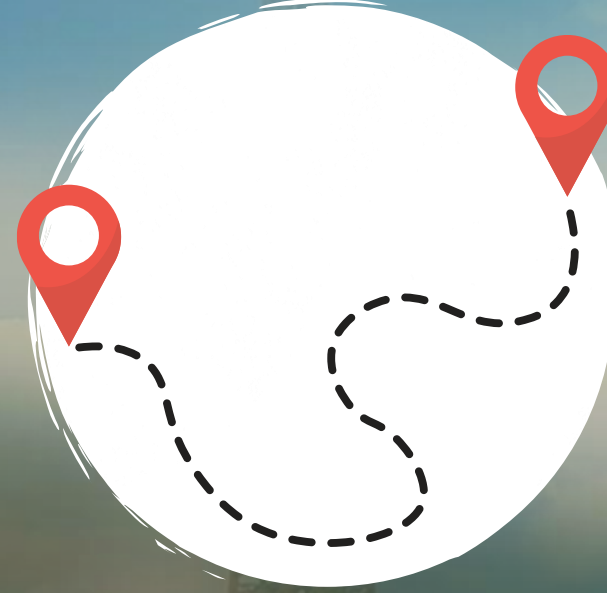


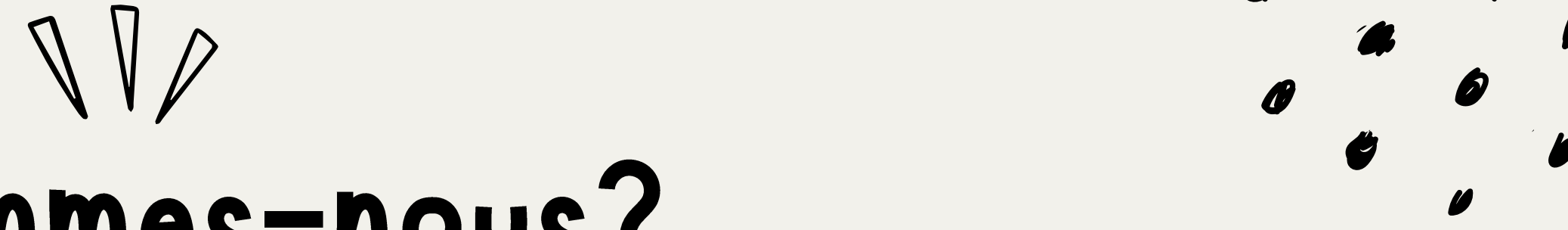
Presented By: French Studies



french.ug@uwaterloo.ca
@uwfrenchstudies

EXCHANGE OPPORTUNITIES

PARIS (MICEFA) - LAUSANNE - CHICOUTIMI



Qui sommes-nous?

Svetlana Kaminskaïa

Associate Professor, Exchange Officer
French Studies program
skaminsk@uwaterloo.ca | ML 337

Claire Newbigging

Undergraduate Advisor and Coordinator
cnewbigging@uwaterloo.ca | ML 219

Tara Collington

Professor, Assistant Director and Undergraduate Officer
French Studies program
tcolling@uwaterloo.ca | ML 334B



French Studies: Exchange Opportunities

FRENCH STUDIES

[About French Studies](#) ▾[Undergraduate](#) ▾[Graduate](#) ▾[Teaching Excellence](#)[Research](#) ▾[Resources and services](#) ▾[Resources for faculty and staff](#)[Alumni](#) ▾[Events](#) ▾[News](#)

Exchange Opportunities

Study in a French environment

French Studies encourages students majoring and/or minoring in French to study in a French environment, usually in their third year. Students of all levels and backgrounds in French are encouraged to participate in the [Explore Program](#), which is a bursary program funded by the Canadian Federal government.

Students can choose to study at various institutions through the [Go Abroad](#) program. Students specializing in French are encouraged to participate in the following exchange offerings: [Paris \(MICEFA\)](#), [Lausanne, Switzerland](#), and the [Université du Québec à Chicoutimi](#) (UQAC), Québec.

For an overview of our Exchange Program Offering, please see our [Exchange Program Slideshow \(PDF\)](#).

Duration: One or two terms.

All students applying to go on exchange must attend a mandatory information session.

To access the session:

- Find *Go Abroad Info Session* in LEARN under Self Registration
- Review the entire 40-minute session
- Complete the Acknowledgement Quiz
- Access to the application for the exchange will be provided within **two business days** of successful completion.
- If you attended an information session last year, you still need to attend the mandatory information session as the information changes yearly.

Scholarships

Learn about available university-wide [International experience/travel awards](#) and [scholarships in French Studies](#).

Useful links

- [Independent Cultural Study](#)
- [Study at Chicoutimi](#)
- [Study in Paris \(MICEFA\)](#)
- [Study in Lausanne](#)
- [Explore program](#)

ACADEMIC EXCHANGES

A great opportunity to develop your French language skills while fulfilling your course requirements.



Develop an existing skillset & establish new ones

REASONS TO PARTICIPATE IN AN EXCHANGE PROGRAM:



01

Immersion

The best way to improve your French is to immerse yourself in a French-speaking environment (language and culture)

02

Competitive Advantage

Exchange programs make you more employable. Experiencing diverse systems and practices is a definite advantage when entering the job market.

03

Intellectual Development

Exposure to language and culture changes your brain composition creating new neural pathways.

04

Develop life-skills and personal growth

Networking, living and navigating a new environment.

Mandatory Information Session

Required for all exchange opportunities

1

Find Go Abroad Info Session
in LEARN under Self Registration.

2

Review the entire 40-minute session.

