# Imagining and Creating Ideal Relational Caring Experiences for All

Sherry Dupuis, Carrie McAiney, Kim Lopez, Susan Brown, Jennifer Carson, Lorna deWitt, Darla Fortune, Sian Lockwood, Janet McKeown, and Jenny Ploeg



This research was supported by the Social Sciences and Humanities Research Council



### What is the PiDC Alliance?

A collaborative research network and initiative focused on enhancing the care experiences for persons with dementia, family partners in care, and staff in long-term care homes and community care settings

#### GOALS

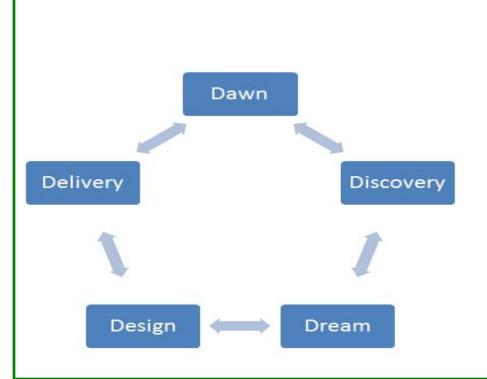
- Understand the culture change process
- **Develop** and share culture change resources
- Build capacity in dementia care settings
- Enhance the care experience for all

## Culture Change Coalitions/ Village and Project Advisory Teams

- 1) Bloomington Cove— "Partnering Together for Change"
- 2) Village of Wentworth Heights— "Reaching for New Heights"
- 3) Huron County Partners for Dementia Support
- 4) Yee Hong Culture Change Coalition
- 5) Willowgrove "Dream Weavers"
- 6) Persons with Dementia and Family Care Partner Advisory Group

# PiDC Alliance's 5 Stage Culture Change Process Using Participatory Action Research and Appreciative Inquiry

#### 5 Phases of Appreciative Inquiry



**Dawn**- building relationships to lay the foundation for change

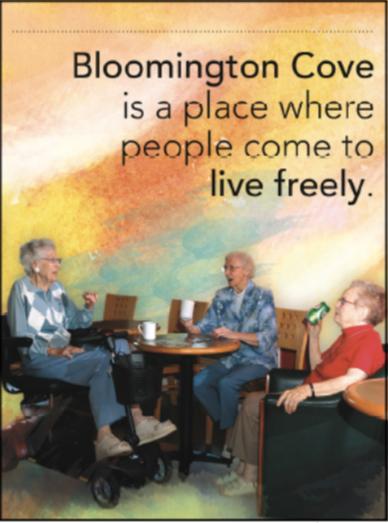
**Discovery**- finding the 'best of what is'

**Dream**- imagining an ideal future

**Design**- planning for and committing to collaborative change

**Delivery**- creating the future through innovation and action

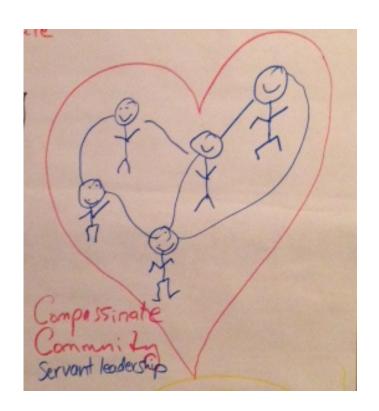
# Characteristics of Ideal Care Experiences

