

FURTHER EDUCATION FAIR TIP SHEET

Bring your full self

You might read or hear in several places advice around how to show up to an event like this, such as what to wear, how to talk, where to look, how to hold your body, etc. Upholding one specific example of interaction as the ideal for everybody to emulate, while sometimes offered from a place of well intention, causes harm.

We encourage you to show up in ways that feel comfortable and safe for you!

Asynchronous content

CareerHub is an online resource available to the University of Waterloo community. It contains information and activities designed to provide opportunities for you to reflect on and prepare for your further education and career.

uwaterloo.ca/career-development/prepare-your-career/careerhub

Booking an appointment

To get connected with a further education support, visit:

uwaterloo.ca/ccd/appointments-drop-ins

Conversation questions and reflection topics

Schools/programs might center on a particular focus/area of research/population subset/etc. Schools/programs feature a specific curriculum, course format and learning objectives, academic schedule, grading system, etc. Reflecting on your own learning style, past environments you've been successful in, your interests, etc. can help you identify what programs you may want to apply to based on your needs and wants.

- Do my goals and interests match up with the school's/program's mission?
- Is their education style a good fit for me?
- How can I tell if a faculty member is accepting new students?
- What course of action would you pursue if I haven't heard back from a faculty member I'd like to work with?
- What's unique about your program's curriculum?

If you are unsure about applying to a certain institution or programs, it may be helpful to reflect on the values and characteristics of different institutions and programs.



Consider what type of support different programs have to offer for your personal growth or well-being. It may be helpful to reflect on what you need to feel your best self when selecting a program.

Schools/programs may offer many different opportunities (professional development courses, guest speakers and workshops) for students.

Schools/programs have different policies and processes that may apply to a student's wellbeing or their mental health. This can include academic leaves of absence, disability accommodations, mental health considerations, health and wellness benefits and more. We encourage you to reflect on what has helped you be successful in the past, what types of support you'll need and what will make you feel good during your academic journey!

- What support do you offer to students who need to take a leave of absence?
- What mentorship opportunities are available to students?
- What sort of professional development and or career planning supports does the program/university offer to its graduate students?
- What resources and supports does the program/university offer to students with children and or students with caregiving responsibilities?
- How does the program/university support the well-being of its students?

Graduate school costs money. It might be helpful to reflect on what finances will look like for you.



Schools/programs offer different types of funding or financial aid (scholarships, government loans, bank loans etc.). Funding usually depends on a student's status being domestic or international. Understanding the program costs and living expenses will to navigate your finances. Schools/programs will have specific websites that share this information.

- Who is eligible for institutional funding?
- What is the amount of the institutional funding package?
- How much will tuition cost you?
- How is institutional funding dispersed?
- What formalized job protections are in place for graduate student workers?
- What additional funding support is offered to international graduate students?
- What financial needs funding does the university or program have?
- What government loans are you eligible for? Could bank loans or a student line of credit be options for you?
- What application support and mentorship do you offer to students applying to tri-agency scholarships and or external scholarships?

Location, location, location. It may be helpful to reflect on where you want to live and what support's you'll need while doing your graduate program.

The location of your program might be important to meeting standards for regulated health professions like occupational therapy, nursing, audiology, as well as regulated non-health professions like psychotherapy, law and teaching. It might be helpful to reflect on the accreditation status of the program(s) you're interested in applying to.

It might also be helpful to reflect on what processes you might have to go through to get your degree recognized by the occupation-specific regulatory body should you choose to study abroad but want to practice your profession at home after graduation.

Identifying what supports the school/program offers can be helpful in assessing whether the school/program can match your needs. For example, childcare supports, disability considerations, counselling and therapy supports, mental health supports, crisis intervention supports, permanent housing supports etc.

Where do I want to live?

What housing is available to graduate students? Is it affordable?

Where do I want to work after graduation?

What supports does the program have and do they match your needs?

Are you an international student? It may be helpful to reflect on how different graduate programs will view international applications.



Some schools/programs may not accept international applicants or out of province applicants. Sometimes there's a limit to the number of international or out-of-province applicants they will admit. This is because the school/program is dedicated to training folks who will stay and practice their profession in the community or region.

- Do they accept international or out-of-province applicants?
- Are international students eligible for institutional funding?
- What is the amount of the institutional funding package?
- What additional funding support is offered to international students?