SPIRITUALITY AND AGING is an integral component of the Schlegel-University of Waterloo Research Institute for Aging (RIA) that is housed at Conrad Grebel University College.

Spirituality and Aging’s two-fold purpose is to promote research in the field of spirituality and aging to enhance the well-being of older adults, and to be a resource to students, clergy, spiritual care practitioners, caregivers, professionals, and the general public, through university classes, public lectures, and workshops.

RESEARCH

This program area promotes research and education in the field of spirituality that will benefit the lives of current and incoming residents and team members in retirement and long-term care. The goal is to provide spiritual care that will support the diverse needs of the growing aging population.
“Spirituality is at the core of human experience. If we are committed to assisting all people to age well, then facilitating the growth, development, and expression of an individual’s spirituality is integral to the aging journey.”

**PUBLIC EDUCATION**

An annual Spirituality and Aging Seminar is often held in June, and other opportunities for learning and engagement are offered according to interest.

**UNIVERSITY COURSE**

TS 689/RS 387 *Aging and the Spiritual Life* will be offered Winter 2020. This is a combined undergraduate and graduate course that attracts students across the age spectrum, enabling engagement across generations, cultures, and faith perspectives.

**THE SCHLE格尔 SPECIALIST IN SPIRITUALITY AND AGING**

provides leadership to the RIA Spiritual Care for Seniors program. This person creates a body of research, provides resources for long term care, and educates the community on issues of spirituality and aging. Jane Kuepfer is available for speaking engagements, consulting, and training. She will also teach *Aging and the Spiritual Life* in 2020.

**SPIRITUALITY AND AGING**

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