3

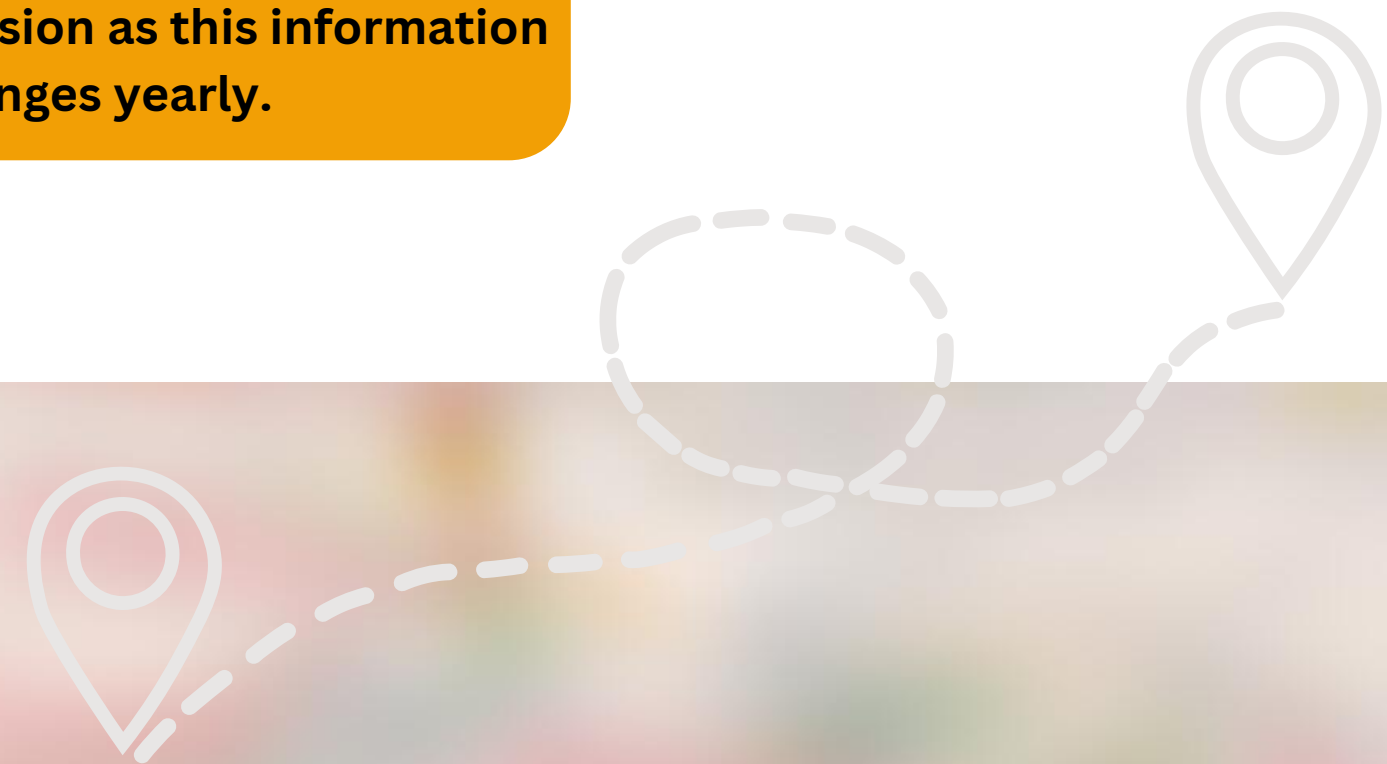
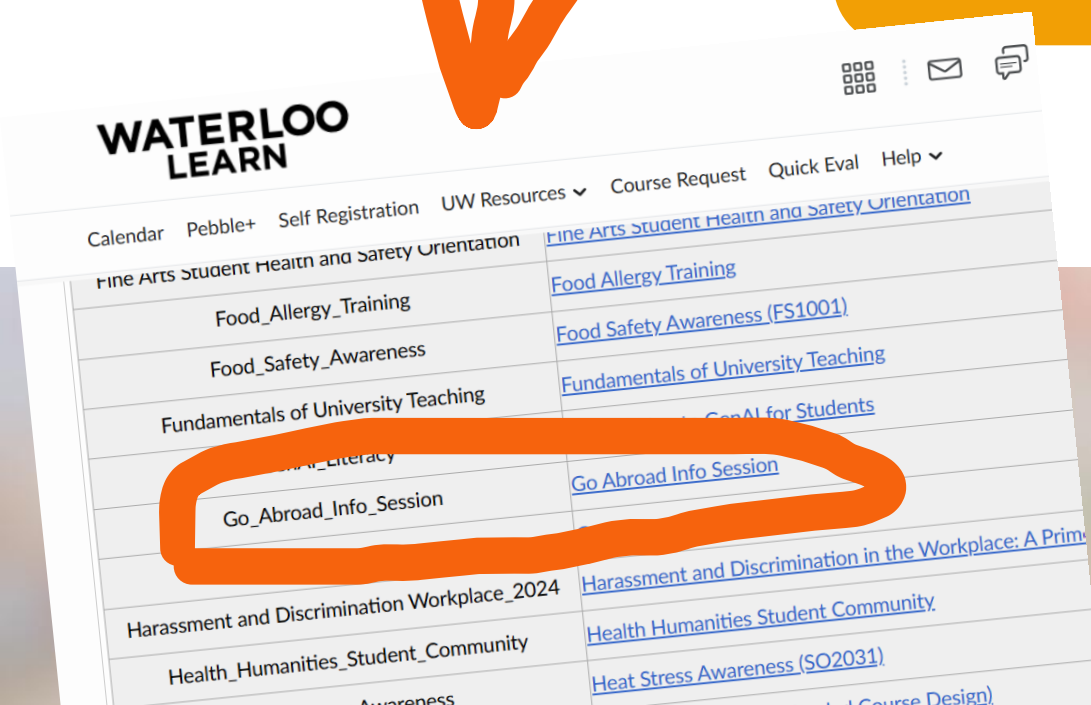
Complete the
Acknowledgement quiz

4

Access to the application for
the exchange will be provided
within 2 business days of
successful completion.



If you attended an information
session in the past, it is still required
that you attend the mandatory
information session as this information
changes yearly.



Application process

1. Complete the Mandatory Go Abroad Info Session [in LEARN under self-registration](#) and score 100% on the final quiz to gain access to the Waterloo Passport exchange application portal.
2. Submit your application in **Passport** exchange application portal by the [application deadline](#) and pay the application fee.
3. Once applications close, the Arts Faculty Exchange Representative will review your application and academic record and confirm your eligibility in the Waterloo Passport system. The [ranking and matching process](#) is then completed by the Global learning team. For questions about the ranking process students can email studyabroad@uwaterloo.ca
4. The Global learning team will contact you and confirm if you have been matched with an exchange opportunity.

