ACADEMIC EXCHANGES

A great opportunity to develop your French language skills while fulfilling your course requirements.
5 REASONS TO PARTICIPATE IN AN EXCHANGE PROGRAM:

01 Immersion
The best way to improve your French is to immerse yourself in a French-speaking environment (language and culture).

02 Global Experience
Gain a global awareness and qualify for the global experience certificate.

03 Competitive Advantage
Exchange programs make you more employable. Experiencing diverse systems and practices is a definite advantage when entering the job market.

04 Intellectual Development
Exposure to language and culture changes your brain composition creating new neural pathways.

04 Develop life-skills
Networking, living and navigating a new city.
Mandatory Information Session

Required for all exchange opportunities

1. Find Go Abroad Info Session in LEARN under Self Registration.

2. Review the entire 40-minute session.

3. Complete the Acknowledgement quiz.

4. Access to the application for the exchange will be provided within 2 business days of successful completion.

If you attended an information session in the past, it is still required that you attend the mandatory information session as this information changes yearly.
Courses taken will transfer as credits (not grades) and will not affect your UWaterloo average. To receive transfer credits, students must complete two forms: one before departure and the other at the end of your studies.

- A Letter of Permission form must be completed before departing for exchange. Please submit the completed form to the French Undergraduate Advisor for approval.
- There is a $25.00 processing fee, payable to the Registrar's office.
- Upon completion of the program, students must order an official transcript from their host university. The official transcript must be sent directly to Waterloo's Registrar's Office: 200 University Avenue West, Waterloo, ON, N2L 3G1.

Important: The Registrar's Office transfers courses that have a final grade of 60% or higher. Any grade below will not be transferred. Credits transferred will not affect your UWaterloo GPA.
Chicoutimi, Québec.
48.425285° N, -71.06595° E
Exchange to Chicoutimi

Study at the University of Quebec à Chicoutimi (UQAC), in the city of Saguenay

Explore
Appreciate the beauty of the region.

Culture
Learn about the Québec culture and be immersed in the French language.

The Best of Both
Experience a true immersion in French without leaving Canada. Gain the experience of an exchange without the cost of going abroad.
Mandatory information session
All students applying to go on exchange must attend a mandatory information session:
To access the session:
• Find Go Abroad Info Session in LEARN under Self Registration
• Review the entire 40-minute session
• Complete the Acknowledgement Quiz
• Access to the application for the exchange will be provided within two business days of successful completion.
• If you attended an information session last year, you still need to attend the mandatory information session as the information changes yearly.

Submit your application
Application form & curriculum vitae to frenchundergrad@uwaterlooc.ca
due: end of November

For more details:
Visit the Chicoutimi Exchange Website
• Student are required to take a minimum of 3 courses per term within the « Unité de lettres », which means at least 3 literature courses per term (course code 7LIT***).
• The remaining 2 courses, if you wish to take a full course load, can be taken in other subjects.
• Please consult UQAC's Schedule of Classes for a full listing of courses offered.
accommodations

students stay in residence

see the available configurations and virtual tours of the Chicoutimi residences here

UW students are grouped with French-speakers to help develop their French
**TUITION**

- Chicoutimi tuition fees (2021)
  - Out-of-province fee waived
- $1,456.66 per term (4 courses)
- $1,768.18 per term (5 courses)

**ACCOMODATIONS**

Residence fees (par mois/par chambre, 2021):

- $405 (4 chambres)
- $435 (3 chambres)
- $440 (2 chambres)

**EXPENSES**

- parking fees (if needed)
- textbooks
- travel to chicoutimi
- living expenses
  - residence & groceries
  - Most goods are priced the same as in Ontario
Saguenay:

- 98% francophone
- Medium sized city
  - 150 000 people
  - 128 people/km²
- On the Saguenay River
- 200 km north of Québec City
- Snow on the ground from October/November to April
- Average winter temperature: -16°C (but it can go as low as -40!)
- A prime location for outdoor enthusiasts: large lakes (Lake Saint-Jean), meandering rivers (Saguenay), towering mountains (Valin mountains) and a fjord (Saguenay Fjord) carved out of a glacial valley.
Exchange to Lausanne
Study at the University of Lausanne (UNIL) in Switzerland

Explore a breathtaking setting, diverse landscapes and culture. Home of the Swiss Alps & Verdant Plains

Culture
Lausanne is Switzerland’s 5th city and the official Olympic Capital.
PROCESS TO APPLY FOR LAUSANNE:

01 Mandatory Information Session
Access through LEARN. Reference slide #4 for more details.

02 Contact the Global Learning Coordinator
studyabroad@uwaterloo.ca

First round applications for Summer 2023, Fall 2023, Winter 2024 and Spring 2024 exchanges will open October 1 - 31 2022.

