

# Wellbeing in Waterloo Region:

## A Summary of Results from the CIW Community Wellbeing Survey

Submitted to:  
Waterloo Region

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# What is Wellbeing?

There are many definitions of wellbeing. *The Canadian Index of Wellbeing* has adopted the following as its working definition:

*The presence of the highest possible quality of life in its full breadth of expression focused on but not necessarily exclusive to: good living standards, robust health, a sustainable environment, vital communities, an educated populace, balanced time use, high levels of democratic participation, and access to and participation in leisure and culture.*



# Introduction

The Waterloo Region Community Wellbeing Survey was launched in the spring of 2018 through a number of different strategies to encourage residents of the Region to participate. The three approaches used to encourage residents who were 16 years of age or older to participate in the survey were:

1. an open access, online survey that was advertised through a variety of traditional and social media channels;
2. a personalised letter to 40,000 randomly selected households across all seven municipalities in Waterloo Region; and
3. targeted outreach to specific populations who might not typically have the same opportunity to complete a questionnaire using traditional survey approaches (i.e., lower income residents; immigrants/refugees; people living with physical or mental health challenges; members of the Mennonite community, older adults).

The random selection of households included an oversampling of the townships within the Region to ensure adequate representation of residents living in smaller communities and rural areas. To help ensure a broader age range of respondents, the household member 16 years of age or older with a birthday closest to June 1<sup>st</sup> was asked to complete the survey.

Slightly over 7,000 surveys were initially included among the respondents, of which a total of 5,029 usable questionnaires comprised the final sample. Most of the unusable surveys were begun online, but never completed. Some were deemed unusable due to low response on critical sections of the questionnaire and/or questionable integrity. Most surveys were completed online (86.2%;  $n = 4,336$ ) with the remaining surveys (13.8%;  $n = 693$ ) completed using a paper version that was either requested by residents or used with targeted groups. Given the different strategies used to generate a sample, determining an accurate, final response rate is not possible, but based on the nature of the responses, the reach across the Region, and previous experience with general population surveys, a response rate of between 10% and 12% is quite reasonable.

Given the size of the sample, the margin of error when reporting the overall results for Waterloo Region is estimated to be within  $\pm 1.4\%$ , 19 times out of 20. This margin of error is somewhat higher for individual municipalities, especially for the smaller townships where response rates were correspondingly lower. For example, with final samples of under 100 residents, the margin of error for North Dumfries and Wellesley is between 9% and 10% whereas for the City of Waterloo, it is 2.6%.

This report is comprised mainly of summary, descriptive statistics. It provides frequency distributions and measures of central tendency for all questions across the eight domains comprising the Canadian Index of Wellbeing (CIW) conceptual framework: *Community Vitality*, *Democratic Engagement*, *Education*, *Environment*, *Healthy Populations*, *Leisure and Culture*, *Living Standards*, and *Time Use*. A demographic profile of residents is presented first and measures of overall wellbeing are reported to conclude the main body of the report.

## Weighting of data

In order to ensure the results from the survey are representative of the residents of Waterloo Region, the data provided by the 5,029 respondents were weighted by sex, age grouping, and municipality to match the 2016 Census profile ( $N = 439,750$ ) for those residents 16 years of age and older. Weighting the data allows the overall results presented in this report to more accurately reflect the responses of residents without under- or over-representing any groups based on age, sex, or where they live in Waterloo Region.

The following tables provide a description of survey participants. Each table first presents the unweighted results for age, sex, and municipality, and then presents the results for these three characteristics once survey weights were applied. Survey weights were based on the results taken from 2016 Census of Canada thereby adjusting the distributions of representative respondents to the survey to match the distributions of all residents in the region.

To weight the data, participants were assigned to one of the following seven municipalities based on information provided in the survey:

Cities	Townships
✓ Cambridge	✓ North Dumfries
✓ Kitchener	✓ Wellesley
✓ Waterloo	✓ Wilmot
	✓ Woolwich

Survey results based on both unweighted and weighted data are presented in the following tables: *sex* (see Table 1), *age group* (see Table 2), and ***municipality*** (see Table 3).

More specifically, Tables 1 and 2 compare the sample results to the actual distribution for the total population separately for sex and age. The final weighting of the sample incorporated age, sex, and municipality concurrently to generate the weighted sample, which reflects the overall population distribution in each of the seven municipalities of Waterloo Region (see Table 3).

Table 1  
Distribution of Residents *by Sex*

Sex	Unweighted <sup>a</sup>		Weighted Sample	
	n	Pct.	n	Pct.
Female	3,197	67.1	224,275	51.0
Male	1,567	32.9	215,475	49.0
<b>Total</b>	<b>4,764</b>	<b>100.0</b>	<b>439,750</b>	<b>100.0</b>

<sup>a</sup> 265 residents did not provide information about their sex.

Women routinely respond to surveys more frequently than men. Two-thirds of the respondents to the survey were women, so following weighting, the numbers adjusted to better reflect the actual distribution of men and women in the Region.



Table 2  
Distribution of Residents by Age Group

Age Group	Unweighted <sup>a</sup>		Weighted Sample	
	n	Pct.	n	Pct.
16 to 34 years	807	17.3	144,771	32.9
35 to 44 years	839	18.0	73,509	16.7
45 to 54 years	958	20.5	77,555	17.6
55 to 64 years	1,029	22.0	66,740	15.2
65 to 74 years	694	14.9	43,650	9.9
75 years and older	343	7.3	33,525	7.6
<b>Total</b>	<b>4,670</b>	<b>100.0</b>	<b>439,750</b>	<b>100.0</b>

<sup>a</sup> 359 residents did not provide information about their age. Within the age group 16 to 34 years are 50 teenaged residents (16 to 19 years) and 158 residents aged 20 to 24 years.

People in their middle and later years are more likely to respond to surveys than other age groups, and this was reflected in the Waterloo Region results. Many more people aged 45 to 64 years and many fewer individuals under 34 years of age responded to the survey. Given the distribution of ages of the respondents, these six categories did, however, provide the overall number of responses necessary to allow for the weighting of responses and thereby better reflect the age distribution of the Region.

Table 3  
Distribution of Residents by Municipality

Municipality	Unweighted <sup>a</sup>		Weighted Sample	
	n	Pct.	n	Pct.
Cambridge	1,024	21.7	106,090	24.1
Kitchener	1,581	33.5	192,345	43.7
Waterloo	1,452	30.8	88,530	20.1
North Dumfries	96	2.0	8,315	1.9
Wellesley	82	1.7	8,265	1.9
Wilmot	189	4.0	16,470	3.7
Woolwich	294	6.2	19,735	4.5
<b>Total</b>	<b>4,718</b>	<b>100.0</b>	<b>439,750</b>	<b>100.0</b>

<sup>a</sup> Municipality was unavailable for 311 residents.

A higher percentage of responses were received from Waterloo and a lower percentage from Kitchener than might be expected given their overall populations. The percentage of responses from other municipalities in the Region approximated their populations so weighting slightly adjusted the distributions accordingly, again to ensure that the results more accurately the voices of the residents of Waterloo Region regardless of where they live.

## Reading the report

As noted, the results presented in the tables comprising the rest of this report are weighted to reflect estimates for the population of Waterloo Region, aged 16 years and older. In some cases, the total number of responses does not equal the total population due to missing responses. Non-response typically represents only a few people, so the totals are not substantially less than the population total for the region. In other instances, people might simply have chosen not to answer specific questions for a variety of reasons (e.g., felt the question was irrelevant to them, did not recall the requested information, or thought the question was too personal). For example, many people often choose not to answer questions about income; in this survey, 12.1% of the residents declined to report their incomes, which is fairly typical. For some questions, response categories of “does not apply” or “don’t know” were provided, and these answers are not reported in the tables. Again, these responses typically are used by only a few people. Finally, total percentages in a few tables may not add up to exactly 100% due to rounding.

All of the tables report the results for each of the seven municipalities and for the Region overall.

Table numbers linked to titles correspond with survey question numbers (e.g., Table **J3** for age of respondent refers to question **J3** on the questionnaire). For tables listing several items for which residents have reported participation or have rated on scales such as level of agreement or perceptions, there are separate tables for each item in the scale. For example, Table A7 in the Community Vitality section concerning perceptions of sense of their community as a place to live, there are 12 tables comparing responses by municipality listed as Tables A7a to A7k. For questions that ask participants to indicate their level of agreement or satisfaction with a statement, the levels have been collapsed into more meaningful categories for ease of interpretation. For example, when measuring level of agreement along a 7-point scale where 1 = *strongly disagree* and 7 = *strongly agree*, the first three values (1, 2, and 3) have been categorised as *disagree*, a value of 4 is *neutral*, and the last three values (5, 6 and 7) are categorised as *agree*.

Finally, not all response categories are reported for some of the open-ended demographic questions, especially when the number of responses is very low. In these instances, some explanatory text appears as notes beneath the relevant tables.

## List of abbreviations and terms

n	Number of residents
Pct.	Percentage of residents
Mean	Arithmetic average
Std. Dev.	Standard deviation (average amount the scores deviate from the mean)
Min.	Minimum score reported
Max.	Maximum score reported

# Demographic Profile

Table J1  
Profile of Respondents of Waterloo Region:  
*Sex at Birth*

Sex	Pct. in Region	Percentage in Municipality						
		Cambridge	Kitchener	Waterloo	North Dumfries	Wellesley	Wilmot	Woolwich
Male	49.0	48.7	48.8	49.7	49.8	49.9	49.1	48.3
Female	51.0	51.3	51.2	50.3	50.2	50.1	50.9	51.7
<b>Total</b>	439,750	106,090	192,345	88,530	8,315	8,265	16,470	19,735

Table J2  
Profile of Respondents of Waterloo Region:  
*Self-Identified Gender*

Gender	Pct. in Region	Percentage in Municipality						
		Cambridge	Kitchener	Waterloo	North Dumfries	Wellesley	Wilmot	Woolwich
Male	48.3	48.9	48.0	48.7	49.6	49.9	49.4	43.7
Female	50.7	50.4	51.1	49.7	49.9	50.1	50.6	53.9
Other <sup>a</sup>	1.0	0.7	0.9	1.5	0.5	0.0	0.0	2.3
<b>Total</b>	439,049	105,880	192,345	88,166	8,272	8,265	16,428	19,693

Note: <sup>a</sup> Other self-identified gender included “trans”, “non-binary”, and “queer”.

Table J3a  
 Profile of Respondents of Waterloo Region: *Age Groupings*

Age Group <sup>a</sup>	Pct. in Region	Percentage in Municipality						
		Cambridge	Kitchener	Waterloo	North Dumfries	Wellesley	Wilmot	Woolwich
16 to 24 years	7.5	7.0	5.4	14.1	1.4	4.2	8.7	5.2
25 to 29 years	11.2	11.7	12.7	11.1	9.9	2.1	5.1	5.0
30 to 34 years	14.1	12.6	16.2	12.0	7.0	14.8	8.7	19.1
35 to 44 years	16.7	16.7	16.6	14.2	25.7	29.1	21.2	16.7
45 to 54 years	17.6	18.7	17.3	17.2	20.1	17.4	17.1	17.1
55 to 64 years	15.2	15.6	15.0	14.4	18.2	16.3	16.1	16.0
65 to 74 years	9.9	10.1	9.5	9.5	11.3	10.2	13.5	11.6
75 years and older	7.6	7.7	7.4	7.7	6.4	5.9	9.7	9.3
<b>Total</b>	439,749	106,090	192,421	88,454	8,315	8,264	16,470	19,735

<sup>a</sup> Residents had to be at least 16 years of age to participate in the survey.

Table J3b  
 Profile of Respondents of Waterloo Region: *Age in Years*

Age <sup>a</sup>	Region Overall	Municipality						
		Cambridge	Kitchener	Waterloo	North Dumfries	Wellesley	Wilmot	Woolwich
Age in years	46.48 (17.27)	46.88 (17.33)	46.21 (16.68)	45.17 (18.41)	50.26 (15.70)	48.23 (15.27)	48.93 (18.05)	48.58 (17.41)
<b>Total</b>	439,750	106,090	192,345	88,530	8,315	8,265	16,470	19,735

<sup>a</sup> Mean age in years with standard deviation below in parentheses.

Table J4  
 Profile of Respondents of Waterloo Region: *Marital Status*

Marital Status	Pct. in Region	Percentage in Municipality						
		Cambridge	Kitchener	Waterloo	North Dumfries	Wellesley	Wilmot	Woolwich
Married	52.5	49.2	50.9	47.8	75.7	85.3	66.3	72.1
Single, never married	21.6	23.1	20.9	28.3	6.6	2.1	18.4	7.5
Living common-law	12.1	12.4	14.2	9.6	6.7	5.1	5.7	11.3
Separated	3.2	4.3	2.8	2.9	7.7	0.0	0.8	3.0
Divorced	6.0	5.9	7.0	6.6	1.0	0.8	1.6	1.9
Widowed	4.7	5.0	4.2	4.9	2.3	6.6	7.3	4.2
<b>Total</b>	438,047	105,329	192,346	87,586	8,315	8,266	16,470	19,735

Table J5  
Profile of Respondents of Waterloo Region: *Highest Level of Education Completed*

Level of Education	Pct. in Region	Percentage in Municipality						
		Cambridge	Kitchener	Waterloo	North Dumfries	Wellesley	Wilmot	Woolwich
Elementary school	3.8	4.7	1.9	3.7	7.1	6.1	6.0	14.2
High school	16.9	23.0	11.8	21.1	15.6	17.8	19.4	13.3
Post-secondary <sup>a</sup>	8.5	11.1	7.7	6.3	8.4	17.4	8.7	7.2
College diploma	20.6	25.4	21.6	12.3	23.3	15.9	20.4	23.5
University degree <sup>b</sup>	32.2	28.4	34.1	34.5	30.8	23.6	31.3	29.9
Graduate degree <sup>c</sup>	17.9	7.4	22.9	22.1	14.9	19.2	14.2	11.9
<b>Total</b>	436,645	105,387	192,196	86,871	8,269	8,195	16,197	19,530

Notes: <sup>a</sup> Post secondary includes certificate, trade, or apprenticeship.  
<sup>b</sup> University degree includes all undergraduate degree programs (e.g., B.A., B.Sc.)  
<sup>c</sup> Graduate degree includes all post-undergraduate programs (e.g., M.A., M.Sc., Ph.D.)

Table J6  
Profile of Respondents of Waterloo Region: *Main Activity*

Main Activity	Pct. in Region	Percentage in Municipality						
		Cambridge	Kitchener	Waterloo	North Dumfries	Wellesley	Wilmot	Woolwich
Employed full-time	49.0	46.3	53.6	40.3	55.6	60.3	46.8	51.3
Employed part-time	6.5	7.1	6.4	6.9	4.6	7.6	3.1	6.2
Self-employed	5.7	5.1	6.2	4.8	4.2	3.1	8.5	7.3
Unemployed, looking for work	2.8	4.1	1.2	5.9	0.0	0.0	1.9	0.8
Unemployed, not looking for work	2.2	4.1	0.6	3.7	0.0	2.5	1.7	3.0
Non-standard employment <sup>a</sup>	2.9	2.3	3.3	4.1	1.4	0.0	1.4	1.3
Retired, by choice	17.5	16.8	17.2	16.9	23.2	14.4	23.6	19.5
Retired, <i>not</i> by choice	2.3	2.8	2.0	2.6	2.2	1.6	1.1	2.0
Going to school	5.1	3.9	4.1	9.9	2.8	0.0	7.3	2.4
Household work/ caring for children	2.2	3.3	1.3	2.0	5.2	8.3	0.4	3.0
On leave from work <sup>b</sup>	2.4	2.8	2.7	2.1	0.0	0.0	1.8	1.1
Temporary leave from work <sup>c</sup>	1.3	1.3	1.3	0.6	0.7	2.1	2.2	2.1
<b>Total</b>	<b>434,433</b>	<b>104,355</b>	<b>192,270</b>	<b>85,278</b>	<b>8,270</b>	<b>8,265</b>	<b>16,352</b>	<b>19,643</b>

Notes: <sup>a</sup> Includes contract, temporary, seasonal, and multiple jobs.  
<sup>b</sup> Leave due to long-term disability.  
<sup>c</sup> Temporary leave due to, for example, illness or parental leave.

Table J7  
 Profile of Respondents of Waterloo Region: *Annual Household Income from All Sources*

Household Income	Pct. in Region	Percentage in Municipality						
		Cambridge	Kitchener	Waterloo	North Dumfries	Wellesley	Wilmot	Woolwich
Under \$10,000	6.5	8.6	2.9	14.6	0.6	0.0	2.0	3.2
\$10,000 to \$19,999	6.3	7.3	5.1	10.7	0.0	0.5	2.5	2.0
\$20,000 to \$29,999	5.8	7.5	5.1	6.2	4.1	3.8	5.0	2.9
\$30,000 to \$39,999	7.1	7.8	7.9	6.0	2.0	4.4	3.5	6.8
\$40,000 to \$59,999	15.0	15.3	17.0	12.2	17.2	6.4	13.3	9.2
\$60,000 to \$79,999	13.5	14.9	14.7	8.7	16.7	15.6	7.3	18.4
\$80,000 to \$99,999	10.8	8.5	12.8	8.5	8.4	5.0	15.3	13.7
\$100,000 to \$119,999	10.1	9.8	10.3	7.4	17.0	12.6	15.9	13.2
\$120,000 to \$149,999	9.8	8.5	10.3	9.3	7.3	9.3	15.9	8.9
\$150,000 and over	15.2	11.8	13.8	16.4	26.7	42.4	19.3	21.7
<b>Total</b>	415,587	99,765	184,217	82,892	7,599	7,749	15,727	17,638



Table J8  
Profile of Respondents of Waterloo Region: *Born in Canada*

Birthplace	Pct. in Region	Percentage in Municipality						
		Cambridge	Kitchener	Waterloo	North Dumfries	Wellesley	Wilmot	Woolwich
Born in Canada	82.3	81.4	85.3	72.5	89.1	88.7	89.1	91.7

Table J9  
Profile of Respondents of Waterloo Region:  
*Years Lived in Canada (if not born in Canada)*

Years Lived in Canada	Pct. in Region	Percentage in Municipality						
		Cambridge	Kitchener	Waterloo	North Dumfries	Wellesley	Wilmot	Woolwich
10 years or less	24.2	18.3	16.9	42.2	12.8	0.0	19.9	5.1
11 to 20 years	18.7	20.9	22.3	15.1	0.0	18.8	4.3	5.6
21 to 30 years	14.8	15.0	16.7	12.5	0.0	0.0	28.5	13.3
31 to 50 years	24.2	26.1	27.3	15.9	55.1	25.7	16.6	48.6
51 years or more	18.1	19.8	16.8	14.4	32.1	55.4	30.6	27.4
<b>Total</b>	74,136	19,625	27,639	21,607	907	936	1,792	1,630

Note: Not all respondents born outside of Canada reported years lived in Canada. For those respondents who were born outside of Canada and who reported years lived in Canada ( $n = 837$ ), the average length of time they had lived in Canada was just over 30 years ( $M = 28.88$ ,  $SD = 20.23$ ).

Table J10  
 Profile of Respondents of Waterloo Region:  
*First Nations, Métis, or Inuit*

First Nations Status	Pct. in Region	Percentage in Municipality						
		Cambridge	Kitchener	Waterloo	North Dumfries	Wellesley	Wilmot	Woolwich
Yes	2.0	4.0	1.2	2.4	1.4	0.0	0.0	1.2
No	95.1	93.8	95.6	93.2	98.6	100.0	99.1	97.5
Not sure	2.9	2.2	3.2	4.5	0.0	0.0	0.9	1.3
<b>Total</b>	427,031	102,166	190,558	83,413	8,061	7,830	16,393	18,610

Table J11  
Profile of Respondents of Waterloo Region: *Self-Identified Ethnicity*

Ethnic Identity	Pct. in Region	Percentage in Municipality						
		Cambridge	Kitchener	Waterloo	North Dumfries	Wellesley	Wilmot	Woolwich
Canadian	59.4	57.8	61.2	53.5	54.6	63.6	64.8	70.4
English	8.5	11.0	8.5	6.6	14.6	6.6	6.5	3.3
German	5.6	2.8	6.0	5.2	6.3	17.1	11.3	7.1
Scottish	3.3	3.3	3.2	3.7	3.6	2.3	2.9	3.0
Chinese	2.9	2.9	1.4	7.6	1.4	2.2	0.5	0.3
Irish	2.5	3.4	2.5	1.5	3.1	0.4	1.6	4.0
<b>Total</b>	102,044	190,597	83,133	8,099	8,056	16,399	19,079	427,407

*Notes:* Only the most frequently reported ethnicities are reported in the table. Backgrounds *not* reported in the table include Dutch, Italian, East Indian, Polish, Portuguese, Caribbean origins, French, and African origins due to low response.

Table J12  
Profile of Respondents of Waterloo Region: *First Official Language*

First Language	Pct. in Region	Percentage in Municipality						
		Cambridge	Kitchener	Waterloo	North Dumfries	Wellesley	Wilmot	Woolwich
English	89.8	90.0	91.9	83.5	95.0	89.0	96.0	88.4
French	0.9	1.2	0.8	0.9	1.7	1.0	0.3	0.0
Other	9.3	8.8	7.2	15.6	3.3	10.0	3.7	11.6
<b>Total</b>	436,075	105,572	192,229	86,110	8,155	8,055	16,300	19,654

*Notes:* Most common other languages reported as used at home include Urdu, Chinese, German, Low German, Spanish, and Arabic.

Table J13  
 Profile of Respondents of Waterloo Region:  
*Living with a Disability (physical or mental) or a Chronic Illness that Limits Activity*

Living with Disability	Pct. in Region	Percentage in Municipality						
		Cambridge	Kitchener	Waterloo	North Dumfries	Wellesley	Wilmot	Woolwich
Yes	22.4	26.5	21.2	24.3	14.5	6.5	18.7	17.2
No	77.6	73.5	78.8	75.7	85.5	93.5	81.3	82.8
<b>Total</b>	437,377	105,800	191,033	87,899	8,315	8,230	16,470	19,630

Table J14  
 Profile of Respondents of Waterloo Region:  
*Physical or Mental Health Limits Ability to Fully Participate in Community*

Health Limitations	Pct. in Region	Percentage in Municipality						
		Cambridge	Kitchener	Waterloo	North Dumfries	Wellesley	Wilmot	Woolwich
Yes	21.4	24.4	20.9	23.0	8.2	8.4	17.8	16.1
No	78.6	75.6	79.1	77.0	91.8	91.6	82.2	83.9
<b>Total</b>	432,290	105,074	189,566	85,795	8,270	8,230	16,399	18,956

Table J16  
 Profile of Respondents of Waterloo Region:  
*Years Resident of Waterloo Region*

Length of Residency	Region Overall	Municipality						
		Cambridge	Kitchener	Waterloo	North Dumfries	Wellesley	Wilmot	Woolwich
Years resident	19.11 (18.16)	20.93 (18.61)	19.64 (18.14)	17.28 (18.39)	12.96 (14.12)	16.10 (13.68)	15.47 (14.28)	22.65 (19.80)
<b>Total</b>	201,451	49,823	77,316	46,411	4,293	5,319	9,590	8,699

<sup>a</sup> Mean years of residency in Region with standard deviation below in parentheses.

Table J17  
 Profile of Respondents of Waterloo Region:  
*Years Lived in Current Residence*

Current Residency	Region Overall	Municipality						
		Cambridge	Kitchener	Waterloo	North Dumfries	Wellesley	Wilmot	Woolwich
Years resident	9.79 (11.23)	10.51 (12.27)	9.39 (10.39)	8.14 (10.70)	10.88 (9.93)	12.65 (10.68)	10.85 (10.51)	15.20 (14.38)
<b>Total</b>	219,079	51,750	89,965	49,349	4,306	4,834	9,413	9,462

<sup>a</sup> Mean years in current residence with standard deviation below in parentheses.

Table J18  
 Profile of Respondents of Waterloo Region:  
*Own, Rent, or Lease Place in Which Currently Living*

Nature of Residency	Pct. in Region	Percentage in Municipality						
		Cambridge	Kitchener	Waterloo	North Dumfries	Wellesley	Wilmot	Woolwich
Own	66.3	65.8	68.0	51.7	93.0	90.8	80.7	84.1
Rent	28.9	28.8	29.2	40.3	7.0	9.2	10.0	9.3
Lease	0.8	0.2	0.8	1.3	0.0	0.0	0.5	2.2
Other	4.0	5.2	2.0	6.7	0.0	0.0	8.9	4.5
<b>Total</b>	436,508	105,026	191,258	87,543	8,315	8,265	16,470	19,631

Notes: Among the few respondents who reported another type of accommodation, living with parents and living with other family members were the most common responses.

Table J19  
 Profile of Respondents of Waterloo Region:  
*Percentage of Monthly Income Spent on Housing*

Pct. Income Spent on Housing	Pct. in Region	Percentage in Municipality						
		Cambridge	Kitchener	Waterloo	North Dumfries	Wellesley	Wilmot	Woolwich
Less than 30%	58.4	52.9	59.2	56.5	60.9	78.1	70.8	68.7
30 to 50%	33.5	37.6	34.3	31.5	37.3	14.8	26.8	23.8
More than 50%	8.2	9.5	6.6	12.0	1.8	7.1	2.4	7.5
<b>Total</b>	420,726	100,715	186,194	84,489	7,871	7,938	15,548	17,971

Table J20  
 Profile of Respondents of Waterloo Region:  
*Main Type of Transportation Used to Get Around Community*

Main Transportation Used	Pct. in Region	Percentage in Municipality						
		Cambridge	Kitchener	Waterloo	North Dumfries	Wellesley	Wilmot	Woolwich
Walk	8.4	8.1	7.5	12.6	5.2	13.2	3.9	3.6
Bicycle	3.3	1.5	3.5	5.4	0.7	8.5	1.0	1.8
Personal car	78.1	81.8	79.3	65.0	91.7	75.1	93.4	85.9
Public transit	8.0	7.4	7.2	14.4	0.0	0.4	0.7	3.7
Other	2.3	1.2	2.6	2.5	2.3	2.8	1.0	5.1
<b>Total</b>	<b>430,763</b>	<b>104,134</b>	<b>192,131</b>	<b>82,452</b>	<b>8,315</b>	<b>8,022</b>	<b>16,351</b>	<b>19,358</b>

*Notes:* Among the few respondents who reported another type of transportation (i.e., 1.0% to 5.1%), the most frequently cited types were taxi/cab, horse and buggy, and getting a ride from family members or friends. Other types of transportation reported included carpool, scooter, wheelchair, and motorcycle.

Table J21 – Profile of Respondents of Waterloo Region: *Currently have Partner*

Have Partner	Pct. in Region	Percentage in Municipality						
		Cambridge	Kitchener	Waterloo	North Dumfries	Wellesley	Wilmot	Woolwich
Yes	72.2	68.3	74.4	65.1	85.6	94.3	74.8	86.0
No	27.8	31.7	25.6	34.9	14.4	5.7	25.2	14.0
<b>Total</b>	437,055	105,140	192,004	87,266	8,315	8,230	16,428	19,672

Table J22 – Profile of Respondents of Waterloo Region: *Living with Partner*

Living with Partner	Pct. in Region	Percentage in Municipality						
		Cambridge	Kitchener	Waterloo	North Dumfries	Wellesley	Wilmot	Woolwich
Yes	87.3	85.7	88.7	79.3	98.2	94.7	95.5	98.3
No	12.7	14.3	11.3	20.7	1.8	5.3	4.5	1.7
<b>Total</b>	322,997	74,763	142,799	61,622	7,160	7,833	12,336	16,484

Table J23 – Profile of Respondents of Waterloo Region: *Gender of Partner*

Gender of Partner	Pct. in Region	Percentage in Municipality						
		Cambridge	Kitchener	Waterloo	North Dumfries	Wellesley	Wilmot	Woolwich
Male	50.3	52.4	49.5	49.7	49.7	47.5	50.6	50.8
Female	49.0	47.1	49.9	49.2	50.3	52.5	49.4	46.6
Other specified	0.7	0.4	0.7	1.1	0.0	0.0	0.0	2.6
<b>Total</b>	316,127	71,793	142,519	57,844	7,114	7,763	12,290	16,804



Table J24a  
 Profile of Respondents of Waterloo Region:  
*Household Type*

Household Type	Pct. in Region	Percentage in Municipality						
		Cambridge	Kitchener	Waterloo	North Dumfries	Wellesley	Wilmot	Woolwich
Couple living with children at home	32.7	35.1	29.5	29.3	43.4	59.6	41.5	43.0
Couple with no children at home	16.9	17.7	16.1	13.7	23.7	22.7	23.5	24.6
Couple with no children	15.8	10.1	19.3	16.2	14.3	7.7	13.1	15.3
Adult with children living at home	5.3	9.5	3.9	5.2	4.1	2.1	2.2	2.4
Adult living alone	17.6	15.8	20.3	18.7	9.6	7.1	13.3	7.6
Adult sharing accommodation	7.2	6.1	6.7	12.9	1.1	0.8	2.7	1.6
Other <sup>a</sup>	4.4	5.7	4.1	4.0	3.7	0.0	3.6	5.4
<b>Total</b>	<b>432,608</b>	<b>103,370</b>	<b>191,484</b>	<b>85,320</b>	<b>8,272</b>	<b>8,230</b>	<b>16,428</b>	<b>19,504</b>

Note: <sup>a</sup> Among respondents who indicated an *other* household type (2.6% to 5.7%), most of the responses indicated living with parents or other family members and living in multigenerational households. Specifically, frequently reported examples included living arrangements such as adult children living at home, grandchildren living with grandparents, or elderly parents living with adult children.

Table J24b  
 Profile of Respondents of Waterloo Region:  
*Percentage of Households with at Least One Child of Selected Ages*

Presence of Children	Pct. in Region	Percentage in Municipality						
		Cambridge	Kitchener	Waterloo	North Dumfries	Wellesley	Wilmot	Woolwich
Under 5 years	13.5	15.8	10.8	15.4	8.5	12.4	18.8	20.5
5 to 12 years	18.3	23.6	14.4	17.3	24.6	42.8	20.4	19.7
13 to 18 years	12.8	16.2	9.7	14.3	18.5	20.4	12.4	18.1
Over 18 years	36.4	42.0	32.5	37.7	38.8	38.7	36.2	40.9

# Community Vitality

## Volunteering and Civic Participation

Table A1  
Residents who Volunteered During the Past 12 Months

Volunteered	Pct. in Region	Percentage in Municipality						
		Cambridge	Kitchener	Waterloo	North Dumfries	Wellesley	Wilmot	Woolwich
Volunteers	59.6	53.2	61.0	61.7	49.9	72.3	66.6	64.1
<b>Total responding</b>	260,347	56,036	116,469	54,287	4,095	5,949	10,962	12,549

Table A2  
Residents who were a Member of or Participant in an Organization During the Past 12 Months

Organization Type	Pct. in Region	Percentage in Municipality						
		Cambridge	Kitchener	Waterloo	North Dumfries	Wellesley	Wilmot	Woolwich
union or professional association	33.0	32.2	34.1	30.4	37.9	42.4	37.1	28.1
political party or group	9.9	9.4	10.2	11.8	6.8	8.2	7.6	5.3
sports or recreational organization <sup>a</sup>	39.9	37.9	41.2	37.1	55.2	49.7	37.2	41.7
cultural, educational or hobby organization <sup>b</sup>	27.2	21.0	28.7	31.4	27.5	38.3	29.3	19.6
faith-based group <sup>c</sup>	27.3	26.6	25.0	27.7	23.0	36.3	35.8	42.6
school, neighbourhood, civic or community association <sup>d</sup>	16.5	15.4	15.4	20.9	11.0	18.8	14.5	15.5
a service club/fraternal organization <sup>e</sup>	7.9	8.6	6.3	8.6	8.8	19.0	13.1	8.1
a public interest group <sup>f</sup>	18.8	17.9	19.3	22.0	9.3	11.9	18.8	12.2
other organized group or activity	23.4	22.6	24.6	21.6	24.2	27.1	27.5	17.8

- Notes:
- <sup>a</sup> For example: hockey league, health club, or golf club.
  - <sup>b</sup> For example: theatre group, book club, or bridge club.
  - <sup>c</sup> For example: church youth group, or choir.
  - <sup>d</sup> For example: PTA, alumni, block parents, or neighbourhood watch.
  - <sup>e</sup> For example: Kiwanis, Knights of Columbus, the Legion.
  - <sup>f</sup> For example: focused on the environment, animal welfare, food security, or homelessness.

Table A3  
Residents Who Provided Unpaid Help to Others in the Past 12 Months

Organization Type	Pct. in Region	Percentage in Municipality						
		Cambridge	Kitchener	Waterloo	North Dumfries	Wellesley	Wilmot	Woolwich
Home support <sup>a</sup>	52.4	55.9	52.3	48.0	50.4	51.7	59.2	50.4
Health-related support <sup>b</sup>	50.3	52.6	49.5	48.8	41.5	49.7	52.5	55.1
Errand support <sup>c</sup>	38.8	45.0	38.4	36.9	30.6	26.6	29.0	36.2
Paperwork support <sup>d</sup>	34.8	37.1	35.4	33.4	32.3	26.6	34.0	27.3
Other assistance <sup>e</sup>	26.9	25.3	26.8	30.1	24.9	26.1	29.2	20.5

- Notes: <sup>a</sup> Work at their home such as cooking, cleaning, gardening, maintenance, painting, shovelling snow, or car repairs.  
<sup>b</sup> Health-related or personal care, such as emotional support, counselling, providing advice, visiting the elderly, unpaid babysitting.  
<sup>c</sup> Doing any shopping, driving someone to the store, or to any other appointments.  
<sup>d</sup> Paperwork tasks such as writing letters, doing taxes, filling out forms, banking, paying bills, or finding information.  
<sup>e</sup> Unpaid teaching, coaching, tutoring, or assisting with reading.

## Social Connections and Support

Table A4  
Numbers of Social Contacts Reported by Residents:  
*Relatives to whom Residents are Close*

Relatives	Region Overall	Municipality						
		Cambridge	Kitchener	Waterloo	North Dumfries	Wellesley	Wilmot	Woolwich
Number of relatives	5.45 (4.98)	5.36 (5.15)	5.31 (4.70)	5.13 (4.81)	6.20 (5.57)	6.75 (5.74)	6.02 (5.16)	7.50 (6.09)
<b>Total</b>	432,718	104,228	191,109	85,703	8,270	8,230	16,244	18,933

<sup>a</sup> Mean number of relatives with standard deviation below in parentheses.

Table A5  
Numbers of Social Contacts Reported by Residents:  
*Close Friends in whom Residents can Confide*

Close Friends	Region Overall	Municipality						
		Cambridge	Kitchener	Waterloo	North Dumfries	Wellesley	Wilmot	Woolwich
Number of close friends	5.37 (4.60)	4.93 (4.40)	5.41 (4.54)	5.52 (4.65)	5.02 (4.36)	5.56 (4.38)	5.48 (4.72)	6.81 (5.69)
<b>Total</b>	433,387	104,968	191,373	85,716	8,214	7,935	16,394	18,787

<sup>a</sup> Mean number of close friends with standard deviation below in parentheses.