Search Programs

Search Filters

Type: Destination:

Faculty: ☐ Health ☒ Arts ☐ Engineering ☐ Environment ☐ Mathematics ☐ Science ☐ Engineering-G

RESULTS Items 1-3 of 3 Showing 20

Provider	Program Info	Host Institution	Languages	Term
Student Success Office	MICEFA Exchange Program Paris, France	Paris - Waterloo Exchange, MICEFA-Triade (Consortium of Universities in Paris)	English, French	Fall 2027 Fall 2027 and Winter 2028 Winter 2028
Student Success Office	Paris Dauphine University Exchange Program Paris, France	Paris Dauphine University	English	Fall 2027 Fall 2027 and Winter 2028 Winter 2028
Student Success Office	University of Nantes Exchange Program Nantes, France	University of Nantes	English, French	Fall 2027 Fall 2027 and Winter 2028 Winter 2028

Items 1-3 of 3 Showing 20

Search Programs

Search Filters

Type: Destination:

Faculty: ☐ Health ☒ Arts ☐ Engineering ☐ Environment ☐ Mathematics ☐ Science ☐ Engineering-G

RESULTS Items 1-1 of 1 Showing 20

Provider	Program Info	Host Institution	Languages	Term
Student Success Office	University of Lausanne Exchange Program Lausanne, Switzerland	University of Lausanne (UNIL)		Fall 2027 Fall 2027 and Winter 2028 Winter 2028

Items 1-1 of 1 Showing 20

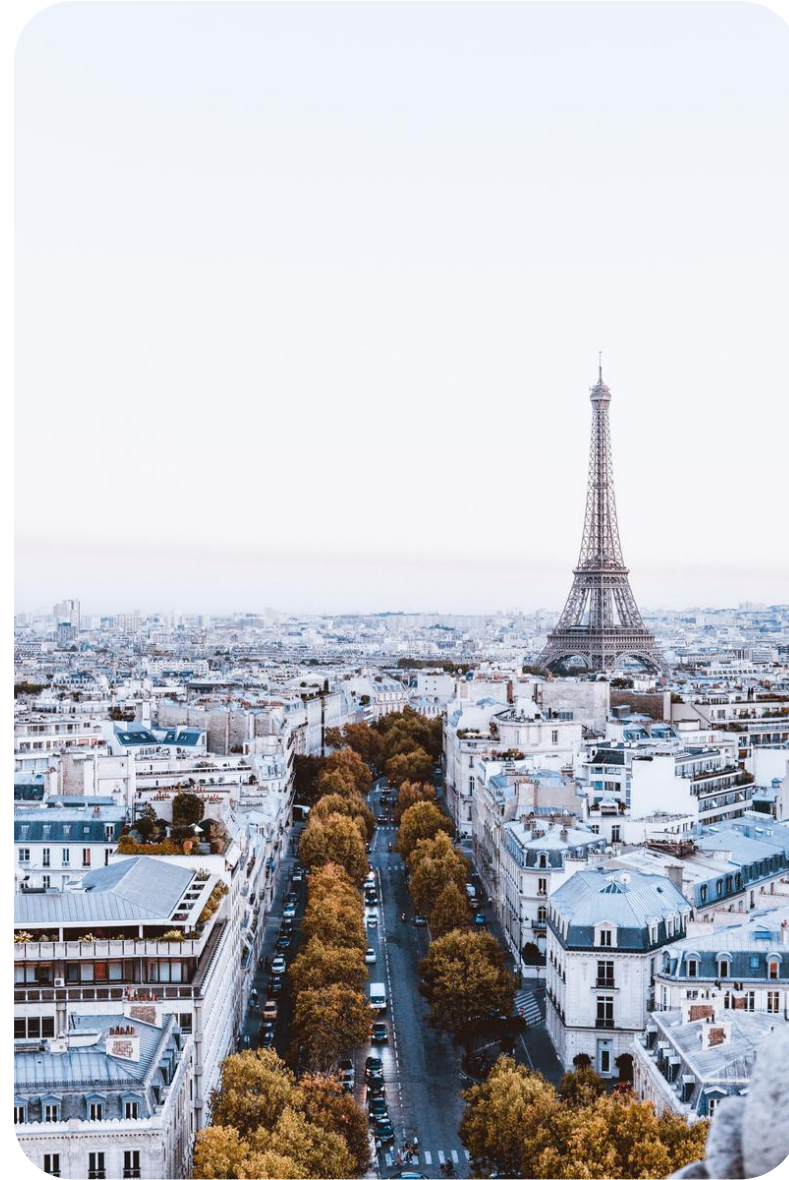
Paris, France

48.863186° N, 2.339754° E



Exchange to Paris

Study through
MICEFA:



MICEFA?

The Mission Interuniversitaire
de Coordination des Echanges
Franco-Américains (MICEFA)

What do they do?

Est. in 1985, they coordinate 18
member universities in Paris & L'île
de France region with over 65 North
American partner universities.



Why MICEFA?

Mandatory orientation and
intensive language sessions
connects you with other students
and fosters an easeful transition
and integration into the French
culture and exchange program.

PROCESS TO APPLY FOR PARIS (MICEFA):



01

Mandatory Information Session

Find *Go Abroad Info Session* in [LEARN under Self Registration](#). You must get **100% on the quiz** to gain access to **Passport**. The last chance to self-register for the LEARN Information Session is **October 31, 2026, at 8:00 p.m. ET**. The last day to review the information session is **October 31, 2026, at 8:59 p.m. ET**. We will **NOT reopen** registration for the LEARN Information Session under any circumstances.

02

Contact the Global Learning Coordinator

Email studyabroad@uwaterloo.ca

Or [book a 20 minute appointment with Bintou Barrow](#)

In-person: Tuesdays

Virtual: Thursdays



Applications for Summer 2027, Fall 2027, Winter 2028 and Spring 2028 terms :

- **ONE round: October 1 – 31, 2026**
 - NB: programs are competitive



Tuition

Regular tuition fees to be paid to Waterloo
(2.5 credits)



programs/courses

study options through MICEFA



Option 1 full term

Take classes at one of the 18 universities with francophone students or with other language learners.

[Undergraduate Fields of Study](#)

Option 2 summer program

[4 weeks program](#)

- French language and culture courses, beginner to advanced level.
- Activities and excursions, welcome and farewell dinners.

Transfer credits

To make sure the courses you take during your exchange can be transferred, please [consult us](#) when making your course (pre)selection *as soon as the courses become available* and *before* you enroll in them.

