Client Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_



**Fees for Individual Therapy (University of Waterloo Students)**

* We charge fees for both your assessment and for treatment.
* While the recommended rate from the Ontario Psychological Association for psychological services is $225/hour, as a training site we provide services at a lower cost.
* We set the hourly rate for University of Waterloo students at the lower end of our general sliding scale ($50/hour).
* Similar to all CMHRT clients, students pay fees directly to the CMHRT. UW students will be provided with information on how to access their reimbursement from UW student health insurance benefits from SunLife.
* Students who cannot access extended health insurance, such as the student health insurance program through SunLife, may request further reductions to the hourly fee as needed. These reductions need to be approved by the Director of the Centre for Mental Health Research and Treatment (CMHRT). Please speak with your assigned clinician if you need further reductions for fees.

I will pay $ \_\_\_\_\_\_\_ per session of treatment. (Please note that this fee may be re-negotiated at a later time if your situation changes.)

Please note the following policy on **missed, late, or cancelled sessions**.

We require that you notify your clinician at least 24 hours in advance if you cannot make a session. You may leave a voicemail message at the Centre to notify us that you cannot make a session at (519) 888-4567, ext. 33842 or at cmhrt@uwaterloo.ca. You will be charged for sessions that are missed without giving such notice, barring (of course) emergencies and sudden illness. If you arrive more than 20 minutes late for a session, the clinician will be unable to provide you with any service as this does not leave enough time.

Client Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_