Table A6  
 Numbers of Social Contacts Reported by Residents:  
*Neighbours from whom Residents could ask a Favour*

Neighbours	Region Overall	Municipality						
		Cambridge	Kitchener	Waterloo	North Dumfries	Wellesley	Wilmot	Woolwich
Number of neighbours	3.66 (4.10)	3.22 (3.63)	3.55 (4.01)	3.49 (4.12)	4.66 (4.27)	6.24 (5.53)	5.51 (4.78)	4.96 (4.70)
<b>Total</b>	431,709	104,935	190,675	84,974	8,270	8,054	16,352	18,450

<sup>a</sup> Mean number of neighbours with standard deviation below in parentheses.

## Sense of Community

Table A7a  
Residents' Perceptions of Sense of Community as a Place to Live

***“Many people in this community are available to give help if somebody needs it”***

Municipality	n	Percentage of Residents <sup>a</sup>			Summary <sup>b</sup>	
		Disagree	Neutral	Agree	Mean	Std. Dev.
Cambridge	102,781	14.2	24.5	61.3	4.70	1.30
Kitchener	190,169	10.0	23.0	67.0	4.81	1.15
Waterloo	85,176	11.9	21.6	66.5	4.78	1.27
North Dumfries	8,315	6.1	15.3	78.6	5.19	0.99
Wellesley	8,233	2.8	9.1	88.1	5.61	1.09
Wilmot	16,156	6.4	9.0	84.7	5.39	1.19
Woolwich	19,508	3.1	12.1	84.8	5.35	1.07
<b>Region Overall</b>	<b>430,338</b>	<b>10.8</b>	<b>21.8</b>	<b>67.4</b>	<b>4.85</b>	<b>1.22</b>

<sup>a</sup> Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral*; and 5 to 7 = *Agree*.

<sup>b</sup> Based on the original 7-point scale where higher scores reflect greater agreement.

Table A7b  
Residents' Perceptions of Sense of Community as a Place to Live

***“I have good friends in this community”***

Municipality	n	Percentage of Residents <sup>a</sup>			Summary <sup>b</sup>	
		Disagree	Neutral	Agree	Mean	Std. Dev.
Cambridge	102,904	15.9	15.8	68.3	4.88	1.46
Kitchener	189,980	13.9	15.2	70.8	5.02	1.41
Waterloo	84,913	15.6	13.5	70.9	4.99	1.52
North Dumfries	8,230	14.3	11.5	74.2	5.08	1.26
Wellesley	8,133	7.7	16.4	75.9	5.23	1.27
Wilmot	16,126	9.2	10.6	80.2	5.34	1.31
Woolwich	19,572	8.9	13.0	78.1	5.38	1.31
<b>Region Overall</b>	<b>429,858</b>	<b>14.2</b>	<b>14.7</b>	<b>71.1</b>	<b>5.01</b>	<b>1.44</b>

<sup>a</sup> Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral*; and 5 to 7 = *Agree*.

<sup>b</sup> Based on the original 7-point scale where higher scores reflect greater agreement.



Table A7c  
Residents' Perceptions of Sense of Community as a Place to Live

***"This community provides opportunities for me to do a lot of different things"***

Municipality	n	Percentage of Residents <sup>a</sup>			Summary <sup>b</sup>	
		Disagree	Neutral	Agree	Mean	Std. Dev.
Cambridge	101,795	14.5	19.0	66.6	4.86	1.32
Kitchener	189,074	11.3	11.7	77.0	5.15	1.30
Waterloo	83,908	11.0	14.6	74.4	5.08	1.33
North Dumfries	8,270	11.9	20.2	67.8	4.89	1.10
Wellesley	8,233	8.8	14.8	76.5	4.99	1.09
Wilmot	16,078	6.9	15.8	77.3	5.31	1.29
Woolwich	19,367	7.5	11.0	81.6	5.33	1.17
<b>Region Overall</b>	<b>426,725</b>	<b>11.6</b>	<b>14.4</b>	<b>74.0</b>	<b>5.07</b>	<b>1.30</b>

<sup>a</sup> Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral*; and 5 to 7 = *Agree*.

<sup>b</sup> Based on the original 7-point scale where higher scores reflect greater agreement.

Table A7d  
Residents' Perceptions of Sense of Community as a Place to Live

***"If I had a problem, few people in this community would try to help me"***

Municipality	n	Percentage of Residents <sup>a</sup>			Summary <sup>b</sup>	
		Disagree	Neutral	Agree	Mean	Std. Dev.
Cambridge	102,228	42.6	23.8	33.6	3.85	1.44
Kitchener	189,196	54.6	22.2	23.2	3.50	1.31
Waterloo	84,650	48.1	22.4	29.5	3.68	1.43
North Dumfries	8,271	58.9	19.9	21.1	3.43	1.28
Wellesley	8,232	59.2	5.7	35.2	3.49	1.80
Wilmot	16,232	61.6	12.5	25.9	3.32	1.60
Woolwich	19,470	60.2	18.1	21.7	3.32	1.46
<b>Region Overall</b>	<b>428,279</b>	<b>51.1</b>	<b>21.7</b>	<b>27.1</b>	<b>3.60</b>	<b>1.41</b>

<sup>a</sup> Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral*; and 5 to 7 = *Agree*.

<sup>b</sup> Based on the original 7-point scale where higher scores reflect greater agreement.

Table A7e  
Residents' Perceptions of Sense of Community as a Place to Live

***"I feel at ease with the people in this community"***

Municipality	n	Percentage of Residents <sup>a</sup>			Summary <sup>b</sup>	
		Disagree	Neutral	Agree	Mean	Std. Dev.
Cambridge	101,623	15.3	22.8	61.9	4.67	1.23
Kitchener	189,176	10.8	19.3	69.9	4.90	1.18
Waterloo	84,495	11.6	19.1	69.3	4.85	1.25
North Dumfries	8,227	6.8	15.1	78.0	4.99	0.99
Wellesley	8,233	9.0	14.5	76.5	5.20	1.32
Wilmot	16,155	4.9	10.6	84.5	5.25	1.06
Woolwich	19,572	7.2	15.6	77.3	5.15	1.20
<b>Region Overall</b>	<b>427,481</b>	<b>11.5</b>	<b>19.4</b>	<b>69.1</b>	<b>4.86</b>	<b>1.21</b>

<sup>a</sup> Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral*; and 5 to 7 = *Agree*.

<sup>b</sup> Based on the original 7-point scale where higher scores reflect greater agreement.

Table A7f  
Residents' Perceptions of Sense of Community as a Place to Live

***"If I need help, this community has many excellent services to meet my needs"***

Municipality	n	Percentage of Residents <sup>a</sup>			Summary <sup>b</sup>	
		Disagree	Neutral	Agree	Mean	Std. Dev.
Cambridge	101,820	13.0	24.3	62.7	4.71	1.27
Kitchener	188,836	12.8	19.5	67.7	4.86	1.33
Waterloo	84,418	12.5	21.8	65.8	4.85	1.30
North Dumfries	8,271	13.1	35.1	51.8	4.60	1.12
Wellesley	8,200	9.3	22.4	68.3	4.81	1.20
Wilmot	16,156	8.2	16.1	75.7	5.06	1.25
Woolwich	19,441	8.2	19.4	72.4	5.09	1.23
<b>Region Overall</b>	<b>427,142</b>	<b>12.3</b>	<b>21.3</b>	<b>66.3</b>	<b>4.83</b>	<b>1.30</b>

<sup>a</sup> Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral*; and 5 to 7 = *Agree*.

<sup>b</sup> Based on the original 7-point scale where higher scores reflect greater agreement.

Table A7g  
Residents' Perceptions of Sense of Community as a Place to Live

***"In this community, people are not willing to help those in need"***

Municipality	n	Percentage of Residents <sup>a</sup>			Summary <sup>b</sup>	
		Disagree	Neutral	Agree	Mean	Std. Dev.
Cambridge	102,357	63.2	23.2	13.6	3.15	1.34
Kitchener	187,675	69.9	19.1	10.9	3.06	1.26
Waterloo	83,380	67.9	18.6	13.6	3.10	1.32
North Dumfries	8,270	86.7	9.6	3.7	2.66	1.06
Wellesley	8,233	84.5	10.2	5.3	2.45	1.19
Wilmot	16,155	90.5	3.1	6.4	2.48	1.09
Woolwich	19,490	83.9	8.9	7.3	2.61	1.21
<b>Region Overall</b>	<b>425,560</b>	<b>69.9</b>	<b>18.6</b>	<b>11.5</b>	<b>3.03</b>	<b>1.29</b>

<sup>a</sup> Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral*; and 5 to 7 = *Agree*.

<sup>b</sup> Based on the original 7-point scale where higher scores reflect greater agreement.

Table A7h  
Residents' Perceptions of Sense of Community as a Place to Live

***"People are sociable here"***

Municipality	n	Percentage of Residents <sup>a</sup>			Summary <sup>b</sup>	
		Disagree	Neutral	Agree	Mean	Std. Dev.
Cambridge	88,077	14.4	23.3	62.2	4.67	1.22
Kitchener	188,019	13.3	18.4	68.3	4.75	1.16
Waterloo	68,065	10.7	19.2	70.1	4.85	1.14
North Dumfries	7,964	9.2	11.2	79.7	4.99	0.95
Wellesley	7,736	10.9	7.1	81.9	5.26	1.31
Wilmot	15,777	6.4	7.4	86.2	5.22	1.02
Woolwich	17,763	9.1	15.4	75.5	5.05	1.20
<b>Region Overall</b>	<b>393,401</b>	<b>12.5</b>	<b>18.7</b>	<b>68.8</b>	<b>4.80</b>	<b>1.17</b>

<sup>a</sup> Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral*; and 5 to 7 = *Agree*.

<sup>b</sup> Based on the original 7-point scale where higher scores reflect greater agreement.

Table A7i  
Residents' Perceptions of Sense of Community as a Place to Live

***"In this community, there is never much to do"***

Municipality	n	Percentage of Residents <sup>a</sup>			Summary <sup>b</sup>	
		Disagree	Neutral	Agree	Mean	Std. Dev.
Cambridge	101,525	58.4	19.5	22.2	3.43	1.43
Kitchener	188,232	70.4	14.2	15.4	3.04	1.34
Waterloo	83,107	64.6	17.6	17.8	3.24	1.40
North Dumfries	8,270	59.1	22.4	18.4	3.29	1.46
Wellesley	8,232	59.2	14.6	26.2	3.42	1.49
Wilmot	15,966	74.0	17.1	8.9	2.89	1.27
Woolwich	19,293	63.8	18.0	18.3	3.25	1.39
<b>Region Overall</b>	<b>424,625</b>	<b>65.8</b>	<b>16.6</b>	<b>17.6</b>	<b>3.19</b>	<b>1.39</b>

<sup>a</sup> Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral*; and 5 to 7 = *Agree*.

<sup>b</sup> Based on the original 7-point scale where higher scores reflect greater agreement.

Table A7j  
Residents' Perceptions of Sense of Community as a Place to Live

***"If I had an emergency, even people I do not know would be willing to help me"***

Municipality	n	Percentage of Residents <sup>a</sup>			Summary <sup>b</sup>	
		Disagree	Neutral	Agree	Mean	Std. Dev.
Cambridge	102,902	16.3	23.2	60.4	4.60	1.36
Kitchener	188,777	17.6	19.1	63.2	4.63	1.35
Waterloo	84,030	15.6	20.3	64.0	4.69	1.35
North Dumfries	8,270	22.0	14.2	63.8	4.74	1.43
Wellesley	8,233	9.4	6.8	83.7	5.39	1.38
Wilmot	16,155	7.0	7.4	85.6	5.31	1.12
Woolwich	19,491	11.3	8.8	79.9	5.01	1.34
<b>Region Overall</b>	<b>427,858</b>	<b>16.2</b>	<b>19.1</b>	<b>64.7</b>	<b>4.70</b>	<b>1.36</b>

<sup>a</sup> Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral*; and 5 to 7 = *Agree*.

<sup>b</sup> Based on the original 7-point scale where higher scores reflect greater agreement.

Table A7k  
Residents' Perceptions of Sense of Community as a Place to Live

***"It is difficult for me to connect with the people in this community"***

Municipality	n	Percentage of Residents <sup>a</sup>			Summary <sup>b</sup>	
		Disagree	Neutral	Agree	Mean	Std. Dev.
Cambridge	102,515	52.4	20.5	27.1	3.55	1.47
Kitchener	188,312	57.6	17.3	25.1	3.47	1.40
Waterloo	83,422	55.6	20.3	24.2	3.46	1.42
North Dumfries	8,271	56.2	29.2	14.6	3.31	1.19
Wellesley	8,234	65.9	15.7	18.4	3.10	1.48
Wilmot	16,155	76.5	9.5	14.0	2.90	1.22
Woolwich	19,572	65.5	18.2	16.3	3.14	1.36
<b>Region Overall</b>	<b>426,481</b>	<b>57.2</b>	<b>18.6</b>	<b>24.2</b>	<b>3.44</b>	<b>1.42</b>

<sup>a</sup> Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral*; and 5 to 7 = *Agree*.

<sup>b</sup> Based on the original 7-point scale where higher scores reflect greater agreement.

Table A7l  
Residents' Perceptions of Sense of Community as a Place to Live

***"In this community, I have few opportunities to satisfy my needs"***

Municipality	n	Percentage of Residents <sup>a</sup>			Summary <sup>b</sup>	
		Disagree	Neutral	Agree	Mean	Std. Dev.
Cambridge	101,814	57.0	22.3	20.6	3.37	1.39
Kitchener	188,885	67.7	17.7	14.6	3.15	1.31
Waterloo	83,517	64.6	17.4	20.0	3.25	1.37
North Dumfries	8,227	65.4	19.8	14.8	3.27	1.36
Wellesley	8,233	61.1	9.1	29.8	3.47	1.63
Wilmot	16,155	80.8	9.6	9.7	2.78	1.14
Woolwich	19,543	68.2	15.7	16.1	3.07	1.38
<b>Region Overall</b>	<b>426,374</b>	<b>64.5</b>	<b>18.2</b>	<b>17.3</b>	<b>3.21</b>	<b>1.35</b>

<sup>a</sup> Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral*; and 5 to 7 = *Agree*.

<sup>b</sup> Based on the original 7-point scale where higher scores reflect greater agreement.

Table A7m  
Residents' Perceptions of Sense of Community as a Place to Live

***"I regularly stop to talk to people in my neighbourhood"***

Municipality	n	Percentage of Residents <sup>a</sup>			Summary <sup>b</sup>	
		Disagree	Neutral	Agree	Mean	Std. Dev.
Cambridge	102,460	26.4	16.4	57.2	4.50	1.50
Kitchener	188,942	26.6	18.9	54.5	4.44	1.51
Waterloo	84,187	30.7	17.3	52.0	4.28	1.57
North Dumfries	8,231	19.8	21.0	59.2	4.68	1.27
Wellesley	8,233	19.2	12.7	68.1	4.99	1.45
Wilmot	16,155	20.2	11.4	68.4	4.80	1.63
Woolwich	19,633	14.8	14.9	70.3	4.89	1.25
<b>Region Overall</b>	<b>427,841</b>	<b>26.3</b>	<b>17.4</b>	<b>56.2</b>	<b>4.47</b>	<b>1.52</b>

<sup>a</sup> Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral*; and 5 to 7 = *Agree*.

<sup>b</sup> Based on the original 7-point scale where higher scores reflect greater agreement.

Table A7n  
Residents' Perceptions of Sense of Community as a Place to Live

***"The wellbeing of others in the community is important to me"***

Municipality	n	Percentage of Residents <sup>a</sup>			Summary <sup>b</sup>	
		Disagree	Neutral	Agree	Mean	Std. Dev.
Cambridge	102,241	4.3	14.2	81.4	5.31	1.16
Kitchener	189,687	2.5	10.4	87.1	5.47	1.03
Waterloo	84,381	5.3	12.8	82.0	5.38	1.19
North Dumfries	8,315	2.1	17.3	80.6	5.22	0.91
Wellesley	8,089	0.8	3.0	96.1	5.67	0.86
Wilmot	16,085	2.3	4.2	93.5	5.64	0.98
Woolwich	19,573	5.2	9.5	85.3	5.44	1.07
<b>Region Overall</b>	<b>428,371</b>	<b>3.5</b>	<b>11.5</b>	<b>84.9</b>	<b>5.42</b>	<b>1.09</b>

<sup>a</sup> Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral*; and 5 to 7 = *Agree*.

<sup>b</sup> Based on the original 7-point scale where higher scores reflect greater agreement.

Table A7-Summary  
Dimensions of Overall Sense of Community

Sense of Community <sup>a</sup>	Region Overall	Municipality <sup>b</sup>						
		Cambridge	Kitchener	Waterloo	North Dumfries	Wellesley	Wilmot	Woolwich
Social climate and bonds	4.81 (1.02)	4.68 (1.02)	4.80 (1.01)	4.79 (1.01)	4.93 (0.89)	5.14 (1.18)	5.23 (0.91)	5.12 (1.00)
Help in case of need	4.73 (0.93)	4.57 (0.93)	4.72 (0.90)	4.68 (0.94)	4.96 (0.86)	5.26 (0.96)	5.23 (0.88)	5.11 (0.93)
Needs fulfillment	4.87 (1.03)	4.68 (1.01)	4.96 (1.02)	4.86 (1.04)	4.73 (1.01)	4.73 (1.12)	5.18 (1.02)	5.03 (1.05)
Overall sense of community	4.80 (0.87)	4.64 (0.86)	4.82 (0.86)	4.77 (0.87)	4.87 (0.79)	5.05 (0.95)	5.21 (0.83)	5.09 (0.89)

Notes: <sup>a</sup> *Social climate and bonds* is an average of responses to statements assessing friendships, sociability, and ability to connect with people in the city.  
<sup>a</sup> *Help in case of need* includes responses to statements about the number and willingness of people to provide help in an emergency or situation of need.  
<sup>a</sup> *Needs fulfillment* refers to perceptions of the range and accessibility of opportunities to satisfy activity needs.

<sup>b</sup> Based on the original 7-point scale where higher scores reflect greater satisfaction with dimension of sense of community. Mean above with standard deviation below in parentheses.

## Feelings of Social Isolation

(a component of the Sense of Community scale)

Table A7-SI1  
Residents' Experience of *Social Isolation*:

***"I often feel that I lack companionship"***

Municipality	n	Percentage of Residents <sup>a</sup>			Summary <sup>b</sup>	
		Disagree	Neutral	Agree	Mean	Std. Dev.
Cambridge	102,198	55.6	18.0	26.4	3.42	1.62
Kitchener	189,643	61.1	14.3	24.6	3.25	1.56
Waterloo	84,245	55.7	17.2	27.1	3.43	1.60
North Dumfries	8,270	71.4	8.7	20.0	3.23	1.51
Wellesley	8,232	68.2	17.3	14.5	2.90	1.38
Wilmot	16,154	65.7	21.1	13.2	3.04	1.40
Woolwich	19,573	72.9	11.7	15.5	2.88	1.52
<b>Region Overall</b>	<b>428,315</b>	<b>59.8</b>	<b>15.8</b>	<b>24.4</b>	<b>3.29</b>	<b>1.58</b>

<sup>a</sup> Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral*; and 5 to 7 = *Agree*.

<sup>b</sup> Based on the original 7-point scale where higher scores reflect greater social isolation.

Table A7-SI2  
Residents' Experience of *Social Isolation*:

***"I often feel left out"***

Municipality	n	Percentage of Residents <sup>a</sup>			Summary <sup>b</sup>	
		Disagree	Neutral	Agree	Mean	Std. Dev.
Cambridge	102,653	61.5	20.0	18.4	3.19	1.48
Kitchener	189,610	64.5	20.5	15.0	3.12	1.37
Waterloo	83,838	61.3	18.9	19.8	3.26	1.46
North Dumfries	8,270	70.4	16.2	13.4	3.08	1.29
Wellesley	8,163	69.3	11.2	19.5	3.07	1.66
Wilmot	16,155	74.5	18.1	7.4	2.82	1.15
Woolwich	19,100	71.8	14.5	13.7	2.98	1.53
<b>Region Overall</b>	<b>427,789</b>	<b>64.1</b>	<b>19.4</b>	<b>16.5</b>	<b>3.14</b>	<b>1.42</b>

<sup>a</sup> Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral*; and 5 to 7 = *Agree*.

<sup>b</sup> Based on the original 7-point scale where higher scores reflect greater social isolation.



Table A7-SI3  
Residents' Experience of *Social Isolation*:  
***"I often feel isolated from others in the community"***

Municipality	n	Percentage of Residents <sup>a</sup>			Summary <sup>b</sup>	
		Disagree	Neutral	Agree	Mean	Std. Dev.
Cambridge	101,781	61.0	18.2	20.8	3.25	1.49
Kitchener	188,024	65.3	16.5	18.1	3.13	1.39
Waterloo	83,455	60.0	17.0	23.0	3.29	1.43
North Dumfries	8,270	67.3	17.2	15.5	3.08	1.55
Wellesley	8,200	70.3	15.0	14.7	2.98	1.35
Wilmot	16,078	80.8	9.5	9.7	2.71	1.24
Woolwich	19,378	73.0	13.2	13.8	2.97	1.41
<b>Region Overall</b>	425,186	64.3	16.6	19.1	3.16	1.43

<sup>a</sup> Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral*; and 5 to 7 = *Agree*.

<sup>b</sup> Based on the original 7-point scale where higher scores reflect greater social isolation.

Table A7-SI  
 Residents' Overall Feelings of Experience of *Social Isolation*:  
 Summary Statistics<sup>a</sup>

Social Isolation	Region Overall	Municipality						
		Cambridge	Kitchener	Waterloo	North Dumfries	Wellesley	Wilmot	Woolwich
Social isolation	3.20 (1.28)	3.29 (1.32)	3.16 (1.26)	3.33 (1.28)	3.13 (1.23)	2.98 (1.21)	2.86 (1.09)	2.94 (1.35)
<b>Total</b>	429,412	102,987	189,688	84,508	8,270	8,233	16,155	19,572

Note: <sup>a</sup> Based on the original 7-point scale where higher scores reflect greater social isolation. Mean above with standard deviation below in parentheses.

## Perceptions of Safety and Belonging

Table A8  
Perceptions of Safety and Belonging:  
*Sense of Belonging in Local Community*

Municipality	n	Percentage of Residents <sup>a</sup>			Summary <sup>b</sup>	
		Weak	Neutral	Strong	Mean	Std. Dev.
Cambridge	105,201	29.2	23.6	47.2	4.27	1.70
Kitchener	191,770	30.0	24.7	45.3	4.23	1.58
Waterloo	86,358	26.4	23.8	49.8	4.45	1.63
North Dumfries	8,155	27.6	21.8	50.6	4.42	1.83
Wellesley	7,878	17.5	12.5	70.0	4.88	1.60
Wilmot	16,470	16.5	21.9	61.6	4.90	1.45
Woolwich	19,161	16.5	22.5	61.1	4.83	1.54
<b>Region Overall</b>	<b>434,993</b>	<b>27.7</b>	<b>23.8</b>	<b>48.5</b>	<b>4.35</b>	<b>1.63</b>

<sup>a</sup> Percentages based on combining responses 1 to 3 = *Weak*; 4 = *Neutral*; and 5 to 7 = *Strong*.

<sup>b</sup> Based on the original 7-point scale where higher scores reflect stronger feelings of belonging.

Table A9a  
Perceptions of Safety and Belonging:  
*How Safe from Crime Walking Alone after Dark: In your neighbourhood*

Municipality	n	Percentage of Residents				Never walk there alone after dark
		Very unsafe	Unsafe	Safe	Very safe	
Cambridge	105,212	3.7	9.4	36.1	46.9	3.9
Kitchener	191,544	2.1	8.3	36.1	49.1	4.3
Waterloo	87,304	3.2	7.1	30.7	53.0	6.0
North Dumfries	8,184	1.2	2.5	17.9	77.4	1.1
Wellesley	8,195	0.6	0.0	8.9	87.5	3.1
Wilmot	16,280	1.5	2.5	18.2	76.2	1.6
Woolwich	19,594	0.2	4.6	21.7	69.8	3.7
<b>Region Overall</b>	<b>436,313</b>	<b>2.6</b>	<b>7.7</b>	<b>32.9</b>	<b>52.6</b>	<b>4.3</b>

Table A9b  
Perceptions of Safety and Belonging:  
*How Safe from Crime Walking Alone after Dark: In your downtown area*

Municipality	n	Percentage of Residents				Never walk there alone after dark
		Very unsafe	Unsafe	Safe	Very safe	
Cambridge	103,744	18.5	25.1	31.1	16.1	9.2
Kitchener	188,617	13.5	25.9	35.6	13.8	11.2
Waterloo	86,079	6.6	17.8	37.3	27.1	11.1
North Dumfries	8,119	2.7	9.6	32.7	47.5	7.5
Wellesley	8,196	0.6	2.6	18.5	71.6	6.7
Wilmot	16,204	2.4	6.8	26.2	60.2	3.4
Woolwich	19,277	1.3	8.4	29.7	48.3	12.3
<b>Region Overall</b>	430,236	11.9	21.8	33.9	22.0	10.3

Table A9c  
Perceptions of Safety and Belonging:  
*How Safe from Crime Walking Alone after Dark: In Downtown Cambridge*

Municipality	n	Percentage of Residents				Never walk there alone after dark
		Very unsafe	Unsafe	Safe	Very safe	
Cambridge	104,516	23.0	24.5	27.5	13.9	11.1
Kitchener	185,721	16.5	20.6	19.1	6.1	37.8
Waterloo	82,104	13.3	19.4	17.4	7.6	42.3
North Dumfries	8,039	12.7	38.5	30.9	3.5	14.3
Wellesley	8,011	10.5	27.4	20.3	6.9	35.0
Wilmot	15,574	12.9	27.8	26.1	4.6	28.7
Woolwich	18,226	14.3	20.2	16.6	5.7	43.1
<b>Region Overall</b>	422,191	17.1	22.0	21.2	8.2	31.5

Table A9d  
Perceptions of Safety and Belonging:  
*How Safe from Crime Walking Alone after Dark: In Downtown Kitchener*

Municipality	n	Percentage of Residents				Never walk there alone after dark
		Very unsafe	Unsafe	Safe	Very safe	
Cambridge	101,882	23.2	27.9	20.6	8.1	20.3
Kitchener	190,663	15.3	25.7	32.4	13.4	13.2
Waterloo	85,794	16.1	27.6	25.6	10.3	20.4
North Dumfries	8,105	25.8	34.4	19.0	4.2	16.6
Wellesley	8,078	22.5	29.2	16.0	6.8	25.5
Wilmot	15,734	17.1	31.9	22.8	6.9	21.4
Woolwich	18,355	17.8	18.0	19.0	7.2	37.9
<b>Region Overall</b>	428,611	17.8	26.7	26.7	10.7	18.0

Table A9e  
Perceptions of Safety and Belonging:  
*How Safe from Crime Walking Alone after Dark: In Downtown Waterloo*

Municipality	n	Percentage of Residents				Never walk there alone after dark
		Very unsafe	Unsafe	Safe	Very safe	
Cambridge	101,566	10.3	17.6	34.7	16.3	21.2
Kitchener	188,960	6.0	11.3	38.4	28.7	15.7
Waterloo	85,674	3.2	11.7	38.4	33.4	13.3
North Dumfries	8,061	5.0	17.6	33.2	27.4	16.8
Wellesley	8,065	1.6	20.9	35.4	22.1	19.9
Wilmot	15,735	5.9	20.9	38.2	15.1	20.0
Woolwich	18,533	4.5	15.1	28.3	23.1	29.0
<b>Region Overall</b>	426,594	6.3	13.7	36.9	25.8	17.4

Table A10  
Perceptions of Safety and Belonging:  
*How often Go into Your Downtown Area after Dark*

Municipality	n	Percentage of Residents <sup>a</sup>				
		Never	Few times per year	Monthly	Weekly	Daily
Cambridge	102,253	31.3	38.6	14.2	11.6	4.3
Kitchener	185,010	28.2	40.7	13.9	12.8	4.3
Waterloo	85,933	19.8	37.8	19.6	15.4	7.4
North Dumfries	8,176	33.5	41.4	10.9	14.1	0.0
Wellesley	8,166	22.2	27.4	21.0	28.0	1.5
Wilmot	15,776	22.5	44.0	13.2	16.9	3.4
Woolwich	18,597	24.4	39.4	15.3	18.1	2.8
<b>Region Overall</b>	<b>423,911</b>	<b>26.8</b>	<b>39.4</b>	<b>15.2</b>	<b>13.8</b>	<b>4.7</b>

## Experience of Discrimination

Table A11a  
Perceptions of Safety and Belonging:  
*Experience of Discrimination in Community Due to: Ethnicity, culture, race or skin colour*

Municipality	n	Percentage of Residents <sup>a</sup>			Summary <sup>b</sup>	
		Disagree	Neutral	Agree	Mean	Std. Dev.
Cambridge	105,195	87.6	3.3	9.1	1.64	1.41
Kitchener	191,328	91.5	2.3	6.2	1.47	1.21
Waterloo	87,080	87.7	5.0	7.3	1.66	1.41
North Dumfries	8,176	97.8	0.5	1.7	1.15	0.62
Wellesley	8,233	96.6	0.0	3.4	1.22	0.77
Wilmot	16,351	93.5	2.6	3.9	1.30	0.96
Woolwich	19,529	95.8	1.2	3.0	1.25	0.91
<b>Region Overall</b>	<b>435,892</b>	<b>90.3</b>	<b>3.0</b>	<b>6.8</b>	<b>1.52</b>	<b>1.28</b>

<sup>a</sup> Percentages based on combining responses 1 to 3 = *Never/rarely*; 4 = *Neutral/unsure*; and 5 to 7 = *Often/all the time*.

<sup>b</sup> Based on the original 7-point scale where higher scores reflect more frequent experience of discrimination.

Table A11b  
Perceptions of Safety and Belonging:  
*Experience of Discrimination in Community Due to: **Sexual orientation***

Municipality	n	Percentage of Residents <sup>a</sup>			Summary <sup>b</sup>	
		Disagree	Neutral	Agree	Mean	Std. Dev.
Cambridge	104,191	94.4	1.6	4.0	1.33	1.09
Kitchener	190,777	94.1	2.5	3.4	1.33	1.01
Waterloo	86,374	92.6	3.1	4.3	1.42	1.18
North Dumfries	8,177	99.5	0.0	0.5	1.05	0.33
Wellesley	8,233	100.0	0.0	0.0	1.05	0.21
Wilmot	16,350	97.1	0.5	2.5	1.13	0.67
Woolwich	19,334	97.7	1.6	0.7	1.12	0.59
<b>Region Overall</b>	<b>433,359</b>	<b>94.4</b>	<b>2.2</b>	<b>3.5</b>	<b>1.32</b>	<b>1.03</b>

<sup>a</sup> Percentages based on combining responses 1 to 3 = *Never/rarely*; 4 = *Neutral/unsure*; and 5 to 7 = *Often/all the time*.

<sup>b</sup> Based on the original 7-point scale where higher scores reflect more frequent experience of discrimination.

Table A11c  
Perceptions of Safety and Belonging:  
*Experience of Discrimination in Community Due to: **Age***

Municipality	n	Percentage of Residents <sup>a</sup>			Summary <sup>b</sup>	
		Disagree	Neutral	Agree	Mean	Std. Dev.
Cambridge	104,985	87.3	6.1	6.6	1.72	1.33
Kitchener	191,019	86.7	6.4	7.0	1.76	1.36
Waterloo	86,842	84.8	7.5	7.8	1.87	1.48
North Dumfries	8,177	95.8	2.1	2.1	1.30	0.90
Wellesley	8,198	97.0	2.0	1.3	1.30	0.80
Wilmot	16,350	93.8	3.1	3.1	1.39	0.98
Woolwich	19,466	93.0	3.5	3.5	1.40	1.03
<b>Region Overall</b>	<b>435,037</b>	<b>87.3</b>	<b>6.1</b>	<b>6.5</b>	<b>1.72</b>	<b>1.34</b>

<sup>a</sup> Percentages based on combining responses 1 to 3 = *Never/rarely*; 4 = *Neutral/unsure*; and 5 to 7 = *Often/all the time*.

<sup>b</sup> Based on the original 7-point scale where higher scores reflect more frequent experience of discrimination.

Table A11d  
 Perceptions of Safety and Belonging:  
 Experience of Discrimination in Community Due to: **Gender**

Municipality	n	Percentage of Residents <sup>a</sup>			Summary <sup>b</sup>	
		Disagree	Neutral	Agree	Mean	Std. Dev.
Cambridge	104,987	87.6	5.2	7.2	1.70	1.37
Kitchener	190,359	86.6	5.9	7.6	1.77	1.41
Waterloo	86,652	85.1	6.7	8.1	1.80	1.45
North Dumfries	8,177	97.4	0.0	2.6	1.24	0.86
Wellesley	7,965	93.9	4.7	1.4	1.36	0.88
Wilmot	16,351	92.6	3.9	3.5	1.43	1.07
Woolwich	19,423	89.6	5.5	4.9	1.52	1.19
<b>Region Overall</b>	<b>433,914</b>	<b>87.2</b>	<b>5.7</b>	<b>7.1</b>	<b>1.72</b>	<b>1.37</b>

<sup>a</sup> Percentages based on combining responses 1 to 3 = *Never/rarely*; 4 = *Neutral/unsure*; and 5 to 7 = *Often/all the time*.

<sup>b</sup> Based on the original 7-point scale where higher scores reflect more frequent experience of discrimination.

## Trust in Others

Table A12a  
 Perceptions of Safety and Belonging:  
 Trust in Others: **People in Your Neighbourhood**

Municipality	n	Percentage of Residents <sup>a</sup>			Summary <sup>b</sup>	
		Cannot trust	Neutral/unsure	Can trust	Mean	Std. Dev.
Cambridge	105,576	11.9	22.1	66.0	5.11	1.45
Kitchener	191,695	10.1	18.5	71.4	5.22	1.37
Waterloo	87,300	11.9	20.4	67.7	5.13	1.40
North Dumfries	8,269	2.6	12.1	85.3	5.72	1.14
Wellesley	8,265	4.8	9.1	86.1	6.09	1.29
Wilmot	16,351	0.7	4.5	94.8	6.19	0.94
Woolwich	19,634	1.7	11.3	87.0	5.97	1.09
<b>Region Overall</b>	<b>437,090</b>	<b>9.9</b>	<b>18.6</b>	<b>71.5</b>	<b>5.27</b>	<b>1.39</b>

<sup>a</sup> Percentages based on combining responses 1 to 3 = *Cannot trust*; 4 = *Neutral/unsure*; and 5 to 7 = *Can trust*.

