If you are feeling threatened, call Campus Police ext. 22222 or 519-888-4911

Harassment can happen anywhere ... on Facebook, in the computer lab, via email or texts ... anywhere.

» ONLINE – If you are being exposed to unwanted messages, images or comments ...

visit our website for information on responding to offensive or harassing social media messages

uwaterloo.ca/conflict-management-human-rights,
click on Social Media Abuse Help Page

» If you are being exposed to:
• Disrespectful comments or conduct;
• Sexist, racist, homophobic or otherwise inappropriate images;
• Degrading jokes;

» Or if you are generally feeling bullied, harassed or discriminated against — SEEK HELP!

If you experience or witness this behavior you can contact:

» Conflict Management & Human Rights Office
  Jeremy de Boer, MC 4048, ext. 39526
  jdeboer@uwaterloo.ca

» Counselling Services — ext. 32655

» Safety Office — ext. 33587

» Human Resources — ext. 35935

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