



## **SAVE THE DATE**

*Spring Workshop for Mental Health Professionals and Students*



### **Working Through Clinical Challenges: A DBT Perspective**

**Michelle Leybman, Ph.D., C.Psych.**  
Centre for Addiction and Mental Health

**Friday May 5, 2017**

**8:30am - 4:30pm**

**Fed Hall, University of Waterloo**

We are delighted to host **Dr. Leybman** at the University of Waterloo for her full-day workshop, which will provide mental health practitioners and students with evidence-based knowledge and clinical tools from a DBT perspective for working through clinical challenges.

**Dr. Leybman** is a Psychologist at the Borderline Personality Disorder (BPD) Clinic at the Centre for Addiction and Mental Health (CAMH). She completed her PhD at McGill University and did her internship at CAMH in both the BPD clinic, and the Anxiety Disorders Clinic. Her current role involves providing group and individual DBT, conducting research, and supervising students who are learning psychotherapy. She also works privately to offer a broader range of clinical services, for example working with clients who have eating disorders, anxiety disorders, and general difficulties with emotion regulation. Dr. Leybman is deeply involved in training. She has developed several training programs and has provided training across Canada in various settings including health care facilities, correctional facilities, and to school boards.

For more information, see <https://uwaterloo.ca/mental-health-research>