<sup>b</sup> Based on the original 5-point scale where higher scores reflect greater feelings of trust.



Table A12b  
Perceptions of Safety and Belonging:  
*Trust in Others: People you work with or go to school with*

Municipality	n	Percentage of Residents <sup>a</sup>			Summary <sup>b</sup>	
		Cannot trust	Neutral/unsure	Can trust	Mean	Std. Dev.
Cambridge	100,018	7.9	18.1	74.1	5.42	1.40
Kitchener	184,245	5.6	11.4	83.0	5.74	1.30
Waterloo	82,649	6.2	16.2	77.6	5.51	1.30
North Dumfries	7,799	3.2	17.0	79.8	5.58	1.31
Wellesley	7,649	10.5	12.7	76.9	5.69	1.33
Wilmot	15,069	3.9	8.5	87.6	5.99	1.18
Woolwich	18,264	2.8	8.3	89.0	5.96	1.16
<b>Region Overall</b>	<b>415,693</b>	<b>6.1</b>	<b>13.8</b>	<b>80.0</b>	<b>5.63</b>	<b>1.33</b>

<sup>a</sup> Percentages based on combining responses 1 and 2 = *Cannot trust*; 3 = *Neutral/unsure*; and 4 and 5 = *Can trust*.  
<sup>b</sup> Based on the original 5-point scale where higher scores reflect greater feelings of trust.

Table A12c  
Perceptions of Safety and Belonging:  
*Trust in Others: People I regularly encounter, but do not know*

Municipality	n	Percentage of Residents <sup>a</sup>			Summary <sup>b</sup>	
		Cannot trust	Neutral/unsure	Can trust	Mean	Std. Dev.
Cambridge	104,347	23.7	30.7	45.6	4.36	1.34
Kitchener	190,777	16.9	31.7	51.4	4.56	1.28
Waterloo	87,108	17.8	30.9	51.2	4.51	1.20
North Dumfries	8,089	16.0	30.4	53.7	4.60	1.14
Wellesley	8,022	13.3	22.3	64.5	5.04	1.32
Wilmot	16,134	7.3	30.3	62.4	4.98	1.17
Woolwich	19,250	10.6	26.3	63.1	4.93	1.20
<b>Region Overall</b>	<b>433,727</b>	<b>18.0</b>	<b>30.8</b>	<b>51.2</b>	<b>4.54</b>	<b>1.28</b>

<sup>a</sup> Percentages based on combining responses 1 and 2 = *Cannot trust*; 3 = *Neutral/unsure*; and 4 and 5 = *Can trust*.  
<sup>b</sup> Based on the original 5-point scale where higher scores reflect greater feelings of trust.

Table A12d  
Perceptions of Safety and Belonging:  
*Trust in Others: Strangers*

Municipality	n	Percentage of Residents <sup>a</sup>			Summary <sup>b</sup>	
		Cannot trust	Neutral/ unsure	Can trust	Mean	Std. Dev.
Cambridge	104,939	48.1	29.2	22.7	3.45	1.39
Kitchener	191,100	39.8	34.5	25.6	3.66	1.35
Waterloo	87,120	42.0	31.8	26.2	3.70	1.28
North Dumfries	8,176	33.8	30.4	35.9	3.95	1.34
Wellesley	8,055	32.3	39.0	28.7	3.94	1.23
Wilmot	16,198	37.6	29.4	33.0	3.94	1.44
Woolwich	19,415	31.6	38.9	29.5	3.90	1.34
<b>Region Overall</b>	<b>435,003</b>	<b>41.6</b>	<b>32.7</b>	<b>25.7</b>	<b>3.65</b>	<b>1.35</b>

<sup>a</sup> Percentages based on combining responses 1 and 2 = *Cannot trust*; 3 = *Neutral/unsure*; and 4 and 5 = *Can trust*.

<sup>b</sup> Based on the original 5-point scale where higher scores reflect greater feelings of trust.

## Confidence in Institutions

Table A13a  
Perceptions of Safety and Belonging:  
*Confidence in Institutions: The school system*

Municipality	n	Percentage of Residents <sup>a</sup>			Summary <sup>b</sup>	
		Less confidence	Neutral/ not sure	More confidence	Mean	Std. Dev.
Cambridge	104,531	26.9	22.1	51.0	4.42	1.59
Kitchener	189,162	22.0	19.1	58.9	4.62	1.60
Waterloo	86,537	18.6	19.9	61.5	4.75	1.45
North Dumfries	8,181	22.8	28.3	48.9	4.52	1.72
Wellesley	8,128	22.3	13.5	64.1	4.90	1.66
Wilmot	16,121	11.0	14.8	74.2	5.22	1.42
Woolwich	19,364	19.2	19.9	60.9	4.78	1.58
<b>Region Overall</b>	<b>432,024</b>	<b>22.0</b>	<b>19.9</b>	<b>58.1</b>	<b>4.63</b>	<b>1.58</b>

<sup>a</sup> Percentages based on combining responses 1 and 2 = *Less confidence*; 3 = *Neutral/unsure*; and 4 and 5 = *More confidence*.

<sup>b</sup> Based on the original 5-point scale where higher scores reflect greater confidence.

Table A13b  
Perceptions of Safety and Belonging:  
Confidence in Institutions: **The health care system**

Municipality	n	Percentage of Residents <sup>a</sup>			Summary <sup>b</sup>	
		Less confidence	Neutral/ not sure	More confidence	Mean	Std. Dev.
Cambridge	105,736	23.4	19.1	57.5	4.54	1.55
Kitchener	190,988	20.8	15.3	63.9	4.73	1.55
Waterloo	87,722	19.3	18.5	62.2	4.73	1.43
North Dumfries	8,315	25.1	12.2	62.7	4.66	1.72
Wellesley	8,183	14.3	21.5	64.2	5.09	1.37
Wilmot	16,440	15.3	9.1	75.6	5.17	1.45
Woolwich	19,487	21.0	15.9	63.0	4.76	1.57
<b>Region Overall</b>	<b>436,871</b>	<b>20.9</b>	<b>16.7</b>	<b>62.4</b>	<b>4.71</b>	<b>1.53</b>

<sup>a</sup> Percentages based on combining responses 1 and 2 = *Less confidence*; 3 = *Neutral/unsure*; and 4 and 5 = *More confidence*.

<sup>b</sup> Based on the original 5-point scale where higher scores reflect greater confidence.

Table A13c  
Perceptions of Safety and Belonging:  
Confidence in Institutions: **Local merchants and business people**

Municipality	n	Percentage of Residents <sup>a</sup>			Summary <sup>b</sup>	
		Less confidence	Neutral/ not sure	More confidence	Mean	Std. Dev.
Cambridge	105,786	9.6	19.4	71.0	5.07	1.18
Kitchener	191,152	8.7	17.0	74.3	5.11	1.23
Waterloo	86,960	10.3	22.6	67.1	4.97	1.18
North Dumfries	8,199	5.5	14.5	80.0	5.10	0.98
Wellesley	8,265	9.8	10.4	79.8	5.50	1.42
Wilmot	16,440	2.8	11.1	86.1	5.62	1.04
Woolwich	19,426	3.4	13.8	82.8	5.42	1.06
<b>Region Overall</b>	<b>436,228</b>	<b>8.7</b>	<b>18.1</b>	<b>73.1</b>	<b>5.11</b>	<b>1.20</b>

<sup>a</sup> Percentages based on combining responses 1 and 2 = *Less confidence*; 3 = *Neutral/unsure*; and 4 and 5 = *More confidence*.

<sup>b</sup> Based on the original 5-point scale where higher scores reflect greater confidence.

Table A13d  
Perceptions of Safety and Belonging:  
*Confidence in Institutions: The justice system and courts*

Municipality	n	Percentage of Residents <sup>a</sup>			Summary <sup>b</sup>	
		Less confidence	Neutral/ not sure	More confidence	Mean	Std. Dev.
Cambridge	104,904	29.3	22.6	48.1	4.22	1.63
Kitchener	190,588	21.1	21.6	57.3	4.58	1.51
Waterloo	86,990	20.2	21.5	58.3	4.62	1.45
North Dumfries	8,227	25.6	26.0	48.4	4.24	1.55
Wellesley	8,054	18.6	25.5	55.9	4.71	1.56
Wilmot	16,227	16.0	12.3	71.7	4.96	1.48
Woolwich	19,279	23.2	21.5	55.3	4.53	1.50
<b>Region Overall</b>	<b>434,269</b>	<b>22.8</b>	<b>21.6</b>	<b>55.5</b>	<b>4.51</b>	<b>1.54</b>

<sup>a</sup> Percentages based on combining responses 1 and 2 = *Less confidence*; 3 = *Neutral/unsure*; and 4 and 5 = *More confidence*.

<sup>b</sup> Based on the original 5-point scale where higher scores reflect greater confidence.

Table A13e  
Perceptions of Safety and Belonging:  
*Confidence in Institutions: Waterloo Regional Police Service*

Municipality	n	Percentage of Residents <sup>a</sup>			Summary <sup>b</sup>	
		Less confidence	Neutral/ not sure	More confidence	Mean	Std. Dev.
Cambridge	105,748	20.4	15.1	64.5	4.82	1.68
Kitchener	191,182	15.3	13.7	71.0	5.06	1.56
Waterloo	87,273	18.2	15.8	66.0	4.89	1.52
North Dumfries	8,270	12.3	24.8	62.8	4.95	1.26
Wellesley	8,265	9.0	12.5	78.6	5.49	1.30
Wilmot	16,269	6.5	23.7	69.8	5.33	1.33
Woolwich	19,634	9.9	14.9	75.2	5.24	1.42
<b>Region Overall</b>	<b>436,641</b>	<b>16.4</b>	<b>15.1</b>	<b>68.5</b>	<b>4.99</b>	<b>1.57</b>

<sup>a</sup> Percentages based on combining responses 1 and 2 = *Less confidence*; 3 = *Neutral/unsure*; and 4 and 5 = *More confidence*.

<sup>b</sup> Based on the original 5-point scale where higher scores reflect greater confidence.

## Perceptions of Waterloo Regional Police Service

Table A14a  
Perceptions of Safety and Belonging:  
Perceptions of Waterloo Regional Police Service

***“The police treat everyone fairly, regardless of who they are”***

Municipality	n	Percentage of Residents <sup>a</sup>			Summary <sup>b</sup>	
		Disagree	Neutral	Agree	Mean	Std. Dev.
Cambridge	105,434	27.4	23.7	48.9	4.24	1.61
Kitchener	190,415	28.3	22.5	49.1	4.28	1.46
Waterloo	86,742	29.8	25.3	44.9	4.19	1.52
North Dumfries	8,230	10.1	43.3	46.6	4.50	1.07
Wellesley	8,232	8.9	25.8	65.3	5.00	1.11
Wilmot	16,469	19.2	15.5	65.3	4.84	1.39
Woolwich	19,705	17.2	27.5	55.3	4.60	1.32
<b>Region Overall</b>	<b>435,227</b>	<b>26.8</b>	<b>23.8</b>	<b>49.4</b>	<b>4.30</b>	<b>1.50</b>

<sup>a</sup> Percentages based on combining responses 1 to 3 = Disagree; 4 = *Neutral/unsure*; and 5 to 7 = Agree.

<sup>b</sup> Based on the original 7-point scale where higher scores reflect greater agreement.

Table A14b  
Perceptions of Safety and Belonging:  
Perceptions of Waterloo Regional Police Service

***“The police provide everyone with the same quality of service”***

Municipality	n	Percentage of Residents <sup>a</sup>			Summary <sup>b</sup>	
		Disagree	Neutral	Agree	Mean	Std. Dev.
Cambridge	105,257	29.5	23.5	47.0	4.19	1.63
Kitchener	189,971	29.7	25.0	45.4	4.24	1.44
Waterloo	86,668	29.9	25.9	44.2	4.20	1.50
North Dumfries	8,230	11.1	46.1	42.8	4.41	0.98
Wellesley	8,232	13.0	21.4	65.6	4.93	1.20
Wilmot	16,470	17.0	23.1	59.9	4.75	1.34
Woolwich	19,705	19.4	26.7	53.9	4.55	1.38
<b>Region Overall</b>	<b>434,533</b>	<b>28.0</b>	<b>25.2</b>	<b>46.8</b>	<b>4.27</b>	<b>1.49</b>

<sup>a</sup> Percentages based on combining responses 1 to 3 = Disagree; 4 = *Neutral/unsure*; and 5 to 7 = Agree.

<sup>b</sup> Based on the original 7-point scale where higher scores reflect greater agreement.

Table A14c  
Perceptions of Safety and Belonging:  
*Perceptions of Waterloo Regional Police Service*

***“The police enforce the law consistently to everyone”***

Municipality	n	Percentage of Residents <sup>a</sup>			Summary <sup>b</sup>	
		Disagree	Neutral	Agree	Mean	Std. Dev.
Cambridge	105,325	32.9	23.5	43.6	4.07	1.64
Kitchener	190,424	31.3	24.6	44.1	4.20	1.45
Waterloo	86,104	30.7	25.2	44.1	4.20	1.52
North Dumfries	8,230	16.9	44.4	38.7	4.37	1.15
Wellesley	8,233	15.9	24.0	60.1	4.78	1.23
Wilmot	16,470	21.5	25.2	53.2	4.63	1.37
Woolwich	19,706	22.2	24.0	53.8	4.53	1.44
<b>Region Overall</b>	<b>434,492</b>	<b>30.2</b>	<b>24.8</b>	<b>44.9</b>	<b>4.22</b>	<b>1.51</b>

<sup>a</sup> Percentages based on combining responses 1 to 3 = Disagree; 4 = *Neutral/unsure*; and 5 to 7 = Agree.

<sup>b</sup> Based on the original 7-point scale where higher scores reflect greater agreement.

Table A14d  
Perceptions of Safety and Belonging:  
*Perceptions of Waterloo Regional Police Service*

***“The police can be relied on to be there when you need them”***

Municipality	n	Percentage of Residents <sup>a</sup>			Summary <sup>b</sup>	
		Disagree	Neutral	Agree	Mean	Std. Dev.
Cambridge	105,434	21.6	16.8	61.6	4.60	1.59
Kitchener	190,139	13.3	18.0	68.8	4.85	1.35
Waterloo	86,947	15.1	20.0	64.9	4.80	1.43
North Dumfries	8,230	7.6	33.6	58.7	4.70	1.05
Wellesley	8,232	10.9	14.7	74.4	5.18	1.39
Wilmot	16,394	14.1	19.5	66.4	4.98	1.39
Woolwich	19,663	11.7	15.5	72.7	4.99	1.29
<b>Region Overall</b>	<b>435,039</b>	<b>15.4</b>	<b>18.3</b>	<b>66.3</b>	<b>4.79</b>	<b>1.43</b>

<sup>a</sup> Percentages based on combining responses 1 to 3 = Disagree; 4 = *Neutral/unsure*; and 5 to 7 = Agree.

<sup>b</sup> Based on the original 7-point scale where higher scores reflect greater agreement.

Table A14e  
Perceptions of Safety and Belonging:  
*Perceptions of Waterloo Regional Police Service*

***“Overall, the police are doing a good job in our community”***

Municipality	n	Percentage of Residents <sup>a</sup>			Summary <sup>b</sup>	
		Disagree	Neutral	Agree	Mean	Std. Dev.
Cambridge	105,361	17.0	18.2	64.8	4.72	1.58
Kitchener	190,630	8.9	20.7	70.4	4.97	1.27
Waterloo	87,541	11.7	20.9	67.4	4.87	1.38
North Dumfries	8,186	6.2	18.1	75.7	4.98	1.13
Wellesley	8,232	5.0	13.8	81.2	5.28	1.25
Wilmot	16,392	4.7	19.6	75.7	5.22	1.20
Woolwich	19,672	7.7	15.7	76.6	5.15	1.29
<b>Region Overall</b>	436,014	11.1	19.7	69.2	4.91	1.38

<sup>a</sup> Percentages based on combining responses 1 to 3 = Disagree; 4 = *Neutral/unsure*; and 5 to 7 = Agree.

<sup>b</sup> Based on the original 7-point scale where higher scores reflect greater agreement.

Table A14  
Residents' Overall Perceptions of Waterloo Regional Police Service (WRPS):  
*Summary Statistics<sup>a</sup>*

WRPS	Region Overall	Municipality						
		Cambridge	Kitchener	Waterloo	North Dumfries	Wellesley	Wilmot	Woolwich
Perceptions of WRPS	4.50 (1.33)	4.36 (1.49)	4.51 (1.25)	4.45 (1.34)	4.59 (0.92)	5.03 (1.10)	4.88 (1.20)	4.76 (1.24)
<b>Total</b>	435,214	105,435	190,501	86,640	8,231	8,233	16,470	19,705

*Note:* <sup>a</sup> Based on the original 7-point scale where higher scores reflect more positive perceptions of Waterloo Regional Police Service. Mean above with standard deviation below in parentheses.



# Healthy Populations

## Self-Assessed Health

Table B1  
Residents Self-Assessed *Physical Health*

Location	n	Percentage of Residents					Summary <sup>a</sup>	
		Poor	Fair	Good	Very good	Excellent	Mean	Std. Dev.
Cambridge	106,090	4.4	16.6	36.9	32.8	9.4	3.26	0.99
Kitchener	191,711	2.6	13.7	35.9	37.0	10.8	3.40	0.94
Waterloo	88,209	4.5	13.3	36.1	34.5	11.6	3.35	1.00
North Dumfries	8,313	2.2	10.8	41.2	34.5	11.3	3.42	0.91
Wellesley	8,265	0.0	21.7	26.9	41.9	9.5	3.39	0.93
Wilmot	16,470	2.4	7.1	42.8	37.9	9.8	3.45	0.86
Woolwich	19,634	1.2	10.0	39.9	36.1	12.9	3.49	0.88
<b>Region Overall</b>	<b>438,692</b>	<b>3.3</b>	<b>14.0</b>	<b>36.6</b>	<b>35.5</b>	<b>10.6</b>	<b>3.36</b>	<b>0.96</b>

<sup>a</sup> Based on a 5-point scale where higher scores reflect higher perceived levels of physical health.

Table B2  
Residents Self-Assessed *Mental Health*

Location	n	Percentage of Residents					Summary <sup>a</sup>	
		Poor	Fair	Good	Very good	Excellent	Mean	Std. Dev.
Cambridge	105,959	3.9	15.4	30.2	36.3	14.2	3.41	1.03
Kitchener	191,925	3.1	16.4	31.2	34.7	14.6	3.41	1.02
Waterloo	88,036	4.5	16.2	32.8	30.2	16.3	3.37	1.08
North Dumfries	8,315	1.2	12.0	36.9	33.7	16.2	3.52	0.94
Wellesley	8,265	0.0	8.0	22.8	43.5	25.7	3.87	0.89
Wilmot	16,469	2.3	10.0	30.0	42.1	15.6	3.59	0.94
Woolwich	19,735	2.6	11.0	26.4	44.6	15.4	3.59	0.96
<b>Region Overall</b>	438,704	3.4	15.4	31.0	35.0	15.2	3.43	1.03

<sup>a</sup> Based on a 5-point scale where higher scores reflect higher perceived levels of mental health.

Table B3  
Residents Who Experienced Negative Impacts in the Past 12 Months Due to Mental Health Issues

Mental Health Issue	Pct. in Region	Percentage in Municipality						
		Cambridge	Kitchener	Waterloo	North Dumfries	Wellesley	Wilmot	Woolwich
Own mental health issues	31.1	30.1	34.2	32.1	23.3	14.8	24.1	19.0
Family member's mental health issues	39.2	40.0	41.4	36.2	37.9	30.3	31.3	38.1
Someone else's mental health issues (e.g., friend)	36.9	39.6	38.5	37.0	21.5	23.6	30.6	24.9

## Perceptions of Health Care Services

Table B4  
Assessment of Health Care Services in Community:  
*Overall Quality*

Location	n	Percentage of Residents					Summary <sup>a</sup>	
		Poor	Fair	Good	Very good	Excellent	Mean	Std. Dev.
Cambridge	105,897	8.0	22.1	36.2	28.2	5.5	3.01	1.02
Kitchener	191,607	5.9	17.8	39.3	31.3	5.8	3.13	0.97
Waterloo	87,619	5.0	19.5	39.4	29.2	6.9	3.12	0.97
North Dumfries	8,316	7.8	16.6	31.5	41.1	3.0	3.15	0.99
Wellesley	8,265	1.0	16.1	34.2	43.3	5.4	3.36	0.85
Wilmot	16,385	4.5	10.6	34.9	43.6	6.4	3.37	0.92
Woolwich	19,735	3.4	18.0	33.6	38.7	6.3	3.26	0.94
<b>Region Overall</b>	437,824	6.0	18.9	37.9	31.3	5.9	3.12	0.98

<sup>a</sup> Based on a 5-point scale where higher scores reflect higher perceived levels of overall quality.

Table B5  
Assessment of Health Care Services in Community:  
*Overall Accessibility*

Location	n	Percentage of Residents					Summary <sup>a</sup>	
		Poor	Fair	Good	Very good	Excellent	Mean	Std. Dev.
Cambridge	105,913	10.9	26.1	36.6	22.1	4.4	2.83	1.03
Kitchener	191,793	10.5	25.4	36.4	23.4	4.3	2.86	1.03
Waterloo	87,258	9.5	26.2	36.0	22.5	5.7	2.89	1.04
North Dumfries	8,315	12.2	29.1	30.9	26.4	1.4	2.76	1.02
Wellesley	8,230	8.4	18.2	32.3	33.1	8.0	3.14	1.07
Wilmot	16,469	7.2	17.4	42.3	28.7	4.4	3.06	0.96
Woolwich	19,734	8.9	22.3	33.1	31.2	4.5	3.00	1.04
<b>Region Overall</b>	437,712	10.2	25.2	36.3	23.7	4.6	2.87	1.03

<sup>a</sup> Based on a 5-point scale where higher scores reflect higher perceived levels of overall accessibility.

## Impacts of Substance Use

Table B6a  
Residents Who Experienced Negative Impacts in the Past 12 Months Due to Substance Use Issues

Substance Use Issue	Pct. in Region	Percentage in Municipality						
		Cambridge	Kitchener	Waterloo	North Dumfries	Wellesley	Wilmot	Woolwich
Own substance use issues	6.4	6.2	5.8	10.2	1.1	1.0	4.2	2.8
Family member's substance use issues	14.5	14.7	16.5	12.4	9.4	14.3	10.1	8.8
Someone else's substance use issues (e.g., friend)	17.3	22.1	15.6	18.2	11.3	19.1	10.7	10.8

Table B6b  
Residents Who Experienced Negative Impacts in the Past 12 Months Due to Substance Use Issues:  
*Type of Substance that Caused Negative Impact<sup>a</sup>*

Type of Substance	Pct. in Region	Percentage in Municipality						
		Cambridge	Kitchener	Waterloo	North Dumfries	Wellesley	Wilmot	Woolwich
Alcohol	59.7	52.0	65.4	56.7	66.1	70.0	54.3	63.7
Tobacco	35.0	34.5	38.2	33.6	8.5	42.2	18.9	23.0
Cannabis	31.1	28.4	31.6	34.8	19.5	45.2	32.2	15.8
Opioids	25.6	28.8	25.6	23.5	22.8	25.6	11.5	24.0
Stimulants	17.7	21.2	17.1	17.8	5.5	19.3	5.9	4.9
Sedatives, including benzodiazepines	11.5	12.0	12.1	12.0	0.0	14.9	2.2	4.3
Other substance <sup>b</sup>	14.4	16.6	12.7	18.2	11.8	17.7	0.0	6.6
Not sure what substance was	15.5	21.3	14.5	12.7	14.4	4.7	2.4	12.7

<sup>a</sup> Only those residents who reported having experienced a negative impact from substance use.

In many instances, respondents identified more than one substance as contributing to experience of negative impacts.

<sup>b</sup> Other substances reported included XMeth, fentanyl, marijuana, and methamphetamines, but these were reported by very few respondents.

## Health-Related Behaviours

Table B7a  
Residents' Health Behaviours in Past Week:  
**Good quality exercise**

Municipality	n	Percentage of Residents <sup>a</sup>			Summary <sup>b</sup>	
		Disagree	Neutral	Agree	Mean	Std. Dev.
Cambridge	105,379	25.4	13.8	60.8	4.69	1.63
Kitchener	190,482	21.7	12.6	65.7	4.87	1.59
Waterloo	87,685	25.4	12.5	62.1	4.71	1.66
North Dumfries	8,315	31.3	13.2	55.5	4.59	1.58
Wellesley	8,265	21.6	24.3	63.1	4.72	1.32
Wilmot	16,352	19.1	12.8	68.1	4.91	1.41
Woolwich	19,433	19.8	13.5	66.7	4.84	1.49
<b>Region Overall</b>	<b>435,911</b>	<b>23.2</b>	<b>13.1</b>	<b>63.7</b>	<b>4.78</b>	<b>1.60</b>

<sup>a</sup> Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral*; and 5 to 7 = *Agree*.

<sup>b</sup> Based on the original 7-point scale where higher scores reflect greater agreement.

Table B7b  
Residents' Health Behaviours in Past Week:  
**Regularly ate healthy meals**

Municipality	n	Percentage of Residents <sup>a</sup>			Summary <sup>b</sup>	
		Disagree	Neutral	Agree	Mean	Std. Dev.
Cambridge	105,508	17.2	11.7	71.2	4.99	1.49
Kitchener	190,753	12.0	10.1	77.9	5.19	1.33
Waterloo	87,522	13.4	13.1	73.5	5.05	1.40
North Dumfries	8,316	7.9	14.3	77.7	5.24	1.21
Wellesley	8,266	8.4	6.0	85.5	5.22	1.01
Wilmot	16,351	9.0	5.5	85.5	5.33	1.15
Woolwich	19,734	8.8	6.8	84.4	5.35	1.13
<b>Region Overall</b>	<b>436,450</b>	<b>13.1</b>	<b>10.8</b>	<b>76.1</b>	<b>5.13</b>	<b>1.37</b>

<sup>a</sup> Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral*; and 5 to 7 = *Agree*.

<sup>b</sup> Based on the original 7-point scale where higher scores reflect greater agreement.



Table B8a  
Residents Who Reported Participation in  
**Vigorous Exercise** (e.g., aerobics, jogging, weight training, sports) During a Typical Month

Municipality	n	Percentage of Residents <sup>a</sup>			Summary <sup>b</sup>			
		Never	Once per week or less	More than once per week	Min.	Max.	Mean	Std. Dev.
Cambridge	103,169	45.7	11.5	42.8	0	30	6.49	8.17
Kitchener	191,845	39.6	11.9	48.5	0	30	6.47	7.45
Waterloo	82,098	38.7	14.9	46.4	0	30	6.58	7.77
North Dumfries	8,110	45.5	13.8	40.6	0	24	5.62	6.79
Wellesley	8,131	51.3	13.6	35.1	0	25	4.56	6.58
Wilmot	16,440	48.8	12.8	38.4	0	30	5.44	7.40
Woolwich	18,840	41.6	14.9	43.5	0	30	6.03	7.16
<b>Region Overall</b>	<b>428,633</b>	<b>41.7</b>	<b>12.6</b>	<b>45.7</b>	<b>0</b>	<b>30</b>	<b>6.38</b>	<b>7.66</b>

<sup>a</sup> Categories based on percentages of respondents' reported level of participation.

<sup>b</sup> Minimum, maximum, and average rates of participation in vigorous exercise per month.

Table B8b  
Residents Who Reported Participation in  
***Light Exercise*** (e.g., going for a walk, bicycling) During a Typical Month

Municipality	n	Percentage of Residents <sup>a</sup>			Summary <sup>b</sup>			
		Never	Once per week or less	More than once per week	Min.	Max.	Mean	Std. Dev.
Cambridge	103,447	12.2	10.6	77.2	0	30	14.06	10.37
Kitchener	192,128	6.3	9.5	84.2	0	30	15.08	9.84
Waterloo	83,425	7.8	10.9	81.3	0	30	15.37	10.47
North Dumfries	8,110	8.2	7.9	83.9	0	30	13.30	8.93
Wellesley	8,163	11.9	12.2	76.0	0	30	12.92	10.44
Wilmot	16,394	9.0	7.5	83.4	0	30	14.59	9.88
Woolwich	19,322	5.7	14.3	80.0	0	30	14.29	9.80
<b>Region Overall</b>	430,989	8.2	10.2	81.6	0	30	14.76	10.11

<sup>a</sup> Categories based on percentages of respondents' reported level of participation.

<sup>b</sup> Minimum, maximum, and average rates of participation in light exercise per month.

# Democratic Engagement

## Interest in Politics

Table C1a  
Level of Interest in Politics at the Federal, Provincial, and Local Levels:  
**Federal Politics**

Municipality	n	Percentage of Residents <sup>a</sup>			Summary <sup>b</sup>	
		No/Little interest	Some interest	Greater interest	Mean	Std. Dev.
Cambridge	105,682	28.3	15.2	56.4	6.32	3.14
Kitchener	192,050	18.5	19.7	61.9	6.86	2.68
Waterloo	87,597	24.3	19.9	55.8	6.31	2.98
North Dumfries	8,270	18.4	21.1	60.5	6.88	2.81
Wellesley	8,265	24.7	25.4	49.9	6.19	2.76
Wilmot	16,471	20.3	17.9	61.8	6.81	2.64
Woolwich	19,352	24.6	16.3	59.0	6.37	2.83
<b>Region Overall</b>	<b>437,687</b>	<b>22.5</b>	<b>18.6</b>	<b>59.0</b>	<b>6.58</b>	<b>2.88</b>

<sup>a</sup> Percentages based on combining responses 1 to 4 = *Little or no interest*; 5 and 6 = *Some interest*; and 7 to 10 = *Greater interest*.

<sup>b</sup> Based on the original 10-point scale where higher scores reflect higher levels of interest.

Table C1b  
Level of Interest in Politics at the Federal, Provincial, and Local Levels:  
**Provincial Politics**

Municipality	n	Percentage of Residents <sup>a</sup>			Summary <sup>b</sup>	
		No/Little interest	Some interest	Greater interest	Mean	Std. Dev.
Cambridge	105,742	28.2	15.5	56.3	6.26	3.11
Kitchener	192,051	17.8	19.1	63.1	6.89	2.63
Waterloo	87,683	23.3	20.0	56.7	6.36	2.93
North Dumfries	8,270	20.4	17.4	62.2	6.83	2.85
Wellesley	8,156	23.8	13.9	62.3	6.42	2.79
Wilmot	16,470	23.3	19.7	57.0	6.53	2.58
Woolwich	19,353	22.7	18.7	58.5	6.39	2.75
<b>Region Overall</b>	<b>437,725</b>	<b>22.0</b>	<b>18.3</b>	<b>59.7</b>	<b>6.59</b>	<b>2.84</b>

<sup>a</sup> Percentages based on combining responses 1 to 4 = *Little or no interest*; 5 and 6 = *Some interest*; and 7 to 10 = *Greater interest*.

<sup>b</sup> Based on the original 10-point scale where higher scores reflect higher levels of interest.

Table C1c  
Level of Interest in Politics at the Federal, Provincial, and Local Levels:  
**Local Politics**

Municipality	n	Percentage of Residents <sup>a</sup>			Summary <sup>b</sup>	
		No/Little interest	Some interest	Greater interest	Mean	Std. Dev.
Cambridge	105,742	31.9	20.0	48.1	5.91	3.05
Kitchener	191,609	25.7	22.6	51.7	6.21	2.73
Waterloo	87,299	29.3	23.8	46.9	5.90	2.88
North Dumfries	8,226	26.5	24.3	49.3	6.13	2.71
Wellesley	8,265	26.8	21.9	51.4	6.04	2.78
Wilmot	16,343	24.7	25.7	49.7	6.19	2.65
Woolwich	19,353	25.7	23.5	50.8	6.14	2.76
<b>Region Overall</b>	<b>436,837</b>	<b>27.9</b>	<b>22.4</b>	<b>49.7</b>	<b>6.07</b>	<b>2.84</b>

<sup>a</sup> Percentages based on combining responses 1 to 4 = *Little or no interest*; 5 and 6 = *Some interest*; and 7 to 10 = *Greater interest*.

<sup>b</sup> Based on the original 10-point scale where higher scores reflect higher levels of interest.

## Participation in Democratic Activities

Table C2  
Residents Participating in Democratic Activity During the Past 12 Months

Democratic Activity	Pct. in Region	Percentage in Municipality						
		Cambridge	Kitchener	Waterloo	North Dumfries	Wellesley	Wilmot	Woolwich
Attended a municipal/regional council meeting	14.2	15.1	13.6	13.0	14.6	23.3	13.9	16.2
Attended a neighbourhood meeting	18.2	16.0	18.7	18.2	16.6	21.5	21.9	20.6
Attended a local planning meeting or open house	20.2	18.5	19.9	21.9	18.5	37.8	15.6	22.1
Participated in a public demonstration or protest	10.1	6.8	12.8	11.6	7.1	0.4	5.1	4.5
Wrote letter/e-mail to or spoke with a municipal official about a local issue	25.9	27.0	26.7	22.0	24.5	36.3	32.1	21.3
Wrote letter to editor of newspaper about local issue	5.6	7.0	5.2	5.6	9.3	2.8	3.9	4.3
Joined Facebook page on a local issue	25.4	32.4	23.9	22.3	24.5	23.8	25.7	17.4
Participated in local event for charitable organization <sup>a</sup>	35.7	32.8	38.3	34.1	25.8	51.9	36.6	28.6
Participated in local event for my community <sup>b</sup>	55.5	49.1	61.6	49.6	50.0	62.1	50.8	60.2

Notes: <sup>a</sup> For example: Terry Fox Run, Jeans and Scrubs.

<sup>b</sup> For example: Cambridge Riverfest, Elmira Maple Syrup Festival, Oktoberfest.

Table C3  
Residents who Feel Programmes and Services of Local Government Have Made Them Better Off<sup>a</sup>

Municipality	n	Percentage of Residents <sup>a</sup>			Summary <sup>b</sup>	
		Worse off	Not made any difference	Better off	Mean	Std. Dev.
Cambridge	85,973	8.9	41.9	49.2	4.56	1.28
Kitchener	155,935	5.0	60.7	34.4	4.97	1.19
Waterloo	68,769	6.0	58.4	35.6	4.95	1.29
North Dumfries	6,654	15.7	38.9	45.4	4.36	1.50
Wellesley	6,627	1.2	42.5	56.3	4.65	0.88
Wilmot	13,737	5.0	65.5	29.5	5.01	1.20
Woolwich	15,253	4.4	51.6	44.0	4.85	1.12
<b>Region Overall</b>	<b>352,948</b>	<b>6.2</b>	<b>54.7</b>	<b>39.1</b>	<b>4.85</b>	<b>1.25</b>

<sup>a</sup> Percentages based on combining responses 1 to 3 = *Worse off*; 4 = *Have not made any difference*; and 5 to 7 = *Better off*.

