OF WELLBEING

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Measuring what matters
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# Look into Wood Buffalo Community Wellbeing Survey: <br> A Profile of the Wellbeing of Wood Buffalo Region Residents 

A preliminary report for<br>Social Prosperity Wood Buffalo and its Partners

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## What is Wellbeing?

There are many definitions of wellbeing. The Canadian Index of Wellbeing has adopted the following as its working definition:

The presence of the highest possible quality of life in its full breadth of expression focused on but not necessarily exclusive to: good living standards, robust health, a sustainable environment, vital communities, an educated populace, balanced time use, high levels of democratic participation, and access to and participation in leisure and culture.

## Introduction

The "Look into Wood Buffalo" Community Wellbeing Survey was launched in early May, 2014 when invitations to participate were mailed to randomly selected households in Wood Buffalo region. In Fort McMurray, 6,175 randomly selected households (approximately 25\% of all households) received an invitation. Outside of Fort McMurray in the outlying region, eight smaller communities were oversampled to ensure representation of these smaller locales. In total, all 1,123 households were selected. One person in each household, aged 18 years or older, was invited to complete the questionnaire.

In Fort McMurray, households were invited to complete the survey online, and provided with the option of requesting a paper copy of the questionnaire. Among Fort McMurray households, $98.4 \%(n=488)$ of the surveys were completed online and only $1.6 \%(n=8)$ paper versions were completed. All of the households in the eight outlying communities received paper versions of the questionnaire to avoid potential issues of poor or unavailable internet connectivity. In total, 58 paper questionnaires were returned by individuals living in the outlying communities. The survey closed on June 20, 2014. Of the 555 questionnaires that were submitted, only one was deemed unusable. Therefore, the final, total number of usable questionnaires was 554, which represents a response rate of $7.59 \%$.

This report consists largely of summary, descriptive statistics. It provides frequency distributions and measures of central tendency for all questions across the eight domains comprising the Canadian Index of Wellbeing (CIW) conceptual framework: Community Vitality, Democratic Engagement, Education, Environment, Healthy Populations, Leisure and Culture, Living Standards, and Time Use. A demographic profile of Wood Buffalo residents is presented first and measures of overall wellbeing are reported to conclude the main body of the report. The report ends with the unedited comments of survey participants. Taken together, the results presented here provide a snapshot of the overall wellbeing of Wood Buffalo Region residents.

## Weighting of data

In order to ensure the results from the survey are representative of Wood Buffalo Region residents, the data were weighted by sex and age grouping, as well as by geographic location, to match the 2011 Canadian Census profile $(N=64,004)$. By weighting the data, the overall results presented in this report accurately reflect the responses of residents without over- or under-representing any groups based on sex, age, or where they live in the region.

The following tables provide a description of survey participants. Each table first presents the unweighted results for age, sex, and geographic location, and then presents the results for these three factors once survey weights were applied. Survey weights were based on the results taken
from 2011 Canadian Census data thereby adjusting the distributions of residents who responded to the survey to match the distributions of all residents in the region.

To weight the data, participants were assigned to one of the following 15 geographic locations based on postal code information (for Fort McMurray residents) or by name of community:

| $\mathfrak{V}$ Abasand | $\mathfrak{V}$ Timberlea | $\mathfrak{V}$ Fort Chipewyan |
| :--- | :--- | :--- | :--- |
| $\mathfrak{y}$ Beacon Hill | $\mathfrak{y}$ Waterways | $\mathfrak{V}$ Fort McKay |
| $\mathfrak{y}$ Gregoire | $\mathfrak{V}$ Draper | $\mathfrak{V}$ Janvier |
| $\mathfrak{y}$ Lower Townsite/Downtown | $\mathfrak{y}$ Anzac | $\mathfrak{V}$ Saprae Creek |
| $\mathfrak{V}$ Thickwood | $\mathfrak{V}$ Conklin | $\mathfrak{V}$ Gregoire Lake Estates |

Participants were then grouped into two larger geographic areas: Fort McMurray and the Outlying Communities. ${ }^{1}$ Weighted and unweighted data are presented in the following tables: sex (see Table 1), age group (see Table 2), geographic area (see Table 3), and core geographic area (see Table 4). As noted above, using weighted data ensures that the results from the survey are representative of the residents of Wood Buffalo Region.

Table 1
Distribution of Respondents by Sex ${ }^{\text {a }}$

|  | Unweighted |  |  | Weighted Sample |  |
| :--- | :--- | :--- | :--- | :--- | :---: | :---: |
| Sex | $\mathbf{n}$ | Pct. |  | $\mathbf{n}$ | Pct. |
| Female | 314 | 56.8 |  | 22,307 | 45.0 |
| Male | 228 | 41.2 |  | 27,268 | 55.0 |

${ }^{\text {a }} 11$ individuals did not indicate their sex. One person identified as transgender.

Table 2
Distribution of Respondents by Age Group ${ }^{\text {a }}$

|  | Unweighted |  |  | Weighted Sample |  |
| :--- | :---: | :---: | :---: | :---: | :---: |
| Age Group | $\mathbf{n}$ | Pct. |  | $\mathbf{n}$ | Pct. |
| 18 to 34 years | 89 | 16.5 |  | 21,855 | 44.0 |
| 35 to 44 years | 118 | 21.9 |  | 10,580 | 21.5 |
| 45 to 54 years | 174 | 32.2 |  | 10,630 | 21.6 |
| 55 years and older | 159 | 29.4 |  | 6,114 | 12.4 |

${ }^{\text {a }} 14$ respondents did not provide information about their age.

[^0]Table 3
Distribution of Respondents by Geographic Area ${ }^{\text {a }}$

|  | Unweighted |  |  | Weighted Sample |  |
| :--- | ---: | ---: | ---: | ---: | ---: | ---: |
| Geographic Area | $\mathbf{n}$ | Pct. |  | $\mathbf{n}$ | Pct. |
| Abasand | 39 | 7.0 |  | 4,463 | 9.0 |
| Beacon Hill | 26 | 4.7 |  | 2,219 | 4.5 |
| Gregoire | 20 | 3.6 |  | 1,959 | 3.9 |
| Lower Townsite/Downtown | 50 | 9.0 |  | 4,034 | 8.1 |
| Thickwood | 132 | 23.8 |  | 12,386 | 24.9 |
| Timberlea | 218 | 39.4 |  | 21,675 | 43.6 |
| Waterways | 9 | 1.6 |  | 1,124 | 2.3 |
| Draper | 2 | 0.4 |  | 590 | 1.2 |
| Anzac | 14 | 2.5 |  | 395 | 0.8 |
| Conklin | 1 | 0.2 |  | 25 | 0.1 |
| Fort Chipewyan | 1 | 0.2 |  | 95 | 0.2 |
| Gregoire Lake Estates | 6 | 1.1 |  | 80 | 0.2 |
| Saprae Creek | 36 | 6.5 |  | 629 | 1.3 |

Tables 1 to 3 compare the sample to the actual distribution of the total population separately for sex, age, and geographic location. The final weighting of the sample incorporated all three factors concurrently to generate the weighted sample, which reflects the overall population distribution (see Table 4).

Table 4
Distribution of Respondents by Core Geographic Area ${ }^{\text {a }}$

| Geographic Area | Unweighted |  | Weighted Sample |  |
| :---: | :---: | :---: | :---: | :---: |
|  | n | Pct. | n | Pct. |
| Fort McMurray <br> (Abasand, Beacon Hill, Gregoire, Thickwood, Draper, Timberlea, Lower Townsite/ Downtown, Waterways) | 496 | 89.5 | 48,450 | 97.5 |
| Outlying communities ${ }^{2}$ <br> (Anzac, Conklin, Fort Chipewyan, Fort McKay, <br> Janvier, Gregoire Lake Estates, Saprae Creek) | 58 | 10.5 | 1,224 | 2.5 |

${ }^{\text {a }}$ Geographic information was missing for one respondent.

[^1]
## Reading the report

As noted, the results presented in the tables comprising the rest of this report are weighted to reflect estimates for the population of Wood Buffalo Region. In some tables, the total number of responses does not equal the total population due to missing responses. Non-response typically only represents a handful of people, so the totals are not substantially below the total population (18 years of age and older) for the region. In other cases, greater numbers of people might simply have chosen not to answer certain questions for a variety of reasons (e.g., felt the question was not relevant to them, did not recall the requested information). For example, many people often decline to answer a question concerning income; in this survey, approximately $5 \%$ of the respondents chose not to report their incomes. For a few of the questions, response categories of "does not apply" or "don't know" were offered to respondents, and these answers are not reported in the tables. Finally, total percentages in some tables may not always add up to precisely $100 \%$ due to rounding.

Table numbers linked to titles correspond with survey question numbers (e.g., Table J2 for age of respondent refers to question J 2 on the questionnaire). For tables listing several items that respondents have reported participation or have rated on scales such as level of agreement or perceptions (e.g., Table A11 concerning perceptions of sense of community as a place to live), the items have been organised from highest to lowest overall mean scores; in other words, they do not adhere to the order they appear in the questionnaire. By reorganising the items in this way, a ranking of the items is provided. Finally, not all response categories are reported in the table for some open-ended demographic questions, particularly when the number of responses is very low. In these instances, explanatory text follows the table.

## List of abbreviations and terms

| n | Number of respondents |
| :--- | :--- |
| Pct. | Percentage of respondents |
| Mean | Arithmetic average |
| Std. Dev. | Standard deviation (average amount the scores deviate from the mean) |
| Min. | Minimum score reported |
| Max. | Maximum score reported |

# Demographic Profile 

Table J1
Profile of Respondents to Wood Buffalo Region Community Wellbeing Survey: Sex

| Gender | n | Pct. |
| :--- | :---: | :---: |
| Female | 22,307 | 45.0 |
| Male | 27,268 | 55.0 |

Table J2
Profile of Respondents to Wood Buffalo Region Community Wellbeing Survey: Age ${ }^{\mathrm{a}}$

| Age | n | Pct. |
| :--- | ---: | :--- |
| 34 years and under | 21,855 | 44.0 |
| 35 to 44 years | 10,580 | 21.5 |
| 45 to 54 years | 10,630 | 21.6 |
| 55 years and older | 6,114 | 12.4 |

${ }^{a}$ Residents had to be at least 18 years of age to participate in the survey.

Table J3
Profile of Respondents to Wood Buffalo Region Community Wellbeing Survey: Marital Status

| Marital Status | $\mathbf{n}$ | Pct. |
| :--- | ---: | ---: |
| Married | 34,279 | 69.0 |
| Single, never married | 5,998 | 12.1 |
| Living common-law | 7,585 | 15.3 |
| Separated | 533 | 1.1 |
| Divorced | 1,038 | 2.1 |
| Widowed | 226 | 0.5 |

## Table J4

Profile of Respondents to Wood Buffalo Region Community Wellbeing Survey: Highest Level of Education Completed

| Education | n | Pct. |
| :--- | ---: | ---: |
| Elementary school | 57 | 0.1 |
| High school | 9,427 | 19.0 |
| Post-secondary certificate, trade or apprenticeship | 15,621 | 31.5 |
| College diploma | 9,259 | 18.7 |
| University degree (e.g., B.A., B.Sc.) | 11,476 | 23.2 |
| Graduate degree (e.g., M.A., M.Sc., Ph.D.) | 3,696 | 7.5 |

## Table J5

Profile of Respondents to Wood Buffalo Region Community Wellbeing Survey: Main Activity

| Main Activity | n | Pct. |
| :--- | ---: | ---: |
| Working full-time | 36,772 | 74.6 |
| Working part-time | 2,173 | 4.4 |
| Non-standard employment $^{\text {a }}$ | 2,211 | 4.5 |
| Temporary foreign worker $^{\text {Unemployed/looking for work }}$ | 637 | 1.3 |
| Retired | 645 | 2.5 |
| Going to school | 4,407 | 1.3 |
| Household work/caring for children | 1078 | 2.9 |
| On leave from work (e.g., illness, parental leave) | 145 | 0.3 |

${ }^{\text {a }}$ Includes self-employed, contract, seasonal, temporary, and multiple jobs.

Table J6
Profile of Respondents to Wood Buffalo Region Community Wellbeing Survey: Work Schedule

| Work Schedule | n | Pct. |
| :--- | :---: | :---: |
| Regular daytime, Monday to Friday | 21,945 | 52.2 |
| Non-standard shift schedule $^{\mathrm{a}}$ | 14,440 | 34.3 |
| Irregular shift schedule $^{\mathrm{b}}$ | 5,653 | 13.4 |

[^2]Table J7
Profile of Respondents to Wood Buffalo Region Community Wellbeing Survey: Type of Industry, Business, or Service Respondent Works For

| Type of Work | n | Pct. |
| :--- | ---: | ---: |
| Oil, gas, and mining | 24,366 | 51.4 |
| Health care and social assistance | 3,064 | 6.5 |
| Educational services | 3,045 | 6.4 |
| Construction | 2,143 | 4.5 |
| Management, administrative, other support | 2,108 | 4.4 |
| Finance, insurance, real estate, and leasing | 2,083 | 4.4 |
| Trade (retail and wholesale) | 1,434 | 3.0 |
| Transportation and warehousing | 1,135 | 2.4 |
| Information, culture, and recreation | 570 | 1.2 |
| Professional, scientific, and technical services | 547 | 1.2 |
| Accommodation and food services | 351 | 0.7 |
| Utilities | 164 | 0.3 |
| Forestry, fishing | 122 | 0.3 |
| Agriculture | 78 | 0.2 |
| Other services | 4,306 | 9.1 |

Table J8
Profile of Respondents to Wood Buffalo Region Community Wellbeing Survey: Annual Household Income from All Sources

| Annual Household Income | n | Pct. |
| :--- | ---: | ---: |
| Under $\$ 60,000$ | 2,260 | 4.7 |
| $\$ 60,000$ to $\$ 99,999$ | 3,346 | 7.0 |
| $\$ 100,000$ to $\$ 149,999$ | 8,587 | 17.9 |
| $\$ 150,000$ to $\$ 199,999$ | 9,560 | 20.0 |
| $\$ 200,000$ to $\$ 299,999$ | 17,838 | 37.2 |
| $\$ 300,000$ and over | 6,301 | 13.2 |

Table J9a
Profile of Respondents to Wood Buffalo Region Community Wellbeing Survey:
Born in Canada

| Born in Canada | n | Pct. |
| :--- | ---: | :--- |
| Yes | 41,873 | 84.9 |
| No | 7,435 | 15.1 |

Table J9b
Country of Birth of Respondents Other than Canada
Note: Due to low response rates, percentages cannot be accurately reported. Among those who did report place of birth, the countries other than Canada include: UK, Malaysia, Trinidad, Pakistan, India, Germany, USA, Saudi Arabia, China, Guyana, Sierra Leone, Brazil, Bosnia, Philippines, South Africa, Fiji, Nepal, Zambia, Korea, Sri Lanka, Venezuela, Slovenia, Netherlands, Brunei, Poland, France, Israel, and Mexico.

Table J10
Profile of Respondents to Wood Buffalo Region Community Wellbeing Survey: Years Lived in Canada (if not born in Canada)

| Years lived in Canada | n | Pct. |
| :--- | ---: | ---: |
| 5 years or fewer | 950 | 12.8 |
| 6 to 10 years | 1,070 | 14.5 |
| 11 to 15 years | 2,006 | 27.1 |
| 16 to 20 years | 1,184 | 16.0 |
| 21 to 30 years | 832 | 11.2 |
| 31 to 50 years | 1,162 | 15.7 |
| 51 years or more | 195 | 2.6 |

Note: For those respondents who were not born in Canada ( $n=7,435$, or $15.1 \%$ ), the average length of time they have lived in Canada is 19 years ( $M=18.66 S D=12.68$ ).

Table J11
Profile of Respondents to Wood Buffalo Region Community Wellbeing Survey: Cultural, Ethnic, or National Background

| Cultural, ethnic, or national background | $\mathbf{n}$ | Pct. |
| :--- | ---: | :---: |
| Canadian | 21,814 | 49.8 |
| UK / Anglo | 5,366 | 12.2 |
| Eastern European | 2,538 | 5.6 |

Notes: Percentages of less than $5.0 \%$ are not reported in the table.
Backgrounds not reported in the table include First Nations/Metis/Inuit, French Canadian, Mixed European, African, Canadian+ UK/Anglo, Asian/East Asian, Arab, Western European, Canadian + Middle Eastern, South/Southeast Asian, Canadian + European, West Indian, Northern European/Scandinavian, South/Central American, and multicultural.

Table J12a
Profile of Respondents to Wood Buffalo Region Community Wellbeing Survey: First Language

| First language | n | Pct. |
| :--- | ---: | ---: |
| English | 42,696 | 86.6 |
| French | 1,137 | 2.3 |
| Other | 5,494 | 11.1 |

Table J12b
First Language of Respondents Other than English or French
Note: Due to low response rates, percentages cannot be accurately reported. First languages that were reported, other than English or French, were: Chinese (including Mandarin and Cantonese), Afrikaans, Bengali, Bosnian, Dutch, German, Hindi/Urdu, Korean, Polish, Portuguese, Punjabi, Rotuman, Slovenian, Spanish, Tagalog, Ukrainian, and Tamil.

