote a letter to the editor of the newspaper about a local issue	771	1.6

Table C2
Level of Interest in Politics at the Federal, Provincial, and Municipal Levels

			Percentage of Respondents (n)								Sumr statis	•	
Interest level in politics	n	None	2	3	4	5	6	7	8	9	Great deal	Meana	Std. Dev.
Federal	49,049	23.1 (11,312)	5.7 (2,802)	8.5 (4,183)	8.2 (4,006)	13.2 (6,451)	7.4 (3,633)	15.5 (7,624)	8.7 (4,274)	3.3 (1,622)	6.4 (3,142)	4.75	2.86
Provincial	48,753	19.1 (9,293)	6.0 (2,946)	8.7 (4,255)	5.4 (2,628)	16.3 (7,930)	7.1 (3,478)	13.4 (6,542)	13.5 (6,568)	4.1 (1,977)	6.5 (3,147)	5.06	2.84
Municipal	49,092	15.1 (7,398)	3.0 (1,483)	5.6 (2,755)	7.2 (3,533)	15.1 (7,392)	8.2 (4,028)	16.8 (8,257)	13.6 (6,668)	6.1 (3,008)	9.3 (4,570)	5.66	2.80

^a Based on a 10-point scale where higher scores reflect higher levels of interest.

Table C3
Respondents who Feel Programmes and Services of the Local Government Have Made Them Better Off^a

				Summary	Statistics					
Perception of Local Policies	n	Much worse off	2	3	Have not made any difference	5	6	Much better off	Mean ^a	Std. Dev.
Extent programmes and services of local government have made you better off	40,732	3.0 (1,209)	1.9 (780)	5.5 (2,235)	47.8 (19,454)	20.5 (8,364)	16.0 (6,499)	5.4 (2,190)	4.50	1.21

^a Based on a 7-point scale where higher scores reflect higher levels of agreement.

Environment

Table D1
Respondents' Perceptions of the Environment in Wood Buffalo Region

				Percentag	e of Respo	ndents (n)			Summary	Statistics
Environmental Concern	n	Very strongly disagree	Strongly disagree	Disagree	Neutral	Agree	Strongly agree	Very strongly agree	Meana	Std. Dev.
I feel I have a personal responsibility to help protect the natural environment	49,468	0.6 (292)	0.2 (82)	1.1 (563)	15.2 (7,520)	41.1 (20,330)	21.6 (10,705)	20.1 (9,956)	5.42	1.08
There are plenty of opp. to enjoy nature in my town/city	49,481	2.5 (1,244)	0.6 (309)	8.0 (3,937)	7.0 (3,468)	41.2 (20,396)	26.7 (13,228)	13.9 (6,899)	5.20	1.28
Traffic congestion in our community is a problem	49,639	2.1 (1,020)	3.5 (1,757)	9.1 (4,494)	12.7 (6,283)	29.2 (14,519)	17.8 (8,846)	25.6 (12,721)	5.19	1.52
There are plenty of opp. to enjoy nature in my neighbourhood	48,616	1.3 (614)	3.6 (1,739)	9.8 (4,775)	7.6 (3,692)	35.0 (17,021)	29.8 (14,550)	12.8 (6,225)	5.13	1.34
The quality of the natural environment in my neighbourhood is very high	49,568	1.9 (965)	4.3 (2,124)	8.4 (4,147)	18.8 (9,305)	38.2 (18,931)	18.8 (9,315)	9.7 (4,798)	4.82	1.33
The quality of the natural environment in my <i>town/city</i> is very high	49,494	4.1 (2,051)	4.9 (2,419)	11.2 (5,560)	20.8 (10,300)	39.2 (19,407)	16.5 (8,165)	3.2 (1,591)	4.48	1.34
The water quality in my community is very good	49,450	5.2 (2,549)	7.2 (3,572)	13.9 (6,868)	23.5 (11,636)	28.6 (14,135)	15.5 (7,668)	6.1 (3,023)	4.34	1.49
The air quality in my community is very good	49,639	6.3 (3,149)	11.0 (5,482)	18.4 (9,139)	30.7 (15,227)	21.6 (10,736)	8.6 (4,246)	3.3 (1,661)	3.89	1.43
I regularly participate in events organised by local groups to protect the natural environment (e.g., protests, fund raising)	49,497	16.1 (7,952)	10.4 (5,124)	33.2 (16,409)	30.9 (15,276)	7.6 (3,758)	0.9 (426)	1.1 (551)	3.11	1.27

^a Based on a 7-point scale where higher scores reflect greater agreement with aspect of environment in Wood Buffalo Region.

Table D2
Respondents Participation in Resource Conservation and Sustainable Activities During the Past 12 Months

			Percenta	ge of Respor	ndents (n)		Summary	Statistics
			Some-		Quite	All of the		Std.
Conservation/Sustainable Activities	n	Never	times	Regularly	often	time	Mean ^a	Dev.
Recycle materials (e.g., plastics, tin cans, cardboard)	49,473	0.3 (169)	5.6 (2,761)	9.6 (4,771)	11.0 (5,425)	73.5 (36,347)	4.52	0.91
Conserve energy (e.g., buy energy efficient bulbs and appliances, turn off lights)	49,596	2.5 (1,223)	10.9 (5,415)	15.0 (7,410)	28.7 (14,191)	42.9 (21,229)	3.99	1.11
Reuse materials (e.g., plastic bottles, plastic bags, tin cans)	49,674	1.6 (777)	12.3 (6,097)	16.8 (8,347)	25.4 (12,608)	44.0 (21,845)	3.98	1.11
Tried to reduce household waste	49,193	3.8 (1,891)	10.9 (5,365)	21.7 (10,654)	23.8 (11,721)	39.8 (19,562)	3.85	1.17
Conserve water (e.g., not leaving the water tap running, taking shorter showers)	49,639	5.0 (2,489)	18.3 (9,096)	23.0 (11,431)	21.0 (10,414)	32.7 (16,209)	3.58	1.25
Separate waste	49,596	25.2 (12,516)	15.6 (7,726)	9.8 (4,864)	10.4 (5,140)	39.0 (19,349)	3.22	1.67
Walk, bike, or take public transit more often (rather than drive your car)	49,596	27.7 (13,725)	36.2 (17,969)	11.2 (5,574)	12.9 (6,422)	11.9 (5,905)	2.45	1.33
Purchase foods produced locally, when available	49,581	27.4 (13,586)	36.9 (18,307)	13.6 (6,746)	10.9 (5,388)	11.2 (5,554)	2.42	1.27