Visit [Waterloo Passport](#) to learn about the programs and the costs

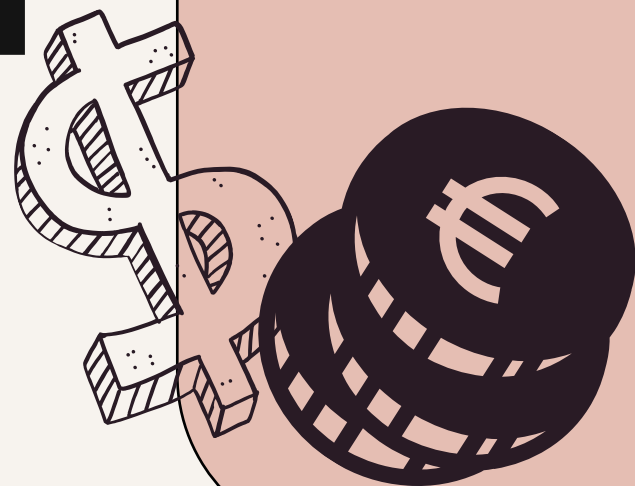


B
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T



TOTAL ESTIMATED COSTS:
Semester (5mths)
10,936€ > \$17,488

***This list is not exhaustive, for a full overview of expenses visit the [MICEFA Estimated Budget Website](#)**



EXPENSES	EUROS	\$CAD
Airfare	1300€	\$2,078
Visa & Residence Permit	700€	\$1120
Intensive Language Course	450€	\$720
Temporary Housing (optional)	475€	\$760
Student Health Care & Liability Insurance	70€	\$112
Permanent Housing (avg. cost of 600 per month, range is for a semester or full year program, incl. rental insurance cost)	3850€/semester-5mths	\$6156/semester-5mths
House Insurance (mandatory)	50€	\$80
Food (avg. cost of 200-400 per month)	1,800-3,800€/semester-5mths	\$2,878-6,076/semester-5mths
Local Transporation Pass	Navigo - 84€/month Imaginaire R - 37€/month	Navigo - \$134/month Imaginaire R - \$60/month
Books & Supplies	60-120€	\$96-192

Lausanne, Switzerland

46.51983° N, 6.6335° E



Exchange to Lausanne

Study at the
University of
Lausanne (UNIL)
in Switzerland



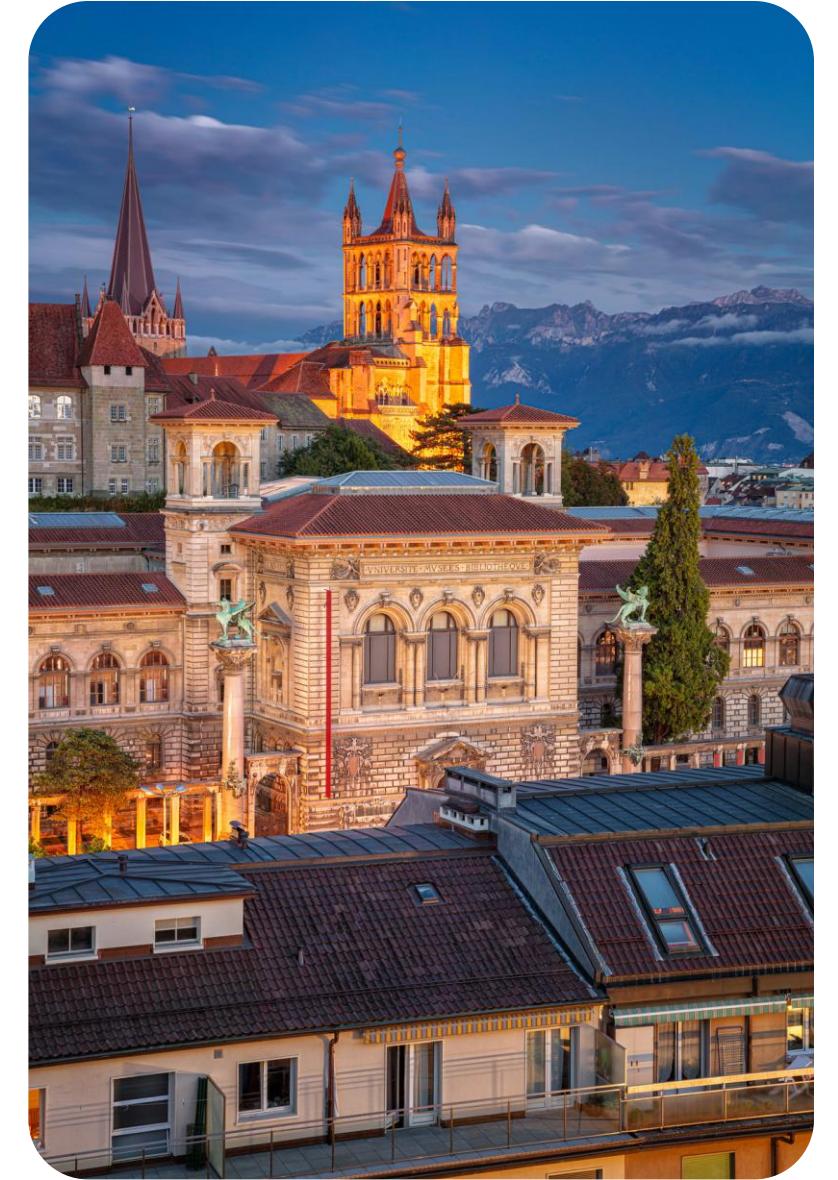
Culture

Lausanne is Switzerland's 5th city
and the official Olympic Capital.

Did we mention Swiss
Chocolate?

Explore

A breathtaking setting, diverse
landscapes and culture. Home of
the Swiss Alps & Verdant Plains.





PROCESS TO APPLY FOR LAUSANNE:



01

Mandatory Information Session

Find *Go Abroad Info Session* in [LEARN under Self Registration](#). You must get **100% on the quiz** to gain access to **Passport**. The last chance to self-register for the LEARN Information Session is **October 31, 2026, at 8:00 p.m. ET**. The last day to review the information session is **October 31, 2026, at 8:59 p.m. ET**. We will **NOT reopen** registration for the LEARN Information Session under any circumstances.

