



# Harassment can happen anywhere

... in the classroom, in the lab or at the practice site ... anywhere.

## If you are being exposed to:

- » Disrespectful comments;
- » Unwanted text messages or images;
- » Degrading jokes;
- » Rude gestures;
- » Unwanted touching; or
- » If you are generally feeling bullied, harassed or discriminated against —

**SEEK HELP!**



If you experience or witness this behavior you can contact:

- » Your instructor, faculty or staff
- » Conflict Management and Human Rights Office  
Jeremy de Boer, MC 4048  
519-888-4567, ext. 39526  
jdeboer@uwaterloo.ca
- » Counselling Services — 519-888-4567, ext. 32655
- » Safety Office — 519-888-4567, ext. 33587
- » Good2Talk Post-Secondary Student Helpline — 1-866-925-5454



If you are feeling threatened, call 911 or Campus Police 519-888-4911



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