

## ABOUT BILL RANDALL, MDiv, EdD

Bill Randall, MDiv, EdD, is Professor of Gerontology at St. Thomas University. Prior to entering academic life, he was a minister with the United Church of Canada, serving pastorates in Saskatchewan, Ontario, and New Brunswick. A graduate of Harvard, Princeton Seminary, and the University of Toronto, he is author or co-author of over 60 scholarly publications on topics related to narrative gerontology, with a special interest in the importance of narrative care with older adults. Among his books are: *Reading Our Lives: The Poetics of Growing Old* (with Elizabeth McKim, Oxford UP, 2008) and *The Narrative Complexity of Ordinary Life: Tales from the Coffee Shop* (Oxford UP, 2015).



[www.williamrandall.com](http://www.williamrandall.com)

## THE SCHLEGEL-UNIVERSITY OF WATERLOO RESEARCH INSTITUTE FOR AGING

The Schlegel-UWaterloo Research for Aging (RIA) is a partnership between the University of Waterloo and the Schlegel Villages. The RIA promotes research relevant to aging in both community and long-term care settings by providing a voluntary and vibrant living research environment. This research is translated to a knowledge base from which policy and best practices can be developed and applied to the health care system.

The University and Schlegel Villages partnership is evident also in the creation of the Centre of Excellence for Innovation in Aging located on UWaterloo's North Campus. The Centre includes Ontario's first purpose-built teaching long-term care (LTC) home which is connected to a research and training building (the RIA building). The intent of the project is to promote and encourage the co-mingling of seniors, students, educators, and researchers.

Research Institute for Aging  
519-904-0660  
[www.the-ria.ca](http://www.the-ria.ca)

### The Spirituality and Aging Program

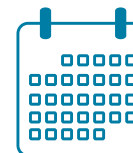
Spirituality and Aging is a program of RIA with a two-fold purpose: to promote and disseminate research in the field of spirituality and aging that will enhance the well-being of older adults; and to be a resource to students, community clergy, chaplains, and caregivers through classes, lectures, and workshops.

Jane Kuepfer, the Schlegel Specialist in Spirituality and Aging, provides leadership to the RIA Spiritual Care for Seniors program. Jane creates a body of research, provides training resources for care staff, and educates family members or caretakers.

[jane.kuepfer@uwaterloo.ca](mailto:jane.kuepfer@uwaterloo.ca)  
519-885-0220 x24232  
[grebel.ca/spirituality](http://grebel.ca/spirituality)



# Spirituality and Aging



**TWO UPCOMING SEMINARS:**  
**Thursday, November 15, 2018**  
**Friday, November 16, 2018**

**RIA** RESEARCH  
INSTITUTE  
for AGING  
Schlegel • UWaterloo • Conestoga

*Enhancing Life*



Conrad Grebel  
University College

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## Aging as a Natural Monastery: Spirituality in Later Life

**Thursday, November 15, 2018, 4 PM**

Steinmann Mennonite Church  
1316 Snyder's Rd W, Baden, ON N3A 3K8

Join Bill Randall in considering the many respects in which aging is an inherently spiritual process—not religious necessarily, but spiritual (broadly defined). Despite prevailing perceptions of aging as a matter of inevitable decline, the challenges and changes that come with it can be experienced as nature's way of nudging us into the adventure of truly *growing* old (vs just getting old)—growing in insight, understanding, and compassion.

### THURSDAY SCHEDULE

4 PM Presentation  
5 PM Light Supper

Pay \$20 cash, at the door

Contact Steinmann Mennonite Church  
at [office@smchurch.ca](mailto:office@smchurch.ca) or (519) 634-8311  
by Friday, November 9, 2018,  
to reserve your spot.

## Spirituality, Aging & Narrative: The Sacred Art of Story Listening

**Friday, November 16, 2018, 8:30 AM – 3:30 PM**

Great Hall, Conrad Grebel University College, 140 Westmount Road North, Waterloo, ON N2L 3G6

When someone says, “That’s the story of my life,” what do you understand them to mean? Is their story one of liberation or loss? Is it a tragedy, a comedy, a romance, an adventure? Is it rooted in a larger story, of a people, a community, a family, a faith?

In the morning session, we will explore the intersections between spirituality and narrative, and between narrative and aging, focusing on both the unique developmental tasks of later life, and the challenges aging poses to our stories. The afternoon will introduce the sacred art of storylistening and prepare participants to provide narrative care.

**FRIDAY Registration Fee: \$60.00  
(\$30.00 for students and those 65+)**

**Register by Friday, November 9, 2018**

Register online at [grebel.ca/spirituality](http://grebel.ca/spirituality)  
or contact Sarah at 519-885-0220 x24264  
or [sarah.mackeil@uwaterloo.ca](mailto:sarah.mackeil@uwaterloo.ca)

Personal cheques or credit cards  
accepted.

Make cheques payable to Conrad Grebel  
University College.

Please bring a lunch or enjoy local  
restaurants.