<sup>b</sup> Based on the original 7-point scale where higher scores reflect greater feelings that they are better off.

## Feelings of Influence on Government (Political Efficacy)

Table C4a  
Residents' Perceptions of Their Influence on Government:

***"I consider myself to be well-qualified to participate in politics"***

Municipality	n	Percentage of Residents <sup>a</sup>			Summary <sup>b</sup>	
		Disagree	Neutral/ not sure	Agree	Mean	Std. Dev.
Cambridge	105,259	27.5	26.0	46.5	4.27	1.55
Kitchener	191,843	23.2	20.9	55.9	4.55	1.50
Waterloo	85,968	31.5	21.4	47.1	4.22	1.64
North Dumfries	8,270	29.6	24.5	45.9	4.30	1.36
Wellesley	8,057	31.6	25.4	43.0	4.22	1.65
Wilmot	16,428	27.2	23.7	49.1	4.30	1.45
Woolwich	19,394	34.4	22.4	43.1	4.07	1.67
<b>Region Overall</b>	<b>435,219</b>	<b>26.8</b>	<b>22.6</b>	<b>50.6</b>	<b>4.37</b>	<b>1.55</b>

<sup>a</sup> Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral/not sure*; and 5 to 7 = *Agree*.

<sup>b</sup> Based on the original 7-point scale where higher scores reflect higher levels of agreement.

Table C4b  
Residents' Perceptions of Their Influence on Government:

***"I feel I have a pretty good understanding of the important issues facing our region"***

Municipality	n	Percentage of Residents <sup>a</sup>			Summary <sup>b</sup>	
		Disagree	Neutral/ not sure	Agree	Mean	Std. Dev.
Cambridge	104,820	18.3	19.2	62.5	4.66	1.40
Kitchener	191,266	15.1	18.0	66.9	4.76	1.26
Waterloo	85,274	19.6	19.6	60.8	4.59	1.36
North Dumfries	8,269	10.6	27.2	62.2	4.67	1.14
Wellesley	8,057	16.3	24.7	59.0	4.49	1.18
Wilmot	16,300	15.4	24.5	60.0	4.56	1.27
Woolwich	19,282	23.9	17.9	58.2	4.43	1.52
<b>Region Overall</b>	<b>433,268</b>	<b>17.1</b>	<b>19.1</b>	<b>63.8</b>	<b>4.68</b>	<b>1.33</b>

<sup>a</sup> Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral/not sure*; and 5 to 7 = *Agree*.

<sup>b</sup> Based on the original 7-point scale where higher scores reflect higher levels of agreement.

Table C4c  
Residents' Perceptions of Their Influence on Government:

***"People like me do not have any say about what government does"***

Municipality	n	Percentage of Residents <sup>a</sup>			Summary <sup>b</sup>	
		Disagree	Neutral/ not sure	Agree	Mean	Std. Dev.
Cambridge	105,281	47.7	21.4	30.9	3.77	1.56
Kitchener	191,571	58.4	16.8	24.7	3.48	1.52
Waterloo	85,458	52.5	21.1	26.4	3.60	1.50
North Dumfries	8,315	44.4	25.1	30.4	3.93	1.41
Wellesley	8,025	46.7	20.5	32.8	3.88	1.80
Wilmot	16,398	51.7	23.6	24.8	3.62	1.48
Woolwich	19,325	51.1	18.7	30.2	3.70	1.45
<b>Region Overall</b>	<b>434,373</b>	<b>53.6</b>	<b>19.3</b>	<b>27.1</b>	<b>3.61</b>	<b>1.53</b>

<sup>a</sup> Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral/not sure*; and 5 to 7 = *Agree*.

<sup>b</sup> Based on the original 7-point scale where higher scores reflect higher levels of agreement.

Table C4d  
Residents' Perceptions of Their Influence on Government:

***"I feel I could do as good a job in public office as most people"***

Municipality	n	Percentage of Residents <sup>a</sup>			Summary <sup>b</sup>	
		Disagree	Neutral/ not sure	Agree	Mean	Std. Dev.
Cambridge	105,126	29.0	27.6	43.4	4.24	1.54
Kitchener	191,564	29.4	25.0	45.6	4.27	1.51
Waterloo	85,070	31.4	25.8	42.7	4.18	1.47
North Dumfries	8,186	25.7	30.7	43.5	4.21	1.47
Wellesley	7,822	39.3	15.8	45.0	4.13	1.59
Wilmot	16,308	38.8	23.6	37.6	4.02	1.55
Woolwich	18,922	33.7	23.7	42.6	4.07	1.62
<b>Region Overall</b>	<b>432,998</b>	<b>30.4</b>	<b>25.6</b>	<b>44.0</b>	<b>4.22</b>	<b>1.52</b>

<sup>a</sup> Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral/not sure*; and 5 to 7 = *Agree*.

<sup>b</sup> Based on the original 7-point scale where higher scores reflect higher levels of agreement.



Table C4e  
Residents' Perceptions of Their Influence on Government:

***"I do not think public officials care much what people like me think"***

Municipality	n	Percentage of Residents <sup>a</sup>			Summary <sup>b</sup>	
		Disagree	Neutral/ not sure	Agree	Mean	Std. Dev.
Cambridge	105,251	39.9	24.0	36.1	4.06	1.57
Kitchener	191,475	50.4	19.3	30.3	3.79	1.50
Waterloo	84,973	45.2	22.7	32.1	3.85	1.46
North Dumfries	8,315	30.9	23.0	46.1	4.31	1.37
Wellesley	8,025	47.6	27.7	24.7	3.81	1.37
Wilmot	16,428	46.6	29.8	23.6	3.84	1.37
Woolwich	19,282	46.0	26.9	27.1	3.86	1.52
<b>Region Overall</b>	<b>433,749</b>	<b>46.1</b>	<b>22.1</b>	<b>31.9</b>	<b>3.88</b>	<b>1.51</b>

<sup>a</sup> Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral/not sure*; and 5 to 7 = *Agree*.

<sup>b</sup> Based on the original 7-point scale where higher scores reflect higher levels of agreement.

Table C4f  
Residents' Perceptions of Their Influence on Government:

***"I think I am as well-informed about politics and government as most people"***

Municipality	n	Percentage of Residents <sup>a</sup>			Summary <sup>b</sup>	
		Disagree	Neutral/ not sure	Agree	Mean	Std. Dev.
Cambridge	105,260	19.5	19.9	60.6	4.67	1.46
Kitchener	191,725	15.0	18.1	66.9	4.88	1.34
Waterloo	85,941	18.0	21.3	60.7	4.69	1.39
North Dumfries	8,270	13.4	15.7	70.8	4.86	1.23
Wellesley	7,654	9.9	36.8	53.3	4.72	1.22
Wilmot	16,427	19.3	18.5	62.2	4.66	1.33
Woolwich	19,260	26.3	18.0	55.7	4.44	1.58
<b>Region Overall</b>	<b>434,537</b>	<b>17.2</b>	<b>19.5</b>	<b>63.3</b>	<b>4.76</b>	<b>1.39</b>

<sup>a</sup> Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral/not sure*; and 5 to 7 = *Agree*.

<sup>b</sup> Based on the original 7-point scale where higher scores reflect higher levels of agreement.

Table C4 Summary  
 Residents' Perceptions of Their Influence on Government (*Political Efficacy*):  
 Summary Statistics<sup>a</sup>

Influence on Government	Region Overall	Municipality						
		Cambridge	Kitchener	Waterloo	North Dumfries	Wellesley	Wilmot	Woolwich
Political efficacy	4.42 (0.93)	4.33 (0.94)	4.53 (0.90)	4.37 (0.95)	4.30 (0.85)	4.32 (0.80)	4.35 (0.79)	4.24 (1.11)

<sup>a</sup> Mean political efficacy with standard deviation below in parentheses.  
 Based on the original 7-point scale where higher scores reflect greater feelings of influence on government

# Environment

## Perceptions of Environment

Table D1a  
Residents' Perceptions of the Environment in Waterloo Region:

***“The quality of the natural environment in my neighbourhood is very high”***

Municipality	n	Percentage of Residents <sup>a</sup>			Summary <sup>b</sup>	
		Disagree	Neutral/ not sure	Agree	Mean	Std. Dev.
Cambridge	105,080	17.2	17.8	65.0	4.68	1.25
Kitchener	191,549	13.6	16.5	69.9	4.84	1.17
Waterloo	87,609	13.7	15.9	70.4	4.86	1.29
North Dumfries	8,269	4.9	20.6	74.4	5.10	1.08
Wellesley	8,232	8.2	13.7	78.1	5.06	1.30
Wilmot	16,323	6.8	7.3	85.9	5.26	1.13
Woolwich	19,619	8.9	11.3	79.9	5.05	1.14
<b>Region Overall</b>	<b>436,681</b>	<b>13.7</b>	<b>16.2</b>	<b>70.1</b>	<b>4.84</b>	<b>1.22</b>

<sup>a</sup> Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral/not sure*; and 5 to 7 = *Agree*.

<sup>b</sup> Based on the original 7-point scale where higher scores reflect higher levels of agreement.

Table D1b  
Residents' Perceptions of the Environment in Waterloo Region:

***"The quality of the natural environment in my town/city is very high"***

Municipality	n	Percentage of Residents <sup>a</sup>			Summary <sup>b</sup>	
		Disagree	Neutral/ not sure	Agree	Mean	Std. Dev.
Cambridge	104,476	17.9	21.1	61.0	4.57	1.21
Kitchener	191,447	14.1	20.2	65.7	4.71	1.10
Waterloo	87,946	12.4	18.0	69.6	4.82	1.15
North Dumfries	8,205	3.8	26.4	69.8	4.93	0.91
Wellesley	8,058	10.0	16.5	73.5	4.87	1.18
Wilmot	16,323	7.1	9.6	83.4	5.11	1.09
Woolwich	19,411	12.6	15.1	72.2	4.80	1.27
<b>Region Overall</b>	<b>435,866</b>	<b>14.1</b>	<b>19.4</b>	<b>66.5</b>	<b>4.72</b>	<b>1.15</b>

<sup>a</sup> Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral/not sure*; and 5 to 7 = *Agree*.

<sup>b</sup> Based on the original 7-point scale where higher scores reflect higher levels of agreement.

Table D1c  
Residents' Perceptions of the Environment in Waterloo Region:

***"There are plenty of opportunities to enjoy nature in my neighbourhood"***

Municipality	n	Percentage of Residents <sup>a</sup>			Summary <sup>b</sup>	
		Disagree	Neutral/ not sure	Agree	Mean	Std. Dev.
Cambridge	105,088	15.7	14.1	70.3	4.86	1.28
Kitchener	191,755	14.3	11.7	74.0	4.98	1.28
Waterloo	87,319	13.1	11.7	75.2	5.03	1.26
North Dumfries	8,227	7.3	16.0	76.7	5.18	1.16
Wellesley	8,233	23.1	9.8	67.1	4.87	1.44
Wilmot	16,281	5.2	8.2	86.6	5.32	1.02
Woolwich	19,735	4.9	8.2	86.9	5.37	1.08
<b>Region Overall</b>	<b>436,638</b>	<b>13.7</b>	<b>12.0</b>	<b>74.3</b>	<b>4.99</b>	<b>1.27</b>

<sup>a</sup> Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral/not sure*; and 5 to 7 = *Agree*.

<sup>b</sup> Based on the original 7-point scale where higher scores reflect higher levels of agreement.

Table D1d  
Residents' Perceptions of the Environment in Waterloo Region:

***“There are plenty of opportunities to enjoy nature in my town/city”***

Municipality	n	Percentage of Residents <sup>a</sup>			Summary <sup>b</sup>	
		Disagree	Neutral/ not sure	Agree	Mean	Std. Dev.
Cambridge	104,653	9.8	13.6	76.7	5.04	1.17
Kitchener	191,458	7.3	8.9	83.8	5.21	1.07
Waterloo	86,741	8.3	10.8	80.9	5.17	1.15
North Dumfries	8,270	4.8	10.6	84.6	5.28	0.99
Wellesley	8,057	27.0	5.7	67.4	4.63	1.42
Wilmot	16,247	6.3	7.5	86.2	5.32	1.05
Woolwich	18,962	3.6	14.6	81.8	5.24	1.05
<b>Region Overall</b>	<b>434,388</b>	<b>8.2</b>	<b>10.6</b>	<b>81.2</b>	<b>5.16</b>	<b>1.12</b>

<sup>a</sup> Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral/not sure*; and 5 to 7 = *Agree*.

<sup>b</sup> Based on the original 7-point scale where higher scores reflect higher levels of agreement.

Table D1e  
Residents' Perceptions of the Environment in Waterloo Region:

***“Traffic congestion in our community is a problem”***

Municipality	n	Percentage of Residents <sup>a</sup>			Summary <sup>b</sup>	
		Disagree	Neutral/ not sure	Agree	Mean	Std. Dev.
Cambridge	104,882	10.2	14.8	74.9	5.40	1.39
Kitchener	191,361	18.5	15.1	66.4	4.89	1.40
Waterloo	86,725	25.7	17.4	57.0	4.59	1.48
North Dumfries	8,270	21.3	16.5	62.3	5.01	1.58
Wellesley	8,025	67.9	9.1	23.0	2.91	1.59
Wilmot	16,324	56.7	13.7	29.6	3.63	1.56
Woolwich	19,643	41.1	17.3	41.7	4.20	1.66
<b>Region Overall</b>	<b>435,230</b>	<b>21.4</b>	<b>15.4</b>	<b>63.2</b>	<b>4.84</b>	<b>1.52</b>

<sup>a</sup> Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral/not sure*; and 5 to 7 = *Agree*.

<sup>b</sup> Based on the original 7-point scale where higher scores reflect higher levels of agreement.

Table D1f  
Residents' Perceptions of the Environment in Waterloo Region:

***"The air quality in our community is very good"***

Municipality	n	Percentage of Residents <sup>a</sup>			Summary <sup>b</sup>	
		Disagree	Neutral/ not sure	Agree	Mean	Std. Dev.
Cambridge	104,944	17.6	27.2	55.2	4.52	1.22
Kitchener	191,348	17.9	27.6	54.5	4.49	1.16
Waterloo	87,599	16.9	23.5	59.6	4.62	1.21
North Dumfries	8,227	3.4	24.1	72.5	5.05	0.97
Wellesley	7,873	16.8	9.9	73.3	4.97	1.39
Wilmot	16,323	11.0	14.0	75.0	4.98	1.19
Woolwich	19,591	12.9	23.4	63.6	4.82	1.17
<b>Region Overall</b>	<b>435,905</b>	<b>16.8</b>	<b>25.6</b>	<b>57.6</b>	<b>4.58</b>	<b>1.20</b>

<sup>a</sup> Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral/not sure*; and 5 to 7 = *Agree*.

<sup>b</sup> Based on the original 7-point scale where higher scores reflect higher levels of agreement.

Table D1g  
Residents' Perceptions of the Environment in Waterloo Region:

***"The water quality in our community is very good"***

Municipality	n	Percentage of Residents <sup>a</sup>			Summary <sup>b</sup>	
		Disagree	Neutral/ not sure	Agree	Mean	Std. Dev.
Cambridge	104,712	21.4	23.2	55.4	4.49	1.35
Kitchener	190,971	16.7	14.0	69.2	4.80	1.30
Waterloo	87,165	18.9	17.9	63.2	4.65	1.36
North Dumfries	8,212	10.9	15.6	73.6	4.95	1.14
Wellesley	8,233	10.6	8.3	81.1	5.17	1.34
Wilmot	16,324	14.1	11.1	74.8	5.04	1.28
Woolwich	19,652	20.9	16.0	63.1	4.55	1.50
<b>Region Overall</b>	<b>435,269</b>	<b>18.1</b>	<b>16.9</b>	<b>64.9</b>	<b>4.71</b>	<b>1.34</b>

<sup>a</sup> Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral/not sure*; and 5 to 7 = *Agree*.

<sup>b</sup> Based on the original 7-point scale where higher scores reflect higher levels of agreement.

Table D1h  
Residents' Perceptions of the Environment in Waterloo Region:

***"I feel I have a personal responsibility to help protect the natural environment"***

Municipality	n	Percentage of Residents <sup>a</sup>			Summary <sup>b</sup>	
		Disagree	Neutral/ not sure	Agree	Mean	Std. Dev.
Cambridge	104,797	2.6	11.3	86.1	5.68	1.14
Kitchener	190,806	1.3	5.7	93.0	5.82	1.02
Waterloo	87,233	4.2	8.8	86.9	5.68	1.20
North Dumfries	8,270	0.0	8.9	91.1	5.82	0.94
Wellesley	8,118	0.4	10.9	88.7	5.84	1.10
Wilmot	16,155	1.0	6.5	92.5	5.94	0.98
Woolwich	19,566	3.7	8.1	88.2	5.63	1.15
<b>Region Overall</b>	<b>434,945</b>	<b>2.3</b>	<b>8.0</b>	<b>89.8</b>	<b>5.75</b>	<b>1.09</b>

<sup>a</sup> Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral/not sure*; and 5 to 7 = *Agree*.

<sup>b</sup> Based on the original 7-point scale where higher scores reflect higher levels of agreement.

Table D1i  
Residents' Perceptions of the Environment in Waterloo Region:

***"I regularly participate in events organized by local groups to protect the natural environment (e.g., protests, fund raising)"***

Municipality	n	Percentage of Residents <sup>a</sup>			Summary <sup>b</sup>	
		Disagree	Neutral/ not sure	Agree	Mean	Std. Dev.
Cambridge	103,428	49.0	31.7	19.3	3.50	1.43
Kitchener	191,260	56.6	26.8	16.6	3.34	1.39
Waterloo	86,949	51.4	28.0	20.6	3.47	1.46
North Dumfries	8,270	62.3	22.7	15.0	3.10	1.52
Wellesley	8,024	51.9	22.5	25.7	3.54	1.70
Wilmot	16,253	56.9	21.2	21.9	3.38	1.54
Woolwich	19,425	55.6	34.2	10.2	3.28	1.34
<b>Region Overall</b>	<b>433,609</b>	<b>53.7</b>	<b>28.2</b>	<b>18.1</b>	<b>3.40</b>	<b>1.43</b>

<sup>a</sup> Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral/not sure*; and 5 to 7 = *Agree*.

<sup>b</sup> Based on the original 7-point scale where higher scores reflect higher levels of agreement.

## Participation in Resource Conservation and Sustainable Activities

Table D2a

Residents Participation in Resource Conservation and Sustainable Activities in Past 12 Months

***“Reuse materials (e.g., plastic bottles, plastic bags, tins cans, etc.)”***

Municipality	n	Percentage of Residents				
		Never	Some-times	Regularly	Quite often	All of the time
Cambridge	105,351	1.8	11.0	20.4	19.7	47.1
Kitchener	191,755	1.5	11.5	16.6	23.1	47.3
Waterloo	87,860	3.3	14.6	17.4	24.2	40.4
North Dumfries	8,270	2.2	7.1	19.5	17.6	53.6
Wellesley	8,265	0.0	7.5	22.9	16.5	53.2
Wilmot	16,351	3.1	7.5	17.5	27.0	44.9
Woolwich	19,735	0.2	14.6	15.6	28.0	41.7
<b>Region Overall</b>	<b>437,587</b>	<b>1.9</b>	<b>11.8</b>	<b>17.8</b>	<b>22.6</b>	<b>45.8</b>

Table D2b

Residents Participation in Resource Conservation and Sustainable Activities in Past 12 Months

***“Recycle materials (e.g., plastics, tin cans, cardboard, etc.)”***

Municipality	n	Percentage of Residents				
		Never	Some-times	Regularly	Quite often	All of the time
Cambridge	104,721	1.1	4.2	11.4	15.6	67.7
Kitchener	191,493	0.7	2.1	7.6	13.6	76.0
Waterloo	87,558	1.4	4.6	11.7	18.4	63.8
North Dumfries	8,314	0.0	0.0	8.4	9.1	82.4
Wellesley	8,265	0.0	0.0	11.9	6.3	81.8
Wilmot	16,470	0.2	0.7	7.3	10.9	80.9
Woolwich	19,736	0.2	4.4	10.0	16.0	69.4
<b>Region Overall</b>	<b>436,557</b>	<b>0.9</b>	<b>3.1</b>	<b>9.5</b>	<b>14.8</b>	<b>71.7</b>



Table D2c  
Residents Participation in Resource Conservation and Sustainable Activities in Past 12 Months

***“Try to reduce household waste”***

Municipality	n	Percentage of Residents				
		Never	Some-times	Regularly	Quite often	All of the time
Cambridge	104,210	2.9	8.8	17.4	20.4	50.4
Kitchener	190,234	1.1	7.0	16.3	21.6	54.1
Waterloo	87,255	2.2	10.2	22.7	21.2	43.8
North Dumfries	8,314	0.0	3.7	20.3	22.9	53.1
Wellesley	8,266	0.0	7.2	11.5	22.8	58.5
Wilmot	16,358	2.4	7.6	20.8	12.2	57.1
Woolwich	19,696	0.3	6.0	18.8	27.7	47.2
<b>Region Overall</b>	<b>434,333</b>	<b>1.7</b>	<b>8.0</b>	<b>18.1</b>	<b>21.2</b>	<b>51.0</b>

Table D2d  
Residents Participation in Resource Conservation and Sustainable Activities in Past 12 Months

***“Separate waste (e.g., sort biodegradable and non-biodegradable waste and dispose of it in special containers)”***

Municipality	n	Percentage of Residents				
		Never	Some-times	Regularly	Quite often	All of the time
Cambridge	105,124	10.1	10.5	11.8	12.0	55.5
Kitchener	191,020	9.7	8.3	9.7	14.5	57.8
Waterloo	86,961	8.4	9.8	13.0	17.4	51.3
North Dumfries	8,314	2.8	5.8	11.1	20.2	60.1
Wellesley	8,230	1.0	11.1	11.3	4.3	72.3
Wilmot	16,470	5.6	7.5	9.5	10.8	66.6
Woolwich	19,564	4.9	5.5	15.2	16.2	58.2
<b>Region Overall</b>	<b>435,683</b>	<b>8.9</b>	<b>9.0</b>	<b>11.2</b>	<b>14.3</b>	<b>56.6</b>

Table D2e

Residents Participation in Resource Conservation and Sustainable Activities in Past 12 Months

*“Conserve energy (e.g., buy energy efficient bulbs and appliances, turn off lights, etc.)”*

Municipality	n	Percentage of Residents				
		Never	Some-times	Regularly	Quite often	All of the time
Cambridge	105,361	1.5	6.4	16.4	22.5	53.2
Kitchener	191,308	0.8	5.6	15.5	22.8	55.3
Waterloo	87,121	1.8	7.8	16.1	24.9	49.4
North Dumfries	8,315	0.7	0.5	13.6	31.2	54.0
Wellesley	8,218	0.0	0.4	14.3	17.4	67.9
Wilmot	16,470	0.3	3.8	9.4	30.0	56.6
Woolwich	19,694	0.0	5.8	13.9	28.8	51.5
<b>Region Overall</b>	<b>436,487</b>	<b>1.1</b>	<b>6.0</b>	<b>15.5</b>	<b>23.7</b>	<b>53.7</b>

Table D2f

Residents Participation in Resource Conservation and Sustainable Activities in Past 12 Months

*“Conserve water (e.g., not leaving the water tap running, take shorter showers, etc.) .”*

Municipality	n	Percentage of Residents				
		Never	Some-times	Regularly	Quite often	All of the time
Cambridge	105,471	3.4	10.0	19.1	23.2	44.2
Kitchener	191,603	1.7	8.9	20.4	24.8	44.1
Waterloo	86,942	3.0	9.5	19.8	25.8	41.9
North Dumfries	8,204	6.2	3.9	26.2	22.2	41.6
Wellesley	8,266	2.6	7.4	16.7	17.4	55.9
Wilmot	16,470	0.8	9.7	17.6	26.6	45.3
Woolwich	19,633	1.6	10.8	19.3	34.6	33.8
<b>Region Overall</b>	<b>436,589</b>	<b>2.4</b>	<b>9.3</b>	<b>19.9</b>	<b>25.0</b>	<b>43.4</b>

Table D2g  
Residents Participation in Resource Conservation and Sustainable Activities in Past 12 Months

***“Walk or bike more often (rather than use a car)”***

Municipality	n	Percentage of Residents				
		Never	Some-times	Regularly	Quite often	All of the time
Cambridge	104,562	23.6	38.3	13.0	10.3	14.9
Kitchener	190,776	22.8	34.8	13.6	11.2	17.5
Waterloo	86,510	14.9	32.0	16.4	15.1	21.6
North Dumfries	8,316	32.6	38.9	13.7	7.8	7.0
Wellesley	8,056	23.1	39.6	14.8	13.1	9.5
Wilmot	16,392	23.8	49.7	9.4	7.8	9.2
Woolwich	19,561	21.1	41.1	14.6	13.6	9.6
<b>Region Overall</b>	<b>434,173</b>	<b>21.6</b>	<b>36.1</b>	<b>13.9</b>	<b>11.7</b>	<b>16.7</b>

Table D2h  
Residents Participation in Resource Conservation and Sustainable Activities in Past 12 Months

***“Take public transit rather than use a car”***

Municipality	n	Percentage of Residents				
		Never	Some-times	Regularly	Quite often	All of the time
Cambridge	105,112	65.1	16.2	4.5	4.8	9.4
Kitchener	190,515	63.0	18.4	3.0	5.8	9.8
Waterloo	86,377	47.9	18.6	9.2	8.2	16.2
North Dumfries	8,270	83.3	11.3	4.9	0.5	0.0
Wellesley	8,057	96.9	2.7	0.0	0.0	0.4
Wilmot	16,369	76.3	17.4	5.6	0.3	0.5
Woolwich	19,592	74.1	19.0	1.7	4.7	0.4
<b>Region Overall</b>	<b>434,292</b>	<b>62.5</b>	<b>17.5</b>	<b>4.6</b>	<b>5.6</b>	<b>9.8</b>

Table D2i  
Residents Participation in Resource Conservation and Sustainable Activities in Past 12 Months

***“Carpool or use car share”***

Municipality	n	Percentage of Residents				
		Never	Some-times	Regularly	Quite often	All of the time
Cambridge	105,241	56.2	23.4	9.6	6.6	4.2
Kitchener	190,523	55.6	25.0	8.2	6.0	5.2
Waterloo	85,925	50.0	24.8	10.1	7.3	7.8
North Dumfries	8,227	61.3	16.9	10.6	6.3	4.8
Wellesley	8,022	60.7	21.8	4.7	7.9	4.9
Wilmot	16,322	55.3	31.8	7.8	3.6	1.5
Woolwich	18,821	55.9	27.8	8.7	4.6	3.0
<b>Region Overall</b>	433,081	54.8	24.7	8.9	6.3	5.2

Table D2j  
Residents Participation in Resource Conservation and Sustainable Activities in Past 12 Months

***“Purchase foods produced locally”***

Municipality	n	Percentage of Residents				
		Never	Some-times	Regularly	Quite often	All of the time
Cambridge	105,506	4.5	30.8	23.2	23.1	18.5
Kitchener	191,669	2.7	30.7	25.1	25.4	16.1
Waterloo	87,015	4.8	28.5	25.0	25.3	16.4
North Dumfries	8,316	0.0	22.7	33.9	28.0	15.5
Wellesley	8,089	0.0	22.0	32.6	21.3	24.2
Wilmot	16,470	0.0	27.0	22.0	33.9	17.1
Woolwich	19,548	0.5	22.2	28.3	33.9	15.0
<b>Region Overall</b>	436,613	3.2	29.4	25.0	25.5	16.9

# Leisure and Culture

## Participation in Leisure and Culture Activities

### *Social Leisure*

Table E1a  
Residents' Monthly Participation in *Social Leisure Activities:*  
***Socializing with friends***

Municipality	Participation Rate <sup>a</sup>		Summary Statistics <sup>b</sup>			
	n	Pct.	Min.	Max.	Mean	Std. Dev.
Cambridge	94,010	90.3	0	15	4.91	4.16
Kitchener	177,618	92.5	0	15	5.18	4.12
Waterloo	77,677	91.6	0	15	5.38	4.35
North Dumfries	7,917	95.7	0	15	4.65	3.46
Wellesley	7,301	88.7	0	15	4.42	3.70
Wilmot	15,504	94.1	0	15	4.73	3.87
Woolwich	17,719	93.0	0	15	4.35	3.20
<b>Region Overall</b>	<b>397,746</b>	<b>91.9</b>	<b>0</b>	<b>15</b>	<b>5.07</b>	<b>4.12</b>

<sup>a</sup> Percentage of residents who report participating in the activity at least once in a typical month.

<sup>b</sup> Minimum, maximum, and average rates of participation in social leisure activities in a typical month.

Table E1b  
Residents' Monthly Participation in *Social Leisure Activities:*  
***Going out to movies***

Municipality	Participation Rate <sup>a</sup>		Summary Statistics <sup>b</sup>			
	n	Pct.	Min.	Max.	Mean	Std. Dev.
Cambridge	49,730	47.5	0	4	0.73	0.98
Kitchener	96,361	50.2	0	4	0.67	0.82
Waterloo	43,183	50.5	0	4	0.79	1.00
North Dumfries	2,715	33.0	0	4	0.47	0.81
Wellesley	2,779	33.8	0	4	0.45	0.82
Wilmot	6,940	42.1	0	4	0.54	0.75
Woolwich	6,828	35.9	0	4	0.49	0.76
<b>Region Overall</b>	<b>208,536</b>	<b>48.0</b>	<b>0</b>	<b>4</b>	<b>0.69</b>	<b>0.90</b>

<sup>a</sup> Percentage of residents who report participating in the activity at least once in a typical month.

<sup>b</sup> Minimum, maximum, and average rates of participation in social leisure activities in a typical month.

Table E1c  
Residents' Monthly Participation in *Social Leisure Activities:*  
***Going out to clubs, bars, taverns***

Municipality	Participation Rate <sup>a</sup>		Summary Statistics <sup>b</sup>			
	n	Pct.	Min.	Max.	Mean	Std. Dev.
Cambridge	38,508	36.8	0	4	0.81	1.28
Kitchener	79,943	41.7	0	4	0.94	1.36
Waterloo	34,941	41.0	0	4	0.95	1.39
North Dumfries	2,474	29.9	0	4	0.66	1.19
Wellesley	1,783	21.7	0	4	0.44	1.00
Wilmot	5,861	35.7	0	4	0.78	1.30
Woolwich	4,661	24.1	0	4	0.45	0.97
<b>Region Overall</b>	<b>168,171</b>	<b>38.8</b>	<b>0</b>	<b>4</b>	<b>0.87</b>	<b>1.33</b>

<sup>a</sup> Percentage of residents who report participating in the activity at least once in a typical month.

<sup>b</sup> Minimum, maximum, and average rates of participation in social leisure activities in a typical month.

Table E1d  
Residents' Monthly Participation in *Social Leisure Activities:*  
***Going to sports events as a spectator***

Municipality	Participation Rate <sup>a</sup>		Summary Statistics <sup>b</sup>			
	n	Pct.	Min.	Max.	Mean	Std. Dev.
Cambridge	30,700	29.4	0	4	0.57	1.11
Kitchener	56,285	29.3	0	4	0.53	1.04
Waterloo	24,864	29.4	0	4	0.57	1.09
North Dumfries	2,804	34.1	0	4	0.61	1.09
Wellesley	4,837	58.8	0	4	1.29	1.47
Wilmot	6,610	40.3	0	4	0.79	1.26
Woolwich	6,962	35.9	0	4	0.71	1.23
<b>Region Overall</b>	<b>133,062</b>	<b>30.7</b>	<b>0</b>	<b>4</b>	<b>0.58</b>	<b>1.10</b>

<sup>a</sup> Percentage of residents who report participating in the activity at least once in a typical month.

<sup>b</sup> Minimum, maximum, and average rates of participation in social leisure activities in a typical month.

## ***Home-Based Passive Leisure***

Table E2a  
Residents' Weekly Participation in *Home-Based, Passive Leisure Activities:*  
***Reading books, newspapers, and/or magazines for pleasure***

Municipality	Participation Rate <sup>a</sup>		Summary Statistics <sup>b</sup>			
	n	Pct.	Min.	Max.	Mean	Std. Dev.
Cambridge	91,912	87.5	0	21	6.37	5.53
Kitchener	175,363	91.3	0	21	6.41	5.35
Waterloo	75,094	88.5	0	21	6.46	5.67
North Dumfries	7,535	95.9	0	21	5.82	5.20
Wellesley	7,889	92.5	0	21	5.30	4.53
Wilmot	15,065	91.5	0	21	6.13	4.63
Woolwich	17,224	88.8	0	21	6.31	5.56
<b>Region Overall</b>	<b>390,082</b>	<b>89.8</b>	<b>0</b>	<b>21</b>	<b>6.36</b>	<b>5.43</b>

<sup>a</sup> Percentage of residents who report participating in the activity at least once in a typical week.

<sup>b</sup> Minimum, maximum, and average rates of participation in home-based leisure activities in a typical week.

Table E2b  
Residents' Weekly Participation in *Home-Based, Passive Leisure Activities:*  
***Playing board or card games***

Municipality	Participation Rate <sup>a</sup>		Summary Statistics <sup>b</sup>			
	n	Pct.	Min.	Max.	Mean	Std. Dev.
Cambridge	44,888	42.9	0	7	1.01	1.71
Kitchener	92,756	48.3	0	7	1.05	1.64
Waterloo	41,636	49.0	0	7	1.13	1.73
North Dumfries	4,931	59.6	0	7	1.38	1.98
Wellesley	4,739	57.8	0	7	1.44	1.73
Wilmot	8,488	51.5	0	7	1.01	1.49
Woolwich	9,969	51.5	0	7	1.10	1.78
<b>Region Overall</b>	<b>207,407</b>	<b>47.8</b>	<b>0</b>	<b>7</b>	<b>1.07</b>	<b>1.69</b>

<sup>a</sup> Percentage of residents who report participating in the activity at least once in a typical week.

<sup>b</sup> Minimum, maximum, and average rates of participation in home-based leisure activities in a typical week.

Table E2c  
Residents' Weekly Participation in *Home-Based, Passive Leisure Activities:*  
***Doing puzzles such as crosswords, Sudoku, jigsaw***

Municipality	Participation Rate <sup>a</sup>		Summary Statistics <sup>b</sup>			
	n	Pct.	Min.	Max.	Mean	Std. Dev.
Cambridge	44,433	42.4	0	7	1.65	2.53
Kitchener	73,186	38.1	0	7	1.55	2.52
Waterloo	35,284	41.7	0	7	1.60	2.47
North Dumfries	3,676	44.2	0	7	1.64	2.46
Wellesley	3,022	36.9	0	7	1.45	2.40
Wilmot	8,014	49.0	0	7	1.75	2.56
Woolwich	7,598	39.1	0	7	1.66	2.61
<b>Region Overall</b>	<b>175,213</b>	<b>40.4</b>	<b>0</b>	<b>7</b>	<b>1.60</b>	<b>2.52</b>

<sup>a</sup> Percentage of residents who report participating in the activity at least once in a typical week.

