

Markets, Farms, and Co-operatives

LOCALLY GROWN AND LOCALLY SOURCED

Name	Website	Description	What they offer	Address (click for Google Maps Link)	Pickup/Delivery	Other ways to purchase
CO-OPERATIVES: Community-focused organizations owned by members. Co-operatives provide a variety of products or services, including food						
Ebytown Food Co-op	www.ebytown.ca	Promotes organic, wholesome, and locally produced food and other products. Membership is low cost and open to everyone.	Food, personal care items, and cleaning supplies from the Ontario Natural Food Company at affordable prices	Queen Street Commons Cafe, 43 Queen St S, Kitchener, ON N2G 1V8	Pickup	Online
FARMERS' MARKETS						
Cambridge Farmers' Market	https://www.cambridgefarmersmarket.ca/en/index.aspx	Farmers' market open Saturdays 7am - 1pm year-round.	Vendors sell a variety of local products	40 Dickson Street, Cambridge	Pickup	Online
Elmira Farmers' Market	https://www.woolwich.ca/en/discover-us/Eat-and-Buy-Local.aspx#	All vendors live within a 16 kilometer radius of Elmira. The market is open Saturdays 8am - 1pm from May through October.	Vendors sell produce, home baking, handcrafted items, flowering plants, trees, herbal teas, and pork, turkey, and beef products.	2 - 6 Maple Street, Elmira	n/a	n/a
Kitchener Farmers' Market	https://www.kitchenermarket.ca/en/index.aspx	Farmers' market open Saturdays 7am - 2pm	Food vendors, meals, public events, programs for children and adults, live music	300 King St. East, Kitchener	n/a	n/a
St. Jacobs Farmers' Market	https://stjacobsmarket.com/	Farmers' market and flea market open Thursdays and Saturdays year-round and Tuesdays from mid-May through Labour Day.	Food vendors, outdoor activities	878 Weber St. North, Woolwich	n/a	n/a
ONLINE MARKETS & MINI FARMERS' MARKETS						
Bailey's Local Foods	https://www.baileyslocalfoods.com/	Sustainably grown products from 80 farmers and producers within a 100 mile radius. Annual membership fee is \$20.	Fresh produce, prepared food and non-food products weekly May-Oct and monthly Nov-Apr.	16 William Street, Waterloo	Pickup	Online
Cafe Pyrus Outpost	https://www.cafepyrusoutpost.com/	Take-out cafe, mini farmers' market, and online store	Fresh produce, eggs, baking supplies, coffee, etc.	150 Roger Street, Waterloo	Pickup	Online and in-person
Growing Hope Farm	https://www.growinghopefarm.ca/	Provides job training and volunteer opportunities to at-risk youth. All profits are donated to Mennonite Central Committee's Food Security Fund, to support international food security work.	Fresh produce, eggs, baking supplies, coffee, etc.	246 Sherring St, Cambridge	24/7 Roadside Stand Pickup meat at farm	Online and in-person
Littlefoot Community Projects	https://www.littlefootprojects.org/	Non-profit farm focused on relieving poverty through the power of food. Operate a "pay-what-you-choose" farm market and online store.	Fresh produce	n/a	Pickup	Online and in-person
Nith Valley Organics	https://nithvalleyorganics.ca/	Small organic farm	Fresh produce, eggs, meat	n/a	Pickup	Online
Open Food Network	https://openfoodnetwork.ca/	An online market of small-scale producers across Canada, with many in Waterloo Region	Fresh produce, flowers, seedlings, etc.	n/a	Pick up and delivery	Online
Pfennings Organic	https://www.pfenningsorganic.ca/	Local organic farm and health food store	Weekly fresh produce basket for home delivery	1760 Erb's Road W., St. Agatha, ON N0B 2L0	Delivery	Online

