



# How to survive your medical school applications

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AMCAS Edition

# further education team



**Eden (she/her)**

Lover of all thing's food! I love trying new foods, playing sports, fitness, and spending time with family and friends. I'm facilitating from the territories of the Neutral, Anishinaabeg, and Haudenosaunee Peoples.



**Becky (she/her)**

I make windchimes from thrifted materials; I love apple crisp; and swimming with my dog. I'm facilitating from the territories of the Neutral, Anishinaabeg, and Haudenosaunee Peoples.

# What we'll talk about today



a high level look at the application

a brief overview of changes to  
the application

your questions

# the application at a glance

## 1 | Identifying Information

- basic identifying information like name, birth, ID numbers, gender
- optional fields to share your gender identity and or your pronouns

## 2 | Schools Attended

- all post-secondary schools ever attended
- Transcripts from each school attended must be sent to AMCAS from the Registrar's Office
- listing instances of "institutional action"

## 3 | Biographic Information

- contact info, citizenship, languages spoken, and a bunch of other things

## 4 | Coursework

- transcripts and information about your coursework.

## 5 | Work and Activities

- room for 15 things across work experiences, extracurricular activities, awards, etc. and 700 characters per entry to provide context
- identify up to 3 meaningful experiences and can share an additional 1325 characters about them
- will appear in chronological order but medical schools may rearrange

# the application at a glance continued

## 6 | Letters of Evaluation

- information about your letter writers, what types of letters will be sent, as well as indicating which schools should receive your letters
- \*\*\* Waterloo does not do letter packets or committee letters \*\*\*

## 7 | Medical Schools

- enter all of the medical schools to which you wish to apply

## 8 | Essays

- upload your Personal Comments Essay
- 5,300 characters total

## 9 | Standardized Tests

- list your MCAT exam scores, PREview exams for which you've received scores, and other standardized test information for dual degree programs if applicable (i.e., MBA-MD)

# 2023 changes

## New experience type

New Social Justice / Advocacy category in the Work / Activities section

## Institutional actions

"Conduct" and "Academic" filters added to categorize / describe the type of action

## Pronoun and gender identity

More options!

## Biographic information

Removal of "Disadvantaged status" and replaced with "Other impactful experiences"

## Preview exam

Optional field to share the date of an upcoming exam

## Help texts

Additional text was added to the essay prompts and certification statement to clarify language around essay submissions

What do you have questions about?

<https://padlet.com/edenmekonen/AMCAS>