Good feedback is valuable to give and to receive. Feedback is *constructive criticism*; it is not merely “finding fault.” It provides a chance to recognize achievement, and discover opportunities to improve ourselves and our work.

When we offer good feedback we
- Show we understand what we’ve seen or heard
- Recognize the strengths of the work
- Consider its weaknesses or limitations
- Help others – and their work – become stronger

We offer good feedback by
- Being honest, and kind
- Offering examples that are concrete and specific
- Suggesting improvements that are actionable – things that can actually be done

Sometimes feedback can be hard to receive, particularly if we have trouble separating the value of our work from how we value ourselves. We must remember that:
- All work is flawed; we are here to learn.
- People are works in progress; we are here to improve.

This feedback is provided by:

My Name

This feedback is provided for:

The Group/Project

What I like about your work, and *why*:

What I think could be better about your work, and *how*:

Questions to make a difference (*what if, how might, could you*):