^a Based on a 5-point scale where higher scores reflect higher frequency of engagement in activities.

Leisure and Culture

Table E1
Respondents Who Reported Participation in Physical Activity During a Typical Month

_	Percenta Partici	_				
Physical Activity	n	Pct.	Min.	Max.	Mean	Std. Dev.
Light exercise (e.g., going for a walk, bicycling)	43,978	88.5	0	90	11.43	10.74
Vigorous exercise (e.g., aerobics, jogging, weight training)	28,768	57.9	0	30	6.42	7.80
Team sports (e.g., baseball, hockey, volleyball, basketball)	12,455	25.1	0	30	1.66	3.90
Individual sports (e.g., tennis, badminton, skiing)	15,513	31.2	0	24	1.42	3.23

Table E2
Respondents Who Reported Participation in "Getting Out" Activities During a Typical Month

	Percenta Partici		Participation Rate (times per month)				
"Getting Out" Activity	n	Pct.	Min.	Max.	Mean	Std. Dev.	
Socialising with friends (e.g., getting together at someone's home, dining out)	46,108	92.8	0	40	4.93	4.45	
Going out to clubs, bars, taverns	23,821	48.0	0	15	1.30	2.04	
Going to sports events as spectator	17,432	35.1	0	18	0.81	1.78	
Going out to movies	23,723	47.8	0	11	0.69	0.94	

Table E3
Respondents Who Reported Participation in
Home-Based Activities in a Typical Week

		Percentage that Participation F Participates (times per we			•		
Home-Based Activity	n	Pct.	Min.	Max.	Mean	Std. Dev.	
Reading books, newspapers, and/or magazines for pleasure	42,532	85.6	0	100	5.64	7.76	
Doing puzzles such as cross-words, Sudoku, jigsaw	19,147	38.5	0	60	1.70	3.82	
Hobbies such as knitting, crafts, woodworking	20,051	40.4	0	30	1.45	2.97	
Playing board or card games	22,517	45.3	0	15	1.08	2.02	

Table E4
Respondents Who Reported Participation in
Cultural Activities During the Past Year

	Percenta Partici	_		Participation Rate (times per year)				
Cultural Activity	n	Pct.	Min.	Max.	Mean	Std. Dev.		
Attending music concerts	32,069	64.6	0	20	1.69	2.02		
Attending festivals	35,049	70.6	0	8	1.59	1.60		
Attending live theatre	22,966	46.2	0	20	1.25	2.07		
Visiting art galleries/museums	18,077	36.4	0	52	1.03	3.26		
Attending ballet, dance performances	9,791	19.7	0	25	0.40	1.40		

Table E5a Respondents Who Reported Participation in Computer-related Activities for Leisure on a Typical Day

_	Percenta Partic	0		Participation Rate (times per day)				
On-line Activity	n	Pct.	Min.	Max.	Mean	Std. Dev.		
Searching Internet for interest	46,958	94.5	0	100	5.88	12.49		
Socialising with others online (e.g., Facebook, Skype, texting)	43,046	86.7	0	100	7.29	13.59		
Playing computer games online (including online, handheld, or console)	24,882	50.1	0	80	1.91	4.31		

Table E5b Amount of Time Respondents Spend Engaged in Computer-related Activities for Leisure (Minutes per day)^a

Engaged in online activities	n	Min.	Max.	Mean	Std. Dev.
Total time on a typical day spent engaged in computer-related activities for leisure	48,934	5	1350	147.74	135.05

^a Includes those reporting at least one minute of participation (98.5% of all respondents).

Table E6
Amount of Time Respondents Spend Watching Television/DVDs/Movies
(Minutes per day)^a

Watching TV/DVDs/Movies	n	Min.	Max.	Mean	Std. Dev.
Total time on a typical day spent watching television, DVDs, or shows/movies on-line	47,328	1	840	137.74	96.44

^a Includes those reporting at least one minute of participation (95.3% of all respondents).

Table E7 Number of Days Respondents Had on Holidays in Previous Year

Days on Holiday	n	Min.	Max.	Mean	Std. Dev.
Total days on holiday in past year	49,266	0	180	26.51	21.22

Table E8
Respondents Use of Recreation and Cultural Facilities During the Past Year

