

# SCREEN Validation Study

## Recruiting for a nutrition study



**We are recruiting persons (55+) who are:**

Living in a  
retirement home

**OR**

Diagnosed with memory problems, mild  
cognitive impairment or dementia and  
have a care partner

**Over 3 visits you will:**

- Answer questions about your health and nutrition
- Complete weight, height and functional assessments
- Record your food and beverage intake for 1 day
- Meet with a registered dietitian for an assessment and counselling on how you can improve your nutrition

**In appreciation of your time, you will receive a \$25 grocery or  
pharmacy gift card or gift of equal value**

**To learn more, please contact:**

Nutrition & Aging Lab, University of Waterloo

- Phone: 519-888-4567 ext. 41470
- [screen.study@uwaterloo.ca](mailto:screen.study@uwaterloo.ca)



This study has been reviewed and received ethics  
clearance through a University of Waterloo  
(ORE#42827) and University of Guelph Research  
Ethics Board (REB#22-07-23)