Table J13
Profile of Respondents to Wood Buffalo Region Community Wellbeing Survey:
First Nations, Metis, or Inuit

| First Nations status | n | Pct. |
| :--- | ---: | :---: |
| No | 43,564 | 91.1 |
| Yes | 4,269 | 8.9 |

Table J14
Profile of Respondents to Wood Buffalo Region Community Wellbeing Survey:
Disability Status

| Living with disability | n | Pct. |
| :--- | :---: | :---: |
| No | 45,210 | 92.2 |
| Yes | 3,822 | 7.8 |

Table J15
Profile of Respondents to Wood Buffalo Region Community Wellbeing Survey: Years Resident of Wood Buffalo Region

|  | n | Mean | Std. Dev. |
| :---: | :---: | :---: | :---: |
| Years resident of Region | 48,945 | 14.00 | 11.51 |

Table J16
Profile of Respondents to Wood Buffalo Region Community Wellbeing Survey: Years Lived in Current Location

|  | n | Mean | Std. Dev. |
| :--- | :---: | :---: | :---: |
| Years living in current location | 47,980 | 7.45 | 7.38 |

Table J17
Profile of Respondents to Wood Buffalo Region Community Wellbeing Survey: Own or Rent Place in Which Living

| Own or rent | n | Pct. |
| :--- | ---: | :--- |
| Own | 43,003 | 87.0 |
| Rent | 6,402 | 13.0 |

Table J18
Profile of Respondents to Wood Buffalo Region Community Wellbeing Survey: Sexual Orientation

| Sexual orientation | n | Pct. |
| :--- | ---: | :---: |
| Heterosexual or straight | 47,307 | 96.2 |
| Gay or Lesbian | 451 | 0.9 |
| Bisexual | 228 | 0.5 |
| I would prefer not to say | 1,017 | 2.1 |
| Other | 164 | 0.3 |

Table J19
Profile of Respondents to Wood Buffalo Region Community Wellbeing Survey: In a Relationship

| In a relationship | n | Pct. |
| :--- | ---: | :--- |
| Yes | 43,412 | 88.6 |
| No | 5,578 | 11.4 |

Table J20
Profile of Respondents to Wood Buffalo Region Community Wellbeing Survey: Living with Partner

| Living with partner | n | Pct. |
| :--- | ---: | :---: |
| Yes | 41,628 | 95.2 |
| No | 2,100 | 4.8 |

Table J21
Profile of Respondents to Wood Buffalo Region Community Wellbeing Survey:
Sex of Partner

| Sex of partner | n | Pct. |
| :--- | :---: | :---: |
| Female | 23,723 | 54.3 |
| Male | 20,004 | 45.7 |

Table J22a
Profile of Respondents to Wood Buffalo Region Community Wellbeing Survey: Household Type

| Household type | n | Pct. |
| :--- | :---: | :---: |
| Couple living with children at home | 25,644 | 52.1 |
| Couple with no children | 8,646 | 17.6 |
| Couple with children elsewhere (e.g., "empty nester") | 6,848 | 13.9 |
| Adult sharing accommodation | 1,995 | 4.0 |
| Adult with children living at home | 1,920 | 3.9 |
| Adult living alone | 1,907 | 3.9 |
| Adult living alone with no children at home (i.e., "empty nest") | 1,119 | 2.3 |
| Other ${ }^{\text {a }}$ | 1,183 | 2.4 |

a Among respondents who indicated "other", $93.4 \%$ live in multigenerational households, which include living arrangements such as: adult children living at home, grandchildren living with grandparents, or elderly parents living with adult children.

Table J22b
Profile of Respondents to Wood Buffalo Region Community Wellbeing Survey: Age of Youngest Child for Participants Living with Children

| Age of youngest child | n | Pct. |
| :--- | ---: | ---: |
| Less than 6 years old | 11,016 | 39.2 |
| 6 to 11 years old | 4,379 | 15.6 |
| 12 to 19 years old | 4,429 | 15.8 |
| 20 to 24 years old | 3,356 | 12.0 |
| 25 to 29 years old | 2,819 | 10.0 |
| 30 years or older | 2,076 | 7.4 |

## Community Vitality

Table A1
Respondents who Volunteered During the Past 12 Months

| Volunteered | n | Pct. |
| :--- | :---: | :---: |
| Volunteered in past 12 months | 27,540 | 55.7 |

Table A2
Respondents who were a Member of or Participant in an Organisation During the Past 12 Months

| Organisation type | n | Pct. |
| :--- | :---: | :---: |
| Sports or recreational organisation (e.g., hockey league, health club, golf <br> club) | 23,121 | 47.2 |
| Union or professional association | 20,733 | 42.2 |
| Cultural, educational or hobby organisation (e.g., theatre group, book <br> club, bridge club) | 9,334 | 19.2 |
| Religious affiliated group (e.g., church youth group, choir) | 7,844 | 16.1 |
| School group, neighbourhood, civic, or community association (e.g., <br> PTA, alumni, block parents, neighbourhood watch) | 7,851 | 16.0 |
| Public interest group (e.g., focused on the environment, animal welfare, <br> food security, homelessness) | 5,576 | 11.5 |
| Service club or fraternal organisation (e.g., Kiwanis, Knights of <br> Columbus, the Legion) | 3,725 | 7.7 |
| Political party or group | 3,403 | 7.0 |
| Other organised group or activity | 8,905 | 18.4 |

Table A3
Respondents Who Provided Unpaid Help to Others in the Past 12 Months

| Type of Unpaid Help | n | Pct. |
| :--- | :---: | :---: |
| Work at their home such as cooking, cleaning, gardening, <br> maintenance, painting, shovelling snow, or car repairs | 26,328 | 53.8 |
| Doing any shopping, driving someone to the store, or to any other <br> appointments | 25,454 | 52.0 |
| Health-related or personal care, such as emotional support, <br> counselling, providing advice, visiting the elderly, unpaid <br> babysitting | 21,521 | 44.0 |
| Paperwork tasks such as writing letters, doing taxes, filling out <br> forms, banking, paying bills, or finding information | 17,248 | 35.1 |
| Unpaid teaching, coaching, tutoring, or assisting with reading | 12,022 | 24.5 |

Table A4
Numbers of Social Contacts Reported by Respondents:
Relatives

| Relatives | n | Min. | Max. | Mean | Std. Dev. |
| :--- | :---: | :---: | :---: | :---: | :---: |
| Number of relatives | 49,639 | 0 | 100 | 5.98 | 7.74 |

Table A5
Numbers of Social Contacts Reported by Respondents:

## Close Friends

| Close friends | n | Min. | Max. | Mean | Std. Dev. |
| :--- | :---: | :---: | :---: | :---: | :---: |
| Number of close friends | 49,561 | 0 | 100 | 5.40 | 8.33 |

Table A6
Numbers of Social Contacts Reported by Respondents:
Neighbours

| Neighbours | n | Min. | Max. | Mean | Std. Dev. |
| :--- | :---: | :---: | :---: | :---: | :---: |
| Number of neighbours | 49,561 | 0 | 100 | 3.16 | 6.26 |

Table A7
Perceptions of Safety and Belonging: How Safe Walking in Neighbourhood at Night

|  |  | Percentage of Respondents (n) |  |  |  |  |  |  | Summary Statistics |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Safety and Belonging | n | Very unsafe | 2 | 3 | 4 | 5 | 6 | Very safe | Mean ${ }^{\text {a }}$ | Std. <br> Dev. |
| Feel safe walking alone in your neighbourhood after dark | 49,639 | $\begin{gathered} 4.6 \\ (2,260) \end{gathered}$ | $\begin{gathered} 6.2 \\ (3,082) \end{gathered}$ | $\begin{gathered} 7.3 \\ (3,600) \end{gathered}$ | $\begin{gathered} 10.6 \\ (5,285) \end{gathered}$ | $\begin{gathered} 17.5 \\ (8,673) \end{gathered}$ | $\begin{gathered} 23.1 \\ (11,464) \end{gathered}$ | $\begin{gathered} 30.8 \\ (15,275) \end{gathered}$ | 5.23 | 1.76 |

${ }^{\text {a }}$ Based on a 7-point scale where higher scores reflect higher feelings of safety.

Table A8
Perceptions of Safety and Belonging:
Uncomfortable/Out of Place Because of Ethnicity, Culture, Race, Skin Colour

|  |  | Percentage of Respondents ( n ) |  |  |  |  |  |  | Summary Statistics |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Safety and Belonging | n | Never | 2 | 3 | 4 | 5 | 6 | All of the time | Mean ${ }^{\text {a }}$ | Std. Dev. |
| Feel uncomfortable or out of place in your neighbourhood because of your ethnicity, culture, race, or skin colour | 49,049 | $\begin{gathered} 62.3 \\ (30,540) \end{gathered}$ | $\begin{gathered} 18.4 \\ (9,017) \end{gathered}$ | $\begin{gathered} 3.0 \\ (1,460) \end{gathered}$ | $\begin{gathered} 5.9 \\ (2,892) \end{gathered}$ | $\begin{gathered} 5.3 \\ (2,593) \end{gathered}$ | $\begin{gathered} 2.8 \\ (1,366) \end{gathered}$ | $\begin{gathered} 2.4 \\ (1,184) \end{gathered}$ | 1.92 | 1.55 |

[^3]Table A9
Perceptions of Safety and Belonging: How Often Feel Discriminated Against

| Feel discriminated against because of... | n | Percentage of Respondents ( $\mathbf{n}$ ) |  |  |  |  |  |  | $\underline{\text { Summary Statistics }}$ |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Never | 2 | 3 | 4 | 5 | 6 | All of the time | Mean ${ }^{\text {a }}$ | Std. Dev. |
| Ethnicity, race, or skin colour | 49,252 | $\begin{gathered} 72.7 \\ (35,795) \end{gathered}$ | $\begin{gathered} 12.2 \\ (6,013) \end{gathered}$ | $\begin{gathered} 4.2 \\ (2,054) \end{gathered}$ | $\begin{gathered} \hline 4.5 \\ (2,236) \end{gathered}$ | $\begin{gathered} 3.5 \\ (1,725) \end{gathered}$ | $\begin{gathered} 2.3 \\ (1,129) \end{gathered}$ | $\begin{gathered} 0.6 \\ (300) \end{gathered}$ | 1.63 | 1.28 |
| Sexual orientation | 48,855 | $\begin{gathered} 88.7 \\ (43,323) \end{gathered}$ | $\begin{gathered} 4.6 \\ (2,229) \end{gathered}$ | $\begin{gathered} 2,1 \\ (1,046) \end{gathered}$ | $\begin{gathered} 3.4 \\ (1,677) \end{gathered}$ | $\begin{gathered} 0.8 \\ (399) \end{gathered}$ | $\begin{gathered} 0.4 \\ (180) \end{gathered}$ | $\begin{aligned} & 0.0 \\ & (0) \end{aligned}$ | 1.24 | 0.78 |

${ }^{\text {a }}$ Based on a 7-point scale where higher scores reflect higher frequency of feelings of discomfort.

Table A10
Perceptions of Safety and Belonging: Sense of Belonging in Local Community

|  |  | Percentage of Respondents ( $\mathbf{n}$ ) |  |  |  |  |  |  | Summary Statistics |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Safety and Belonging | n | Very weak | 2 | 3 | 4 | 5 | 6 | Very strong | Mean ${ }^{\text {a }}$ | Std. <br> Dev. |
| Your sense of belonging to your local community | 49,639 | $\begin{gathered} 2.6 \\ (1,270) \end{gathered}$ | $\begin{gathered} 4.9 \\ (2,433) \end{gathered}$ | $\begin{gathered} 11.1 \\ (5,524) \end{gathered}$ | $\begin{gathered} 26.5 \\ (13,177) \end{gathered}$ | $\begin{gathered} 23.5 \\ (11,656) \end{gathered}$ | $\begin{gathered} 15.4 \\ (7,657) \end{gathered}$ | $\begin{gathered} 16.0 \\ (7,921) \end{gathered}$ | 4.74 | 1.51 |

[^4]Table A11: Respondents' Perceptions of Sense of Community as a Place to Live

|  |  | Percentage of Respondents (n) |  |  |  |  |  |  | Summary Statistics |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Community as a place to live | n | Very strongly disagree | Strongly disagree | Disagree | Neutral | Agree | Strongly agree | Very strongly agree | Mean ${ }^{\text {a }}$ | Std. <br> Dev. |
| I have good friends in this community | 49,639 | $\begin{gathered} 1.5 \\ (737) \end{gathered}$ | $\begin{gathered} 2.1 \\ (1,066) \end{gathered}$ | $\begin{gathered} 3.7 \\ (1,848) \end{gathered}$ | $\begin{gathered} 8.6 \\ (4,259) \end{gathered}$ | $\begin{gathered} 31.1 \\ (15,445) \end{gathered}$ | $\begin{gathered} 29.3 \\ (14,547) \end{gathered}$ | $\begin{gathered} 23.6 \\ (11,737) \end{gathered}$ | 5.48 | 1.29 |
| This community provides opportunities for me to do a lot of different things | 49,481 | $\begin{gathered} 2.2 \\ (1,075) \end{gathered}$ | $\begin{gathered} 4.2 \\ (2,055) \end{gathered}$ | $\begin{gathered} 8.1 \\ (4,019) \end{gathered}$ | $\begin{gathered} 12.2 \\ (6,044) \end{gathered}$ | $\begin{gathered} 26.0 \\ (12,855) \end{gathered}$ | $\begin{gathered} 27.6 \\ (13,635) \end{gathered}$ | $\begin{gathered} 19.8 \\ (9,798) \end{gathered}$ | 5.18 | 1.49 |
| I am proud of this community | 49,462 | $\begin{gathered} 3.2 \\ (1,568) \end{gathered}$ | $\begin{gathered} 1.1 \\ (562) \end{gathered}$ | $\begin{gathered} 4.2 \\ (2,071) \end{gathered}$ | $\begin{gathered} 16.4 \\ (8,123) \end{gathered}$ | $\begin{gathered} 33.2 \\ (16,398) \end{gathered}$ | $\begin{gathered} 27.7 \\ (13,712) \end{gathered}$ | $\begin{gathered} 14.2 \\ (7,028) \end{gathered}$ | 5.15 | 1.33 |
| Many people in this community are available to give help if somebody needs it | 48,633 | $\begin{gathered} 0.6 \\ (283) \end{gathered}$ | $\begin{gathered} 1.6 \\ (758) \end{gathered}$ | $\begin{gathered} 4.9 \\ (2,400) \end{gathered}$ | $\begin{gathered} 15.5 \\ (7,539) \end{gathered}$ | $\begin{gathered} 43.0 \\ (20,920) \end{gathered}$ | $\begin{gathered} 22.9 \\ (11,125) \end{gathered}$ | $\begin{gathered} 11.5 \\ (5,607) \end{gathered}$ | 5.14 | 1.12 |
| I would recommend this community to others as a great place to live | 49,517 | $\begin{gathered} 4.3 \\ (2,126) \end{gathered}$ | $\begin{gathered} 3.6 \\ (1,803) \end{gathered}$ | $\begin{gathered} 6.4 \\ (3,181) \end{gathered}$ | $\begin{gathered} 17.6 \\ (8,730) \end{gathered}$ | $\begin{gathered} 28.9 \\ (14,303) \end{gathered}$ | $\begin{gathered} 23.9 \\ (11,812) \end{gathered}$ | $\begin{gathered} 15.3 \\ (7,562) \end{gathered}$ | 4.96 | 1.52 |
| I feel at ease with the people in this community | 49,043 | $\begin{gathered} 0.5 \\ (233) \end{gathered}$ | $\begin{gathered} 1.2 \\ (606) \end{gathered}$ | $\begin{gathered} 9.7 \\ (4,735) \end{gathered}$ | $\begin{gathered} 18.3 \\ (8,985) \end{gathered}$ | $\begin{gathered} 40.0 \\ (19,595) \end{gathered}$ | $\begin{gathered} 23.4 \\ (11,467) \end{gathered}$ | $\begin{gathered} 7.0 \\ (3,421) \end{gathered}$ | 4.94 | 1.13 |
| People are sociable here | 49,284 | $\begin{gathered} 1.2 \\ (578) \end{gathered}$ | $\begin{gathered} 3.4 \\ (1,652) \end{gathered}$ | $\begin{gathered} 10.5 \\ (5,164) \end{gathered}$ | $\begin{gathered} 20.1 \\ (9,923) \end{gathered}$ | $\begin{gathered} 42.2 \\ (20,821) \end{gathered}$ | $\begin{gathered} 16.5 \\ (8,148) \end{gathered}$ | $\begin{gathered} 6.1 \\ (2,996) \end{gathered}$ | 4.73 | 1.20 |
| If I had an emergency, even people I do not know would be willing to help me | 49,447 | $\begin{gathered} 1.8 \\ (881) \end{gathered}$ | $\begin{gathered} 2.9 \\ (1,446) \end{gathered}$ | $\begin{gathered} 8.0 \\ (3,970) \end{gathered}$ | $\begin{gathered} 26.0 \\ (12,865) \end{gathered}$ | $\begin{gathered} 42.4 \\ (20,948) \end{gathered}$ | $\begin{gathered} 12.0 \\ (5,932) \end{gathered}$ | $\begin{gathered} 6.9 \\ (3,404) \end{gathered}$ | 4.68 | 1.19 |
| There are places in this community that inspire me | 49,429 | $\begin{gathered} 2.7 \\ (1,324) \end{gathered}$ | $\begin{gathered} 4.6 \\ (2,272) \end{gathered}$ | $\begin{gathered} 8.1 \\ (4,006) \end{gathered}$ | $\begin{gathered} 26.3 \\ (13,022) \end{gathered}$ | $\begin{gathered} 33.5 \\ (16,535) \end{gathered}$ | $\begin{gathered} 18.5 \\ (9,145) \end{gathered}$ | $\begin{gathered} 6.3 \\ (3,124) \end{gathered}$ | 4.64 | 1.32 |
| If I need help, this community has many excellent services to meet my needs | 49,392 | $\begin{gathered} 2.2 \\ (1,107) \end{gathered}$ | $\begin{gathered} 3.9 \\ (1,948) \end{gathered}$ | $\begin{gathered} 11.4 \\ (5,615) \end{gathered}$ | $\begin{gathered} 24.8 \\ (12,261) \end{gathered}$ | $\begin{gathered} 35.7 \\ (17,652) \end{gathered}$ | $\begin{gathered} 16.5 \\ (8,138) \end{gathered}$ | $\begin{gathered} 5.4 \\ (2,673) \end{gathered}$ | 4.59 | 1.28 |
| If I had problem, few people in this community would try to help me | 49,514 | $\begin{gathered} 7.0 \\ (3,471) \end{gathered}$ | $\begin{gathered} 13.9 \\ (6,865) \end{gathered}$ | $\begin{gathered} 31.1 \\ (15,415) \end{gathered}$ | $\begin{gathered} 20.3 \\ (10,071) \end{gathered}$ | $\begin{gathered} 20.1 \\ (9,943) \end{gathered}$ | $\begin{gathered} 6.5 \\ (3,242) \end{gathered}$ | $\begin{gathered} 1.0 \\ (507) \end{gathered}$ | 3.56 | 1.36 |
| In this community, I have few opportunities to satisfy my needs | 49,367 | $\begin{gathered} 7.5 \\ (3,718) \end{gathered}$ | $\begin{gathered} 17.5 \\ (8,644) \end{gathered}$ | $\begin{gathered} 33.0 \\ (16,294) \end{gathered}$ | $\begin{gathered} 16.5 \\ (8,140) \end{gathered}$ | $\begin{gathered} 16.4 \\ (8,090) \end{gathered}$ | $\begin{gathered} 7.7 \\ (3,808) \end{gathered}$ | $\begin{gathered} 1.4 \\ (673) \end{gathered}$ | 3.45 | 1.42 |
| It is difficult for me to connect with the people in this community | 49,533 | $\begin{gathered} 6.1 \\ (3,037) \end{gathered}$ | $\begin{gathered} 13.8 \\ (6,826) \end{gathered}$ | $\begin{gathered} 37.0 \\ (18,309) \end{gathered}$ | $\begin{gathered} 25.1 \\ (12,449) \end{gathered}$ | $\begin{gathered} 13.0 \\ (6,424) \end{gathered}$ | $\begin{gathered} 2.8 \\ (1,402) \end{gathered}$ | $\begin{gathered} 2.2 \\ (1,087) \end{gathered}$ | 3.42 | 1.26 |
| In this community, there is never much to do | 48,783 | $\begin{gathered} 10.4 \\ (5,055) \end{gathered}$ | $\begin{gathered} 22.0 \\ (10,725) \end{gathered}$ | $\begin{gathered} 30.6 \\ (14,950) \end{gathered}$ | $\begin{gathered} 12.1 \\ (5,913) \end{gathered}$ | $\begin{gathered} 9.6 \\ (4,707) \end{gathered}$ | $\begin{gathered} 10.9 \\ (5,335) \end{gathered}$ | $\begin{gathered} 4.3 \\ (2,099) \end{gathered}$ | 3.39 | 1.63 |
| In this community, people are not willing to help those in need | 49,517 | $\begin{gathered} 15.3 \\ (7,598) \end{gathered}$ | $\begin{gathered} 24.7 \\ (12,233) \end{gathered}$ | $\begin{gathered} 34.7 \\ (17,180) \end{gathered}$ | $\begin{gathered} 14.3 \\ (7,091) \end{gathered}$ | $\begin{gathered} 8.1 \\ (4,012) \end{gathered}$ | $\begin{gathered} 1.5 \\ (750) \end{gathered}$ | $\begin{gathered} 1.3 \\ (653) \end{gathered}$ | 2.85 | 1.29 |