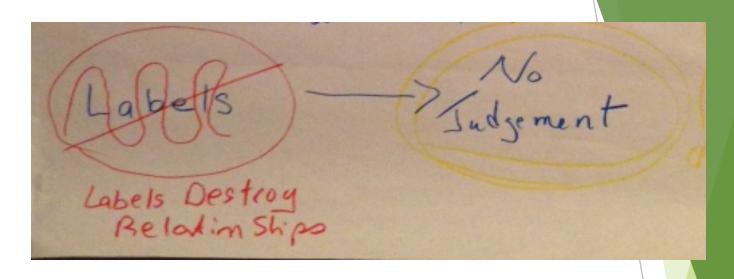


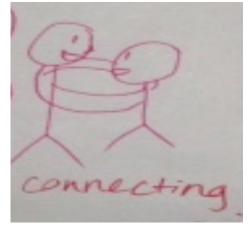
- \* Living with the dignity that comes with feeling "at home" in every part of our lives.
- \* Being responsive to the needs and choices of residents, family members, and staff
- Opportunities to learn and contribute to the life of the home.
- \* Mealtimes have a pleasing family atmosphere.
- Ongoing and multiple meaningful activities.
- \* Residents, family members, and staff have fun, laugh, and socialize.
- Spaces are private, secure and comfortable, and include the outdoors.

Caring experiences are at their best when there is nurturing reciprocal and meaningful relationships





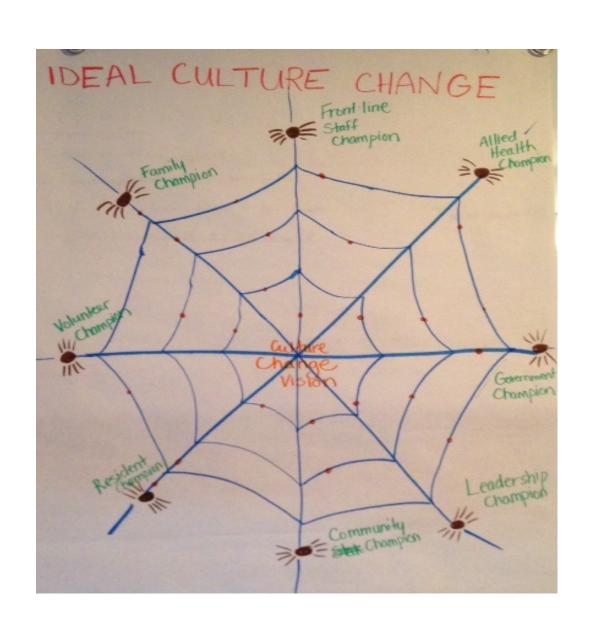






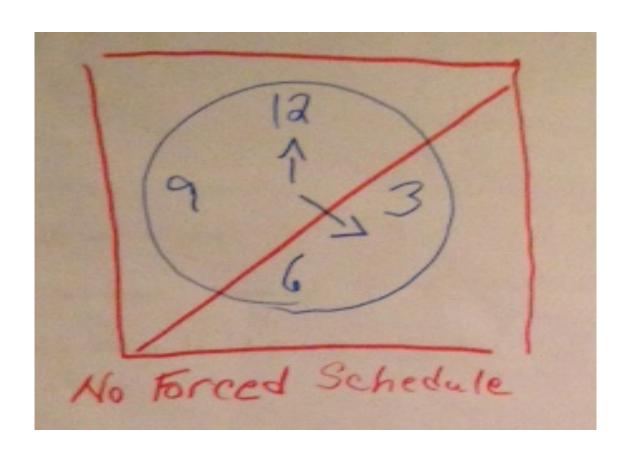
Caring experiences are at their best when everyone feels valued, appreciated and recognized





Caring experiences are at their best when there is flexible, consistent, life-affirming and person-centred care

