

Suggestions for further reading on Dementia, the Covid 19 Pandemic, and Spiritual Resiliency

(additional resources in the index of *Dignity and Grace*)

Books

Everman, L., Wendorf, D. Berry, K.F., Dill, R. (2019). *Dementia Friendly Worship*. London: Jessica Kingsley Press.

McFadden, A, G, & McFadden, J. T. (2014). The role of congregations in dementia-friendly communities. *Caring Connections*, 11, no 2. <https://tinyurl.com/y9xuew99>.

Power, G. A. (2014). *Dementia beyond disease: Enhancing well-being*. Baltimore: Health Professions Press.

Ramsey, J. L. (2018). *Dignity and grace: Wisdom for caregivers and those living with dementia*. Minneapolis, MN: Fortress Press.

Ramsey, J. L. & Blieszner, R. (2013). *Spiritual resiliency and aging: Hope, relationality, and the creative self*. Amityville, NY: Baywood Publishing.

Ramsey, J. L & Blieszner, R. (1999). *Spiritual resiliency in older women: Models of strength for challenges through the life span*. Thousand Oaks, CA: Sage.

Shouse, D. (2016) *Connecting in the land of dementia: Creative activities to explore together*. Las Vegas, NV: Century Recovery Press.

Articles

American Academy of Family Physicians. *Caring for Dementia Patient During Pandemic? Try These Stress-Busting Tips (April, 2020)* <https://www.usnews.com/news/health-news/articles/2020-04-03/caring-for-dementia-patient-during-pandemic-try-these-stress-busting-tips>

Buggins, S.L. Clarke, C. & Wolverson, E. (May 28, 2020). Resiliency in older people living with dementia. Sage: *Dementia*. Abstract available online at:

<https://doi.org/10.1177/1471301220927614>

Dably, P. (2012). The lived experience of spirituality and dementia in older people living with mild to moderate dementia. *Dementia*;11, pp. 75-94. Abstract available at: <http://intl-dem.sagepub.com/content/11/1/75>

Malcom, L. & Ramsey, J. On forgiveness and healing: Narrative therapy and the gospel story. *Word and World* 30, no. 1 (Winter 2010): 23-32.

https://digitalcommons.luthersem.edu/cgi/viewcontent.cgi?article=1144&context=faculty_articles

McFadden, S. H. & Ramsey, J. L. (2010). Encountering the numinous: Relationality, the arts, and religion in later life. In T. R. Cole, R.E. Ray, & R. Kastenbaum (Eds.), *A guide to humanistic studies in aging: What does it mean to grow old?* (pp 163-181). Baltimore, MD: Johns Hopkins University Press.

Web Resources

1. Alzheimer's Association:

<https://www.youtube.com/watch?v=g06A46g8-CM>

2. Example of worship with those dealing with advanced dementia:

<https://www.usagainstalzheimer.org/blog/power-faith-alzheimers-dementia>

3. <https://www.memorycafedirectory.com/cafe-connect/>

Virtual memory cafes

4. <https://www.sciencedaily.com/releases/2012/02/120214215342.htm>

Benefits of cognitive stimulation in dementia

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A Prayer for these Days

Blessed are you who walk with dementia through a pandemic, for you will be sustained.

Blessed are you when you are physically distanced, for you will reach out in new ways.

Blessed are you when you have time on your hands, for you will find creativity.

Blessed are you who grieve, for you will be grateful.

Blessed are you when you face uncertainty, for you will look beyond yourself.

Blessed are you who must rely on one another, for you deepen understanding of love.

Blessed are you who have lost usual supports, for you will be surprised by new possibilities.

Blessed are you when you can't control today or tomorrow, for you will let go.

Blessed are you as you walk this difficult path, for in you grows tough hope.

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