[^5]
## Table A11b Dimensions of Sense of Community

| Sense of Community $^{\mathrm{a}}$ | n | Mean $^{\text {b }}$ | Std. Dev. |
| :--- | :---: | :---: | :---: |
| Social climate and bonds | 49,561 | 4.93 | 0.92 |
| Help in case of need | 49,561 | 4.84 | 0.94 |
| Needs fulfilment | 49,508 | 4.74 | 1.13 |

a Social climate and bonds is an average of responses to statements assessing friendships, sociability, and ability to connect with people in the city.
Help in case of need includes responses to statements about the number and willingness of people to provide help in an emergency or situation of need.
Needs fulfillment refers to perceptions of the range and accessibility of opportunities to satisfy activity needs.
b Based on a 7-point scale where higher scores reflect greater satisfaction with dimension of sense of community.

## Healthy Populations

Table B1
Respondents Self-Assessed Physical Health

|  |  | Percentage of Respondents (n) |  |  |  |  | Summary Statistics |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Self-Reported Physical Health | n | Poor | Fair | Good | Very good | Excellent | Mean ${ }^{\text {a }}$ | Std. <br> Dev. |
| In general, would you say your physical health is... | 49,494 | $\begin{gathered} 2.2 \\ (1,105) \end{gathered}$ | $\begin{gathered} 11.5 \\ (5,692) \end{gathered}$ | $\begin{gathered} 38.9 \\ (19,244) \end{gathered}$ | $\begin{gathered} 36.8 \\ (18,212) \end{gathered}$ | $\begin{gathered} 10.6 \\ (5,241) \end{gathered}$ | 3.42 | 0.91 |

${ }^{\text {a }}$ Based on a 5-point scale where higher scores reflect higher perceived levels of physical health.

Table B2
Respondents Self-Assessed Mental Health

|  |  | Percentage of Respondents ( $\mathbf{n}$ ) |  |  |  |  | Summary Statistics |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Self-Reported Mental Health | n | Poor | Fair | Good | Very good | Excellent | Mean ${ }^{\text {a }}$ | Std. <br> Dev. |
| In general, would you say your mental health is... | 49,450 | $\begin{gathered} 2.6 \\ (1,294) \end{gathered}$ | $\begin{gathered} 5.3 \\ (2,600) \end{gathered}$ | $\begin{gathered} 29.7 \\ (14,694) \end{gathered}$ | $\begin{gathered} 42.2 \\ (20,865) \end{gathered}$ | $\begin{gathered} 20.2 \\ (9,997) \end{gathered}$ | 3.72 | 0.93 |

${ }^{\text {a }}$ Based on a 5-point scale where higher scores reflect higher perceived levels of mental health.

Table B3
Assessment of Health Care Services in Community:
Overall Quality

|  |  | Percentage of Respondents (n) |  |  |  |  | Summary Statistics |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Health Care Services | n | Poor | Fair | Good | Very good | Excellent | Mean ${ }^{\text {a }}$ | Std. <br> Dev. |
| Overall quality of health care services in your community | 49,416 | $\begin{gathered} 20.8 \\ (10,268) \end{gathered}$ | $\begin{gathered} 32.9 \\ (16,240) \end{gathered}$ | $\begin{gathered} 26.8 \\ (13,242) \end{gathered}$ | $\begin{gathered} 17.7 \\ (8,723) \end{gathered}$ | $\begin{gathered} 1.9 \\ (943) \end{gathered}$ | 2.47 | 1.06 |

${ }^{\text {a }}$ Based on a 5-point scale where higher scores reflect higher ratings of perceived quality.

Table B4
Assessment of Health Care Services in Community:
Overall Accessibility

|  |  | Percentage of Respondents (n) |  |  |  |  | Summary Statistics |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Health Care Services | n | Poor | Fair | Good | Very good | Excellent | Mean ${ }^{\text {a }}$ | Std. Dev. |
| Overall accessibility of the health care services in your community | 49,494 | $\begin{gathered} 28.9 \\ (14,295) \end{gathered}$ | $\begin{gathered} 34.4 \\ (17,027) \end{gathered}$ | $\begin{gathered} 22.2 \\ (11,003) \end{gathered}$ | $\begin{gathered} 12.4 \\ (6,135) \end{gathered}$ | $\begin{gathered} 2.1 \\ (1,033) \end{gathered}$ | 2.24 | 1.07 |

${ }^{\text {a }}$ Based on a 5-point scale where higher scores reflect higher ratings of perceived accessibility.

Table B5
Respondents' Perceptions of Health Behaviours During the Past Week

|  |  |  |  |  | Percentage of Respondents (n) |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |

[^6]
## Democratic

## Engagement

## Table C1

Respondents Participating in Democratic Activity During the Past 12 Months

| Activity | n | Pct. |
| :--- | :---: | :---: |
| I joined a Facebook page on a local issue | 17,475 | 35.9 |
| I participated in local event to support charitable organisation <br> (e.g., 5km run for breast cancer) | 17,521 | 35.8 |
| I participated in a local event in support of community (e.g., <br> "pick up litter days," earth day) | 17,229 | 35.5 |
| I attended a local planning meeting or open house | 9,521 | 19.3 |
| I wrote a letter or email to or spoke with a municipal official <br> about a local issue | 5,226 | 10.5 |
| I attended a neighbourhood meeting | 4,548 | 9.2 |
| I attended a municipal council meeting | 3,347 | 6.8 |
| I participated in a public demonstration or protest | 2,295 | 4.6 |
| I wrote a letter to the editor of the newspaper about a local <br> issue | 771 | 1.6 |

Table C2
Level of Interest in Politics at the Federal, Provincial, and Municipal Levels

|  |  | Percentage of Respondents (n) |  |  |  |  |  |  |  |  |  | Summary statistics |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Interest level in politics | n | None | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | Great deal | Mean ${ }^{\text {a }}$ | Std. Dev. |
| Federal | 49,049 | $\begin{gathered} 23.1 \\ (11,312) \end{gathered}$ | $\begin{gathered} 5.7 \\ (2,802) \end{gathered}$ | $\begin{gathered} 8.5 \\ (4,183) \end{gathered}$ | $\begin{gathered} 8.2 \\ (4,006) \end{gathered}$ | $\begin{gathered} 13.2 \\ (6,451) \end{gathered}$ | $\begin{gathered} 7.4 \\ (3,633) \end{gathered}$ | $\begin{gathered} 15.5 \\ (7,624) \end{gathered}$ | $\begin{gathered} 8.7 \\ (4,274) \end{gathered}$ | $\begin{gathered} 3.3 \\ (1,622) \end{gathered}$ | $\begin{gathered} 6.4 \\ (3,142) \end{gathered}$ | 4.75 | 2.86 |
| Provincial | 48,753 | $\begin{gathered} 19.1 \\ (9,293) \end{gathered}$ | $\begin{gathered} 6.0 \\ (2,946) \end{gathered}$ | $\begin{gathered} 8.7 \\ (4,255) \end{gathered}$ | $\begin{gathered} 5.4 \\ (2,628) \end{gathered}$ | $\begin{gathered} 16.3 \\ (7,930) \end{gathered}$ | $\begin{gathered} 7.1 \\ (3,478) \end{gathered}$ | $\begin{gathered} 13.4 \\ (6,542) \end{gathered}$ | $\begin{gathered} 13.5 \\ (6,568) \end{gathered}$ | $\begin{gathered} 4.1 \\ (1,977) \end{gathered}$ | $\begin{gathered} 6.5 \\ (3,147) \end{gathered}$ | 5.06 | 2.84 |
| Municipal | 49,092 | $\begin{gathered} 15.1 \\ (7,398) \end{gathered}$ | $\begin{gathered} 3.0 \\ (1,483) \end{gathered}$ | $\begin{gathered} 5.6 \\ (2,755) \end{gathered}$ | $\begin{gathered} 7.2 \\ (3,533) \end{gathered}$ | $\begin{gathered} 15.1 \\ (7,392) \end{gathered}$ | $\begin{gathered} 8.2 \\ (4,028) \end{gathered}$ | $\begin{gathered} 16.8 \\ (8,257) \end{gathered}$ | $\begin{gathered} 13.6 \\ (6,668) \end{gathered}$ | $\begin{gathered} 6.1 \\ (3,008) \end{gathered}$ | $\begin{gathered} 9.3 \\ (4,570) \end{gathered}$ | 5.66 | 2.80 |

${ }^{a}$ Based on a 10-point scale where higher scores reflect higher levels of interest.

Table C3
Respondents who Feel Programmes and Services of the Local Government Have Made Them Better Off ${ }^{\text {a }}$

|  |  | Percentage of Respondents (n) |  |  |  |  |  |  | Summary Statistics |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Perception of Local Policies | n | Much worse off | 2 | 3 | Have not made any difference | 5 | 6 | Much better off | Mean ${ }^{\text {a }}$ | Std. <br> Dev. |
| Extent programmes and services of local government have made you better off | 40,732 | $\begin{gathered} 3.0 \\ (1,209) \end{gathered}$ | $\begin{gathered} 1.9 \\ (780) \end{gathered}$ | $\begin{gathered} 5.5 \\ (2,235) \end{gathered}$ | $\begin{gathered} 47.8 \\ (19,454) \end{gathered}$ | $\begin{gathered} 20.5 \\ (8,364) \end{gathered}$ | $\begin{gathered} 16.0 \\ (6,499) \end{gathered}$ | $\begin{gathered} 5.4 \\ (2,190) \end{gathered}$ | 4.50 | 1.21 |

[^7]
## Environment

## Table D1

Respondents' Perceptions of the Environment in Wood Buffalo Region

|  |  | Percentage of Respondents (n) |  |  |  |  |  |  | $\underline{\text { Summary Statistics }}$ |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Environmental Concern | n | $\begin{gathered} \text { Very } \\ \text { strongly } \\ \text { disagree } \end{gathered}$ | Strongly disagree | Disagree | Neutral | Agree | Strongly agree | $\begin{gathered} \text { Very } \\ \text { strongly } \\ \text { agree } \\ \hline \end{gathered}$ | Mean ${ }^{\text {a }}$ | Std. <br> Dev. |
| I feel I have a personal responsibility to help protect the natural environment | 49,468 | $\begin{gathered} 0.6 \\ (292) \end{gathered}$ | $\begin{gathered} 0.2 \\ (82) \end{gathered}$ | $\begin{gathered} 1.1 \\ (563) \end{gathered}$ | $\begin{gathered} 15.2 \\ (7,520) \end{gathered}$ | $\begin{gathered} 41.1 \\ (20,330) \end{gathered}$ | $\begin{gathered} 21.6 \\ (10,705) \end{gathered}$ | $\begin{gathered} 20.1 \\ (9,956) \end{gathered}$ | 5.42 | 1.08 |
| There are plenty of opp. to enjoy nature in my town/city | 49,481 | $\begin{gathered} 2.5 \\ (1,244) \end{gathered}$ | $\begin{gathered} 0.6 \\ (309) \end{gathered}$ | $\begin{gathered} 8.0 \\ (3,937) \end{gathered}$ | $\begin{gathered} 7.0 \\ (3,468) \end{gathered}$ | $\begin{gathered} 41.2 \\ (20,396) \end{gathered}$ | $\begin{gathered} 26.7 \\ (13,228) \end{gathered}$ | $\begin{gathered} 13.9 \\ (6,899) \end{gathered}$ | 5.20 | 1.28 |
| Traffic congestion in our community is a problem | 49,639 | $\begin{gathered} 2.1 \\ (1,020) \end{gathered}$ | $\begin{gathered} 3.5 \\ (1,757) \end{gathered}$ | $\begin{gathered} 9.1 \\ (4,494) \end{gathered}$ | $\begin{gathered} 12.7 \\ (6,283) \end{gathered}$ | $\begin{gathered} 29.2 \\ (14,519) \end{gathered}$ | $\begin{gathered} 17.8 \\ (8,846) \end{gathered}$ | $\begin{gathered} 25.6 \\ (12,721) \end{gathered}$ | 5.19 | 1.52 |
| There are plenty of opp. to enjoy nature in my neighbourhood | 48,616 | $\begin{gathered} 1.3 \\ (614) \end{gathered}$ | $\begin{gathered} 3.6 \\ (1,739) \end{gathered}$ | $\begin{gathered} 9.8 \\ (4,775) \end{gathered}$ | $\begin{gathered} 7.6 \\ (3,692) \end{gathered}$ | $\begin{gathered} 35.0 \\ (17,021) \end{gathered}$ | $\begin{gathered} 29.8 \\ (14,550) \end{gathered}$ | $\begin{gathered} 12.8 \\ (6,225) \end{gathered}$ | 5.13 | 1.34 |
| The quality of the natural environment in my neighbourhood is very high | 49,568 | $\begin{gathered} 1.9 \\ (965) \end{gathered}$ | $\begin{gathered} 4.3 \\ (2,124) \end{gathered}$ | $\begin{gathered} 8.4 \\ (4,147) \end{gathered}$ | $\begin{gathered} 18.8 \\ (9,305) \end{gathered}$ | $\begin{gathered} 38.2 \\ (18,931) \end{gathered}$ | $\begin{gathered} 18.8 \\ (9,315) \end{gathered}$ | $\begin{gathered} 9.7 \\ (4,798) \end{gathered}$ | 4.82 | 1.33 |
| The quality of the natural environment in my town/city is very high | 49,494 | $\begin{gathered} 4.1 \\ (2,051) \end{gathered}$ | $\begin{gathered} 4.9 \\ (2,419) \end{gathered}$ | $\begin{gathered} 11.2 \\ (5,560) \end{gathered}$ | $\begin{gathered} 20.8 \\ (10,300) \end{gathered}$ | $\begin{gathered} 39.2 \\ (19,407) \end{gathered}$ | $\begin{gathered} 16.5 \\ (8,165) \end{gathered}$ | $\begin{gathered} 3.2 \\ (1,591) \end{gathered}$ | 4.48 | 1.34 |
| The water quality in my community is very good | 49,450 | $\begin{gathered} 5.2 \\ (2,549) \end{gathered}$ | $\begin{gathered} 7.2 \\ (3,572) \end{gathered}$ | $\begin{gathered} 13.9 \\ (6,868) \end{gathered}$ | $\begin{gathered} 23.5 \\ (11,636) \end{gathered}$ | $\begin{gathered} 28.6 \\ (14,135) \end{gathered}$ | $\begin{gathered} 15.5 \\ (7,668) \end{gathered}$ | $\begin{gathered} 6.1 \\ (3,023) \end{gathered}$ | 4.34 | 1.49 |
| The air quality in my community is very good | 49,639 | $\begin{gathered} 6.3 \\ (3,149) \end{gathered}$ | $\begin{gathered} 11.0 \\ (5,482) \end{gathered}$ | $\begin{gathered} 18.4 \\ (9,139) \end{gathered}$ | $\begin{gathered} 30.7 \\ (15,227) \end{gathered}$ | $\begin{gathered} 21.6 \\ (10,736) \end{gathered}$ | $\begin{gathered} 8.6 \\ (4,246) \end{gathered}$ | $\begin{gathered} 3.3 \\ (1,661) \end{gathered}$ | 3.89 | 1.43 |
| I regularly participate in events organised by local groups to protect the natural environment (e.g., protests, fund raising) | 49,497 | $\begin{gathered} 16.1 \\ (7,952) \end{gathered}$ | $\begin{gathered} 10.4 \\ (5,124) \end{gathered}$ | $\begin{gathered} 33.2 \\ (16,409) \end{gathered}$ | $\begin{gathered} 30.9 \\ (15,276) \end{gathered}$ | $\begin{gathered} 7.6 \\ (3,758) \end{gathered}$ | $\begin{gathered} 0.9 \\ (426) \end{gathered}$ | $\begin{gathered} 1.1 \\ (551) \end{gathered}$ | 3.11 | 1.27 |

${ }^{\text {a }}$ Based on a 7-point scale where higher scores reflect greater agreement with aspect of environment in Wood Buffalo Region.

