

Centre of Research Expertise for the Prevention of Musculoskeletal Disorders

## The Aging Workforce: Prevention of Musculoskeletal Disorders December 8, 2014

## The Issue

The aging workforce is a reality. How can we keep people at work, even in physically demanding jobs? With the growth in our older workforce, employers need to consider age related factors when organizing and conducting work processes.

## Why You Should Attend

This conference will provide participants with foundational information on worker ability, focusing on the prevention of musculoskeletal disorders (MSD). Musculoskeletal disorders, also known as repetitive strain injuries or strains and sprains, include disorders such as shoulder tendinitis, low back pain and carpal tunnel syndrome.

CRE-MSD is bringing together Canadian and international speakers to discuss topics such as: age and occupational injury demographics in Canada, factors associated with MSD and the older worker, an overview of actions at the individual, company and policy level to maintain worker ability. Interventions and solutions in work design and case studies demonstrating the success of supporting our aging workforce and promoting older worker ability will be profiled.

This conference will be of interest to employers, human resources professionals, labour, health & safety consultants, ergonomists, government and researchers.

December 8, 2014

Location: Hawthorn Hall, Toronto Airport West Hotel 5444 Dixie Rd, Mississauga, ON L4W 2L2

Registration: \$75 (HST included) Please register by December 1, 2014

Register online: www.cre-msd.uwaterloo.ca

Contact: Betina Butler bbutler@uwaterloo.ca | 519-888-4567 ext. 35513



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