02

Contact the Global Learning Coordinator

Email studyabroad@uwaterloo.ca

Or [book a 20 minute appointment with Bintou Barrow](#)

In-person: Tuesdays

Virtual: Thursdays



Applications for Summer 2027, Fall 2027, Winter 2028 and Spring 2028 terms :

- **ONE round: October 1 – 31, 2026**
 - NB: programs are competitive

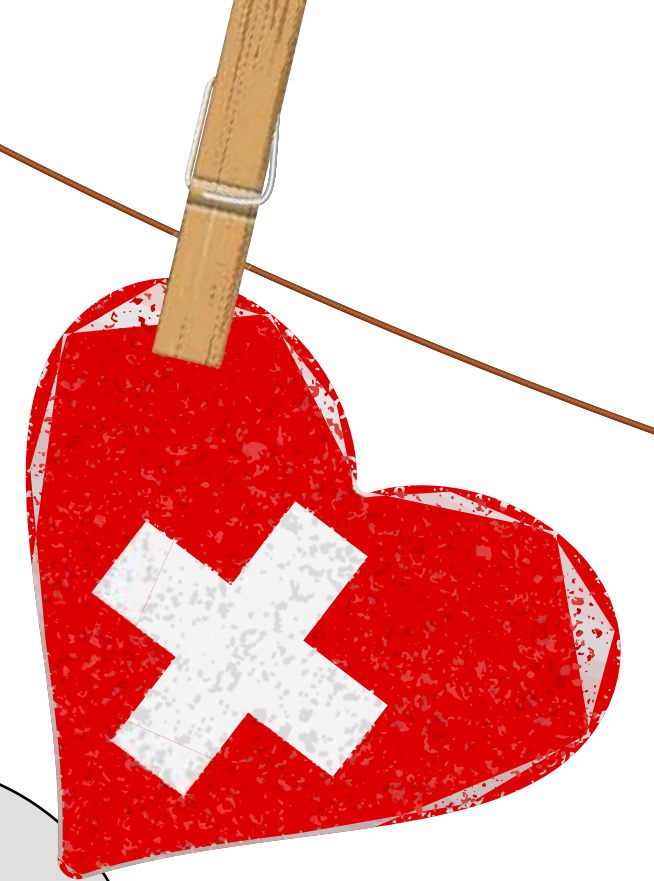
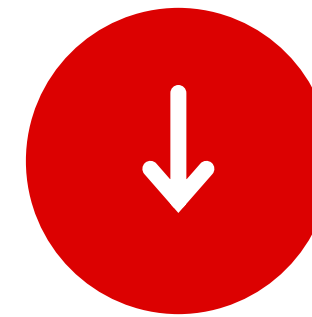


Tuition

Regular tuition fees to be paid to Waterloo
(2.5 credits)

programs/courses

study options in Lausanne [UNIL Academic Calendar](#)



Option 1 full term

- Courses with francophone students at the Modern French department of the Faculté des Lettres
- Courses in the School of French as a Foreign Language EFLE (all levels from beginner to advanced)

Option 2 summer program

- 4-6 weeks [Intensive French courses](#)
- [See 2027 options](#)

Transfer credits

To make sure the courses you take during your exchange can be transferred, please [consult us](#) when making your course (pre)selection *as soon as the courses become available* and *before* you enroll in them.

Visit [Waterloo Passport](#) to learn about the programs and the costs



These are approximate numbers



expenses to consider during your exchange

EXPENSES

the basic student budget is around
\$2320 /month, ~ \$3711 CAD

+ airfare
+ visa
+ transportation

	Euro	\$CAD
accommodation (not incl. expenses for heating, water, electricity, telephone etc.)	\$750-950	\$1200-1519
living & food	\$850-900	\$1360-1440
health & accident insurance	\$150-300	\$240-480
books & course materials	\$120-170	\$192-272

information obtained from the University of Lausanne's [Practical Information Webpage](#)



EXPLORE LAUSANNE



Lausanne & Paris: *What to pay attention to*

- **Participating bodies - this affects organization and communication chain**
 - **Lausanne:**
 - UW - Lausanne (UNIL)
 - **Paris :**
 - UW – MICEFA - one of 18 universities in Paris
- **Term start / end dates (with exams) - this may affect your next term and/or delay graduation**
 - **Lausanne**
 - Fall term: Mid Sept – end of Jan
 - Spring term: Feb – July
 - **Paris (e.g., Sorbonne Nouvelle)**
 - Fall term: Mid Sept – Christmas/Jan
 - Winter term: Mid Jan – May
- **Overall cost**
 - **Tuition** fees to UW (full time, 5 courses)
 - **Additional tuition** fees to European partners (e.g., intensive course)
 - Cost of **living**
- **Some additional stressors**
 - There may be significant delays in course offerings and scheduling (e.g., the term may be starting, and you may still not know what courses you are taking)
 - Organizing your living arrangements is up to you
- **TRANSFER CREDITS are not straight forward – this affects your COURSE SELECTION**
 - Please note that a partial course load may delay your graduation

Chicoutimi, Québec.