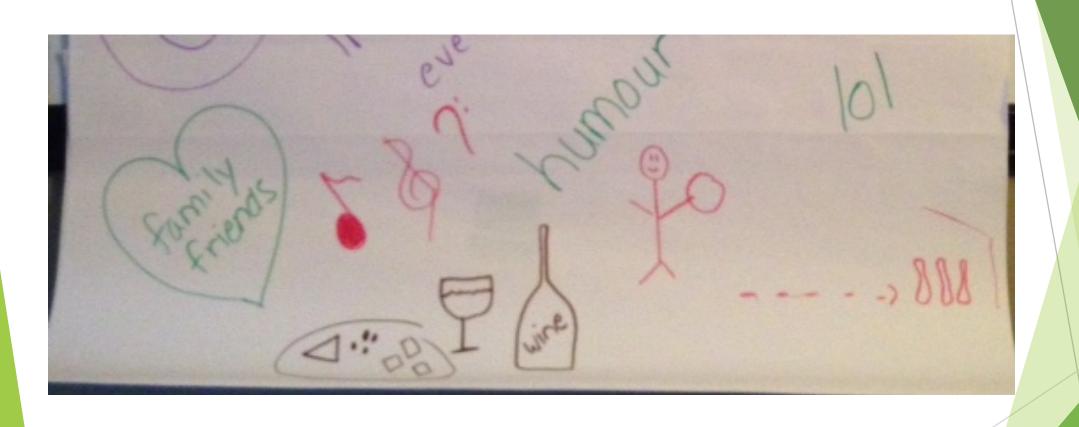






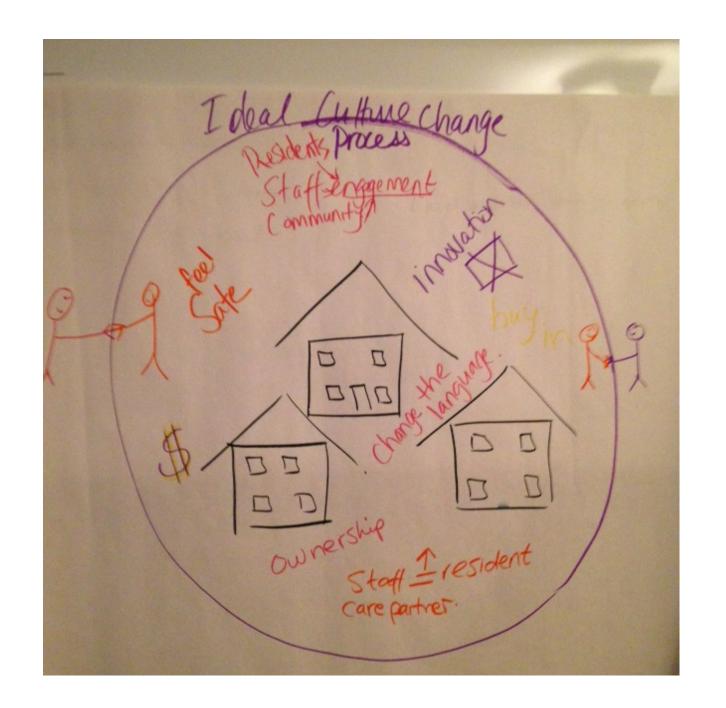
Caring experiences are at their best when there are meaningful, inclusive and engaging activities

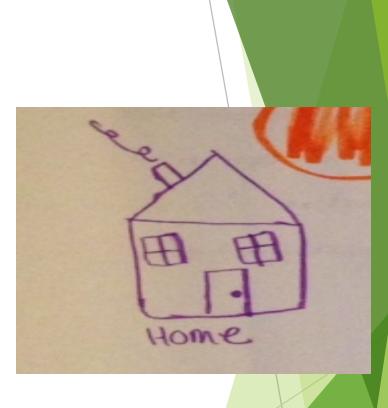




Caring experiences are at their best when living spaces and environments are *safe*, accessible, and feel/are like home





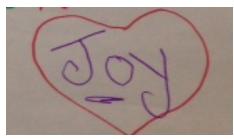


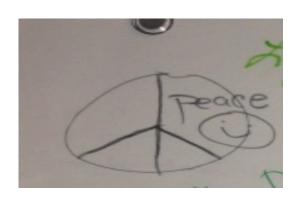
Caring experiences are at their best when there is humour, laughter, and fun

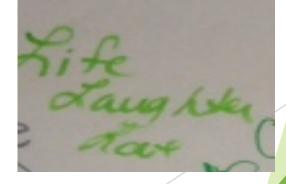












Caring experiences are at their best when there is education, knowledge and support



