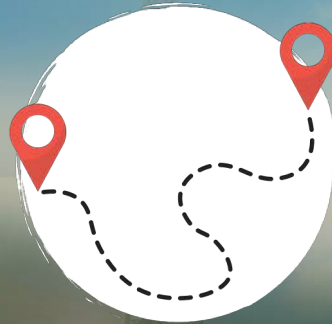


Presented By:
The Department of French Studies



frenchundergrad@uwaterloo.ca
@uwfrenchstudies

EXCHANGE OPPORTUNITIES

CHICOUTIMI - PARIS (MICEFA) - LAUSANNE

ACADEMIC EXCHANGES

A great opportunity to develop your French language skills while fulfilling your course requirements.



Develop an existing skillset & establish new ones

4 REASONS TO PARTICIPATE IN AN EXCHANGE PROGRAM:

01

Immersion

The best way to improve your French is to immerse yourself in a french-speaking environment (language and culture).

02

Competitive Advantage

Exchange programs make you more employable. Experiencing diverse systems and practices is a definite advantage when entering the job market.

03

Intellectual Development

Exposure to language and culture changes your brain composition creating new neural pathways.

04

Develop life-skills

Networking, living and navigating a new city.



Mandatory Information Session

Required for all exchange opportunities

1

Find Go Abroad Info Session
in LEARN under Self Registration.

2

Review the entire 40-minute session.

3

Complete the
Acknowledgement quiz

4

Access to the application for
the exchange will be provided
within 2 business days of
successful completion.



If you attended an information
session in the past, it is still required
that you attend the mandatory
information session as this information
changes yearly.



Chicoutimi, Québec.


48.425285° N, -71.06595° E





Exchange to Chicoutimi

Study at the
Université du
Québec à
Chicoutimi
(UQAC), in the city
of Saguenay

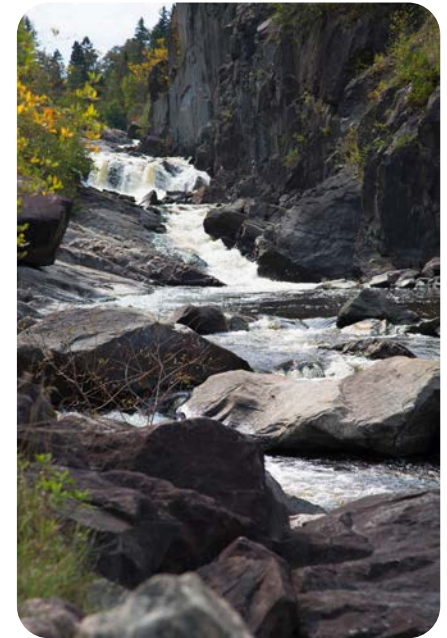
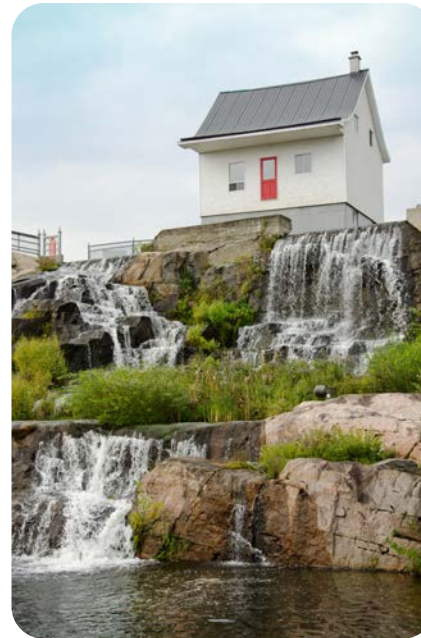


Culture

Learn about the Québec
culture and be immersed
in the French language.

Explore

Appreciate the beauty of
the region.



The Best of Both

Experience a true immersion in
French without leaving
Canada. Gain the experience of
an exchange without the cost of
going abroad.