48.425285° N, -71.06595° E



Exchange to Chicoutimi

Study at the
University of
Quebec à
Chicoutimi
(UQAC), in the city
of Saguenay

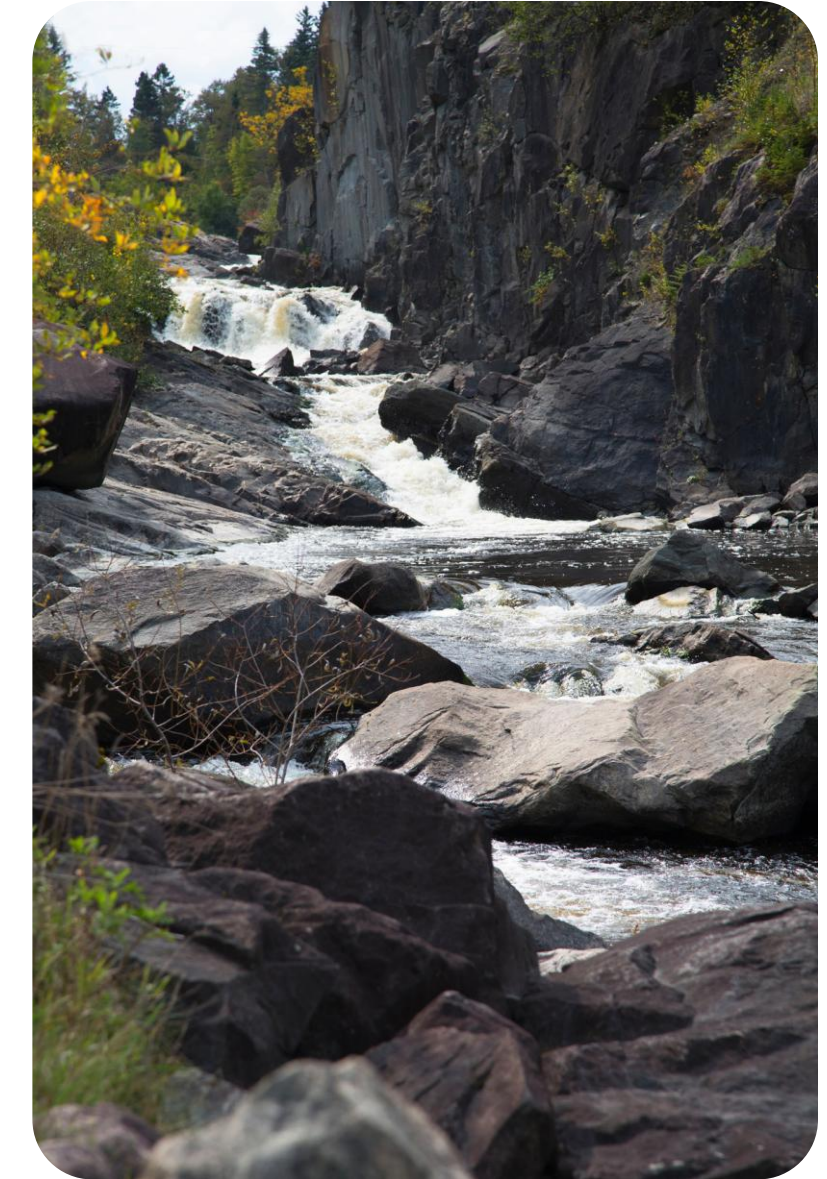
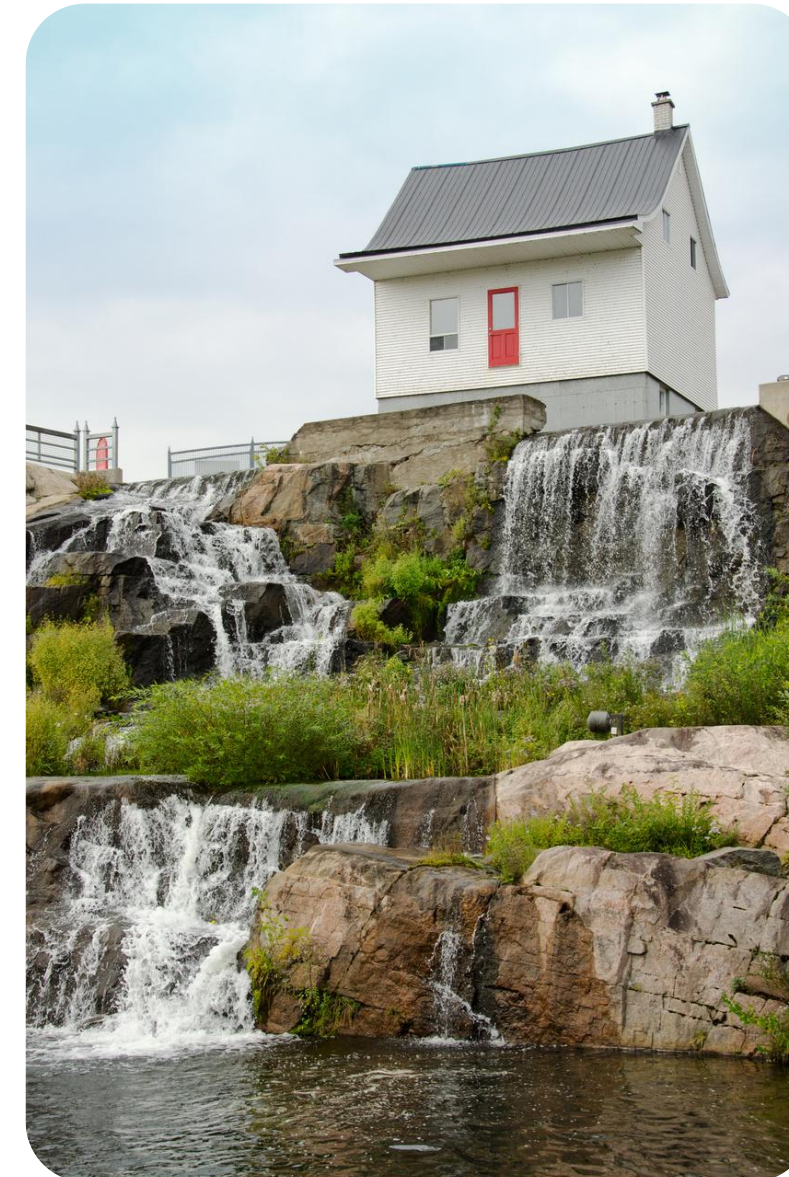


Culture

Learn about the Québec
culture and be immersed
in the French language.

Explore

Appreciate the beauty of
the region.



The Best of Both

Experience a true immersion in
French without leaving
Canada. Gain the experience of
an exchange without the cost of
going abroad.

PROCESS TO APPLY FOR CHICOUTIMI:



01

Mandatory information session

All students applying to go on exchange must attend a mandatory information session:

To access the session:

- Find Go Abroad Info Session in LEARN under Self Registration
- Review the entire 40-minute session
- Complete the Acknowledgement Quiz

02

Submit your application

To start the application procedure, submit your name and curriculum vitae to skaminsk@uwaterlooc.ca by **November 30th 2026**

03

For more details:

Visit the Chicoutimi Exchange [Website](#)



programs/courses

course requirements and offering at Chicoutimi

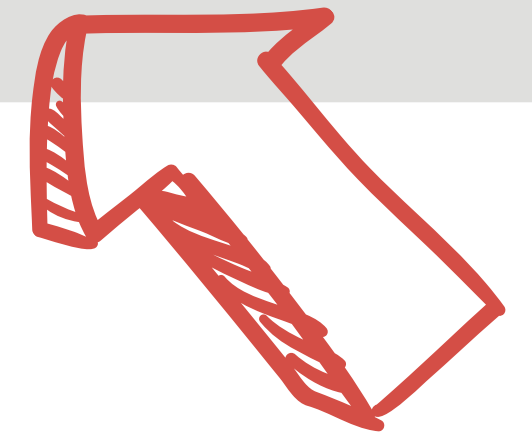


- Student are required to take a minimum of **4** courses per term within the « **Unité d'enseignement en études littéraires** », which means at least **4** literature courses per term (course code 7LIT***).
- The remaining **1** course, if you wish to take a full course load, can be taken in other subjects or online (UW).
- Please consult [UQAC's Schedule of Classes](#) for a full listing of courses offered.
 - Please [consult us](#) when making your course (pre)selection *as soon as the courses become available* and *before* you enroll in them.

