Client Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

uWaterloo_fl_k

**Fees for Friends for Life Group Therapy**

Friends for Life is a group treatment program designed to build resilience and to reduce anxiety in school age children. The program includes ten 1.5 hour sessions led by senior doctoral students and pre-doctoral residents in clinical psychology. The program is supervised by a registered clinical psychologist. We charge fees for ten 1.5-hour weekly group therapy sessions plus a one-time fee of $20 for the children’s activity book.

Listed below is a standard income-based fee scale for psychological services.

* While the recommended rate from the Ontario Psychological Association for group or individual psychological services is $225/hour, as a training site we provide services at a lower cost. Please use the Fee Schedule to determine the fee that applies to you.
* If you are on social services, have no income, or would like to discuss your fees, please speak with the Director of the Centre for Mental Health Research and Treatment at 519-888-4567, ext. 33171.
* Many extended health insurance carriers reimburse fees for psychological services, either wholly or partially. We encourage all clients to please check with their insurance plan to determine if the services provided to you by the CMHRT would be approved for reimbursement

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**Combined Family Income Suggested Group Therapy Fee**

**Annual Salary (10 week program + materials)**

|  |  |
| --- | --- |
| >100K  90-99K  80-89K  70-79K  60-69K  50-59K  40-49K  30-39K  ≤30K | $850.00+ $20 = 870  $800.00+ $20 = 820  $750.00+ $20 = 770  $700.00+ $20 = 720  $650.00+ $20 = 670  $600.00+ $20 = 620  $550.00+ $20 = 570  $500.00+ $20 = 520  $450.00+ $20 = 470 |

I will pay $ \_\_\_\_\_\_\_ for the 10 week, 1.5-hour group program and materials. (Please note that this fee may be re-negotiated at a later time if your situation changes.)

You may pay the total fee prior to the start of the program or in two installments (paid at session 1 and session 5). If you need consideration of the payment schedule, please speak with the CMHRT Director.

Please note the following policy on **missed or cancelled sessions**.

We are generally unable to refund individual session costs for a missed session. We request that you notify the group leaders in advance if you cannot attend a session. You may leave a voicemail message at the Centre to notify us that you cannot attend a session at (519) 888-4567, ext. 33842 or at cmhrt@uwaterloo.ca. Given the nature of the group, we expect you to arrive on time to avoid disruptions caused by joining late.

Client Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_