PROCESS TO APPLY FOR CHICOUTIMI:



01

Mandatory information session

All students applying to go on exchange must attend a mandatory information session:

To access the session:

- Find Go Abroad Info Session in LEARN under Self Registration
- Review the entire 40-minute session
- Complete the Acknowledgement Quiz
- Access to the application for the exchange will be provided within two business days of successful completion.
- If you attended an information session last year, you still need to attend the mandatory information session as the information changes yearly.

02

Submit your application

To start the application procedure, submit your name and curriculum vitae to frenchundergrad@uwaterloo.ca by **October 31st 2024**

03

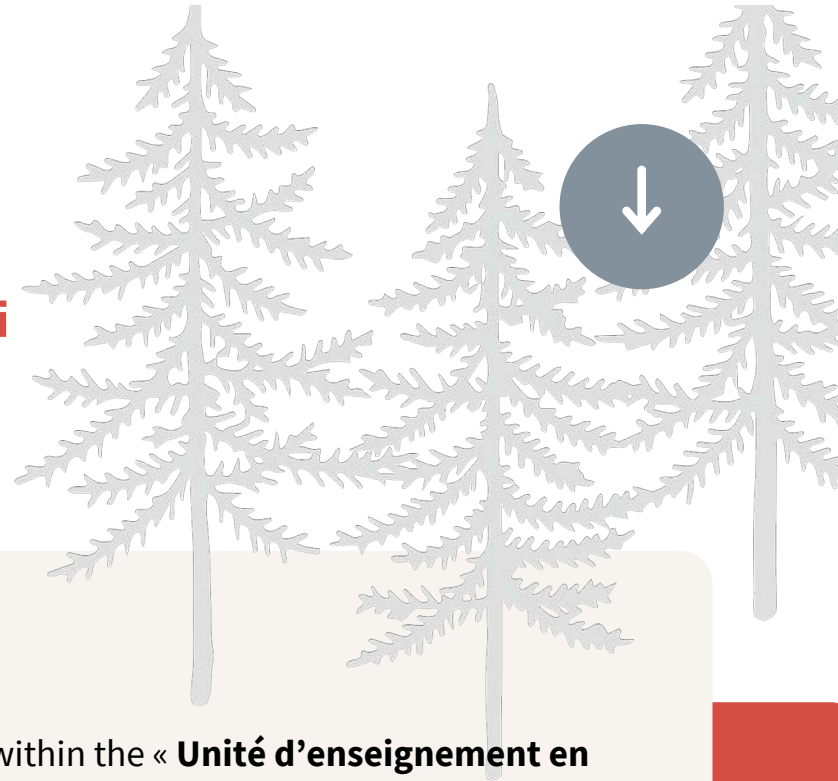
For more details:

Visit the Chicoutimi Exchange [Website](#)



programs/courses

course requirements and offering at Chicoutimi

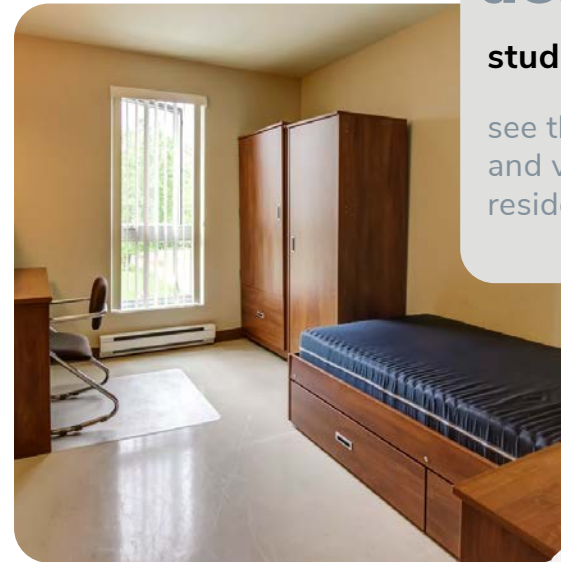
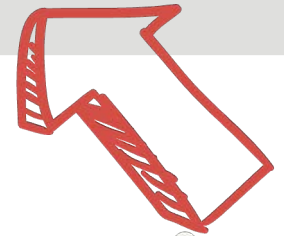