Table D2
Respondents Participation in Resource Conservation and Sustainable Activities During the Past 12 Months

|  |  | Percentage of Respondents ( n ) |  |  |  |  | Summary Statistics |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Conservation/Sustainable Activities | n | Never | Sometimes | Regularly | Quite often | All of the time | Mean ${ }^{\text {a }}$ | Std. Dev. |
| Recycle materials (e.g., plastics, tin cans, cardboard) | 49,473 | $\begin{gathered} 0.3 \\ (169) \end{gathered}$ | $\begin{gathered} 5.6 \\ (2,761) \end{gathered}$ | $\begin{gathered} 9.6 \\ (4,771) \end{gathered}$ | $\begin{gathered} 11.0 \\ (5,425) \end{gathered}$ | $\begin{gathered} 73.5 \\ (36,347) \end{gathered}$ | 4.52 | 0.91 |
| Conserve energy (e.g., buy energy efficient bulbs and appliances, turn off lights) | 49,596 | $\begin{gathered} 2.5 \\ (1,223) \end{gathered}$ | $\begin{gathered} 10.9 \\ (5,415) \end{gathered}$ | $\begin{gathered} 15.0 \\ (7,410) \end{gathered}$ | $\begin{gathered} 28.7 \\ (14,191) \end{gathered}$ | $\begin{gathered} 42.9 \\ (21,229) \end{gathered}$ | 3.99 | 1.11 |
| Reuse materials (e.g., plastic bottles, plastic bags, tin cans) | 49,674 | $\begin{gathered} 1.6 \\ (777) \end{gathered}$ | $\begin{gathered} 12.3 \\ (6,097) \end{gathered}$ | $\begin{gathered} 16.8 \\ (8,347) \end{gathered}$ | $\begin{gathered} 25.4 \\ (12,608) \end{gathered}$ | $\begin{gathered} 44.0 \\ (21,845) \end{gathered}$ | 3.98 | 1.11 |
| Tried to reduce household waste | 49,193 | $\begin{gathered} 3.8 \\ (1,891) \end{gathered}$ | $\begin{gathered} 10.9 \\ (5,365) \end{gathered}$ | $\begin{gathered} 21.7 \\ (10,654) \end{gathered}$ | $\begin{gathered} 23.8 \\ (11,721) \end{gathered}$ | $\begin{gathered} 39.8 \\ (19,562) \end{gathered}$ | 3.85 | 1.17 |
| Conserve water (e.g., not leaving the water tap running, taking shorter showers) | 49,639 | $\begin{gathered} 5.0 \\ (2,489) \end{gathered}$ | $\begin{gathered} 18.3 \\ (9,096) \end{gathered}$ | $\begin{gathered} 23.0 \\ (11,431) \end{gathered}$ | $\begin{gathered} 21.0 \\ (10,414) \end{gathered}$ | $\begin{gathered} 32.7 \\ (16,209) \end{gathered}$ | 3.58 | 1.25 |
| Separate waste | 49,596 | $\begin{gathered} 25.2 \\ (12,516) \end{gathered}$ | $\begin{gathered} 15.6 \\ (7,726) \end{gathered}$ | $\begin{gathered} 9.8 \\ (4,864) \end{gathered}$ | $\begin{gathered} 10.4 \\ (5,140) \end{gathered}$ | $\begin{gathered} 39.0 \\ (19,349) \end{gathered}$ | 3.22 | 1.67 |
| Walk, bike, or take public transit more often (rather than drive your car) | 49,596 | $\begin{gathered} 27.7 \\ (13,725) \end{gathered}$ | $\begin{gathered} 36.2 \\ (17,969) \end{gathered}$ | $\begin{gathered} 11.2 \\ (5,574) \end{gathered}$ | $\begin{gathered} 12.9 \\ (6,422) \end{gathered}$ | $\begin{gathered} 11.9 \\ (5,905) \end{gathered}$ | 2.45 | 1.33 |
| Purchase foods produced locally, when available | 49,581 | $\begin{gathered} 27.4 \\ (13,586) \end{gathered}$ | $\begin{gathered} 36.9 \\ (18,307) \end{gathered}$ | $\begin{gathered} 13.6 \\ (6,746) \end{gathered}$ | $\begin{gathered} 10.9 \\ (5,388) \end{gathered}$ | $\begin{gathered} 11.2 \\ (5,554) \end{gathered}$ | 2.42 | 1.27 |

[^8]
## Leisure and Culture

Table E1
Respondents Who Reported Participation in Physical Activity During a Typical Month

| Physical Activity | Percentage that Participates |  | Participation Rate (times per month) |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | n | Pct. | Min. | Max. | Mean | Std. Dev |
| Light exercise (e.g., going for a walk, bicycling) | 43,978 | 88.5 | 0 | 90 | 11.43 | 10.74 |
| Vigorous exercise (e.g., aerobics, jogging, weight training) | 28,768 | 57.9 | 0 | 30 | 6.42 | 7.80 |
| Team sports (e.g., baseball, hockey, volleyball, basketball) | 12,455 | 25.1 | 0 | 30 | 1.66 | 3.90 |
| Individual sports (e.g., tennis, badminton, skiing) | 15,513 | 31.2 | 0 | 24 | 1.42 | 3.23 |

Table E2 Respondents Who Reported Participation in "Getting Out" Activities During a Typical Month

|  | Percentage that Participates |  | Participation Rate (times per month) |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| "Getting Out" Activity | n | Pct. | Min. | Max. | Mean | Std. Dev. |
| Socialising with friends (e.g., getting together at someone's home, dining out) | 46,108 | 92.8 | 0 | 40 | 4.93 | 4.45 |
| Going out to clubs, bars, taverns | 23,821 | 48.0 | 0 | 15 | 1.30 | 2.04 |
| Going to sports events as spectator | 17,432 | 35.1 | 0 | 18 | 0.81 | 1.78 |
| Going out to movies | 23,723 | 47.8 | 0 | 11 | 0.69 | 0.94 |

Table E3
Respondents Who Reported Participation in Home-Based Activities in a Typical Week

| Home-Based Activity | Percentage that Participates |  | Participation Rate (times per week) |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | n | Pct. | Min. | Max. | Mean | Std. Dev. |
| Reading books, newspapers, and/or magazines for pleasure | 42,532 | 85.6 | 0 | 100 | 5.64 | 7.76 |
| Doing puzzles such as cross-words, Sudoku, jigsaw | 19,147 | 38.5 | 0 | 60 | 1.70 | 3.82 |
| Hobbies such as knitting, crafts, woodworking | 20,051 | 40.4 | 0 | 30 | 1.45 | 2.97 |
| Playing board or card games | 22,517 | 45.3 | 0 | 15 | 1.08 | 2.02 |

Table E4
Respondents Who Reported Participation in
Cultural Activities During the Past Year

| Cultural Activity | Percentage that Participates |  | Participation Rate (times per year) |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | n | Pct. | Min. | Max. | Mean | Std. Dev. |
| Attending music concerts | 32,069 | 64.6 | 0 | 20 | 1.69 | 2.02 |
| Attending festivals | 35,049 | 70.6 | 0 | 8 | 1.59 | 1.60 |
| Attending live theatre | 22,966 | 46.2 | 0 | 20 | 1.25 | 2.07 |
| Visiting art galleries/museums | 18,077 | 36.4 | 0 | 52 | 1.03 | 3.26 |
| Attending ballet, dance performances | 9,791 | 19.7 | 0 | 25 | 0.40 | 1.40 |

## Table E5a <br> Respondents Who Reported Participation in Computer-related Activities for Leisure on a Typical Day

| On-line Activity | Percentage that Participates |  | Participation Rate (times per day) |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | n | Pct. | Min. | Max. | Mean | Std. Dev. |
| Searching Internet for interest | 46,958 | 94.5 | 0 | 100 | 5.88 | 12.49 |
| Socialising with others online (e.g., Facebook, Skype, texting) | 43,046 | 86.7 | 0 | 100 | 7.29 | 13.59 |
| Playing computer games online (including online, handheld, or console) | 24,882 | 50.1 | 0 | 80 | 1.91 | 4.31 |

Table E5b
Amount of Time Respondents Spend Engaged in Computer-related Activities for Leisure (Minutes per day) ${ }^{\text {a }}$

| Engaged in online activities | n | Min. | Max. | Mean | Std. Dev. |
| :--- | :---: | :---: | :---: | :---: | :---: |
| Total time on a typical day spent engaged in <br> computer-related activities for leisure | 48,934 | 5 | 1350 | 147.74 | 135.05 |

${ }^{a}$ Includes those reporting at least one minute of participation (98.5\% of all respondents).

Table E6
Amount of Time Respondents Spend Watching Television/DVDs/Movies
(Minutes per day) ${ }^{\text {a }}$

| Watching TV/DVDs/Movies | n | Min. | Max. | Mean | Std. Dev. |
| :--- | :---: | :---: | :---: | :---: | :---: |
| Total time on a typical day spent watching <br> television, DVDs, or shows/movies on-line | 47,328 | 1 | 840 | 137.74 | 96.44 |

${ }^{\text {a }}$ Includes those reporting at least one minute of participation ( $95.3 \%$ of all respondents).

Table E7
Number of Days Respondents Had on Holidays in Previous Year

| Days on Holiday | n | Min. | Max. | Mean | Std. Dev. |
| :--- | :---: | :---: | :---: | :---: | :---: |
| Total days on holiday in past year | 49,266 | 0 | 180 | 26.51 | 21.22 |

Table E8
Respondents Use of Recreation and Cultural Facilities During the Past Year

|  |  | Percentage of Respondents (n) |  |  |  |  | Summary Statistics |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Recreation and cultural facility | n | Never | Sometimes | $\begin{aligned} & \text { Regu- } \\ & \text { larly } \end{aligned}$ | Quite often | All of the time | Mean ${ }^{\text {a }}$ | Std. Dev. |
| Local park or trails | 49,373 | $\begin{gathered} 10.2 \\ (5,032) \end{gathered}$ | $\begin{gathered} 37.9 \\ (18,697) \end{gathered}$ | $\begin{gathered} 17.3 \\ (8,557) \end{gathered}$ | $\begin{gathered} 23.5 \\ (11,593) \end{gathered}$ | $\begin{gathered} 11.1 \\ (5,494) \end{gathered}$ | 2.87 | 1.20 |
| Multi-purpose recreation centre | 49,343 | $\begin{gathered} 18.6 \\ (9,168) \end{gathered}$ | $\begin{gathered} 33.9 \\ (16,707) \end{gathered}$ | $\begin{gathered} 17.6 \\ (8,702) \end{gathered}$ | $\begin{gathered} 18.0 \\ (8,866) \end{gathered}$ | $\begin{gathered} 12.0 \\ (5,900) \end{gathered}$ | 2.71 | 1.29 |
| Swimming pool | 49,264 | $\begin{gathered} 37.9 \\ (18,669) \end{gathered}$ | $\begin{gathered} 31.9 \\ (15,710) \end{gathered}$ | $\begin{gathered} 12.5 \\ (6,144) \end{gathered}$ | $\begin{gathered} 11.2 \\ (5,519) \end{gathered}$ | $\begin{gathered} 6.5 \\ (3,221) \end{gathered}$ | 2.17 | 1.23 |
| Public library | 49,356 | $\begin{gathered} 46.7 \\ (23,049) \end{gathered}$ | $\begin{gathered} 32.9 \\ (16,218) \end{gathered}$ | $\begin{gathered} 11.3 \\ (5,580) \end{gathered}$ | $\begin{gathered} 4.9 \\ (2,420) \end{gathered}$ | $\begin{gathered} 4.2 \\ (2,089) \end{gathered}$ | 1.87 | 1.07 |
| Arena | 49,288 | $\begin{gathered} 55.5 \\ (27,340) \end{gathered}$ | $\begin{gathered} 23.0 \\ (11,337) \end{gathered}$ | $\begin{gathered} 7.0 \\ (3,467) \end{gathered}$ | $\begin{gathered} 10.4 \\ (5,136) \end{gathered}$ | $\begin{gathered} 4.1 \\ (2,009) \end{gathered}$ | 1.85 | 1.18 |
| Other outdoor sports facilities (golf, tennis) | 49,435 | $\begin{gathered} 45.7 \\ (22,597) \end{gathered}$ | $\begin{gathered} 37.3 \\ (18,415) \end{gathered}$ | $\begin{gathered} 8.3 \\ (4,111) \end{gathered}$ | $\begin{gathered} 7.0 \\ (3,469) \end{gathered}$ | $\begin{gathered} 1.7 \\ (842) \end{gathered}$ | 1.82 | 0.97 |
| Sports field (e.g., soccer, baseball) | 49,243 | $\begin{gathered} 52.7 \\ (25,967) \end{gathered}$ | $\begin{gathered} 32.2 \\ (15,868) \end{gathered}$ | $\begin{gathered} 8.1 \\ (4,013) \end{gathered}$ | $\begin{gathered} 5.9 \\ (2,905) \end{gathered}$ | $\begin{gathered} 1.0 \\ (490) \end{gathered}$ | 1.70 | 0.92 |
| Preforming arts facility (e.g., Suncor Energy Centre for the Performing Arts) | 49,312 | $\begin{gathered} 53.0 \\ (26,146) \end{gathered}$ | $\begin{gathered} 37.7 \\ (18,602) \end{gathered}$ | $\begin{gathered} 3.3 \\ (1,635) \end{gathered}$ | $\begin{gathered} 5.2 \\ (2,546) \end{gathered}$ | $\begin{gathered} 0.8 \\ (384) \end{gathered}$ | 1.63 | 0.84 |
| Splash pads or wading pools | 49,266 | $\begin{gathered} 66.9 \\ (32,938) \end{gathered}$ | $\begin{gathered} 18.3 \\ (8,999) \end{gathered}$ | $\begin{gathered} 5.9 \\ (2,898) \end{gathered}$ | $\begin{gathered} 7.2 \\ (3,554) \end{gathered}$ | $\begin{gathered} 1.8 \\ (878) \end{gathered}$ | 1.59 | 1.00 |
| Outdoor skating rink | 49,264 | $\begin{gathered} 67.5 \\ (33,268) \end{gathered}$ | $\begin{gathered} 25.2 \\ (12,398) \end{gathered}$ | $\begin{gathered} 2.6 \\ (1,281) \end{gathered}$ | $\begin{gathered} 3.8 \\ (1,856) \end{gathered}$ | $\begin{gathered} 0.9 \\ (461) \end{gathered}$ | 1.45 | 0.80 |
| A historic site (e.g., Fort Chipewyan, Heritage Park) | 49,320 | $\begin{gathered} 60.9 \\ (30,058) \end{gathered}$ | $\begin{gathered} 34.8 \\ (17,178) \end{gathered}$ | $\begin{gathered} 3.8 \\ (1,855) \end{gathered}$ | $\begin{gathered} 0.3 \\ (135) \end{gathered}$ | $\begin{aligned} & 0.2 \\ & (95) \end{aligned}$ | 1.44 | 0.60 |
| Visual arts facility (e.g., Kirschner Family Art Gallery at MacDonald Island Park) | 49,294 | $\begin{gathered} 78.2 \\ (38,556) \end{gathered}$ | $\begin{gathered} 16.3 \\ (8,059) \end{gathered}$ | $\begin{gathered} 3.1 \\ (1,531) \end{gathered}$ | $\begin{gathered} 2.0 \\ (968) \\ \hline \end{gathered}$ | $\begin{gathered} 0.4 \\ (180) \end{gathered}$ | 1.30 | 0.66 |