			Summary Statistics					
Recreation and cultural facility	n	Never	Some- times	Regu- larly	Quite often	All of the time	Meana	Std. Dev.
Local park or trails	49,373	10.2 (5,032)	37.9 (18,697)	17.3 (8,557)	23.5 (11,593)	11.1 (5,494)	2.87	1.20
Multi-purpose recreation centre	49,343	18.6 (9,168)	33.9 (16,707)	17.6 (8,702)	18.0 (8,866)	12.0 (5,900)	2.71	1.29
Swimming pool	49,264	37.9 (18,669)	31.9 (15,710)	12.5 (6,144)	11.2 (5,519)	6.5 (3,221)	2.17	1.23
Public library	49,356	46.7 (23,049)	32.9 (16,218)	11.3 (5,580)	4.9 (2,420)	4.2 (2,089)	1.87	1.07
Arena	49,288	55.5 (27,340)	23.0 (11,337)	7.0 (3,467)	10.4 (5,136)	4.1 (2,009)	1.85	1.18
Other outdoor sports facilities (golf, tennis)	49,435	45.7 (22,597)	37.3 (18,415)	8.3 (4,111)	7.0 (3,469)	1.7 (842)	1.82	0.97
Sports field (e.g., soccer, baseball)	49,243	52.7 (25,967)	32.2 (15,868)	8.1 (4,013)	5.9 (2,905)	1.0 (490)	1.70	0.92
Preforming arts facility (e.g., Suncor Energy Centre for the Performing Arts)	49,312	53.0 (26,146)	37.7 (18,602)	3.3 (1,635)	5.2 (2,546)	0.8 (384)	1.63	0.84
Splash pads or wading pools	49,266	66.9 (32,938)	18.3 (8,999)	5.9 (2,898)	7.2 (3,554)	1.8 (878)	1.59	1.00
Outdoor skating rink	49,264	67.5 (33,268)	25.2 (12,398)	2.6 (1,281)	3.8 (1,856)	0.9 (461)	1.45	0.80
A historic site (e.g., Fort Chipewyan, Heritage Park)	49,320	60.9 (30,058)	34.8 (17,178)	3.8 (1,855)	0.3 (135)	0.2 (95)	1.44	0.60
Visual arts facility (e.g., Kirschner Family Art Gallery at MacDonald Island Park)	49,294	78.2 (38,556)	16.3 (8,059)	3.1 (1,531)	2.0 (968)	0.4 (180)	1.30	0.66

^a Based on a 5-point scale where higher scores reflect higher frequency of facility use.

Table E9
Respondents Perceived Accessibility of Recreation and Cultural Facilities

		Percentage of Respondents (n)							Summary Statistics	
Perceived Access to Facilities	n	Very strongly disagree	Strongly disagree	Disagree	Neutral	Agree	Strongly agree	Very strongly agree	Meana	Std. Dev.
There is a local park nearby that is easy for me to get to from my home	48,475	2.2 (1,051)	3.0 (1,456)	4.4 (2,114)	7.5 (36,59)	34.6 (16,791)	19.5 (9,456)	28.8 (13,947)	5.43	1.42
The recreation and culture facilities are easy for me to get to	48,836	1.4 (686)	1.3 (635)	6.7 (3,253)	12.5 (6,108)	37.1 (18,142)	24.7 (12,043)	16.3 (7,969)	5.22	1.26
The recreation and cultural facilities are very welcoming to me	47,852	0.3 (166)	0.9 (435)	5.1 (2,458)	28.2 (13,489)	38.3 (18,326)	17.8 (8,518)	9.3 (4,459)	4.94	1.08
There are places nearby where I can take classes for my own interest	47,329	3.5 (1,666)	4.2 (1,974)	13.3 (6,307)	21.3 (10,090)	36.6 (17,305)	10.0 (4,711)	11.1 (5,275)	4.58	1.43
Childcare is available at the recreation facilities if I need to use it	35,106	3.6 (1,286)	4.8 (1,684)	7.5 (2,609)	44.0 (15,317)	22.9 (7,977)	6.9 (2,387)	10.2 (3,537)	4.39	1.36
Recreation and culture programs are offered at times that are convenient to me	46,655	2.2 (1,008)	7.5 (3,494)	13.1 (6,123)	31.4 (14,634)	33.6 (15,675)	8.1 (3,778)	4.1 (1,889)	4.27	1.26
The cost of public recreation and culture programs prevents me from participating	47,360	10.8 (5,105)	9.9 (4,668)	30.5 (14,424)	23.7 (11,210)	15.2 (7,199)	5.2 (2,465)	4.8 (2,289)	3.58	1.51

^a Based on a 7-point scale where higher scores reflect higher perceived accessibility.

Table E10a – Respondents' Perceptions of Leisure Experience

				Percentag	ge of Respo	ndents (n)			Summary	Statistics
Perceptions of Leisure Experience	n	Very strongly disagree	Strongly disagree	Disagree	Neutral	Agree	Strongly agree	Very strongly agree	Mean ^a	Std. Dev.
My leisure helps me to relax	49,194	0.0 (0)	0.4 (214)	0.7 (362)	9.5 (4,669)	57.1 (28,109)	24.3 (11,949)	7.9 (3,890)	5.28	0.80
My leisure helps me to stay healthy	49,482	0.2 (78)	1.7 (833)	3.2 (1,579)	11.4 (5,665)	46.6 (23,069)	25.2 (12,481)	11.7 (5,777)	5.25	1.04
My leisure contributes to my emotional wellbeing	49,596	0.2 (78)	1.2 (582)	1.9 (941)	13.8 (6,868)	46.2 (22,904)	27.6 (13,708)	9.2 (4,550)	5.24	0.96
My leisure helps relieve stress	49,561	0.2 (78)	0.9 (422)	2.8 (1,372)	11.8 (5,862)	49.8 (24,695)	26.8 (13,280)	7.8 (3,851)	5.22	0.93
My leisure provides me with opportunities for social interaction with others	49,552	0.0 (0)	0.4 (206)	4.7 (2,310)	19.0 (9,403)	56.1 (27,794)	17.1 (8,491)	2.7 (1,349)	4.93	0.83
I participate in leisure that develops my physical fitness	49,414	0.8 (380)	4.8 (2,364)	7.3 (3,603)	16.1 (7,947)	45.7 (22,603)	19.8 (9,766)	5.6 (2,753)	4.83	1.18
I participate in leisure that restores me physically	49,238	0.6 (302)	2.1 (1,015)	9.4 (4,649)	20.1 (9,875)	42.4 (20,859)	20.9 (10,271)	4.6 (2,267)	4.82	1.11
My leisure provides opportunities to try new things	49,552	0.3 (138)	0.9 (449)	5.8 (2,889)	24.4 (12,108)	52.6 (26,065)	13.0 (6,460)	2.9 (1,444)	4.79	0.90
My leisure is most enjoyable when I can connect with others	49,165	1.1 (538)	0.7 (336)	11.6 (5,690)	28.7 (14,090)	39.0 (19,163)	15.7 (7,701)	3.4 (1,648)	4.64	1.07
My leisure has helped me to develop close relationships with others	49,365	0.4 (210)	1.6 (805)	13.3 (6,575)	28.0 (13,843)	37.1 (18,316)	16.7 (8,243)	2.8 (1,374)	4.61	1.07
My leisure helps me to learn about myself	49,418	0.3 (156)	1.1 (526)	14.4 (7,130)	29.9 (14,752)	41.9 (20,722)	10.9 (5,381)	1.5 (751)	4.51	0.97
My leisure helps me to learn about other people	49,347	0.8 (376)	2.2 (1,107)	15.8 (7,805)	32.0 (15,789)	37.9 (18,727)	9.5 (4,673)	1.8 (871)	4.40	1.04