- Student are required to take a minimum of **4** courses per term within the « **Unité d'enseignement en études littéraires** », which means at least **4** literature courses per term (course code 7LIT***).
- The remaining **1** course, if you wish to take a full course load, can be taken in other subjects.
- Please consult [UQAC's Schedule of Classes](#) for a full listing of courses offered.
 - Please [consult us](#) when making your course (pre)selection *as soon as the courses become available* and *before* you enroll in them.

accommodations

students stay in residence

see the available configurations and virtual tours of the Chicoutimi residences [here](#)



UW students are grouped with French-speakers to help develop their French



Please note that the demand for residence rooms is very high. To guarantee a room, you should get on the waiting list **before February** (before you actually submit your application) : siug.quebec.ca/reservation

budget



expenses to consider during your exchange



TUITION

- Chicoutimi tuition fees (Fall 2024)
 - Please note that the out-of-province fee is waived for you
- \$1,624.46 per term (4 courses)
- \$1,963.55 per term (5 courses)

ACCOMMODATIONS

Residence fees (monthly rate per room 2023-2024*):

- \$420 (4 rooms)
- \$445 (3 rooms)
- \$450 (2 rooms)

En date de septembre 2024, les tarifs pour 2024-2025 ne sont pas encore disponibles en ligne.

EXPENSES

- parking fees (if needed)
- textbooks
- travel to Chicoutimi
- living expenses
 - residence & groceries
 - most goods are priced the same as in Ontario



Saguenay:

- 98% francophone
- Medium sized city
 - 150 000 people
 - 128 people/km²
- On the Saguenay River
- 200 km north of Québec City
- Snow on the ground from October/November to April
- Average winter temperature: -16°C (but it can go as low as -40!)
- A prime location for outdoor enthusiasts: large lakes (Lake Saint-Jean), meandering rivers (Saguenay), towering mountains (Valin mountains) and a fjord (Saguenay Fjord) carved out of a glacial valley.

Lausanne, Switzerland

46.51983° N, 6.6335° E



Exchange to Lausanne

Study at the
University of
Lausanne (UNIL)
in Switzerland



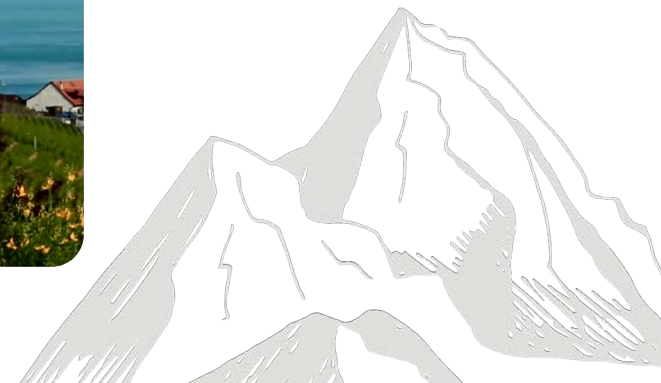
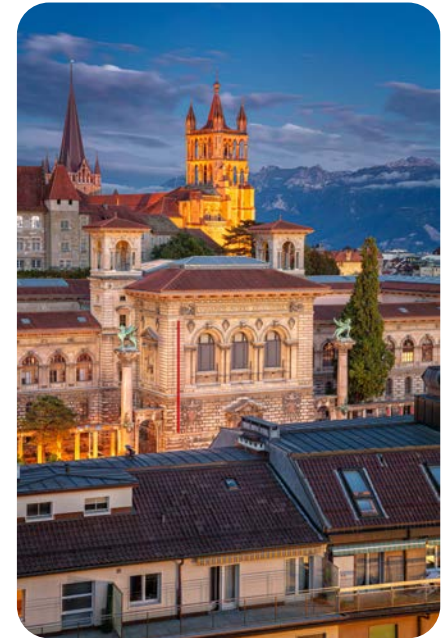
Culture

Lausanne is Switzerland's 5th city
and the official Olympic Capital.

Did we mention Swiss
Chocolate?