[^9]Table E9
Respondents Perceived Accessibility of Recreation and Cultural Facilities

|  |  | Percentage of Respondents ( n ) |  |  |  |  |  |  | Summary Statistics |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Perceived Access to Facilities | n | Very strongly disagree | Strongly disagree | Disagree | Neutral | Agree | Strongly agree | Very strongly agree | Mean ${ }^{\text {a }}$ | Std. <br> Dev. |
| There is a local park nearby that is easy for me to get to from my home | 48,475 | $\begin{gathered} 2.2 \\ (1,051) \end{gathered}$ | $\begin{gathered} 3.0 \\ (1,456) \end{gathered}$ | $\begin{gathered} 4.4 \\ (2,114) \end{gathered}$ | $\begin{gathered} 7.5 \\ (36,59) \end{gathered}$ | $\begin{gathered} 34.6 \\ (16,791) \end{gathered}$ | $\begin{gathered} 19.5 \\ (9,456) \end{gathered}$ | $\begin{gathered} 28.8 \\ (13,947) \end{gathered}$ | 5.43 | 1.42 |
| The recreation and culture facilities are easy for me to get to | 48,836 | $\begin{gathered} 1.4 \\ (686) \end{gathered}$ | $\begin{gathered} 1.3 \\ (635) \end{gathered}$ | $\begin{gathered} 6.7 \\ (3,253) \end{gathered}$ | $\begin{gathered} 12.5 \\ (6,108) \end{gathered}$ | $\begin{gathered} 37.1 \\ (18,142) \end{gathered}$ | $\begin{gathered} 24.7 \\ (12,043) \end{gathered}$ | $\begin{gathered} 16.3 \\ (7,969) \end{gathered}$ | 5.22 | 1.26 |
| The recreation and cultural facilities are very welcoming to me | 47,852 | $\begin{gathered} 0.3 \\ (166) \end{gathered}$ | $\begin{gathered} 0.9 \\ (435) \end{gathered}$ | $\begin{gathered} 5.1 \\ (2,458) \end{gathered}$ | $\begin{gathered} 28.2 \\ (13,489) \end{gathered}$ | $\begin{gathered} 38.3 \\ (18,326) \end{gathered}$ | $\begin{gathered} 17.8 \\ (8,518) \end{gathered}$ | $\begin{gathered} 9.3 \\ (4,459) \end{gathered}$ | 4.94 | 1.08 |
| There are places nearby where I can take classes for my own interest | 47,329 | $\begin{gathered} 3.5 \\ (1,666) \end{gathered}$ | $\begin{gathered} 4.2 \\ (1,974) \end{gathered}$ | $\begin{gathered} 13.3 \\ (6,307) \end{gathered}$ | $\begin{gathered} 21.3 \\ (10,090) \end{gathered}$ | $\begin{gathered} 36.6 \\ (17,305) \end{gathered}$ | $\begin{gathered} 10.0 \\ (4,711) \end{gathered}$ | $\begin{gathered} 11.1 \\ (5,275) \end{gathered}$ | 4.58 | 1.43 |
| Childcare is available at the recreation facilities if I need to use it | 35,106 | $\begin{gathered} 3.6 \\ (1,286) \end{gathered}$ | $\begin{gathered} 4.8 \\ (1,684) \end{gathered}$ | $\begin{gathered} 7.5 \\ (2,609) \end{gathered}$ | $\begin{gathered} 44.0 \\ (15,317) \end{gathered}$ | $\begin{gathered} 22.9 \\ (7,977) \end{gathered}$ | $\begin{gathered} 6.9 \\ (2,387) \end{gathered}$ | $\begin{gathered} 10.2 \\ (3,537) \end{gathered}$ | 4.39 | 1.36 |
| Recreation and culture programs are offered at times that are convenient to me | 46,655 | $\begin{gathered} 2.2 \\ (1,008) \end{gathered}$ | $\begin{gathered} 7.5 \\ (3,494) \end{gathered}$ | $\begin{gathered} 13.1 \\ (6,123) \end{gathered}$ | $\begin{gathered} 31.4 \\ (14,634) \end{gathered}$ | $\begin{gathered} 33.6 \\ (15,675) \end{gathered}$ | $\begin{gathered} 8.1 \\ (3,778) \end{gathered}$ | $\begin{gathered} 4.1 \\ (1,889) \end{gathered}$ | 4.27 | 1.26 |
| The cost of public recreation and culture programs prevents me from participating | 47,360 | $\begin{gathered} 10.8 \\ (5,105) \end{gathered}$ | $\begin{gathered} 9.9 \\ (4,668) \end{gathered}$ | $\begin{gathered} 30.5 \\ (14,424) \end{gathered}$ | $\begin{gathered} 23.7 \\ (11,210) \end{gathered}$ | $\begin{gathered} 15.2 \\ (7,199) \end{gathered}$ | $\begin{gathered} 5.2 \\ (2,465) \end{gathered}$ | $\begin{gathered} 4.8 \\ (2,289) \end{gathered}$ | 3.58 | 1.51 |

${ }^{\text {a }}$ Based on a 7-point scale where higher scores reflect higher perceived accessibility.

Table E10a - Respondents' Perceptions of Leisure Experience

|  |  | Percentage of Respondents (n) |  |  |  |  |  |  | Summary Statistics |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Perceptions of Leisure Experience | n | Very strongly disagree | Strongly disagree | Disagree | Neutral | Agree | Strongly agree | Very strongly agree | Mean ${ }^{\text {a }}$ | Std. Dev. |
| My leisure helps me to relax | 49,194 | $\begin{aligned} & 0.0 \\ & (0) \end{aligned}$ | $\begin{gathered} 0.4 \\ (214) \end{gathered}$ | $\begin{gathered} 0.7 \\ (362) \end{gathered}$ | $\begin{gathered} 9.5 \\ (4,669) \end{gathered}$ | $\begin{gathered} 57.1 \\ (28,109) \end{gathered}$ | $\begin{gathered} 24.3 \\ (11,949) \end{gathered}$ | $\begin{gathered} 7.9 \\ (3,890) \end{gathered}$ | 5.28 | 0.80 |
| My leisure helps me to stay healthy | 49,482 | $\begin{gathered} 0.2 \\ (78) \end{gathered}$ | $\begin{gathered} 1.7 \\ (833) \end{gathered}$ | $\begin{gathered} 3.2 \\ (1,579) \end{gathered}$ | $\begin{gathered} 11.4 \\ (5,665) \end{gathered}$ | $\begin{gathered} 46.6 \\ (23,069) \end{gathered}$ | $\begin{gathered} 25.2 \\ (12,481) \end{gathered}$ | $\begin{gathered} 11.7 \\ (5,777) \end{gathered}$ | 5.25 | 1.04 |
| My leisure contributes to my emotional wellbeing | 49,596 | $\begin{gathered} 0.2 \\ (78) \end{gathered}$ | $\begin{gathered} 1.2 \\ (582) \end{gathered}$ | $\begin{gathered} 1.9 \\ (941) \end{gathered}$ | $\begin{gathered} 13.8 \\ (6,868) \end{gathered}$ | $\begin{gathered} 46.2 \\ (22,904) \end{gathered}$ | $\begin{gathered} 27.6 \\ (13,708) \end{gathered}$ | $\begin{gathered} 9.2 \\ (4,550) \end{gathered}$ | 5.24 | 0.96 |
| My leisure helps relieve stress | 49,561 | $\begin{gathered} 0.2 \\ (78) \end{gathered}$ | $\begin{gathered} 0.9 \\ (422) \end{gathered}$ | $\begin{gathered} 2.8 \\ (1,372) \end{gathered}$ | $\begin{gathered} 11.8 \\ (5,862) \end{gathered}$ | $\begin{gathered} 49.8 \\ (24,695) \end{gathered}$ | $\begin{gathered} 26.8 \\ (13,280) \end{gathered}$ | $\begin{gathered} 7.8 \\ (3,851) \end{gathered}$ | 5.22 | 0.93 |
| My leisure provides me with opportunities for social interaction with others | 49,552 | $\begin{aligned} & 0.0 \\ & (0) \end{aligned}$ | $\begin{gathered} 0.4 \\ (206) \end{gathered}$ | $\begin{gathered} 4.7 \\ (2,310) \end{gathered}$ | $\begin{gathered} 19.0 \\ (9,403) \end{gathered}$ | $\begin{gathered} 56.1 \\ (27,794) \end{gathered}$ | $\begin{gathered} 17.1 \\ (8,491) \end{gathered}$ | $\begin{gathered} 2.7 \\ (1,349) \end{gathered}$ | 4.93 | 0.83 |
| I participate in leisure that develops my physical fitness | 49,414 | $\begin{gathered} 0.8 \\ (380) \end{gathered}$ | $\begin{gathered} 4.8 \\ (2,364) \end{gathered}$ | $\begin{gathered} 7.3 \\ (3,603) \end{gathered}$ | $\begin{gathered} 16.1 \\ (7,947) \end{gathered}$ | $\begin{gathered} 45.7 \\ (22,603) \end{gathered}$ | $\begin{gathered} 19.8 \\ (9,766) \end{gathered}$ | $\begin{gathered} 5.6 \\ (2,753) \end{gathered}$ | 4.83 | 1.18 |
| I participate in leisure that restores me physically | 49,238 | $\begin{gathered} 0.6 \\ (302) \end{gathered}$ | $\begin{gathered} 2.1 \\ (1,015) \end{gathered}$ | $\begin{gathered} 9.4 \\ (4,649) \end{gathered}$ | $\begin{gathered} 20.1 \\ (9,875) \end{gathered}$ | $\begin{gathered} 42.4 \\ (20,859) \end{gathered}$ | $\begin{gathered} 20.9 \\ (10,271) \end{gathered}$ | $\begin{gathered} 4.6 \\ (2,267) \end{gathered}$ | 4.82 | 1.11 |
| My leisure provides opportunities to try new things | 49,552 | $\begin{gathered} 0.3 \\ (138) \end{gathered}$ | $\begin{gathered} 0.9 \\ (449) \end{gathered}$ | $\begin{gathered} 5.8 \\ (2,889) \end{gathered}$ | $\begin{gathered} 24.4 \\ (12,108) \end{gathered}$ | $\begin{gathered} 52.6 \\ (26,065) \end{gathered}$ | $\begin{gathered} 13.0 \\ (6,460) \end{gathered}$ | $\begin{gathered} 2.9 \\ (1,444) \end{gathered}$ | 4.79 | 0.90 |
| My leisure is most enjoyable when I can connect with others | 49,165 | $\begin{gathered} 1.1 \\ (538) \end{gathered}$ | $\begin{gathered} 0.7 \\ (336) \end{gathered}$ | $\begin{gathered} 11.6 \\ (5,690) \end{gathered}$ | $\begin{gathered} 28.7 \\ (14,090) \end{gathered}$ | $\begin{gathered} 39.0 \\ (19,163) \end{gathered}$ | $\begin{gathered} 15.7 \\ (7,701) \end{gathered}$ | $\begin{gathered} 3.4 \\ (1,648) \end{gathered}$ | 4.64 | 1.07 |
| My leisure has helped me to develop close relationships with others | 49,365 | $\begin{gathered} 0.4 \\ (210) \end{gathered}$ | $\begin{gathered} 1.6 \\ (805) \end{gathered}$ | $\begin{gathered} 13.3 \\ (6,575) \end{gathered}$ | $\begin{gathered} 28.0 \\ (13,843) \end{gathered}$ | $\begin{gathered} 37.1 \\ (18,316) \end{gathered}$ | $\begin{gathered} 16.7 \\ (8,243) \end{gathered}$ | $\begin{gathered} 2.8 \\ (1,374) \end{gathered}$ | 4.61 | 1.07 |
| My leisure helps me to learn about myself | 49,418 | $\begin{gathered} 0.3 \\ (156) \end{gathered}$ | $\begin{gathered} 1.1 \\ (526) \end{gathered}$ | $\begin{gathered} 14.4 \\ (7,130) \end{gathered}$ | $\begin{gathered} 29.9 \\ (14,752) \end{gathered}$ | $\begin{gathered} 41.9 \\ (20,722) \end{gathered}$ | $\begin{gathered} 10.9 \\ (5,381) \end{gathered}$ | $\begin{gathered} 1.5 \\ (751) \end{gathered}$ | 4.51 | 0.97 |
| My leisure helps me to learn about other people | 49,347 | $\begin{gathered} 0.8 \\ (376) \end{gathered}$ | $\begin{gathered} 2.2 \\ (1,107) \end{gathered}$ | $\begin{gathered} 15.8 \\ (7,805) \end{gathered}$ | $\begin{gathered} 32.0 \\ (15,789) \end{gathered}$ | $\begin{gathered} 37.9 \\ (18,727) \end{gathered}$ | $\begin{gathered} 9.5 \\ (4,673) \end{gathered}$ | $\begin{gathered} 1.8 \\ (871) \end{gathered}$ | 4.40 | 1.04 |

[^10]Table E10b
Respondents' Perceptions of Dimensions of Leisure Experience

| Dimension $^{\text {a }}$ | n | Mean $^{\text {b }}$ | Std. Dev. |
| :--- | :---: | :---: | :---: |
| Relaxation | 49,596 | 5.25 | 0.77 |
| Physiological | 49,552 | 4.97 | 0.99 |
| Social | 49,552 | 4.73 | 0.76 |
| Educational | 49,453 | 4.56 | 0.79 |

${ }^{a}$ Based on a 7-point scale where higher scores reflect higher agreement that dimension is important part of leisure experience.
${ }^{b}$ Notes: Relaxation - leisure contributes to relaxation, stress relief and emotional wellbeing. Physiological - leisure contributes to physical fitness and health.
Social - leisure facilitates social connections and the development and/or maintenance of social bonds.
Educational - leisure allows opportunities to learn new things, learn about different people, or try new things.

## Education

Table F1
Respondents Who Took Formal Education Courses During the Past Year to Improve Skills or to Prepare for a Job

| Type of Course | n | Pct. |
| :--- | :---: | :---: |
| To improve your skills in your current job | 19,969 | 40.3 |
| To lead directly to a qualification related to current job | 15,169 | 30.8 |
| To prepare for a job you might do in the future | 14,501 | 29.4 |
| To help you get started in a current or new job | 9,636 | 19.5 |

Table F2a
Respondents Who Took Courses for Interest in the Community During the Past Year

| Course Taken for Interest | n | Pct. |
| :--- | :---: | :---: |
| Course for interest (e.g., computer skills, woodworking, <br> sewing, creative writing)? | 5,373 | 10.9 |

Table F2b
Number of Courses for Interest Taken by Respondents in the Past Year

|  |  | Number of courses |  |  |  |
| :--- | :---: | :---: | :---: | :---: | :---: |
| Courses Taken for Interest | $\mathbf{n}$ | Min. | Max. | Mean | Std. Dev. |
| Participants | 5,009 | 1 | 12 | 1.79 | 1.66 |

Table F3
Respondents' Perceptions of Opportunities for Formal Education and Courses of Interest

|  |  | Percentage of Respondents ( n ) |  |  |  |  |  |  | Summary Statistics |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Opportunities to Take Courses | n | Very strongly disagree | Strongly disagree | Disagree | Neutral | Agree | Strongly agree | Very strongly agree agree | Mean ${ }^{\text {a }}$ | Std. Dev. |
| There are many opportunities for me to get to know people from different cultures | 49,202 | $\begin{gathered} 0.5 \\ (256) \end{gathered}$ | $\begin{gathered} 1.5 \\ (759) \end{gathered}$ | $\begin{gathered} 3.3 \\ (1,641) \end{gathered}$ | $\begin{gathered} 33.6 \\ (16,555) \end{gathered}$ | $\begin{gathered} 42.2 \\ (20,763) \end{gathered}$ | $\begin{gathered} 12.8 \\ (6,278) \end{gathered}$ | $\begin{gathered} 6.0 \\ (2,950) \end{gathered}$ | 4.78 | 1.01 |
| There are plenty of opportunities to take formal education courses | 49,391 | $\begin{gathered} 0.9 \\ (435) \end{gathered}$ | $\begin{gathered} 3.6 \\ (1,796) \end{gathered}$ | $\begin{gathered} 12.1 \\ (5,970) \end{gathered}$ | $\begin{gathered} 25.4 \\ (12,532) \end{gathered}$ | $\begin{gathered} 41.9 \\ (20,714) \end{gathered}$ | $\begin{gathered} 12.8 \\ (6,319) \end{gathered}$ | $\begin{gathered} 3.3 \\ (1,625) \end{gathered}$ | 4.55 | 1.13 |
| There are plenty of opportunities to take courses of interest | 49,437 | $\begin{gathered} 1.4 \\ (700) \end{gathered}$ | $\begin{gathered} 3.0 \\ (1,478) \end{gathered}$ | $\begin{gathered} 15.0 \\ (7,418) \end{gathered}$ | $\begin{gathered} 26.5 \\ (13,083) \end{gathered}$ | $\begin{gathered} 37.6 \\ (18,578) \end{gathered}$ | $\begin{gathered} 13.7 \\ (6,790) \end{gathered}$ | $\begin{gathered} 2.8 \\ (1,389) \end{gathered}$ | 4.48 | 1.16 |
| There are schools nearby where I can upgrade my educational qualifications | 49,446 | $\begin{gathered} 4.5 \\ (2,123) \end{gathered}$ | $\begin{gathered} 3.7 \\ (1,847) \end{gathered}$ | $\begin{gathered} 9.4 \\ (4,648) \end{gathered}$ | $\begin{gathered} 28.9 \\ (14,266) \end{gathered}$ | $\begin{gathered} 38.0 \\ (18,800) \end{gathered}$ | $\begin{gathered} 12.4 \\ (6,117) \end{gathered}$ | $\begin{gathered} 3.1 \\ (1,555) \end{gathered}$ | 4.42 | 1.28 |
| There are places nearby where I can take courses out of interest | 49,408 | $\begin{gathered} 1.2 \\ (582) \end{gathered}$ | $\begin{gathered} 4.1 \\ (2,026) \end{gathered}$ | $\begin{gathered} 15.1 \\ (7,483) \end{gathered}$ | $\begin{gathered} 27.0 \\ (13,352) \end{gathered}$ | $\begin{gathered} 39.0 \\ (19,266) \end{gathered}$ | $\begin{gathered} 12.3 \\ (6,092) \end{gathered}$ | $\begin{gathered} 1.2 \\ (606) \end{gathered}$ | 4.40 | 1.12 |
| I would take courses, but they are too expensive | 49,403 | $\begin{gathered} 4.0 \\ (582) \end{gathered}$ | $\begin{gathered} 4.5 \\ (2,212) \end{gathered}$ | $\begin{gathered} 22.1 \\ (10,913) \end{gathered}$ | $\begin{gathered} 35.1 \\ (17,353) \end{gathered}$ | $\begin{gathered} 22.1 \\ (10,910) \end{gathered}$ | $\begin{gathered} 9.1 \\ (4,499) \end{gathered}$ | $\begin{gathered} 3.2 \\ (1,561) \end{gathered}$ | 4.07 | 1.27 |
| I would take courses, but they are offered at inconvenient times | 49,391 | $\begin{gathered} 3.1 \\ (1,513) \end{gathered}$ | $\begin{gathered} 3.4 \\ (1,681) \end{gathered}$ | $\begin{gathered} 21.5 \\ (10,614) \end{gathered}$ | $\begin{gathered} 43.2 \\ (21,336) \end{gathered}$ | $\begin{gathered} 16.1 \\ (7,966) \end{gathered}$ | $\begin{gathered} 10.0 \\ (4,943) \end{gathered}$ | $\begin{gathered} 2.7 \\ (1,337) \end{gathered}$ | 4.07 | 1.20 |

[^11]
# Living Standards 

Table G1
Respondents Who Work for Pay

| Work for Pay? | n | Pct. |
| :--- | ---: | :--- |
| Yes | 41,909 | 84.5 |
| No | 7,689 | 15.5 |

Table G2
Number of Different Paid Jobs (full- or part-time) Held by Respondents ${ }^{\text {a }}$

| Number of different jobs held <br> for pay | n | Pct. |
| :--- | ---: | :---: |
| 1 job | 37,999 | 91.4 |
| 2 jobs | 3,024 | 7.3 |
| 3 jobs | 519 | 1.2 |
| 4 or more jobs | 53 | 0.1 |

${ }^{\text {a }}$ Includes only those respondents who indicated that they worked for pay.