Tuition
Regular tuition fees to be paid to Waterloo (2.5 credits)
Options:

**Option 1**
Regular undergraduate or graduate degree courses in the Modern French department of the Faculté des Lettres

**Option 2**
Regular degree courses in the School of French as a Foreign Language EFLE (all levels from beginner to proficient)

**UNIL**
UNIL Academic Calendar
The basic student budget is around $1950 (CHF)/month, ~ $2700 CAD.

<table>
<thead>
<tr>
<th>Expenses</th>
<th>CHF</th>
<th>CAD</th>
</tr>
</thead>
<tbody>
<tr>
<td>Accomodations (not incl. expenses for heating, water, electricity, telephone etc.)</td>
<td>$600-800</td>
<td>$824-1100</td>
</tr>
<tr>
<td>Living &amp; Food</td>
<td>$850-900</td>
<td>$1167.73-1236.42</td>
</tr>
<tr>
<td>Health &amp; Accident Insurance</td>
<td>$150-300</td>
<td>$206.07-412.14</td>
</tr>
<tr>
<td>Books &amp; Course Materials</td>
<td>$100-150</td>
<td>$137.38-206.07</td>
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</table>

Information obtained from the University of Lausanne’s Practical Information Webpage.
Paris, France

48.863186° N, 2.339754° E
Exchange to Paris
Study through MICEFA:

MICEFA?
The Mission Interuniversitaire de Coordination des Echanges Franco-Américains (MICEFA)

What do they do?
est. in 1985, they coordinate 18 member universities in Paris & L’île de France region with over 65 North American partner universities

why MICEFA?
mandatory orientation and intensive language sessions to connect you with other students and foster an easeful transition and integration into the French culture and exchange program.
**Process to Apply for Paris (MICEFA):**

1. **Mandatory Information Session**
   Access through LEARN. Reference slide #4 for more details.

2. **Contact the Global Learning Coordinator**
   studyabroad@uwaterloo.ca

   First round applications for Summer 2023, Fall 2023, Winter 2024 and Spring 2024 exchanges will open October 1 - 31 2022.

3. **Tuition**
   Regular tuition fees to be paid to Waterloo (2.5 credits)
programs/courses
study options through MICEFA

Option 1
Take classes at one of the 18 member universities for your exchange program.

[Undergraduate Fields of Study](#)

Credits
3 MICEFA credits = 0.5 UWaterloo credits
6 ECTS credits = 0.5 UWaterloo credits

Option 2
Take language courses through MICEFA. Each student can register for a maximum of 2 MICEFA courses during the 1st semester and 1 class the following semester.
<table>
<thead>
<tr>
<th>EXPENSES</th>
<th>EUROS</th>
<th>$CAD</th>
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</thead>
<tbody>
<tr>
<td>Airfare</td>
<td>1000€</td>
<td>$1,343.50</td>
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<tr>
<td>Visa &amp; Residence Permit</td>
<td>250€</td>
<td>$335.88</td>
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<tr>
<td>Intensive Language Course</td>
<td>400€</td>
<td>$537.40</td>
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<tr>
<td>Temporary Housing (optional)</td>
<td>430€</td>
<td>$577.70</td>
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<tr>
<td>Student Health Care &amp; Liability Insurance</td>
<td>70€</td>
<td>$94.04</td>
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<tr>
<td>Permanent Housing</td>
<td>3000-6000€</td>
<td>$4030.50-$8061.00</td>
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<tr>
<td>House Insurance (mandatory)</td>
<td>50€</td>
<td>$67.17</td>
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<tr>
<td>Food</td>
<td>200-400€/month</td>
<td>$268.70-$537.40</td>
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<tr>
<td>Local Transporation Pass</td>
<td>Navigo - 75€/month, Imaginaire R - 37€/month</td>
<td>Navigo - $100.76/month, Imaginaire R - $49.71/month</td>
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<tr>
<td>Books &amp; Supplies</td>
<td>60-120€</td>
<td>$80.61-$161.22</td>
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For a full overview of expenses visit the MICEFA Estimated Budget Website