Explore

A breathtaking setting, diverse
landscapes and culture. Home of
the Swiss Alps & Verdant Plains.





PROCESS TO APPLY FOR LAUSANNE:



01

Mandatory Information Session

Access through LEARN. Reference slide #4 for more details.

02

Contact the Global Learning Coordinator

studyabroad@uwaterloo.ca

Applications for Summer 2025, Fall 2025, Winter 2026 and Spring 2026 exchanges:

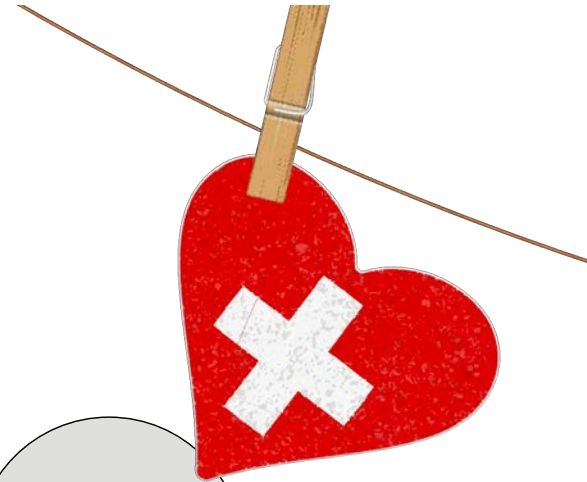
- **First round** (all terms): **October 1 – 31, 2024** > **To have first choice, make sure to apply during the first round!**
- **Second round** (Winter and Spring 2026 terms only): **February 1-28, 2025**
- NB: programs are competitive

Tuition

Regular tuition fees to be paid to Waterloo (2.5 credits)

programs/courses

study options in Lausanne [UNIL Academic Calendar](#)



Option 1 full term

- Courses with francophone students at the Modern French department of the Faculté des Lettres
- Courses in the School of French as a Foreign Language EFLE (all levels from beginner to advanced)

Option 2 summer program

- 4-6 weeks [Intensive French courses](#)

Transfer credits

To make sure the courses you take during your exchange can be transferred, please [consult us](#) when making your course (pre)selection *as soon as the courses become available* and before you enroll in them.

Visit [Waterloo Passport](#) to learn about the programs and the costs

budget



expenses to consider during your exchange



EXPENSES

the basic student budget is around
CHF 2050/month, ~ \$3,300 CAD or more (please see below)

	CHF (= francs suisses)	\$CAD
accommodation (not incl. expenses for heating, water, electricity, telephone etc.)	CHF 700-900	\$1,125-1,450
living & food	CHF 850-900	\$1,370-1,450
health & accident insurance	CHF 150-300	\$240-485
books & course materials	CHF 100-150	\$160-240

information obtained from the University of Lausanne's [Practical Information Webpage](#).



EXPLORE
LAUSANNE



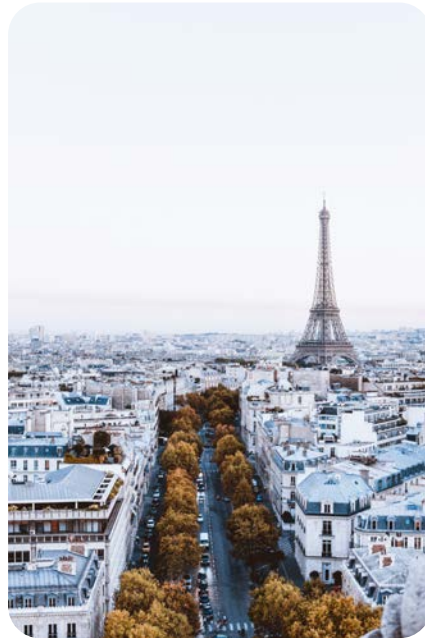
Paris, France

48.863186° N, 2.339754° E



Exchange to Paris

Study through MICEFA:



MICEFA?

The Mission Interuniversitaire de Coordination des Échanges Franco-Américains (MICEFA)

What do they do?

Est. in 1985, they coordinate 18 member universities in Paris & L'île de France region with over 65 North American partner universities.



