

Honours History Academic Plan Checklist
(for students declaring History as of September 2026 or later)

History Requirements

Cumulative History average at least 70%

HIST 250

Choose one from each of three fields:
Pre-1800s, Post-1800s, and Canadian
(course list found on second page)

Additional History courses
(Maximum **two** 100-level courses)

- Pre-1800s _____
 Post-1800s _____
 Canadian _____

- HIST 1 ____ / 2 ____ / 3 ____ / 4 ____
 HIST 1 ____ / 2 ____ / 3 ____ / 4 ____
 HIST 2 ____ / 3 ____ / 4 ____

- HIST 2 _____ HIST 3 _____ HIST 4 _____
 HIST 2 _____ HIST 3 _____ HIST 4 _____
 HIST 2 _____ HIST 3 _____ HIST 4 _____

*You may take HIST 422 up to 3 times, and HIST 450 twice, with different content.

*Students may only complete one course from any cross-listed set.

**Students may choose to focus their elective choices by completing a maximum of one of three available specializations: Global Interactions, International Relations (with Political Science), and Revolution, War, Upheaval

Arts Faculty Requirements

- English Language Proficiency Requirement
 20 academic credit units; at least 8 credit units above the 100-level
 Bachelor of Arts Breadth Requirements

Requirement	Units	Subjects	My courses
Fine Arts	0.5	DAC, THPRF, FINE, MUSIC, COMMST, VCULT HIST 309 is cross-listed with COMMST 434 and may count here.	
Humanities	1.0	CLAS, ENGL, HIST, MEDVL, PHIL	
Languages and Cultures	1.0	ARABIC, ASL, CHINA, CI, CROAT, DUTCH, EASIA, FR, GER, GRK, ITAL, ITALST, JAPAN, JS, KOREA, LAT, MOHAWK, PORT, RCS, REES, RUSS, SI, SPAN HIST 231R and HIST 377R are cross-listed with EASIA courses and may count here.	
Social Sciences*	2.0	ANTH, ECON, PSCI, PSYCH, SDS, SOC *No more than one academic unit (two courses) in the same discipline may count towards the Social Sciences requirement. HIST 369 and HIST 225 are cross-listed with Social Science courses and may count here.	
Transdisciplinary Studies	0.5	AFM, APPLS, ARBUS, ARTS, BLKST, BUS, CMW, GA, GSJ, HHUM, HRM, HRTS, HUMSC, INDG, INDENT, INNOV, INTST, LS, MENN, MGMT, PACS, SFM, SRF, SOCWK, WS HIST 205, 210, 212, 232, 236, 277, 317, 318, 347 , and 321 are cross-listed with Transdis. courses and may count here.	

IMPORTANT: It is the student's responsibility to ensure all degree requirements are fulfilled in accordance with the official University of Waterloo academic requirements. These requirements are found in the on-line version of the [University Academic Calendar](#). If there is a discrepancy between the information on this form and the online calendar, the online calendar is the official version.

History Field Courses

Pre-1800s Courses

- CLAS 210/HIST210: History of Ancient Law
- CLAS 251/HIST 242: Greek History
- CLAS 252/HIST 252: Roman History
- GSJ 347/HIST 347: Witches, Wives, and Whores
- HIST 236/LS 236: Law and Society in the Middle Ages
- HIST 260/MEDVL 260: Medieval Europe
- HIST 262: Early Modern Europe
- HIST 304/MEDVL 304: Heresy and Religious Crises in Late Medieval Europe
- HIST 317/SRF 317: History of Sexuality: The Pre-Modern Period
- HIST 329 - Origins of the Common Law
- HIST 348/RCS 344: The Radical Reformation
- HIST 379/RCS 343: Reformation History

Canadian Courses

- EASIA 220R/HIST 231R: The History of East Asian Communities in Canada
- HIST 209: Smallpox to Medicare: Canadian Medical History
- HIST 221: Racism and Response in Canadian History
- HIST 225/SDS 205R: History of Education in Canada
- HIST 226: Canada in World War 2
- HIST 253: Canada: Culture and Conflicts in the Colonial Era
- HIST 254: Canada Since 1867: A New Nation
- HIST 256: Murder in Canadian History
- HIST 269: Indigenous Histories in Canada
- HIST 277/LS 237: Canadian Legal History
- HIST 324: Gardens and Gardeners in Canada: A History
- HIST 328: Matriarchs, Warriors, and Aunties: Indigenous Women in Canadian History

- HIST 324: Cold War Canada
- HIST 350: Canadian and the Americas
- HIST 351: Canada: The Immigrant Experiences
- HIST 374: Canada's Social History
- HIST 389: Canada in World Affairs

Post-1800s Courses

- HIST 228: Violence, Justice, and Memory
- HIST 232/PACS 203: A History of Peace Movements
- HIST 235/RCS 240: History of Christianity
- HIST 246: Environmental History
- HIST 268: A Global History of Empires
- HIST 275: The Modern World in Historical Perspective
- HIST 276: History of Death
- HIST 311: International Relations
- HIST 312: The First World War
- HIST 318/SRF 318: History of Sexuality: The Modern Period
- HIST 321/LS 331: Human Rights in Historical Perspective
- HIST 322: Global History of the Prison
- HIST 369/PSCI 369: The Politics of Decolonization

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Specializations

Global Interactions

4 courses from:

- HIST 216: From Gutenberg to Zuckerberg: A (Long) History of the Internet
- HIST 268: A Global History of Empires
- HIST 275: The Modern World in Historical Perspective
- HIST 321/LS 331: Human Rights in Historical Perspective
- HIST 322: Global History of the Detention Camp
- HIST 323: Global History of the Prison
- HIST 351: Canada: The Immigrant Experience
- HIST 369/PSCI 369: The Politics of Decolonization
- HIST 389: Canada in World Affairs

Revolution, War, and Upheaval

4 courses from:

- HIST 226: Canada in World War 2
- HIST 232/PACS 203: A History of Peace Movements
- HIST 304/MEDVL 304/RCS 342: Heresy and Religious Crises in Late Medieval Europe
- HIST 312: The First World War
- HIST 314: The American Civil Rights Movement
- HIST 358: Nazi Germany
- HIST 369/PSCI 369: The Politics of Decolonization
- HIST 377R/EASIA 377R: Cold War in East Asia
- HIST 379/RCS 343: Reformation History

International Relations - with Political Science

The International Relations Specialization requires the successful completion of **six** courses:

- PSCI 281: Introduction to International Relations and
- PSCI 282: Foreign Policy

3 Additional History courses from:

- HIST 230 Introduction to the Modern Middle East
- HIST 268: A Global History of Empires
- HIST 282: History of Modern South Asia 1750-2000
- HIST 311: International Relations, 1890-1951
- HIST 315: U.S. and the World
- HIST 350: Canada and the Americas
- HIST 369/PSCI 369: The Politics of Decolonization
- HIST 389: Canada in World Affairs
- PSCI 257: Introduction to Middle East Politics

1 Political Science course from:

- PSCI 481: Interstate War
- PSCI 482: Advanced Issues in Security Studies
- PSCI 486: Special Topics in International Diplomacy
- PSCI 487: International Relations Theory