^a Based on a 7-point scale where higher scores reflect higher agreement.

Table E10b Respondents' Perceptions of Dimensions of Leisure Experience

Dimension ^a	n	Mean ^b	Std. Dev.
Relaxation	49,596	5.25	0.77
Physiological	49,552	4.97	0.99
Social	49,552	4.73	0.76
Educational	49,453	4.56	0.79

^a Based on a 7-point scale where higher scores reflect higher agreement that dimension is important part of leisure experience.

Educational – leisure allows opportunities to learn new things, learn about different people, or try new things.

Notes: Relaxation – leisure contributes to relaxation, stress relief and emotional wellbeing.
 Physiological – leisure contributes to physical fitness and health.

Social – leisure facilitates social connections and the development and/or maintenance of social bonds.

Education

Table F1
Respondents Who Took Formal Education Courses During the Past Year to Improve Skills or to Prepare for a Job

Type of Course	n	Pct.
To improve your skills in your current job	19,969	40.3
To lead directly to a qualification related to current job	15,169	30.8
To prepare for a job you might do in the future	14,501	29.4
To help you get started in a current or new job	9,636	19.5

Table F2a Respondents Who Took Courses *for Interest* in the Community During the Past Year

Course Taken for Interest	n	Pct.
Course for interest (e.g., computer skills, woodworking, sewing, creative writing)?	5,373	10.9

Table F2b Number of Courses for Interest Taken by Respondents in the Past Year

		Number of courses					
Courses Taken for Interest	n	Min.	Max.	Mean	Std. Dev.		
Participants	5,009	1	12	1.79	1.66		

Table F3
Respondents' Perceptions of Opportunities for Formal Education and Courses of Interest

			Percentage of Respondents (n)						Summary	Summary Statistics	
Opportunities to Take Courses	n	Very strongly disagree	Strongly disagree	Disagree	Neutral	Agree	Strongly agree	Very strongly agree	Meana	Std. Dev.	
There are many opportunities for me to get to know people from different cultures	49,202	0.5 (256)	1.5 (759)	3.3 (1,641)	33.6 (16,555)	42.2 (20,763)	12.8 (6,278)	6.0 (2,950)	4.78	1.01	
There are plenty of opportunities to take formal education courses	49,391	0.9 (435)	3.6 (1,796)	12.1 (5,970)	25.4 (12,532)	41.9 (20,714)	12.8 (6,319)	3.3 (1,625)	4.55	1.13	
There are plenty of opportunities to take courses of interest	49,437	1.4 (700)	3.0 (1,478)	15.0 (7,418)	26.5 (13,083)	37.6 (18,578)	13.7 (6,790)	2.8 (1,389)	4.48	1.16	
There are schools nearby where I can upgrade my educational qualifications	49,446	4.5 (2,123)	3.7 (1,847)	9.4 (4,648)	28.9 (14,266)	38.0 (18,800)	12.4 (6,117)	3.1 (1,555)	4.42	1.28	
There are places nearby where I can take courses out of interest	49,408	1.2 (582)	4.1 (2,026)	15.1 (7,483)	27.0 (13,352)	39.0 (19,266)	12.3 (6,092)	1.2 (606)	4.40	1.12	
I would take courses, but they are too expensive	49,403	4.0 (582)	4.5 (2,212)	22.1 (10,913)	35.1 (17,353)	22.1 (10,910)	9.1 (4,499)	3.2 (1,561)	4.07	1.27	
I would take courses, but they are offered at inconvenient times	49,391	3.1 (1,513)	3.4 (1,681)	21.5 (10,614)	43.2 (21,336)	16.1 (7,966)	10.0 (4,943)	2.7 (1,337)	4.07	1.20	

^a Based on a 7-point scale where higher scores reflect greater agreement.

Living Standards

Table G1
Respondents Who Work for Pay

Work for Pay?	n	Pct.
Yes	41,909	84.5
No	7,689	15.5

Table G2
Number of *Different* Paid Jobs (full- or part-time) Held by Respondents^a

Number of different jobs held for pay	n	Pct.
1 job	37,999	91.4
2 jobs	3,024	7.3
3 jobs	519	1.2
4 or more jobs	53	0.1

^a Includes only those respondents who indicated that they worked for pay.

Table G3
Respondents' Weekly Hours Spent Working for Pay on *Main Job*

Hours per week spent working at main job	n	Pct.
Fewer than 25 hours	2,145	5.2
25 to 34 hours	1,716	4.1
35 to 49 hours	22,588	54.4
50 to 59 hours	6,773	16.3
60 or more hours	8,335	20.1

Table G4 Respondents' Weekly Hours Spent Working for Pay on $Other Job(s)^a$

Hours per week spent working at <i>other job(s)</i>	n	Pct.
Fewer than 10 hours	2,211	47.9
10 to 20 hours	1,808	39.2
21 to 35 hours	422	9.1
More than 35 hours	176	3.8

^a Includes only those respondents who reported working at more than one job.

Table G5
Respondents Workday Commute from Home to Workplace for Main Job
(Minutes per day)

Commute time	n	Min.	Max.	Mean	Std. Dev.
Length of time to commute from residence to place of work for main job	41,145	0	180	35.45	28.94

Table G6a – Respondents' Perceptions of Job Fit

			Percentage of Respondents (n)							Statistics
Feelings Concerning Main Job	n	Very strongly disagree	Strongly disagree	Disagree	Neutral	Agree	Strongly agree	Very strongly agree	Mean ^a	Std. Dev.
My current occupational position adequately reflects my education and training	41,575	1.6 (670)	5.7 (2,376)	10.1 (4,210)	9.0 (3,751)	40.9 (16,987)	24.9 (10,357)	7.8 (3,223)	4.88	1.35
Considering all my efforts and achievements, my salary/income is adequate	41,531	1.9 (775)	4.6 (1,918)	10.9 (4,514)	12.7 (5,283)	34.3 (14,251)	28.3 (11,735)	7.4 (3,057)	4.87	1.36
Considering all my efforts and achievements, my opportunities at work are adequate	40,918	1.2 (500)	3.0 (1,232)	11.1 (4,559)	14.3 (5,843)	41.8 (17,121)	20.3 (8,326)	8.2 (3,338)	4.86	1.25
I have experienced or I expect to experience an undesirable change in my work situation	41,464	5.7 (2,347)	11.1 (4,601)	25.8 (10,686)	19.3 (7,997)	25.3 (10,481)	7.8 (3,237)	5.1 (2,115)	3.91	1.49
I have little hope for promotion at my job	41,511	12.9 (5,372)	17.5 (7,278)	25.2 (10,446)	14.3 (5,943)	18.5 (7,683)	6.8 (2,831)	4.7 (1,957)	3.47	1.65
My job security is poor	41,610	18.0 (7,480)	27.7 (11,536)	27.8 (11,565)	11.7 (4,858)	10.3 (4,305)	0.8 (345)	3.7 (1,529)	2.86	1.47

^a Based on a 7-point scale where higher scores reflect greater agreement.

Table G6b – Dimensions of Job Fit

Dimensions of job fit ^a	n	Mean ^b	Std. Dev.	
Job promotion	41,610	4.78	0.99	
Job security	41,464	3.39	1.24	

^a *Notes*: *Job promotion* is comprised of questions related to opportunities for promotion, to use one's training/education, recognition of effort, and appropriate remuneration.

Job security is comprised of perceptions of job security and experience of an undesirable change in work sit.

^b Based on a 7-point scale where higher scores reflect higher agreement that dimension is important part of job fit.

Table G7a Respondents' Reactions to Work

				Percentag	ge of Respo	ndents (n)			Summary	Statistics
Reactions to Work	n	Very strongly disagree	Strongly disagree	Disagree	Neutral	Agree	Strongly agree	Very strongly agree	Mean ^a	Std. Dev.
I am in a better mood at work because of my personal life	41,825	4.1 (1,704)	5.3 (2,198)	10.7 (4,477)	18.7 (7,811)	38.8 (16,242)	16.4 (6,874)	6.0 (2,520)	4.56	1.40
My personal life gives me energy for my job	41,643	3.5 (1,445)	5.8 (2,423)	15.0 (6,241)	28.0 (11,660)	32.6 (13,595)	11.9 (4,975)	3.1 (1,303)	4.29	1.30
I am happy with the amount of time for non-work activities	41,880	5.0 (2,075)	4.4 (1,847)	25.1 (10,516)	13.5 (5,674)	35.6 (14,923)	13.5 (5,674)	2.9 (1,197)	4.23	1.41
I am in a better mood generally because of my job	41,670	2.6 (1,095)	9.1 (3,808)	14.6 (6,088)	30.5 (12,695)	28.6 (11,918)	11.2 (4,671)	3.3 (1,394)	4.20	1.32
My personal life suffers because of work	41,958	7.2 (3,022)	11.6 (4,871)	29.6 (12,401)	10.5 (4,386)	25.5 (10,697)	8.7 (3,654)	7.0 (2,928)	3.89	1.62
I struggle to juggle work and non-work activities	41,877	6.4 (2,680)	10.6 (4,436)	31.6 (13,236)	12.8 (5,348)	27.7 (11,611)	5.8 (2,444)	5.1 (2,121)	3.83	1.50
I put my personal life on hold for work	41,915	7.9 (3,315)	11.9 (4,997)	28.9 (12,094)	10.7 (4,491)	32.2 (13,478)	3.5 (1,462)	5.0 (2,078)	3.78	1.53
I neglect personal needs because of work	41,736	6.9 (2,860)	10.9 (4,556)	33.5 (13,991)	13.0 (5,429)	23.9 (9,964)	6.3 (2,644)	5.5 (2,291)	3.77	1.52
My job makes a personal life difficult	41,862	9.1 (3,819)	11.0 (4,624)	33.1 (13,854)	13.5 (5,533)	21.4 (8,942)	6.3 (2,627)	5.6 (2,363)	3.68	1.57
My personal life drains me for energy for work	41,877	11.6 (4,874)	19.2 (8,032)	51.2 (21,459)	9.3 (3,879)	6.9 (2,904)	1.1 (474)	0.6 (254)	2.86	1.10
I am too tired to be effective at work	41,958	13.0 (5,471)	20.0 (8,378)	51.9 (21,785)	8.3 (3,480)	3.7 (1,561)	1.8 (736)	1.3 (547)	2.80	1.13
It is hard to work because of personal matters	41,958	21.8 (9,144)	25.3 (10,596)	38.1 (15,985)	8.8 (3,702)	5.0 (2,113)	1.0 (418)	0.0 (0)	2.53	1.13
My work suffers because of my personal life	41,599	19.9 (8,291)	24.6 (10,250)	43.2 (17,975)	9.0 (3,764)	2.6 (1,064)	0.3 (109)	0.3 (145)	2.52	1.04

