Suggestions for further reading on Dementia, the Covid 19 Pandemic, and Spiritual Resiliency

(additional resources in the index of Dignity and Grace)

**Books**


**Articles**


Web Resources

1. Alzheimer’s Association:
https://www.youtube.com/watch?v=g06A46g8-CM

2. Example of worship with those dealing with advanced dementia:
https://www.usagainzlzheimers.org/blog/power-faith-alzheimers-dementia


Virtual memory cafes

4. https://www.sciencedaily.com/releases/2012/02/120214215342.htm

Benefits of cognitive stimulation in dementia

Janet L Ramsey, Ph.D.
Professor Emeritus of Congregational Care Leadership, Luther Seminary, St Paul, MN.
jramsey@luthersem.edu
Blessed are you who walk with dementia through a pandemic, for you will be sustained.

Blessed are you when you are physically distanced, for you will reach out in new ways.

Blessed are you when you have time on your hands, for you will find creativity.

Blessed are you who grieve, for you will be grateful.

Blessed are you when you face uncertainty, for you will look beyond yourself.

Blessed are you who must rely on one another, for you deepen understanding of love.

Blessed are you who have lost usual supports, for you will be surprised by new possibilities.

Blessed are you when you can’t control today or tomorrow, for you will let go.

Blessed are you as you walk this difficult path, for in you grows tough hope.