<sup>b</sup> Minimum, maximum, and average rates of participation in home-based leisure activities in a typical week.



Table E2d  
Residents' Weekly Participation in *Home-based, Passive Leisure Activities: Hobbies such as knitting, crafts, woodworking*

Municipality	Participation Rate <sup>a</sup>		Summary Statistics <sup>b</sup>			
	n	Pct.	Min.	Max.	Mean	Std. Dev.
Cambridge	50,016	48.2	0	7	1.73	2.41
Kitchener	91,355	47.6	0	7	1.54	2.23
Waterloo	39,296	46.6	0	7	1.55	2.23
North Dumfries	3,924	47.4	0	7	1.81	2.55
Wellesley	4,636	56.3	0	7	1.71	2.29
Wilmot	10,288	62.9	0	7	1.98	2.39
Woolwich	8,561	44.4	0	7	1.47	2.21
<b>Region Overall</b>	<b>208,076</b>	<b>48.1</b>	<b>0</b>	<b>7</b>	<b>1.61</b>	<b>2.29</b>

<sup>a</sup> Percentage of residents who report participating in the activity at least once in a typical week.

<sup>b</sup> Minimum, maximum, and average rates of participation in home-based leisure activities in a typical week.

## Cultural Leisure

Table E3a  
Residents' Annual Participation in *Cultural Leisure Activities: Attending music concerts*

Municipality	Participation Rate <sup>a</sup>		Summary Statistics <sup>b</sup>			
	n	Pct.	Min.	Max.	Mean	Std. Dev.
Cambridge	58,229	55.5	0	12	1.87	2.67
Kitchener	120,760	62.9	0	12	2.51	3.32
Waterloo	55,830	65.1	0	12	2.33	3.01
North Dumfries	4,932	59.6	0	12	1.91	2.71
Wellesley	4,759	58.1	0	12	1.27	1.90
Wilmot	10,182	61.8	0	12	2.44	3.20
Woolwich	12,194	62.9	0	12	2.05	2.78
<b>Region Overall</b>	<b>266,886</b>	<b>61.4</b>	<b>0</b>	<b>12</b>	<b>2.26</b>	<b>3.07</b>

<sup>a</sup> Percentage of residents who report participating in the activity at least once in a typical year.

<sup>b</sup> Minimum, maximum, and average rates of participation in cultural leisure activities in a typical year.

Table E3b  
Residents' Annual Participation in *Cultural Leisure Activities:*  
*Visiting art galleries and/or museums*

Municipality	Participation Rate <sup>a</sup>		Summary Statistics <sup>b</sup>			
	n	Pct.	Min.	Max.	Mean	Std. Dev.
Cambridge	49,927	47.7	0	12	1.33	2.22
Kitchener	106,534	55.5	0	12	1.65	2.45
Waterloo	48,048	56.5	0	12	1.70	2.50
North Dumfries	3,794	45.9	0	12	1.59	2.55
Wellesley	4,126	50.1	0	12	1.55	2.80
Wilmot	7,606	46.2	0	12	1.23	2.01
Woolwich	7,498	38.7	0	12	0.91	1.57
<b>Region Overall</b>	<b>227,533</b>	<b>52.4</b>	<b>0</b>	<b>12</b>	<b>1.53</b>	<b>2.38</b>

<sup>a</sup> Percentage of residents who report participating in the activity at least once in a typical year.

<sup>b</sup> Minimum, maximum, and average rates of participation in cultural leisure activities in a typical year.

Table E3c  
Residents' Annual Participation in *Cultural Leisure Activities:*  
*Attending festivals*

Municipality	Participation Rate <sup>a</sup>		Summary Statistics <sup>b</sup>			
	n	Pct.	Min.	Max.	Mean	Std. Dev.
Cambridge	61,451	58.9	0	6	1.53	1.74
Kitchener	127,755	66.5	0	6	1.91	1.92
Waterloo	55,620	65.0	0	6	1.65	1.74
North Dumfries	3,800	45.9	0	6	1.19	1.63
Wellesley	6,583	80.0	0	6	1.72	1.54
Wilmot	9,771	60.1	0	6	1.51	1.82
Woolwich	11,520	59.4	0	6	1.47	1.72
<b>Region Overall</b>	<b>276,500</b>	<b>63.7</b>	<b>0</b>	<b>6</b>	<b>1.72</b>	<b>1.83</b>

<sup>a</sup> Percentage of residents who report participating in the activity at least once in a typical year.

<sup>b</sup> Minimum, maximum, and average rates of participation in cultural leisure activities in a typical year.

Table E3d  
Residents' Annual Participation in *Cultural Leisure Activities:*  
***Attending ballet, dance performances***

<b>Municipality</b>	<b>Participation Rate<sup>a</sup></b>		<b>Summary Statistics<sup>b</sup></b>			
	<b>n</b>	<b>Pct.</b>	<b>Min.</b>	<b>Max.</b>	<b>Mean</b>	<b>Std. Dev.</b>
Cambridge	15,810	15.2	0	3	0.23	0.60
Kitchener	30,998	16.1	0	3	0.24	0.63
Waterloo	13,622	16.0	0	3	0.27	0.70
North Dumfries	1,354	16.4	0	3	0.26	0.66
Wellesley	887	10.8	0	3	0.12	0.37
Wilmot	2,141	13.1	0	3	0.20	0.58
Woolwich	2,612	13.5	0	3	0.25	0.71
<b>Region Overall</b>	<b>67,424</b>	<b>15.5</b>	<b>0</b>	<b>3</b>	<b>0.24</b>	<b>0.64</b>

<sup>a</sup> Percentage of residents who report participating in the activity at least once in a typical year.

<sup>b</sup> Minimum, maximum, and average rates of participation in cultural leisure activities in a typical year.

Table E3e  
Residents' Annual Participation in *Cultural Leisure Activities:*  
***Attending live theatre***

<b>Municipality</b>	<b>Participation Rate<sup>a</sup></b>		<b>Summary Statistics<sup>b</sup></b>			
	<b>n</b>	<b>Pct.</b>	<b>Min.</b>	<b>Max.</b>	<b>Mean</b>	<b>Std. Dev.</b>
Cambridge	50,504	48.3	0	6	1.21	1.68
Kitchener	99,875	52.1	0	6	1.32	1.77
Waterloo	41,050	48.3	0	6	1.23	1.76
North Dumfries	4,462	54.0	0	6	1.56	1.93
Wellesley	4,822	58.3	0	6	1.52	1.76
Wilmot	10,425	63.3	0	6	1.71	1.95
Woolwich	10,827	55.8	0	6	1.42	1.79
<b>Region Overall</b>	<b>221,965</b>	<b>51.2</b>	<b>0</b>	<b>6</b>	<b>1.30</b>	<b>1.76</b>

<sup>a</sup> Percentage of residents who report participating in the activity at least once in a typical year.

<sup>b</sup> Minimum, maximum, and average rates of participation in cultural leisure activities in a typical year.

## Computer-Related Leisure

Table E4a  
Residents' Daily Participation in *Computer-Related Leisure Activities:*  
***Searching the internet for interest***

Municipality	Participation Rate <sup>a</sup>		Summary Statistics <sup>b</sup>			
	n	Pct.	Min.	Max.	Mean	Std. Dev.
Cambridge	97,992	95.1	0	20	5.57	5.06
Kitchener	184,168	95.9	0	20	5.88	5.34
Waterloo	76,544	91.6	0	20	5.98	5.64
North Dumfries	7,824	94.6	0	20	5.59	4.96
Wellesley	7,440	90.8	0	20	5.19	5.08
Wilmot	15,638	94.9	0	20	5.15	4.67
Woolwich	17,019	88.1	0	20	4.45	4.45
<b>Region Overall</b>	<b>406,624</b>	<b>94.4</b>	<b>0</b>	<b>20</b>	<b>5.72</b>	<b>5.27</b>

<sup>a</sup> Percentage of residents who report participating daily in computer-related activities for leisure.

<sup>b</sup> Minimum, maximum, and average rates of participation in computer-related leisure activities on a typical day.

Table E4b  
Residents' Daily Participation in *Computer-Related Leisure Activities:*  
***Playing computer games (including online, console, and handheld)***

Municipality	Participation Rate <sup>a</sup>		Summary Statistics <sup>b</sup>			
	n	Pct.	Min.	Max.	Mean	Std. Dev.
Cambridge	51,691	50.0	0	20	1.99	3.57
Kitchener	85,406	44.6	0	20	1.56	3.11
Waterloo	37,287	44.5	0	20	1.64	3.30
North Dumfries	4,024	48.7	0	20	2.02	4.28
Wellesley	2,897	35.4	0	20	1.19	3.22
Wilmot	7,267	44.1	0	20	1.53	3.10
Woolwich	8,289	42.9	0	20	1.37	2.35
<b>Region Overall</b>	<b>196,861</b>	<b>45.7</b>	<b>0</b>	<b>20</b>	<b>1.67</b>	<b>3.27</b>

<sup>a</sup> Percentage of residents who report participating daily in computer-related activities for leisure.

<sup>b</sup> Minimum, maximum, and average rates of participation in computer-related leisure activities on a typical day.

Table E4c  
Residents' Daily Participation in *Computer-related Leisure Activities:*  
***Socializing with others online*** (e.g., Facebook, Skype, texting)

Municipality	Participation Rate <sup>a</sup>		Summary Statistics <sup>b</sup>			
	n	Pct.	Min.	Max.	Mean	Std. Dev.
Cambridge	85,102	83.3	0	20	5.56	5.95
Kitchener	154,020	80.3	0	20	5.24	5.86
Waterloo	64,069	78.1	0	20	5.58	6.35
North Dumfries	6,763	81.8	0	20	5.13	5.14
Wellesley	6,252	76.3	0	20	5.38	6.72
Wilmot	13,279	80.6	0	20	5.23	5.54
Woolwich	13,175	69.2	0	20	4.07	5.08
<b>Region Overall</b>	<b>342,660</b>	<b>80.0</b>	<b>0</b>	<b>20</b>	<b>5.33</b>	<b>5.95</b>

<sup>a</sup> Percentage of residents who report participating daily in computer-related activities for leisure.  
<sup>b</sup> Minimum, maximum, and average rates of participation in computer-related leisure activities on a typical day.

Table E5  
Time Spent Daily by Residents Engaged in Computer-related Activities for Leisure  
(Hours per day)<sup>a</sup>

Municipality	Participation Rate <sup>a</sup>		Summary Statistics <sup>b</sup>			
	n	Pct.	Min.	Max.	Mean	Std. Dev.
Cambridge	103,484	97.5	0	10.75	2.71	1.95
Kitchener	190,710	99.1	0	10.50	2.62	2.18
Waterloo	83,593	94.4	0	11.00	2.70	2.43
North Dumfries	8,002	96.2	0	10.00	1.80	1.56
Wellesley	7,952	96.2	0	6.50	1.52	1.27
Wilmot	16,257	98.7	0	10.13	2.47	1.89
Woolwich	18,508	93.8	0	8.00	1.67	1.48
<b>Region Overall</b>	<b>428,506</b>	<b>97.4</b>	<b>0</b>	<b>11.00</b>	<b>2.59</b>	<b>2.15</b>

<sup>a</sup> Percentage of residents who report participating daily in computer-related activities for leisure.  
<sup>b</sup> Minimum, maximum, and average rates of participation in computer-related leisure activities on a typical day.

## Television and Online Movies

Table E6  
Time Spent Daily by Residents Watching Television, DVDs, and/or Movies Online  
(Hours per day)<sup>a</sup>

Municipality	Participation Rate <sup>a</sup>		Summary Statistics <sup>b</sup>			
	n	Pct.	Min.	Max.	Mean	Std. Dev.
Cambridge	102,780	96.9	0	12.00	2.72	2.11
Kitchener	187,039	97.2	0	12.50	2.41	2.20
Waterloo	82,970	93.7	0	12.50	2.51	2.28
North Dumfries	8,199	98.6	0	12.00	2.57	2.09
Wellesley	8,089	97.9	0	6.00	2.13	1.62
Wilmot	16,204	98.4	0	12.98	2.49	2.28
Woolwich	18,135	91.9	0	12.00	1.91	2.15
<b>Region Overall</b>	<b>423,416</b>	<b>96.3</b>	<b>0</b>	<b>12.98</b>	<b>2.49</b>	<b>2.20</b>

<sup>a</sup> Percentage of residents who report watching television, DVDs, and/or movies online.

<sup>b</sup> Minimum, maximum, and average rates of daily watching of television, DVDs, and/or movies online.

## Use of Community Recreation and Cultural Facilities

Table E7a  
Residents' Use of Recreation and Cultural Facilities During the Past Year

### *Community complex / recreation centre*

Municipality	n	Percentage of Residents				
		Never	Some-times	Regularly	Quite often	All of the time
Cambridge	103,965	43.0	33.4	10.9	8.3	4.4
Kitchener	190,600	37.6	37.5	10.7	9.3	4.9
Waterloo	87,124	36.1	37.8	11.3	9.9	4.8
North Dumfries	8,158	38.8	38.3	7.8	12.2	3.0
Wellesley	8,230	23.3	34.6	20.1	16.3	5.6
Wilmot	16,393	21.0	30.4	12.4	19.8	16.4
Woolwich	19,351	27.8	30.1	18.8	15.4	7.9
<b>Region Overall</b>	<b>433,821</b>	<b>37.3</b>	<b>36.0</b>	<b>11.4</b>	<b>10.1</b>	<b>5.3</b>

Table E7b  
Residents' Use of Recreation and Cultural Facilities During the Past Year

### *Arena (for skating)*

Municipality	n	Percentage of Residents				
		Never	Some-times	Regularly	Quite often	All of the time
Cambridge	103,605	71.9	16.4	5.6	4.4	1.7
Kitchener	189,703	74.1	17.9	3.9	2.3	1.8
Waterloo	86,182	72.3	18.4	4.0	3.1	2.1
North Dumfries	8,271	68.6	15.6	0.0	8.4	7.4
Wellesley	7,948	41.6	25.6	14.9	16.7	1.2
Wilmot	16,470	63.0	18.4	2.8	10.1	5.7
Woolwich	18,943	65.4	22.6	6.0	3.4	2.6
<b>Region Overall</b>	<b>431,122</b>	<b>71.7</b>	<b>17.9</b>	<b>4.5</b>	<b>3.7</b>	<b>2.1</b>

Table E7c  
Residents' Use of Recreation and Cultural Facilities During the Past Year

***Outdoor skating rink***

Municipality	n	Percentage of Residents				
		Never	Some-times	Regularly	Quite often	All of the time
Cambridge	103,762	84.3	11.4	2.9	0.9	0.5
Kitchener	189,818	74.9	19.6	3.2	1.5	0.8
Waterloo	86,290	73.7	18.7	4.5	2.1	1.0
North Dumfries	8,206	88.3	9.5	0.0	0.8	1.4
Wellesley	7,995	73.6	25.2	0.0	1.2	0.0
Wilmot	16,365	83.2	13.1	1.4	1.6	0.7
Woolwich	18,584	78.0	18.3	2.9	0.2	0.6
<b>Region Overall</b>	<b>431,020</b>	<b>77.6</b>	<b>17.1</b>	<b>3.2</b>	<b>1.4</b>	<b>0.7</b>

Table E7d  
Residents' Use of Recreation and Cultural Facilities During the Past Year

***Curling rink***

Municipality	n	Percentage of Residents				
		Never	Some-times	Regularly	Quite often	All of the time
Cambridge	103,200	90.7	5.8	0.8	1.3	1.3
Kitchener	188,886	95.3	3.2	0.5	0.6	0.4
Waterloo	84,185	87.5	6.0	3.3	2.1	1.1
North Dumfries	8,130	85.2	6.6	2.5	2.2	3.5
Wellesley	7,820	91.3	4.4	4.4	0.0	0.0
Wilmot	16,309	91.9	4.1	2.0	0.3	1.7
Woolwich	18,798	87.2	6.1	1.0	2.4	3.3
<b>Region Overall</b>	<b>427,328</b>	<b>91.9</b>	<b>4.6</b>	<b>1.3</b>	<b>1.2</b>	<b>1.0</b>



Table E7e  
Residents' Use of Recreation and Cultural Facilities During the Past Year

***Local parks, playgrounds, and/or trails***

Municipality	n	Percentage of Residents				
		Never	Some-times	Regularly	Quite often	All of the time
Cambridge	104,808	13.2	27.0	21.8	22.9	15.1
Kitchener	190,845	7.3	28.9	22.1	25.2	16.5
Waterloo	86,370	11.6	30.8	20.8	22.6	14.1
North Dumfries	8,250	7.6	38.7	16.8	26.0	10.8
Wellesley	8,230	12.5	40.0	18.6	10.0	18.9
Wilmot	16,470	13.5	40.5	14.0	17.5	14.5
Woolwich	19,107	11.4	36.7	17.5	23.3	11.2
<b>Region Overall</b>	434,080	10.1	30.0	21.1	23.5	15.3

Table E7f  
Residents' Use of Recreation and Cultural Facilities During the Past Year

***Sports fields (e.g., soccer, baseball, disk golf)***

Municipality	n	Percentage of Residents				
		Never	Some-times	Regularly	Quite often	All of the time
Cambridge	103,488	60.8	20.4	8.3	6.3	4.2
Kitchener	189,618	63.6	17.7	8.4	6.1	4.2
Waterloo	85,559	60.9	20.8	9.6	6.1	2.7
North Dumfries	8,272	66.5	14.6	6.3	8.9	3.8
Wellesley	7,994	44.1	23.2	6.1	12.6	14.0
Wilmot	16,470	58.4	20.0	8.1	5.4	8.1
Woolwich	18,672	63.9	18.3	8.0	7.4	2.4
<b>Region Overall</b>	430,073	61.9	19.1	8.5	6.4	4.1

Table E7g  
Residents' Use of Recreation and Cultural Facilities During the Past Year

*Other outdoor sports facilities (e.g., golf, tennis, basketball)*

Municipality	n	Percentage of Residents				
		Never	Some-times	Regularly	Quite often	All of the time
Cambridge	103,113	68.0	18.8	5.0	4.7	3.5
Kitchener	190,014	68.3	18.9	5.1	5.0	2.6
Waterloo	86,146	63.1	20.3	7.9	6.5	2.1
North Dumfries	8,187	65.7	16.3	6.0	8.2	3.8
Wellesley	8,146	67.9	13.5	5.3	11.3	2.0
Wilmot	16,365	71.4	13.3	6.8	6.2	2.2
Woolwich	18,830	68.0	19.0	6.9	4.5	1.5
<b>Region Overall</b>	430,801	67.3	18.8	5.8	5.4	2.7

Table E7h  
Residents' Use of Recreation and Cultural Facilities During the Past Year

*Indoor/outdoor swimming pool, splash pads, wading pools*

Municipality	n	Percentage of Residents				
		Never	Some-times	Regularly	Quite often	All of the time
Cambridge	104,622	52.1	25.4	8.7	8.9	4.9
Kitchener	190,123	55.9	24.5	9.2	6.3	4.1
Waterloo	85,613	52.2	24.5	11.1	8.2	4.0
North Dumfries	8,315	69.6	16.4	8.5	2.7	2.8
Wellesley	7,995	47.1	30.7	5.5	11.2	5.4
Wilmot	16,351	52.4	19.1	8.9	12.0	7.5
Woolwich	18,960	54.0	24.2	11.5	6.5	3.8
<b>Region Overall</b>	431,979	54.1	24.5	9.5	7.5	4.4

Table E7i  
Residents' Use of Recreation and Cultural Facilities During the Past Year

**Public library**

Municipality	n	Percentage of Residents				
		Never	Some-times	Regularly	Quite often	All of the time
Cambridge	103,437	31.4	31.3	16.4	12.0	9.0
Kitchener	189,714	25.5	35.2	13.7	13.1	12.6
Waterloo	85,537	25.9	34.0	14.4	14.0	11.7
North Dumfries	8,258	45.6	31.2	7.7	9.5	6.0
Wellesley	8,194	44.1	24.3	11.5	7.7	12.4
Wilmot	16,470	36.7	31.7	12.0	8.3	11.3
Woolwich	18,869	48.1	25.7	11.3	8.4	6.4
<b>Region Overall</b>	<b>430,479</b>	<b>29.1</b>	<b>33.2</b>	<b>14.1</b>	<b>12.5</b>	<b>11.1</b>

Table E7j  
Residents' Use of Recreation and Cultural Facilities During the Past Year

**An historic site or museum**  
(e.g., Doon Heritage Village, The Museum, McDougall Cottage)

Municipality	n	Percentage of Residents				
		Never	Some-times	Regularly	Quite often	All of the time
Cambridge	104,519	55.8	34.7	5.4	2.9	1.1
Kitchener	189,394	49.3	42.8	5.1	2.1	0.7
Waterloo	86,721	54.5	34.2	7.4	2.8	1.0
North Dumfries	8,272	64.5	26.5	3.1	3.1	2.8
Wellesley	7,960	68.7	27.3	1.0	0.0	3.0
Wilmot	16,392	51.9	39.0	6.5	1.4	1.2
Woolwich	18,973	61.5	30.6	7.3	0.4	0.2
<b>Region Overall</b>	<b>432,231</b>	<b>53.2</b>	<b>37.9</b>	<b>5.7</b>	<b>2.3</b>	<b>0.9</b>

Table E7m  
Residents' Use of Recreation and Cultural Facilities During the Past Year

**Performing arts facility**  
(e.g., Centre in the Square, St. Jacob's Playhouse)

Municipality	n	Percentage of Residents				
		Never	Some-times	Regularly	Quite often	All of the time
Cambridge	104,987	49.7	36.4	7.6	4.4	1.9
Kitchener	190,406	40.2	42.7	10.1	5.5	1.4
Waterloo	86,758	44.3	38.6	9.0	6.3	1.7
North Dumfries	8,163	52.3	26.1	12.6	6.5	2.5
Wellesley	8,183	28.6	57.6	5.7	7.7	0.4
Wilmot	16,385	43.6	37.1	8.7	9.2	1.4
Woolwich	19,066	40.3	46.4	8.5	3.6	1.2
<b>Region Overall</b>	<b>433,948</b>	<b>43.5</b>	<b>40.3</b>	<b>9.1</b>	<b>5.5</b>	<b>1.6</b>

Table E7n  
Residents' Use of Recreation and Cultural Facilities During the Past Year

**Visual arts facility**  
(e.g., Cambridge Centre for the Arts, Kitchener-Waterloo Art Gallery)

Municipality	n	Percentage of Residents				
		Never	Some-times	Regularly	Quite often	All of the time
Cambridge	104,961	65.2	26.9	4.9	1.9	1.1
Kitchener	189,981	69.4	26.8	2.4	1.2	0.2
Waterloo	87,019	67.9	24.2	4.5	2.5	0.8
North Dumfries	8,179	76.6	15.3	3.2	3.5	1.4
Wellesley	8,230	85.6	13.4	0.6	0.4	0.0
Wilmot	16,351	77.6	19.8	1.2	0.7	0.7
Woolwich	18,839	79.3	18.9	1.4	0.2	0.2
<b>Region Overall</b>	<b>433,560</b>	<b>69.3</b>	<b>25.2</b>	<b>3.3</b>	<b>1.6</b>	<b>0.6</b>

## Perceived Accessibility of Community Recreation and Cultural Facilities

Table E8a  
Residents' Perceptions of Accessibility to Recreation and Cultural Facilities

***“The recreation and culture facilities are easy for me to get to”***

Municipality	n	Percentage of Residents <sup>a</sup>			Summary <sup>b</sup>	
		Disagree	Neutral/ not sure	Agree	Mean	Std. Dev.
Cambridge	103,648	12.7	19.8	67.5	4.80	1.31
Kitchener	188,267	9.0	14.6	76.4	5.08	1.24
Waterloo	84,012	11.9	16.0	72.1	4.97	1.28
North Dumfries	8,186	14.3	17.0	68.7	4.72	1.37
Wellesley	7,895	21.0	9.1	69.9	4.83	1.38
Wilmot	15,997	8.8	9.7	81.4	5.38	1.33
Woolwich	18,676	12.4	12.0	75.6	5.08	1.39
<b>Region Overall</b>	<b>426,681</b>	<b>10.9</b>	<b>15.8</b>	<b>73.3</b>	<b>4.99</b>	<b>1.29</b>

<sup>a</sup> Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral/not sure*; and 5 to 7 = *Agree*.

<sup>b</sup> Based on the original 7-point scale where higher scores reflect higher levels of agreement.

Table E8b  
Residents' Perceptions of Accessibility to Recreation and Cultural Facilities  
***“There are places nearby where I can take classes for my own interest”***

Municipality	n	Percentage of Residents <sup>a</sup>			Summary <sup>b</sup>	
		Disagree	Neutral/ not sure	Agree	Mean	Std. Dev.
Cambridge	103,143	16.0	21.2	62.8	4.68	1.34
Kitchener	183,099	12.4	17.0	70.6	4.91	1.25
Waterloo	82,426	13.6	20.9	65.5	4.81	1.27
North Dumfries	8,128	26.7	23.4	49.9	4.17	1.42
Wellesley	7,896	30.2	20.7	49.1	4.21	1.36
Wilmot	15,920	17.3	13.1	69.6	4.74	1.38
Woolwich	18,168	15.7	26.7	57.6	4.56	1.40
<b>Region Overall</b>	<b>418,780</b>	<b>14.5</b>	<b>19.3</b>	<b>66.3</b>	<b>4.79</b>	<b>1.31</b>

<sup>a</sup> Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral/not sure*; and 5 to 7 = *Agree*.  
<sup>b</sup> Based on the original 7-point scale where higher scores reflect higher levels of agreement.

Table E8c  
Residents' Perceptions of Accessibility to Recreation and Cultural Facilities

***“Recreation and culture programs are offered at times that are convenient to me”***

Municipality	n	Percentage of Residents <sup>a</sup>			Summary <sup>b</sup>	
		Disagree	Neutral/ not sure	Agree	Mean	Std. Dev.
Cambridge	100,319	22.5	32.0	45.5	4.32	1.32
Kitchener	179,309	19.4	26.9	53.7	4.51	1.28
Waterloo	81,270	19.0	32.1	49.0	4.43	1.26
North Dumfries	7,709	24.7	35.7	39.6	3.97	1.29
Wellesley	7,896	29.2	25.3	45.5	4.15	1.41
Wilmot	15,862	19.6	30.4	50.0	4.46	1.31
Woolwich	18,379	21.2	26.3	52.5	4.35	1.39
<b>Region Overall</b>	<b>410,744</b>	<b>20.4</b>	<b>29.4</b>	<b>50.2</b>	<b>4.42</b>	<b>1.30</b>

<sup>a</sup> Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral/not sure*; and 5 to 7 = *Agree*.  
<sup>b</sup> Based on the original 7-point scale where higher scores reflect higher levels of agreement.

Table E8d  
Residents' Perceptions of Accessibility to Recreation and Cultural Facilities

***“There is a local park nearby that is easy for me to get to”***

Municipality	n	Percentage of Residents <sup>a</sup>			Summary <sup>b</sup>	
		Disagree	Neutral/ not sure	Agree	Mean	Std. Dev.
Cambridge	102,204	8.4	8.4	83.2	5.50	1.42
Kitchener	186,915	7.7	5.4	86.9	5.64	1.32
Waterloo	83,172	6.2	9.2	84.7	5.54	1.25
North Dumfries	7,712	12.5	13.9	73.5	5.07	1.53
Wellesley	7,664	2.1	5.3	92.5	5.66	1.04
Wilmot	15,654	2.9	6.5	90.6	5.75	1.16
Woolwich	18,643	6.7	10.9	82.5	5.48	1.39
<b>Region Overall</b>	<b>421,964</b>	<b>7.3</b>	<b>7.3</b>	<b>85.3</b>	<b>5.57</b>	<b>1.33</b>

<sup>a</sup> Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral/not sure*; and 5 to 7 = *Agree*.

<sup>b</sup> Based on the original 7-point scale where higher scores reflect higher levels of agreement.

Table E8e  
Residents' Perceptions of Accessibility to Recreation and Cultural Facilities

***“Childcare is available at the recreation facilities if I need to use it”***

Municipality	n	Percentage of Residents <sup>a</sup>			Summary <sup>b</sup>	
		Disagree	Neutral/ not sure	Agree	Mean	Std. Dev.
Cambridge	66,536	17.7	60.5	21.8	3.98	1.19
Kitchener	95,013	18.7	62.5	18.7	3.98	1.10
Waterloo	49,489	16.5	58.4	25.1	4.12	1.09
North Dumfries	5,429	25.6	60.5	13.9	3.54	1.41
Wellesley	4,973	29.4	55.2	15.3	3.76	1.41
Wilmot	9,187	33.4	54.0	12.6	3.50	1.21
Woolwich	10,915	31.5	57.1	11.5	3.50	1.35
<b>Region Overall</b>	<b>241,542</b>	<b>19.5</b>	<b>60.4</b>	<b>20.2</b>	<b>3.95</b>	<b>1.17</b>

<sup>a</sup> Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral/not sure*; and 5 to 7 = *Agree*.

<sup>b</sup> Based on the original 7-point scale where higher scores reflect higher levels of agreement.

Table E8f  
Residents' Perceptions of Accessibility to Recreation and Cultural Facilities

***“The cost of public recreation and culture programs prevents me from participating”***

Municipality	n	Percentage of Residents <sup>a</sup>			Summary <sup>b</sup>	
		Disagree	Neutral/ not sure	Agree	Mean	Std. Dev.
Cambridge	99,566	45.0	25.1	30.0	3.71	1.59
Kitchener	179,307	55.9	21.9	22.2	3.39	1.46
Waterloo	79,500	48.8	23.0	28.2	3.60	1.54
North Dumfries	7,520	57.6	28.2	14.2	3.16	1.51
Wellesley	7,720	63.6	29.9	6.5	2.89	1.42
Wilmot	15,786	63.3	21.2	15.5	3.11	1.39
Woolwich	18,085	57.8	23.8	18.4	3.33	1.44
<b>Region Overall</b>	<b>407,484</b>	<b>52.4</b>	<b>23.2</b>	<b>24.4</b>	<b>3.48</b>	<b>1.52</b>

<sup>a</sup> Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral/not sure*; and 5 to 7 = *Agree*.

<sup>b</sup> Based on the original 7-point scale where higher scores reflect higher levels of agreement.

Table E8g  
Residents' Perceptions of Accessibility to Recreation and Cultural Facilities

***“The recreation and cultural facilities are very welcoming to me”***

Municipality	n	Percentage of Residents <sup>a</sup>			Summary <sup>b</sup>	
		Disagree	Neutral/ not sure	Agree	Mean	Std. Dev.
Cambridge	98,474	8.4	38.3	53.3	4.67	1.18
Kitchener	177,281	5.2	34.8	60.0	4.83	1.11
Waterloo	80,296	7.3	33.1	59.6	4.79	1.11
North Dumfries	7,688	11.0	41.9	47.1	4.39	1.19
Wellesley	7,344	2.5	38.8	58.8	4.88	0.96
Wilmot	15,089	4.0	35.6	60.3	4.87	1.18
Woolwich	17,849	9.6	27.2	63.2	4.74	1.24
<b>Region Overall</b>	<b>404,021</b>	<b>6.6</b>	<b>35.2</b>	<b>58.2</b>	<b>4.77</b>	<b>1.14</b>

<sup>a</sup> Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral/not sure*; and 5 to 7 = *Agree*.

<sup>b</sup> Based on the original 7-point scale where higher scores reflect higher levels of agreement.



## Perceptions of the Leisure Experience

Table E9a  
Residents' Perceptions of Their Leisure Experience

***“My leisure provides opportunities to try new things”***

Municipality	n	Percentage of Residents <sup>a</sup>			Summary <sup>b</sup>	
		Disagree	Neutral/ not sure	Agree	Mean	Std. Dev.
Cambridge	104,198	10.5	23.5	66.0	4.74	1.10
Kitchener	190,681	6.9	20.1	73.0	4.87	0.95
Waterloo	86,102	11.4	20.0	68.6	4.75	1.16
North Dumfries	8,270	5.3	30.1	64.6	4.73	0.86
Wellesley	8,131	9.3	22.1	68.7	4.88	1.07
Wilmot	16,309	11.9	19.0	69.0	4.71	0.99
Woolwich	19,064	12.1	24.2	63.7	4.60	1.08
<b>Region Overall</b>	<b>432,755</b>	<b>9.1</b>	<b>21.3</b>	<b>69.7</b>	<b>4.80</b>	<b>1.04</b>

<sup>a</sup> Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral/not sure*; and 5 to 7 = *Agree*.

<sup>b</sup> Based on the original 7-point scale where higher scores reflect higher levels of agreement.

Table E9b  
Residents' Perceptions of Their Leisure Experience

***“My leisure provides me with opportunities for social interaction with others”***

Municipality	n	Percentage of Residents <sup>a</sup>			Summary <sup>b</sup>	
		Disagree	Neutral/ not sure	Agree	Mean	Std. Dev.
Cambridge	104,423	9.9	19.4	70.7	4.84	1.11
Kitchener	190,748	7.2	16.6	76.3	4.98	1.02
Waterloo	86,203	10.7	14.6	74.7	4.92	1.17
North Dumfries	8,270	7.8	20.3	72.0	4.85	0.98
Wellesley	8,165	6.0	12.5	81.5	5.25	1.03
Wilmot	16,344	7.8	14.9	77.4	4.99	0.97
Woolwich	19,094	6.8	18.4	74.8	4.86	1.02
<b>Region Overall</b>	<b>433,247</b>	<b>8.5</b>	<b>16.9</b>	<b>74.6</b>	<b>4.93</b>	<b>1.08</b>

<sup>a</sup> Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral/not sure*; and 5 to 7 = *Agree*.

<sup>b</sup> Based on the original 7-point scale where higher scores reflect higher levels of agreement.

Table E9c  
Residents' Perceptions of Their Leisure Experience

***"My leisure helps me to relax"***

Municipality	n	Percentage of Residents <sup>a</sup>			Summary <sup>b</sup>	
		Disagree	Neutral/ not sure	Agree	Mean	Std. Dev.
Cambridge	103,599	5.0	13.7	81.3	5.18	1.12
Kitchener	190,578	2.4	11.2	86.4	5.29	0.91
Waterloo	85,597	4.7	9.6	85.7	5.29	1.08
North Dumfries	8,270	0.7	14.8	84.4	5.27	0.87
Wellesley	8,200	0.8	6.1	93.1	5.50	0.86
Wilmot	16,386	2.1	11.1	86.8	5.27	0.90
Woolwich	19,302	3.9	9.7	86.3	5.12	1.02
<b>Region Overall</b>	<b>431,932</b>	<b>3.5</b>	<b>11.4</b>	<b>85.1</b>	<b>5.26</b>	<b>1.00</b>

<sup>a</sup> Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral/not sure*; and 5 to 7 = *Agree*.