^a Based on a 7-point scale where higher scores reflect greater agreement.

Table G7b
Dimensions of Work-Life Balance

Dimension ^a	n	Mean ^b	Std. Dev.
Work/personal life enhancement	41,859	4.35	1.12
Work interference with personal life	41,958	3.79	1.32
Personal life interference with work	41,958	2.68	0.89

^a Notes: *Work/personal life enhancement* refers to the positive transfer of mood and energy between work and personal domains. *Work interference with personal life* refers to difficulties re: detrimental influence of work on personal needs, time, energy, relationships. *Personal life interference* with work refers to difficulties performing job requirements because of personal matters.

Table G8
Respondents' Perceptions of Financial Security During the Past Year

			Percentag	ge of Respon	ndents (n)		Summary	Statistics
Financial Security Experience	n	Never	Once in past year	At least once past 6 months	At least once past 3 months	At least once a month	Mean ^a	Std. Dev.
I did not have enough money to buy the things I wanted	48,205	62.5 (30,123)	11.2 (5,422)	12.0 (5,807)	5.6 (2,679)	8.7 (4,175)	1.87	1.32
I did not have enough money to buy the things I needed	48,213	87.0 (41,946)	4.3 (2,070)	3.1 (1,476)	2.6 (1,232)	3.1 (1,489)	1.30	0.89
I could not pay my bills on time (e.g., water, hydro, phone, credit card)	48,377	89.0 (43,062)	3.5 (1,681)	3.1 (1,483)	2.8 (1,359)	1.6 (792)	1.25	0.78
I ate less because there was not enough food or money for food	48,601	90.6 (44,023)	1.9 (944)	3.4 (1,658)	3.4 (1,671)	0.6 (305)	1.22	0.72
I could not pay my mortgage or rent on time	47,210	95.3 (44,994)	2.2 (1,022)	0.5 (217)	0.7 (320)	1.4 (657)	1.11	0.56

^a Based on a 5-point scale where higher scores reflect higher incidence of these experiences.

^b Based on a 7-point scale where higher scores reflect higher agreement with balance in work-life dimension.

Table G9
Respondents' Shopping Experience Locally

			Percentage of Respondents (n)							Summary Statistics		
Local Shopping	n	Very strongly disagree	Strongly disagree	Disagree	Neutral	Agree	Strongly agree	Very strongly agree	Mean ^a	Std. Dev.		
I can buy everything I need locally	49,557	12.7 (6,298)	16.3 (8,096)	18.8 (9,297)	9.3 (4,593)	26.6 (13,169)	10.7 (5,307)	5.6 (2,798)	3.75	1.77		
I can buy everything I want locally	49,631	28.3 (14,032)	25.6 (12,714)	29.1 (14,452)	5.7 (2,821)	8.6 (4,253)	1.7 (834)	1.1 (523)	2.50	1.36		

^a Based on a 7-point scale where higher scores reflect higher agreement.

Table G10 Respondents' Frequency of Shopping Online

			Percentag	Summary	Statistics			
Online Shopping	n	Never	Once in past year	At least once past 6 months	At least once past 3 months	At least once a month	Mean ^a	Std. Dev.
How often shopped online for food, clothes, or other household items	48,981	8.1 (3,955)	6.3 (3,078)	14.7 (7,186)	24.0 (11,758)	47.0 (23,003)	3.95	1.26

^a Based on a 5-point scale where higher scores reflect higher incidence of these experiences.

Time Use

Table H1a Respondents Providing Unpaid Care to Any Children

Unpaid Care to Children	n	Pct.
Number of respondents providing care	11,224	22.6

Table H1b Weekly Hours Typically Spent by Respondents Providing Unpaid Care to Children

Hours of Unpaid Care Provided to:	n	Min.	Max.	Mean	Std. Dev.
Children in your family	10,312	1	168	64.05	56.40
Children who are not members of your family	2,335	1	118	13.72	30.59

Table H2a Respondents Providing Unpaid Care to Older or Dependent Adult(s)

Unpaid Care to Older/Dependent Adult	n	Pct.
Number of respondents providing care	2,751	5.5

Table H2b Weekly Hours Typically Spent by Respondents Providing Unpaid Care to Older or Dependent Adult(s)

Hours of Unpaid Care Provided to:	n	Min.	Max.	Mean	Std. Dev.
Older or dependent adult in your family	2,146	2	48	9.64	12.85
Older or dependent adult(s) who is a neighbour or friend	401	1	4	9.15	12.58

Table H3
Families in the Community Have an Adequate Supply of Childcare

Adequate supply of childcare	n	Pct.
Yes	6,756	13.6
No	21,878	44.6
Don't know	20,991	42.3

Table H4
How Often Respondents *Feel Rushed*

			Percentage of Respondents (n)						Summary Statistics	
Feel Rushed		Navan	Less than once a	About once a	About once a	A few times per	Every	Meana	Std.	
r eei Rusnea	n	Never	month	month	week	week	day	Mean	Dev.	
How often do you feel rushed?	49,596	8.6 (4,274)	10.4 (5,176)	7.4 (3,690)	23.2 (11,499)	31.5 (15,640)	18.8 (9,316)	4.15	1.52	

^a Based on a 6-point scale where higher scores reflect higher incidence of these experiences.

