

Aging with Dementia in Indigenous Communities Tip Sheet

- Within Indigenous communities, dementia is thought of as a **natural part** of the circle of life
- There is **no all-encompassing word for dementia**. Instead, descriptions of dementia symptoms may include “forgetful” and “something wrong with my head”
- **Take time** to learn more about dementia and the communities and cultures that you serve, approaching the topic with respect and care as dementia may not be an accepted or recognized term for individuals