Table G3
Respondents' Weekly Hours Spent Working for Pay on Main Job

| Hours per week spent working <br> at main job | n | Pct. |
| :--- | ---: | :---: |
| Fewer than 25 hours | 2,145 | 5.2 |
| 25 to 34 hours | 1,716 | 4.1 |
| 35 to 49 hours | 22,588 | 54.4 |
| 50 to 59 hours | 6,773 | 16.3 |
| 60 or more hours | 8,335 | 20.1 |

Table G4
Respondents' Weekly Hours Spent Working for Pay on Other Job(s) ${ }^{\text {a }}$

| Hours per week spent working <br> at $\boldsymbol{o t h e r}$ job $(\boldsymbol{s})$ | n | Pct. |
| :--- | :--- | :--- |
| Fewer than 10 hours | 2,211 | 47.9 |
| 10 to 20 hours | 1,808 | 39.2 |
| 21 to 35 hours | 422 | 9.1 |
| More than 35 hours | 176 | 3.8 |

${ }^{\text {a }}$ Includes only those respondents who reported working at more than one job.

Table G5
Respondents Workday Commute from Home to Workplace for Main Job (Minutes per day)

| Commute time | n | Min. | Max. | Mean | Std. Dev. |
| :--- | :---: | :---: | :---: | :---: | :---: |
| Length of time to commute from residence <br> to place of work for main job | 41,145 | 0 | 180 | 35.45 | 28.94 |

Table G6a - Respondents' Perceptions of Job Fit

|  |  | Percentage of Respondents ( n ) |  |  |  |  |  |  | Summary Statistics |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Feelings Concerning Main Job | n | Very disagree | Strongly disagree | Disagree | Neutral | Agree | Strongly agree | $\underset{\text { Very }}{\text { strongly }}$ agree | Mean ${ }^{\text {a }}$ | Std. <br> Dev. |
| My current occupational position adequately reflects my education and training | 41,575 | $\begin{gathered} 1.6 \\ (670) \end{gathered}$ | $\begin{gathered} 5.7 \\ (2,376) \end{gathered}$ | $\begin{gathered} 10.1 \\ (4,210) \end{gathered}$ | $\begin{gathered} 9.0 \\ (3,751) \end{gathered}$ | $\begin{gathered} 40.9 \\ (16,987) \end{gathered}$ | $\begin{gathered} 24.9 \\ (10,357) \end{gathered}$ | $\begin{gathered} 7.8 \\ (3,223) \end{gathered}$ | 4.88 | 1.35 |
| Considering all my efforts and achievements, my salary/income is adequate | 41,531 | $\begin{gathered} 1.9 \\ (775) \end{gathered}$ | $\begin{gathered} 4.6 \\ (1,918) \end{gathered}$ | $\begin{gathered} 10.9 \\ (4,514) \end{gathered}$ | $\begin{gathered} 12.7 \\ (5,283) \end{gathered}$ | $\begin{gathered} 34.3 \\ (14,251) \end{gathered}$ | $\begin{gathered} 28.3 \\ (11,735) \end{gathered}$ | $\begin{gathered} 7.4 \\ (3,057) \end{gathered}$ | 4.87 | 1.36 |
| Considering all my efforts and achievements, my opportunities at work are adequate | 40,918 | $\begin{gathered} 1.2 \\ (500) \end{gathered}$ | $\begin{gathered} 3.0 \\ (1,232) \end{gathered}$ | $\begin{gathered} 11.1 \\ (4,559) \end{gathered}$ | $\begin{gathered} 14.3 \\ (5,843) \end{gathered}$ | $\begin{gathered} 41.8 \\ (17,121) \end{gathered}$ | $\begin{gathered} 20.3 \\ (8,326) \end{gathered}$ | $\begin{gathered} 8.2 \\ (3,338) \end{gathered}$ | 4.86 | 1.25 |
| I have experienced or I expect to experience an undesirable change in my work situation | 41,464 | $\begin{gathered} 5.7 \\ (2,347) \end{gathered}$ | $\begin{gathered} 11.1 \\ (4,601) \end{gathered}$ | $\begin{gathered} 25.8 \\ (10,686) \end{gathered}$ | $\begin{gathered} 19.3 \\ (7,997) \end{gathered}$ | $\begin{gathered} 25.3 \\ (10,481) \end{gathered}$ | $\begin{gathered} 7.8 \\ (3,237) \end{gathered}$ | $\begin{gathered} 5.1 \\ (2,115) \end{gathered}$ | 3.91 | 1.49 |
| I have little hope for promotion at my job | 41,511 | $\begin{gathered} 12.9 \\ (5,372) \end{gathered}$ | $\begin{gathered} 17.5 \\ (7,278) \end{gathered}$ | $\begin{gathered} 25.2 \\ (10,446) \end{gathered}$ | $\begin{gathered} 14.3 \\ (5,943) \end{gathered}$ | $\begin{gathered} 18.5 \\ (7,683) \end{gathered}$ | $\begin{gathered} 6.8 \\ (2,831) \end{gathered}$ | $\begin{gathered} 4.7 \\ (1,957) \end{gathered}$ | 3.47 | 1.65 |
| My job security is poor | 41,610 | $\begin{gathered} 18.0 \\ (7,480) \end{gathered}$ | $\begin{gathered} 27.7 \\ (11,536) \end{gathered}$ | $\begin{gathered} 27.8 \\ (11,565) \end{gathered}$ | $\begin{gathered} 11.7 \\ (4,858) \end{gathered}$ | $\begin{gathered} 10.3 \\ (4,305) \end{gathered}$ | $\begin{gathered} 0.8 \\ (345) \end{gathered}$ | $\begin{gathered} 3.7 \\ (1,529) \end{gathered}$ | 2.86 | 1.47 |

${ }^{\text {a }}$ Based on a 7-point scale where higher scores reflect greater agreement.

Table G6b - Dimensions of Job Fit

| Dimensions of job fit $^{\mathbf{a}}$ | $\mathbf{n}$ | Mean $^{\mathbf{b}}$ | Std. Dev. |
| :--- | :---: | :---: | :---: |
| Job promotion | 41,610 | 4.78 | 0.99 |
| Job security | 41,464 | 3.39 | 1.24 |

[^12]Table G7a
Respondents' Reactions to Work

|  |  | Percentage of Respondents (n) |  |  |  |  |  |  | Summary Statistics |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Reactions to Work | n | Very strongly disagree | Strongly disagree | Disagree | Neutral | Agree | Strongly agree | Very strongly agree | Mean ${ }^{\text {a }}$ | Std. <br> Dev. |
| I am in a better mood at work because of my personal life | 41,825 | $\begin{gathered} 4.1 \\ (1,704) \end{gathered}$ | $\begin{gathered} 5.3 \\ (2,198) \end{gathered}$ | $\begin{gathered} 10.7 \\ (4,477) \end{gathered}$ | $\begin{gathered} 18.7 \\ (7,811) \end{gathered}$ | $\begin{gathered} 38.8 \\ (16,242) \end{gathered}$ | $\begin{gathered} 16.4 \\ (6,874) \end{gathered}$ | $\begin{gathered} 6.0 \\ (2,520) \end{gathered}$ | 4.56 | 1.40 |
| My personal life gives me energy for my job | 41,643 | $\begin{gathered} 3.5 \\ (1,445) \end{gathered}$ | $\begin{gathered} 5.8 \\ (2,423) \end{gathered}$ | $\begin{gathered} 15.0 \\ (6,241) \end{gathered}$ | $\begin{gathered} 28.0 \\ (11,660) \end{gathered}$ | $\begin{gathered} 32.6 \\ (13,595) \end{gathered}$ | $\begin{gathered} 11.9 \\ (4,975) \end{gathered}$ | $\begin{gathered} 3.1 \\ (1,303) \end{gathered}$ | 4.29 | 1.30 |
| I am happy with the amount of time for non-work activities | 41,880 | $\begin{gathered} 5.0 \\ (2,075) \end{gathered}$ | $\begin{gathered} 4.4 \\ (1,847) \end{gathered}$ | $\begin{gathered} 25.1 \\ (10,516) \end{gathered}$ | $\begin{gathered} 13.5 \\ (5,674) \end{gathered}$ | $\begin{gathered} 35.6 \\ (14,923) \end{gathered}$ | $\begin{gathered} 13.5 \\ (5,674) \end{gathered}$ | $\begin{gathered} 2.9 \\ (1,197) \end{gathered}$ | 4.23 | 1.41 |
| I am in a better mood generally because of my job | 41,670 | $\begin{gathered} 2.6 \\ (1,095) \end{gathered}$ | $\begin{gathered} 9.1 \\ (3,808) \end{gathered}$ | $\begin{gathered} 14.6 \\ (6,088) \end{gathered}$ | $\begin{gathered} 30.5 \\ (12,695) \end{gathered}$ | $\begin{gathered} 28.6 \\ (11,918) \end{gathered}$ | $\begin{gathered} 11.2 \\ (4,671) \end{gathered}$ | $\begin{gathered} 3.3 \\ (1,394) \end{gathered}$ | 4.20 | 1.32 |
| My personal life suffers because of work | 41,958 | $\begin{gathered} 7.2 \\ (3,022) \end{gathered}$ | $\begin{gathered} 11.6 \\ (4,871) \end{gathered}$ | $\begin{gathered} 29.6 \\ (12,401) \end{gathered}$ | $\begin{gathered} 10.5 \\ (4,386) \end{gathered}$ | $\begin{gathered} 25.5 \\ (10,697) \end{gathered}$ | $\begin{gathered} 8.7 \\ (3,654) \end{gathered}$ | $\begin{gathered} 7.0 \\ (2,928) \end{gathered}$ | 3.89 | 1.62 |
| I struggle to juggle work and non-work activities | 41,877 | $\begin{gathered} 6.4 \\ (2,680) \end{gathered}$ | $\begin{gathered} 10.6 \\ (4,436) \end{gathered}$ | $\begin{gathered} 31.6 \\ (13,236) \end{gathered}$ | $\begin{gathered} 12.8 \\ (5,348) \end{gathered}$ | $\begin{gathered} 27.7 \\ (11,611) \end{gathered}$ | $\begin{gathered} 5.8 \\ (2,444) \end{gathered}$ | $\begin{gathered} 5.1 \\ (2,121) \end{gathered}$ | 3.83 | 1.50 |
| I put my personal life on hold for work | 41,915 | $\begin{gathered} 7.9 \\ (3,315) \end{gathered}$ | $\begin{gathered} 11.9 \\ (4,997) \end{gathered}$ | $\begin{gathered} 28.9 \\ (12,094) \end{gathered}$ | $\begin{gathered} 10.7 \\ (4,491) \end{gathered}$ | $\begin{gathered} 32.2 \\ (13,478) \end{gathered}$ | $\begin{gathered} 3.5 \\ (1,462) \end{gathered}$ | $\begin{gathered} 5.0 \\ (2,078) \end{gathered}$ | 3.78 | 1.53 |
| I neglect personal needs because of work | 41,736 | $\begin{gathered} 6.9 \\ (2,860) \end{gathered}$ | $\begin{gathered} 10.9 \\ (4,556) \end{gathered}$ | $\begin{gathered} 33.5 \\ (13,991) \end{gathered}$ | $\begin{gathered} 13.0 \\ (5,429) \end{gathered}$ | $\begin{gathered} 23.9 \\ (9,964) \end{gathered}$ | $\begin{gathered} 6.3 \\ (2,644) \end{gathered}$ | $\begin{gathered} 5.5 \\ (2,291) \end{gathered}$ | 3.77 | 1.52 |
| My job makes a personal life difficult | 41,862 | $\begin{gathered} 9.1 \\ (3,819) \end{gathered}$ | $\begin{gathered} 11.0 \\ (4,624) \end{gathered}$ | $\begin{gathered} 33.1 \\ (13,854) \end{gathered}$ | $\begin{gathered} 13.5 \\ (5,533) \end{gathered}$ | $\begin{gathered} 21.4 \\ (8,942) \end{gathered}$ | $\begin{gathered} 6.3 \\ (2,627) \end{gathered}$ | $\begin{gathered} 5.6 \\ (2,363) \end{gathered}$ | 3.68 | 1.57 |
| My personal life drains me for energy for work | 41,877 | $\begin{gathered} 11.6 \\ (4,874) \end{gathered}$ | $\begin{gathered} 19.2 \\ (8,032) \end{gathered}$ | $\begin{gathered} 51.2 \\ (21,459) \end{gathered}$ | $\begin{gathered} 9.3 \\ (3,879) \end{gathered}$ | $\begin{gathered} 6.9 \\ (2,904) \end{gathered}$ | $\begin{gathered} 1.1 \\ (474) \end{gathered}$ | $\begin{gathered} 0.6 \\ (254) \end{gathered}$ | 2.86 | 1.10 |
| I am too tired to be effective at work | 41,958 | $\begin{gathered} 13.0 \\ (5,471) \end{gathered}$ | $\begin{gathered} 20.0 \\ (8,378) \end{gathered}$ | $\begin{gathered} 51.9 \\ (21,785) \end{gathered}$ | $\begin{gathered} 8.3 \\ (3,480) \end{gathered}$ | $\begin{gathered} 3.7 \\ (1,561) \end{gathered}$ | $\begin{gathered} 1.8 \\ (736) \end{gathered}$ | $\begin{gathered} 1.3 \\ (547) \end{gathered}$ | 2.80 | 1.13 |
| It is hard to work because of personal matters | 41,958 | $\begin{gathered} 21.8 \\ (9,144) \end{gathered}$ | $\begin{gathered} 25.3 \\ (10,596) \end{gathered}$ | $\begin{gathered} 38.1 \\ (15,985) \end{gathered}$ | $\begin{gathered} 8.8 \\ (3,702) \end{gathered}$ | $\begin{gathered} 5.0 \\ (2,113) \end{gathered}$ | $\begin{gathered} 1.0 \\ (418) \end{gathered}$ | $\begin{aligned} & 0.0 \\ & (0) \end{aligned}$ | 2.53 | 1.13 |
| My work suffers because of my personal life | 41,599 | $\begin{gathered} 19.9 \\ (8,291) \end{gathered}$ | $\begin{gathered} 24.6 \\ (10,250) \end{gathered}$ | $\begin{gathered} 43.2 \\ (17,975) \\ \hline \end{gathered}$ | $\begin{gathered} 9.0 \\ (3,764) \end{gathered}$ | $\begin{gathered} 2.6 \\ (1,064) \end{gathered}$ | $\begin{gathered} 0.3 \\ (109) \end{gathered}$ | $\begin{gathered} 0.3 \\ (145) \end{gathered}$ | 2.52 | 1.04 |

[^13]
## Table G7b

Dimensions of Work-Life Balance

| Dimension $^{\text {a }}$ | n | Mean $^{\text {b }}$ | Std. Dev. |
| :--- | :---: | :---: | :---: |
| Work/personal life enhancement | 41,859 | 4.35 | 1.12 |
| Work interference with personal life | 41,958 | 3.79 | 1.32 |
| Personal life interference with work | 41,958 | 2.68 | 0.89 |

[^14]Table G8
Respondents' Perceptions of Financial Security During the Past Year

| Financial Security Experience | n | Percentage of Respondents (n) |  |  |  |  | Summary Statistics |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Never | Once in past year | At least once past 6 months | At least once past 3 months | At least once a month | Mean ${ }^{\text {a }}$ | Std. <br> Dev. |
| I did not have enough money to buy the things I wanted | 48,205 | $\begin{gathered} 62.5 \\ (30,123) \end{gathered}$ | $\begin{gathered} 11.2 \\ (5,422) \end{gathered}$ | $\begin{gathered} \hline 12.0 \\ (5,807) \end{gathered}$ | $\begin{gathered} 5.6 \\ (2,679) \end{gathered}$ | $\begin{gathered} 8.7 \\ (4,175) \end{gathered}$ | 1.87 | 1.32 |
| I did not have enough money to buy the things I needed | 48,213 | $\begin{gathered} 87.0 \\ (41,946) \end{gathered}$ | $\begin{gathered} 4.3 \\ (2,070) \end{gathered}$ | $\begin{gathered} 3.1 \\ (1,476) \end{gathered}$ | $\begin{gathered} 2.6 \\ (1,232) \end{gathered}$ | $\begin{gathered} 3.1 \\ (1,489) \end{gathered}$ | 1.30 | 0.89 |
| I could not pay my bills on time (e.g., water, hydro, phone, credit card) | 48,377 | $\begin{gathered} 89.0 \\ (43,062) \end{gathered}$ | $\begin{gathered} 3.5 \\ (1,681) \end{gathered}$ | $\begin{gathered} 3.1 \\ (1,483) \end{gathered}$ | $\begin{gathered} 2.8 \\ (1,359) \end{gathered}$ | $\begin{gathered} 1.6 \\ (792) \end{gathered}$ | 1.25 | 0.78 |
| I ate less because there was not enough food or money for food | 48,601 | $\begin{gathered} 90.6 \\ (44,023) \end{gathered}$ | $\begin{gathered} 1.9 \\ (944) \end{gathered}$ | $\begin{gathered} 3.4 \\ (1,658) \end{gathered}$ | $\begin{gathered} 3.4 \\ (1,671) \end{gathered}$ | $\begin{gathered} 0.6 \\ (305) \end{gathered}$ | 1.22 | 0.72 |
| I could not pay my mortgage or rent on time | 47,210 | $\begin{gathered} 95.3 \\ (44,994) \end{gathered}$ | $\begin{gathered} 2.2 \\ (1,022) \end{gathered}$ | $\begin{gathered} 0.5 \\ (217) \end{gathered}$ | $\begin{gathered} 0.7 \\ (320) \end{gathered}$ | $\begin{gathered} 1.4 \\ (657) \end{gathered}$ | 1.11 | 0.56 |

${ }^{\text {a }}$ Based on a 5-point scale where higher scores reflect higher incidence of these experiences.

