Learning Disabilities (LD) and Attention-Deficit/Hyperactivity Disorder (ADHD) are relatively common, frequently comorbid, and highly persistent Neurodevelopmental Disorders that present a variety of clinical challenges. In this Workshop, Drs. Phillips and McAuley will share their expertise in implementing best practices in evidence-based, lifespan-focused assessment and psychotherapy for children, adolescents, and adults with LD and ADHD. Attendees are expected to have basic knowledge and skills in psychotherapy. Attendees will earn 6.0 CPA-approved CE credits.

Workshop attendees will learn to:

1. Utilize the new OPA consensus guidelines for best practice to assess and diagnose LD across all sectors of psychology and all ages and populations
2. Understand how to navigate the complexities of assessing and diagnosing ADHD
3. Develop an evidence-informed approach to case formulation of mental health issues in Neurodevelopmental Disorders across the lifespan
4. Tailor individual and group therapy transdiagnostically to accommodate the processing challenges associated with Neurodevelopmental Disorders such as LD and ADHD

Dr. Marjory Phillips, C.Psych, is a clinical psychologist and Director of the CMHRT at the University of Waterloo. Dr. Phillips was formerly the Clinical Director of Integra, a children’s mental health agency specializing in LDMH. She recently served on a provincial committee tasked with developing new guidelines for diagnosing LD.

Dr. Tara McAuley, C.Psych., is an Associate Professor in Clinical Psychology at the University of Waterloo. Dr. McAuley’s clinical-research interests include understanding and treating Neurodevelopmental Disorders such as ADHD and Autism.

Please email Dr. Marjory Phillips with any further questions: marjory.phillips@uwaterloo.ca