

MATH WELLNESS

B**I****N****G****O**

March's prize: \$50 gift card to Sweet & Savoury Pie Shop

Check out the Math events page for info about Faculty of Math events

**Go to a
Thursday
meditation
session**

Stretch!

**Go on a
walk**

**Go to bed 30
minutes
early**

**Attend a
Faculty of
Math event**

**Bring your
lunch from
home**

**Clean your
room/desk**

**Come to the
Queer Film
Series
(March 21)**

Take a nap

**Make a
suggestion
to Have
Your Say!**

**Attend the
Indigenous
Learning
Circle
(March 5)**

**Make a new
playlist**

FREE

**Try a new
sport or
activity**

**Opt for
reusable
cutlery over
disposable**

**Celebrate
Pi(e) Day!**

**Limit your
screen time**

**Take a
break**

**Have a
meatless
Monday**

**Celebrate
International
Women's Day**

**Drink more
water**

**Try a new
recipe**

**Take the
stairs**

**Do your
taxes**

Read a book