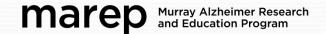
Engaging persons with dementia and their care partners through regional *A Changing Melody* forums



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Session Objectives

- <u>Examine</u> A Changing Melody as an example of authentic partnerships
- Identify the possibilities of A Changing Melody and authentic partnerships for personal and greater social change
- <u>Explore</u> the challenges of embracing and implementing an authentic partnership approach
- Share and create strategies for putting an authentic partnership approach into action.

VIDEO

Authentic Partnerships

What stands out for you in the video?

How are authentic partnerships reflected in the video?

What is needed for authentic partnerships to be realised?



Possibilities for Culture Change

Possibilities for Culture Change

Group Reflection

Reflecting on the quotes found at your table, together discuss the following questions:

- 1. What are the possibilities for *personal transformation* of engaging in Authentic Partnerships through *A Changing Melody*?
- 2. What are the possibilities for *broader social change* of engaging in Authentic Partnerships through *A Changing Melody*?

Overcoming Challenges

Overcoming Challenges

Group Activity

- Read the scenario aloud as a group
- Together <u>identify</u> the different challenges reflected in the scenario
- <u>Create</u> a short (maximum 2 minutes) skit that reflects how you would address one or more of the challenges

Overcoming Challenges

Discussion

What was this experience like for you?

What did you take away from this experience?

What did you learn, re-learn or unlearn?

Taking Action

Taking Action

- <u>Reflect</u> on how Authentic Partnerships could be mobilized in your daily work or lives
- Using the post-it notes at your table, write down one ACTION you will take or CHANGE you will make to mobilise authentic partnerships in your work or life
- We will invite you to <u>share</u> your actions with the larger group

Closing Remarks and Q&A

Next Steps:

- You came up with an idea for a change for you to implement as your next step
- Take your Post-It Note with you and post it on your mirror or fridge at home or on your computer in your office
- Continue to think about how you can work WITH rather than FOR others and engage others in reflecting on this with you



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