Table H5 How Often Respondents *Have Free Time*

			Perc		Summary Statistics				
Have Free Time	n	Never	Less than once a month	About once a month	About once a week	A few times per week	Every day	Mean ^a	Std. Dev.
How often do you have time on your hands that you don't know what to do with?	49,556	31.2 (15,454)	25.9 (12,853)	13.8 (6,826)	14.6 (7,246)	12.4 (6,127)	2.1 (1,051)	2.57	1.47

^a Based on a 6-point scale where higher scores reflect higher incidence of these experiences.

Table H3 – Respondents' Perceptions of Time Adequacy

					Perce	ntage of I	Responde	nts (n)				Summary statistics	
Perceived adequate time to	n	Not enough	2	3	4	5	6	7	8	9	Always enough	Meana	Std. Dev.
Be yourself	49,167	4.4 (2,176)	2.4 (1,197)	5.5 (2,715)	7.4 (3,638)	9.2 (4,502)	11.4 (5,591)	9.5 (4,668)	8.2 (4,049)	12.2 (5,994)	29.8 (14,637)	7.09	2.73
Be with children you live with	30,325	3.7 (1,113)	1.6 (486)	4.6 (1,383)	6.6 (2,008)	12.6 (3,806)	13.3 (4,026)	10.0 (3,018)	12.7 (3,854)	11.3 (3,438)	23.7 (7,191)	7.00	2.53
Prepare or eat healthy meals	48,715	3.2 (1,568)	1.3 (651)	6.2 (3,031)	8.1 (3,931)	11.1 (5,401)	12.9 (6,288)	17.7 (8,645)	16.5 (8,042)	6.0 (2,920)	16.9 (8,237)	6.69	2.37
Form and sustain serious relation-ships	43,558	5.1 (2,222)	2.5 (1,088)	8.1 (3,535)	8.5 (3,719)	9.4 (4,114)	10.8 (4,684)	11.5 (5,016)	13.8 (6,025)	9.8 (4,282)	20.4 (8,871)	6.64	2.69
Get enough sleep/ rest	49,390	6.4 (3,183)	2.2 (1,083)	5.5 (2,737)	11.2 (5,533)	12.1 (6,000)	9.1 (4,475)	10.3 (5,099)	12.3 (6,094)	6.4 (3,175)	24.3 (12,010)	6.59	2.78
Socialise	48,871	2.8 (1,353)	4.1 (1,994)	8.5 (4,172)	6.2 (3,046)	12.4 (6,050)	14.5 (7,068)	13.7 (6,713)	13.5 (6,589)	5.7 (2,799)	18.6 (9,085)	6.52	2.53
Be with your partner or spouse	45,076	8.0 (3,611)	4.7 (2,108)	6.3 (2,845)	6.6 (2,958)	9.4 (4,220)	11.2 (5,045)	11.6 (5,236)	11.6 (5,229)	8.7 (3,907)	22.0 (9,916)	6.49	2.88
For your family to be together	45,962	6.2 (2,872)	3.7 (1,692)	8.4 (3,876)	7.5 (3,459)	11.6 (5,320)	11.2 (5,133)	12.7 (5,851)	10.4 (4,802)	8.8 (4,059)	19.4 (8,900)	6.40	2.76
Complete chores or errands	48,764	1.6 (764)	2.3 (1,121)	8.5 (4,147)	12.1 (5,887)	14.5 (7,068)	13.1 (6,366)	13.6 (6,647)	12.8 (6,262)	5.8 (2,809)	15.8 (7,695)	6.39	2.39
Keep in shape	48,931	4.1 (2,021)	3.0 (1,453)	7.3 (3,586)	10.3 (5,026)	13.1 (6,410)	12.9 (6,334)	16.5 (8,079)	10.8 (5,307)	5.6 (2,723)	16.3 (7,992)	6.32	2.51
Participate in or be active in the community	46,915	2.4 (1,120)	5.7 (2,683)	9.7 (4,569)	13.4 (6,299)	15.6 (7,327)	14.1 (6,611)	12.4 (5,832)	9.2 (4,311)	4.7 (2,220)	12.7 (5,944)	5.89	2.45
Nurture your spiritual and/or creative side	44,834	6.1 (2,734)	7.4 (3,305)	8.4 (3,758)	11.1 (4,994)	17.2 (7,729)	11.3 (5,068)	12.1 (5,424)	9.2 (4,127)	4.7 (2,129)	12.4 (5,565)	5.70	2.62

^a Based on a 10-point scale where higher scores reflect more adequate amounts of time perceived by respondent. Based on responses to at least 10 of the 12 items, the respondents' (n = 44,548) overall sense of time adequacy averaged 6.47 (SD = 2.05).

Table H4 Usual Hours of Sleep per Day^a

Hours of Sleep per Day	n	Min.	Max.	Mean	Std. Dev.
Usual hours of sleep	49,583	2	12	6.80	1.08

^a Includes both night-time sleep and naps.

Table H5
Frequency of Family Meals in Past Week

Number of Family Meals in Past Week	n	Pct.
0 times	1,883	4.1
1 to 2 times	6,868	15.0
3 to 4 times	12,379	27.0
5 to 6 times	10,795	23.5
7 or more times	13,977	30.4

^a Family meals including respondents children and/or partner.

