

Culturally Specific Food

ORGANIZATIONS PROVIDING FOOD ACCESS FOR SPECIFIC CULTURES

Name	What they offer	Delivery	Address (click for Google Maps link)	Website
Ebytown Food Co-op	Non-profit organization promoting wellness in African, Caribbean and Black-Identifying communities in Ontario. They have food and land justice projects: Young City Growers and Multicultural Community Gardens, as well as projects that address racial and education justice, community health, etc.	n/a	n/a	https://africancommunitywellness.org/
Indigenous Food Sovereignty Collective	Grassroots collective working to restore the land, create community, grow traditional foods, and feed people in need	n/a	n/a	https://indigenousfoodsovereigntycollectivewaterlooregion.community/
Muslim Association of Canada - Food Share Campaign	Hot meals and non-perishable food items, weekly. Contact maccgive@macnet.ca for information on how to access food distribution.	Delivery for unhoused community members and seniors	n/a	https://www.macnet.ca/foodshare/

Food for Purchase

STORES SPECIALIZING IN FOOD FROM SPECIFIC CULTURE

Ben Thanh Supermarket	Asian food options	No	470 King St E, Kitchener, ON N2G 2L6	n/a
New City Supermarket	Asian food options	No	236 King St E, Kitchener, ON N2G 2L1	n/a
Waterloo Central Supermarket	Asian food options	No	Campus Court Plaza, 140 University Ave W, Waterloo, ON N2L 6J3	https://waterloocentralsupermarket.com/
Montenegro Foods	Balkan food options	No	192 Activa Ave, Kitchener	n/a
Ok's Tropical Supermarket	Caribbean food options	No	2399 Kingsway Dr, Kitchener, ON N2C 1A5	https://www.facebook.com/pages/category/Grocery-Store/Oks-Tropical-Supermarket-304828862961684/
T&T Supermarket	East Asian food options	Yes	50 Westmount Rd N Unit B1, Waterloo, ON N2L 6N9	https://www.tntsupermarket.com/
Glogowski Euro Food Ltd	Eastern European food options	No	403 Highland Rd W, Kitchener	https://www.facebook.com/glogowskieurofood/
Eurocan Special Foods	European food options	No	221 Louisa St, Kitchener, ON N2H 5M6	n/a
Taste Of Europe Meat	European food options	No	612 King St E, Kitchener, ON N2G 2M1	https://www.facebook.com/tasteofeuropemeatanddali/
JnP Filipino Grocery Store	Filipino food options	No	169 Madison Av S, Kitchener, ON N2G 3M7	https://jpfilipinostore.com/

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Best Asian Grocers	Indian food options	Yes	500 Can-Amara Pkwy, Cambridge, ON N1T 2H2	http://bestasiangrocers.ca/index.php
India Food and Grocery	Indian food options	No	272 Larch St, Waterloo, ON N2L 3R3	https://indiafoodandgrocery.business.site/
Indian Bazaar - Hasty Market	Indian food options	No	11 Westwood Dr, Kitchener, ON N2M 2K5	n/a
Onkar Foods & Spices	Indian food options	No	13-15, 101 Hazelglen Drive, Kitchener, ON N2M 5A2	n/a
Onkar Foods & Spices	Indian food options	No	500 Glen Forrest Blvd Unit #4, Waterloo, ON N2L 5G4	n/a
Onkar Foods & Spices	Indian food options	No	1541 Highland Rd W, Kitchener, ON N2N 3K4	n/a
Baba Bazar & AL Madina Halal Meat	Indian/South Asian food options	No	210 Elgin St N, Cambridge, ON N1R 5J1	https://www.facebook.com/pages/category/Butcher-Shop/Baba-Bazar-Al-Madina-Halal-Meat-1883800018527083/
Aryana Supermarket	Iranian/Afghani/Middle Eastern food options	No	324 Highland Rd W unit 4, Kitchener, ON N2M 5G2'	https://aryanasupermarket.business.site/
Vincenzo's	Italian Canadian and Mediterannian food options		150 Caroline St S, Waterloo, ON N2L 0A5	https://www.vincenzosonline.com/
KW Korean Food Market	Korean food	No	607 King St W, Kitchener, ON N2G 1C7	https://www.facebook.com/kwasianmarket/
Lao-Thai Super Store	Lao & Thai food options	No	114 St Leger St, Kitchener	n/a
America Latina Grocery & Eatery	Latin American food options	No	1120 Victoria St N unit 1d, Kitchener, ON N2B 3T2	http://americainavariety.ca/en/
Mi Tienda Latina	Latin American food options	No	103 Ontario St S, Kitchener, ON N2G 1X5	https://www.facebook.com/pages/category/Specialty-Grocery-Store/Mi-Tienda-Latina-138312079642544/
Alsalem Halal	Middle Eastern food options	No	554 Highland Rd W, Kitchener, ON N2M 5G3	https://www.facebook.com/Alsalem-store-%D8%A7%D9%84%D8%B3%D8%A7%D9%84%D9%85-488805494980635/
Ammar Halal Meats	Middle Eastern food options	No	317 Lancaster St. W Kitchener, Ontario N2H 4V4	https://ammarhalalmeats.com/
Kishki Halal Supermarket	Middle Eastern food options	No	468 Albert St, Waterloo, ON N2L 3V4	https://www.kishkihalalsupermarket.co/
Noor Food Market	Middle Eastern food options	No	347 Erb St W, Waterloo, ON N2L 1W4	https://www.facebook.com/NIVAR2005/
Sadaqat Halal Food Market	Middle Eastern food options	No	427 Belmont Ave W, Kitchener, ON N2M 1N2	https://www.facebook.com/sadaqatmarket/
Oma Fresh Foods	Middle Eastern/Egyptian food options	Yes	200 Highland Road West, Kitchener, ON N2M 3C2	https://www.facebook.com/Aryana-Supermarket-734838783391412/

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Hasty Market	Middle Eastern/Pakistani food options	No	103 Ontario St S, Kitchener, ON N2G 1X5	http://hastymarketcorp.com/
Shaan Foods	Pakistani food options	Yes	1001 Langs Dr, Cambridge, ON N1R 7K7	https://www.facebook.com/Shaan-Foods-Fresh-meat-342268025802199/
Taaza Food Market	Pakistani/Indian food options	No	600 Doon Village Road Kitchener N2P 1G6, Doon Village Rd., Kitchener, ON N2P 1G6	https://www.facebook.com/TaazaFoodM/
Torreense Store	Portugese food options	No	223 Mill St, Kitchener, ON N2M 3R3	https://www.torreense.ca/