

Dear Esteemed Professors, Faculty Members, and Friends, I trust this message finds you well. On behalf of Rekhi Foundation, I invite you to participate in an interactive session on

## Happy Classrooms



Date: 31 August 2023 Wednesday Time: 8am EST / 5:30pm IST / 5pm Karachi Duration: 45-minute talk followed by a 15-minute interactive Q&A session https://zoom.us/j/8628971672?pwd=bWxNUjJKeW1GUFQyOHJXVTRoZ1RIQT09

## Chief Guest & Speakers



Professor Bruce Frayne, the Dean of Faculty of Environment University of Waterloo



Prof Aneel Chima, the Associate Executive Director of Contemplative Sciences Centre, University of Virginia and the Founding Director of the Stanford Flourishing Project.

We are positive that their insights will enrich your understanding of happiness and inspire you to create happy classrooms.

## Program Schedule :

- Welcoming the Guest and Participants: Dr. Priyadarshi Patnaik
- Setting the context: Dr. Satinder Singh Rekhi
- Introducing the Chief Guest, Dr. Bruce Frayne: Dr. Manas Kumar Mandal
- Address by the Chief Guest: Dr. Bruce Frayne
- Introducing Dr. Aneel Chima: Prof Priyadarshi Patnaik
- Talk on Happy Classroom: Dr. Aneel Chima
- Interactive Q & A session: Dr. Riya Vinayak and Dr. Tanusree Dutta
- Vote of thanks: Noof Aljneibi

Your presence and participation will surely contribute to the success of this program.

Thank you for considering our invitation.

Warmest regards Rekhi Foundation