

ANNUAL MAYOR'S FORUM ON

Age Friendly Waterloo

AGE FRIENDLY
ACROSS THE
AGE SPECTRUM

YOU'RE INVITED to celebrate and build on Waterloo's successes as an age-friendly community

Friday, November 20, 2015 – 8:30 a.m. to noon

Luther Village Sunshine Centre, Luther Village on the Park
141 Father David Bauer Drive, Waterloo



Mayor
Dave Jaworsky

JOIN US!

Learn how we can foster healthy and active aging across the spectrum of ages from youth to seniors. This year's round-table discussion will involve children and youth and focus on transportation, respect and social inclusion, accessibility and outdoor spaces and housing.

KEYNOTE SPEAKERS:

Dr. John Lewis, Associate Professor at the School of Planning, University of Waterloo and Arlene Groh, Chair of the mayor's advisory committee on age friendly Waterloo

Our keynote speakers co-authored a chapter of the recent book

AGE-FRIENDLY CITIES AND COMMUNITIES IN INTERNATIONAL COMPARISON.

Their chapter is titled *It's About the People: Seniors' Perspectives on Age-friendly Communities*. Copies of this chapter will be distributed to participants and the authors will be available to answer questions.

Everyone is invited to this **FREE** event, but please pre-register, as spaces are limited.

Please RSVP to Adrienne Gumz

519-747-8742 | adrienne.gumz@waterloo.ca | waterloo.ca/agefriendly

Ample free parking at the Waterloo Memorial Recreation Complex beside Luther Village on the Park.

Use the footbridge to access the main entrance to the Luther Village Sunshine Centre.

Limited accessible parking is available at Luther Village on the Park.

