

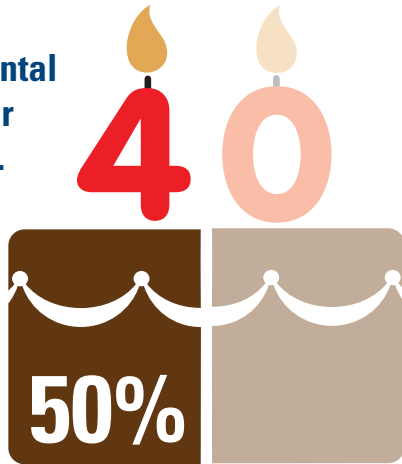
Mental Health Problems and Illness

A quick look at the impact of mental health problems on the Canadian workplace

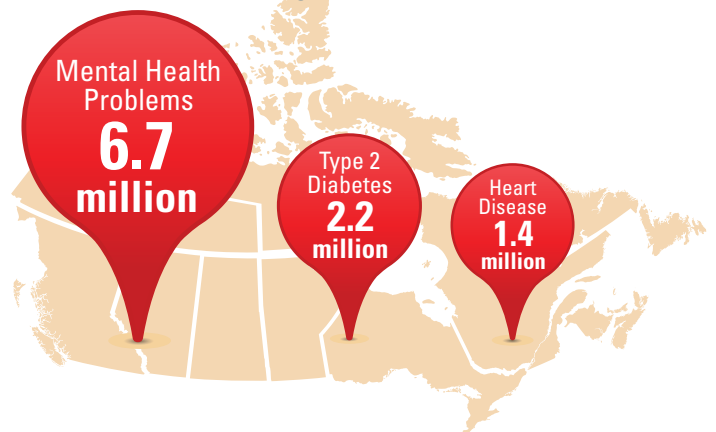
One in five Canadians currently live with a mental illness.



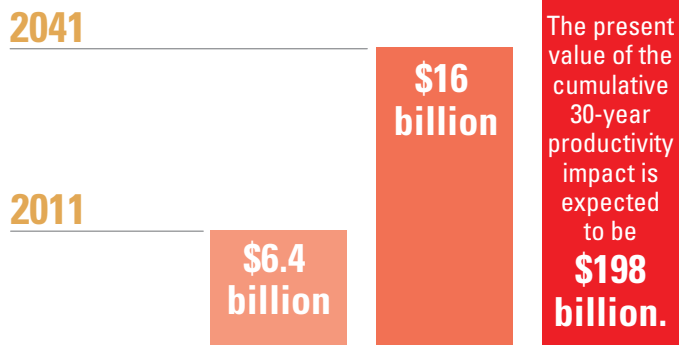
People who will experience a mental health problem or illness by age 40.



Canadians are living with:



Annual productivity impact of mental illness in the workplace



Reducing the number of people experiencing a new **mental illness** in a given year **by 10%** would save the economy **\$4 billion per year.**

Source: *Making the Case for Investing in Mental Health*, Mental Health Commission of Canada.