

**Fees for University of Waterloo Students**

* Fees for Centre for Mental Health Research and Treatment (CMHRT) psychological services provided to UW students are billed directly to students’ health insurance plans through Sun Life Financial. This plan provides up to $500 per year of coverage for psychological services.
* UW students do not pay out of pocket for any psychological services they receive at the CMHRT. We charge Sun Life directly at a rate of $50 per session, up to a maximum of $500 per year.
* The rate of $50 per session represents the bottom of our sliding fee scale for any non-UW students receiving psychological services at the CMHRT. We apply this same rate to any CMHRT psychological service provided to UW students, including individual therapy, psychoeducational assessments, and group therapy.
* CMHRT psychological services are fully subsidized and free of charge for students without Sun Life coverage or for whom coverage has been fully consumed. We recognize that effective psychological treatment often requires access to more than the maximum coverage provided by student health insurance.
* Please note our **policy on** **missed, late, or cancelled sessions**:

We require that you notify your clinician at least 24 hours in advance if you cannot make a session. You may leave a voicemail message at the Centre to notify us that you cannot make a session at (519) 888-4567, ext. 33842 or send an email to cmhrt@uwaterloo.ca. **As a UW student, you will be charged $50 for sessions that are missed without giving such notice, barring (of course) emergencies and sudden illness. Your insurance will not cover this cost.** Further, if you arrive more than 20 minutes late for a session, the clinician will be unable to provide you with any service as this does not leave enough time.

 Client Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_