






CONFLICT RESOLUTION 101

WORKSHOP OVERVIEW

Participants will:

-  Identify & respond to conflict when it arises
-  Work as a team to produce successful outcomes
-  Learn constructive communication tools

Workshop Description:

Conflict happens! In this workshop, participants will explore healthy conflict resolution models, and will practice strategies from each model to apply conflict resolution at school and at home.

Lesson Outline:

1. Introduction
2. Intent-Action-Effect: Participants will examine this conflict resolution model and will practice concepts in an interactive team-building game.
3. Positions and Interests: Participants will examine this conflict resolution model and will brainstorm how to apply the model with a small group.
4. Debrief and conclusion: Participants will reflect on the challenges and key learnings from this workshop through an activity and discussion.

Ontario Curriculum Connections:

- If desired, this lesson can be adapted to align with the Ontario school curriculum in the following subjects
 - Social Studies
 - Health

TIME | 60-90 minutes

AGE LEVEL

- This activity was intended for grade six and older
- Can be adapted to suit specific age requirements

SET-UP

- This lesson requires open space

ACCESSIBILITY

- Activity requires standing and movement