<sup>b</sup> Based on the original 7-point scale where higher scores reflect higher levels of agreement.

Table E9d  
Residents' Perceptions of Their Leisure Experience

***"I participate in leisure that develops my physical fitness"***

Municipality	n	Percentage of Residents <sup>a</sup>			Summary <sup>b</sup>	
		Disagree	Neutral/ not sure	Agree	Mean	Std. Dev.
Cambridge	104,316	16.8	19.8	63.4	4.73	1.38
Kitchener	190,393	14.4	17.0	68.5	4.89	1.32
Waterloo	85,844	14.9	16.9	68.2	4.85	1.36
North Dumfries	8,315	12.8	22.8	64.3	4.75	1.08
Wellesley	7,955	20.6	12.3	67.1	4.87	1.62
Wilmot	16,310	12.3	19.8	67.9	4.87	1.15
Woolwich	18,827	16.2	16.2	67.6	4.72	1.24
<b>Region Overall</b>	<b>431,960</b>	<b>15.2</b>	<b>17.8</b>	<b>67.1</b>	<b>4.83</b>	<b>1.34</b>

<sup>a</sup> Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral/not sure*; and 5 to 7 = *Agree*.

<sup>b</sup> Based on the original 7-point scale where higher scores reflect higher levels of agreement.

Table E9e  
Residents' Perceptions of Their Leisure Experience

***“My leisure helps me to learn about myself”***

Municipality	n	Percentage of Residents <sup>a</sup>			Summary <sup>b</sup>	
		Disagree	Neutral/ not sure	Agree	Mean	Std. Dev.
Cambridge	103,403	9.3	29.6	61.1	4.72	1.15
Kitchener	189,787	9.3	28.0	62.6	4.76	1.07
Waterloo	85,636	9.5	26.4	64.1	4.80	1.17
North Dumfries	8,212	5.6	44.9	49.6	4.58	0.98
Wellesley	7,719	10.4	34.0	55.5	4.81	1.15
Wilmot	16,237	8.5	27.0	64.6	4.68	0.96
Woolwich	18,921	14.8	24.2	61.0	4.57	1.18
<b>Region Overall</b>	<b>429,915</b>	<b>9.5</b>	<b>28.3</b>	<b>62.2</b>	<b>4.74</b>	<b>1.11</b>

<sup>a</sup> Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral/not sure*; and 5 to 7 = *Agree*.

<sup>b</sup> Based on the original 7-point scale where higher scores reflect higher levels of agreement.

Table E9f  
Residents' Perceptions of Their Leisure Experience

***“My leisure has helped me to develop close relationships with others”***

Municipality	n	Percentage of Residents <sup>a</sup>			Summary <sup>b</sup>	
		Disagree	Neutral/ not sure	Agree	Mean	Std. Dev.
Cambridge	104,198	17.9	28.2	53.9	4.53	1.28
Kitchener	189,982	16.1	27.7	56.1	4.58	1.23
Waterloo	85,185	16.3	22.7	61.0	4.67	1.29
North Dumfries	8,269	13.6	37.2	49.2	4.54	1.24
Wellesley	8,095	17.7	22.7	59.6	4.79	1.29
Wilmot	16,322	12.2	24.5	63.3	4.73	1.16
Woolwich	18,992	17.0	22.5	60.5	4.50	1.18
<b>Region Overall</b>	<b>431,043</b>	<b>16.5</b>	<b>26.6</b>	<b>56.9</b>	<b>4.59</b>	<b>1.25</b>

<sup>a</sup> Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral/not sure*; and 5 to 7 = *Agree*.

<sup>b</sup> Based on the original 7-point scale where higher scores reflect higher levels of agreement.

Table E9g  
Residents' Perceptions of Their Leisure Experience

***"My leisure helps relieve stress"***

Municipality	n	Percentage of Residents <sup>a</sup>			Summary <sup>b</sup>	
		Disagree	Neutral/ not sure	Agree	Mean	Std. Dev.
Cambridge	103,768	4.9	14.4	80.7	5.21	1.18
Kitchener	189,997	3.7	12.2	84.1	5.28	1.02
Waterloo	85,698	5.3	10.8	83.9	5.28	1.12
North Dumfries	8,271	0.7	15.4	83.9	5.34	0.95
Wellesley	8,133	1.0	12.4	86.6	5.50	0.94
Wilmot	16,281	2.0	11.8	86.2	5.32	0.93
Woolwich	19,004	4.0	12.0	84.1	5.16	1.06
<b>Region Overall</b>	<b>431,152</b>	<b>4.2</b>	<b>12.5</b>	<b>83.3</b>	<b>5.26</b>	<b>1.08</b>

<sup>a</sup> Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral/not sure*; and 5 to 7 = *Agree*.

<sup>b</sup> Based on the original 7-point scale where higher scores reflect higher levels of agreement.

Table E9h  
Residents' Perceptions of Their Leisure Experience

***"I participate in leisure that restores me physically"***

Municipality	n	Percentage of Residents <sup>a</sup>			Summary <sup>b</sup>	
		Disagree	Neutral/ not sure	Agree	Mean	Std. Dev.
Cambridge	103,670	13.8	19.2	67.0	4.77	1.34
Kitchener	190,003	10.0	20.4	69.5	4.92	1.18
Waterloo	85,220	11.6	17.5	70.9	4.93	1.28
North Dumfries	8,315	15.9	24.0	60.1	4.66	1.20
Wellesley	7,990	11.9	15.6	72.5	5.08	1.16
Wilmot	16,280	10.2	18.6	71.2	4.90	1.05
Woolwich	18,890	8.7	26.3	65.0	4.80	1.13
<b>Region Overall</b>	<b>430,368</b>	<b>11.3</b>	<b>19.7</b>	<b>68.9</b>	<b>4.88</b>	<b>1.24</b>

<sup>a</sup> Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral/not sure*; and 5 to 7 = *Agree*.

<sup>b</sup> Based on the original 7-point scale where higher scores reflect higher levels of agreement.

Table E9i  
Residents' Perceptions of Their Leisure Experience

***“My leisure helps me to learn about other people”***

Municipality	n	Percentage of Residents <sup>a</sup>			Summary <sup>b</sup>	
		Disagree	Neutral/ not sure	Agree	Mean	Std. Dev.
Cambridge	103,241	17.7	30.6	51.7	4.43	1.22
Kitchener	189,649	14.0	27.8	58.1	4.60	1.16
Waterloo	85,526	14.6	26.9	58.5	4.61	1.20
North Dumfries	8,176	15.1	29.5	55.4	4.46	1.28
Wellesley	8,096	10.7	32.1	57.3	4.85	1.22
Wilmot	16,279	15.0	26.2	58.8	4.58	1.21
Woolwich	18,879	16.2	31.2	52.6	4.44	1.19
<b>Region Overall</b>	<b>429,846</b>	<b>15.1</b>	<b>28.5</b>	<b>56.4</b>	<b>4.56</b>	<b>1.19</b>

<sup>a</sup> Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral/not sure*; and 5 to 7 = *Agree*.

<sup>b</sup> Based on the original 7-point scale where higher scores reflect higher levels of agreement.

Table E9j  
Residents' Perceptions of Their Leisure Experience

***“My leisure is most enjoyable when I can connect with others”***

Municipality	n	Percentage of Residents <sup>a</sup>			Summary <sup>b</sup>	
		Disagree	Neutral/ not sure	Agree	Mean	Std. Dev.
Cambridge	103,849	16.8	29.6	53.6	4.54	1.27
Kitchener	190,485	14.6	28.6	56.8	4.63	1.24
Waterloo	85,764	15.3	26.2	58.5	4.71	1.28
North Dumfries	8,315	12.9	27.2	59.9	4.63	1.33
Wellesley	8,165	17.1	17.8	65.2	4.85	1.25
Wilmot	16,356	16.1	26.4	57.5	4.77	1.19
Woolwich	18,765	14.4	25.5	60.1	4.54	1.26
<b>Region Overall</b>	<b>431,699</b>	<b>15.3</b>	<b>27.9</b>	<b>56.7</b>	<b>4.63</b>	<b>1.26</b>

<sup>a</sup> Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral/not sure*; and 5 to 7 = *Agree*.

<sup>b</sup> Based on the original 7-point scale where higher scores reflect higher levels of agreement.

Table E9k  
Residents' Perceptions of Their Leisure Experience

***“My leisure contributes to my emotional wellbeing”***

Municipality	n	Percentage of Residents <sup>a</sup>			Summary <sup>b</sup>	
		Disagree	Neutral/ not sure	Agree	Mean	Std. Dev.
Cambridge	104,195	3.6	15.7	80.7	5.26	1.13
Kitchener	190,515	2.1	12.5	85.4	5.41	1.01
Waterloo	86,092	4.5	12.7	82.8	5.31	1.11
North Dumfries	8,270	1.5	16.7	81.8	5.23	0.95
Wellesley	8,131	1.6	4.6	93.8	5.56	0.93
Wilmot	16,386	0.7	17.5	81.8	5.28	0.90
Woolwich	18,837	3.8	11.3	84.9	5.24	1.10
<b>Region Overall</b>	<b>432,426</b>	<b>2.9</b>	<b>13.4</b>	<b>83.7</b>	<b>5.34</b>	<b>1.06</b>

<sup>a</sup> Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral/not sure*; and 5 to 7 = *Agree*.

<sup>b</sup> Based on the original 7-point scale where higher scores reflect higher levels of agreement.

Table E9l  
Residents' Perceptions of Their Leisure Experience

***“My leisure helps me to stay healthy”***

Municipality	n	Percentage of Residents <sup>a</sup>			Summary <sup>b</sup>	
		Disagree	Neutral/ not sure	Agree	Mean	Std. Dev.
Cambridge	104,297	6.2	15.7	78.1	5.22	1.22
Kitchener	190,233	4.0	12.7	83.3	5.39	1.11
Waterloo	86,379	6.3	11.0	82.7	5.31	1.20
North Dumfries	8,231	5.8	18.4	75.8	5.17	1.07
Wellesley	8,200	12.1	7.4	80.5	5.22	1.27
Wilmot	16,386	0.4	10.3	89.2	5.45	0.87
Woolwich	18,880	3.2	9.9	86.9	5.26	1.07
<b>Region Overall</b>	<b>432,606</b>	<b>5.0</b>	<b>12.9</b>	<b>82.1</b>	<b>5.32</b>	<b>1.15</b>

<sup>a</sup> Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral/not sure*; and 5 to 7 = *Agree*.

<sup>b</sup> Based on the original 7-point scale where higher scores reflect higher levels of agreement.

Table E9 Summary  
Dimensions of *Leisure Experience*

Dimension <sup>a</sup>	Region Overall	Municipality <sup>b</sup>						
		Cambridge	Kitchener	Waterloo	North Dumfries	Wellesley	Wilmot	Woolwich
Relaxation	5.29 (0.94)	5.22 (1.03)	5.32 (0.88)	5.29 (0.98)	5.28 (0.84)	5.52 (0.880)	5.29 (0.78)	5.18 (1.00)
Physiological	5.01 (1.11)	4.90 (1.18)	5.07 (1.08)	5.03 (1.14)	4.87 (0.98)	5.06 (1.26)	5.08 (0.90)	4.93 (1.05)
Educational	4.70 (0.90)	4.63 (0.95)	4.74 (0.84)	4.72 (0.98)	4.59 (0.84)	4.86 (1.03)	4.66 (0.78)	4.54 (0.99)
Social	4.72 (1.01)	4.64 (1.04)	4.73 (0.96)	4.77 (1.05)	4.67 (1.05)	4.96 (1.06)	4.83 (0.93)	4.63 (1.01)

<sup>a</sup> *Relaxation* – leisure contributes to relaxation, stress relief and emotional wellbeing.

*Physiological* – leisure contributes to physical fitness and health.

*Educational* – leisure allows opportunities to learn new things, learn about different people, or try new things.

*Social* – leisure facilitates social connections and the development and/or maintenance of social bonds.

<sup>b</sup> Based on a 7-point scale where higher scores reflect higher agreement that dimension is important part of leisure experience. Mean score shown above with the standard deviation below in parentheses.

# Education

## Ongoing Formal Education and Courses for Interest

Table F1  
Residents Who Took *Formal Education* Courses in the Past Year to Improve Skills or to Prepare for a Job

Reason for Taking Courses	Pct. in Region	Percentage in Municipality						
		Cambridge	Kitchener	Waterloo	North Dumfries	Wellesley	Wilmot	Woolwich
To help you get started in a current or new job	19.5	17.3	19.9	25.6	20.3	10.2	13.4	8.0
To improve your skills in your current job	31.5	26.5	32.5	35.8	40.4	36.2	28.8	25.3
To prepare for a job you might do in the future	27.1	22.5	28.0	33.7	32.2	23.7	25.2	14.2
To lead directly to a qualification related to current job	22.8	20.4	23.3	26.4	31.8	17.5	16.5	18.7



Table F2a  
Residents Who Took Courses *for Interest* in the Community or Online in the Past Year

Courses taken for Interest	Pct. in Region	Percentage in Municipality <sup>b</sup>						
		Cambridge	Kitchener	Waterloo	North Dumfries	Wellesley	Wilmot	Woolwich
Residents	22.6	21.7	22.8	25.9	22.1	11.4	20.6	18.5
<b>Total responding</b>	98,231	22,653	43,562	22,372	1,826	927	3,363	3,528

Table F2b  
Number of Courses *for Interest* Taken by Residents in the Past Year<sup>a</sup>

Courses taken for Interest	Region Overall	Municipality <sup>b</sup>						
		Cambridge	Kitchener	Waterloo	North Dumfries	Wellesley	Wilmot	Woolwich
Number of courses	2.24 (1.73)	2.12 (1.71)	2.18 (1.51)	2.63 (2.13)	2.26 (1.85)	2.20 (1.38)	2.07 (1.80)	1.61 (1.01)
<b>Total responding</b>	90,323	20,520	40,240	20,831	1,513	585	3,311	3,323

<sup>a</sup> Number of courses taken by residents who reported having taken at least one course for interest in past year.

## Perceptions of Educational Opportunities

Table F3a  
Residents' *Perceptions of Opportunities* for Formal Education and Courses of Interest

***“There are plenty of opportunities to take formal education courses”***

Municipality	n	Percentage of Residents <sup>a</sup>			Summary <sup>b</sup>	
		Disagree	Neutral/ not sure	Agree	Mean	Std. Dev.
Cambridge	103,782	11.5	23.5	65.0	4.81	1.25
Kitchener	189,748	7.4	13.3	79.3	5.23	1.19
Waterloo	84,648	8.3	18.9	72.8	5.08	1.25
North Dumfries	8,133	13.1	14.6	72.3	4.87	1.31
Wellesley	7,987	8.0	19.5	72.5	4.90	1.25
Wilmot	16,197	13.1	17.7	69.2	4.90	1.30
Woolwich	18,539	19.1	19.4	61.5	4.63	1.37
<b>Region Overall</b>	429,034	9.4	17.4	73.2	5.05	1.25

<sup>a</sup> Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral/not sure*; and 5 to 7 = *Agree*.

<sup>b</sup> Based on the original 7-point scale where higher scores reflect higher levels of agreement.

Table F3b  
Residents' *Perceptions of Opportunities* for Formal Education and Courses of Interest

***“There are plenty of opportunities to take courses of interest”***

Municipality	n	Percentage of Residents <sup>a</sup>			Summary <sup>b</sup>	
		Disagree	Neutral/ not sure	Agree	Mean	Std. Dev.
Cambridge	103,621	11.3	23.7	65.1	4.77	1.22
Kitchener	188,724	6.9	14.4	78.7	5.15	1.11
Waterloo	84,925	7.6	19.7	72.8	5.04	1.20
North Dumfries	8,132	13.6	16.2	70.3	4.73	1.27
Wellesley	7,987	18.8	19.5	61.8	4.58	1.28
Wilmot	16,197	15.0	18.5	66.6	4.81	1.23
Woolwich	18,474	15.1	17.5	67.4	4.71	1.25
<b>Region Overall</b>	428,060	9.1	18.1	72.8	4.99	1.18

<sup>a</sup> Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral/not sure*; and 5 to 7 = *Agree*.

<sup>b</sup> Based on the original 7-point scale where higher scores reflect higher levels of agreement.

Table F3c  
Residents' *Perceptions of Opportunities* for Formal Education and Courses of Interest

***"I would take courses, but they are too expensive"***

Municipality	n	Percentage of Residents <sup>a</sup>			Summary <sup>b</sup>	
		Disagree	Neutral/ not sure	Agree	Mean	Std. Dev.
Cambridge	103,667	27.7	31.6	40.7	4.25	1.47
Kitchener	188,919	33.9	26.3	39.8	4.19	1.52
Waterloo	84,242	31.9	27.6	40.5	4.17	1.50
North Dumfries	8,088	39.5	36.2	24.3	3.89	1.39
Wellesley	7,952	55.1	30.7	14.2	3.27	1.46
Wilmot	16,090	39.9	37.0	23.1	3.71	1.42
Woolwich	18,546	36.2	33.1	30.7	3.96	1.48
<b>Region Overall</b>	<b>427,504</b>	<b>32.8</b>	<b>28.8</b>	<b>38.3</b>	<b>4.15</b>	<b>1.50</b>

<sup>a</sup> Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral/not sure*; and 5 to 7 = *Agree*.

<sup>b</sup> Based on the original 7-point scale where higher scores reflect higher levels of agreement.

Table F3d  
Residents' *Perceptions of Opportunities* for Formal Education and Courses of Interest

***"There are places nearby where I can take courses out of interest"***

Municipality	n	Percentage of Residents <sup>a</sup>			Summary <sup>b</sup>	
		Disagree	Neutral/ not sure	Agree	Mean	Std. Dev.
Cambridge	103,481	13.3	27.3	59.4	4.64	1.19
Kitchener	189,475	9.2	19.3	71.4	4.91	1.12
Waterloo	84,062	9.8	25.6	64.6	4.79	1.17
North Dumfries	8,132	21.2	32.5	46.3	4.27	1.31
Wellesley	7,920	26.2	22.1	51.8	4.18	1.54
Wilmot	16,167	18.7	18.9	62.4	4.59	1.31
Woolwich	18,534	16.0	28.6	55.4	4.41	1.26
<b>Region Overall</b>	<b>427,771</b>	<b>11.5</b>	<b>23.2</b>	<b>65.3</b>	<b>4.76</b>	<b>1.19</b>

<sup>a</sup> Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral/not sure*; and 5 to 7 = *Agree*.

<sup>b</sup> Based on the original 7-point scale where higher scores reflect higher levels of agreement.

Table F3e  
Residents' *Perceptions of Opportunities* for Formal Education and Courses of Interest

***"There are schools nearby where I can upgrade my educational qualifications"***

Municipality	n	Percentage of Residents <sup>a</sup>			Summary <sup>b</sup>	
		Disagree	Neutral/ not sure	Agree	Mean	Std. Dev.
Cambridge	103,158	11.3	29.4	59.4	4.74	1.24
Kitchener	188,355	6.7	18.0	75.3	5.20	1.22
Waterloo	84,780	6.4	21.8	71.8	5.10	1.24
North Dumfries	8,032	16.2	35.9	47.9	4.47	1.36
Wellesley	7,953	19.6	26.2	54.3	4.40	1.53
Wilmot	16,167	13.7	20.9	65.5	4.81	1.39
Woolwich	18,517	14.8	28.3	56.9	4.66	1.34
<b>Region Overall</b>	<b>426,962</b>	<b>8.8</b>	<b>22.6</b>	<b>68.7</b>	<b>5.00</b>	<b>1.27</b>

<sup>a</sup> Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral/not sure*; and 5 to 7 = *Agree*.

<sup>b</sup> Based on the original 7-point scale where higher scores reflect higher levels of agreement.

Table F3f  
Residents' *Perceptions of Opportunities* for Formal Education and Courses of Interest

***"I would take courses, but they are offered at inconvenient times"***

Municipality	n	Percentage of Residents <sup>a</sup>			Summary <sup>b</sup>	
		Disagree	Neutral/ not sure	Agree	Mean	Std. Dev.
Cambridge	103,344	29.2	44.6	26.2	3.96	1.29
Kitchener	188,147	34.0	44.2	21.8	3.83	1.20
Waterloo	84,249	33.5	43.2	23.3	3.85	1.18
North Dumfries	8,089	18.2	58.0	23.8	4.14	1.04
Wellesley	7,838	41.6	46.5	11.9	3.51	1.24
Wilmot	16,090	37.7	44.9	17.4	3.67	1.18
Woolwich	18,493	30.2	52.0	17.9	3.86	1.23
<b>Region Overall</b>	<b>426,250</b>	<b>32.5</b>	<b>44.8</b>	<b>22.7</b>	<b>3.86</b>	<b>1.22</b>

<sup>a</sup> Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral/not sure*; and 5 to 7 = *Agree*.

<sup>b</sup> Based on the original 7-point scale where higher scores reflect higher levels of agreement.

# Living Standards

## Working for Pay and Its Characteristics

Table G1  
Residents Who Work for *Pay*

Work for Pay	Pct. in Region	Percentage in Municipality						
		Cambridge	Kitchener	Waterloo	North Dumfries	Wellesley	Wilmot	Woolwich
Residents	67.6	63.3	73.2	60.2	67.6	69.6	67.3	67.1
<b>Total responding</b>	292,994	65,744	140,017	51,855	5,617	5,749	11,077	12,935

Table G2  
Number of *Different* Paid Jobs (full- or part-time) held by Residents<sup>a</sup>

No. of <i>different</i> jobs for pay	Pct. in Region	Percentage in Municipality						
		Cambridge	Kitchener	Waterloo	North Dumfries	Wellesley	Wilmot	Woolwich
1 job	78.2	80.7	77.1	75.4	89.0	75.9	84.9	78.6
2 jobs	17.8	16.4	18.3	19.8	9.0	19.7	11.0	19.8
3 or more jobs	4.0	2.9	4.6	4.7	2.0	4.5	4.1	1.7
<b>Total responding</b>	292,503	66,153	139,488	51,427	5,491	5,748	11,078	13,118

<sup>a</sup> Includes only those residents who indicated that they worked for pay.

Table G3  
Residents' Weekly Hours Spent Working for Pay on *Main Job*

Hours on main job per week	Pct. in Region	Percentage in Municipality						
		Cambridge	Kitchener	Waterloo	North Dumfries	Wellesley	Wilmot	Woolwich
Fewer than 25 hours	15.7	16.1	13.1	24.5	14.7	10.3	10.8	13.3
25 to 34 hours	7.7	9.4	7.4	6.7	5.8	11.2	6.9	6.4
35 to 44 hours	56.8	55.8	60.8	49.4	58.0	39.6	62.8	52.2
45 to 54 hours	15.0	13.8	14.6	14.6	14.5	34.8	15.1	18.6
55 or more hours	4.7	4.9	4.1	4.7	7.0	4.1	4.4	9.5
<b>Total responding</b>	298,034	68,583	139,818	53,844	5,692	5,798	11,076	13,223

Table G4  
Residents' Weekly Hours Spent Working for Pay on *Other Job(s)*<sup>a</sup>

Hours on <i>other</i> jobs per week	Pct. in Region	Percentage in Municipality						
		Cambridge	Kitchener	Waterloo	North Dumfries	Wellesley	Wilmot	Woolwich
Fewer than 10 hours	81.0	79.2	81.4	81.5	82.2	88.6	90.0	71.0
10 to 20 hours	15.9	16.2	17.3	13.6	17.8	9.1	7.7	19.7
21 to 35 hours	2.3	3.5	1.3	2.7	0.0	2.3	0.0	9.3
More than 35 hours	0.8	1.2	0.0	2.1	0.0	0.0	2.3	0.0
<b>Total responding</b>	151,721	35,217	70,587	29,613	1,660	3,520	5,485	5,639

<sup>a</sup> Includes only those residents who reported working at more than one job.

Table G5  
Residents who Work for Pay with Flexible Work Hours<sup>a</sup>

Flexible work hours	Pct. in Region	Percentage in Municipality						
		Cambridge	Kitchener	Waterloo	North Dumfries	Wellesley	Wilmot	Woolwich
Have flexible work hours	48.9	41.8	50.3	54.0	44.8	24.9	56.3	55.0
<b>Total responding</b>	146,276	28,667	70,659	29,533	2,570	1,441	6,190	7,216

<sup>a</sup> Employees with flexible hours who work the full number of hours required by the employer, but have some control over the time their workday begins and ends.

Table G6  
Profile of Residents of Waterloo Region:  
*Work Schedule*

Work schedule	Pct. in Region	Percentage in Municipality						
		Cambridge	Kitchener	Waterloo	North Dumfries	Wellesley	Wilmot	Woolwich
Regular daytime, Monday to Friday	76.9	76.4	77.9	72.6	83.3	83.4	76.7	81.8
Shift schedule <sup>a</sup>	11.5	13.3	10.5	12.4	10.4	10.6	11.6	9.3
Irregular shift schedule <sup>b</sup>	11.6	10.3	11.6	15.0	6.2	5.9	11.7	8.8
<b>Total responding</b>	294,448	67,106	139,791	52,612	5,618	5,749	11,006	12,566

<sup>a</sup> Includes evenings, nights, and/or rotating shifts throughout the week.

<sup>b</sup> Includes irregular shifts, on call, compressed work weeks.

Table G7a  
Residents *Workday Commute* from Home to Workplace for Main Job (minutes per day)

Commute time	Region Overall	Municipality <sup>b</sup>						
		Cambridge	Kitchener	Waterloo	North Dumfries	Wellesley	Wilmot	Woolwich
Time in minutes	19.33 (14.64)	21.74 (16.76)	18.31 (13.74)	17.74 (13.93)	27.61 (14.96)	22.10 (12.70)	22.29 (13.22)	16.85 (13.48)
<b>Total responding</b>	292,981	66,883	138,616	52,265	5,490	5,749	11,047	12,932

Table G7b  
Residents *Workday Commute* from Home to Workplace for Main Job (minutes per day grouped)

Commute time	Pct. in Region	Percentage in Municipality						
		Cambridge	Kitchener	Waterloo	North Dumfries	Wellesley	Wilmot	Woolwich
15 minutes or less	53.6	48.9	56.6	61.0	26.7	34.6	30.4	54.7
16 to 30 minutes	32.3	28.4	32.5	27.6	42.7	51.4	53.8	37.0
31 to 45 minutes	7.7	13.3	4.9	6.0	20.8	12.6	12.6	4.7
45 to 60 minutes	4.1	6.0	4.1	3.8	2.1	0.0	3.2	0.8
More than an hour	2.3	3.5	1.9	1.8	7.6	1.5	0.0	2.8
<b>Total responding</b>	293,782	66,985	139,271	52,307	5,491	5,749	11,047	12,932



## Perceptions of Job Fit and Security

Table G8a  
Residents' Perceptions of *Job Fit and Security*

***"I have little hope for promotion at my job"***

Municipality	n	Percentage of Residents <sup>a</sup>			Summary <sup>b</sup>	
		Disagree	Neutral/ not sure	Agree	Mean	Std. Dev.
Cambridge	68,020	33.4	19.4	47.2	4.25	1.68
Kitchener	139,203	38.2	21.4	40.4	4.11	1.64
Waterloo	55,177	41.0	22.5	36.5	3.96	1.58
North Dumfries	5,649	41.6	10.1	48.3	4.29	1.75
Wellesley	5,797	30.4	24.5	45.1	4.23	1.48
Wilmot	11,047	34.9	19.9	45.2	4.12	1.68
Woolwich	12,989	41.5	25.2	33.3	3.93	1.48
<b>Region Overall</b>	<b>297,882</b>	<b>37.6</b>	<b>21.1</b>	<b>41.4</b>	<b>4.11</b>	<b>1.64</b>

<sup>a</sup> Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral/not sure*; and 5 to 7 = *Agree*.

<sup>b</sup> Based on the original 7-point scale where higher scores reflect higher levels of agreement.

Table G8b  
Residents' Perceptions of *Job Fit and Security*

***"My current occupational position adequately reflects my education and training"***

Municipality	n	Percentage of Residents <sup>a</sup>			Summary <sup>b</sup>	
		Disagree	Neutral/ not sure	Agree	Mean	Std. Dev.
Cambridge	68,011	24.7	15.0	60.3	4.53	1.55
Kitchener	138,955	22.3	9.4	68.4	4.75	1.57
Waterloo	55,205	23.1	12.2	64.7	4.72	1.51
North Dumfries	5,649	18.4	7.0	74.6	4.98	1.71
Wellesley	5,797	1.6	14.8	83.6	5.25	0.92
Wilmot	11,047	17.0	14.8	68.2	4.95	1.36
Woolwich	13,091	15.9	12.8	71.3	4.84	1.34
<b>Region Overall</b>	<b>297,755</b>	<b>22.0</b>	<b>11.6</b>	<b>66.4</b>	<b>4.72</b>	<b>1.54</b>

<sup>a</sup> Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral/not sure*; and 5 to 7 = *Agree*.

<sup>b</sup> Based on the original 7-point scale where higher scores reflect higher levels of agreement.

Table G8c  
Residents' Perceptions of *Job Fit and Security*

***“Considering all my efforts and achievements, my opportunities at work are adequate”***

Municipality	n	Percentage of Residents <sup>a</sup>			Summary <sup>b</sup>	
		Disagree	Neutral/ not sure	Agree	Mean	Std. Dev.
Cambridge	68,023	23.9	21.9	54.2	4.43	1.47
Kitchener	138,888	22.0	14.0	64.0	4.63	1.46
Waterloo	54,732	18.6	17.2	64.1	4.71	1.31
North Dumfries	5,606	20.4	13.0	66.7	4.70	1.66
Wellesley	5,798	13.6	29.7	56.6	4.82	1.29
Wilmot	11,048	19.8	11.5	68.7	4.83	1.27
Woolwich	13,090	12.3	15.5	72.2	4.83	1.17
<b>Region Overall</b>	<b>297,185</b>	<b>21.1</b>	<b>16.7</b>	<b>62.2</b>	<b>4.62</b>	<b>1.42</b>

<sup>a</sup> Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral/not sure*; and 5 to 7 = *Agree*.

<sup>b</sup> Based on the original 7-point scale where higher scores reflect higher levels of agreement.

Table G8d  
Residents' Perceptions of *Job Fit and Security*

***“I have experienced or I expect to experience an undesirable change in my work situation”***

Municipality	n	Percentage of Residents <sup>a</sup>			Summary <sup>b</sup>	
		Disagree	Neutral/ not sure	Agree	Mean	Std. Dev.
Cambridge	68,027	48.5	25.9	25.6	3.62	1.52
Kitchener	138,564	55.1	19.7	25.2	3.50	1.57
Waterloo	55,181	54.0	21.4	24.6	3.54	1.43
North Dumfries	5,521	52.6	24.9	22.5	3.52	1.57
Wellesley	5,798	41.4	24.7	33.9	3.66	1.69
Wilmot	11,046	58.0	10.3	31.6	3.53	1.53
Woolwich	12,990	60.2	25.4	14.4	3.30	1.39
<b>Region Overall</b>	<b>297,127</b>	<b>53.4</b>	<b>21.5</b>	<b>25.1</b>	<b>3.53</b>	<b>1.53</b>

<sup>a</sup> Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral/not sure*; and 5 to 7 = *Agree*.

<sup>b</sup> Based on the original 7-point scale where higher scores reflect higher levels of agreement.

Table G8e  
Residents' Perceptions of *Job Fit and Security*

***“Considering all my efforts and achievements, my salary/income is adequate”***

Municipality	n	Percentage of Residents <sup>a</sup>			Summary <sup>b</sup>	
		Disagree	Neutral/ not sure	Agree	Mean	Std. Dev.
Cambridge	68,135	30.0	21.7	48.3	4.23	1.52
Kitchener	138,878	30.2	14.1	55.7	4.31	1.52
Waterloo	55,051	27.3	16.4	56.3	4.43	1.50
North Dumfries	5,649	22.1	19.8	58.1	4.47	1.69
Wellesley	5,798	10.7	31.9	57.4	4.81	1.50
Wilmot	11,048	19.5	16.7	63.8	4.71	1.26
Woolwich	13,090	21.1	16.0	62.8	4.70	1.36
<b>Region Overall</b>	<b>297,649</b>	<b>28.3</b>	<b>16.9</b>	<b>54.8</b>	<b>4.36</b>	<b>1.51</b>

<sup>a</sup> Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral/not sure*; and 5 to 7 = *Agree*.

<sup>b</sup> Based on the original 7-point scale where higher scores reflect higher levels of agreement.

Table G8f  
Residents' Perceptions of *Job Fit and Security*

***“My job security is poor”***

Municipality	n	Percentage of Residents <sup>a</sup>			Summary <sup>b</sup>	
		Disagree	Neutral/ not sure	Agree	Mean	Std. Dev.
Cambridge	68,328	63.2	16.3	20.5	3.23	1.59
Kitchener	138,886	62.1	17.1	20.8	3.25	1.55
Waterloo	55,065	61.7	19.1	19.2	3.28	1.59
North Dumfries	5,649	64.3	19.2	16.5	3.09	1.59
Wellesley	5,798	80.5	13.5	6.0	2.46	1.30
Wilmot	11,047	72.1	21.4	6.5	2.84	1.22
Woolwich	12,990	73.0	20.8	6.3	2.86	1.29
<b>Region Overall</b>	<b>297,763</b>	<b>63.5</b>	<b>17.6</b>	<b>18.9</b>	<b>3.20</b>	<b>1.55</b>

<sup>a</sup> Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral/not sure*; and 5 to 7 = *Agree*.

<sup>b</sup> Based on the original 7-point scale where higher scores reflect higher levels of agreement.

Table G8 Summary  
Dimensions of *Job Fit and Security*

Dimension <sup>a</sup>	Region Overall	Municipality <sup>b</sup>						
		Cambridge	Kitchener	Waterloo	North Dumfries	Wellesley	Wilmot	Woolwich
Job security	4.63 (1.30)	4.57 (1.33)	4.62 (1.32)	4.59 (1.27)	4.72 (1.40)	4.94 (1.32)	4.81 (1.12)	4.92 (1.09)
Job promotion	4.40 (1.10)	4.24 (1.09)	4.39 (1.13)	4.47 (1.02)	4.47 (1.42)	4.66 (0.99)	4.59 (0.97)	4.62 (1.00)
Overall job fit	4.51 (1.01)	4.40 (0.99)	4.51 (1.04)	4.53 (0.96)	4.59 (1.19)	4.80 (1.02)	4.70 (0.84)	4.77 (0.92)

- <sup>a</sup> *Job security* is comprised of perceptions of job security and experience of an undesirable change in work situation.  
*Job promotion* is comprised of questions related to opportunities for promotion, to use one's training/education, recognition of effort, and appropriate remuneration.
- <sup>b</sup> Based on a 7-point scale where higher scores reflect higher agreement that job security and promotion are better.