Why MICEFA?

Mandatory orientation and intensive language sessions

connects you with other students and fosters an easeful transition and integration into the French culture and exchange program.



PROCESS TO APPLY FOR PARIS (MICEFA):



01

Mandatory Information Session

Access through LEARN. Reference slide #4 for more details.

02

Contact the Global Learning Coordinator

studyabroad@uwaterloo.ca

Applications for Summer 2025, Fall 2025, Winter 2026 and Spring 2026 exchanges:

- **First round** (all terms): October 1 – 31, 2024 >
To have first choice, make sure to apply during the first round!
- **Second round** (Winter and Spring 2026 terms only): February 1-28, 2025
- NB: programs are competitive

Tuition

Regular tuition fees to be paid to Waterloo (2.5 credits)

programs/courses

study options through MICEFA

Option 1 full term

Take classes at one of the 18 universities with francophone students or with other language learners.

[Undergraduate Fields of Study](#)

Option 2 summer program

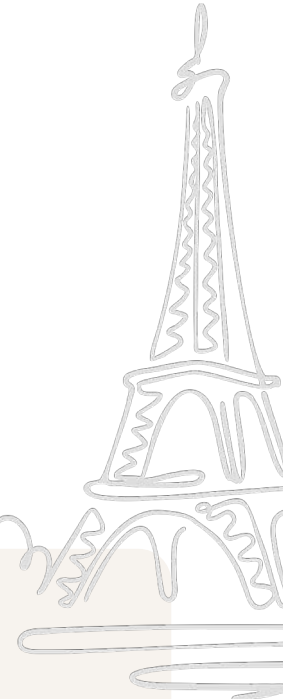
[4 weeks program](#)

- French language and culture courses, beginner to advanced level.
- Activities and excursions, welcome and farewell dinners.

Transfer credits

To make sure the courses you take during your exchange can be transferred, please [consult us](#) when making your course (pre)selection *as soon as the courses become available* and before you enroll in them.

Visit [Waterloo Passport](#) to learn about the programs and the costs



B U D G E T



TOTAL ESTIMATED COSTS:

Semester (5 months)
9 420€ > \$14,250

Year (10 months)
16 580€ > \$25,070

*** This list is not exhaustive, for a full overview of expenses visit the [MICEFA Estimated Budget Website](#)**




EXPENSES *	EUROS	\$CAD
Airfare	1300€	\$1,965
Visa & Residence Permit	425€	\$645
Intensive Language Course	450€	\$680
Temporary Housing (optional)	760€	\$1,150
Student Health Care & Liability Insurance	70€	\$105
Permanent Housing (avg. cost of 850€/month, range is for a semester or full year program, incl. rental insurance cost)	3400€ (semester-5 months) 7650€ (year-10 months)	\$5,140 (semester-5 months) \$11,570 (year-10 months)
House Insurance (mandatory)	50€	\$75
Food	300-500€/month	\$455-760/month
Local Transportation Pass	Navigo – 87€/month Imaginaire R – 40€/month	Navigo - \$132/month Imaginaire R - \$60/month
Books & Supplies	60-120€	\$90-180



15631
FRANCE
PARIS
DEPARTED
25AUG17
PARIS AIRPORT



A close-up photograph of a person's hands typing on a laptop keyboard. The person is wearing a light-colored sweater and has a ring on their finger. The background is softly blurred, showing a desk and a cup of coffee.

TRANSFER CREDITS

Successfully completed courses taken at another university during the exchange will transfer as credits without numeric grades.

- The Registrar's Office transfers courses that have a final grade equivalent to 60% (C-) or higher.
- Courses with grades below will not be transferred.
- Credits transferred will not affect your UWaterloo GPA.

Upon completion of the exchange program, students must order an official transcript from their host university. The official transcript must be sent directly to Waterloo's Registrar's Office: 200 University Avenue West, Waterloo, ON, N2L 3G1.

Please [consult us](#) when making your course (pre)selection *as soon as the courses become available* and *before* you enroll in them.



CONTACT US



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