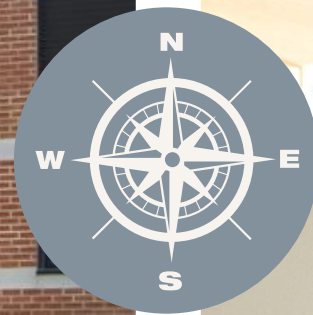
accommodations

students stay in residence

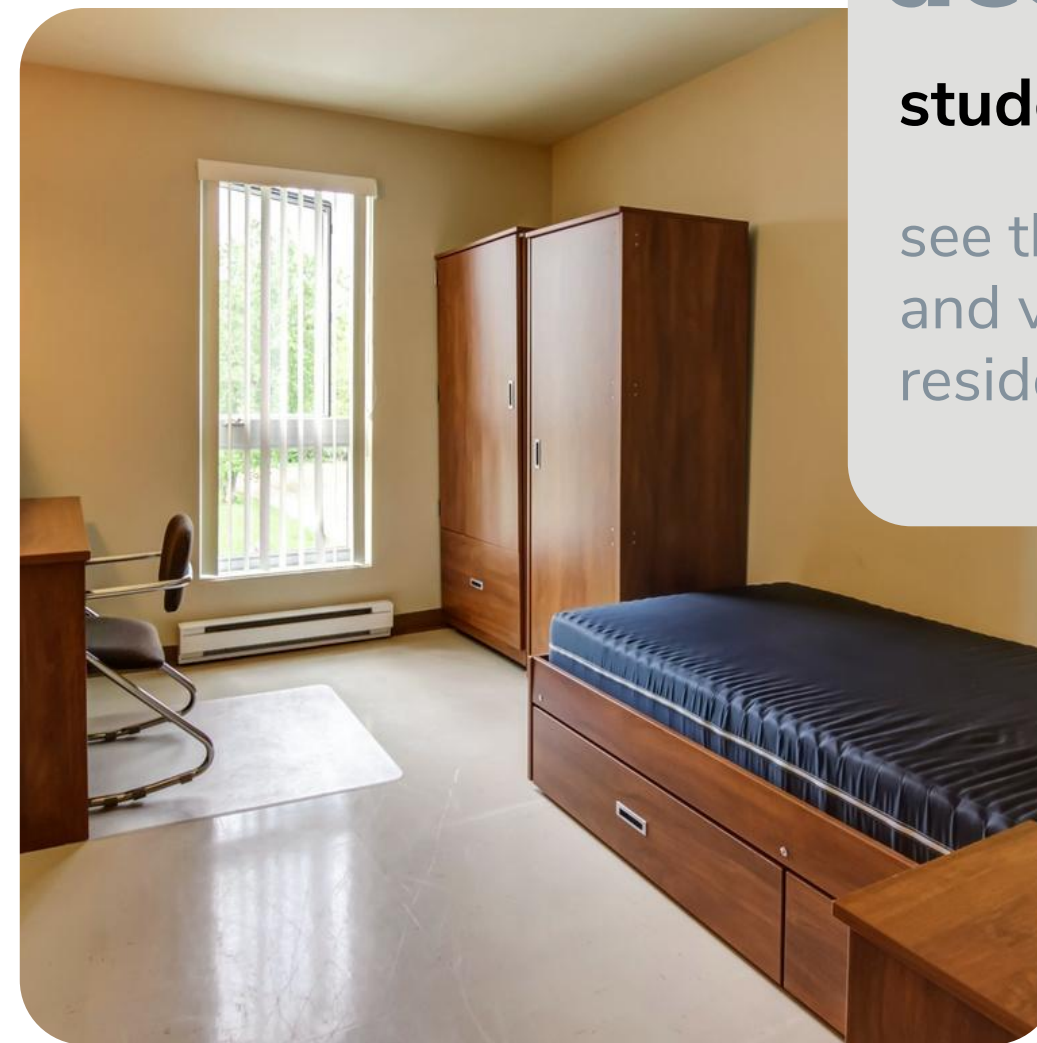
see the available configurations
and virtual tours of the Chicoutimi
residences [here](#)



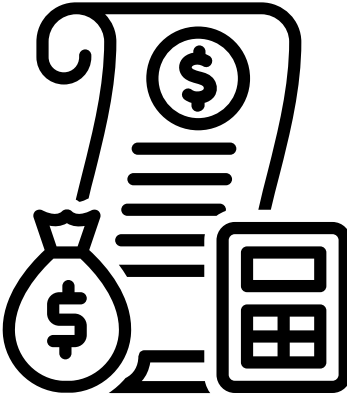
Please note that the demande
for residence rooms is very
high. To guarantee a room you
should get on the waiting list
as soon as you get the
invitation to apply (before you
actually submit your
application; you don't need a
student # for this) :
siuq.uquebec.ca/reservation



UW students are
grouped with
French-speakers to help
develop their French



budget



expenses to consider during your exchange



TUITION

- Chicoutimi tuition fees (Fall 2025)
 - Please note that the out-of-province fee is waived for you
- \$1,555.14 per term (4 courses)
- \$1,903.95 per term (5 courses)

ACCOMMODATIONS

Residence fees (monthly rate per room 2026):

- \$480 (4 rooms)
- \$505 (3 rooms)
- \$510 (2 rooms)