Overall Wellbeing

Table I1
Respondents' Level of Satisfaction with Aspects of Wellbeing (continued on next page)

				Percentag	ge of Respo	ndents (n)			Summary	Statistics
Aspect of Wellbeing	n	Extremely dissatisfied	2	3	4	5	6	Extremely satisfied	Meana	Std. Dev.
My mental wellbeing	49,382	3.9 (1,902)	4.0 (1,952)	7.7 (3,791)	10.5 (5,194)	22.2 (10,942)	32.4 (15,984)	19.5 (9,617)	5.18	1.57
My personal relationships	49,596	2.3 (1,133)	2.6 (1,267)	9.3 (4,630)	17.1 (8,504)	20.0 (9,923)	30.6 (15,188)	18.0 (8,951)	5.14	1.47
My financial situation	49,291	3.4 (1,688)	6.0 (2,982)	5.8 (2,862)	11.1 (5,475)	22.5 (11,086)	35.3 (17,401)	15.8 (7,797)	5.12	1.55
My neighbourhood as place to live	49,390	4.1 (2,009)	2.9 (1,421)	6.2 (3,045)	16.0 (7,899)	26.1 (12,912)	30.3 (14,961)	14.5 (7,142)	5.06	1.48
My work situation	49,227	5.0 (2,474)	4.2 (2,060)	6.1 (3,014)	11.9 (5,837)	25.3 (12,474)	32.0 (15,745)	15.5 (7,623)	5.06	1.58
The environmental quality of my neighbourhood	49,390	3.4 (1,682)	4.2 (2,092)	6.7 (3,314)	21.9 (10,841)	22.9 (11,293)	29.6 (14,628)	11.2 (5,541)	4.90	1.47
My access to parks and recreation opportunities in the community	49,552	3.0 (1,485)	4.8 (2,386)	9.3 (4,598)	22.6 (11,197)	24.6 (12,196)	26.8 (13,271)	8.9 (4,419)	4.77	1.44
My leisure time	49,517	3.0 (1,495)	6.3 (3,128)	12.1 (6,009)	25.8 (12,762)	28.1 (13,926)	16.4 (8,136)	8.2 (4,062)	4.52	1.43
How I spend my time	49,552	2.0 (1,001)	6.2 (3,063)	15.7 (7,768)	27.2 (13,498)	22.6 (11,187)	20.3 (10,083)	6.0 (2,952)	4.47	1.39

				Percentag	ge of Respo	ndents (n)			Summary Statistics		
Aspect of Wellbeing	n	Extremely dissatisfied	2	3	4	5	6	Extremely satisfied	Meana	Std. Dev.	
The balance of activities in my daily life	49,482	1.7 (839)	8.1 (4,003)	16.4 (8,112)	27.4 (13,554)	24.6 (12,187)	15.9 (7,880)	5.9 (2,907)	4.36	1.39	
My physical wellbeing	49,561	6.5 (3,210)	9.2 (4,562)	11.6 (5,733)	23.2 (11,517)	24.3 (12,055)	17.5 (8,691)	7.7 (3,794)	4.33	1.61	
My sense of belonging to this community	49,596	2.8 (1,400)	8.2 (4,50)	13.6 (6,744)	33.6 (16,679)	19.1 (9,465)	17.3 (8,556)	5.4 (2,702)	4.32	1.41	
My access to arts and culture opportunities in the community	49,500	2.6 (1,284)	7.8 (3,877)	12.4 (6,131)	38.6 (19,160)	16.2 (8,028)	18.7 (9,237)	3.7 (1,843)	4.29	1.35	
My access to educational opportunities in the community	49,435	3.5 (1,740)	7.8 (3,847)	11.3 (5,578)	41.5 (20,531)	18.6 (9,218)	11.9 (5,871)	5.4 (2,650)	4.21	1.36	
How well democracy is working in my community	49,468	11.8 (5,828)	8.9 (4,379)	17.0 (8,397)	30.4 (15,018)	18.8 (9,290)	9.5 (4,686)	3.8 (1,869)	3.79	1.56	
The way my local government responds to community needs	49,321	14.6 (7,193)	13.5 (6,663)	16.8 (8,271)	25.5 (12,557)	19.1 (9,435)	8.6 (4,222)	2.0 (979)	3.55	1.59	

^a Based on a 7-point scale where higher scores reflect higher levels of satisfaction with aspect of wellbeing.

Table I2
Extent to Which Respondents Feel the Things They Do in Life are Worthwhile

			Percentage of Respondents (n)									Sumn statis	•
	n	Very dissatis- fied	2	3	4	5	6	7	8	9	Very satis- fied	Meana	Std. Dev.
Things I do in life are worthwhile	48,996	0.2 (88)	1.4 (663)	2.3 (1,129)	1.2 (587)	5.1 (2,494)	9.8 (4,811)	17.3 (8,499)	20.2 (9,917)	19.9 (9,728)	22.6 (11,080)	7.87	1.86

^a Based on a 10-point scale where higher scores reflect higher levels of satisfaction with feeling that things done in life are worthwhile.

Table I3
Respondents Level of Satisfaction with Life in General Table

			Percentage of Respondents (n)									Sumn statis	•
	n	Very dissatis- fied	2	3	4	5	6	7	8	9	Very satis- fied	Mean ^a	Std. Dev.
Level of satisfaction with life in general	49,596	0.1 (43)	0.9 (437)	2.3 (1,163)	4.7 (2,354)	4.8 (2,359)	4.6 (2,288)	13.8 (6,826)	21.6 (10,695)	26.3 (13,042)	20.9 (10,389)	7.94	1.86

^a Based on a 10-point scale where higher scores reflect higher levels of satisfaction with life in general.



Measuring what matters

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