1. Introductions – Lee, Deb, Rachael

2. Dinner – REV

3. Presentation – Sandy Ace

4. Sub-Committee Presentations
   a. Nutrition Awareness – Discussed the idea of Point of Purchase Nutrition, and how much of an impact that would have.
   b. Travelling Tummies – Criteria
      - Changed their criteria from last term. It used to be a 10 point system. Now, it is going to be simplified into three categories.
   c. Mystery Shopper – Criteria.
      - Discussed how we want to capture quality and service at peak time.

5. General Discussion

Q: Thoughts on sweeteners?
   - A drink with a sweetener is okay here and there.

Q: I experience a loss of appetite when I'm studying, what should I do?
   - It is important to eat while studying. Specific foods do help the brain function better. It is important to have snacks or smaller meals.

Q: What are your thoughts on smoothies?
- When it comes to smoothies, the size is important to note. For example, if you make your own smoothie at home, you know exactly how much you are putting into it.

- If you are getting a smoothie at Booster Juice, and you order the large size, you should realize that this is equal to having a meal.

Q: Why don’t some SLC workers not wear gloves?

- The policy, and the best practice is frequent handwashing. Some places like Tim Hortons and Subway require employees to wear gloves because of their own franchise policy across Canada.

- You can always request someone to wear gloves.

Question: How much of an impact does Point of Purchase Nutrition have on someone’s choice? How will we decided what nutritional information to provide? What do people want to see and care to know?

- Discussed, students may be interested in seeing the amounts of sodium, protein, and fat.

- Calorie labelling only allows us to focus on calories and not the nutrition that is in the food.

- Students want choice.

- Creating an environment where it is easier to choose the healthy option. This might incline more people to make the healthier choice.

- It would be interesting to start a focus group and hear what nutritional information students care about.
6. Next Meeting: Wednesday, March 29 – V1 Boardroom