



# UNIVERSITY OF WATERLOO'S GUIDE TO DIGITAL TRAVEL SAFETY



**How to keep your data safe and secure while travelling**

## THINGS TO CONSIDER BEFORE YOU LEAVE:

### BACKUP AND ENCRYPT

Ensure your devices are backed up completely to multiple safe locations before you leave. In addition, encrypt all data on your devices.

### BE WARY OF THE BORDER

You may want to travel without any sensitive data. Border agents in some countries have been known to seize devices and duplicate the data on them.

### USE TRACKING SOFTWARE

Install device tracking software to locate missing or stolen devices, or to remotely wipe its memory and storage in the case that it becomes irretrievable.

### USE ANTI-VIRUS SOFTWARE

Use anti-virus and firewall software on your devices to prevent security attacks. Make sure your operating system and applications are up-to-date.

### TWO-FACTOR AUTHENTICATION

Investigate whether your 2FA method will work at your destination. Text message 2FA might not work in places with spotty cell service.

### USE A CHARGING BLOCK

Use a charging block rather than a USB port at a charging kiosk. Charging cables can be used to transfer data, leaving your data vulnerable.

### AVOID EXTERNAL STORAGE

Avoid using unknown USB drives, CDs, DVDs, or other media storage with your devices. These can harbour malicious software (malware).

### LIMIT WHAT YOU PACK

Use company phones and computers that can be wiped clean upon your return, or buy a cheap burner phone to use just for the trip.

### PROTECT YOUR CREDENTIALS

Use strong, temporary passwords during your trip and revert to your original passwords later on. Use different passwords for each of your different accounts.

## THINGS TO CONSIDER DURING YOUR TRIP:

### GET SECURE ACCESS

Securely access data from your destination. This may be hard to do if you are somewhere without reliable Internet or if your location blocks VPN.

### NO SECURE ACCESS?

If there is no VPN available, avoid sending confidential data. You may even want to set up a disposable email account to use during your trip.

### AVOID UNSECURED WI-FI

Many public venues offer unsecured Wi-Fi. Never transmit sensitive data using unsecured networks unless you take other steps to prevent digital snooping.

### BEWARE OF PUBLIC DEVICES

Public or shared devices may be insecure or contain malware that can capture passwords and communications. Using these devices can be risky.

### YOU MAY BE MONITORED

Be aware that your web activity (e.g. webmail, web browsing, Skype, Wikipedia, Google Apps) may be monitored by the government or other entities.

### WATCH YOUR DEVICES

Pay close attention to your devices and keep them nearby at all times. Turn off auto-connect for Bluetooth and Wi-Fi connections.