Nutrition Care Professionals Review Hospital Nutrition

Study Title

Providing quality nutrition care in acute care hospitals: Perspectives of nutrition care personnel

The Study

This study had the goal of obtaining details on challenges to food intake and nutrition and good processes that acute care hospitals have in place that promote the recovery of patients.

91 nutrition care professionals from 8 Canadian hospitals participated in focus groups. These 8 hospitals were a part of the broader Nutrition Care in Canadian Hospitals (NCCH) study. Nutritional care professionals included; dietitians, dietetic interns, diet technicians, and menu clerks.

What Was Found

Five key themes about what quality nutrition requires came from the focus group discussions:

1. A nutrition culture which highly values the role of nutrition practice in patient recovery, with teams working together to reach nutrition goals.
2. Effective tools, such as screening tools, protocols based on valid research, and quality food.
3. An effective communication network for food service systems to support delivery of care.
4. Responsiveness to care needs, such as a flexible food service system, appropriate meals or supplements, as well as accurate and up to date clinical care.
5. Clear definition and separation of roles; the right person doing the right job.

Where to Find the Full Article:


[Journal of Human Nutrition and Dietetics]

Authors: