

**Three-Year General History Academic Plan Checklist**  
(for students declaring History as of September 2026 or later)

**History Requirements**

Cumulative History average at least 65%

HIST 250

Choose one from each of three fields:  
Pre-1800s, Post-1800s, and Canadian  
(course list found on second page)

- Pre-1800s \_\_\_\_\_  
 Post-1800s \_\_\_\_\_  
 Canadian \_\_\_\_\_

*Additional History courses*  
(Maximum **two** 100-level courses)

- HIST 1 \_\_\_\_\_ / 2 \_\_\_\_\_ / 3 \_\_\_\_\_ / 4 \_\_\_\_\_  
 HIST 1 \_\_\_\_\_ / 2 \_\_\_\_\_ / 3 \_\_\_\_\_ / 4 \_\_\_\_\_  
 HIST 2 \_\_\_\_\_ / 3 \_\_\_\_\_ / 4 \_\_\_\_\_

- HIST 3 \_\_\_\_\_  
 HIST 3 \_\_\_\_\_  
 HIST 3 \_\_\_\_\_

\*Students may only complete one course from any cross-listed set.

\*\*Students may choose to focus their elective choices by completing a maximum of one of three available specializations: Global Interactions, International Relations (with Political Science), and Revolution, War, Upheaval

**Arts Faculty Requirements**

- English Language Proficiency Requirement  
 15 academic credit units; at least 8 credit units above the 200-level  
 Bachelor of Arts Breadth Requirements

Requirement	Units	Subjects	My courses
<b>Fine Arts</b>	0.5	DAC, THPRF, FINE, MUSIC, COMMST, VCULT <b>HIST 309</b> is cross-listed with COMMST 434 and may count here.	
<b>Humanities</b>	1.0	CLAS, ENGL, HIST, MEDVL, PHIL	
<b>Languages and Cultures</b>	1.0	ARABIC, ASL, CHINA, CI, CROAT, DUTCH, EASIA, FR, GER, GRK, ITAL, ITALST, JAPAN, JS, KOREA, LAT, MOHAWK, PORT, RCS, REES, RUSS, SI, SPAN <b>HIST 231R</b> and <b>HIST 377R</b> are cross-listed with EASIA courses and may count here.	
<b>Social Sciences*</b>	2.0	ANTH, ECON, PSCI, PSYCH, SDS, SOC *No more than one academic unit (two courses) in the same discipline may count towards the Social Sciences requirement.  <b>HIST 369</b> and <b>HIST 225</b> are cross-listed with Social Science courses and may count here.	
<b>Transdisciplinary Studies</b>	0.5	AFM, APPLS, ARBUS, ARTS, BLKST, BUS, CMW, GA, GSJ, HHUM, HRM, HRTS, HUMSC, INDG, INDENT, INNOV, INTST, LS, MENN, MGMT, PACS, SFM, SRF, SOCWK, WS <b>HIST 205, 210, 212, 232, 236, 277, 317, 318, 347</b> , and <b>321</b> are cross-listed with Transdis. courses and may count here.	

**IMPORTANT:** It is the student's responsibility to ensure all degree requirements are fulfilled in accordance with the official University of Waterloo academic requirements. These requirements are found in the on-line version of the [University Academic Calendar](#). If there is a discrepancy between the information on this form and the online calendar, the online calendar is the official version.

## History Field Courses

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### Pre-1800s Courses

- CLAS 210/HIST210: History of Ancient Law
- CLAS 251/HIST 242: Greek History
- CLAS 252/HIST 252: Roman History
- GSJ 347/HIST 347: Witches, Wives, and Whores
- HIST 236/LS 236: Law and Society in the Middle Ages
- HIST 260/MEDVL 260: Medieval Europe
- HIST 262: Early Modern Europe
- HIST 304/MEDVL 304: Heresy and Religious Crises in Late Medieval Europe
- HIST 317/SRF 317: History of Sexuality: The Pre-Modern Period
- HIST 329 - Origins of the Common Law
- HIST 348/RCS 344: The Radical Reformation
- HIST 379/RCS 343: Reformation History

### Canadian Courses

- EASIA 220R/HIST 231R: The History of East Asian Communities in Canada
- HIST 209: Smallpox to Medicare: Canadian Medical History
- HIST 221: Racism and Response in Canadian History
- HIST 225/SDS 205R: History of Education in Canada
- HIST 226: Canada in World War 2
- HIST 253: Canada: Culture and Conflicts in the Colonial Era
- HIST 254: Canada Since 1867: A New Nation
- HIST 256: Murder in Canadian History
- HIST 269: Indigenous Histories in Canada
- HIST 277/LS 237: Canadian Legal History
- HIST 324: Gardens and Gardeners in Canada: A History
- HIST 328: Matriarchs, Warriors, and Aunties: Indigenous Women in Canadian History

- HIST 324: Cold War Canada
- HIST 350: Canadian and the Americas
- HIST 351: Canada: The Immigrant Experiences
- HIST 374: Canada's Social History
- HIST 389: Canada in World Affairs

### Post-1800s Courses

- HIST 228: Violence, Justice, and Memory
- HIST 232/PACS 203: A History of Peace Movements
- HIST 235/RCS 240: History of Christianity
- HIST 246: Environmental History
- HIST 268: A Global History of Empires
- HIST 275: The Modern World in Historical Perspective
- HIST 276: History of Death
- HIST 311: International Relations
- HIST 312: The First World War
- HIST 318/SRF 318: History of Sexuality: The Modern Period
- HIST 321/LS 331: Human Rights in Historical Perspective
- HIST 322: Global History of the Prison
- HIST 369/PSCI 369: The Politics of Decolonization

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## Specializations

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### Global Interactions

4 courses from:

- HIST 216: From Gutenberg to Zuckerberg: A (Long) History of the Internet
- HIST 268: A Global History of Empires
- HIST 275: The Modern World in Historical Perspective
- HIST 321/LS 331: Human Rights in Historical Perspective
- HIST 322: Global History of the Detention Camp
- HIST 323: Global History of the Prison
- HIST 351: Canada: The Immigrant Experience
- HIST 369/PSCI 369: The Politics of Decolonization
- HIST 389: Canada in World Affairs

### Revolution, War, and Upheaval

4 courses from:

- HIST 226: Canada in World War 2
- HIST 232/PACS 203: A History of Peace Movements
- HIST 304/MEDVL 304/RCS 342: Heresy and Religious Crises in Late Medieval Europe
- HIST 312: The First World War
- HIST 314: The American Civil Rights Movement
- HIST 358: Nazi Germany
- HIST 369/PSCI 369: The Politics of Decolonization
- HIST 377R/EASIA 377R: Cold War in East Asia
- HIST 379/RCS 343: Reformation History

### International Relations - with Political Science

The International Relations Specialization requires the successful completion of **six** courses:

- PSCI 281: Introduction to International Relations and
- PSCI 282: Foreign Policy

3 Additional History courses from:

- HIST 230 Introduction to the Modern Middle East
- HIST 268: A Global History of Empires
- HIST 282: History of Modern South Asia 1750-2000
- HIST 311: International Relations, 1890-1951
- HIST 315: U.S. and the World
- HIST 350: Canada and the Americas
- HIST 369/PSCI 369: The Politics of Decolonization
- HIST 389: Canada in World Affairs
- PSCI 257: Introduction to Middle East Politics

1 Political Science course from:

- PSCI 481: Interstate War
- PSCI 482: Advanced Issues in Security Studies
- PSCI 486: Special Topics in International Diplomacy
- PSCI 487: International Relations Theory