

# ASSESSING

## for Adaptation and Renewals

There are many ways to assess a patient. Whatever your approach, remember to check on these 4 things!

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### How well is it working?

ex. If a patient is given ramipril for hypertension, make sure they're responding well and take their blood pressure.

### Any recent changes to their medical history?

ex. If the patient is taking levothyroxine, ask if they started taking a mineral supplement such as iron or calcium.

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### Any side effects?

ex. If the patient is taking simvastatin, do they have difficulty raising their arms or rising from a chair (myopathy)?

### Any missed doses?

ex. How often does the patient skip a dose? Can they afford their pills?

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