Mental Health Problems and Illness

A quick look at the impact of mental health problems on the Canadian workplace

One in five Canadians currently live with a mental illness.

Canadians are living with:

- 6.7 million Mental Health Problems
- 2.2 million Type 2 Diabetes
- 1.4 million Heart Disease

People who will experience a mental health problem or illness by age 40.

50%

Annual productivity impact of mental illness in the workplace

<table>
<thead>
<tr>
<th>Year</th>
<th>Impact (billion)</th>
</tr>
</thead>
<tbody>
<tr>
<td>2041</td>
<td>$16</td>
</tr>
<tr>
<td>2011</td>
<td>$6.4</td>
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</tbody>
</table>

The present value of the cumulative 30-year productivity impact is expected to be $198 billion.

Source: Making the Case for Investing in Mental Health, Mental Health Commission of Canada.