

UNIVERSITY OF WATERLOO

HEALTH PATHWAYS

#BEYONDIDEAS

UNIVERSITY OF
WATERLOO



YOUR FUTURE IN HEALTH

Health, the greatest wealth.

If you're considering a health profession – like medicine, rehabilitation, optometry, or pharmacy – the University of Waterloo is a great place to start your journey. World-renowned for our research and experiential education, you'll learn from top professors while studying at Canada's innovation university.

uwaterloo.ca/future/health



STEPS TO A CAREER IN HEALTH

1. REVIEW PROFESSIONAL PROGRAMS

Research your health-profession schools of choice to see what's available and figure out the difference between each school while confirming the field you'd like to study in.

A couple of places to start:

- › Ontario Medical School Application Service
ouac.on.ca/omsas
- › Ontario Rehabilitation Sciences Programs Application Service
ouac.on.ca/orpas

2. UNDERSTAND THE REQUIREMENTS

Once you determine the professional schools you're interested in attending, learn about the admission requirements. Each school has its own set of criteria – often both academic and non-academic – that you must meet to be considered for admission. For example, you may need to take specific courses and labs (e.g., biology, kinesiology, organic chemistry, etc.).

3. CONSIDER THE POSSIBILITIES

Now that you know the requirements for admission, find undergraduate programs that meet the academic criteria within subjects and majors that interest you most. Make note of programs that may help you meet the requirements faster than others and how you can use electives to obtain the necessary courses. Some programs/majors have built-in flexibility while others are more structured – find the programs that align with your goals and desired timeframes.

4. STUDY WHAT YOU LOVE

Choose an undergraduate program that enables you to study your passion. Over time, you'll refine your interests and learn about the many career options available in health-related fields – some may even be brand new to you.

At Waterloo, join student clubs like pre-med, pre-optometry, or pre-pharmacy and connect with our award-winning professional school advisors who can help you reach the career of your dreams.

A SUCCESSFUL CAREER STARTS WITH A STRONG FOUNDATION

To set yourself up for success, consider one of the many Waterloo programs that offer a great pathway toward a career in health.

FACULTY OF APPLIED HEALTH SCIENCES

- › Health Studies
- › Kinesiology
- › Therapeutic Recreation

FACULTY OF SCIENCE

- › Biochemistry
- › Biology
- › Biomedical Sciences
- › Honours Science
- › Life Physics
- › Psychology



“The courses and labs I took at Waterloo really prepared me for the MCAT and my studies in medical school.”

DAVID
BSc BIOMEDICAL SCIENCES
MD CANDIDATE



“Choose a program that will not only interest you as a learner but will inspire you as a leader.”

LAAVANYA
BSc HEALTH STUDIES
MD CANDIDATE

54% of Health Studies and Kinesiology grads go on to professional or graduate school

2 DEGREES EARNED

when you pursue a BSc at Waterloo and graduate from our Doctor of Pharmacy or Doctor of Optometry programs

UNIVERSITY OF
WATERLOO



FACULTY OF APPLIED HEALTH SCIENCES
519-888-4567, EXT. 36220

ahsinfo@uwaterloo.ca

uwaterloo.ca/ahs

FACULTY OF SCIENCE
519-888-4567, EXT. 36243

science@uwaterloo.ca

uwaterloo.ca/science



[university.waterloo](https://www.facebook.com/university.waterloo)



[uofwaterloo](https://www.instagram.com/uofwaterloo)

UNIVERSITY OF WATERLOO
200 UNIVERSITY AVE. W., WATERLOO, ON, CANADA N2L 3G1

uwaterloo.ca/future-students