Peer Leader Profile

Recreation and Leisure Living-Learning Community

1. Why did you choose to be a Peer Leader?
I wanted to continue to connect with first year students I met when I was an experience leader for the summer Student Life 101 program. I also wanted to create a community within recreation students.

2. What program are you studying?
Recreation and Business and Geography and Environmental Management.

3. What have you learned as a Peer Leader?
Success means different things to a lot of people. Goal setting is important and the first step in achieving those goals is to take initiative.

4. What’s one of your favourite memories from being a Peer Leader?
Connecting with the faculty and staff...it’s a great way to get to know these people outside of academics.

5. My favourite LLC event I planned this term was...
The “survive end of term” event. We had about 10 upper students that talked with first year students about exams, studying, co-op experiences and our newest addition to the faculty - the Recreation and Leisure Studies Students Association!

6. What would you say to a student who is thinking of joining the Recreation and Leisure LLC?
[The LLC gives you] many helpful tips surrounding first year, such as how to talk to professors, how to write a multiple choice test, what “balance” really means, how to keep up with readings and much more. A Peer Leader will help you set goals and plan how to achieve them.

“[One of my favourite memories from being a Peer Leader was] connecting with faculty and staff...it’s a great way to get to know these people outside of academics.”