Table G9
Respondents' Shopping Experience Locally

|  |  | Percentage of Respondents ( n ) |  |  |  |  |  |  | Summary Statistics |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Local Shopping | n | Very strongly disagree | Strongly disagree | Disagree | Neutral | Agree | Strongly agree | $\begin{gathered} \text { Very } \\ \text { strongly } \\ \text { agree } \end{gathered}$ | Mean ${ }^{\text {a }}$ | Std. <br> Dev. |
| I can buy everything I need locally | 49,557 | $\begin{gathered} \hline 12.7 \\ (6,298) \end{gathered}$ | $\begin{gathered} \hline 16.3 \\ (8,096) \end{gathered}$ | $\begin{gathered} 18.8 \\ (9,297) \end{gathered}$ | $\begin{gathered} 9.3 \\ (4,593) \end{gathered}$ | $\begin{gathered} 26.6 \\ (13,169) \end{gathered}$ | $\begin{gathered} 10.7 \\ (5,307) \end{gathered}$ | $\begin{gathered} 5.6 \\ (2,798) \end{gathered}$ | 3.75 | 1.77 |
| I can buy everything I want locally | 49,631 | $\begin{gathered} 28.3 \\ (14,032) \end{gathered}$ | $\begin{gathered} 25.6 \\ (12,714) \end{gathered}$ | $\begin{gathered} 29.1 \\ (14,452) \end{gathered}$ | $\begin{gathered} 5.7 \\ (2,821) \end{gathered}$ | $\begin{gathered} 8.6 \\ (4,253) \end{gathered}$ | $\begin{gathered} 1.7 \\ (834) \end{gathered}$ | $\begin{gathered} 1.1 \\ (523) \end{gathered}$ | 2.50 | 1.36 |

${ }^{\text {a }}$ Based on a 7-point scale where higher scores reflect higher agreement.

## Table G10

Respondents' Frequency of Shopping Online

|  |  | Percentage of Respondents (n) |  |  |  |  | Summary Statistics |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Online Shopping | n | Never | Once in past year | At least once past 6 months | At least once past 3 months | At least once a month | Mean ${ }^{\text {a }}$ | Std. <br> Dev. |
| How often shopped online for food, clothes, or other household items | 48,981 | $\begin{gathered} 8.1 \\ (3,955) \end{gathered}$ | $\begin{gathered} 6.3 \\ (3,078) \end{gathered}$ | $\begin{gathered} 14.7 \\ (7,186) \end{gathered}$ | $\begin{gathered} 24.0 \\ (11,758) \end{gathered}$ | $\begin{gathered} 47.0 \\ (23,003) \end{gathered}$ | 3.95 | 1.26 |

[^15]
## Time Use

Table H1a
Respondents Providing Unpaid Care to Any Children

| Unpaid Care to Children | n | Pct. |
| :--- | :---: | :---: |
| Number of respondents providing care | 11,224 | 22.6 |

Table H1b
Weekly Hours Typically Spent by Respondents
Providing Unpaid Care to Children

| Hours of Unpaid Care Provided to: | n | Min. | Max. | Mean | Std. Dev. |
| :--- | :---: | ---: | :---: | :---: | :---: |
| Children in your family | 10,312 | 1 | 168 | 64.05 | 56.40 |
| Children who are not members of your <br> family | 2,335 | 1 | 118 | 13.72 | 30.59 |

Table H2a
Respondents Providing Unpaid Care to Older or Dependent Adult(s)

| Unpaid Care to Older/Dependent Adult | n | Pct. |
| :--- | :---: | :---: |
| Number of respondents providing care | 2,751 | 5.5 |

Table H2b
Weekly Hours Typically Spent by Respondents Providing Unpaid Care to Older or Dependent Adult(s)

| Hours of Unpaid Care Provided to: | n | Min. | Max. | Mean | Std. Dev. |
| :--- | :---: | ---: | ---: | ---: | :---: |
| Older or dependent adult in your family | 2,146 | 2 | 48 | 9.64 | 12.85 |
| Older or dependent adult(s) who is a <br> neighbour or friend | 401 | 1 | 4 | 9.15 | 12.58 |

Table H3
Families in the Community Have an Adequate Supply of Childcare

| Adequate supply of childcare | n | Pct. |
| :--- | ---: | ---: |
| Yes | 6,756 | 13.6 |
| No | 21,878 | 44.6 |
| Don't know | 20,991 | 42.3 |

Table H4
How Often Respondents Feel Rushed

|  |  | Percentage of Respondents (n) |  |  |  |  |  | Summary Statistics |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Feel Rushed | n | Never | Less than once a month | About once a month | About once a week | Afew times per week | Every day | Mean ${ }^{\text {a }}$ | Std. <br> Dev. |
| How often do you feel rushed? | 49,596 | $\begin{gathered} 8.6 \\ (4,274) \end{gathered}$ | $\begin{gathered} 10.4 \\ (5,176) \end{gathered}$ | $\begin{gathered} 7.4 \\ (3,690) \end{gathered}$ | $\begin{gathered} 23.2 \\ (11,499) \end{gathered}$ | $\begin{gathered} 31.5 \\ (15,640) \end{gathered}$ | $\begin{gathered} 18.8 \\ (9,316) \end{gathered}$ | 4.15 | 1.52 |

${ }^{\text {a }}$ Based on a 6-point scale where higher scores reflect higher incidence of these experiences.

Table H5
How Often Respondents Have Free Time

|  |  | Percentage of Respondents (n) |  |  |  |  |  | Summary Statistics |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Have Free Time | n | Never | Less than once a month | About once a month | About once a week | A few times per week | Every day | Mean ${ }^{\text {a }}$ | Std. <br> Dev. |
| How often do you have time on your hands that you don't know what to do with? | 49,556 | $\begin{gathered} 31.2 \\ (15,454) \end{gathered}$ | $\begin{gathered} 25.9 \\ (12,853) \end{gathered}$ | $\begin{gathered} 13.8 \\ (6,826) \end{gathered}$ | $\begin{gathered} 14.6 \\ (7,246) \end{gathered}$ | $\begin{gathered} 12.4 \\ (6,127) \end{gathered}$ | $\begin{gathered} 2.1 \\ (1,051) \end{gathered}$ | 2.57 | 1.47 |

${ }^{\text {a }}$ Based on a 6-point scale where higher scores reflect higher incidence of these experiences.

Table H3 - Respondents' Perceptions of Time Adequacy

|  |  | Percentage of Respondents (n) |  |  |  |  |  |  |  |  |  | Summary statistics |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Perceived adequate time to... | n | $\begin{gathered} \text { Not } \\ \text { enough } \end{gathered}$ | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | Always enough | Mean ${ }^{\text {a }}$ | Std. <br> Dev. |
| Be yourself | 49,167 | $\begin{gathered} \hline 4.4 \\ (2,176) \end{gathered}$ | $\begin{gathered} 2.4 \\ (1,197) \end{gathered}$ | $\begin{gathered} 5.5 \\ (2,715) \end{gathered}$ | $\begin{gathered} 7.4 \\ (3,638) \end{gathered}$ | $\begin{gathered} 9.2 \\ (4,502) \end{gathered}$ | $\begin{gathered} 11.4 \\ (5,591) \end{gathered}$ | $\begin{gathered} 9.5 \\ (4,668) \end{gathered}$ | $\begin{gathered} \hline 8.2 \\ (4,049) \end{gathered}$ | $\begin{gathered} 12.2 \\ (5,994) \end{gathered}$ | $\begin{gathered} 29.8 \\ (14,637) \end{gathered}$ | 7.09 | 2.73 |
| Be with children you live with | 30,325 | $\begin{gathered} 3.7 \\ (1,113) \end{gathered}$ | $\begin{gathered} 1.6 \\ (486) \end{gathered}$ | $\begin{gathered} 4.6 \\ (1,383) \end{gathered}$ | $\begin{gathered} 6.6 \\ (2,008) \end{gathered}$ | $\begin{gathered} 12.6 \\ (3,806) \end{gathered}$ | $\begin{gathered} 13.3 \\ (4,026) \end{gathered}$ | $\begin{gathered} 10.0 \\ (3,018) \end{gathered}$ | $\begin{gathered} 12.7 \\ (3,854) \end{gathered}$ | $\begin{gathered} 11.3 \\ (3,438) \end{gathered}$ | $\begin{gathered} 23.7 \\ (7,191) \end{gathered}$ | 7.00 | 2.53 |
| Prepare or eat healthy meals | 48,715 | $\begin{gathered} 3.2 \\ (1,568) \end{gathered}$ | $\begin{gathered} 1.3 \\ (651) \end{gathered}$ | $\begin{gathered} 6.2 \\ (3,031) \end{gathered}$ | $\begin{gathered} 8.1 \\ (3,931) \end{gathered}$ | $\begin{gathered} 11.1 \\ (5,401) \end{gathered}$ | $\begin{gathered} 12.9 \\ (6,288) \end{gathered}$ | $\begin{gathered} 17.7 \\ (8,645) \end{gathered}$ | $\begin{gathered} 16.5 \\ (8,042) \end{gathered}$ | $\begin{gathered} 6.0 \\ (2,920) \end{gathered}$ | $\begin{gathered} 16.9 \\ (8,237) \end{gathered}$ | 6.69 | 2.37 |
| Form and sustain serious relationships | 43,558 | $\begin{gathered} 5.1 \\ (2,222) \end{gathered}$ | $\begin{gathered} 2.5 \\ (1,088) \end{gathered}$ | $\begin{gathered} 8.1 \\ (3,535) \end{gathered}$ | $\begin{gathered} 8.5 \\ (3,719) \end{gathered}$ | $\begin{gathered} 9.4 \\ (4,114) \end{gathered}$ | $\begin{gathered} 10.8 \\ (4,684) \end{gathered}$ | $\begin{gathered} 11.5 \\ (5,016) \end{gathered}$ | $\begin{gathered} 13.8 \\ (6,025) \end{gathered}$ | $\begin{gathered} 9.8 \\ (4,282) \end{gathered}$ | $\begin{gathered} 20.4 \\ (8,871) \end{gathered}$ | 6.64 | 2.69 |
| Get enough sleep/rest | 49,390 | $\begin{gathered} 6.4 \\ (3,183) \end{gathered}$ | $\begin{gathered} 2.2 \\ (1,083) \end{gathered}$ | $\begin{gathered} 5.5 \\ (2,737) \end{gathered}$ | $\begin{gathered} 11.2 \\ (5,533) \end{gathered}$ | $\begin{gathered} 12.1 \\ (6,000) \end{gathered}$ | $\begin{gathered} 9.1 \\ (4,475) \end{gathered}$ | $\begin{gathered} 10.3 \\ (5,099) \end{gathered}$ | $\begin{gathered} 12.3 \\ (6,094) \end{gathered}$ | $\begin{gathered} 6.4 \\ (3,175) \end{gathered}$ | $\begin{gathered} 24.3 \\ (12,010) \end{gathered}$ | 6.59 | 2.78 |
| Socialise | 48,871 | $\begin{gathered} 2.8 \\ (1,353) \end{gathered}$ | $\begin{gathered} 4.1 \\ (1,994) \end{gathered}$ | $\begin{gathered} 8.5 \\ (4,172) \end{gathered}$ | $\begin{gathered} 6.2 \\ (3,046) \end{gathered}$ | $\begin{gathered} 12.4 \\ (6,050) \end{gathered}$ | $\begin{gathered} 14.5 \\ (7,068) \end{gathered}$ | $\begin{gathered} 13.7 \\ (6,713) \end{gathered}$ | $\begin{gathered} 13.5 \\ (6,589) \end{gathered}$ | $\begin{gathered} 5.7 \\ (2,799) \end{gathered}$ | $\begin{gathered} 18.6 \\ (9,085) \end{gathered}$ | 6.52 | 2.53 |
| Be with your partner or spouse | 45,076 | $\begin{gathered} 8.0 \\ (3,611) \end{gathered}$ | $\begin{gathered} 4.7 \\ (2,108) \end{gathered}$ | $\begin{gathered} 6.3 \\ (2,845) \end{gathered}$ | $\begin{gathered} 6.6 \\ (2,958) \end{gathered}$ | $\begin{gathered} 9.4 \\ (4,220) \end{gathered}$ | $\begin{gathered} 11.2 \\ (5,045) \end{gathered}$ | $\begin{gathered} 11.6 \\ (5,236) \end{gathered}$ | $\begin{gathered} 11.6 \\ (5,229) \end{gathered}$ | $\begin{gathered} 8.7 \\ (3,907) \end{gathered}$ | $\begin{gathered} 22.0 \\ (9,916) \end{gathered}$ | 6.49 | 2.88 |
| For your family to be together | 45,962 | $\begin{gathered} 6.2 \\ (2,872) \end{gathered}$ | $\begin{gathered} 3.7 \\ (1,692) \end{gathered}$ | $\begin{gathered} 8.4 \\ (3,876) \end{gathered}$ | $\begin{gathered} 7.5 \\ (3,459) \end{gathered}$ | $\begin{gathered} 11.6 \\ (5,320) \end{gathered}$ | $\begin{gathered} 11.2 \\ (5,133) \end{gathered}$ | $\begin{gathered} 12.7 \\ (5,851) \end{gathered}$ | $\begin{gathered} 10.4 \\ (4,802) \end{gathered}$ | $\begin{gathered} 8.8 \\ (4,059) \end{gathered}$ | $\begin{gathered} 19.4 \\ (8,900) \end{gathered}$ | 6.40 | 2.76 |
| Complete chores or errands | 48,764 | $\begin{gathered} 1.6 \\ (764) \end{gathered}$ | $\begin{gathered} 2.3 \\ (1,121) \end{gathered}$ | $\begin{gathered} 8.5 \\ (4,147) \end{gathered}$ | $\begin{gathered} 12.1 \\ (5,887) \end{gathered}$ | $\begin{gathered} 14.5 \\ (7,068) \end{gathered}$ | $\begin{gathered} 13.1 \\ (6,366) \end{gathered}$ | $\begin{gathered} 13.6 \\ (6,647) \end{gathered}$ | $\begin{gathered} 12.8 \\ (6,262) \end{gathered}$ | $\begin{gathered} 5.8 \\ (2,809) \end{gathered}$ | $\begin{gathered} 15.8 \\ (7,695) \end{gathered}$ | 6.39 | 2.39 |
| Keep in shape | 48,931 | $\begin{gathered} 4.1 \\ (2,021) \end{gathered}$ | $\begin{gathered} 3.0 \\ (1,453) \end{gathered}$ | $\begin{gathered} 7.3 \\ (3,586) \end{gathered}$ | $\begin{gathered} 10.3 \\ (5,026) \end{gathered}$ | $\begin{gathered} 13.1 \\ (6,410) \end{gathered}$ | $\begin{gathered} 12.9 \\ (6,334) \end{gathered}$ | $\begin{gathered} 16.5 \\ (8,079) \end{gathered}$ | $\begin{gathered} 10.8 \\ (5,307) \end{gathered}$ | $\begin{gathered} 5.6 \\ (2,723) \end{gathered}$ | $\begin{gathered} 16.3 \\ (7,992) \end{gathered}$ | 6.32 | 2.51 |
| Participate in or be active in the community | 46,915 | $\begin{gathered} 2.4 \\ (1,120) \end{gathered}$ | $\begin{gathered} 5.7 \\ (2,683) \end{gathered}$ | $\begin{gathered} 9.7 \\ (4,569) \end{gathered}$ | $\begin{gathered} 13.4 \\ (6,299) \end{gathered}$ | $\begin{gathered} 15.6 \\ (7,327) \end{gathered}$ | $\begin{gathered} 14.1 \\ (6,611) \end{gathered}$ | $\begin{gathered} 12.4 \\ (5,832) \end{gathered}$ | $\begin{gathered} 9.2 \\ (4,311) \end{gathered}$ | $\begin{gathered} 4.7 \\ (2,220) \end{gathered}$ | $\begin{gathered} 12.7 \\ (5,944) \end{gathered}$ | 5.89 | 2.45 |
| Nurture your spiritual and/or creative side | 44,834 | $\begin{gathered} 6.1 \\ (2,734) \end{gathered}$ | $\begin{gathered} 7.4 \\ (3,305) \\ \hline \end{gathered}$ | $\begin{gathered} 8.4 \\ (3,758) \\ \hline \end{gathered}$ | $\begin{gathered} 11.1 \\ (4,994) \\ \hline \end{gathered}$ | $\begin{gathered} 17.2 \\ (7,729) \\ \hline \end{gathered}$ | $\begin{gathered} 11.3 \\ (5,068) \end{gathered}$ | $\begin{gathered} 12.1 \\ (5,424) \end{gathered}$ | $\begin{gathered} 9.2 \\ (4,127) \\ \hline \end{gathered}$ | $\begin{gathered} 4.7 \\ (2,129) \\ \hline \end{gathered}$ | $\begin{gathered} 12.4 \\ (5,565) \\ \hline \end{gathered}$ | 5.70 | 2.62 |

[^16]Table H4 Usual Hours of Sleep per Day ${ }^{\text {a }}$

| Hours of Sleep per Day | $\mathbf{n}$ | Min. | Max. | Mean | Std. Dev. |
| :--- | :---: | :---: | :---: | :---: | :---: |
| Usual hours of sleep | 49,583 | 2 | 12 | 6.80 | 1.08 |

${ }^{a}$ Includes both night-time sleep and naps.