# Work-Life Balance

Table G9a  
Residents' Reactions to *Work*

***“My personal life suffers because of work”***

Municipality	n	Percentage of Residents <sup>a</sup>			Summary <sup>b</sup>	
		Disagree	Neutral/ not sure	Agree	Mean	Std. Dev.
Cambridge	68,458	49.7	18.3	32.0	3.71	1.50
Kitchener	139,673	50.9	14.4	34.7	3.71	1.60
Waterloo	55,191	51.5	15.9	32.5	3.68	1.56
North Dumfries	5,734	44.8	20.4	34.7	3.81	1.22
Wellesley	5,975	46.9	22.0	31.1	3.47	1.52
Wilmot	11,124	55.8	12.6	31.5	3.64	1.57
Woolwich	13,090	49.6	12.6	37.8	3.68	1.63
<b>Region Overall</b>	<b>299,244</b>	<b>50.6</b>	<b>15.7</b>	<b>33.6</b>	<b>3.70</b>	<b>1.56</b>

<sup>a</sup> Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral/not sure*; and 5 to 7 = *Agree*.

<sup>b</sup> Based on the original 7-point scale where higher scores reflect higher levels of agreement.

Table G9b  
Residents' Reactions to *Work*

***“My job makes a personal life difficult”***

Municipality	n	Percentage of Residents <sup>a</sup>			Summary <sup>b</sup>	
		Disagree	Neutral/ not sure	Agree	Mean	Std. Dev.
Cambridge	68,458	58.5	16.0	25.5	3.44	1.48
Kitchener	139,749	59.7	12.6	27.8	3.49	1.58
Waterloo	54,700	59.8	15.6	24.6	3.45	1.49
North Dumfries	5,734	71.3	8.6	20.1	3.38	1.11
Wellesley	5,974	51.7	24.6	23.7	3.22	1.52
Wilmot	11,123	58.9	13.1	27.9	3.44	1.62
Woolwich	13,090	59.5	17.5	23.0	3.37	1.59
<b>Region Overall</b>	<b>298,828</b>	<b>59.5</b>	<b>14.3</b>	<b>26.2</b>	<b>3.46</b>	<b>1.53</b>

<sup>a</sup> Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral/not sure*; and 5 to 7 = *Agree*.

<sup>b</sup> Based on the original 7-point scale where higher scores reflect higher levels of agreement.

Table G9c  
Residents' Reactions to *Work*

***"I neglect personal needs because of work"***

Municipality	n	Percentage of Residents <sup>a</sup>			Summary <sup>b</sup>	
		Disagree	Neutral/ not sure	Agree	Mean	Std. Dev.
Cambridge	67,780	54.3	11.3	34.4	3.59	1.55
Kitchener	139,512	53.6	11.9	34.5	3.63	1.59
Waterloo	55,248	53.3	12.6	34.0	3.70	1.54
North Dumfries	5,734	55.5	10.8	33.7	3.72	1.25
Wellesley	5,842	53.3	11.4	35.2	3.54	1.45
Wilmot	11,004	50.3	9.9	39.8	3.69	1.54
Woolwich	12,905	46.7	19.8	33.5	3.64	1.52
<b>Region Overall</b>	<b>298,025</b>	<b>53.3</b>	<b>12.1</b>	<b>34.5</b>	<b>3.64</b>	<b>1.55</b>

<sup>a</sup> Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral/not sure*; and 5 to 7 = *Agree*.

<sup>b</sup> Based on the original 7-point scale where higher scores reflect higher levels of agreement.

Table G9d  
Residents' Reactions to *Work*

***"I put my personal life on hold for work"***

Municipality	n	Percentage of Residents <sup>a</sup>			Summary <sup>b</sup>	
		Disagree	Neutral/ not sure	Agree	Mean	Std. Dev.
Cambridge	68,300	51.8	17.7	30.6	3.59	1.52
Kitchener	139,404	54.2	11.9	33.9	3.59	1.57
Waterloo	54,625	49.9	16.9	33.3	3.73	1.51
North Dumfries	5,734	58.0	11.8	30.2	3.50	1.41
Wellesley	5,973	47.9	9.5	42.7	3.70	1.68
Wilmot	11,048	54.3	14.1	31.6	3.67	1.68
Woolwich	12,862	49.1	17.8	33.1	3.63	1.56
<b>Region Overall</b>	<b>297,946</b>	<b>52.6</b>	<b>14.4</b>	<b>33.0</b>	<b>3.62</b>	<b>1.55</b>

<sup>a</sup> Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral/not sure*; and 5 to 7 = *Agree*.

<sup>b</sup> Based on the original 7-point scale where higher scores reflect higher levels of agreement.

Table G9e  
Residents' Reactions to *Work*

***"I struggle to juggle work and non-work activities"***

Municipality	n	Percentage of Residents <sup>a</sup>			Summary <sup>b</sup>	
		Disagree	Neutral/ not sure	Agree	Mean	Std. Dev.
Cambridge	67,903	48.2	15.7	36.1	3.74	1.51
Kitchener	139,766	50.0	11.8	38.2	3.75	1.61
Waterloo	54,908	45.9	16.6	37.4	3.86	1.51
North Dumfries	5,734	49.7	9.3	41.0	3.94	1.30
Wellesley	5,973	59.3	6.7	34.0	3.59	1.65
Wilmot	11,124	42.4	19.5	38.0	3.90	1.40
Woolwich	12,905	49.0	12.9	38.1	3.80	1.57
<b>Region Overall</b>	<b>298,313</b>	<b>48.7</b>	<b>13.8</b>	<b>37.5</b>	<b>3.78</b>	<b>1.56</b>

<sup>a</sup> Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral/not sure*; and 5 to 7 = *Agree*.

<sup>b</sup> Based on the original 7-point scale where higher scores reflect higher levels of agreement.

Table G9f  
Residents' Reactions to *Work*

***"I am happy with the amount of time for non-work activities"***

Municipality	n	Percentage of Residents <sup>a</sup>			Summary <sup>b</sup>	
		Disagree	Neutral/ not sure	Agree	Mean	Std. Dev.
Cambridge	67,780	39.9	18.5	41.7	4.00	1.40
Kitchener	139,321	36.2	14.9	48.9	4.16	1.38
Waterloo	54,651	38.5	17.3	44.2	4.06	1.44
North Dumfries	5,733	34.0	32.2	33.8	4.03	1.12
Wellesley	5,974	41.1	6.7	52.2	4.26	1.55
Wilmot	11,124	38.8	22.0	39.2	4.01	1.30
Woolwich	12,935	32.4	26.7	40.9	4.01	1.32
<b>Region Overall</b>	<b>297,518</b>	<b>37.4</b>	<b>17.1</b>	<b>45.4</b>	<b>4.09</b>	<b>1.39</b>

<sup>a</sup> Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral/not sure*; and 5 to 7 = *Agree*.

<sup>b</sup> Based on the original 7-point scale where higher scores reflect higher levels of agreement.

Table G9g  
Residents' Reactions to *Work*

***“My personal life drains me of energy for work”***

Municipality	n	Percentage of Residents <sup>a</sup>			Summary <sup>b</sup>	
		Disagree	Neutral/ not sure	Agree	Mean	Std. Dev.
Cambridge	68,209	73.1	13.0	13.9	3.03	1.36
Kitchener	139,767	76.9	10.0	13.2	2.92	1.29
Waterloo	54,963	72.2	13.3	14.5	3.07	1.34
North Dumfries	5,734	73.7	20.8	5.5	2.97	0.97
Wellesley	5,974	87.1	5.4	7.5	2.64	1.01
Wilmot	11,124	77.2	8.1	14.7	2.78	1.31
Woolwich	12,719	74.7	15.8	9.5	2.91	1.16
<b>Region Overall</b>	<b>298,490</b>	<b>75.2</b>	<b>11.6</b>	<b>13.2</b>	<b>2.96</b>	<b>1.30</b>

<sup>a</sup> Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral/not sure*; and 5 to 7 = *Agree*.

<sup>b</sup> Based on the original 7-point scale where higher scores reflect higher levels of agreement.

Table G9h  
Residents' Reactions to *Work*

***“I am too tired to be effective at work”***

Municipality	n	Percentage of Residents <sup>a</sup>			Summary <sup>b</sup>	
		Disagree	Neutral/ not sure	Agree	Mean	Std. Dev.
Cambridge	68,009	74.2	16.3	9.5	2.88	1.27
Kitchener	139,330	79.4	11.1	9.6	2.83	1.18
Waterloo	55,163	72.7	16.7	10.5	2.97	1.25
North Dumfries	5,733	85.3	10.5	4.2	2.76	1.00
Wellesley	5,875	82.5	8.8	8.7	2.56	1.24
Wilmot	11,124	82.9	8.3	8.8	2.73	1.14
Woolwich	12,905	77.2	16.0	6.9	2.82	1.11
<b>Region Overall</b>	<b>298,139</b>	<b>77.2</b>	<b>13.4</b>	<b>9.5</b>	<b>2.86</b>	<b>1.21</b>

<sup>a</sup> Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral/not sure*; and 5 to 7 = *Agree*.

<sup>b</sup> Based on the original 7-point scale where higher scores reflect higher levels of agreement.



Table G9i  
Residents' Reactions to *Work*

***“My work suffers because of my personal life”***

Municipality	n	Percentage of Residents <sup>a</sup>			Summary <sup>b</sup>	
		Disagree	Neutral/ not sure	Agree	Mean	Std. Dev.
Cambridge	68,013	81.4	9.5	9.1	2.70	1.30
Kitchener	139,606	83.2	7.7	9.0	2.65	1.20
Waterloo	54,903	78.4	13.3	8.4	2.79	1.22
North Dumfries	5,733	88.6	9.0	2.5	2.63	1.00
Wellesley	5,925	92.6	4.4	3.1	1.97	0.99
Wilmot	11,124	87.2	6.9	5.9	2.53	1.09
Woolwich	12,905	85.2	10.2	4.6	2.60	1.06
<b>Region Overall</b>	<b>298,209</b>	<b>82.4</b>	<b>9.2</b>	<b>8.4</b>	<b>2.67</b>	<b>1.21</b>

<sup>a</sup> Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral/not sure*; and 5 to 7 = *Agree*.

<sup>b</sup> Based on the original 7-point scale where higher scores reflect higher levels of agreement.

Table G9j  
Residents' Reactions to *Work*

***“It is hard to work because of personal matters”***

Municipality	n	Percentage of Residents <sup>a</sup>			Summary <sup>b</sup>	
		Disagree	Neutral/ not sure	Agree	Mean	Std. Dev.
Cambridge	68,165	78.0	13.0	9.0	2.77	1.33
Kitchener	139,444	79.0	10.0	11.0	2.75	1.30
Waterloo	55,020	77.5	11.1	11.4	2.85	1.31
North Dumfries	5,733	84.4	10.0	5.6	2.67	1.08
Wellesley	5,973	86.5	6.5	7.0	2.27	1.16
Wilmot	11,124	82.2	9.1	8.7	2.62	1.17
Woolwich	12,905	80.7	8.7	10.6	2.71	1.22
<b>Region Overall</b>	<b>298,364</b>	<b>78.9</b>	<b>10.7</b>	<b>10.3</b>	<b>2.76</b>	<b>1.30</b>

<sup>a</sup> Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral/not sure*; and 5 to 7 = *Agree*.

<sup>b</sup> Based on the original 7-point scale where higher scores reflect higher levels of agreement.

Table G9k  
Residents' Reactions to *Work*

***“My personal life gives me energy for my job”***

Municipality	n	Percentage of Residents <sup>a</sup>			Summary <sup>b</sup>	
		Disagree	Neutral/ not sure	Agree	Mean	Std. Dev.
Cambridge	67,922	26.8	33.5	39.7	4.17	1.31
Kitchener	139,404	20.5	30.2	49.3	4.42	1.22
Waterloo	54,778	21.2	29.0	49.8	4.38	1.23
North Dumfries	5,734	17.2	40.0	42.8	4.24	1.10
Wellesley	5,975	20.5	23.7	55.8	4.50	1.15
Wilmot	11,124	34.0	21.0	45.0	4.21	1.29
Woolwich	12,896	21.7	21.6	56.8	4.39	1.30
<b>Region Overall</b>	<b>297,832</b>	<b>22.6</b>	<b>30.1</b>	<b>47.4</b>	<b>4.34</b>	<b>1.25</b>

<sup>a</sup> Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral/not sure*; and 5 to 7 = *Agree*.

<sup>b</sup> Based on the original 7-point scale where higher scores reflect higher levels of agreement.

Table G9l  
Residents' Reactions to *Work*

***“I am in a better mood at work because of my personal life”***

Municipality	n	Percentage of Residents <sup>a</sup>			Summary <sup>b</sup>	
		Disagree	Neutral/ not sure	Agree	Mean	Std. Dev.
Cambridge	68,056	21.6	27.3	51.1	4.39	1.30
Kitchener	138,853	16.0	24.0	59.9	4.66	1.26
Waterloo	55,244	15.7	26.0	58.3	4.59	1.24
North Dumfries	5,734	8.4	26.0	65.6	4.81	1.06
Wellesley	5,973	8.4	36.8	54.8	4.68	1.08
Wilmot	11,046	7.0	24.4	68.6	4.87	1.03
Woolwich	12,905	16.5	20.4	63.1	4.66	1.12
<b>Region Overall</b>	<b>297,811</b>	<b>16.6</b>	<b>25.3</b>	<b>58.1</b>	<b>4.60</b>	<b>1.25</b>

<sup>a</sup> Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral/not sure*; and 5 to 7 = *Agree*.

<sup>b</sup> Based on the original 7-point scale where higher scores reflect higher levels of agreement.

Table G9m  
Residents' Reactions to *Work*

***"I am in a better mood generally because of my job"***

Municipality	n	Percentage of Residents <sup>a</sup>			Summary <sup>b</sup>	
		Disagree	Neutral/ not sure	Agree	Mean	Std. Dev.
Cambridge	68,139	31.2	28.0	40.8	4.08	1.41
Kitchener	139,418	26.6	29.0	44.5	4.20	1.33
Waterloo	55,174	24.2	28.0	47.7	4.31	1.34
North Dumfries	5,734	31.9	30.1	38.0	3.94	1.32
Wellesley	5,974	29.2	24.2	46.7	4.34	1.40
Wilmot	11,039	19.8	29.3	50.9	4.40	1.20
Woolwich	12,934	25.6	27.6	46.8	4.22	1.33
<b>Region Overall</b>	298,412	27.1	28.5	44.5	4.20	1.35

<sup>a</sup> Percentages based on combining responses 1 to 3 = *Disagree*; 4 = *Neutral/not sure*; and 5 to 7 = *Agree*.

<sup>b</sup> Based on the original 7-point scale where higher scores reflect higher levels of agreement.

Table G9 Summary  
Dimensions of *Work-Life Balance*

Dimension <sup>a</sup>	Region Overall	Municipality <sup>b</sup>						
		Cambridge	Kitchener	Waterloo	North Dumfries	Wellesley	Wilmot	Woolwich
Work/personal life enhancement	4.38 (1.06)	4.22 (1.12)	4.42 (1.04)	4.43 (1.06)	4.33 (0.90)	4.51 (1.09)	4.49 (0.92)	4.42 (0.98)
Work interference with personal life	3.68 (1.32)	3.67 (1.25)	3.67 (1.37)	3.73 (1.28)	3.72 (0.98)	3.54 (1.35)	3.72 (1.31)	3.69 (1.36)
Personal life interference with work	2.81 (1.09)	2.85 (1.19)	2.79 (1.06)	2.92 (1.09)	2.76 (0.94)	2.36 (0.90)	2.67 (1.05)	2.76 (0.97)
Overall work-life balance	3.37 (0.86)	3.44 (0.89)	3.34 (0.88)	3.41 (0.82)	3.38 (0.61)	3.13 (0.90)	3.30 (0.80)	3.34 (0.81)

Notes: <sup>a</sup> *Work/personal life enhancement* refers to the positive transfer of mood and energy between work and personal domains.  
*Work interference with personal life* refers to difficulties re: detrimental influence of work on personal needs, time, energy, relationships.  
*Personal life interference with work* refers to difficulties performing job requirements because of personal matters.

<sup>b</sup> Based on a 7-point scale where higher scores reflect greater degree of work-life imbalance.

## Experiences of Financial Insecurity

Table G10a  
Residents' Experiences of *Financial Insecurity* During the Past Year

***"I could not pay my bills on time (e.g., water, hydro, phone, credit card)"***

Municipality	n	Percentage of Residents				
		Never	Once in past year	At least once every 6 months	At least once every 3 months	At least once a month
Cambridge	99,336	67.3	9.6	7.5	10.0	5.5
Kitchener	182,525	81.0	8.0	4.6	3.8	2.6
Waterloo	78,642	77.9	9.0	4.3	5.0	3.8
North Dumfries	7,663	84.0	5.7	8.0	2.3	0.0
Wellesley	7,987	86.7	7.8	5.5	0.0	0.0
Wilmot	15,220	88.8	1.0	6.4	2.4	1.3
Woolwich	18,950	81.5	4.0	6.0	4.0	4.5
<b>Region Overall</b>	<b>410,323</b>	<b>77.6</b>	<b>8.1</b>	<b>5.5</b>	<b>5.4</b>	<b>3.5</b>

Table G10b  
Residents' Experiences of *Financial Insecurity* During the Past Year

***"I could not pay my mortgage or rent on time"***

Municipality	n	Percentage of Residents				
		Never	Once in past year	At least once every 6 months	At least once every 3 months	At least once a month
Cambridge	92,897	87.9	3.9	3.1	2.9	2.1
Kitchener	172,292	93.9	2.6	1.3	1.2	1.0
Waterloo	74,103	88.0	5.6	2.6	2.3	1.4
North Dumfries	7,447	97.0	2.4	0.0	0.0	0.6
Wellesley	7,776	95.0	0.6	4.4	0.0	0.0
Wilmot	14,570	94.8	2.2	1.5	0.9	0.5
Woolwich	17,242	89.1	1.9	4.6	4.4	0.0
<b>Region Overall</b>	<b>386,327</b>	<b>91.2</b>	<b>3.4</b>	<b>2.2</b>	<b>1.9</b>	<b>1.2</b>

Table G10c  
Residents' Experiences of *Financial Insecurity* During the Past Year

***"I ate less because there was not enough food or money for food"***

Municipality	n	Percentage of Residents				
		Never	Once in past year	At least once every 6 months	At least once every 3 months	At least once a month
Cambridge	99,122	73.1	4.9	6.6	5.8	9.7
Kitchener	182,477	83.0	4.4	3.6	5.0	4.1
Waterloo	79,007	78.8	5.7	5.3	3.5	6.8
North Dumfries	7,663	94.1	2.0	2.6	0.8	0.6
Wellesley	7,680	98.1	0.6	1.3	0.0	0.0
Wilmot	15,381	91.1	3.8	1.9	2.5	0.8
Woolwich	18,791	90.1	0.7	2.0	2.1	5.1
<b>Region Overall</b>	410,121	80.9	4.4	4.4	4.5	5.8

Table G10d  
Residents' Experiences of *Financial Insecurity* During the Past Year

***"I could not afford to pay for transportation to get to where I needed to go"***

Municipality	n	Percentage of Residents				
		Never	Once in past year	At least once every 6 months	At least once every 3 months	At least once a month
Cambridge	96,000	80.4	5.1	3.8	4.2	6.4
Kitchener	180,940	88.9	4.5	2.6	2.0	2.0
Waterloo	79,229	83.0	3.9	3.3	4.5	5.3
North Dumfries	7,504	93.2	2.0	2.7	0.0	2.1
Wellesley	7,903	97.2	0.6	0.0	2.2	0.0
Wilmot	15,225	94.2	2.6	1.8	0.8	0.5
Woolwich	18,509	92.6	1.2	1.3	0.2	4.8
<b>Region Overall</b>	405,310	86.3	4.2	2.9	2.9	3.7

Table G10e  
Residents' Experiences of *Financial Insecurity* During the Past Year

***"I did not have enough money to buy the things I wanted"***

Municipality	n	Percentage of Residents				
		Never	Once in past year	At least once every 6 months	At least once every 3 months	At least once a month
Cambridge	98,736	45.4	8.8	9.8	10.4	25.5
Kitchener	184,221	51.9	7.6	11.2	8.9	20.2
Waterloo	81,423	48.6	9.8	10.0	9.5	22.1
North Dumfries	7,396	56.7	9.3	17.4	0.8	15.8
Wellesley	7,990	79.8	8.0	5.1	3.8	3.3
Wilmot	15,522	59.5	4.6	12.8	10.5	12.5
Woolwich	18,491	58.8	10.2	10.2	5.7	15.1
<b>Region Overall</b>	<b>413,779</b>	<b>50.9</b>	<b>8.4</b>	<b>10.7</b>	<b>9.1</b>	<b>20.9</b>

Table G10f  
Residents' Experiences of *Financial Insecurity* During the Past Year

***"I did not have enough money to buy the things I needed"***

Municipality	n	Percentage of Residents				
		Never	Once in past year	At least once every 6 months	At least once every 3 months	At least once a month
Cambridge	99,416	65.8	8.4	6.8	7.6	11.3
Kitchener	183,685	78.0	6.8	5.9	3.9	5.3
Waterloo	80,598	70.9	7.7	6.3	6.0	9.1
North Dumfries	7,605	81.4	4.2	9.2	0.0	5.2
Wellesley	7,990	95.5	0.4	0.0	4.1	0.0
Wilmot	15,465	83.2	5.4	8.7	1.0	1.8
Woolwich	18,671	82.8	6.6	3.4	1.2	6.0
<b>Region Overall</b>	<b>413,430</b>	<b>74.5</b>	<b>7.1</b>	<b>6.1</b>	<b>4.9</b>	<b>7.3</b>

## Internet Access and Perceived Quality

Table G11a  
Residents with Access to the Internet from Home

Internet access at home	Pct. in Region	Percentage in Municipality						
		Cambridge	Kitchener	Waterloo	North Dumfries	Wellesley	Wilmot	Woolwich
Have access	96.0	95.4	98.7	91.0	96.2	93.2	98.1	92.9
<b>Total with access</b>	415,544	99,301	189,501	77,272	7,959	7,706	16,117	17,688

Table G11b  
Perceived Overall Quality of Internet Service at Home

Location	n	Percentage of Residents					Summary <sup>a</sup>	
		Poor	Fair	Good	Very good	Excellent	Mean	Std. Dev.
Cambridge	102,040	3.6	13.1	31.1	40.1	12.2	3.44	0.99
Kitchener	190,753	1.9	9.7	28.9	41.2	18.2	3.64	0.95
Waterloo	80,708	3.7	11.3	30.7	37.2	17.1	3.53	1.02
North Dumfries	7,958	18.4	18.6	30.1	30.7	2.2	2.80	1.13
Wellesley	7,707	6.9	14.6	37.7	24.7	16.0	3.28	1.11
Wilmot	16,216	3.3	13.0	34.1	28.9	20.6	3.50	1.06
Woolwich	18,131	5.4	12.9	36.1	37.7	7.9	3.30	0.98
<b>Total</b>	423,513	3.3	11.4	30.4	39.1	15.9	3.53	1.00

<sup>a</sup> Based on a 5-point scale where higher scores reflect higher perceived quality of internet service.



# Time Use

## Time Providing Support to Others

Table H1a  
Residents Providing Unpaid Care *to Any Children*

Unpaid care to children	Pct. in Region	Percentage in Municipality						
		Cambridge	Kitchener	Waterloo	North Dumfries	Wellesley	Wilmot	Woolwich
Residents providing care	20.6	21.8	19.7	18.5	22.2	25.1	24.8	26.6
<b>Total responding</b>	89,629	22,901	37,758	15,873	1,824	2,074	4,048	5,151

Table H1b  
Weekly Hours Typically Spent by Residents  
Providing Unpaid Care *to Children*

Hours of unpaid care	Region Overall	Municipality <sup>a</sup>						
		Cambridge	Kitchener	Waterloo	North Dumfries	Wellesley	Wilmot	Woolwich
Children in your family	41.60 (47.18)	42.42 (49.28)	43.16 (47.69)	37.42 (42.25)	27.98 (39.49)	32.92 (39.08)	37.15 (33.94)	50.54 (58.39)
Children <i>not</i> in your family	4.11 (3.09)	4.17 (2.80)	3.64 (3.06)	3.87 (2.83)	– –	6.39 (3.99)	6.70 (3.31)	3.11 (2.10)

<sup>a</sup> Mean number of hours with standard deviation below in parentheses. No valid data provided by residents of North Dumfries.

Table H2a  
Residents Providing Unpaid Care to Older or Dependent Adult(s)

Unpaid care to older adults	Pct. in Region	Percentage in Municipality						
		Cambridge	Kitchener	Waterloo	North Dumfries	Wellesley	Wilmot	Woolwich
Residents providing care	11.7	13.8	10.0	13.5	10.0	10.5	11.8	10.9
<b>Total responding</b>	50,739	14,425	19,142	11,470	823	866	1,938	2,075

Table H2b  
Weekly Hours Typically Spent by Residents  
Providing Unpaid Care to Older or Dependent Adult(s)

Hours of unpaid care	Region Overall	Municipality <sup>a</sup>						
		Cambridge	Kitchener	Waterloo	North Dumfries	Wellesley	Wilmot	Woolwich
Older/dependent adult in your family	11.63 (14.26)	12.95 (15.12)	12.27 (15.10)	11.25 (13.56)	8.48 (6.51)	4.78 (3.98)	8.03 (10.86)	7.25 (9.54)
Older/dependent adult(s) who is neighbour/friend	3.17 (2.14)	3.78 (2.21)	2.43 (1.94)	3.68 (2.08)	1.66 (0.47)	1.45 (0.50)	4.00 (1.42)	3.24 (2.76)

<sup>a</sup> Mean number of hours with standard deviation below in parentheses.

Table H3  
Residents' Perceptions of the Adequacy of Supply of Childcare in the Community

Hours of unpaid care	Pct. in Region	Percentage in Municipality <sup>a</sup>						
		Cambridge	Kitchener	Waterloo	North Dumfries	Wellesley	Wilmot	Woolwich
Childcare is adequate	17.5	19.1	15.8	18.7	15.5	21.6	19.9	16.4
Childcare is <i>not</i> adequate	26.5	25.7	27.6	25.0	30.1	30.6	24.3	25.4
Not sure / do not know	56.0	55.3	56.6	56.3	54.4	47.8	55.7	58.2
<b>Total</b>	434,688	104,286	192,229	85,959	8,270	8,184	16,427	19,333

## Feeling the Time Crunch

Table H4  
How Often Residents *Feel Rushed*

Municipality	Pct. in Region	Percentage of Residents					
		Never	Less than once a month	About once a month	About once a week	A few times per week	Every day
Cambridge	104,378	9.9	7.4	9.9	20.8	30.9	21.1
Kitchener	191,474	6.4	9.9	10.3	19.4	35.4	18.6
Waterloo	85,080	7.4	7.5	11.2	23.8	30.1	20.0
North Dumfries	8,270	13.4	4.5	6.7	19.0	39.8	16.5
Wellesley	8,266	5.5	5.5	7.1	16.7	42.5	22.7
Wilmot	16,427	2.6	10.9	14.9	17.4	38.0	16.2
Woolwich	19,323	5.9	11.2	9.1	14.7	39.5	19.6
<b>Region Overall</b>	433,218	7.4	8.7	10.4	20.3	33.8	19.5

Table H5  
How Often Residents Feel They have *Free Time on Their Hands*

Municipality	Pct. in Region	Percentage of Residents					
		Never	Less than once a month	About once a month	About once a week	A few times per week	Every day
Cambridge	104,204	29.4	22.3	11.5	17.0	14.1	5.7
Kitchener	191,294	32.3	19.6	12.8	16.9	15.0	3.4
Waterloo	85,134	32.4	17.3	13.3	17.0	14.0	6.0
North Dumfries	8,270	46.2	21.1	12.3	13.0	6.8	0.5
Wellesley	8,265	41.6	26.0	14.1	12.9	5.0	0.4
Wilmot	16,428	42.3	15.9	14.2	14.2	10.6	2.7
Woolwich	19,453	43.0	19.5	11.9	10.7	11.5	3.4
<b>Region Overall</b>	<b>433,048</b>	<b>32.9</b>	<b>19.8</b>	<b>12.6</b>	<b>16.4</b>	<b>13.9</b>	<b>4.3</b>

## Perceptions of Time Adequacy

Table H6a  
Residents' Perceptions of *Time Adequacy*

***“There is time to get enough sleep/rest”***

Municipality	n	Percentage of Residents <sup>a</sup>			Summary <sup>b</sup>	
		Not enough	Neutral	Enough	Mean	Std. Dev.
Cambridge	102,267	26.0	15.8	58.2	6.85	3.10
Kitchener	188,438	21.7	13.2	65.1	7.20	2.95
Waterloo	83,831	24.4	15.1	60.5	6.89	3.04
North Dumfries	8,227	35.8	7.9	56.3	6.48	3.02
Wellesley	8,160	15.4	26.3	58.3	7.17	2.34
Wilmot	16,386	22.1	21.0	56.9	7.03	2.81
Woolwich	19,323	18.8	12.6	68.6	7.42	2.97
<b>Region Overall</b>	<b>426,632</b>	<b>23.3</b>	<b>14.6</b>	<b>62.1</b>	<b>7.04</b>	<b>3.00</b>

<sup>a</sup> Percentages based on combining responses 1 to 4 = *Not enough*; 5 and 6 = *Neutral*; and 7 to 10 = *Enough*.

<sup>b</sup> Based on original 10-point scale where higher scores reflect more adequate amounts of time perceived by respondent.

Table H6b  
Residents' Perceptions of *Time Adequacy*

***“There is enough time to be yourself”***

Municipality	n	Percentage of Residents <sup>a</sup>			Summary <sup>b</sup>	
		Not enough	Neutral	Enough	Mean	Std. Dev.
Cambridge	100,934	18.3	19.0	62.7	7.23	2.75
Kitchener	186,718	15.5	14.5	70.1	7.57	2.62
Waterloo	82,575	16.9	19.2	63.9	7.27	2.69
North Dumfries	8,023	18.9	25.1	56.0	6.75	2.67
Wellesley	8,195	5.0	20.3	74.7	7.75	2.06
Wilmot	16,301	17.3	17.1	65.6	7.43	2.53
Woolwich	19,074	17.8	12.3	69.9	7.45	2.77
<b>Region Overall</b>	<b>421,820</b>	<b>16.5</b>	<b>16.8</b>	<b>66.8</b>	<b>7.41</b>	<b>2.66</b>

<sup>a</sup> Percentages based on combining responses 1 to 4 = *Not enough*; 5 and 6 = *Neutral*; and 7 to 10 = *Enough*.

<sup>b</sup> Based on original 10-point scale where higher scores reflect more adequate amounts of time perceived by respondent.

Table H6c  
Residents' Perceptions of *Time Adequacy*

***“There is enough time to socialize”***

Municipality	n	Percentage of Residents <sup>a</sup>			Summary <sup>b</sup>	
		Not enough	Neutral	Enough	Mean	Std. Dev.
Cambridge	100,850	20.9	22.4	56.8	6.84	2.76
Kitchener	186,477	19.9	18.8	61.3	7.01	2.66
Waterloo	83,408	18.4	24.1	57.5	6.89	2.59
North Dumfries	7,923	20.3	25.4	54.3	6.50	2.54
Wellesley	8,076	12.1	18.5	69.4	7.14	2.19
Wilmot	16,313	20.3	21.6	58.2	6.97	2.56
Woolwich	18,919	25.9	12.3	61.9	6.92	2.92
<b>Region Overall</b>	<b>421,966</b>	<b>20.0</b>	<b>20.7</b>	<b>59.4</b>	<b>6.93</b>	<b>2.67</b>

<sup>a</sup> Percentages based on combining responses 1 to 4 = *Not enough*; 5 and 6 = *Neutral*; and 7 to 10 = *Enough*.  
<sup>b</sup> Based on original 10-point scale where higher scores reflect more adequate amounts of time perceived by respondent.

Table H6d  
Residents' Perceptions of *Time Adequacy*

***“There is enough time to keep in shape”***

Municipality	n	Percentage of Residents <sup>a</sup>			Summary <sup>b</sup>	
		Not enough	Neutral	Enough	Mean	Std. Dev.
Cambridge	98,776	23.9	20.5	55.6	6.75	2.80
Kitchener	186,442	22.4	19.8	57.8	6.84	2.71
Waterloo	82,764	24.2	24.7	51.1	6.57	2.75
North Dumfries	7,850	28.3	21.4	50.3	6.28	2.87
Wellesley	7,879	20.3	22.3	57.4	6.59	2.78
Wilmot	15,914	22.9	28.1	49.0	6.63	2.60
Woolwich	18,829	28.1	16.4	55.5	6.63	3.03
<b>Region Overall</b>	<b>418,454</b>	<b>23.5</b>	<b>21.1</b>	<b>55.4</b>	<b>6.73</b>	<b>2.76</b>

<sup>a</sup> Percentages based on combining responses 1 to 4 = *Not enough*; 5 and 6 = *Neutral*; and 7 to 10 = *Enough*.  
<sup>b</sup> Based on original 10-point scale where higher scores reflect more adequate amounts of time perceived by respondent.

Table H6e  
Residents' Perceptions of *Time Adequacy*

***“There is enough time to prepare or eat healthy meals”***

Municipality	n	Percentage of Residents <sup>a</sup>			Summary <sup>b</sup>	
		Not enough	Neutral	Enough	Mean	Std. Dev.
Cambridge	101,461	22.8	18.3	58.9	6.90	2.84
Kitchener	187,785	16.5	20.4	63.1	7.18	2.51
Waterloo	82,527	21.2	21.4	57.4	6.83	2.69
North Dumfries	8,182	17.2	31.9	51.0	6.71	2.62
Wellesley	7,935	8.4	27.0	64.6	7.33	1.99
Wilmot	16,228	21.4	19.1	59.6	7.07	2.47
Woolwich	18,942	17.9	19.9	62.2	7.14	2.65
<b>Region Overall</b>	<b>423,060</b>	<b>19.0</b>	<b>20.3</b>	<b>60.6</b>	<b>7.03</b>	<b>2.63</b>

<sup>a</sup> Percentages based on combining responses 1 to 4 = *Not enough*; 5 and 6 = *Neutral*; and 7 to 10 = *Enough*.

<sup>b</sup> Based on original 10-point scale where higher scores reflect more adequate amounts of time perceived by respondent.

