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centre for
mental health
research and treatment
PSYCHOLOGICAL SERVICES, TRAINING, & RESEARCH

CMHRT Spring Workshop for Mental Health Professionals and Students

Learning Disabilities and ADHD Across the Lifespan: Evidence-Based Diagnosis and Intervention

Friday May 10, 2019
8:30am - 4:00pm
Federation Hall, University of Waterloo

REGISTER NOW

Learning Disabilities (LD) and Attention-Deficit/Hyperactivity Disorder (ADHD) are relatively common, frequently comorbid, and highly persistent Neurodevelopmental Disorders that present a variety of clinical challenges. In this Workshop, Drs. Phillips and McAuley will share their expertise in implementing best practices in evidence-based, lifespan-focused assessment and psychotherapy for children, adolescents, and adults with LD and ADHD. *Attendees are expected to have basic knowledge and skills in psychotherapy*.

Workshop attendees will learn to:

1. Utilize the new **OPA consensus guidelines for best practice** to assess and diagnose LD across all sectors of psychology and all ages and populations
2. Understand how to navigate the **complexities** of assessing and diagnosing ADHD
3. Develop an **evidence-informed approach to case formulation** of mental health issues in Neurodevelopmental Disorders across the lifespan
4. **Tailor individual and group therapy** transdiagnostically to accommodate the processing challenges associated with Neurodevelopmental Disorders such as LD and ADHD

Dr. Marjory Phillips, C.Psych, *is a clinical psychologist and Director of the CMHRT at the University of Waterloo. Dr. Phillips was formerly the Clinical Director of Integra, a children's mental health agency specializing in LDMH. She recently served on a provincial committee tasked with developing new guidelines for diagnosing LD.*

Dr. Tara McAuley, C.Psych., *is an Associate Professor in Clinical Psychology at the University of Waterloo. Dr. McAuley's clinical-research interests include understanding and treating Neurodevelopmental Disorders such as ADHD and Autism.*

Please email Dr. Marjory Phillips with any further questions:
marjory.phillips@uwaterloo.ca