LOCALLY GROWN AND LOCALLY SOURCED FOOD

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Goodness Me! Natural Food Market	https://goodnessme.ca/pages/about-us	Health-conscious grocery store carrying organic foods, local produce, bulk items & supplements.	Healthy, local, delicious, quality food	668 Erb St. W, Waterloo, ON N2T 2Z7 & 525 Hespeler Rd, Cambridge, ON N1R 6J2	In-store and curbside pickup	Online
The Sustainable Market	https://sustainablemarket.ca/	Many small and large producers and suppliers of sustainable and organic products	Fresh produce, prepared foods, beauty and household products, etc.	Parkminster United Church, 275 Erb Street East, Waterloo, ON N2J 1N6	Pickup and delivery	Online

COMMUNITY SHARED AGRICULTURE (CSA): Farmers sell vegetables directly to households. Households pre-purchase a share in the harvest & receive a variety of fresh vegetables each week during the growing season.

Fertile Ground Farm, St. Agatha	https://www.fertilegroundcsa.com/	Small organic farm	Fresh produce Jun-Oct Flexible payment and reduced rate options	1560 Carmel-Koch Rd. St. Agatha, ON N0B 2L0	Pickup in Kitchener and at farm	n/a
Green Hart Farms	https://greenhartfarms.ca/	Small organic farm and online store	Fresh produce Jun-Nov Flexible payment options	1659 41 Line, New Hamburg, ON N3A 4A2	Home delivery	n/a
Hacienda Sarria CSA, The Working Centre	https://donate.theworkingcentre.org/hacienda-market-garden	Market garden and social enterprise to demonstrate, promote and share knowledge about sustainable local food production and environmental stewardship	Fresh produce, flowers, sprouts, baked goods Jun-Oct	1254 Union St. Kitchener, ON N2H 6K4	2 pickup locations in Kitchener, home delivery	n/a
Little Fields Farm	https://www.littlefields.farm/	Small farm and online store following sustainable farming practices	Fresh produce, eggs, and pastured meat	867207 Township Road 10, Drumbo	Pickup in Kitchener	Online
Milky Way Farm	https://milkywayfarm.ca/	Small organic farm and online store	Fresh produce Jun-Dec	484872 Sweaburg Rd. Woodstock, ON N4S 7V6	Pickup in Kitchener and at farm, home delivery	Online
Woodstock New Leaf Market Garden Farm	https://newleafmarketgarden.ca/	Small farm and online store following sustainable farming practices	Fresh produce Jun-Oct	1110 New Jerusalem Rd. Waterloo, ON N2J 4G8	Pickup in Kitchener and at farm	Online
Reroot Farm	https://www.reroot.ca/	Small organic farm and farm store (in-person)	Fresh produce, eggs, and pastured meat Jun-Oct and limited produce Nov-Mar		Pickup in Waterloo	At farm store
Wayward Farm	https://waywardfarm.ca/	Small organic farm and farm store	Fresh produce Jun-Oct	2669 Carmel-Koch Rd. Baden, ON N3A 3R9	Pickup in Waterloo and delivery	n/a
Young City Growers CSA (a project of the African Community Wellness Initiative)	https://youngcitygrowers.org/	Urban garden that provides training and job opportunities for youth	Fresh produce for 10 weeks in summer and 6 weeks in fall; student shares available	n/a	Pickup at garden	n/a

FARM STORES

Herrle's Country Farm	https://herrles.com/	Fresh, local food; all produce is grown in Ontario, unless otherwise noted	Fruits, Vegetables, Bakery, Pantry, Cold Grocery, Frozen	1243 Erbs Rd. St. Agatha, ON N0B 2L0	Pickup	Online
Market Martins Family Fruit Farm	https://martinsapples.com/eng/home/	One of the largest apple growers, packers, and shippers in Canada.	Locally-grown fruits and vegetables, heritage preserves and more.	1420 Lobsinger Line, Waterloo, ON N2J 4G8	n/a	n/a
Oakridge Acres	https://www.oakridgeacres.ca/	Country meat store	Variety of meat, poultry and seafood	2132 Greenfield Rd. Ayr, ON N0B 1E0	n/a	n/a