Table H5
Frequency of Family Meals in Past Week

| Number of Family Meals in Past Week | n | Pct. |
| :--- | ---: | ---: |
| 0 times | 1,883 | 4.1 |
| 1 to 2 times | 6,868 | 15.0 |
| 3 to 4 times | 12,379 | 27.0 |
| 5 to 6 times | 10,795 | 23.5 |
| 7 or more times | 13,977 | 30.4 |

${ }^{a}$ Family meals including respondents children and/or partner.

## Overall Wellbeing

Table I1
Respondents' Level of Satisfaction with Aspects of Wellbeing
(continued on next page)

|  |  | Percentage of Respondents (n) |  |  |  |  |  |  | Summary Statistics |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Aspect of Wellbeing | n | Extremely dissatisfied | 2 | 3 | 4 | 5 | 6 | Extremely satisfied | Mean ${ }^{\text {a }}$ | Std. <br> Dev. |
| My mental wellbeing | 49,382 | $\begin{gathered} 3.9 \\ (1,902) \end{gathered}$ | $\begin{gathered} 4.0 \\ (1,952) \end{gathered}$ | $\begin{gathered} 7.7 \\ (3,791) \end{gathered}$ | $\begin{gathered} 10.5 \\ (5,194) \end{gathered}$ | $\begin{gathered} 22.2 \\ (10,942) \end{gathered}$ | $\begin{gathered} 32.4 \\ (15,984) \end{gathered}$ | $\begin{gathered} 19.5 \\ (9,617) \end{gathered}$ | 5.18 | 1.57 |
| My personal relationships | 49,596 | $\begin{gathered} 2.3 \\ (1,133) \end{gathered}$ | $\begin{gathered} 2.6 \\ (1,267) \end{gathered}$ | $\begin{gathered} 9.3 \\ (4,630) \end{gathered}$ | $\begin{gathered} 17.1 \\ (8,504) \end{gathered}$ | $\begin{gathered} 20.0 \\ (9,923) \end{gathered}$ | $\begin{gathered} 30.6 \\ (15,188) \end{gathered}$ | $\begin{gathered} 18.0 \\ (8,951) \end{gathered}$ | 5.14 | 1.47 |
| My financial situation | 49,291 | $\begin{gathered} 3.4 \\ (1,688) \end{gathered}$ | $\begin{gathered} 6.0 \\ (2,982) \end{gathered}$ | $\begin{gathered} 5.8 \\ (2,862) \end{gathered}$ | $\begin{gathered} 11.1 \\ (5,475) \end{gathered}$ | $\begin{gathered} 22.5 \\ (11,086) \end{gathered}$ | $\begin{gathered} 35.3 \\ (17,401) \end{gathered}$ | $\begin{gathered} 15.8 \\ (7,797) \end{gathered}$ | 5.12 | 1.55 |
| My neighbourhood as place to live | 49,390 | $\begin{gathered} 4.1 \\ (2,009) \end{gathered}$ | $\begin{gathered} 2.9 \\ (1,421) \end{gathered}$ | $\begin{gathered} 6.2 \\ (3,045) \end{gathered}$ | $\begin{gathered} 16.0 \\ (7,899) \end{gathered}$ | $\begin{gathered} 26.1 \\ (12,912) \end{gathered}$ | $\begin{gathered} 30.3 \\ (14,961) \end{gathered}$ | $\begin{gathered} 14.5 \\ (7,142) \end{gathered}$ | 5.06 | 1.48 |
| My work situation | 49,227 | $\begin{gathered} 5.0 \\ (2,474) \end{gathered}$ | $\begin{gathered} 4.2 \\ (2,060) \end{gathered}$ | $\begin{gathered} 6.1 \\ (3,014) \end{gathered}$ | $\begin{gathered} 11.9 \\ (5,837) \end{gathered}$ | $\begin{gathered} 25.3 \\ (12,474) \end{gathered}$ | $\begin{gathered} 32.0 \\ (15,745) \end{gathered}$ | $\begin{gathered} 15.5 \\ (7,623) \end{gathered}$ | 5.06 | 1.58 |
| The environmental quality of my neighbourhood | 49,390 | $\begin{gathered} 3.4 \\ (1,682) \end{gathered}$ | $\begin{gathered} 4.2 \\ (2,092) \end{gathered}$ | $\begin{gathered} 6.7 \\ (3,314) \end{gathered}$ | $\begin{gathered} 21.9 \\ (10,841) \end{gathered}$ | $\begin{gathered} 22.9 \\ (11,293) \end{gathered}$ | $\begin{gathered} 29.6 \\ (14,628) \end{gathered}$ | $\begin{gathered} 11.2 \\ (5,541) \end{gathered}$ | 4.90 | 1.47 |
| My access to parks and recreation opportunities in the community | 49,552 | $\begin{gathered} 3.0 \\ (1,485) \end{gathered}$ | $\begin{gathered} 4.8 \\ (2,386) \end{gathered}$ | $\begin{gathered} 9.3 \\ (4,598) \end{gathered}$ | $\begin{gathered} 22.6 \\ (11,197) \end{gathered}$ | $\begin{gathered} 24.6 \\ (12,196) \end{gathered}$ | $\begin{gathered} 26.8 \\ (13,271) \end{gathered}$ | $\begin{gathered} 8.9 \\ (4,419) \end{gathered}$ | 4.77 | 1.44 |
| My leisure time | 49,517 | $\begin{gathered} 3.0 \\ (1,495) \end{gathered}$ | $\begin{gathered} 6.3 \\ (3,128) \end{gathered}$ | $\begin{gathered} 12.1 \\ (6,009) \end{gathered}$ | $\begin{gathered} 25.8 \\ (12,762) \end{gathered}$ | $\begin{gathered} 28.1 \\ (13,926) \end{gathered}$ | $\begin{gathered} 16.4 \\ (8,136) \end{gathered}$ | $\begin{gathered} 8.2 \\ (4,062) \end{gathered}$ | 4.52 | 1.43 |
| How I spend my time | 49,552 | $\begin{gathered} 2.0 \\ (1,001) \end{gathered}$ | $\begin{gathered} 6.2 \\ (3,063) \end{gathered}$ | $\begin{gathered} 15.7 \\ (7,768) \end{gathered}$ | $\begin{gathered} 27.2 \\ (13,498) \end{gathered}$ | $\begin{gathered} 22.6 \\ (11,187) \end{gathered}$ | $\begin{gathered} 20.3 \\ (10,083) \end{gathered}$ | $\begin{gathered} 6.0 \\ (2,952) \end{gathered}$ | 4.47 | 1.39 |


|  |  | Percentage of Respondents ( n ) |  |  |  |  |  |  | Summary Statistics |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Aspect of Wellbeing | n | Extremely dissatisfied | 2 | 3 | 4 | 5 | 6 | Extremely satisfied | Mean ${ }^{\text {a }}$ | Std. <br> Dev. |
| The balance of activities in my daily life | 49,482 | $\begin{gathered} 1.7 \\ (839) \end{gathered}$ | $\begin{gathered} 8.1 \\ (4,003) \end{gathered}$ | $\begin{gathered} 16.4 \\ (8,112) \end{gathered}$ | $\begin{gathered} 27.4 \\ (13,554) \end{gathered}$ | $\begin{gathered} 24.6 \\ (12,187) \end{gathered}$ | $\begin{gathered} 15.9 \\ (7,880) \end{gathered}$ | $\begin{gathered} 5.9 \\ (2,907) \end{gathered}$ | 4.36 | 1.39 |
| My physical wellbeing | 49,561 | $\begin{gathered} 6.5 \\ (3,210) \end{gathered}$ | $\begin{gathered} 9.2 \\ (4,562) \end{gathered}$ | $\begin{gathered} 11.6 \\ (5,733) \end{gathered}$ | $\begin{gathered} 23.2 \\ (11,517) \end{gathered}$ | $\begin{gathered} 24.3 \\ (12,055) \end{gathered}$ | $\begin{gathered} 17.5 \\ (8,691) \end{gathered}$ | $\begin{gathered} 7.7 \\ (3,794) \end{gathered}$ | 4.33 | 1.61 |
| My sense of belonging to this community | 49,596 | $\begin{gathered} 2.8 \\ (1,400) \end{gathered}$ | $\begin{gathered} 8.2 \\ (4,50) \end{gathered}$ | $\begin{gathered} 13.6 \\ (6,744) \end{gathered}$ | $\begin{gathered} 33.6 \\ (16,679) \end{gathered}$ | $\begin{gathered} 19.1 \\ (9,465) \end{gathered}$ | $\begin{gathered} 17.3 \\ (8,556) \end{gathered}$ | $\begin{gathered} 5.4 \\ (2,702) \end{gathered}$ | 4.32 | 1.41 |
| My access to arts and culture opportunities in the community | 49,500 | $\begin{gathered} 2.6 \\ (1,284) \end{gathered}$ | $\begin{gathered} 7.8 \\ (3,877) \end{gathered}$ | $\begin{gathered} 12.4 \\ (6,131) \end{gathered}$ | $\begin{gathered} 38.6 \\ (19,160) \end{gathered}$ | $\begin{gathered} 16.2 \\ (8,028) \end{gathered}$ | $\begin{gathered} 18.7 \\ (9,237) \end{gathered}$ | $\begin{gathered} 3.7 \\ (1,843) \end{gathered}$ | 4.29 | 1.35 |
| My access to educational opportunities in the community | 49,435 | $\begin{gathered} 3.5 \\ (1,740) \end{gathered}$ | $\begin{gathered} 7.8 \\ (3,847) \end{gathered}$ | $\begin{gathered} 11.3 \\ (5,578) \end{gathered}$ | $\begin{gathered} 41.5 \\ (20,531) \end{gathered}$ | $\begin{gathered} 18.6 \\ (9,218) \end{gathered}$ | $\begin{gathered} 11.9 \\ (5,871) \end{gathered}$ | $\begin{gathered} 5.4 \\ (2,650) \end{gathered}$ | 4.21 | 1.36 |
| How well democracy is working in my community | 49,468 | $\begin{gathered} 11.8 \\ (5,828) \end{gathered}$ | $\begin{gathered} 8.9 \\ (4,379) \end{gathered}$ | $\begin{gathered} 17.0 \\ (8,397) \end{gathered}$ | $\begin{gathered} 30.4 \\ (15,018) \end{gathered}$ | $\begin{gathered} 18.8 \\ (9,290) \end{gathered}$ | $\begin{gathered} 9.5 \\ (4,686) \end{gathered}$ | $\begin{gathered} 3.8 \\ (1,869) \end{gathered}$ | 3.79 | 1.56 |
| The way my local government responds to community needs | 49,321 | $\begin{gathered} 14.6 \\ (7,193) \end{gathered}$ | $\begin{gathered} 13.5 \\ (6,663) \end{gathered}$ | $\begin{gathered} 16.8 \\ (8,271) \end{gathered}$ | $\begin{gathered} 25.5 \\ (12,557) \end{gathered}$ | $\begin{gathered} 19.1 \\ (9,435) \end{gathered}$ | $\begin{gathered} 8.6 \\ (4,222) \end{gathered}$ | $\begin{gathered} 2.0 \\ (979) \end{gathered}$ | 3.55 | 1.59 |

[^17]Table I2
Extent to Which Respondents Feel the Things They Do in Life are Worthwhile

|  |  | Percentage of Respondents (n) |  |  |  |  |  |  |  |  |  | Summary statistics |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | n | Very dissatisfied | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | Very satisfied | Mean ${ }^{\text {a }}$ | Std. <br> Dev. |
| Things I do in life are worthwhile | 48,996 | $\begin{gathered} 0.2 \\ (88) \end{gathered}$ | $\begin{gathered} 1.4 \\ (663) \end{gathered}$ | $\begin{gathered} 2.3 \\ (1,129) \end{gathered}$ | $\begin{gathered} 1.2 \\ (587) \end{gathered}$ | $\begin{gathered} 5.1 \\ (2,494) \end{gathered}$ | $\begin{gathered} 9.8 \\ (4,811) \end{gathered}$ | $\begin{gathered} 17.3 \\ (8,499) \end{gathered}$ | $\begin{gathered} 20.2 \\ (9,917) \end{gathered}$ | $\begin{gathered} 19.9 \\ (9,728) \end{gathered}$ | $\begin{gathered} 22.6 \\ (11,080) \end{gathered}$ | 7.87 | 1.86 |

${ }^{\text {a }}$ Based on a 10-point scale where higher scores reflect higher levels of satisfaction with feeling that things done in life are worthwhile.

Table I3
Respondents Level of Satisfaction with Life in General Table

|  |  | Percentage of Respondents (n) |  |  |  |  |  |  |  |  |  | Summary statistics |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | n | Very dissatisfied | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | Very satisfied | Mean ${ }^{\text {a }}$ | Std. <br> Dev. |
| Level of satisfaction with life in general | 49,596 | $\begin{gathered} 0.1 \\ (43) \end{gathered}$ | $\begin{gathered} 0.9 \\ (437) \end{gathered}$ | $\begin{gathered} 2.3 \\ (1,163) \end{gathered}$ | $\begin{gathered} 4.7 \\ (2,354) \end{gathered}$ | $\begin{gathered} 4.8 \\ (2,359) \end{gathered}$ | $\begin{gathered} 4.6 \\ (2,288) \end{gathered}$ | $\begin{gathered} 13.8 \\ (6,826) \end{gathered}$ | $\begin{gathered} 21.6 \\ (10,695) \end{gathered}$ | $\begin{gathered} 26.3 \\ (13,042) \end{gathered}$ | $\begin{gathered} 20.9 \\ (10,389) \end{gathered}$ | 7.94 | 1.86 |

${ }^{\text {a }}$ Based on a 10-point scale where higher scores reflect higher levels of satisfaction with life in general.

OF WELLBEING

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[^0]:    ${ }^{1}$ Based on available 2011 Census data for age and sex, all residents of Fort McMurray, including Draper, were weighted together. Outlying communities were weighted individually.

[^1]:    ${ }^{2}$ No questionnaires were received from Janvier or Fort McKay.

[^2]:    ${ }^{\mathrm{a}}$ Includes evenings, nights, and or rotating shifts throughout the week.
    ${ }^{\mathrm{b}}$ Includes irregular shifts, on call, compressed work weeks.

[^3]:    ${ }^{\text {a }}$ Based on a 7-point scale where higher scores reflect higher frequency of feelings of discomfort.

[^4]:    ${ }^{\text {a }}$ Based on a 7-point scale where higher scores reflect a stronger sense of belonging

[^5]:    ${ }^{\text {a }}$ Based on a 7-point scale where higher scores reflect higher levels of agreement.

[^6]:    ${ }^{\text {a }}$ Based on a 7-point scale where higher scores reflect higher levels of agreement.

[^7]:    ${ }^{\text {a }}$ Based on a 7-point scale where higher scores reflect higher levels of agreement.

[^8]:    ${ }^{\text {a }}$ Based on a 5-point scale where higher scores reflect higher frequency of engagement in activities.

[^9]:    ${ }^{\text {a }}$ Based on a 5-point scale where higher scores reflect higher frequency of facility use.

[^10]:    ${ }^{\text {a }}$ Based on a 7-point scale where higher scores reflect higher agreement.

[^11]:    ${ }^{\text {a }}$ Based on a 7-point scale where higher scores reflect greater agreement.

[^12]:    ${ }^{\text {a }}$ Notes: Job promotion is comprised of questions related to opportunities for promotion, to use one's training/education, recognition of effort, and appropriate remuneration.
    Job security is comprised of perceptions of job security and experience of an undesirable change in work sit.
    ${ }^{\mathrm{b}}$ Based on a 7-point scale where higher scores reflect higher agreement that dimension is important part of job fit.

[^13]:    ${ }^{\text {a }}$ Based on a 7-point scale where higher scores reflect greater agreement.

[^14]:    ${ }^{\text {a }}$ Notes: Work/personal life enhancement refers to the positive transfer of mood and energy between work and personal domains.
    Work interference with personal life refers to difficulties re: detrimental influence of work on personal needs, time, energy, relation ships.
    Personal life interference with work refers to difficulties performing job requirements because of personal matters.
    ${ }^{\mathrm{b}}$ Based on a 7-point scale where higher scores reflect higher agreement with balance in work-life dimension.

[^15]:    ${ }^{\text {a }}$ Based on a 5-point scale where higher scores reflect higher incidence of these experiences.

[^16]:    ${ }^{\text {a }}$ Based on a 10-point scale where higher scores reflect more adequate amounts of time perceived by respondent. Based on responses to at least 10 of the 12 items, the respondents' ( $n=44,548$ ) overall sense of time adequacy averaged $6.47(S D=2.05)$.

[^17]:    ${ }^{\text {a }}$ Based on a 7-point scale where higher scores reflect higher levels of satisfaction with aspect of wellbeing.

