



Memory Boosters Activities and Events

Games: Euchre, Uno, Horse Racing, Sequence, Checkers, Crokinole, Bingo, Wii bowling, Dress-up Games and Ice breaking games

Arts& Crafts: Painting with Lisa, Folk Art with Jockie, Zen Tangle with Brenda, Cookie decorating, Plaques of seashells and Plaster Of Paris, Painting with Katie and Angela

Pot Lucks: Celebrating Christmas, St Patrick's Day, Valentines, Halloween, Easter & Picnics, Canada's 150 Birthday Celebrations

Visitors: Nordic Pole demo, Line dancing, Kinesiologist, Minds in Motion, Laugh Yoga, A visit with 2 clowns, Video with Tom, The Puffin Sisters, Alzheimer's Society Waterloo Wellington (ASWW), Murray Alzheimer's Research Education Program (MAREP), Partners in Dementia Care Alliance (PiDC), Winston Park Retirement Village

Entertainment: Piano, Guitar, Accordion, Steel Drum, Flute
Memory Boosters Glee Club developed with Michel as well as our very own song

Outings (off site): Huron Natural Area, Doon Pioneer Village, Butterfly center, Castle Kilbride, NithValley Apiary, bowling (winter) Bocce (summer), Grand River Cruises (funded), Artists studios for pottery and glass fusion, picnics

Celebrations: Special Anniversaries and Birthdays

Special Events: Family Day, Appreciation Event, Appearances of the Glee Club at seminars, Christmas Luncheon at Stone Crock

Reminiscing and discussions on travel, wedding days, and show and tell photos and memorabilia