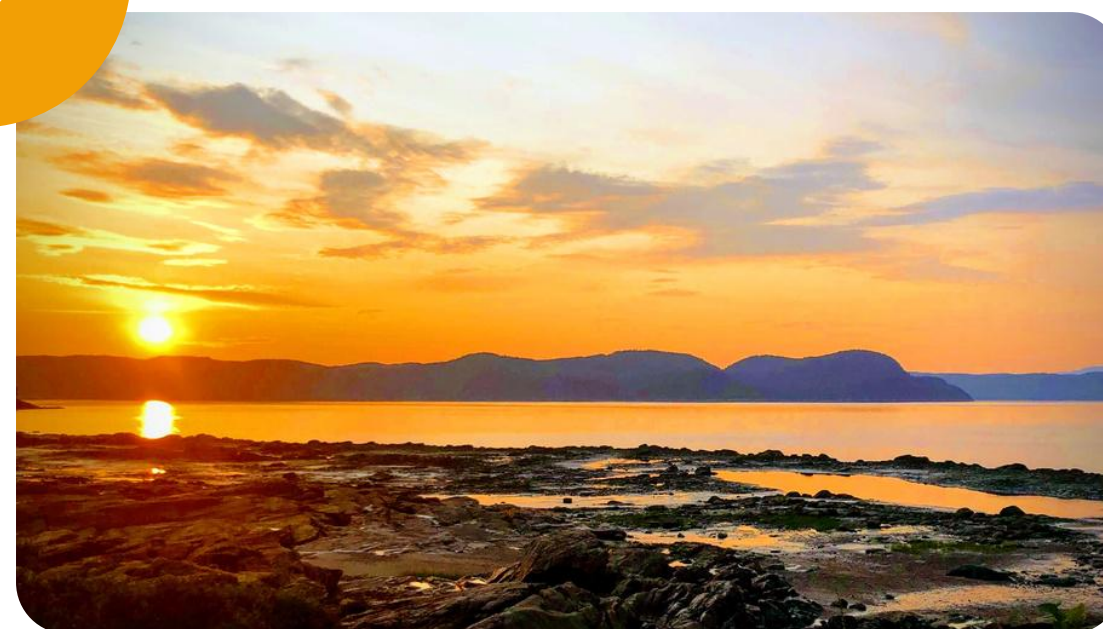
EXPENSES

- parking fees (if needed)
- textbooks
- travel to Chicoutimi
- living expenses
 - groceries
 - most goods are priced the same as in Ontario

L'UQAC:

What to note

- **Tuition fees are paid to l'UQAC and they are less than at UW**
 - Equal to domestic students
 - Out of province fee is waived for you
- **Truly Full Immersion**
 - Francophone environment: classes, residences, city
- **Canada**
 - No visa, can work or volunteer, come home
 - You can expect a similar academic experience that you are familiar with
- **Long standing exchange**
 - UQAC professors take into consideration that you are language learners
- **Term start and end dates are similar to UW**
 - Attn: Fall term starts in late August
- **Course transfers are simpler**
 - 1 course at l'UQAC = 1 course at UW
- **Guaranteed residence (if you apply for one right away)**



Saguenay:

- 98% francophone
- Medium sized city
 - 149 000 people
 - 127 people/km²
- On the Saguenay River
- 200 km north of Québec City
- Snow on the ground from October/November to April
- Average winter temperature: -16°C (but it can go as low as -40!)
- A prime location for outdoor enthusiasts: large lakes (Lake Saint-Jean), meandering rivers (Saguenay), towering mountains (Valin mountains) and a fjord (Saguenay Fjord) carved out of a glacial valley.



A close-up, shallow depth-of-field photograph of a person's hands typing on a dark-colored laptop keyboard. The person is wearing a light-colored, possibly beige or cream, long-sleeved sweater. The background is blurred, showing a desk and some indoor plants. The lighting is warm and soft.

TRANSFER CREDITS

Successfully completed courses taken at another university during the exchange will transfer as ***credits without numeric grades***.

- The Registrar's Office transfers courses that have a final grade equivalent to **60% (C-) or higher**.
- Courses with *grades below will not be transferred*.
- Credits transferred will not affect your UWaterloo GPA.

Upon completion of the exchange program, students must order an official transcript from their host university. The official transcript must be sent directly to Waterloo's Registrar's Office: 200 University Avenue West, Waterloo, ON, N2L 3G1.

Please [consult us](#) when making your course (pre)selection *as soon as the courses become available* and *before* you enroll in them.

Visit Arts International Exchange page

ARTS



About ▾ Undergraduate ▾ Graduate ▾ Schools and programs Research ▾ Alumni ▾ Faculty and staff resources News Events Support Arts

International Exchange

Internationalizing your degree

Students in the Faculty of Arts have a number of options available for going abroad during their degree, including studying overseas on an academic exchange or summer program, or applying for a [co-op job](#) or internship outside Canada.



Why Study Abroad?

Studying abroad through an exchange program offers Arts students an exciting opportunity to:

- View their academic studies through a global lens
- Build confidence in cross-cultural communication while earning an Intercultural Certificate
- Grow their professional and personal networks
- Earn credit towards their degree while paying regular tuition to Waterloo
- Meet new people, create lasting friendships, and enjoy the experience of living in a new country or region
- Travel with the support of the Waterloo intercultural learning team through the [Intercultural Competence for Exchange \(IC4E\) training program](#)
- Exchange can open up volunteer opportunities abroad that students can apply towards the [GLIDE Certificate program](#).

Where can I go?

Through [Waterloo Passport](#) you can explore destinations in over 30 countries available to Arts students.

[Check out these stories from UW exchange alumni.](#)

Learn more about studying abroad

The following information is for students in the Bachelor of Arts degree who are interested in studying abroad. After reviewing the information below, BA students can email arts.exchange@uwaterloo.ca or [book an appointment](#) to speak with the Arts Faculty exchange advisor.

AFM Students – please review the [School of Accounting and Finance exchange website](#) and email safadvisor@uwaterloo.ca to speak to an academic advisor.

Visit UWaterloo Go abroad

Go abroad

Find out how exchange can get you outside of your comfort zone, expand your world view, and support your intercultural competence skills.



How do I apply?

Explore the sections below to see what you should know as you research and prepare for your term(s) abroad. Be sure to keep the [TravelGoose tool](#) handy as you do your research.

GETTING STARTED	APPLICATION STEPS BEFORE MATCH	APPLICATION STEPS MATCH PROCESS	APPLICATION STEPS AFTER MATCH
IC4E TRAINING	TUITION, PAYMENTS, AND FINANCIAL AID	SAFETY ABROAD	STUDENT EXPERIENCES
STAYING WELL ON EXCHANGE			

Ask us

Email us at studyabroad@uwaterloo.ca

Note: For course-related inquiries, contact your Faculty Exchange Representative.

TravelGoose exchange tool

We understand that researching, applying and preparing for exchange can be a complex and involved process. That's why we collaborated with a talented group of UWaterloo design engineering students to develop [TravelGoose](#)!

[TravelGoose](#) is a tool designed to help simplify your research and preparation for exchange.