SUMMARY AND SUGGESTIONS

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91% of respondents ranked their motivation to complete coursework, attend online lectures, or study at 5 or lower (1 being no motivation at all; 10 being extremely motivated)

73% of respondents felt they only had somewhat or inadequate support from their university and professors throughout the pandemic

How has your learning experience been throughout the COVID-19 pandemic?

• POSITIVES: no commute time, flexible schedule, participation in class is less intimidating
• NEGATIVES: screen time is very draining, high levels of stress and burn-out, lack of structure, missing the school environment, social implications, workload and expectations are higher, mentally exhausting, hard to stay engaged, lack of resources/assistance from professors

What steps did your university take to support your learning?

• Slip days + increased flexibility for deadlines
• Advocating information/programs on mental health and wellness
• Flexible office hour times to accommodate different time zones
• Virtual faculty events (game nights, trivia, etc.)
• Counselling services
• Extra study days off during the term when students normally wouldn’t have any breaks

What steps would you recommend universities take to improve the student experience?

• Spread grade weightings more evenly throughout the semester
• Better access to mental health, academic, and social support resources
• Lowered tuition rates
• Increased leniency and accommodations for assessment deadlines
• Open timeslots for students and professors to interact outside of lectures
• Standardization between courses for a fair and manageable workload
• Options for in-person classes for courses with small numbers of students
• Requirement for live lectures to be recorded for accessibility accommodations