



# THE RIGHT FIT



### CarePartners – well ahead

- Provides an array of home healthcare services (personal support, nursing, therapies) to support all populations.
- Deliver the highest standard of quality care to over 70,000 patients across Ontario
- Majority of service is in the patient's residence







## CarePartners – well ahead

- 5500 employees across Ontario
- 4700 work in the community
- Isolated workforce
- Limited to equipment that can be used in the home
- High number of patients with mobility issues – complex care







#### MSD's for CarePartners

- Mirror the statistics for health care in Ontario
- 50-55% of injuries reported are MSD injuries
- 95% of MSD injuries are to Community Support Workers







## MSD's for CarePartners

- Strategies to reduce MSD's
  - Amendment of employee introduction (orientation and training) includes hands on demonstration and practice
  - All in-services use adult learning principles have a hands on and demonstration components
  - Fast Facts and information blitz's
  - Employee review of lifting tasks at the patient's residence while service is taking place
  - Training of best practices to supervisory staff on reinforcing safe behaviors
  - New candidate screening tool specific to body mechanics lifts and transfers







# **Screening Tool**

- Questions asked by Operations Team,
  "Are we hiring the right people?"
  - Understanding of how to apply body mechanic standards to task
  - Employee response to corrections and reinforcement
  - Carry over of knowledge into orientation/training







# **Screening Tool**

#### At the interview before selection

- 1. Scenario of pivot transfer bed to chair
- Describe the situation including patient responses (weakness, tendency to fall) and cues
- 3. Live demonstration of candidate to interviewer/manikin/box of pivot transfer
- 4. Observation and checklist
- 5. Correction and reinforcement assessed







### **Tools and Methods**

- Specialized training to hiring supervisors and HR Administrators
- Instructions sheets and checklists
- Success/failure indicators
- Included in the interview process



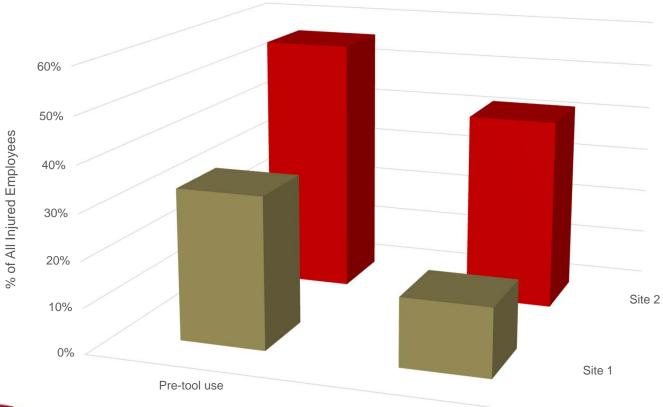




# Data

#### % OF INJURED NEW EMPLOYEES OF ALL INJURED EMPLOYEES

TIME FRAME 01/01/2014 TO 31/03/2014



Post tool use



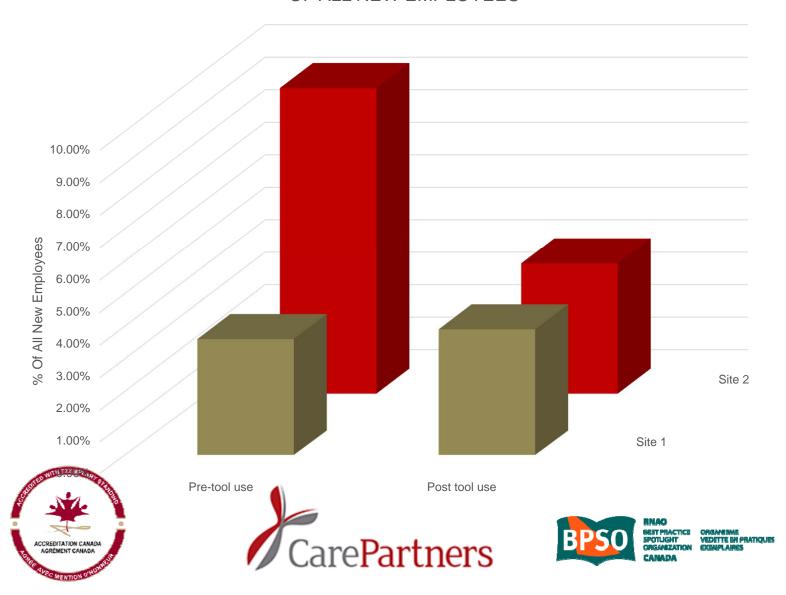






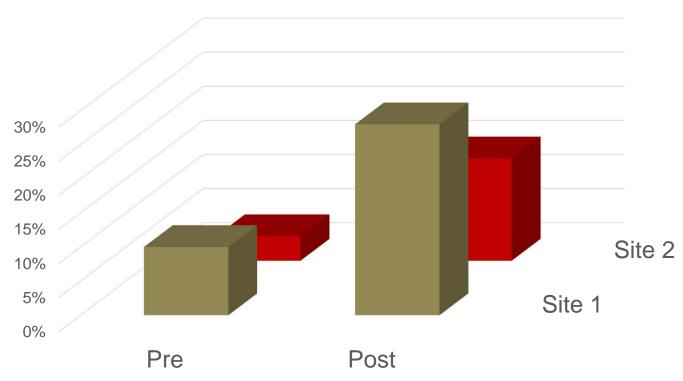
# **Data**

#### % OF NEW EMPLOYEES INJURED OF ALL NEW EMPLOYEES



# Data

#### **CANDIDATES WHO WERE NOT HIRED**









## **Anecdotal Information**

- Realistic job experience
- Sorted out who could not apply the knowledge
- Reaffirmed that most candidates knew what to do with limited instructions
- Reinforced what CarePartners expects in terms of body mechanics
- Takes more time to interview
- More thorough interview
- Would like a technology based method







#### What We Learned

- Appears to be a successful tool to reduce injury rates
- Improve the tool to make more usable and computerized
- Apply to all sites
- Cannot stand alone needs to part of a whole MSD prevention strategy







# **QUESTIONS**