Table H6f  
Residents' Perceptions of *Time Adequacy*

***“There is enough time to participate in or be active in the community”***

Municipality	n	Percentage of Residents <sup>a</sup>			Summary <sup>b</sup>	
		Not enough	Neutral	Enough	Mean	Std. Dev.
Cambridge	97,277	32.0	20.4	47.7	6.11	2.99
Kitchener	179,803	26.7	24.3	48.9	6.41	2.78
Waterloo	79,427	29.7	25.7	44.6	6.16	2.79
North Dumfries	7,730	29.0	33.1	37.9	5.78	2.80
Wellesley	8,040	14.9	32.1	53.0	6.68	2.20
Wilmot	15,782	28.0	22.1	49.9	6.47	2.61
Woolwich	18,316	23.6	30.3	46.0	6.29	2.74
<b>Region Overall</b>	<b>406,375</b>	<b>28.3</b>	<b>24.2</b>	<b>47.6</b>	<b>6.28</b>	<b>2.82</b>

<sup>a</sup> Percentages based on combining responses 1 to 4 = *Not enough*; 5 and 6 = *Neutral*; and 7 to 10 = *Enough*.

<sup>b</sup> Based on original 10-point scale where higher scores reflect more adequate amounts of time perceived by respondent.



Table H6g  
Residents' Perceptions of *Time Adequacy*

***“There is enough time to nurture your spiritual and/or creative side”***

Municipality	n	Percentage of Residents <sup>a</sup>			Summary <sup>b</sup>	
		Not enough	Neutral	Enough	Mean	Std. Dev.
Cambridge	95,333	30.2	19.0	50.8	6.35	3.02
Kitchener	173,542	24.9	21.3	53.8	6.63	2.84
Waterloo	77,811	27.0	22.2	50.8	6.46	2.84
North Dumfries	6,950	31.8	24.9	43.3	6.05	2.74
Wellesley	7,288	21.4	24.5	54.1	6.88	2.67
Wilmot	15,273	27.1	16.8	56.1	6.67	2.75
Woolwich	17,631	29.5	14.3	56.2	6.47	3.09
<b>Region Overall</b>	<b>393,828</b>	<b>26.9</b>	<b>20.6</b>	<b>52.5</b>	<b>6.52</b>	<b>2.89</b>

<sup>a</sup> Percentages based on combining responses 1 to 4 = *Not enough*; 5 and 6 = *Neutral*; and 7 to 10 = *Enough*.

<sup>b</sup> Based on original 10-point scale where higher scores reflect more adequate amounts of time perceived by respondent.

Table H6h  
Residents' Perceptions of *Time Adequacy*

***“There is enough time to complete chores or errands”***

Municipality	n	Percentage of Residents <sup>a</sup>			Summary <sup>b</sup>	
		Not enough	Neutral	Enough	Mean	Std. Dev.
Cambridge	101,164	24.0	20.0	56.0	6.71	2.80
Kitchener	187,509	17.1	21.1	61.8	7.05	2.54
Waterloo	81,955	18.7	25.8	55.4	6.77	2.52
North Dumfries	7,937	26.1	18.9	54.9	6.51	2.56
Wellesley	8,195	12.6	33.2	54.2	7.09	2.24
Wilmot	15,753	18.1	22.9	59.1	7.04	2.42
Woolwich	19,032	24.3	18.3	57.4	6.70	2.74
<b>Region Overall</b>	<b>421,545</b>	<b>19.5</b>	<b>21.9</b>	<b>58.6</b>	<b>6.89</b>	<b>2.60</b>

<sup>a</sup> Percentages based on combining responses 1 to 4 = *Not enough*; 5 and 6 = *Neutral*; and 7 to 10 = *Enough*.

<sup>b</sup> Based on original 10-point scale where higher scores reflect more adequate amounts of time perceived by respondent.

Table H6i  
Residents' Perceptions of *Time Adequacy*

***“There is enough time to be with the children you live with”***

Municipality	n	Percentage of Residents <sup>a</sup>			Summary <sup>b</sup>	
		Not enough	Neutral	Enough	Mean	Std. Dev.
Cambridge	55,830	23.7	17.1	59.2	6.83	2.88
Kitchener	76,668	17.4	20.8	61.9	7.07	2.64
Waterloo	38,043	19.7	21.2	59.1	6.75	2.72
North Dumfries	5,161	20.1	24.9	55.0	6.57	2.78
Wellesley	5,381	6.2	20.6	73.2	7.39	1.90
Wilmot	7,405	16.6	22.3	61.1	6.72	2.42
Woolwich	9,909	18.5	13.6	67.9	6.82	2.76
<b>Region Overall</b>	<b>198,397</b>	<b>19.4</b>	<b>19.6</b>	<b>61.0</b>	<b>6.91</b>	<b>2.72</b>

<sup>a</sup> Percentages based on combining responses 1 to 4 = *Not enough*; 5 and 6 = *Neutral*; and 7 to 10 = *Enough*.

<sup>b</sup> Based on original 10-point scale where higher scores reflect more adequate amounts of time perceived by respondent.

Table H6j  
Residents' Perceptions of *Time Adequacy*

***“There is enough time to be with your partner or spouse”***

Municipality	n	Percentage of Residents <sup>a</sup>			Summary <sup>b</sup>	
		Not enough	Neutral	Enough	Mean	Std. Dev.
Cambridge	79,127	25.2	18.3	56.5	6.72	3.00
Kitchener	146,406	17.2	16.4	66.5	7.27	2.64
Waterloo	61,810	20.6	20.3	59.2	6.93	2.80
North Dumfries	7,603	15.6	19.7	64.7	6.96	2.49
Wellesley	7,940	10.2	32.8	57.0	7.13	2.08
Wilmot	12,095	22.7	21.1	56.2	6.80	2.73
Woolwich	16,749	17.6	16.2	66.2	7.18	2.67
<b>Region Overall</b>	<b>331,730</b>	<b>19.7</b>	<b>18.2</b>	<b>62.1</b>	<b>7.05</b>	<b>2.76</b>

<sup>a</sup> Percentages based on combining responses 1 to 4 = *Not enough*; 5 and 6 = *Neutral*; and 7 to 10 = *Enough*.

<sup>b</sup> Based on original 10-point scale where higher scores reflect more adequate amounts of time perceived by respondent.

Table H6k  
Residents' Perceptions of *Time Adequacy*

***“There is enough time to be together with your family”***

Municipality	n	Percentage of Residents <sup>a</sup>			Summary <sup>b</sup>	
		Not enough	Neutral	Enough	Mean	Std. Dev.
Cambridge	96,590	21.7	22.9	55.4	6.73	2.81
Kitchener	176,663	20.7	18.9	60.4	6.90	2.70
Waterloo	74,828	21.3	21.3	57.4	6.77	2.76
North Dumfries	7,590	17.9	32.0	50.1	6.42	2.61
Wellesley	8,195	7.8	28.5	63.6	7.28	2.02
Wilmot	15,959	21.7	21.2	57.1	6.74	2.55
Woolwich	18,764	20.3	15.0	64.7	7.02	2.70
<b>Region Overall</b>	<b>398,589</b>	<b>20.8</b>	<b>20.7</b>	<b>58.6</b>	<b>6.83</b>	<b>2.72</b>

<sup>a</sup> Percentages based on combining responses 1 to 4 = *Not enough*; 5 and 6 = *Neutral*; and 7 to 10 = *Enough*.  
<sup>b</sup> Based on original 10-point scale where higher scores reflect more adequate amounts of time perceived by respondent.

Table H6l  
Residents' Perceptions of *Time Adequacy*

***“There is enough time to form and sustain serious relationships”***

Municipality	n	Percentage of Residents <sup>a</sup>			Summary <sup>b</sup>	
		Not enough	Neutral	Enough	Mean	Std. Dev.
Cambridge	89,384	26.0	17.6	56.4	6.59	3.00
Kitchener	171,943	19.9	19.2	60.9	6.94	2.72
Waterloo	71,315	21.9	20.1	58.0	6.77	2.78
North Dumfries	7,366	17.3	32.7	50.0	6.53	2.55
Wellesley	7,424	10.2	25.5	64.3	7.40	2.24
Wilmot	14,503	23.8	12.7	63.5	6.85	2.62
Woolwich	16,863	16.1	19.8	64.0	7.08	2.64
<b>Region Overall</b>	<b>378,798</b>	<b>21.5</b>	<b>19.1</b>	<b>59.4</b>	<b>6.83</b>	<b>2.79</b>

<sup>a</sup> Percentages based on combining responses 1 to 4 = *Not enough*; 5 and 6 = *Neutral*; and 7 to 10 = *Enough*.  
<sup>b</sup> Based on original 10-point scale where higher scores reflect more adequate amounts of time perceived by respondent.

Table H6 Summary  
Overall Perception of Time Adequacy<sup>a</sup>

Time Adequacy <sup>b</sup>	Region Overall	Municipality						
		Cambridge	Kitchener	Waterloo	North Dumfries	Wellesley	Wilmot	Woolwich
Perceived time adequacy	6.87 (2.26)	6.72 (2.41)	7.01 (2.20)	6.74 (2.22)	6.45 (2.30)	7.15 (1.77)	6.96 (2.17)	6.90 (2.45)
<b>Total</b>	404,503	96,286	181,352	77,834	7,576	8,006	15,333	18,116

<sup>a</sup> Mean number of hours with standard deviation below in parentheses.

<sup>b</sup> Based on original 10-point scale where higher scores reflect more adequate amounts of time perceived by respondent.  
Overall mean score based on combining responses to all items in scale. Mean number of hours with standard deviation below in parentheses.

Table H7  
Usual Hours of *Sleep* per Day

Hours of Sleep per Day <sup>b</sup>	Region Overall	Municipality <sup>a</sup>						
		Cambridge	Kitchener	Waterloo	North Dumfries	Wellesley	Wilmot	Woolwich
Usual hours of sleep	6.96 (1.35)	6.86 (1.45)	6.98 (1.29)	6.97 (1.38)	6.60 (1.37)	7.08 (1.01)	7.05 (1.49)	7.15 (1.12)
<b>Total</b>	427,830	103,100	189,564	82,958	8,216	8,219	16,327	19,446

Notes: <sup>a</sup> Mean number of hours with standard deviation below in parentheses  
<sup>b</sup> Includes both night-time sleep and naps.

Table H8  
Number of Days Residents Had on Holidays in Past Year

Days on Holiday <sup>b</sup>	Region Overall	Municipality <sup>a</sup>						
		Cambridge	Kitchener	Waterloo	North Dumfries	Wellesley	Wilmot	Woolwich
Total number of days on holiday in past year	14.13 (13.26)	13.31 (14.08)	14.51 (12.57)	13.54 (13.84)	15.84 (12.57)	19.10 (13.47)	14.63 (12.72)	14.05 (12.81)
<b>Total</b>	422,647	102,421	187,985	80,583	8,026	8,132	16,286	19,216

Notes: <sup>a</sup> Mean number of days with standard deviation below in parentheses  
<sup>b</sup> Almost one fifth of residents (18.3%) reported taking no vacation days in the past year.

# Overall Wellbeing

## Satisfaction with Aspects of Wellbeing (based on CIW Framework and its domains)

Table I1a  
Residents' Level of Satisfaction with Various Aspects of Wellbeing  
*"My mental wellbeing"*

Municipality	n	Percentage of Residents <sup>a</sup>			Summary <sup>b</sup>	
		Dis-satisfied	Neutral	Satisfied	Mean	Std. Dev.
Cambridge	103,990	18.4	17.2	64.3	4.96	1.66
Kitchener	191,274	17.4	15.5	67.1	5.03	1.61
Waterloo	85,490	20.8	16.1	63.2	4.87	1.72
North Dumfries	8,270	6.6	27.0	66.4	5.22	1.27
Wellesley	8,265	6.6	6.1	87.4	5.67	1.38
Wilmot	16,385	14.5	12.1	73.4	5.21	1.50
Woolwich	19,425	12.2	9.8	78.0	5.35	1.55
<b>Region Overall</b>	<b>433,099</b>	<b>17.6</b>	<b>15.7</b>	<b>66.7</b>	<b>5.02</b>	<b>1.63</b>

<sup>a</sup> Percentages based on combining responses 1 to 3 = *Dissatisfied*; 4 = *Neutral*; and 5 to 7 = *Satisfied*.

<sup>b</sup> Based on original 7-point scale where higher scores reflect greater satisfaction.

Table I1b  
Residents' Level of Satisfaction with Various Aspects of Wellbeing  
**"My physical wellbeing"**

Municipality	n	Percentage of Residents <sup>a</sup>			Summary <sup>b</sup>	
		Dis-satisfied	Neutral	Satisfied	Mean	Std. Dev.
Cambridge	103,631	27.7	20.7	51.6	4.45	1.71
Kitchener	191,120	26.6	21.1	52.3	4.48	1.60
Waterloo	85,252	26.0	21.4	52.6	4.48	1.64
North Dumfries	8,270	16.6	35.2	48.1	4.54	1.43
Wellesley	8,265	20.4	19.3	60.3	4.56	1.34
Wilmot	16,385	22.1	21.9	56.0	4.57	1.43
Woolwich	19,483	22.9	17.4	59.8	4.58	1.58
<b>Region Overall</b>	<b>432,406</b>	<b>26.1</b>	<b>21.2</b>	<b>52.7</b>	<b>4.48</b>	<b>1.62</b>

<sup>a</sup> Percentages based on combining responses 1 to 3 = *Dissatisfied*; 4 = *Neutral*; and 5 to 7 = *Satisfied*.

<sup>b</sup> Based on original 7-point scale where higher scores reflect greater satisfaction.

Table I1c  
Residents' Level of Satisfaction with Various Aspects of Wellbeing  
**"My leisure time"**

Municipality	n	Percentage of Residents <sup>a</sup>			Summary <sup>b</sup>	
		Dis-satisfied	Neutral	Satisfied	Mean	Std. Dev.
Cambridge	103,401	24.8	24.1	51.1	4.58	1.65
Kitchener	190,702	20.8	21.5	57.7	4.72	1.55
Waterloo	84,893	22.8	20.9	56.3	4.66	1.60
North Dumfries	8,270	19.9	29.3	50.8	4.57	1.39
Wellesley	8,265	15.8	14.9	69.3	5.11	1.40
Wilmot	16,385	17.4	24.8	57.8	4.79	1.43
Woolwich	19,218	22.6	17.5	59.9	4.72	1.66
<b>Region Overall</b>	<b>431,134</b>	<b>22.0</b>	<b>22.0</b>	<b>56.0</b>	<b>4.68</b>	<b>1.58</b>

<sup>a</sup> Percentages based on combining responses 1 to 3 = *Dissatisfied*; 4 = *Neutral*; and 5 to 7 = *Satisfied*.

<sup>b</sup> Based on original 7-point scale where higher scores reflect greater satisfaction.

Table I1d  
Residents' Level of Satisfaction with Various Aspects of Wellbeing  
***"My sense of belonging to this community"***

Municipality	n	Percentage of Residents <sup>a</sup>			Summary <sup>b</sup>	
		Dis-satisfied	Neutral	Satisfied	Mean	Std. Dev.
Cambridge	103,064	27.7	29.3	43.0	4.32	1.65
Kitchener	190,688	24.8	26.5	48.7	4.44	1.53
Waterloo	84,411	22.3	26.9	50.8	4.51	1.55
North Dumfries	8,177	21.9	32.4	45.6	4.38	1.45
Wellesley	8,265	12.0	27.2	60.8	4.94	1.34
Wilmot	16,386	11.5	25.1	63.4	4.91	1.26
Woolwich	19,463	15.3	26.0	58.7	4.80	1.46
<b>Region Overall</b>	<b>430,454</b>	<b>23.8</b>	<b>27.3</b>	<b>48.9</b>	<b>4.47</b>	<b>1.55</b>

<sup>a</sup> Percentages based on combining responses 1 to 3 = *Dissatisfied*; 4 = *Neutral*; and 5 to 7 = *Satisfied*.

<sup>b</sup> Based on original 7-point scale where higher scores reflect greater satisfaction.

Table I1e  
Residents' Level of Satisfaction with Various Aspects of Wellbeing  
***"My personal relationships"***

Municipality	n	Percentage of Residents <sup>a</sup>			Summary <sup>b</sup>	
		Dis-satisfied	Neutral	Satisfied	Mean	Std. Dev.
Cambridge	103,064	16.8	20.5	62.7	4.91	1.63
Kitchener	190,445	15.8	16.5	67.7	5.06	1.54
Waterloo	84,662	17.7	17.1	65.2	4.92	1.58
North Dumfries	8,177	6.0	27.3	66.7	5.11	1.26
Wellesley	8,231	8.2	16.6	75.1	5.37	1.36
Wilmot	16,344	11.0	17.3	71.7	5.21	1.35
Woolwich	19,362	9.8	15.5	74.7	5.28	1.45
<b>Region Overall</b>	<b>430,285</b>	<b>15.6</b>	<b>17.8</b>	<b>66.6</b>	<b>5.02</b>	<b>1.56</b>

<sup>a</sup> Percentages based on combining responses 1 to 3 = *Dissatisfied*; 4 = *Neutral*; and 5 to 7 = *Satisfied*.

<sup>b</sup> Based on original 7-point scale where higher scores reflect greater satisfaction.



Table I1f  
Residents' Level of Satisfaction with Various Aspects of Wellbeing  
***"My access to educational opportunities in the community"***

Municipality	n	Percentage of Residents <sup>a</sup>			Summary <sup>b</sup>	
		Dis-satisfied	Neutral	Satisfied	Mean	Std. Dev.
Cambridge	101,840	18.2	28.1	53.7	4.67	1.57
Kitchener	189,645	11.2	23.0	65.9	5.03	1.41
Waterloo	84,150	14.9	20.7	64.5	4.96	1.48
North Dumfries	8,090	16.1	29.9	54.0	4.61	1.41
Wellesley	7,849	5.6	38.6	55.8	4.95	1.21
Wilmot	15,989	8.5	23.1	68.4	5.05	1.29
Woolwich	18,658	17.8	26.7	55.5	4.76	1.50
<b>Region Overall</b>	<b>426,221</b>	<b>13.8</b>	<b>24.3</b>	<b>61.9</b>	<b>4.91</b>	<b>1.47</b>

<sup>a</sup> Percentages based on combining responses 1 to 3 = *Dissatisfied*; 4 = *Neutral*; and 5 to 7 = *Satisfied*.

<sup>b</sup> Based on original 7-point scale where higher scores reflect greater satisfaction.

Table I1g  
Residents' Level of Satisfaction with Various Aspects of Wellbeing  
***"The balance of activities in my daily life"***

Municipality	n	Percentage of Residents <sup>a</sup>			Summary <sup>b</sup>	
		Dis-satisfied	Neutral	Satisfied	Mean	Std. Dev.
Cambridge	102,568	25.1	28.6	46.2	4.41	1.63
Kitchener	190,467	22.2	22.7	55.1	4.59	1.51
Waterloo	85,587	25.5	21.6	52.9	4.49	1.57
North Dumfries	8,178	16.0	31.2	52.8	4.60	1.25
Wellesley	7,367	23.4	26.7	49.9	4.60	1.43
Wilmot	15,805	17.9	29.5	52.6	4.64	1.42
Woolwich	19,319	25.8	19.2	55.0	4.56	1.63
<b>Region Overall</b>	<b>429,291</b>	<b>23.4</b>	<b>24.2</b>	<b>52.3</b>	<b>4.53</b>	<b>1.55</b>

<sup>a</sup> Percentages based on combining responses 1 to 3 = *Dissatisfied*; 4 = *Neutral*; and 5 to 7 = *Satisfied*.

<sup>b</sup> Based on original 7-point scale where higher scores reflect greater satisfaction.

Table I1h  
Residents' Level of Satisfaction with Various Aspects of Wellbeing  
***"The way I spend my time"***

Municipality	n	Percentage of Residents <sup>a</sup>			Summary <sup>b</sup>	
		Dis-satisfied	Neutral	Satisfied	Mean	Std. Dev.
Cambridge	103,226	25.2	24.0	50.8	4.49	1.66
Kitchener	190,079	22.4	21.5	56.1	4.66	1.50
Waterloo	85,308	25.5	21.9	52.6	4.51	1.58
North Dumfries	8,045	10.6	33.3	56.1	4.82	1.28
Wellesley	8,198	15.7	19.7	64.6	4.90	1.36
Wilmot	16,386	13.7	28.1	58.2	4.68	1.30
Woolwich	19,196	21.7	24.1	54.2	4.66	1.53
<b>Region Overall</b>	<b>430,438</b>	<b>23.0</b>	<b>22.7</b>	<b>54.3</b>	<b>4.60</b>	<b>1.55</b>

<sup>a</sup> Percentages based on combining responses 1 to 3 = *Dissatisfied*; 4 = *Neutral*; and 5 to 7 = *Satisfied*.

<sup>b</sup> Based on original 7-point scale where higher scores reflect greater satisfaction.

Table I1i  
Residents' Level of Satisfaction with Various Aspects of Wellbeing  
***"My access to arts and cultural opportunities in the community"***

Municipality	n	Percentage of Residents <sup>a</sup>			Summary <sup>b</sup>	
		Dis-satisfied	Neutral	Satisfied	Mean	Std. Dev.
Cambridge	101,903	17.5	29.0	53.5	4.63	1.55
Kitchener	189,145	14.6	26.2	59.3	4.81	1.45
Waterloo	83,332	17.5	27.0	55.5	4.69	1.49
North Dumfries	8,132	11.7	42.9	45.4	4.62	1.32
Wellesley	8,019	12.3	26.9	60.8	4.83	1.25
Wilmot	16,167	13.2	20.9	65.9	4.91	1.29
Woolwich	18,318	19.4	29.5	51.1	4.64	1.45
<b>Region Overall</b>	<b>425,016</b>	<b>15.9</b>	<b>27.3</b>	<b>56.8</b>	<b>4.74</b>	<b>1.47</b>

<sup>a</sup> Percentages based on combining responses 1 to 3 = *Dissatisfied*; 4 = *Neutral*; and 5 to 7 = *Satisfied*.

<sup>b</sup> Based on original 7-point scale where higher scores reflect greater satisfaction.

Table I1j  
Residents' Level of Satisfaction with Various Aspects of Wellbeing  
***“My access to parks and recreational opportunities in the community”***

Municipality	n	Percentage of Residents <sup>a</sup>			Summary <sup>b</sup>	
		Dis-satisfied	Neutral	Satisfied	Mean	Std. Dev.
Cambridge	102,812	12.2	19.0	68.8	5.12	1.53
Kitchener	189,460	8.5	15.8	75.8	5.30	1.34
Waterloo	84,404	10.7	18.5	70.8	5.18	1.40
North Dumfries	8,121	6.5	29.4	64.1	4.94	1.09
Wellesley	7,843	9.9	19.9	70.2	5.11	1.36
Wilmot	16,209	6.9	14.8	78.4	5.26	1.18
Woolwich	18,504	11.4	17.7	70.9	5.14	1.43
<b>Region Overall</b>	<b>427,353</b>	<b>9.9</b>	<b>17.4</b>	<b>72.7</b>	<b>5.21</b>	<b>1.40</b>

<sup>a</sup> Percentages based on combining responses 1 to 3 = *Dissatisfied*; 4 = *Neutral*; and 5 to 7 = *Satisfied*.

<sup>b</sup> Based on original 7-point scale where higher scores reflect greater satisfaction.

Table I1k  
Residents' Level of Satisfaction with Various Aspects of Wellbeing  
***“My neighbourhood as a place to live”***

Municipality	n	Percentage of Residents <sup>a</sup>			Summary <sup>b</sup>	
		Dis-satisfied	Neutral	Satisfied	Mean	Std. Dev.
Cambridge	102,823	13.7	16.6	69.7	5.10	1.57
Kitchener	190,729	8.4	13.8	77.8	5.38	1.36
Waterloo	84,282	9.8	15.6	74.6	5.29	1.46
North Dumfries	8,177	10.1	16.5	73.4	5.41	1.40
Wellesley	8,265	1.0	10.9	88.2	6.04	0.99
Wilmot	16,386	4.0	10.2	85.8	5.71	1.15
Woolwich	19,362	6.2	9.2	84.6	5.72	1.32
<b>Region Overall</b>	<b>430,024</b>	<b>9.6</b>	<b>14.5</b>	<b>76.0</b>	<b>5.34</b>	<b>1.43</b>

<sup>a</sup> Percentages based on combining responses 1 to 3 = *Dissatisfied*; 4 = *Neutral*; and 5 to 7 = *Satisfied*.

<sup>b</sup> Based on original 7-point scale where higher scores reflect greater satisfaction.

Table I1l  
Residents' Level of Satisfaction with Various Aspects of Wellbeing  
***"The environmental quality of my neighbourhood"***

Municipality	n	Percentage of Residents <sup>a</sup>			Summary <sup>b</sup>	
		Dis-satisfied	Neutral	Satisfied	Mean	Std. Dev.
Cambridge	102,519	13.0	18.9	68.1	5.05	1.53
Kitchener	189,023	10.6	17.9	71.5	5.14	1.35
Waterloo	84,435	11.6	17.0	71.4	5.14	1.43
North Dumfries	8,132	9.5	12.3	78.2	5.45	1.31
Wellesley	8,216	4.9	10.4	84.7	5.61	1.33
Wilmot	16,387	7.3	6.8	85.9	5.54	1.18
Woolwich	19,257	10.8	11.0	78.2	5.37	1.54
<b>Region Overall</b>	<b>427,969</b>	<b>11.1</b>	<b>17.0</b>	<b>71.9</b>	<b>5.16</b>	<b>1.42</b>

<sup>a</sup> Percentages based on combining responses 1 to 3 = *Dissatisfied*; 4 = *Neutral*; and 5 to 7 = *Satisfied*.

<sup>b</sup> Based on original 7-point scale where higher scores reflect greater satisfaction.

Table I1m  
Residents' Level of Satisfaction with Various Aspects of Wellbeing  
***"The way my local government responds to community needs"***

Municipality	n	Percentage of Residents <sup>a</sup>			Summary <sup>b</sup>	
		Dis-satisfied	Neutral	Satisfied	Mean	Std. Dev.
Cambridge	102,583	36.0	31.6	32.4	3.84	1.65
Kitchener	189,941	23.6	34.0	42.4	4.26	1.43
Waterloo	84,512	24.5	32.3	43.1	4.29	1.49
North Dumfries	8,177	32.0	27.0	41.0	3.92	1.44
Wellesley	8,090	20.1	24.3	55.6	4.20	1.39
Wilmot	16,279	18.6	30.5	50.8	4.51	1.37
Woolwich	18,715	26.9	28.1	45.0	4.21	1.62
<b>Region Overall</b>	<b>428,297</b>	<b>26.8</b>	<b>32.4</b>	<b>40.8</b>	<b>4.17</b>	<b>1.52</b>

<sup>a</sup> Percentages based on combining responses 1 to 3 = *Dissatisfied*; 4 = *Neutral*; and 5 to 7 = *Satisfied*.

<sup>b</sup> Based on original 7-point scale where higher scores reflect greater satisfaction.

Table I1n  
Residents' Level of Satisfaction with Various Aspects of Wellbeing  
***"How well democracy is working in our community"***

Municipality	n	Percentage of Residents <sup>a</sup>			Summary <sup>b</sup>	
		Dis-satisfied	Neutral	Satisfied	Mean	Std. Dev.
Cambridge	102,367	32.2	31.2	36.6	3.95	1.70
Kitchener	189,631	23.3	32.5	44.2	4.28	1.47
Waterloo	83,982	23.1	30.1	46.8	4.37	1.52
North Dumfries	8,133	24.7	38.6	36.6	4.09	1.34
Wellesley	8,055	22.9	29.5	47.6	4.09	1.41
Wilmot	16,202	18.3	25.8	55.9	4.58	1.41
Woolwich	18,580	26.6	30.4	43.0	4.22	1.67
<b>Region Overall</b>	<b>426,950</b>	<b>25.4</b>	<b>31.4</b>	<b>43.2</b>	<b>4.22</b>	<b>1.55</b>

<sup>a</sup> Percentages based on combining responses 1 to 3 = *Dissatisfied*; 4 = *Neutral*; and 5 to 7 = *Satisfied*.

<sup>b</sup> Based on original 7-point scale where higher scores reflect greater satisfaction.

Table I1o  
Residents' Level of Satisfaction with Various Aspects of Wellbeing  
***"My financial situation"***

Municipality	n	Percentage of Residents <sup>a</sup>			Summary <sup>b</sup>	
		Dis-satisfied	Neutral	Satisfied	Mean	Std. Dev.
Cambridge	103,563	33.5	18.0	48.6	4.30	1.94
Kitchener	190,700	24.4	17.2	58.4	4.66	1.75
Waterloo	85,142	27.6	15.5	56.9	4.59	1.83
North Dumfries	8,177	17.4	15.8	66.9	4.91	1.57
Wellesley	8,230	9.5	7.1	83.4	5.55	1.43
Wilmot	16,385	15.7	16.0	68.3	5.03	1.63
Woolwich	19,463	19.4	9.3	71.2	4.96	1.82
<b>Region Overall</b>	<b>431,660</b>	<b>26.2</b>	<b>16.4</b>	<b>57.4</b>	<b>4.61</b>	<b>1.82</b>

<sup>a</sup> Percentages based on combining responses 1 to 3 = *Dissatisfied*; 4 = *Neutral*; and 5 to 7 = *Satisfied*.

<sup>b</sup> Based on original 7-point scale where higher scores reflect greater satisfaction.

Table I1p  
Residents' Level of Satisfaction with Various Aspects of Wellbeing  
***"My work situation"***

Municipality	n	Percentage of Residents <sup>a</sup>			Summary <sup>b</sup>	
		Dis-satisfied	Neutral	Satisfied	Mean	Std. Dev.
Cambridge	99,019	25.4	20.4	54.2	4.53	1.89
Kitchener	184,844	22.3	16.8	60.8	4.76	1.76
Waterloo	80,031	24.9	18.7	56.5	4.59	1.81
North Dumfries	7,902	17.6	27.6	54.7	4.81	1.67
Wellesley	7,855	14.4	21.4	64.2	5.24	1.63
Wilmot	15,346	16.3	17.7	66.1	5.01	1.54
Woolwich	18,321	16.5	15.7	67.8	5.03	1.80
<b>Region Overall</b>	413,318	22.8	18.3	58.8	4.70	1.80

<sup>a</sup> Percentages based on combining responses 1 to 3 = *Dissatisfied*; 4 = *Neutral*; and 5 to 7 = *Satisfied*.

<sup>b</sup> Based on original 7-point scale where higher scores reflect greater satisfaction.

Table I1 Summary – Domains of Wellbeing based on CIW Framework

Wellbeing Domain	Region Overall	Municipality <sup>a</sup>						
		Cambridge	Kitchener	Waterloo	North Dumfries	Wellesley	Wilmot	Woolwich
Community Vitality	4.74 (1.38)	4.60 (1.47)	4.75 (1.34)	4.71 (1.40)	4.75 (1.23)	5.15 (1.21)	5.06 (1.13)	5.04 (1.34)
Democratic Engagement	4.19 (1.46)	3.89 (1.61)	4.27 (1.37)	4.34 (1.44)	4.00 (1.25)	4.15 (1.29)	4.55 (1.33)	4.21 (1.57)
Education	4.91 (1.47)	4.67 (1.57)	5.03 (1.41)	4.96 (1.48)	4.61 (1.41)	4.95 (1.21)	5.05 (1.29)	4.76 (1.50)
Environment	5.25 (1.34)	5.09 (1.47)	5.26 (1.25)	5.21 (1.38)	5.44 (1.29)	5.82 (1.08)	5.62 (1.09)	5.55 (1.31)
Healthy Populations	4.75 (1.43)	4.71 (1.50)	4.75 (1.40)	4.68 (1.48)	4.88 (1.19)	5.12 (1.16)	4.89 (1.32)	4.97 (1.42)
Leisure and Culture	4.87 (1.22)	4.77 (1.32)	4.94 (1.17)	4.84 (1.24)	4.72 (1.00)	5.01 (1.12)	4.99 (1.03)	4.82 (1.28)
Living Standards	4.67 (1.65)	4.43 (1.75)	4.73 (1.59)	4.61 (1.69)	4.89 (1.45)	5.40 (1.33)	5.05 (1.42)	4.99 (1.73)
Time Use	4.56 (1.47)	4.44 (1.56)	4.62 (1.42)	4.50 (1.48)	4.71 (1.19)	4.75 (1.35)	4.68 (1.27)	4.61 (1.52)
<b>Overall Wellbeing<sup>b</sup></b>	4.74 (1.10)	4.58 (1.22)	4.79 (1.02)	4.73 (1.13)	4.75 (0.94)	5.05 (0.84)	4.99 (0.94)	4.88 (1.18)

Notes: <sup>a</sup> Based on original 7-point scale where higher scores reflect greater satisfaction with domain of wellbeing. Mean score shown above with standard deviation below in parentheses.

<sup>b</sup> Overall mean score based on combining scores on all eight domains.

## Life Satisfaction (OECD measures)

Table I2  
Extent to Which Residents Feel the Things They Do in Life are *Worthwhile*

Municipality	n	Percentage of Residents <sup>a</sup>			Summary <sup>b</sup>	
		Not worthwhile	Neutral	Very worthwhile	Mean	Std. Dev.
Cambridge	104,640	11.8	15.4	72.8	7.46	2.17
Kitchener	191,829	6.9	11.1	81.9	7.76	1.95
Waterloo	86,169	10.0	14.6	75.4	7.51	2.13
North Dumfries	8,270	8.0	6.0	86.0	7.74	2.17
Wellesley	8,230	3.7	6.1	90.2	8.20	1.59
Wilmot	16,385	5.4	13.8	80.8	7.79	1.78
Woolwich	19,631	4.2	10.9	84.9	7.99	1.71
<b>Region Overall</b>	<b>435,154</b>	<b>8.5</b>	<b>12.7</b>	<b>78.8</b>	<b>7.66</b>	<b>2.03</b>

<sup>a</sup> Percentages based on combining responses where 1 to 4 = *Not worthwhile*, 5 and 6 = *Neutral*, and 7 to 10 = *Very worthwhile*.

<sup>b</sup> Based on original 10-point scale where higher scores reflect stronger feelings that the things respondent does in life are worthwhile.



Table I3  
Residents Level of *Satisfaction with Life* in General

Municipality	n	Percentage of Residents <sup>a</sup>			Summary <sup>b</sup>	
		Not satisfied	Neutral	Very satisfied	Mean	Std. Dev.
Cambridge	104,761	11.6	18.3	70.1	7.44	2.26
Kitchener	191,820	8.1	13.9	78.0	7.67	2.03
Waterloo	86,310	10.6	16.9	72.5	7.47	2.24
North Dumfries	8,212	9.5	6.4	84.1	7.90	2.34
Wellesley	8,265	2.8	9.3	87.9	9.32	1.57
Wilmot	16,386	5.8	17.5	76.7	7.78	1.84
Woolwich	19,631	3.3	14.5	82.2	8.04	1.77
<b>Region Overall</b>	435,385	9.1	15.5	75.4	7.61	2.12

<sup>a</sup> Percentages are based on combining responses where 1 to 4 = *Not satisfied*, 5 and 6 = *Neutral*, and 7 to 10 = *Very satisfied*

<sup>b</sup> Based on original 10-point scale where higher scores reflect higher levels of satisfaction with life in general.



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